



Lift Lines

== No. 118, October 2010 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez

WOW, what a great turnout for the seafood dinner! Maybe next year someone else will step up and cook some salmon and I can have some dinner and socialize a little, wa wa wa. Seriously, I had a great time and glad everyone there did also. Those of you that missed the evening really missed out.

Debbie, Linda, Pete and **Annie** worked very hard organizing the party and with the help of the few (**Cal, Bobbie, Marsha, Dave, Terry & Susan**) that came early to set up, and all of you that helped clean up after you have the thanks of everyone that attended.

An accurate list of attendees is very important for events like this. Food is expensive. We want to have enough but not too much. Therefore, an RSVP response is only being respectful of you for the organizers to plan accordingly. We do not want to exclude anyone. As near as we can count, out of the 95+ people that were there, we had around 10 people who did RSVP but did not show up, and the same number came without sending an RSVP. So, in the future, let's ALL try to let the organizers know your plans. It really helps. We are all volunteers and no one is paid anything to serve you so step up and give back a little to your club; it's what makes Mt. High the best.

If you want to help plan an event, let your board know of your thoughts. Emilio is THE BEST at letting us all know what is going on. Let him know your plans and be assured every one will be notified...

Thanks for your understanding and helping us all out. Gordy Lusk, Your Prez

Note the color code.
Our club is blue.

2010 CALENDAR

Blue: Mountain High events
Red: NWSCC/FWSA events
Black: General events

- Oct. 7 (Thur): Hillcrest Race Night at Hillcrest Sports, 7 pm
 Oct. 8-9 (Fri-Sat.): Mt. Hood Snosports Swap, West Linn High School.
 Oct. 9 (Sat.): Mt. High Highway Cleanup, Skibowl, 10 am
 Oct. 16 (Sat.): Lake Oswego Ski Swap
 Oct. 16 (Sat.): Oregon Cancer Ski Out dinner and auction.
 Oct. 23 (Sat.): Teton Gravity Research ski film: "Light The Wick", Bagdad Theater, 8:30 pm.
 Oct. 30 (Sat.): Halloween Party, 7 pm.
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- Nov. 1 (Mon): Mt. High planning meeting
 Nov. 5 (Fri.): Warren Miller's "Wintervention", dinner & a movie. Dinner 4:30 pm.
 Nov. 5 - 7 (Fri-Sun): Portland Ski Fever & Snowboard Show, Expo Ctr.
 Nov. 8 (Mon.): Ski Fair, Holiday Inn, near PDX airport. 6:00 - 9:30 pm.
 Nov. 11 (Thur.): Mt. High Kickoff Party & Swap, at Gray Gables in Milwaukie, 6:30 pm.
 Nov. 13 (Sat.): Pray for Snow party at Charlie's, Government Camp.
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- Dec. 9-15: Canada Ski Safari
 Dec. 9-14: Cabernet club Aspen trip
-
- Jan. 8-10: Mt. Bachelor - with Altair
 Jan. 22-29: Sun Valley FWSA Week
 Jan. 27-30: Leavenworth bus trip
-
- Feb. 27-Mar.5: Bergies' Lake Tahoe trip
-
- Mar. 6-7: Oregon Cancer Ski Out
 Mar. 11-12: Hope on the Slopes
 Mar. 25-27: Crystal Mt. trip

Mt. High

Let's Have Some Fun



Hwy cleanup: Oct. 9 (p. 4)



Film night: Oct. 23. (page 4)



Warren Miller Social: Nov. 5



Ski Fair: Nov. 8 (p. 5)

Mt. Hood Heritage Day bike ride

Sept. 18. (Saturday) 26 of us rode the West Leg Road from Timberline, then onto the old, abandoned Mt. Hood highway, across Laurel Hill, through an old tunnel made for horses, and on to Rhododendron, where we had an excellent lunch at the **Still Creek Inn**. See our [Photos](#) page for more.

We also stopped at the **Cascade Lodge**, where **Jean Korte**, the new manager, greeted us with lemonade and cookies, and **Rich Rizk** gave us a tour of the lodge. Did you know that you can stay at the Lodge for \$18 mid-week if you show your Mt.High/NWSCC membership card? On weekends, all guests pay \$22. But if you join the Cascade Ski Club, you can stay overnight at any time for just \$12.



Mt. High Seafood Party

Sept 25, 2010. Saturday. This annual party used to be held at someone's home. It was Violet and Greg's place last year. But, this year, it got so popular that we had to rent a space for it at Metzger Park. Good thing we did, because it was attended by about 97 people. See more on our [Photos](#) web page, www.mthigh.org/Photos.htm.



See more photos at www.mthigh.org/Photos.htm.



Moniquea, Stevie, Jan, Mike, and Rich.



Cycle Oregon

Sept 11- 18, 2010. A week-long bicycle ride through Oregon, attracting about 2,200 bicycle riders, and adding up to a total of between 425 and 500 miles, depending on options.

Our club was represented by the following members of "Team Mt. High": Stevie Viaene, Janet Siverts-Smith, Mike Barmache, Moniquea Degan and Rich Horner.

They carried our club's flag and posted it prominently above their tents.

See our Photos page, www.mthigh.org/Photos.htm.



