



Lift Lines

== No. 64, April 2006 ==

Mountain High snowsport club, PO Box 2182, Portland, OR 97208



Hi folks! The best skiing of the year is now: Spring corn snow, sunshine, and no crowds! So, let's go skiing. And give thanks to Meadows for extending their season till the end of April! (They had planned on closing April 16, but extended to April 30, after many of us petitioned for it.) - *Emilio*

Mt. High

Spring Fling



April 8 - 9 (Sat., Sun). Come ski with us, to celebrate Spring! Meet at McDonald's in Sandy, Saturday, 7:30 am. Or set your radio to channel 6-19 at Mt. Hood Meadows.

The club will cook you dinner and cover your lodging in a cabin at Government Camp on Saturday night. Lodging is limited to about 16 people, so reserve your spot soon. **Where else can you find a club like this?!**

Bring your own: drinks, and a sleeping bag, and pay for your own lift tickets. The club will provide:

- Lodging at the "Trail Mix" cabin (in Govt. Camp).
- Dinner on Saturday (Herb chicken, pasta, garlic bread, salad, pesto.)
- Breakfast on Sunday.

After Saturday skiing, gather at the cabin any time after 3:30 pm. **RSVP to Marsha Cosgrove** at 503-646-5292, or cell: 503-799-2833. Please reply regardless of whether you are coming just for dinner or to spend the night. Here are photos from a Spring Fling 2 years ago.



We played cards (Eskimo Whist)



We enjoyed good food!



We skied (Human slalom)



We relaxed!

INTHISISSUE

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*Christi and Elaine
in Val d'Isere*

**Note the color code.
Our club is blue.**

2006 CALENDAR

- Blue:** Mountain High events
- Red:** NWSCC / FWSA events
- Black:** General events

- Apr. 1 (Sat)** Mt. High free race clinic!
- Apr. 2 (Sun)** PACRAT race -Meadows
- Apr. 4 (Tue)** Mt. High Board mtg.
- Apr. 6 - 9 Whistler/Blackcomb**
- Apr. 7 (Sun)** PACRAT Rat Attack Party
- Apr. 8 - 9 Spring Fling, Govt. Camp**
- May 2 (Tue)** Mt. High Board mtg.
- May. 6 (Sat)** Race & Ace (Mt. Bachelor)
- May 16 (Tue)** Pizza Party +Elections
- June 3 (Sat)** Golden Rose Ski Classic (Timberline)
- July 14-15 (Fri./Sat)** - Rafting !!!

2007

**Jan.27 - Feb.3 FWSA Ski Week,
Steamboat, Colorado.**

Mt. High French Alps (Val d'Isère) trip Mt. High

March 3 - 12, 2006. We had 7 full days of skiing at the famous "Espace Killy" (the Killy Space) comprising of Val d'Isere and Tignes, the place where Jean Claude Killy honed his skills. Every evening we took the time to explore the town of Val d'Isere and its local cuisine. We tried several Creperies (where they sell crepes), as well as sea-food restaurants, and others. Wine and beer were often less expensive than bottled water or orange juice!

We experienced a mix of sunny days followed by fresh snow dumps, fog, and wind. Some days were warm, others chilly.

The staff at our Hotel Danival were warm, pleasant, and helpful. They served a great breakfast every day, with several kinds of cheese, "jambon" (ham), and complete with "oeufs a la coque" -- boiled eggs.

Cheese was served on almost everything. Not just fondu and raclette, but also a dollop of grated cheese placed on top of pasta dishes, soups, salads, etc. Someone in our group called it "blockage". As in: "Would you like some more blockage on top of your soup?"

The ski terrain was vast. Nobody skied all the available lifts. There were several very interesting lift solutions. We found one of the longest platter lift in the world, going uphill and downhill and making two left turns. There were 8-passenger lifts, with a moving carpet at the loading station. There were two funiculaire trains pulled by cables at a high speed (much faster than any express lift). There was a "roller-coaster" lift that made some people scream as it crested a ridge and started going downhill on the other side. Another lift had two separate lines, and every other chair went in a different direction. One was free and turned back at the mid-station, but every second chair would continue straight on for another mile.

We had several powder days, but also days with low visibility. The avalanche danger was at its highest the day we arrived. In fact, two people were swept away by an avalanche on the road ahead of us. A German tourist told us he had been coming to Val d'Isere for 35 years and never once had to chain up, but this time the police would not let anyone through without chains.



