



Lift Lines



== No. 58, October 2005 ==

Mountain High snowsport club, PO Box 2182, Portland, OR 97208

Hi folks!

I saw the future, and the future comes on skis, albeit **twin-tip** skis! See article on trends and freeskiing, on page 2.

It's time to renew your **membership**, if you haven't done it already. Come to the Membership Party, Nov. 3!

Join us for the Warren Miller movie, and dinner, and then let's go ski Canada!

Remember to check our web site regularly, for frequent updates. See www.mthigh.org/Events.htm.

The club that really skis!



Our President and the first lady! Suzanne and Gary, during lunch on top of Big Mountain, Feb. 2005.

Emilio

INTHISISSUE

- * Skis are cool again! (p. 2)
- * Warren Miller dinner + movie (p. 3)
- * Membership Party; Ski Fair (p. 9)
- * Oregon Cancer Ski Out (p. 8)

*Note the color code.
Our club is blue.*

2005 CALENDAR

- Blue:** Mountain High events
- Red:** NWSCC / FWSA events
- Black:** General events

- Oct. 4 (Tue) Mt. High Board mtg.
- Oct. 11 (Tue) Club eve @ Next Adventure
- Oct. 13-14 Hillcrest Equipment Night
- Oct. 16 (Sun.) Hike to Harts Cove
- Oct. 27 (Thur.) Warren Miller dinner + movie (Mt. High club outing)
- Nov. 3 (Thur) Membership Party
- Nov. 4 - 6. Ski Show - Ptld. Expo Ctr.
- Nov. 9 (Wed) Ski Fair - Monarch Hotel
- Nov. 12 (Sat) Pray For Snow night
- Nov. 24-27 Canadian Ski Safari
- Nov. 26. (Sat) Mt. High Wine Tour

Dec. 7-12 Breckenridge & Keystone

2006

- Jan. 12-15 Schweitzer or Utah Ski Safari
- Feb. 4 -11 FWSA Ski Week (Telluride)
- Feb 12-18 Whistler cabin
- Feb. 17-20 Idaho bus trip -Tamarack
- Feb. 22 -26 Family trip to Big White
- Mar. 3-12 French Alps (Val d'Isère)
- Mar. 5-6. Oregon Cancer Ski Out
- Mar. 15-25 Andorra & Spain
- Mar. 17-19 Mt. Bachelor
- Mar. 24-26 FWRA Championships
- Apr. 6 - 9 Whistler/Blackcomb

Mt. High Club Night at the Next Adventure Mt. High



Oct. 11 (Tue.). 7:00 pm. We'll meet at the Next Adventure store, on the corner of SE Stark and Grand Ave.

- * Basic wax and tune ski clinic
- * Free pizza

RSVP
to
Emilio

Everyone attending will be offered a **20%** discount for purchases made that night.

Remember, the store offers 10% off to our members at any time!

Mt. High Hike to Harts Cove Mt. High



On the way to Harts Cove

Oct. 16 (Sunday)

Moderate 5.4 mile hike, 900' elevation gain.

Time: Meet us at:

8:30 am at the Barbur Blvd. Transit Center, or 10 am at the Trailhead.

To get there:

From the junction with Highway 18 (just north of Lincoln City), drive north 4 miles on Highway 101. Just before a crest, turn left on the gravel road, Cascade Head Road (Road 1861). After about 4 miles is the parking lot for Harts Cove.

The well-graded trail switchbacks down through a young hemlock forest. We cross the Chitwood Creek, and enter the headland's fabulously scenic meadow, once part of the Taggard homestead.

For meeting place, time and any other question call **Elisabeth**, 503-524-5774, or email: lise518@msn.com

MOUNTAIN HIGH SNOWSPORT CLUB

Poor Boyz Productions Freeskiing Movies

Teens See Skiing as Cool!!!

The theater room at McMenamin's Kennedy School was full of teenagers and youngsters in their 20s, with a sprinkling of older folks as well. The stars in the two movies shown were mostly in their late teens or early 20s.

And **not a single snowboarder among them!** Everyone in the movie was using twin-tip skis.

Skiing is definitely back! Young people see skiing as cool again! They call themselves "freeskiers", this twin-tip crowd.

They like to ski backward, they like to do it sideways, sliding down railings, and they like to ski impossibly steep slopes.