Hillcrest Ski & Sports Race Night(s)



Oct. 7 (Thur.) 7-9 pm

Great annual sale. Factory reps will be on hand to answer questions and help with gear selection. The prices will be well below retail, so

it is a great opportunity to get the latest gear. This is not just for race equipment but is open to all levels of equipment.

Location: Hillcrest Ski & Sports store.

2506 SE Burnside Rd, Gresham, OR 97080

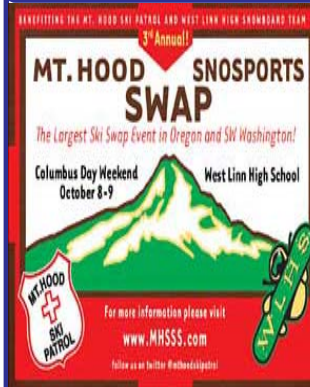
That's at the start of Hwy. 26, toward Mt. Hood.

See flyer and map on our web site at: [www.mthigh.org/index.htm#Hillcrest Equipment Night](http://www.mthigh.org/index.htm#Hillcrest%20Equipment%20Night)

For info, call the shop at 503-665-4455. Ask for **Greg**, Steve or Dex. Or call Gary Gunderson, our PACRAT racer extraordinaire, at 503-258-8051.

Web site: www.hillcrestsports.com

Mt. Hood Snowsport Swap



Oct. 8 - 9, 2010.

Benefiting the Mt. Hood Ski Patrol and West Linn Snowboard Team - West Linn High School.

Friday: 5 pm -9 pm

Saturday: 9 am -9 pm

West Linn High School
5464 West "A" Street, West Linn, Oregon 97068.

Click here for [Google map](#).

Skis, boards, boots, clothing, boxes, packs, etc.

If you have stuff to sell, bring it in on Friday, 8 am - 9 pm, or on Saturday: 8 am - 10 am.

Pick up unsold gear on Sunday, 10 am - 2 pm.

Admission: Individuals: \$3, Families: \$6.

For questions, contact: info@mhss.com.

[www.mthigh.org/index.htm#Mt Hood Snowsport Swap](http://www.mthigh.org/index.htm#Mt%20Hood%20Snowsport%20Swap)

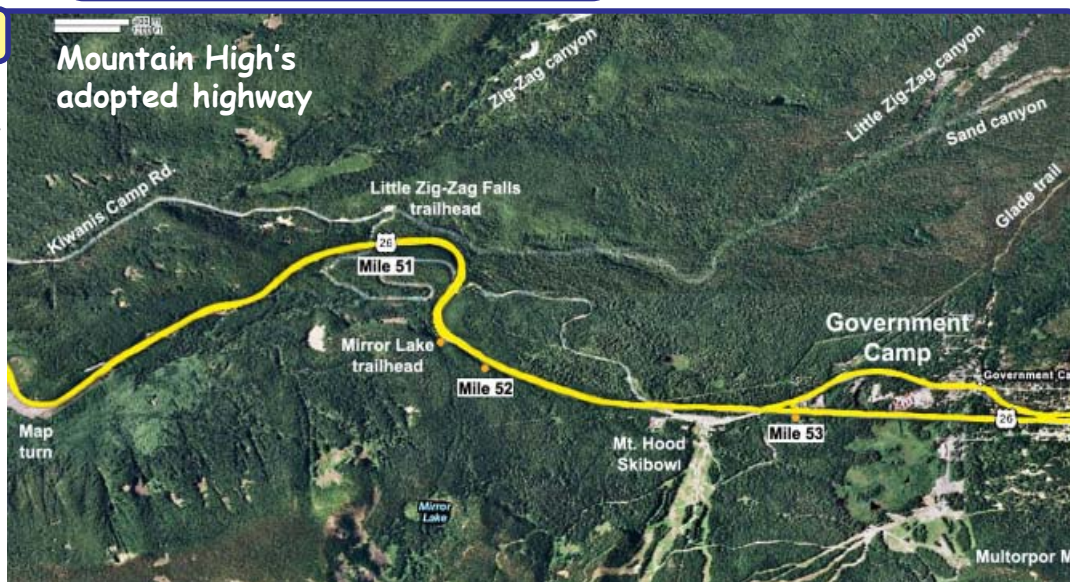
Highway Cleanup

Oct. 9. Saturday, 10 am.

Our 2nd cleanup this year of a 2-mile section of Highway 26, mileposts 51-53. We'll meet at the Skibowl parking lot, and earn some good karma cleaning the highway (abt. 2 hrs.).

Lunch & beverages will be provided to those who RSVP.

RSVP to **Debbi Kor** at: ijustwannarun1@comcast.net or 503-314-7078.



Lake Oswego Ski Swap

Oct. 16 (Saturday) 8 am - 1 pm.

Great deals on new & used gear.

Lake Oswego High School in the Old Gym, 2501 Country Club Rd., Lake Oswego.

Admission = \$2, or \$5 per family.

If you have something to sell, bring it in on Friday, Oct. 15, 4 - 7 pm. Any unused gear must be picked up on Saturday, 2 - 3 pm.

Oregon Cancer Ski Out dinner

Oct. 16 (Saturday) 5:30 pm.

A fundraiser dinner & auction, organized by the Downhill Divas for the Oregon Cancer Ski Out. **Admission:** \$30.00 includes a great dinner, silent and live auction and entertainment. Some of the auction items include a Blazer package, a week in a condo in Colorado, spa packages, and more.

