

Spring Passes

Spring Pass The best deals of the whole season are available right now. Spring Passes offer you unlimited skiing till the end of the winter

season for the price of approximately 2 regular lift tickets. So, get your Spring Pass right now, unless you already have a season pass. Spring Pass prices:

1. Timberline Spring Pass: \$199. Valid till May 27.

2. **Mt. Hood Meadows** Spring Pass: \$269. Valid every day of the week till April 28, and then just on the first 2 weekends in May (Friday - Sunday), and finally just Friday and Saturday May 17-18. The whole mountain will be open only till May 5. After that, only Mt. Hood Express, Cascade Express and Buttercup lifts will be open from 8:30 am to 2:30 pm.

Indy Pass sold NOW for next winter



The Indy Pass to over 120 ski areas that are independently owned by locals instead of by corporations has become very popular. Last year, it was difficult or almost impossible

to purchase unless you bought it early in March/April.

The Indy Pass has promised to expand from 120 to **200** ski areas by the time next season begins.

Our ski club is planning ski trips to Indy Pass ski areas.

So, buy yours now. It has been on sale since March 1. The first week was open only to current holders of the pass. But now it is open to everyone.

The Indy Pass is now on sale for a limited time for \$349 for the base pass (which has some blackout dates at some ski areas), or for \$460 for the Indy+ with no blackout dates.

The INDY Pass gives you 2 free days at 200 ski areas. Buy the Indy Pass at: <u>https://www.indyskipass.com/shop</u>



JULY - SEPTEMBER Lots of bike rides and some hikes yet to be announced.

MOUNTAIN HIGH

Upcoming Events

Lift Lines 279, March 2024

SNOWSPORT CLUB

History Happy Hour at the Museum

March 16, 2024 (Saturday). 6:30 - 8 pm. Be entertained and learn something new.



Topic: Vintage Skiwear Fashion Show

This is a special Social History Happy Hour.

Museum members, Aric Wood and Erin Graham, will model five decades of skiwear

on Mt. Hood, from humble woolen beginnings in the 1930's to the raucous color explosion of the 1980's. An Après Ski event not to be missed!

Doors open **4:30**, presentations starts at **5 pm**. (Earlier than the usual History Happy Hours.)

There will be wine, beer and soft drinks available for purchase. Enjoy your drink and then sit back and enjoy the presentation.

The presentation is free. Donations of \$5 are requested for the Museum.

NWSCC Meeting - in person

March 20, 2024, (Wednesday) - 6:30 pm.



6:00 pm - Socializing.6:30 pm - Meeting starts.7:30 pm - end meeting

Location: Round Table Pizza 16444 Boones Ferry Rd, Lake Oswego, OR

Guest Speaker will be Shawnee Hinman, from the U.S. Forest Service.

Shawnee Hinman is the U.S. Forest Service PNW Regional Recreation Special Uses Program Manager in charge of permits for ski areas in our region. He is a fascinating speaker with lots of stories about his job, with visual aids.

For those who are not able to attend in person, this will be shown by Zoom. The ZOOM LINK is:

https://zoom.us/j/99019265279?pwd=b0dqYTlO UFY4M3lKSHk4Z1QxcWhldz09

Meeting ID: 990 1926 5279 Passcode: 346306

Mt.High

Let's Ski Together

It's usually more fun to ski with other enthusiasts. So, **connect with others by letting them know when you are going skiing and invite others to join you. Please announce your plans at least a day before.** Announcing it on the morning of your ski day is too late. Or reply to those who have already posted their plans.

Use our **two Forums** and our **Facebook page** for this purpose. There are links to all 3 on our website. Just click on the appropriate button in the menu. Pre-arrange the time and place to meet in the morning.

Tour of Safety Boundaries, Canyons, and More

Emilio Trampuz has been working with the Forest Service to establish and mark 2 safety boundaries near the Timberline ski area, where people often get lost if they ski a bit too far. It can then take them 6 - 7 hours to emerge onto Road 39 (Kiwanis Camp Road), and then they still have another 2 miles to ge before finally getting to highway 26. Most have to spend a cold and wet night in the forest. The safety boundaries will prevent that.



Emilio Trampuz

Kay Kinyon

The YELLOW boundary brings you back to the lifts. The RED one will bring you to Government Camp.

Would you like to see where these boundaries are? Along the way, we can also see some canyons west of Timberline, including Sand canyon, Little Zig Zag, and big Zig Zag canyons. Some of them have 2 branches.

