



Lift Lines



== No. 63, March 2006 ==

Mountain High snowsport club, PO Box 2182, Portland, OR 97208

Hi folks!

Many of us may be feeling a bit tired after a flurry of activities in the last few weeks, such as the Idaho trip, the Val d'Isere trip, the Oregon Cancer Ski Out, the Mt. High sponsored ski clinic, and more. But Winter is not over yet!

How many more Oregon ski areas can you visit before the end of the season, for the Ski Oregon Challenge?

Don't forget the Pizza Party, 2 more PACRAT races, one more free ski clinic, & our Spring Fling.



*Tamarack (Idaho)
Heidi, Bruce, Jan, Gareth, Deirdre.*

Check our web site for updates. See www.mthigh.org/Events.htm.

Emilio

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*Note the color code.
Our club is blue.*

2006 CALENDAR

- Blue: Mountain High events
- Red: NWSCC / FWSA events
- Black: General events

- Mar. 3-12 French Alps (Val d'Isère)
- Mar. 4 (Sat) Ski the Glade Trail Day
- Mar. 5 (Sun) PACRAT race -Meadows
- Mar. 5-6. Oregon Cancer Ski Out
- Mar. 13 (Mon) Mt. High Board mtg.
- Mar. 15-25 Andorra & Spain
- Mar. 18 (Sat) Mt.High Ski Clinic Mdws
- Mar. 19 (Sun) PACRAT race -Ski Bowl
- Mar. 17-19 Mt. Bachelor
- Mar. 17-19 FWRA Championships
- Mar. 21 (Tue) Mt. High Pizza Party!
- Mar 26. (Sun.) A day at Hoodo!
- Apr. 1 (Sat) Mt. High free race clinic!
- Apr. 2 (Sun) PACRAT race -Meadows
- Apr. 4 (Tue) Mt. High Board mtg.
- Apr. 6 - 9 Whistler/Blackcomb
- Apr. 7 (Sun) PACRAT Rat Attack Party
- Apr. 8 - 9 Spring Fling, Govt.Camp
- May. 6 (Sat) Race & Ace (Mt.Bachelor)
- July 14-15 (Fri./Sat) - Rafting !!!

Mt. High

Come ski with us

Mt. High



March 19 (Sun.) - Ski Bowl.

April 2 (Sun.) - Meadows.

Come ski with us. Join us at McDonald's in Sandy (turn left at the 3rd light in Sandy) at **7:00 - 7:15 am**.

We may arrange some carpools on the spot. On

the slopes, tune your 2-way radio to channel **6-19**.

Yes, these two are both race days, but you don't have to be a racer. Just come and ski with us. At least 80 of our club members will be on the mountain!

Mt. High

Pizza Party!

Mt. High



March 21 (Tue.) - 6:30 - 10:00 pm. Join us for one of our famous quartely pizza parties. The club pays for the pizza. Buy your own drink.

Location: Stark Street Pizza, 92nd & SE Stark St., near I-205. See map on page 3.

Mt. High

Ski Improvement Clinic (see page 5)



April 1 (Sat.) - The third free clinic, sponsored by our club. Just show up at Mt. Hood Meadows as soon as the lifts open. Since the Gemini trail is hard to find, we might have it under the **Yellow** chair this time.

MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High

Pizza Party

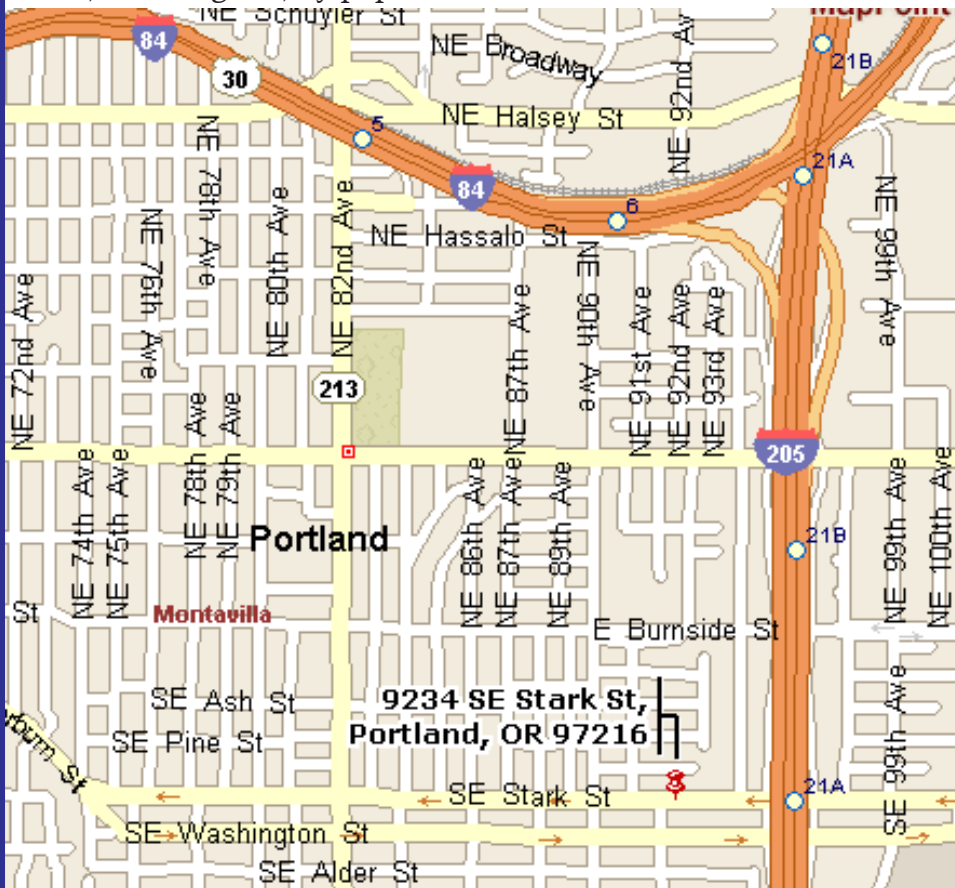
Mt. High

March 21 (Tue.) 6:30 pm - 10 pm. Hey, the pizza is free! And the company is good! So, how much better can life get? Come join us for one of our quarterly parties. The pizza is free, but buy your own drink.

For info and RSVP, contact: **Debbi Kor.** Call: 503-682-1563, or email ijustwannarun@aol.com.

Location: Stark Street Pizza, 9234 SE Stark St, 92nd & SE Stark St., near I-205. Ph.: 503-255-2364

People asked for some social events to be held in the eastern part of town, so here goes, by popular demand!



Directions

From I-84:

Don't even get on I-205. Stay in the right-most lane, and turn right at the first fork as soon as you exit I-84. Immediately head toward Stark street on a street parallel to I-205. It will be a couple of long blocks.

Turn right onto Stark Street.

Stark Street is a one-way street heading west. Follow it for just one block.

Turn left into the long parking lot.

From I-205 (from South):

Take the Stark St. /Washington St. exit.

Go straight past Washington St.

Turn left on to Stark St, which is a one-way street heading west. Follow it for just one block.

Turn left into the long parking lot.



What to expect

We'll be showing some photos from recent club trips, displayed on a large-screen TV in the background.

Also, we might show a short "teaser" video about **Powder Mountain**, Utah, which might be the destination for one of our trips next season.

If there is interest, we might also show some scenes from our **French Alps** trip.

Other than that, it will probably be simply an opportunity to socialize, talk about past experiences, future plans, and enjoy good pizza and some interesting company.

MOUNTAIN HIGH SNOWSPORT CLUB

Spring Fling

April 8 - 9 (Sat., Sun). One last fling on the mountain! The club will cover your lodging in a cabin at Government Camp on Saturday night, so you can ski both Saturday and Sunday. But, space is limited to about 16 people, so reserve your spot soon.

Bring your own: drinks, and a sleeping bag, and pay for your own lift tickets. The club will provide:

- Lodging at the "Trail Mix" cabin.
- Dinner on Saturday;
- Breakfast on Sunday.

We'll ski all day Saturday, and gather at the cabin any time after 3:30 pm. **RSVP to Marsha Cosgrove** at 503-646-5292. Please reply regardless of whether you are coming just for dinner or to spend the night.

Here are some scenes from a Spring Fling 2 years ago.



We played cards (Eskimo Whist)



We enjoyed good food!



We skied (Human slalom)



We relaxed!



Mt. High Letters

Question: Why does the "BACK" button not work on some of the Mt. High web pages?