Location: Life of Riley, 300 NW 10th Ave., in the Pearl district, Portland.

RVSP to **Lisa Ratzlaff** at ratzlaff@comcast.net or (503) 922-1335. Tickets for the event are available either from **Lisa** or from **Sally Niedermeyer**, sallyrally@gmail.com.

Mt. High TGR's ski film: "Light the Wick"



Oct. 23 (Saturday) at 8:30 pm.

The latest movie by Teton Gravity Research. at the **Bagdad Theater**, 3702 S.E. Hawthorne Blvd., Portland, Oregon.

The theater serves food and drinks. It's a McMenamins Pub.

Group tickets for 34 pre-registered people have been purchased. It's now past the deadline, but you can probably still get a ticket on your own, through Ticketmaster. For info, contact: Debbi Kor ijustwannarun1@comcast.net, (503) 314-7078.

Mt. High Warren Miller: "Wintervention"



Nov. 5 (Friday) at 6:30 pm.

Pre-movie dinner at 4:30 pm, at the Trees Restaurant in the PacWest building on the corner of Madison and 5th Ave.

Group tickets for 65 people have been purchased. 52 are coming to dinner. You can still buy your own ticket through Ticketmaster. If you plan to join us for dinner, RSVP to Emilio, Emilio2000@earthlink.net

Mt. High

Halloween Party



Oct. 30 (Saturday) at 7:00 pm.

We are all invited to this party, hosted by Moniquea Degan, at 4036 E. Burnside St. Portland, OR 97214.

Phone Moniquea at: 503-799-9623.

Bring: a sense of fun, a costume, a snack to share, any talent to share, and hot tub attire.

Moniquea will have soup, munchies and a little beer and wine.

Ski Fever & Snowboard Show



Nov. 5-7 (Fri - Sun.)
Admission: \$12.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Many freebies.

Live demonstrations. More info at:
www.portlandskifever.com.

If you want to volunteer to staff the NWSCC booth for a 3-hour shift (representing ALL local ski clubs) in exchange for a free admission to the show, contact **Mary Olhausen**, omary52@comcast.net.

Mt. High Mt. High Kickoff Party + Ski Swap



November 11 (Thursday), 6:30 - 9:30 pm.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food and drinks, and door prizes.
- * Meet your fellow club members.
- * Renew your membership (\$25 singles; \$40 couples)
- * Sign up for trips.
- * Join a PACRAT racing team.
- * Bring a friend.
- * Bring something to sell or swap. We'll have a mini ski swap, just like the one that developed spontaneously last year. Bring skis, jackets, etc.

Location: **Gray Gables** See [MAP](#) on our web site.
3009 SE Chestnut Street, Milwaukie.

More info on our web site:
www.mthigh.org/index.htm#Kickoff Party

NWSCC Ski Fair at Airport Holiday Inn



Nov. 8 (Monday) 6-10 pm Admission: FREE.
One day only, at the **Holiday Inn**, at Portland Airport, 8439 NE Columbia Blvd., Portland, OR 97220. Meet local ski clubs and ski areas. **Silent Auction, Raffle**, and more!

As part of the auction, you can get great deals on lift tickets, lodging, ski trips, ski gear, and more.

All our members can purchase a **Meadows 10-time pass** for only \$349 (instead of the regular \$399).

You can also **renew your club membership** at our club's booth.

To volunteer to staff the Mt. High booth, contact Emilio Emilio2000@earthlink.net. Print [flyer](#) and post it somewhere! Info about the Fair: **Debbi Kor**, ijustwannarun1@comcast.net.

NWSCC Pray for Snow



Nov. 13, 2010 (Saturday)

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: \$15, must be purchased in advance (Limited quantities). Contact your dearest member of the Schnees or:

Gordon Lusk: GordyLusk@hotmail.com, 503-804-8363

Dale Parshall: dale.parshall@usbank.com

There will be no tickets at the door. This event fills up!

OCTOBER 2010



Oct. 9 (Sat) Mt. High Highway Cleanup Govt. Camp 10 am

Oct. 16 (Sat.). Oregon Cancer Ski Out dinner & auction at Life of Riley, Portland, 5:30 pm.

OCTOBER



Oct. 23, (Sat.): Light the Wick, a ski film by Teton Gravity Research, at Bagdad Theater.

Nov. 5, (Fri.) Dinner +Movie Warren Miller's new movie Wintervention.

NOVEMBER



Nov. 8, (Mon.) Ski Fair at the Holiday Inn, near airport.

Nov. 11, (Thur.) Mt. High Kickoff Bash & Ski Swap

Nov. 13 (Sat) Pray for Snow

DECEMBER



Big White

Dec. 9 - 15. Canada Ski Safari 5-day carpooling trip, Big White, Sliver Star, Sun Peaks...

Dec. 9-14. Aspen/Snowmass Cabernet ski club 5-night trip.

JANUARY 2011



Mission Ridge

Jan. 8-10: Mt. Bachelor (Altair)

Jan. 27-30 (Thur.-Sun.) 3-day Leavenworth trip.

Jan. 22-29: FWSA Sun Valley.

Jan. 23-30: Whistler cabin trip.

FEBRUARY 2011



Feb. 26- Mar.7 FWSA International Ski Week, in Engelberg and Interlaken, Switzerland.

