



# Lift Lines

== No. 90, June 2008 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Hi folks,

Our whole past year can be seen on the web, on the [Recent Photos](#) page.

Check out the new **Forums**. They allows you to connect directly with other members. See page 8 for details, and start exploring at: [www.mthigh.org](http://www.mthigh.org).

Sign up for rafting now. Don't wait till it's too late. Also, keep in mind that we'll have our annual picnic and bike ride just a week before the rafting.

## Violet skis top of Mt. Hood!

Details on page 3.



*Note the color code.  
Our club is blue.*

*Mt. High*

## Pizza Party & Elections

*Mt. High*



**June 19** (Thursday).

Come taste some "Maui Zau" pizza, and meet other members.

We'll also have club elections. Everyone is invited and welcome, but only members can vote.

Details on page 2.

*Mt. High*

## Golf !

*Mt. High*



Remember, our plan is to play 9 holes twice a month during the week, and 18 holes once a month on a weekend.

If you want to play, please call **Cal Eddy** at least 7 days in advance. Cal's phone is 503-805-8606, or e-mail [baebaw@ccwebster.net](mailto:baebaw@ccwebster.net).

The dates are:

June 12 (Thu): Golf at Camas Meadows, 9 holes, starting at 5:00 pm.

June 22 (Sun): Golf at Stone Creek, 18 holes, starting at 10:00 am.

*Mt. High*

## Rafting weekend !

*Mt. High*



**Aug. 15-17.**

Two days of rafting on the Deschutes River. We have reserved camping spots at Maupin City Park from Thursday thru Sunday.

Sign up now!

Details on page 2.

## 2008 CALENDAR

Blue: Mountain High events  
 Red: NWSCC/FWSA events  
 Black: General events

**June 5 - 8: FWSA Convention**

June 12 (Thu): Golf - 9 holes at Camas Meadows, 5 pm.

June 19 (Thu): Pizza Party and Mt. High club Elections

June 22 (Sun): Golf - 18 holes: at Stone Creek, 10 am.

**July 27 (Sun): Golf: "Clubs 4 Play"**

Aug. 10 (Sun): Mt. High Picnic

Aug. 15 - 17: Rafting on Deschutes

Sep. 6-13: Cycle Oregon & Candlelighters "Ride-for-a-Child"

Sep. 20 (Sat): Mt. Hood Heritage day

Oct. 25 (Sat): Warren Miller movie

Nov. 2: Pray for Snow Party

Mt. High

## Pizza Party &amp; Club Elections

Mt. High



**June 19, 2006 (Thursday).**  
6:30 - 9:30 pm.

Place: **Round Table Pizza**  
10070 SW Barbur Blvd.  
Portland, OR  
(near Capitol Hwy.; by McDonald's)

Come join us at the quarterly pizza party! The club will treat you to some free pizza, and the soft drinks will be free, but buy your own beer. Bring some pictures of your past season to share. Socialize with other members.

We'll show some slides and a short video from recent ski trips and adventures.

Also, it's time for club elections. We have some new blood and fresh energy! Bring your ballot to the party, or mail it to **Elaine Bock**, 4656 SW 35th Place, Portland, OR 97221, or email it to Elaine at: [SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com).

The ballots have been emailed to everyone who has an email address. Members who receive a printed copy will find a ballot sheet included with this newsletter.

**Driving directions:** The **Round Table Pizza** is near the corner of Capitol Hwy and Barbur Blvd. It's right by I-5. If you are driving south on I-5, take the Capitol Hwy exit. If you are coming from the south, driving northward on I-5, you need to take the Pacific Hwy. / Barbur Blvd. exit, which is almost a mile before, since there is no Capitol Hwy exit from that direction.



Mt. High

## Deschutes River Raft Weekend



**Aug 15-17, 2008.**

This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, OR.

Contact **Gordy**: 503-804-8363 or [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com).

Reservation & payment must be received by July 15. (or don't show up). Cancellation Date is August 1st.