They even have their own magazines, such as "Freeskier", and "Skeeze", and their own movies, such as "War" and "Pop Yer Bottlez".

What's Free in Freeskiing?

The term "freeskiing" conjures images of roaming the mountain, free as a bird. But, in reality, "freeskiing" as defined by these freeskiing movies, involves mainly three activities:

1. **Skiing the rails** (either specially built in terrain parks, or railings bordering stairways at the base).
2. **Doing aerial tricks** while launching off of man-made ramps or half-pipes.
3. **Sking steep ungroomed slopes**, jumping off of cornices and over big boulders and cliffs.

Ramps and rails are **man-made**, and geographically **limiting** (far from free roaming).

Steep imposing peaks are for those who earn their turns climbing, but more likely accessible mainly by a **man-made** fuel-guzzling chopper. And heli-skiing is far from "free".

Freeskiing Challenges

When you read the magazines, you realize these young freeskiers are, in fact, struggling to define themselves. They are seeking ways to distinguish themselves and their tricks from snowboarders, trying not to copy their aerial twists, but to develop their own "style". They also want their own Olympic events.

Music and visuals.

The movie "War" opens to the sound of Barret Strong's hit song "War - What is it Good For?", thus showing the movie is not really about war.

Just a bit later, a whole sequence of ski tricks, jumps and slides is accompanied by Nancy Sinatra's "These Boots are Made for Walking".

In "Pop Yer Bottlez" there's even a psyhchedelic scene, with flowers popping all over the screen, as a skier has visions of himself skiing, while in reality sitting in the bar next to a girl who slipped something into his drink.

Wow, it's the sixties all over again! The more things change, the more they stay the same.

The mountain scenery is grand, and the skiers amazing. But the scenes of them riding the railings are somewhat repetitive. Thankfully, the music drowns the sound of their skis scraping the bare pavement at the bottom of the stairs, in the parking lot! The music is definitely on the loud end of the scale.



Tanner's painful landing

The September 2005 issue of **Skiing** has photos of Tanner Hill jumping over Chad's Gap in Alta's backcountry. He came down short and slammed his feet into the hill.

"It felt like someone had packed dynamite in my boots and they exploded on landing." The movie "Pop Yer Bottlez" shows the video footage, and you can hear Tanner scream: "My ankles are broken!"



Tanner Hill experiences hard landing

MOUNTAIN HIGH SNOWSPORT CLUB

Mt.High Hike to Harts Cove

Oct. 16 (Sunday)

Moderate 5.4 mile hike to Harts Cove, 900' elevation gain.

Time: Meet us at: 8:30 am at the Barbur Blvd. Transit Center, or 10:00 am at the Trailhead.



To get there:

From the junction with Highway 18 (just north of Lincoln City), drive north 4 miles on Highway 101.

Just before a crest, turn left on the gravel road, Cascade Head Road (Road 1861).

After about 4 miles is the parking lot for Harts Cove.



Chitwood Creek

The well-graded trail switchbacks down through a young hemlock forest. The path contours amid 6-foot-thick Sitka spruce and Hemlock giants. A bench @ the 1.4 mile mark offers a glimpse ahead to Harts Cove's headland.

We cross the Chitwood Creek (bridge is out), and in another 0,6 mile we enter the headland's fabulously scenic meadow, once part of the Taggard homestead.

For meeting place, time and any other question call **Elisabeth**, 503-524-5774, or email: lise518@msn.com

Warren Miller Dinner & Movie

Oct. 27 (Thursday)