Feb. 27 - Mar. 5: Lake Tahoe Sampler trip (Bergfreunde club)

MARCH 2011



Crystal Mt.

Mar. 6-7, (Sun.-Mon.) Oregon Cancer Ski Out, at Meadows.

Mar 11-12 (Fri.-Sat.) Hope on the Slopes at Mt. Hood Skibowl

Mar 25-27 (Fri.-Sun) Crystal Mt. bus trip - 2-days/2-nights.

APRIL 2011



Mt. Bachelor

Apr. 1 - 3, Far West Championships at Alpine Meadows.

Apr. 8-10: Bachelor Blast (NWSCC trip)

MAY 2011



Timberline

March-April-May: Timberline Spring Pass. 3 months for \$100.

June 9-12, 2011. FWSA Convention, Industry Hills, CA.

= Mt. High trips

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison
Mt. High Racing Director

Mountain High, the club that skis (and rides) provides more than half of all the teams that participate in PACRAT Racing. Last year we had 13 teams of 10 people each. That's 130 racers.

PACRAT Racing is a recreational racing program on modified GS courses of 20 to 40 seconds long. We race on five Sundays each winter at

Mt. Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in trying this out this winter please check out www.mthigh.org/Racing.htm.

Each year some of our skiers also go to the Far West Ski Racing Association **Championship races**.

If you haven't been assigned to a team yet, contact us. Most teams end up with an opening or two, and we can always start a new team! If you want to race, contact Bruce: Yuffiet@comcast.net or: 503-697-7892.

How it Works: Details & Deadlines

1. Each racer should send to their team captain the [PACRAT entry form](#) and the [Liability Release form](#). Both forms are available on our web site.

2. Each racer should join the club (\$25) and pay the racing fee (\$95). The payments can be sent to the club: PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the [Membership signup form](#).

3. **By Nov. 29** (Monday, our monthly Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRATs for all our racers.

4. **Dec. 15** (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Shanghai Noble House**, in the John's Landing, 5331 SW Macadam, starting at 6:00 pm.

2011 PACRAT Race Dates

| Date | Location |
|--------------------|--|
| Nov. 29 (Mon) | Mt. High teams signup deadline. |
| Dec. 1 | Deadline to send all forms to Pacrats |
| Dec. 15 (Wed) | Team captains meeting / bib pickup |
| January 9 | Race 1: Timberline |
| January 23 | Race 2: Mt. Hood Meadows |
| February 6 | Race 3: Mt. Hood Skibowl |
| February 27 | Race 4: Timberline |
| March 13 | Race 5: Mt. Hood Meadows |
| March 20 | Make up race; only if a race is canceled |
| April 1-3 | FWRA Championships, Alpine Meadows |
| April 15 (Fri.) | Rat Attack Awards Party (TENTATIVE) |



5. Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race at Timberline.

New racers

Please know that it is usually not enough to just send in your racing fee and the two PACRAT forms. You also need to find a team to join. You can find a list of team captains and contact info on our web site [Racing](#) page.



If you have not yet been assigned to a team, or if you don't know who your team captain is, or you haven't signed up yet, but would still like to join a team, please contact [Bruce](#) as soon as possible. We will find you a team. Anybody who wants to race will get a spot.

A look at the Infra-Rats team

by Bruce Ellison



So what's it like to be a PACRAT, to be part of a 10-person racing team?

We started the team in 2005. Most of the team members worked at FLIR Systems Inc which makes Infrared Cameras, so of course we called ourselves Infrarats. We can

usually find about 5 racers from FLIR and the rest we recruit from the club. Colleen Hankins, our PACRAT board insider, has been with us since 2005. Many of the other racers have come and gone for various reasons. This has actually been good for the team because there's always someone new to PACRATS or returning to PACRATS that's excited to be on the team.

This year we had only 6 returning racers. **Pete Deutsch**, our Marketing Director, decided to join the team. Then I discovered that a lifetime racer and 14 year race coach named **Garth Eliason** had joined our company. It took about 5 seconds to talk Garth into joining the team. On the 15th of December I got a call from **Erin McKalip**, who wanted to do some racing after a few years away from the game. Lastly, a guy named **Jim Rogers** called with a thousand questions about PACRAT's. He rolled up to FLIR one day with all his paperwork and we had a full team.

So are all our racers World Cup veterans? No, but we are all legends in our own minds. Here's our line-up.

Garth Eliason- Grew up racing at Meadows and coached for the last 20 years. Garth took a lot of pictures but we only have videos of Garth.

I, **Bruce Ellison**, started racing in college in 1972 and have done it on and off ever since. I'm still trying.

Colleen Hankins- PACRAT board member who helps everyone at the start of the race, also won the bib painting award last year.

Erin McKalip- Raced in high school at OES, graduated in 2002. She's been helping set up the courses for PACRATS this season. Here's a picture of Erin with **Pete Deutch** behind her. Pete skied at Meadows as a teenager but dropped the sport during his many years in the military. He's our most enthusiastic new addition to the team, after Erin. **James Kindred**, former

Bend Ski and climbing bum and current IT executive who helped his kids do racing in the 1990's but never raced himself until two years ago with Infrarats.

Here's a picture of **Scott Way**, **Noel Jolivet**, **Jim Rogers**, and **Cindy Ellison** waiting for the second run at Timberline.