**Trip includes:**

**Camping:** Thursday, Friday and Saturday night in Maupin City Park. Camp sites, near bathroom in main park. RV

space available for an additional \$20.00 a night.

**Rafting:** (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts.

**Saturday night diner:** Chicken and ribs provided by Mt. High. For other times, bring your own food.

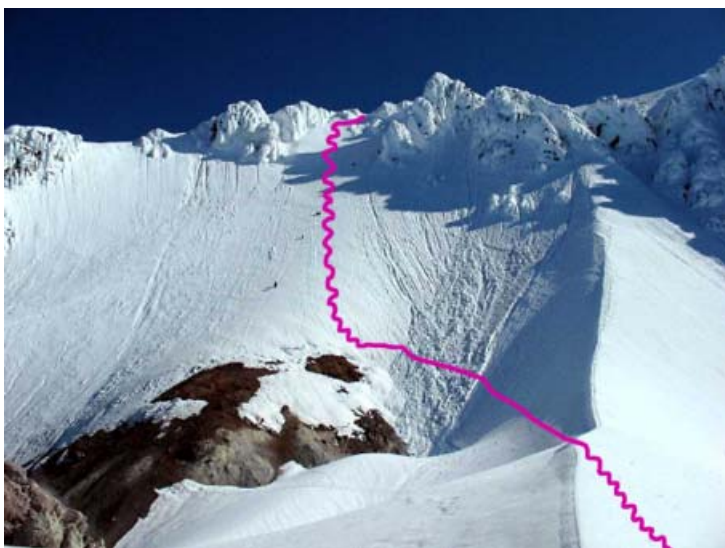
**Camp, raft, dinner = \$85.00 pp.** (Non-members \$100.00) Use the Dough Transmittal form, page 11.



## Violet Anderson skis off the top of Mt. Hood!!!

**Saturday, May 31, 2008.** Violet Anderson dimbed Mt. Hood and skied off the top with a friend from the Seattle Mountaineers. The rest of the party put skis on at the Hogsback. Violet says:

We summited a little after 8:00 am in 15 mph winds and dense clouds. We started down at 9 through the Mazama chute. It's very steep and maybe 8 feet wide. You share the chute with people coming up.



See our path on this photo of the upper mountain taken 2 weeks earlier, with clear skies. We skied down from the top right of where the climbers are (right below the 'V') down then to the right across the avalanche debris to the hogsback. The avalanche debris was covered and smooth when we went down. That hole at the bottom of the avalanche debris is the Devil's Kitchen. Check out that snow to the right of Hogsback!



There was light rime on smooth hard snow. Very different but very skiable as it gives you something to hang

onto. At the bottom of the Mazama route, we cut skiers left to the Hogsback. I wouldn't recommend it to the faint of heart as you traverse above the Devil's Kitchen which right now huge deep hole.

Anyone wanting a great summer ski can climb up to Crater Rock at 9800" (or all the way to the Hogsback if you wear crampons) and ski beautiful, wide, rolling pitches of excellent smooth corn snow heading west.



Violet skiing near the top.

With good visibility you can tell when you need to start heading back to make it to the ski area. You can throw in the Glade Trail for a total of over 5,000 feet. The best snow was above the ski area. It got mushy lower down.



Anyone climbing above Crater Rock should have climbing skills and carry appropriate safety gear. We each



had an avalanche beacon, altimeter, compass, crampons, ice axes and gear for extended stay, and the group had a Mountain Locator Unit.

The terrain is steep but if you ski God's Wall at Meadows, you are okay.

## Chuck Westergren plays volleyball on top of Mt. Hood!!!

*Violet Anderson concludes her account of skiing from the top of Mt. Hood by adding: “*

**HUGENOTE:** Chuck Westergren (an original Mountain High Club member) has climbed Mt. Hood twice just to play volleyball on the summit. As I was going up I shared this in passing, as inspiration, and coming down it seemed to have spread among all the climbers who were telling my story back to me. Even among a blind climber who made the evening news. Chuck was the inspiration of the day!