Bill, Diane, Mike, and Elaine



Jennifer, Rich, Christi, Diane, Mike, Elaine



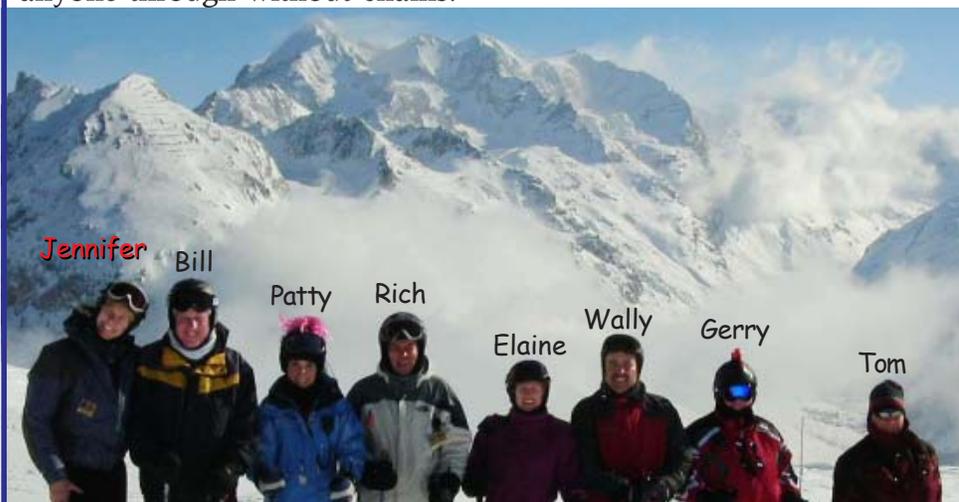
Rich, Patty, Wally, Elaine, Tom



Alan & Cheri



Salah and Kurt



NWSCC Whistler / Blackcomb

April 6 - 9, 2006. Drive up and ski Whistler for 3 days for a mere \$435. Lodging at the Delta Village Suites, a welcome party Friday night, Fresh Tracks privileges and breakfast on Saturday morning, and a group buffet on Saturday night.

Contact Debbi Kor-Lew at (503)682-1563, or email at: ijustwannarun@aol.com.

Make checks payable to **Northwest Ski Club Council**. Details at: <http://www.nwskiers.org/event/Whistler%202006/index.htm>

Canada Ski Safari

If you saw the Warren Miller movie and haven't gone to Canada yet, now is your chance. Those 4 coupons for free lift tickets at Big White, Silver Star, Sun Peaks, and Apex are valid throughout April. Linda and Bruce have just left and are skiing Canada now!

**Race & Ace**

May 6 (Sat.) Mt. Bachelor, Sunriver (Oregon). Ski and golf in the same day! Combine your two favorite sports. Start the day off with a **dual giant slalom** race at Mt. Bachelor, then head down to Sunriver Resort for **18 holes of golf** at Sunriver Resort's Meadows course.

Three competitive divisions include Elite Individual, Two Person Teams and Four Person Teams. Lowest combined score wins each division.



This popular, annual event has now grown and expanded into Idaho (Tamarack Resort) and Washington (Snoqualmie Pass & Newcastle Golf's Coal Creek Course).

Early season pricing (\$229 per person) offered to those who register a month in advance. Info and registration at:

<http://raceandace.com/info.php>

**Golden Rose race at Timberline**

June 3, 2006 (Saturday). Open to anyone who likes to run some gates for a good cause.



The Golden Rose Ski Classic is the longest continually run ski race in the world. Many past and future Olympic champions have participated in this event!

There is a professional race the weekend before, but this event is open to anyone who wants to participate. Cost: \$450 per team of 6. That's \$75 per person.

Teams of 6 skiers compete in dual giant slalom. A series of social events at the Lodge round out a perfect day of skiing and fund raising for the Mt. Hood Ski Education Foundation and the NW Snowsports Foundation for aspiring racers.

For details, or to register your team, contact **Jan Tolman** at: 503-253-1879, or **Bill Gunesch** at 503-272-3503, bgunesch@oregontrail.net.

Team registration forms & updates will soon be available at: www.mthoodacademy.com.

Gary Gunderson organizes several teams every year. If you want to be on one of these teams, call Gary at: 503-258-8051.

History of the Golden Rose Ski Classic

1. The first Golden Rose Ski Race was organized in 1936 by **James Simmons** and coincided with the groundbreaking for Timberline Lodge. The race started just below Crater Rock at the 10,000' level and ran nearly 3 miles. Racers had to carry their skis up, since there were no chairlifts.

2. **Hjalmar Hvam** broke his leg at the finish line the second year and, as a result, invented the first ski safety binding: Hvam's Hvooms.