Scott Way- Learned to ski in Maine in the 1960's. Skied only occasionally the last 30 years until rekindling his inner skier two years ago with PACRATS. **Noel Jolivet**- Engineer and Seattle native who never raced until 2005. **Jim Rogers** loves to ski, not just race. He runs Rogers Excavating when he's not skiing. **Cindy Ellison** took up racing in 2003 as part of the Rocket Dawgs team.

So how did our season go? We had a great time. We didn't train as much as we might due to scheduling conflicts but most of us made it to 4 or more races and made it to the parties after the races. Best of all, no broken bones. We're all excited for the Rat Attack, our end of season party. Maybe we'll get a prize!

So what's the best thing about PACRATS? That's easy. It's the people you meet. Come join us this year.



Mt. High

Big White, Silver Star, Sun Peaks, Revelstoke, ... and more!



December 9-15, 2010 - A 5 or 6 day trip.

This might be our last Canada Ski Safari (at least for a while). We have been doing this annual trip for the past 7 years (since Dec. 2003). During this time, some of us enjoyed a total of about 20 days of free skiing at some amazing resorts in British Columbia. Unfortunately, we were not able to entice many people to join us. Two years, we had about 12 people each time, but most years it was only between 2 and 6 people.

Lift tickets used to be totally free. This year, everyone who attends the Warren Miller film show receives 2-for-1 lift tickets to 3 Canadian resorts (Big White, Silver Star, and Sun Peaks). See: [www.mthigh.org/index.htm#Warren Miller movie](http://www.mthigh.org/index.htm#Warren_Miller_movie).



Let's use those 2-for-1 vouchers explore several Canadian ski resorts, Big White, Silver Star, and Sun Peaks. We'll also stop at Mt. Baker and Mission Ridge (in Washington) on the way there and back.

Our usual 5 -day trip can be extended to 6 days, to include a side-trip to Revelstoke Mt. Resort, the newest ski area in North America, and the one with the biggest vertical: 5,620 feet from top to bottom!

This is a road trip, and a great adventure, skiing a different ski area each day! The exact dates depend on the snow conditions and people's preferences. We are totally free to change our minds at a moment's notice and to follow where the best snow is. There are no reservations, no deposits, ... just pure fun of our own choosing.

See how people describe a previous ski safari, at: www.mthigh.org/Articles/Canada-Ski-Safari-2006.pdf
Note that once we are in Canada, the ski areas are all about 2 - 2.5 hours drive from each other.

Here's the plan for this year's Safari. Click here to see a map.

DAY 0: Not counting this as a real day, because people can still work this day, and drive out of Portland after work. Just drive for about 4 or 5 hours, and spend the next day skiing at either Mission Ridge or Mt. Baker.

DAY 1: Most likely: [Mt. Baker](#) or [Mission Ridge](#) or [Stevens Pass](#). Or maybe even [Apex](#) (B.C.)

DAY 2: Ski [Big White](#), then 2 hrs. drive to Silver Star.

DAY 3: Ski [Silver Star](#). After this, anyone who wants the shorter 5-day trip can drive to Sun Peaks, while those who prefer the 6-day option can go to Revelstoke. Either way is about 2.5 hours of driving.

DAY 4: Ski [Revelstoke Mt.](#), a brand new ski resort, which has a total of 5,620 vertical feet, by far the largest vertical in North America. (Whistler/Blackcomb is 5,000'). Meanwhile, the shorter trip skis [Sun Peaks](#).

DAY 5: The longer trip skis [Sun Peaks](#). Meanwhile, the shorter trip group skis [Mt. Baker](#), then drives home to Portland. End of the shorter trip.

DAY 6: The group on the longer trip skis [Mt. Baker](#), then drives home to Portland. End of the longer trip.

This is a very informal trip. Just drive up, preferably carpool, and let's ski! If we share lodging and gas expenses, the trip can be quite affordable. In the past, we have spent anywhere between \$200 - \$350 per person for a 5 - 6 day trip. Of course, that was when ALL the lift tickets were free. Expect to spend a bit more this year. But, it will still be less expensive than most other ski trips.

No deposits or down-payments required. It's all pay as you go. No reservations are needed, or even possible, because Big White and Silver Star have a 2-night minimum requirement, but they will not turn us down if we just show up. This has never been a problem. The only thing you need for this trip is a **passport!**

For details about this road trip, and for help coordinating the carpooling, contact **Emilio Trampuz** Emilio2000@earthlink.net.

NWSCC Meetings will be quarterly

NWSCC meetings are now held only once every three months, on the 3rd Wednesdays in September, December, March, and June. Next meetin is:

Dec. 15 -PACRAT Night, Shanghai Noble House, in the John's Landing water tower building.

Cabernet Aspen/Snowmass trip

Aspen



December 9-14, 2010

5 nights lodging, 3 days lift tickets, parties, more. Trip sponsored by Cabernet Ski & Sail Club, a member of NWSCC and

the San Diego Council of Ski Clubs. Click on flyer for more info. Included in the package:

- * Round trip air, and airport transfers with group.
- * 5 nights' hotel accommodation at the Gant Luxury Condos, with fireplace, kitchen, balcony, daily maid service, hot tubs, pool, and ski-in/ski-out access.
- * 3 days' lift tickets
- * parties, ... and more.

Cost per person, double occupancy, is \$960 per person, including air.

Deposit of \$200 due now to reserve your spot.