*So, we decided to get the full story from Chuck himself. Here's what happened, in Chuck's own words:*

“On June 6th, 1976, members of Servetus, a singles club, 24 people in all, completed the ascent of Mt. Hood. We were in a gully just below the top.

“We stretched our net between two hummocks on the summit ridge with a climbing rope, and we played with crampons on our feet to keep from slipping and toppling off the 11,245 foot high playing field.”

Charlie Ferris led the 23 men and women to the



summit game, which was played in a brisk 26 degree temperature at noon.

“As I remember,” says Chuck, “we were protected from the wind, but I made a comment not to hit the ball too high, for some farmer will find it in his field in the valley below, due to the high winds at the top.”

“We were in a slight depression just before the top called “Hells Gate” (I think). The ice pillars and ice walls were quite a sight.

“I suffered a badly sunburned face. It was overcast and I saw no need for sun block. Even joked about someone that had a full white face! It was so bad that the comment ‘don't smile or you will crack your face’ was true.

“On the way down, it would have nice to have skis, however we used plastic to sit on for our ride down.”



Chuck Westergren and others playing volleyball on top of Mt. Hood, June 6, 1976.

According to Jack Grauer, author of “Mt. Hood, A Complete History”, playing volleyball was not the only zany stunt on the summit.

In 1947, Ty Kearney rode a bicycle around the summit slope, and in 1917, eight men and women held a dance to the accompaniment of a wind-up phonograph in the old Lige Coleman fire lookout cabin (which later burned down after being struck by lightning).

Far West Convention - June 5 - 8, 2008



The Far West Ski Association Convention was held in Bellevue, WA. It was hosted by our very own NW Ski Club Council. Many of our club members volunteered their time to make it all happen.

Elaine Bock helped with registration, Linda McGavin helped with registration and Silent Auction, Debbi Kor helped with Marketing, door prizes, registration and more. Diane Zhitlovsky helped to judge the various clubs' newsletters and web sites. Emilio was one of the judges in the Man & Woman of the Year contest, and also printed a lot of the signs and some of the name tags for the Convention.

A lot of people helped in a variety of ways. It's hard to name everyone, because it's hard to know all the various ways in which people contributed. Please let your editor know of your contribution, and we'll gladly mention you. We might also post a few more photos next month. There's simply not enough room here.

Over 3 dozen people from Oregon participated. Not all are in this photo with celebrity guest Billy Kidd, the 1964 Olympic Silver medalist in Slalom (in the cowboy hat). The evening theme was "Forever Flannel".



Debbi Kor and Jane Wyckoff during registration and Silent Auction.

Linda McGavin, Mary Olhausen, & Sigrid Noack during registration and Silent Auction.



Gary Stevenson & Emilio Trampuz receiving the 1st place award in the Outstanding Club competition. We also won 1st place for the newsletter and web site.



NWSCC delegates with Billy Kidd

### NWSCC Man of the Year



**Gary Stevenson** is the President of the Mountain High club (and we DID nominate him last year!), but this year, he was nominated by the Skiyente Ski Club.

Gary has also been the master of ceremonies at PACRAT racing events for as long as we can remember.

### NWSCC & FWSA Woman of the Year



**Sheri Parshall** is the Vice-president of the Skiyente Ski Club. She is running this year for President of the NWSCC. She was the main organizer of the Far West Ski Association Convention in Bellevue.

And she won in the final competition for overall Far West Woman of the Year. Congratulations. Sheri!

### Mt. High Man & Woman of the Year

Every year, we honor 2 people who have contributed to the club and to our sport. Some of the past honorees:

2008: Jack Folliard	Elaine Bock
2007: Gary Stevenson	Linda McGavin
2006: Gordon Lusk	Linda McGavin
2005: Terry White	Debbi Kor
2004: Emilio Trampuz	Debbi Kor
2003: Emilio Trampuz	Debbi Kor
2002: Emilio Trampuz	Debbi Kor

Our 2 nominees (Jack and Elaine) did not win at the NW Council level, but they are still our club's winners. All the Council winners (in our case: Gary) automatically win 2 days/ 2nights at Big White or Silver Star. The overall Far West winners (Dennis Heffley and Sheri Parshall) win 5 days at Big White/Silver Star.