Answer: When surfing our web site, you can usually return to the previous page by pressing the "Back" button on your browser screen or the "Backspace" key on your keyboard. But not always!

This was designed like this on purpose. It all depends on whether the new page opens in the **same** window or in a **new** window. If the new page opened in a separate window, the BACK button doesn't work, but you can return to the previous page by closing the new window (thus revealing the older window still sitting under it).

The general rule is this:

If the new page contains all the usual navigation buttons on the left side of the page, it will open in the same window, and you'll be able to hit the BACK button.

If the new page takes you outside of our web site, or if you open a PDF file or any other kind of document that doesn't contain the navigation buttons on the left side, then these will always open in a new window, where the BACK button won't work. Closing that window (by clicking on the X in the upper right corner) will bring you back to the page from which your originally came from.



MOUNTAIN HIGH SNOWSPORT CLUB

Mt.High

Idaho bus trip



February 17-20, 2006. We visited 3 ski areas on this trip: Tamarack and Brundage Mt., (near McCall, Idaho), and Anthony Lakes (near Baker City, Oregon). Three gorgeous sunny days. The nights were cold, but the sun warmed us nicely during the day. On the drive up, we stopped for lunch in Pendleton, at King's Chinese Buffet, which offered an excellent variety of good food.



Phil, Deirdre, Emilio & giant snail

McCall was charming, with ice-sculptures all around town. First night, most of us went to the McCall Brewery for dinner, while some ate at an Italian Ristorante. The second night, we dined at Lardo's Grill, after which some folks went dancing in the Yacht Club.



Phil & Kurt at Tamarack

Tamarack had great, long cruisers with wonderful views. Also, some really tough terrain, which had to be entered by jumping off a cornice.

Brundage Mountain would have been great on a powder day, as it has very nicely spaced out trees. We had fun cruising the groomed stuff, and several of us wandered into the trees anyway!



Linda & Bruce at A-Lakes



Bruce had an accident, breaking his ski and ending up with a slight concussion. Fortunately, his body was only bruised, and the CAT scan revealed his neck was OK, although he still needed to wear a neck-brace for a few days. In spite of this, he was in good spirits for the rest of the journey, and even helped fix the wiring on the bus so we could watch

Oregon Cancer Ski Out

by Mary Olhausen

March 5-6, 2006. Thanks to everyone who contributed to the Oregon Cancer Ski Out, on behalf of my race team, the "FWSA Germ Team".

We put this special team together in honor of our very close and special friend, Mike German, from California, who has shared a lot of ski trips with us and is now suffering from pancreatic cancer.

The FWSA Germ Team came in almost last place in the race itself, BUT came in second in terms of team contributions (over \$1500!!). Your support will assist OHSU Cancer Center, Willamette Falls Hospice and the Candelighters.



Linda, Steve, John, Debbi, Randy & Mary.

some of the videos and photos we had taken even though we didn't have the needed adaptor plugs.

Anthony Lakes had the best snow. No wonder, since it has the highest base elevation in Oregon (at 7,000 feet), and the slopes are mostly north-facing.

More photos at www.mthigh.org/PhotosRecent.htm.



Group photo at the top of Brundage Mt.

MOUNTAIN HIGH SNOWSPORT CLUB

NWSCC

Mt. Bachelor



March 17-19, 2006. An informal gathering of Portland area clubs at Mt. Bachelor. Many clubs will participate.

Arrange your own transportation and lodging.

Many will be staying at the **Marriott Fairfield Inn**, 1626 NW Wall St., Bend, OR. Phone 1-541-318-1747. Continental breakfast, big pool & hot tub, all for \$59 per night! Mention the "NWSCC room block".

We can arrange to meet on the slopes, in the day lodge at the bottom of the Pine Marten chair.

There will be an après ski party for all clubs on Saturday, in the **Clearing Rock** bar in the day lodge.

FREE Ski Improvement Clinic!

Apr. 1 (Sat.) - Our Mountain High club is sponsoring yet another free ski improvement clinic for all members - at Mt. Hood Meadows.

You don't have to be a racer. The practice will improve your edge control, your confidence.



FREE TRAINING

Just show up at 9:30 am. The "**Gemini**" trail was difficult to find, so we'll try to set this one on "**Stadium**" under the Yellow Chair.

For info, contact Gordy, 503-804-8363, or gordyski@comcast.net.