The remaining **\$760** are due by October 1,

Make your check payable to **Cabernet Ski Club**, and mail it to:

Steve Coxen
19510 Suncrest Dr.
West Linn, OR 97068.

For info, contact: **Steve Coxen**, 503-679-9022, stevecoxen@yahoo.com.



Snowmass

FWSA

Far West Trips

Click on the underlined blue links for more info.

* FWSA is joining [Holidaze Ski Tours](#) for an [Antarctica Adventure & Celebration of New Years Eve](#) in Buenos Aires. You will leave Dec 29, 2010—January 12, 2011 for a 15 day cruise with three nights in Buenos Aires for New Years Eve. We will be joining other ski clubs & councils across the U.S. for this trip. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

* [2011 FWSA Ski Week](#) will be in **Sun Valley, Idaho** January 22—29, 2011. \$875-\$1325. See article below.

* [FWSA International Ski Week Engleberg/Interlaken](#) Feb 26— Mar 7, 2011; \$1725/person for 8 nights; Extensions to Bulgaria Mar 7-12 and Bucharest and Romania Mar 12—16, 2011. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

FWSA

Ski Week at Sun Valley

Sun Valley



Jan. 22-29, 2011.

This is the biggest trip of the season, attended by dozens of ski clubs.

Price: \$875-\$1325, depending of the type of lodging you select. This includes lodging, lift tickets, banquet, council party, apres ski parties, races, and more.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: NWSCC, P.O. Box 1915 Portland, OR 97207-1915. Mark the envelope: "Sun Valley".

Please use the official Signup sheet at: [www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011 Sun Valley Sign up sheet.pdf](http://www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011%20Sun%20Valley%20Sign%20up%20sheet.pdf).

Contact **Barbara Bousum**, travel@nwskiers.org

See more info at: www.nwskiers.org/#SunValley

Mt. High

Snoqualmie, Alpentel, Mission Ridge & Stevens Pass + Leavenworth!



January 27-30, 2011

3 days/ 3 nights. The bus trips are usually our club's best and most fun events. We will leave Thursday around 5 pm, and return Sunday night. We'll visit:

1. **The Summit at Snoqualmie.** For this trip, we are taking one extra "work" day off in order to ski Snoqualmie, which is the closest area to Seattle and gets slammed on weekends. The club has never had a trip to this area before. There are 4 separate base areas, Snoqualmie East, West, Central, plus Alpentel - which is for advanced skiers. A total of 33 lifts, including 2 that are new for this year. There is something for everyone, and we might want to plan a full weekend trip here in the future. Be among the first in our club to ski here!



2. **Mission Ridge.** 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain!

3. **Stevens Pass,** lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: The first night we will cut our driving time short and stay at the I-90 Inn in Ellensburg, only 45 minutes from Snoqualmie. The next 2 nights we'll stay in the charming town of Leavenworth. We have booked almost the entire Obertal Inn, right in the middle of Leavenworth, just for us! Most rooms have 2 queen beds, some have 1 king bed. There are also 2 Fireplace Suites and 2 Jacuzzi Suites. If a couple wants to book one of those suites, each **person** would pay an extra \$25 for a Fireplace Suite or \$45 for a Jacuzzi Suite. First come, first served. Reserve yours soon! An "expanded continental breakfast" is included.

Price: \$375 for transportation, 3 nights' lodging, continental breakfasts, and 3 days lift tickets. **Seniors (ages 62 - 69)** pay \$345 (a savings of \$30). **Super-duper seniors (ages 70+)** pay \$300 (a savings of \$75).

Contact: [Linda McGavin](#) (trip leader) or [Emilio Trampuz](#) (co-captain). Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send \$100 deposit, due by November 11. Full payment due by December 31. No refunds after December 31 unless you can fill your spot. Remember to specify if you want one of the special rooms. NOTE: After November 11, the trip will be opened to members of another club.

NOTE: Only 44 spots available at the standard rate. After those 44 spots get filled, you'll only be able to sign up for the more expensive rooms (double occupancy only).



Mission Ridge



Stevens Pass

Mt. High

Crystal Mountain, WA



March 25-27, 2011

A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.



There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles. Also, NEW since our last trip to Crystal Mountain in 2009 is the Mt. Rainier Gondola. With travel time of less than 10 minutes (half the time of the current two chairlifts) and a vertical rise of nearly 2,500 feet, the gondola will provide year-round lift access to Crystal Mountain's summit. In addition to providing warm, dry uphill transport, the gondola also serves as backup when the Rainier Express is not able to serve the summit elevations due to high winds.

There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$199** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

Seniors (65 and over) can deduct \$30, for a total cost of: **\$169**.

The reason for only one lift ticket is that on Sunday, March 27, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for 2010-2011).

Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 25, 2011. No refunds after February 25 unless you can fill your spot. Contact **Linda McGavin** at (503)652-2840 or e-mail Trips@mthigh.org.

You can also contact [Emilio Trampuz](#) (co-captain), 503-378-0171, Emilio2000@earthlink.net.



Linda McGavin
at Crystal Mt.

Mt. Rainier and
Crystal Mt.



Mt. High Membership renewal

Whenever you send in any money to the club, please use our **Dough Trammittal Form** a.k.a. the **Membership Signup Form**. You can find a compact version of it on the last page of Lift Lines, or on our web site, on the **Forms** and **Member Benefits** page.