So, start doing good works for the club if you want to be a candidate next year. Or start thinking about whom we should nominate next year.

### How the Man & Woman Competition Works

The competition has 3 levels. First the club, then the Council, then the Far West Association. Each candidate submits a typewritten entry, answering several questions about his/her involvement and contribution to the club and to our sport. At the Convention, there is also an interview with all the judges (one from each Council).

Judging at the Far West level is not easy. There's a lot of "homework", reading and grading all the entries (except those from your own Council). The judges were not even allowed to see the entries from people from their own Council, and had to step out of the room during the interview of candidates from their own Council. So, Emilio had no say in how Gary and Sheri were judged by the other judges.

The competition was very strong. All the candidates were good people who had done a lot for their club and their Council. The FWSA Man of the Year winner was **Dennis Heffley**, who had a mile-long resume, including Bay Area Council President, and years of involvement with the Far West Association.



Dennis Heffley (left) and Sheri Parshall receive the Far West Man & Woman of the Year award from Donn Bryant.

## Ski with a Ranger!



By **Sean Medlock, Zigzag Ranger District.**

A new program is being planned for this summer by the Interpretive/Conservation

Education Staff here at the Ranger Station. This "**Ski with a Ranger**" Program is more or less an interpretive ski run offered several times daily on the weekends at Timberline.

Similar programs have been incredibly successful at places like Alta, Aspen, Heavenly, Jackson Hole, Keystone, and Breckenridge, to name a few, and Mt. Hood seems to have an incredible opportunity to join these resorts in educating people.

Being at the epicenter of the summer skiing and snowboarding world, Timberline is the perfect place to give informative seminars on the mountain about the its volcanic, glacial, historical, and natural history.

I'm looking for several interested volunteers to become instructors for the summer. The instructors would need to fill out a U.S. Forest Service volunteer agreement and thus become Forest Service Volunteers or "Rangers".

The great part about this program is that each instructor will have a lot of freedom to design and run their own lesson plan, though an interpretive lesson plan has already been created and can be issued to the instructor if needed. One topic the program will emphasize is the Forest Service's concern about climate change and the future of the winter sports community.

Please have any interested Mountain High club members contact me at the e-mail address or telephone number provided below. Thank you very much and we'll see you on the slopes!!!

Sean Medlock  
Zigzag Ranger District  
[smedlock@purdue.edu](mailto:smedlock@purdue.edu)  
(503) 622-3191 x 610

## Warren Miller: "Children of Winter"



Warren Miller's new film, **Children of Winter**, will kick off the winter sports season for the 59th year!

Presented in striking High-Definition and narrated by skiing icon Jonny Moseley, Warren Miller's **Children of Winter** showcases incredible cinematography that will get you craving deep powder, fresh lines, and outrageous adventure!

This year's film takes you on a daring escape to electrifying global destinations, including Japan, Austria, Sun Valley, Iceland, Alaska and more!

Warren Miller film premiers are an experience, a celebration, and a phenomenon not to be missed! The World Tour starts October 22nd and tickets go on sale in September 2008! Check out [www.WarrenMiller.com](http://www.WarrenMiller.com) for tour dates, ticketing info, videos and more!

Also, remember that the Warren Miller movie is our takeoff point for the Canada Ski Safari. And we'll have a club dinner before the movie.

## Warren Miller: How to get involved



Warren Miller could use your help to promote the movie. Remember that the movie usually stays in town only 2 or 3 days, so it's easy to miss. Here's how you can get involved:

- ❖ **Warren Miller's Street Team!** Contact [marketing@warrenmiller.com](mailto:marketing@warrenmiller.com), and help spread the word about Warren Miller films in your city!
- ❖ **Host a Screening of a Warren Miller Film!** Contact [ips@warrenmiller.com](mailto:ips@warrenmiller.com) to setup your own Warren Miller Event, and raise money for your ski club!
- ❖ **Cheap Tickets!** Contact [marketing@warrenmiller.com](mailto:marketing@warrenmiller.com) for information on **Group Ticket** discounts.
- ❖ **Warren Miller Gear!** To purchase DVDs, exclusive apparel, and more, go to [warrenmillergear.com](http://warrenmillergear.com).