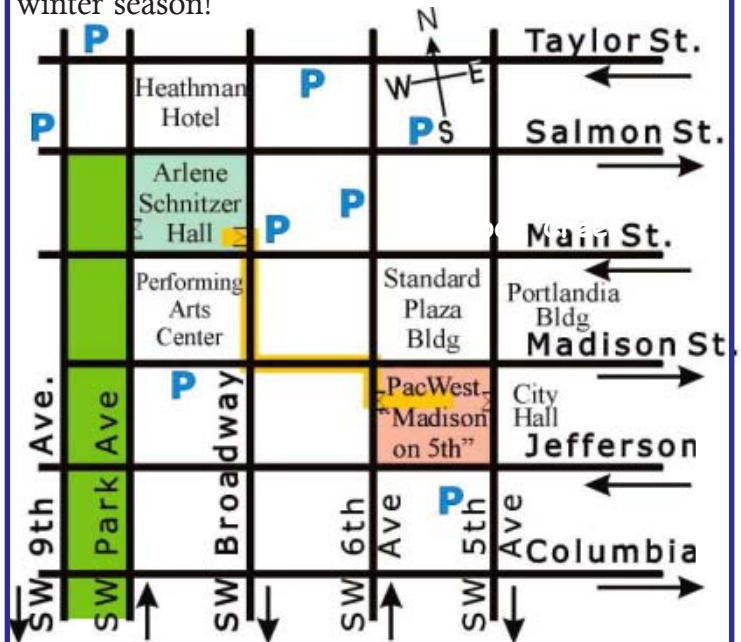
What a turnout! We have 56 members going to see the movie. Of those, about 44 will come to dinner.

5:30 pm - We'll meet for dinner at "Madison on 5th", a restaurant in the lobby of the PacWest building. It's very reasonably priced, with most entres between \$8 and \$12. See the map for parking options.

NOTE: Yes, we said 6:00 pm initially, but some people said they don't havetime to go home and come back, so they'll go to the restaurant right after work.

7:45 pm - Those who will not join us for dinner, please get your tickets from Emilio in front of the Broadway entrance to the Arlene Schnitzer Concert hall.

8:00 pm - the movie begins! And so does a brand new winter season!



Warren Miller Lift Ticket Vouchers

Everyone attending the movie will receive a large card with a 10-character **Internet Key Code**. You have to go to Warren Miller's web site to register this code and print out the lift ticket vouchers, which will be in your name and non-transferrable.

If you are sure you will not use **any** of the free tickets, and would like to **give it** to someone else, don't register it in your name. Just give away the card with the Internet Key on it. You can't share only part of it.

If you wish to **donate it to the club**, send the card to Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302. Anyone needing a card, contact **Emilio**.

Canada Ski Safari

Nov. 23 - 28. Those 56 of us who will see the Warren Miller movie will have 4 free lift tickets to 4 Canadian ski areas. You can use them any time before Dec. 17 or after March 29. Different people will go at different times. Some want to stay 2 nights in one place, others want to do all 4 ski areas in as short as time as possible. 5 days are needed for all 4.

Contact **Emilio** if you want to go. We'll help coordinate both a Thanksgiving & and early Dec. group.

See more details on our web site. Start on our Trips page: www.mthigh.org/Trips.htm. More details at: www.mthigh.org/Articles/CanadaSkiSafari.pdf

MOUNTAIN HIGH SNOWSPORT CLUB

Hillcrest Sports Equipment Night

Oct. 13-14, 2005.

Thursday and Friday.

Third Annual Hillcrest Ski and Sports Equipment Night October 13 & 14, from 7:30 p.m. till closing, at the Gresham store location - 2506 SE Burnside, Gresham.

Factory Reps will be available to answer your questions on Thursday, October 13.

Great discounts on all equipment - skis, snowboards, boots, and apparel!

For more information, call **Greg** at Hillcrest (store phone 503/665-4455) or **Gary Gunderson** (home phone 503/258-8051).



Happy 10th Anniversary Joe!



This Halloween will be Joe Pollock's 10th anniversary with a new kidney! Here's Joe with Dave Peshek and Marsha Cosgrove.

Turning Skills

Safety

Vision of Skiing in the 21st Century

Safety

Building up on the idea of a new vision for skiing in the 21st century, started in the July/August 2005 issue of "Lift Lines", resorts could make the slopes **safer** by providing more opportunities for us to practice **controlled turning**, by simply setting up a variety of **fun obstacles** on the slopes. This would not only make the slopes more **fun**, but would also **slow traffic down**, make the slopes **safer**, and lift lines **shorter**.

Urge ski areas to implement this idea, in any of a number of ways. Here's just one of them:



Plant some trees

Many slopes look like clear-cuts. This is boring and dangerous, because it invites speeding.

A few well-spaced trees can be so much fun to turn around. **Vail** has done something like this on the Cloud 9 trail in the Blue Sky Basin.

This photo is from **Kimberley** ski resort, British Columbia.

For more ideas, and the whole vision, see our web site at: www.mthigh.org/Vision.htm.