Simply mail the form to the club's PO Box 2182, Portland, OR 97208.

For questions, contact:
info@mthigh.org.

Remember, all Mt. High members are automatically members of the **NW Ski Club Council (NWSCC)** and the **Far West Ski Assoc.**

Besides doing it by mail, you can also renew in person at the **Ski Fair** (Monday, Nov. 8) or at our annual **Kickoff Party** (Thurs., Nov. 11)

The advantage of doing it in person is that you then receive your membership card immediately, without delay. .

Membership Cards

You need this card to claim several of our membership benefits, especially the Mt. Bachelor Club Card (See page 12).

Please try to renew your membership in person, at one of the following events, or if you renew by mail, please pick up your membership card there:

Nov. 8 (Mon.): **Ski Fair**, at Holiday Inn.

Nov. 11 (Thur.): **Mt. High Kickoff Party**, at Gray Gables, in Milwaukie.

If you need your card mailed to you, contact **Elaine Bock** 503-245-7009, SeawitchPdx@aol.com

Mt. High Membership Benefits NWSCC

Just show your membership card.

Next Adventure

Receive a 10% discount on top of already low prices.

Mt. Bachelor lift tickets

Get dialy lift tickets for just \$50, with a free Mt. Bachelor Club Card. Details on page 14.

Cascade Lodge lodging (Govt. Camp)

Just \$18 per night midweek, \$22 on weekends.

Subaru fleet pricing (and Chevy, GMC, Buick, Cadillac)

Get special wholesale fleet pricing on any new vehicle at Carr Subaru. Ask for **Kalei Mau**.

For other benefits, as well as for instructions on how to renew your membership, or how to join the club, see our web site: www.mthigh.org/Membership.htm

Bergfreunde Lake Tahoe Sampler Trip

February 27 (Sun.) – **March 5** (Sat.), 2011

Cost: \$297 (ppdo) (\$150 down, balance by January) Single room: add \$143.20. Guests (non-members) pay: \$356.

More bang for your buck! \$67 less than last year's trip!

Contacts: Bob Burns (Trip Captain) 503-524-5261 (phone/fax), bob@inkjetman.com, and **Tom Hiller** (Co-Captain) (H) 503-643-0659 (W) 503-620-666. Both Bob and Tom are Mt. High members, and they've been doing this trip for 20 years.

Send payments to: Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008.

Lodging: at the Bluelake Inn again this year, within a

few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Downhill: We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss it at the pre-trip meeting and perhaps collect money to pre-buy tickets.

Cross country: Seven areas: Royal Gorge; Tahoe Donner; Northstar; Diamond Peak; Spooner Lake, etc.

Transportation: On this trip, air is not included. We carpool down. However, flying to Reno and grabbing a shuttle to South Lake Tahoe is another easy option.

The trip package includes: 6 nights lodging, Group dinner on Tuesday and Thursday, Hospitality room on Sunday, Monday and Friday; Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler.

Free Mt. Bachelor Club Card



Thanks to **Linda McGavin**, who is currently working on the next **NW Skiers' Directory**, we found the great deal from **Mt. Bachelor** offered to all NW ski clubs, through the NW Ski Club Council will continue. It's a free "**Club Card**".

1. **For the general public:** Up until the lifts open for the year Mt. Bachelor offers a "club card" picture pass for \$29 to the public that will let them buy \$50 non-holiday lift tickets.

2. **For NWSCC club members** (That's all of us!) - We can go to the Sports Desk at Bachelor up through January 31 and get that same card for FREE by showing our NWSCC membership card and picture ID. (Note: Your club membership card doubles as an NWSCC card. Just flip it over.)

3. **On the day we pick up the Club Card**, we can "load" it with our credit card with multiples of \$50. In the future we can load it up any time **online**, before arriving at the mountain. When we get to the mountain, we can go directly to the lifts and, as we pass through, \$50 will be deducted from our balance on the Club Card, which is a Radio Frequency ID. It's all automatic and very high tech.

Note that we can load the card in person at the Sports Desk **only the first time**. After that, we'll need to do it **online**, using a credit card.

Here's a recommendation for which pass to purchase, depending on how much you will ski at Mt. Bachelor:

- a) **2 - 10 days or 13 - 20 days: Get the Club Card.**
- b) **11 - 12 days : Get a 12-times pass.** for \$550.
- c) **More than 20 times: Get a Season Pass.** for \$999.

Other Prices, just for comparison

Season passes for juniors & seniors at Mt. Bachelor:

| | | | |
|----------------------|-------|-----------------|-------|
| Youth (6-12) | \$189 | Seniors (65-69) | \$539 |
| Teens (13-18) | \$319 | Seniors (70+) | \$319 |
| Young adults (19-21) | \$439 | | |

Single Day Adult Ticket Rates will be \$70, \$60 or \$50 depending on the amount of lift serviced terrain and daily weather factors.

Schweitzer Mt. discount

Schweitzer Mt.



Schweitzer Mt., Idaho, has offered our club members a group discount, even if we purchase the tickets individually, one at a time.

On daily tickets, you'll save \$10 on each ticket. Instead of \$65, you will pay **\$55**.

On a 3-day pass, you save \$39. Instead of \$195, you pay only **\$156**. The 3 day pass is valid on any 3 days in a season. They don't have to be consecutive days.