## Is Zig Zag Canyon skiable all the way?

Last month, we wrote about skiing into the top of Zig Zag canyon, but also having to ski out of it almost immediately, to get back to the lifts safely. In the photo, I am standing about as far down as one can safely go.



But, look at that canyon below! It beckons. It's huge. The Mississippi Head cliffs in the picture are enormous. If you could ski all the way from the top of the Palmer lift down to the Kiwanis camp (not far from Hwy 26, that would be an awesome 5,400 vertical feet, more than the total vertical available at Whistler.

But, beware! People have gotten lost in the Zig Zag canyon area. It could be dangerous. It could be a lot of work on the lower part of the mountain. Notice that this is NOT a call to action. At least not yet, until we can find out more. Notice that the article title is a question, not a statement.

Does anyone know if this area might be skiable all the way to Hwy 26? The upper part sure looks inviting.

One way to find out is to hike the area, to scout it out in the summer, without all the cumbersome ski gear. If there is a long hike out of the canyon, on flat terrain, this might be easier to explore in hiking boots than in heavy ski boots. Same thing if the forest is too dense for skiing.

The most likely approach seems to be from the Kiwanis' Camp road, which forks to the left from Hwy. 26 (when driving eastward), at the place half way between Rhododendron and Government Camp, where the road widens to make room for chaining up in the winter. It's the place just before the highway starts a steeper climb and hits two large S curves, one of which is the so-called

Map turn (where the map of the United States is visible, carved from the forest on hill). It is before reaching those curves that the paved Kiwanis' Camp road takes off diagonally to the left. It seems to end at the Kiwanis Camp. There is a trail from there that eventually connects with trails around Timberline lodge.

The main question seems to be: How skiable is the lower part of the mountain, where you have to find your way through the trees? Also, do you simply follow the canyon and the Zig Zag river all the way? Or do you need to get onto one of the ridges on either side?

Is anyone interested in an exploratory hike? There are two ways of doing it. With one car, it might be best to park it at the end of the Kiwanis' road and hike up, and then return back down to the same spot.

If we had two cars, it might be less work to leave one car at the end of Kiwanis' Camp Road, take the other car to Timberline Lodge, and then hike downhill from Timberline, looking for ways to reach the Kiwanis' Camp.

The trail from Timberline to Kiwanis' Camp definitely exists, and it passes by Hidden Lake. The big question is how skiable is the terrain around there.

Anyone interested in this adventure, contact Emilio at [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net), or call 1-503-378-0171.

Let's hike it this summer, and ski it next spring, if possible.

### Weather Forecast

For a long-term 15-day forecast, check out the following web site:

<http://>

[www.accuweather.com/  
adcbn/public/  
local\\_index.asp?zipcode=97028](http://www.accuweather.com/adcbn/public/local_index.asp?zipcode=97028)

This will give you the weather for Government Camp.



### Our Web Site Usage



Our web site counters show that people are using this resource more and more each year. We normally count from October 1st to October 1st, but this year, we have already surpassed last year's numbers.

You can easily check this out on your own. Simply scroll to the bottom of the home page, or the Events page, or the Recent Photos page. Here's what you will find:

Web page	Last year	This year
HOME PAGE	3,267	5,104
EVENTS	1,374	1,924
RECENT PHOTOS	1,373	2,131

And keep in mind that this year is not over yet, so the total number of visits will probably grow some more before October 1st.

With such heavy usage, it is obvious that many people find the web site useful. No wonder we won 1st place for the web site at the Far West Convention!

### Candlelighters' Ride-for-a-Child

...because kids can't fight cancer alone!