If you are interested to see this, contact Emilio at 503-510-1477 or Emilio2000@earthlink.net. He will do this on several weekends as well as at least a few mid-week days. Let him know your preference.

MOU8TAIN HIGH

Safety

The January 17 NWSCC Council meeting speakers were so good we HAVE to share with those who missed out!

In honor of National Ski Safety Awareness Month, **Dave Tragethon** shared with us a new, very comprehensive <u>Mountain Safety Guide</u> published by Pacific Northwest Ski Areas Association (PNSAA) that should be shared with everyone you know, especially those brand new to the sport and those with children you are bringing to the slopes.

Dave recommends that when people come up to the mountain for the first time that they make it easier on themselves by taking a Park & Ride bus instead of driving, and being sure to take a lesson.

There is a new 10 item **Skier Responsibility Code** and a 7 item **Commitment to Safety** by the ski areas.

TheGuide covers all aspects of safety, including Before You Ski & Ride; On the Slopes; Collisions (and how to avoid them); Lifts (including how to load and unload); and Snow Safety in general. Informative videos are included. Click HERE to view the Guide.

At the end is a quiz you can take toenter a raffle to win a season pass at the PNSAA ski area of your choice!

Especially note the new items in the Skier Responsibility Code about not skiing under the influence of alcohol or drugs and the Oregon State law requirement to **always exchange information in case of a collision or on-slope accident, and to notify the ski area.**

AirFlare - Let them find you!

Dave Tragethon also told us about **AirFlare**, an app that changes your phone into an **emergency locator** so that friends, family, ski patrol, or other rescue teams can assist quickly in an unexpected jam. While designed for outdoor rescue locating, this doesn't just work for skiing - it can help save your life anywhere!

Use of the app will pinpoint your exact location for rescuers and make it a great deal more efficient to get to you!

Seven of the 17 Idaho ski areas Patrols use AirFlare to assist guests in need, along with Crystal Mountain in Washington and Oregon's Mt. Ashland. AirFlare is working with other ski areas and rescue organizations to bring them online.

It also can be a way to keep track of your family and friends who are also using the app, to see exactly where they are located, and to "ping" them if you want to reach them.

The app will not drain your phone battery and doesn't track you unless you bring it up. You simply ping your friends to ask them to reveal their location.

Dave offered us a very special FREE way to try the **AirFlare app** right now: Go to <u>https://AirFla.re/TC</u> and follow the instructions exactly. Be sure to scan the QR code BEFORE you go to the payment page. This is for a LIFETIME subscription!

For more information, see the AirFlare's website at: <u>https://airflare.com</u> .

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MOUNTAIN HIGH

Ski Trips

Lift Lines 279, March 2024

SNOWSPORT CLUB

NWSCC Bachelor Blast



4 nights, with 2 or 3 nights options

March 13 - 17, 2024.

Start: Wednesday, March 13, 2024, at 5:00 PM End: Sunday, March 17, 2024, at 3:00 PM

Everyone from all NWSCC clubs is invited to join us!

Lodging: We are staying at the **Element by Westin**, 1526 NW Wall St., Bend, Oregon, just 3 blocks from downtown Bend. Sign up early. Rooms are limited. **Prices go up February 10, 2024.** Price is per person, double occupancy. Find your own roommate or pay a single supplement.

Mt. Bachelor is on the IKON Pass. It offers 4,000 skiable acres and 3,365 vertical feet.

Questions? - Contact: Linda McGavin at editor@nwskiers.org / www.nwskiers.org

NOTE: This is a multi-club trip open to all Northwest ski clubs. It is organized by the NW Ski Club Council. Payments for this trip should be sent to the NWSCC; not to our club. Instead of the Dough Transmittal Form, please sign up directly with the NWSCC. **Details** on the <u>NWSCC website HERE</u>

Demo Day at Meadows (March 17)

Hillcreest Sports is holding a Demo Day this Sunday. It's a great opportunitu to try new gear and test before you buy. You can try multiple skis ofr just \$30. Part of the proceeds will support Oregon Adaptive Sports.

Ski Fashion Next Saturday (March 16)

Enjoy both skiing and ski fashion. Here's the idea:

1. First spend the day skiing on Mt. Hood.

2. Then have dinner somewhere in Government Camp, or Zig Zag or Welches.

3. Then come to the Mt. Hood Cultural Center and Museum in Government Camp to watch a presentation of how ski fashion has changed over the decades. See page 2 for details.