To get this discount, you must purchase and print the tickets through a **Schweitzer Mt. web page** that has been specifically customized for our **Mt. High club**. Click here: <https://tickets.schweitzer.com/affiliate.asp?ID=17D3854F-9D13-4D87-9805-3837BA537DE5>.

You will need the following password: **MtHigh-tix**

You must enter the password exactly like that, with the two capital letters, and a dash. Check it out!



Q & A about Mt. Bachelor

Q: Can I loan my Club Card to my friend?

A: No, the Club Card will have your photo on it.

Q: Can I use my Club Card at the ticket window?

A: No. Club Card savings are for advance online ticket purchases. They ensure the lowest daily rate. \$50 non-holiday.

Q: Can I buy a Club Card for someone as a gift?

A: Yes. You will enter their customer info, and then just pay for it with your credit card.

Q: Will I need to go to the ticket window to use my Club Card?

A: No. You can go straight to the lift. Club Card must be pre-loaded with the lift ticket in advance via www.mtbachelor.com.

Q: Should I be concerned with the **daily** pricing plan if I am going to have a Season Pass, 12-Day Pass, Club Card or Multi-day ticket?

A: No. It is irrelevant to you.

Mt. High Man & Woman of the Year

Kurt Krueger and Diane Zhitlovsky are our club's Man and Woman of the Year for 2010.



Kurt Krueger



Diane Zhitlovsky

Mountain High Meeting

Usually the last Monday of the month. This month is an exception.

Nov. 1 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

| | | | |
|-----------------------------|--------------------|--------------------|---|
| President: | Gordon Lusk | H: 503-804-8363, | GordyLusk@hotmail.com |
| Vice-President: | Kurt Krueger | H: 503-625-1492, | telek2@frontier.com |
| Secretary: | Diane Zhitlovsky | H: 503-666-0389, | Dianezhi@gmail.com |
| Treasurer: | Sandi Dykstra | H: 503-629-0177, | sandid@aol.com |
| Membership Director: | Elaine Bock | H: 503-245-7009 | SeawitchPdx@aol.com |
| Race Director: | Bruce Ellison | H: 503-697-7892, | Yuffiet@comcast.net |
| Newsletter Editor: | Emilio Trampuz | H: 1-503-378-0171, | newsletter@mthigh.org |
| Social Activities: | Debbi Kor | H: 503-314-7078, | ijustwannarun1@comcast.net |
| Golf: | Cal Eddy | H: 503-631-3115, | W: 503-805-8606, baebaw@ccwebster.net |
| Hiking: | Elisabeth Fontaine | H: 503-524-5774, | Lise518@msn.com |
| Mid-week skiing: | George Yun | H: 503-697-3055, | boar2m@msn.com |
| Trip Directors: | Linda McGavin | H: 503-652-2840, | Trips@mthigh.org |
| | Janice Jessen | H: 503-515-6230, | jessen9011@comcast.net |

General info:
info@mthigh.org
Web site:
www.mthigh.org



DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: New membership Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets anyway.

- Email Preferences:**
- Newsletter (once a month): yes, link only yes, complete file no
 - No changes
 - Club news & events (between newsletters): yes no
 - (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): yes no
 - Is it OK to share your email address with other club members? Yes No

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

Annual Membership (Oct. 1, 2010 - Sept. 2011): Single (\$25); couple (\$40) \$ _____

PACRAT Racing (2011) \$95 for the whole season. Team: _____ \$ _____

Leavenworth Jan. 27-30, 2011. Total \$375. Deposit: \$100 (Pay by Nov. 15) \$ _____

Crystal Mt. March 25-27, 2011. Total \$199. Deposit: \$100 (Full Pay by Feb. 25) \$ _____

Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 302 Newsletter Distribution

The Oct. 2010 issue is posted on our web site. Also:
298 copies sent via email (as PDF files)
27 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

New lifts at Washington Ski areas

Crystal Mt. has installed a new base to summit gondola. Instead of taking 2 lifts to the top, the gondola will take you to the top in under 10 minutes.

Snoqualmie East has installed 2 new lifts. One to replace the one destroyed in a landslide, and the other expanding terrain to the back side.

White Pass has added 2 new lifts, doubling the total skiable acreage. Also added an on-mountain lodge.

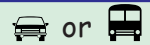
PACRAT Racing News

PACRAT racers will have their own wireless timing mechanism for the first time this season. This will hopefully eliminate many problems and delays on race days.

NASTAR ratings will also be included this year for the first time, in addition to PACRAT scoring.

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

Altair**Mt. Bachelor trip**

Jan. 8 - 10. The Altair Ski Club in Eugene is inviting us to join them at Mt. Bachelor, for only **\$140**, which includes lodging at the Fairfield Inn (same place we stayed on the Mystery trip), with breakfasts and 2 dinners. Transportation is not included. If you are interested, please contact **Emilio** and let us know if you would prefer to **drive/carpool**, or would prefer us to **arrange a bus?**

NWSCC**Bachelor Blast**

April. 7-11, 2011.

Join all local ski clubs in a celebration of Spring skiing at Mt. Bachelor.

Price is TBA, but it will be way less than \$100

per day! More days can be added at either end of the weekend for an additional cost .

Send deposits to: NWSCC P.O. Box 1915 Portland, OR 97207-1915.

For info, contact **Linda McGavin, Trips@mthigh.org**