Candlelighters™

For Children With Cancer

Helping Families in Oregon and SW Washington

"It is better to light one candle than to curse the darkness"

Each year, many Mountain High members participate in the Candlelighters' cycling fundraiser, Ride-for-a-Child, in the week long Cycle Oregon, Sept. 6-13, 2008

Candlelighters is an organization that serves families and children in Oregon and Southwest Washington that are impacted by childhood cancer.

If you'd like to participate, see the [rider information packet](#) about the Candlelighters and the Ride-for-a-Child team on the Mt. High [EVENTS](#) page.

For further info, please contact

Dick Hartung

Candlelighters RFAC committee

[dhartung@lhlhomes.com](mailto:dhartung@lhlhomes.com) or 503-348-3000.



### Join our Forum / Email Group



Check out our Forums /Google Groups on our web site. We have two Google Groups, or two forums (one for all members, and one for mid-week skiers). Feel free to join one or both. To make the most of it, don't just browse, but join the group. It's a whole new way to communicate. No longer do you need to ask Emilio to forward some message to all club members. Now you can send a message to the Group, and everyone will receive it.

For example, ask if anyone wants to go skiing next weekend. Or carpool? Or tell people about that pair of skis you want to sell. Or ask people how best to wax your skis.

And you don't have to keep visiting the Forum to see if anyone has replied. The reply will arrive in your email Inbox. Magic!

But, for this to work, you must first join the Group.

#### HOW TO JOIN THE GROUP:

1. Click on one of the two new "Forum" buttons on our web site.
2. Click on "Join this group" (in the right-most column).
3. Enter your name, email address, and a password. Set your preferences. Done! Start using the group.

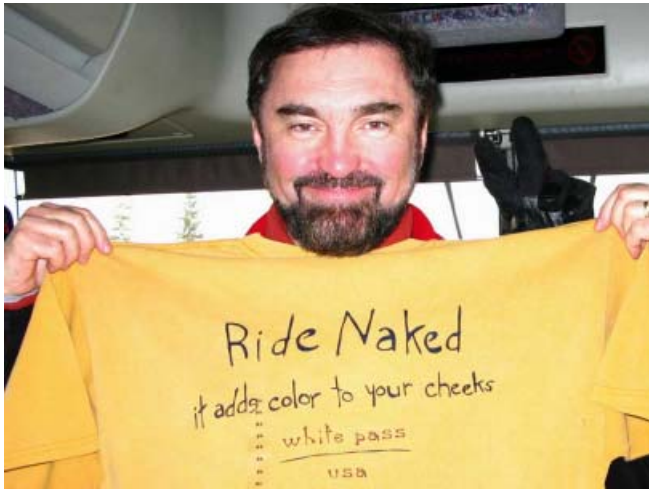
The new forums have many neat features, such as being able to post photos. Also, we can set our own preferences on how to receive emails from the group.

- a) Each email individually, or
- b) As a daily digest, one per day, or
- c) No email at all. Just read the messages on the web site. But, then you will not be notified when new messages arrive.

#### USING THE GROUP

You can send messages in 2 ways:

1. Post messages **online**, in the Forum on the "discussions" page. Click on the "New post" button. Or "reply" to an existing message.
2. Send an **email** to the whole group [MtHigh@googlegroups.com](mailto:MtHigh@googlegroups.com) or [MtHigh-midweek@googlegroups.com](mailto:MtHigh-midweek@googlegroups.com)



"Ride Naked. It adds color to your cheeks."  
T-shirt Jan gave to Emilio during the White Pass Mystery trip.

### NWSCC Cars for our club members

Remember all our members have access to SPECIAL FLEET PRICES on **Subaru, Chevrolet, or Suzuki** vehicles at **Carr Auto Group!** Fleet pricing on used cars too!

Simply call **Kalei Mau** at 503-672-3340 for an appointment. You can also email him at: [kmau@carrauto.com](mailto:kmau@carrauto.com). You can then select the car you want from a large fleet of brand new cars. You will receive the lowest wholesale price right away. No haggling; no hassles.