3. Many famous skiers participated over the years, including **Steve & Phil Mahre**, **Debbie Armstrong**, **Eva Twardokens**, **Tamara McKinney**, and others.

4. In 2001, right after the race, **Chuck Westergren** and **Emilio Trampuz** saw a wolf near Timberline's parking lot. See photos in "Lift Lines 7 (June/July 2001)" on our web site, at the bottom of the [Newsletters](#) page.

Mt. High Man & Woman of the Year

Every year, in early Spring, we honor two of our club members who have contributed to our club in a significant way. During the past couple of months we have been asking for nominations.

The first reminder was in the February issue of the **NWSCC newsletter**, which was forwarded to all our club members on Feb. 5, 2006.

This was followed by a long article explaining the whole process in the February issue of **Lift Lines** (see Lift Lines 62, page 2). Also, see the **Events** page on our web site. Also, we asked for nominations at our last **Pizza Party**, March 21.

We received nominations for the following:



Marsha Cosgrove, best known for organizing the Spring Fling, but has done a lot for the club over the years. Did you know that it was Marsha who first proposed the Mt. High name for our club?



Jack Folliard, PACRAT President. Before Gordy stepped in, Jack also doubled as our club's Racing Director for a while. He also made possible the first slide show about our club, by providing the equipment for it.



Linda McGavin, our favorite trip leader who also edits the NWSCC Newsletter, produces the annual NW Skiers' Directory, helps organize the Ski Fair, works to support local ski areas, and more.



Gordon Lusk, our Racing Director, who has been organizing a lot of fun activities both Summer & Winter, including the free ski training days and the rafting trips on the Deschutes.

Ah, yes, we have some great people in this wonderful club of ours!

At our last Board meeting, April 4, we selected **Gordon (Gordy) Lusk** and **Linda McGavin** for our Man & Woman of the Year. Congratulations to both!

These two are now asked to fill out a questionnaire about themselves, to submit to the NWSCC for the next round of the competition, this time between all the Northwest clubs.

Mt. High Pizza Party & Club Elections

May 16, 2006 (Tue.). 6:30 - 9:30 pm.



Another pizza party! We try to do them quarterly. This one comes early, because it's time for club elections. So, get ready to vote for your favorite people to run the club! **Volunteer, or send in your nominations to any of our club officers.**

This Pizza Party will be at the **Round Table Pizza** again, especially since the turnout at Start Street Pizza last time wasn't so great.

Mt. High Deschutes River Raft Weekend

Maupin OR

Trip Leader: Gordy Lusk

July 14 - 15

Contact: Gordy @ 503-804-8363 or @ gordylusk@hotmail.com for your reservation;

Reservation and payment must be received by July 1st. (or don't show up)

TRIP INCLUDES:

Camping: Thursday, Friday and Saturday night in Maupin City Park...

RV space available for \$20.00 a night. Camp sites 1,2, 7 - 12, near bathroom and office.



Rafting: (Row, Paddle or just ride) Friday and Saturday.

Saturday night BBQ Dinner in the park by "Lous Q". All other food and drinks are your own responsibility.

PRICE:

Camp, raft, dinner = \$85.00 pp, (Non Members \$100.00)

Raft and dinner = \$65.00 pp, (Non Members \$80.00)

RV Spaces at \$20.00 a night extra.

* This is not a professionally guided trip. It is a club function for our members and their friends to have fun. We are all personally responsible for our own actions. Rafting can be dangerous. By registering for this event you and your guests will relinquish any and all claim of responsibility and claims of liability on all parties participating in this event, board members and Mountain High Snowsports Club...

PACRAT Racing



Steve Coxen

Another fun year of recreational racing is almost over. Our club had 8 teams this season, each composed of 10 people of mixed abilities, from beginner to expert. Each racer earns one point for the team just by successfully running the course. Winning a first place in each category earn you up to 10 points. Surpassing your own previous best result brings you another bonus 3 points. Here are the current standings, not including the last race:

Winning a first place in each category earn you up to 10 points. Surpassing your own previous best result brings you another bonus 3 points. Here are the current standings, not including the last race:

Pl	Team Name	Club Name	Pts
1	Psychothermia	Mt. High	207
2	Rattitudes	Mt. High	187
3	Infra-Rats	Mt. High	169
4	Drunken Losers	Free Riders	165
5	Racy Brats	Skiyente	154
6	Rocket Dawgs	Mt. High	153
7	Vertical Chaos	PDX Ski Club	143
8	Ruttin' Rats	Schnee Vogeli	142
9	Tasmanian Ski Devils	Bergfreunde	137
10	Brat Chic	Skiyente	123
11	River Rats	Free Riders	120
12	Drooling Moose Rats	Mt. High	117
13	Mixed Nuts	Mt. High	116
14	Avalanche Express	Mt. High	98
15	Mt. Hoodlums	Mt. High	80
16	The Specialists	Special Olympics	21