2005/2006 Winter Trips

NOTE: Most trips were described in detail in issue 55-56, the July/August double issue. Also, all the trip information is available in 3 places on our web site:

- a) on the *Trips* page,
- b) most trips also have a *flyer*, to be found in a link on the *Trips* page, within the trip article;
- c) on the *Newsletter* page, in the July/Aug. issue of "Lift Lines".

So, here is just a briefly summary and update on the trips.

For more info, go to:

www.mthigh.org/Trips.htm.

FWSA Ski Week: Telluride



February 4 - 11, 2006.

Price: \$1320, includes 7 nights lodging, 5 days lift tickets, Welcome party, Mountain Picnic, Racing, Farewell Party, and more. This is the biggest trip of the year, with participants from California, Nevada, Arizona, Oregon & Washington. Oregon has filled its quota, but ask Debbi if she could still squeeze you in.

Deposit \$700 is due. Final payment due **November 1st, 2005.**

Checks payable to **NWSCC**. Mail to: NWSCC, PO Box 1915, Portland, OR 97207.

Contact: Debbi Kor, 503-682-1563, or ijustwannarun@aol.com.

Mt.High

Warren Miller - Canadian Ski Safari



Nov. 24-27, 2005. Ski 4 areas in 5 days: Sun Peaks, Silver Star, Big White, and Apex, In fact, squeeze in a 5th ski area (Mt.Baker) in the same 5 days!

We will carpool there in early December, or at Thanksgiving, depending on snow conditions. One of our least expensive trips! 4 days for about **\$200 - \$275** (for lodging & gas). The skiing is free. Contact Emilio: 1-503-378-0171, info@mthigh.org.

NWSCC

Breckenridge in December



Dec. 7-12, 2005. Trip is 80% full!

Price: **\$750**, includes airfare, 5 nights, 3 days lift tickets at Breckenridge and Keystone. Additional tickets \$31 per day. Optional racing available.



By now, a full payment of **\$750** is needed, if there are any slots still available. Ask Steve. Check payable to **NWSCC**. Mail to **Steve Coxen**, 19510 Suncrest Ave., West Linn, OR 97068.

Contact **Steve Coxen**, phone 503-679-9022 or email: sacoxen@aol.com.

Mt.High Whistler cabin



Feb. 12-18, 2006. Whistler on the cheap, sleeping in bunk beds in large house, 18-21 people max, 2 miles north of the village.

6 nights & 5 days for only **\$225** (including lodging and 3 meals a day) Lift tickets are additional, but only Canadian **\$57**. Carpool or drive on your own. No shoes allowed in the house; only slippers.

Contact **Bill Leeper**, 503-639-2603. Bill has personally invited us all to join him in this informal trip.



French Alps ! - "Killy Space"!



March 3-12.

Price: **\$2,125** includes air, lodging, and 6-

day lift pass, plus a free pass to one more ski area. 7 days of skiing. Our very own, Mt. High trip to Europe!

Val d'Isère and **Tignes** offer 25,000 acres, 100 ski lifts, 187 miles of downhill trails. Price includes almost everything (air, ground, lodging, and 6 day lift tickets).

Deposit **\$1,250** due now. Make check payable to "**Salah Khan**" & mail it to: **Salah Khan**, 4311 SE 29th, Portland, OR 97202.

Contact **Salah Khan**, 503-231-6431, or email salah@techforpeople.net.

Airline tickets have been purchased. This trip is now full. There may be a waiting list. Ask Salah.

MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High

Idaho Adventure bus trip



Tamarack

Feb. 17- 20, 2006. A 4-day trip, with 3 days of skiing. Monday, Feb. 20, is a holiday: Presidents' Day. We'll stay 2 nights in McCall, ID, and ski at:

1. **Tamarack**, the newest resort in the U.S. (Will double its terrain by 2006.)
2. **Brundage Mt.**, well established, sunnier than Sun Valley!
3. **Anthony Lakes**, a convenient stop on the way home.