**Mary Olhausen** just did it. She says: "I am now the proud owner of a 2008 Subaru Forester. I dealt with our friend Kalei at CARR Subaru. What a delight!! No showroom sharks for me. The whole thing took less than 3 hours. My color of choice turned out to be Garnet Red. I got the panoramic sunroof (Kalei says the best thing is to drive around on a really cold day with the sunroof open and the heat turned up). This is truly, the only way to buy a car!!!!

### NWSCC NW Snowsport Advocates

Make your voice heard. Get involved. If we don't stand up for the ski areas, who will?

To find out who needs your help, what you can do about it, and who you can write to, go to:

<http://www.nwskiers.org/nwsa/index.htm>

### Mt. High Club photos on Snapfish

There are dozens of photos on our Recent Photos page. You can see our whole past year there. Later this year, we will move all those photos to a "2008" page, and clear the "Recent Photos" page to make room for new 2009 photos.

But, even more photos are available in our Snapfish Albums. Over 3000 photos taken in the past 3 years are posted on the **Snapfish** web site, where you can order your own prints for only **12 cents** a print. Best place to start browsing is on our own **Photo Albums** web page: [www.mthigh.org/PhotoAlbums.htm](http://www.mthigh.org/PhotoAlbums.htm).

To enter Snapfish, you have to login with an email address and a password. You can register yourself, or - if you wish to remain anonymous, use this:

Email: **photos@mthigh.org**  
Password: **photos**

At some point, we switched from using Emilio's address when posting photos, to using the Mt. High email address. So, to see all the photos, you would need to switch between watching "Our" albums and "Our Friends" albums. They are linked.

### Club logo



You can order any kind of shirt imprinted with our club's logo, or the Ski Oregon logo:

- \* **T-shirt** (\$10),
- \* **Short sleeve polo** (\$16),
- \* **Long-sleeve polo** (\$18),
- \* **80% cotton 1/4 zip sweatshirt** (\$25), soft & suaded, in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.
- \* **R-Tek polyestes 1/4 zip fleece** (\$30).

Most are available in yellow, royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size (printed on front or back).

Order from Emilio 1-503-378-0171, [info@mthigh.org](mailto:info@mthigh.org).

Please print the Garment Order Form at:

[www.mthigh.org/Documents/Order-Form-Ski.pdf](http://www.mthigh.org/Documents/Order-Form-Ski.pdf)



**Newsletter Options**

If you receive the newsletter via email, you now have the option to either:

- A) Recive the complete PDF file**, as an email attachment or
- B) Receive a short email containing a link** to the PDF file on our web site.

The download time is the same, since it is the same PDF file. With **option A**, the wait is up front, when your email is dowloaded to your computer.

With **option B**, you first get a short email, asking you to click on the link. The wait time will happen only if and when you clik on that link.

If you wish to change, let **Emilio** know your preference.

**Mountain High Meeting**

*Usually 1st Tuesday of the month.*

**July 1 (Tue.):** Open to all who want to get more involved with the club. This is an organizational meeting to plan future events.

Gather at 6:30 pm. Start at 7 pm.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., near Capitol Hwy.

**Mountain High snowsport club contacts:**

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-781-4558,
- Acting Secretary:** Diane Zhitlovsky, H: 503-244-3392,
- Former Secretary:** Sue Snelling, H: 503-774-8747,
- Treasurer:** Kurt Krueger, H: 503-625-1492,
- Membership Director:** Elaine Bock, H: 503-245-7009,
- Race Director:** Bruce Ellison, H: 503-697-7892,
- Newsletter Editor:** Emilio Trampuz, H: 1-503-378-0171,
- Activities Director:** Jaxine Harris, H: 503-692-9719,
- Golf:** Cal Eddy, H: 503-631-3115,
- Mid-week skiing:** George Yun H: 503-697-3055,
- NWSCC Rep:** Debbi Kor, H: 503-682-1563,
- Trip Directors:** Linda McGavin, H: 503-652-2840,  
Janice Jessen, H: 503-636-0687,