Alan, Phil & Doug at Ski Bowl



NWSCC Web Site

The **NW Ski Club Council** web site: www.nwskiers.org

Our club is affiliated with the **NWSCC**, so we are all members. Go to this web site to check out member benefits, trips info, Ski Oregon Challenge, and more. Also, sign up for an email group for regular updates. Three email lists exist, one for general info (NWskiers), one for racers, and one for political action related to ski areas:

NWSCC Monthly Meeting



[Join NWskiers Email Newsletter](#)



[Join PACRAT Email Newsletter](#)

April 19 (Wed) 6:30pm. The **NWSCC** meets every 3rd Wednesday of the month at the **Round Table Pizza**, 10070 SW Barbur Blvd., Portland. 503-245-2211. Same place where our club meets too.

These meetings are open to everyone. There is often a guest speaker, and you get to hear what's happening in other local ski clubs.

NWSCC Subaru cars deal

Remember all our members have access to **SPECIAL FLEET PRICES** on **Subaru, Chevrolet, or Suzuki** vehicles at **Carr Auto Group!** Fleet pricing on used cars too!

Go to the Carr fleet website www.carrautofleet.com, where you will access a drop-down menu to select "NorthWestSki Club Council" pricing.

The login is "skiclub" and the password is "downhill." Select the car you want, and you'll get a price quote, with no obligations. You will deal directly with **Nanda Kishore**. He's been to our Council meetings and knows some of us.

Mt.High Membership Benefits NWSCC

Just show your membership card.

Next Adventure

Receive a 10% discount on top of already low prices.

Copland's Sports

Receive a 15% discount at all Copeland's sports stores.

Mt. Bachelor lift tickets

20% discount off a "2-of-3 days" adult lift ticket pass.

Cascade Lodge lodging (Govt. Camp)

Just \$17 per night. Bunk beds.

For other benefits, check our web site:

www.mthigh.org/Membership.htm

FWSA Far West Convention FWSA

June 9-11, 2006. The Far West Ski Association Convention will be held at the Wild Horse Pass Resort in **Phoenix, AZ**. Ski clubs from **OR, WA, ID, NV, CA, AZ, and NM**, will gather for a great weekend full of educational and fun activities.

There will be golf, tennis, shopping, hiking, and gambling. Also seminars, a silent auction, travel expo, and famous athletes will be present too. The FWSA Man & Woman of the Year judging will take place. Also, awards will be given to the best club newsletter, the best web site, and more. See the FWSA web site for more info: www.fwsa.org.



Linda, Emilio & Debbi with FWSA President, Mike Sanford, accepting the 2005 Club of the Year award for Mt. High.

FWSA Barbados Raffle FWSA

This is not a trip. Just raffle tickets!

**Barbados Beckons!**

Far West Ski Association, in conjunction with Almond Resorts and the Barbados Tourism Authority, offers:

A Trip for Two!

Round trip air, *plus* 4 nights lodging at your choice of the all-inclusive *Almond Beach Village* or *Almond Beach Club and Spa*.

See **Debbi Kor-Lew** for raffle tickets. Debbi will have them at the Pizza Party, March 21. (\$5 each or 6 for \$25) All proceeds to benefit the:

Far West Athletic Scholarship Fund.

A limited number of tickets are being sold, so get yours now. Prize will be awarded at the 74th Annual Far West Convention, on June 11th, 2006. Come join us. Winner need not be present to win.

FWSA FWSA Ski Week FWSA

Jan 27 - Feb 3, 2007.

The biggest ski party in the West is the annual Far West trip, involving dozens (if not hundreds) of ski clubs throughout the West-

ern States (OR, WA, ID, NV, CA, AZ, NM). See the FWSA web site: www.fwsa.org.

62 spots reserved for Northwest skiers.

The phrase "champagne powder snow" was coined at Steamboat. With 20 lifts serving 143 trails, 3,600 vertical feet, and nearly 3,000 skiable acres, Steamboat provides a variety of terrain for every level of skier. Steamboat's six peaks are filled with groomed cruisers, bumps, steep, open meadows and legendary tree skiing.

The price (yet to be finalized) of abt. **\$850** includes:

- * FWSA lodging (double occupancy);
- * FWSA amenity package (all kinds of goodies);
- * Lodging at The Lodge at Steamboat, located just 200 yards from the gondola;
- * Welcome Party, Après Ski Party, Mountain Picnic,
- * 3 Races;
- * Farewell Awards Party; and
- * 5 of 7 day Lift Tickets.