Forest Service and Ski Areas (March 20)

Next Wednesday evening, starting around 6 pm, get together with members of other local ski clubs at a meeting organized by the NW Ski Club Council. Just socialize for the first half hour.

Then, at 6:30 pm, learn about the relationship between the Forest Service and ski areas in the Northwest.

Be there in person at the Round Table Pizza in Lake Oswego, or watch it live on Zoom. See page 2.

Club ID on the Slopes

We have had lots of new people join our club. They mostly want to find some ski buddeies to ski with. But how will they find us on the slopes?

We need something to identify us as Mountain High members.

For now, the best we can do is to tie some orange ribbgons to our ski poles. This has worked well over the past couple of years, though not everyone did it.

We are now working on some

triangular flags that can be attached to our ski poles, preferably with our club's logo or at least the club's name on the flags. These flags might not be ready in time for this season, but we will most likely use such flags next season. It might look something like this:



Lift Lines 279, March 2024



and Sierra League & Council

Atlantis Casino Resort Spa

3800 S. Virginia Street, Reno, NV 89502

Reservations <u>https://reservations.travelclick.</u> com/98418?groupID=3886343

or call 800-723-6500, Group Name: Far West Ski Association Room Rates per night plus tax single or double occupancy — \$119 (Wed - Thurs) \$179 (Fri & Sat) + \$17.50 daily resort fee Room Registration Deadline - May 13, 2024

Hotel Features

- World Class Casino
- Forbes 4-Star Spa Atlantis
- Indoor & Outdoor Pools & Outdoor Whirlpool Spa
- 8 Award Winning Restaurants; 10 Bars & Lounges
- Atlantis Family Entertainment Fun Center
- FREE Wi-Fi in guest rooms, FREE Parking
- Rates are available 3 days pre and post Convention

Transportation

- Air transportation is via Reno-Tahoe International Airport, located just 15 minutes from the Atlantis.
- The Atlantis offers free airport shuttle service (4:30 am 12:15 am)

Convention Highlights

- Silent Auction & Trade Show
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

Thursday

- ° Tahoe Adventure
- ° 27th Annual Pub Crawl

Friday

- ° 17th Annual Michael German Memorial Golf Tournament
- ° National Auto Museum Tour
- ° Pool Party
- ° Club Happy Hour

Debbi Kor FWSA Convention Chairperson <u>fwsadebbi@comcast.net</u> or 503.314.7078 Barbara Razo Silent Auction Chairperson <u>SilentAuction@fwsa.org</u> or 714-401-7341

Paul Vlasveld BAC Host Council Convention Coordinator <u>pvlasveld@comcast.net</u> or 408.314.4649 Jo Simpson Sierra Host Council Convention Coordinator jo_simpson@sbcglobal.net or 775.722.6468

A portion of the Silent Auction proceeds will benefit "Achieve Tahoe".

www.fwsa.org

MOUNTAIN HIGH

FWSA Convention

SNOWSPORT CLUB

Far West Convention

June 6 - 9, 2024. The 91st annual Convention of the Far West Ski Association will be held in Reno, Nevada, at the Atlantis Casino - Resort - Spa.

The theme of the Convention is: "Altitude with Atitude".

The Convention will be attended by delegates from dozens of ski clubs from most of the Western States. You are invited to attend. You need ot register in advance.

See Convention details on the FWSA website at: https://www.fwsa.org/content.aspx?page_id=22&club_id=623165&module_id=660604

Far West Ski Association SAFETY & ENVIRONMENT AWARDS

Apply for the FWSA Safety Person of the Year

or the FWSA Environment Award

Deadline to apply is March 18, 2024. Just a few more days left!

If you feel you have contributed something toward safety or toward the environment, please fill out an application form for these awards.

For Safety Person: <u>2024-AwardsPackage-App-Safety.pdf</u> Then send the filled out form to : Monica Palmer, Safety Chair, safety@fwsa.org or 775-843-4303 [c] **For the Environment:** <u>2024-AwardsPackage-App-Environment.pdf</u> Then send the filled form to: Janine Rands, environment@fwsa.org , 805-704-0418 [c].

For more info about these awards, check out this document: VP-Public-Affairs-Awards-2024.pdf



Billy Kidd and Scott Anderson





Awards in the Banquet Room

Billy Kidd, Sigrid Noack, Debbi Kor



Mt. High dlegates & awards: Stevie, Nanc, Emilio, Debbi, Linda

MOUSTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB



Checkmark all desired options.