General information: [info@mthigh.org](mailto:info@mthigh.org)

Web site: [www.mthigh.org](http://www.mthigh.org)

[TWhite223@msn.com](mailto:TWhite223@msn.com)

[Dianezhi@hotmail.com](mailto:Dianezhi@hotmail.com)

[OptomistSue@comcast.net](mailto:OptomistSue@comcast.net)

[telek2@att.net](mailto:telek2@att.net)

[SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com)

[Yuffiet@comcast.net](mailto:Yuffiet@comcast.net)

[info@mthigh.org](mailto:info@mthigh.org)

[JaxineAH@msn.com](mailto:JaxineAH@msn.com)

W: 503-805-8606, [baebaw@ccwebster.net](mailto:baebaw@ccwebster.net)

[boar2m@msn.com](mailto:boar2m@msn.com)

W: 503-988-5138, [ijustwannarun@aol.com](mailto:ijustwannarun@aol.com)

[Trips@mthigh.org](mailto:Trips@mthigh.org)

[jessen@iinet.com](mailto:jessen@iinet.com)

**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:  New membership  Renewal

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

- Email Preferences:**
- Newsletter (once a month):  yes, link only  yes, complete file  no
  - No changes (same as last year) - Club news & events (between newsletters):  yes  no
  - Other ski news (NWSCC, FWSA, ski areas, trips...):  yes  no
  - Is it OK to share your email address with other club members?  Yes  No

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets, except for a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

- Summer Membership** (May. 1 — Sept. 30, 2008): Total: \$10 per person \$ \_\_\_\_\_
- FWSA Convention registration** (June 5-8,2008) Total \$135. \$ \_\_\_\_\_
- Rafting** (Aug. 16-17, 2008) Members: \$85. Non-members: \$100. \$ \_\_\_\_\_
- Annual Membership** (Oct. 1, 2008 - Sept. 2009): Single (\$25); couple (\$40) \$ \_\_\_\_\_
- PACRAT Racing (2008/09)** Total: \$85 Team name: \_\_\_\_\_ \$ \_\_\_\_\_
- Other:** \_\_\_\_\_ \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

**Club membership = 219    Newsletter Distribution**

The June 2008 issue is posted on our web site, and also:  
**266** copies sent via email (as PDF files)  
**23** paper printed copies sent via US Mail.  
 Copies are sent to potential members, other clubs, etc..  
**Please help us minimize the cost of mailing paper copies.**  
**Send your email address to: [info@mthigh.org](mailto:info@mthigh.org).**

**Friends of the Forest 2008 Events****October 4, 2008: Mt. Hood Meadows.**

Skiers and nature lovers will join forces to harvest native seed which will later be used to restore native plants on the slopes.

Help keep our forests clean and healthy. Add new trails, remove litter, plant new trees. Our members Greg and Violet Anderson and their kids have participated in previous events, and will do so again this year.

Included are give-aways and a nice lunch. More info at: [www.friendsoftheforest.org/news/news-68.html](http://www.friendsoftheforest.org/news/news-68.html).

**FWSA Ski Week 2009**

Next winter, **Jan 24 - 31, 2009**, the Far West Ski Week will be at **Big Sky**, Montana. For info, contact: **Barbara Bousum**, 503/224-3584, [BBousum@gmail.com](mailto:BBousum@gmail.com).

Emilio Trampuz  
 Mountain High Newsletter editor  
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 Salem, OR 97302

Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.

**Mt. High Picnic****Aug. 10 (Sunday)**

Our annual picnic and bike ride. The picnic is in Sellwood Park, and the bike ride happens an hour earlier and we go up the Willamette River to the Steel bridge, and then back down to Sellwood along the other side.

9 am -- Bike ride

10 am -- Picnic starts

12 (noon) - 1 pm -- Softball

A variety of specialty gourmet sausages will be provided by the club, but it's mostly a potluck. So, bring something.