NOTE: Air & ground transportation is not included.

Plan now and reserve your spot by making a \$100 deposit! Your deposit is fully refundable until June 30th.

Payment Schedule:

July 1st – \$250 due,

September 1st - \$350 due and

November 1st – remaining balance due.

Trip cancellation policy: Cancellation from July 1st until September 1st will result in a \$25 cancellation fee, cancellation between September 2nd and November 15th will result in a \$100 cancellation fee. NO REFUNDS after November 15th.

Please make your checks payable to: **Northwest Ski Club Council**, P.O. Box 1915, Portland OR 97207.

Contact **Rod Robinson** 541-344-7170, rdrobinson@aol.com

Our club, NWSCC, FWSA

Our club is just one of the 30 clubs in the Pacific Northwest. Most of these clubs cooperate under the umbrella of the NWSCC - the Northwest Ski Club Council.

There are about a dozen similar Ski Councils throughout the West, all under the umbrella of FWSA - Far West Ski Association.

PACRAT Rat Attack

Apr. 7 (Fri.). The annual PACRAT awards party will be held at the Greek Cuisina, downtown Portland, on the corner of 4th Ave. and Washington. Doors open at 6:30 pm.

Racers, please remember to bring your bib as ID.

Guest are welcome, for a fee of \$25 per person.

Mountain High Meeting

First Tuesday of the month.

May 2 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events. Gather at 6:30pm. Start at 7pm.

Location: Round Table Pizza, 1007 SW Barbur Blvd., Portland, near corner of Capitol Hwy. (behind McDonald's).

Mountain High snowsport club contacts:

General information: info@MtHigh.org

- President: Gary Stevenson, H: 503-257-6368,
Vice-President: Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
Secretary: Sue Bennett, H: 503-774-8747, OptomistSue@comcast.net
Treasurer: Kurt Krueger, H: 503-625-1492, telek2@att.net
Race Director: Gordy Lusk, H: 503-804-8363, GordySki@comcast.net
Newsletter Editor: Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
Activities Director: Jaxine Harris, H: 503-692-9719, JaxineAH@msn.com
NWSCC Rep: Debbi Kor-Lew, H: 503-682-1563, W: 988-5321 x 225, ijustwannarun@aol.com
Trip Directors: Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
Linda McGavin, H: 503-652-2840, W: 503-412-3531, Trips3x@mthigh.org
Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

For all Mt. High trips, make check payable to: "Mountain High Snowsport Club"
Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff:

Details
Deposit? Paid in full?

- Membership Dues (for 2006/2007): Single (\$25) couple (\$40) \$ _____
PACRAT Racing Total: \$85 Team name: _____ \$ _____
Rafting (July. 14-15, 2006) With camping: \$85 No camping: \$65 \$ _____
Rafting + RV Additional (optional) RV fee \$20 per night \$ _____
Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests, etc.):

Current club membership = 198

Newsletter Distribution

The April 2006 issue of "Lift Lines" is posted on our web site, and also being distributed as follows:

218 copies via email (214 as HTML, 4 as plain text, but both with PDF file attached). This includes Potential members.

33 paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, newsletter judges, etc.).

Please help us minimize the cost and labor involved in mailing out paper copies. **Let us know if you have an email address** Call Emilio at 1-503-378-0171 or email: info@mthigh.org.

**Mt. High Letters**

Q Where are the Idaho trip photos? They used to be on the "Recent Photos" page, but now they are replaced with the Alps trip photos.

A Scroll further down the page, and you'll find them. We add newer photos to the top of the page, pushing older photos lower. See www.mthigh.org/PhotosRecent.htm.

But photos from previous seasons get moved to a separate page. On the Photos pages, simply click on the desired year. We now have about 3 years of photos on our web site.

Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302

NOTE: Check the club's web site for updates. See www.mthigh.org.

Club logo or Ski Oregon Challenge logo

You can now order a sueded finish 1/4 zip sweatshirt with the club's logo on it, for only **\$26**. It is made of 80/20 cotton/poly 9 oz. fabric, with an open bottom hem, an inner rib knit collar and cuffs, set-in sleeves and an antique finish metal zipper. Available in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.

Also available:

T-shirt (\$7.50), **Short sleeve polo** (\$13), **long-sleeve polo** (\$16), 100% cotton 1/4 zip **sweatshirt** (\$20), **R-Tek polyester 1/4 zip fleece** (\$25).

Most are available in yellow, royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size.

To order, call Emilio at 1-503-378-0171 or email: info@mthigh.org.