Sandra Kaufman has been selected as our club's Volunteer of the Year. She has been a social spark-plug in our club for years. More recently, she has accepted the position of our club's Secretary as well as Membership director.

UPDATE: Sandra has also been chosen by the NW SKi Club Council as the Volunteer of the year and will represent the NWSCC as their candidate at the FWSA Convention.

Mountain High Board Meeting Usually last Monday of the month. March 25 (Mon.): Open to all who want to get involved with the club.

Gather at 6:00 pm. Start at 6:30 pm. Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See Google map.

Mountain High snowsport club contacts:

P	President:	Bill King	H: 614-371-4762	President@mthigh.org	
V	vice-President:	Debbi Kor	H: 503-314-7078	Vicepresident@mthigh.org	General info:
S	Secretary:	Sandra Kaufman	H: 503-810-7787	Secretary@mthigh.org	info@mthigh.org
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P	Past Pesident:	Kurt Krueger	H: 503-625-1492	PastPresident@mthigh.org	Web site:
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1	Trips Director:	Linda McGavin	H: 503-652-2840	Trips@mthigh.org	
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DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

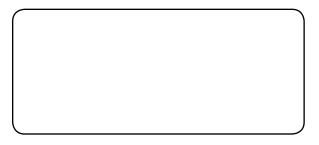
PLEASE PRINT CLEARLY:	[] New membership or [] Renewal response	I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be				
Name(s):	Birthday (MM/DD) inclu	nd by all Mountain High Snowsport Club bylaws and regulations, ding the Trip Cancellation Policy. I hereby release Mountain High vsport Club, and any of their agents (officers, directors, trip cap-				
Address:	tains injur	, and any other Club representatives) from liability for personal y, property damage, or any other liability of any kind connected				
	With to inc	with my participation in any club-related activity. Furthermore, lagree to indemnify and hold the Club and any of their agents harmless from				
Email (Hm):	Email (Wk): agair negli	 any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities. 				
Email Preferences: - Newsletter (once a month): [] yes, link only [] yes, complete file [] no [] No changes - Club news & events (between newsletters): [] yes [] no (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips): [] yes [] no - Is it OK to share your email address with other club members? [] Yes [] No						
Please take my money, and apply it toward the following Ski Club fun stuff: <u>Deposit? Paid in full?</u>						
🗆 Annual Member	rship (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$				
🗆 Mountain High	Cookbook: 34 pages of recipes from our members \$1	0 \$				
Other:		\$				
		\$ otal: \$				
	i you are paying. Roommate requests,):					
Signature(s):		Date:				
Signature(s):		Date:				

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

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Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, <u>www.mthigh.org</u> for updates.



Club membership	= 146 Newsletter Distribution	Count Your Ski Areas
204 copies s 0 paper p	sue is on our web site. Also: sent via email (as PDF file) printed copies sent via US Mail. at to potential members, other clubs, the cum, etc.	Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <u>http://www.mthigh.org/</u> <u>Documents/North-American-Ski-Areas-2022-03-03.xls</u>
Mt.High Crec	lit Card Payments	Stories from Skiing History Magazine
by credit card. Jus	You can pay your membership fee and your trip payments by credit card. We are processing it through PayPal. a PayPal account to make a payment t go to our new web page: "Signup & w.mthigh.org/Signup-Pay.htm	Find the Skiing History Magazine at: <u>https://www.skiinghistory.org/skiing-history-magazine</u> * <u>World's Longest Ski Runs</u> * <u>Junior Bounous and the Joy of Skiing</u> * <u>Otto Lang - How Skiing Came to US</u>
N	14 High Cookhook	
IV	lt. High Cookbook	Stories from Seniors Skiing
"Good Eats"	This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members. The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: <u>ijustwanna-</u> <u>run1@comcast.net</u> , or call 503- 314 7078	A good resource for skiers and riders of all ages. Check out: <u>SeniorsSkiing.com</u> . Subscribe to weekly or monthly emails from them. Click on the Com- munity tab and select "Subscribe". Examples: * <u>Olympics return to the US, and more</u> * <u>Best Deals for Seniors at 112 areas</u>
A compilation of chub-tasted, chub-tested recipes from Mountain High Snowsport Club members.	314-7078.	* Take AMTRACK to the slopes