These clinics are free to all our club members. Try running some gates just for fun!

NWSCC

Whistler / Blackcomb



April 6 - 9, 2006.

What would you say to a great 3 days of sunshine, great snow, good friends and fun in the beautiful setting of Whistler?

Northwest Ski Club Council is planning a 3 day getaway, April 6th-9th to do just that. For a mere \$435, you can enjoy 3 nights'

lodging at the Delta Village Suites, 3 days skiing, a welcome party on Friday night, Fresh Tracks privileges and breakfast on Saturday morning, and a group buffet on Saturday night.

Contact Debbi Kor-Lew at (503)682-1563, or email at: ijustwannarun@aol.com.

This is a car pool trip, so let me know as soon as possible by sending your deposit of \$150, payable to **Northwest Ski Club Council** by February 1st. Balance will be due March 1st.

Click here for trip details at: <http://www.nwskiers.org/event/Whistler%202006/index.htm>



Race & Ace



May 6 (Sat.) Mt. Bachelor, Sunriver (Oregon).

Ski and golf in the same day! Combine your two favorite sports. Start the day off with a **dual giant slalom** race at Mt. Bachelor, then head down to Sunriver Resort for **18 holes of golf** at Sunriver Resort's Meadows course.

Three competitive divisions include Elite Individual, Two Person Teams and Four Person Teams. Lowest combined score wins each division.



This popular, annual event has now grown and expanded into Idaho (Tamarack Resort) and Washington (Snoqualmie Pass & Newcastle Golf's Coal Creek Course).

Early season pricing (\$229 per person) offered to those who register a month in advance. Info and registration at:

<http://raceandace.com/info.php>



MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High Deschutes River Raft Weekend 

Maupin OR

Trip Leader: Gordy Lusk

July 14 - 15

Contact: Gordy @ 503-804-8363 or @ gordylusk@hotmail.com for your reservation;

Reservation and payment must be received by July 1st. (or don't show up)

TRIP INCLUDES:

Camping: Thursday, Friday and Saturday night in Maupin City Park...

RV space available for \$20.00 a night. Camp sites 1,2, 7-12, near bathroom and office.



Rafting: (Row, Paddle or just ride) Friday and Saturday.

Saturday night BBQ Dinner in the park by "Lous Q". All other food and drinks are your own responsibility.

PRICE:

Camp, raft, dinner = **\$85.00 pp**, (Non Members \$100.00)

Raft and dinner = **\$65.00 pp**, (Non Members \$80.00)

RV Spaces at \$20.00 a night extra.

* This is not a professionally guided trip. It is a club function for our members and their friends to have fun. We are all personally responsible for our own actions. Rafting can be dangerous. By registering for this event you and your guests will relinquish any and all claim of responsibility and claims of liability on all parties participating in this event, board members and Mountain High Snowsports Club...

Meadows Season Extended

Mt. Hood Meadows was planning to close on April 16, despite the enormous amount of fresh snow received recently. Dave Riley says it has more to do with the number (or lack) of skiers than the amount of snow. Still, many people have written petitions, and it worked. Meadows will remain open till the end of April! Now let's go ski Meadows in April!

Read about it in Dave's blog at: www.skihood.com/cs/blogs/daveriley/default.aspx.

FWSA**Barbados Raffle****FWSA**

This is not a trip. Just raffle tickets!

**Barbados Beckons!**

Far West Ski Association, in conjunction with Almond Resorts and the Barbados Tourism Authority, offers:

A Trip for Two!

Round trip air, *plus* 4 nights lodging at your choice of the all-inclusive *Almond Beach Village* or *Almond Beach Club and Spa*.

See **Debbi Kor-Lew** for raffle tickets. Debbi will have them at the Pizza Party, March 21. (\$5 each or 6 for \$25) All proceeds to benefit the:

Far West Athletic Scholarship Fund.

A limited number of tickets are being sold, so get yours now. Prize will be awarded at the 74th Annual Far West Convention, on June 11th, 2006. Come join us. Winner need not be present to win.

FWSA**Far West Convention****FWSA**

June 9-11, 2006. The Far West Ski Association Convention will be held at the Wild Horse Pass Resort in Phoenix, AZ. Ski clubs from OR, WAS, ID, NV, CA, AZ, and NM, will gather for a great weekend full of educational and fun activities. There will be golf, tennis, shopping, hiking, and gambling. Also seminars, a silent auction, travel expo, and famous athletes will be present too. See the FWSA web site for more info: www.fwsa.org.

FWSA**FWSA Ski Week****FWSA**

Jan 27 - Feb 3, 2007. The Far West Ski Week trip next season will be to Steamboat ski resort in Colorado. See the FWSA web site: www.fwsa.org.

62 spots reserved for Northwest skiers. Price of \$850 (without air) includes 3 parties, 3 races, and 5 of 7 days lift tickets. Deposit: \$100, payable to Northwest Ski Club Council, PO Box 1915, Portland OR 97207.

Contact Rod Robinson 541-344-7170, rdrobinson@aol.com

MOUNTAIN HIGH SNOWSPORT CLUB

PACRATs at Mt. Hood Museum



Mar. 19 (Sun.) The PACRAT apres-ski party will be held at the Mt. Hood Museum.

For more info about the museum and cultural center, see:

www.mthoodmuseum.org

Take the opportunity to check out the museum, the old skis, and numerous other artifacts.

PACRAT Rat Attack

Apr. 7 (Fri.). The annual PACRAT awards party will be held at the Greek Cuisina, downtown Portland, on the corner of 4th Ave. and Washington. Doors open at 6:30 pm.

Racers, please remember to bring your bib as ID.

Guest are welcome, for a fee of \$25 per person.

Mountain High Meeting

First Tuesday of the month.

Apr.4 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events. Gather at 6:30pm. Start at 7pm.

Location: Round Table Pizza, 1007 SW Barbur Blvd., Portland, near corner of Capitol Hwy. (behind McDonald's).

Mountain High snowsport club contacts:

General information: info@MtHigh.org

- President: Gary Stevenson, H: 503-257-6368,
Vice-President: Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
Secretary: Sue Bennett, H: 503-774-8747, OptomistSue@comcast.net
Treasurer: Kurt Krueger, H: 503-625-1492, telek2@att.net
Race Director: Gordy Lusk, H: 503-804-8363, GordySki@comcast.net
Newsletter Editor: Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
Activities Director: Jaxine Harris, H: 503-692-9719, JaxineAH@msn.com
NWSCC Rep: Debbi Kor-Lew, H: 503-682-1563, W: 988-5321 x 225, ijustwannarun@aol.com
Trip Directors: Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
Linda McGavin, H: 503-652-2840, W: 503-412-3531, Trips3x@mthigh.org
Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

For all Mt. High trips, make check payable to: "Mountain High Snowsport Club"

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff:

Details
Deposit?Paidinfull?

- Membership Dues (for 2005/2006): Single (\$25) couple (\$40) \$ _____
PACRAT Racing Total: \$85 Team name: _____ \$ _____
Rafting (July. 14-15, 2006) With camping: \$85 No camping: \$65 \$ _____
Rafting + RV Additional (optional) RV fee \$20 per night \$ _____
Other: _____ \$ _____

Comments (For whom you are paying. Roommate requests, etc.):

Current club membership = 198

NEWSLETTER DISTRIBUTION

The March 2006 issue of "Lift Lines" is posted on our web site, and also being distributed as follows:

215 copies via email (211 as HTML, 4 as plain text, but both with PDF file attached). This includes Potential members.

32 paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, newsletter judges, etc.).

Please help us minimize the cost and labor involved in mailing out paper copies. **Let us know if you have an email address**

Call Emilio at 1-503-378-0171 or email: info@mthigh.org.

Mt. High

Chocolate Party

Mt. High

February 25, 2006. (Saturday) What a party! What desserts! What creativity! Thanks to Debbi and Randy for hosting this party!

Kurt decorated a chocolate cake with our "Mountain High" logo (and won the prize for the **most decadent/heavenly** dessert)! How did he manage to get the logo so perfectly onto the cake?



Jaxine created the whole of Yellowstone National Park, complete with moose, trees made of inverted ice-cream cones coated with green paste, and even a representation of the "Old Faithful" geyser, thus winning the prize for the **most creative** dessert.

Barbara won the prize for the most **chocolaty** dessert, with a delicious, mouthwatering cake.

Everybody had fun, sampling the goodies, and enjoying each other's company.

See more photos on our [web site](#).



Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302



NOTE: Check the club's web site for updates. See www.mthigh.org.