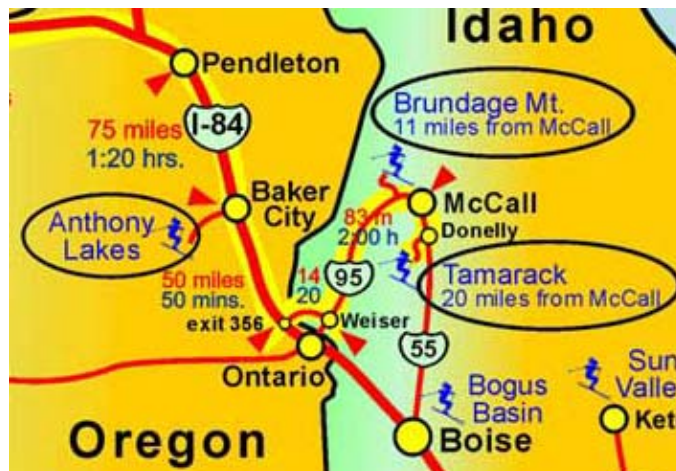
All three have a variety of terrain, from **easy cruisers** to **great tree skiing!**

On the way back, we'll stay a night in Baker City, and ski Anthony Lakes, but on the way there, we'll need a whole day of travel. It's a 4 day trip (Fri.- Mon.).

The annual bus trip is traditionally one of our most popular club trips, with lots of fun on the bus, including games, jokes, videos, food, ... and on the way back, Linda might treat us all to her famous "enriched" ice-cream!

Price: Approx. **\$250** for lodging and transportation, plus a total of **\$109** for lift tickets if you ski all 3 days. This is based on about 30 people. The price will go down by about \$3 for each additional 2 people above 30! Contact: Linda McGavin LindaM@mcewengisvold.com or Emilio Trampuz Emilio2000@earthlink.net.

Limited by the size of the bus to abt. 52 people. A **\$100** deposit due now, made out to "Mountain High". Use the "Dough Transmittal Form", on the last page of each newsletter, or on our web site under "Forms" -- www.mthigh.org/Forms.htm.

Skiyente Family Trip to Big White 

Feb. 22 - 26. Ideal for anyone with kids. Price includes: 4 nights ski-in/ski-out lodging, 3 days lift tickets, round-trip bus, welcome party Thurs., Feb. 23, Pizza party Saturday, a Fun race, goodie bag.



Adults: **\$496** pp (double occupancy, 6-8 people per condo). Kids 13-18: **\$239**. Kids 6-12: **\$179**. Kids 2-6: **\$119**. Under 2, sitting on parent's lap: Free!

Big White, has a pedestrian village, with a child-care center in the middle. Organized by the **Skiyente** ski club, and open to all clubs.

A non-refundable deposit of **\$150** per family or **\$50** per person, due now. 2nd payment will be due in October. Balance in December.

Make checks payable to **Skiyente Ski Club**, and mail to: Skiyente Ski Club (Attn.: Kids & Canada), PO Box 56342, Portland, OR 97238.

Contact **Sheri Parshall**, 503-245-3782 or cougskier@aol.com.

Andorra & Spain  

March 15-25, 2006. Russ and Walt Stanton are inviting us to join them on a trip to Spain, March 15-25. Round trip air, 5 nights in Andorra and 4 nights in

Barcelona, continental breakfast in Spain, and all meals in Andorra, all included for only \$1,399. (Lift tickets are not included.)

Optional post trip to Valencia, March 25-28: \$399.

This includes transportation to Valencia, guides, and hotel and breakfast. This is a very good deal.

Air from Los Angeles (LAX) to Barcelona on Lufthansa.

Click here for a trip flyer on our web site:

<http://www.mthigh.org/Trips/Andorra-trip-2006-w.jpg>

For more info, contact **Russ Stanton** at: 503-760-8457, or email russski2day@yahoo.com. Russ can send you a whole packet of info about the trip.

MOUNTAIN HIGH SNOWSPORT CLUB

NWSCC

Mt. Bachelor



March 17-19, 2006. This is an informal gathering of Portland area clubs at Mt. Bachelor. All clubs are encouraged to participate. Everyone arranges their own transportation and lodging. We can arrange to meet on the slopes, and there is an après-ski gathering, usually on Saturday, at Longboard Louie's in Bend. Our club usually tries to coordinate and bring our members together, both on the slopes and maybe for a gathering Friday evening.

Far West Championships (Kirkwood, CA)



March 24-26. Two days of racing, organized by the Far West Racing Association. This year at **Kirkwood**, CA. This is a chance to experience a true slalom and a true GS. Everyone (including non-racers) is welcome to come ski at Kirkwood. But, if you wish to race, you must pre-qualify. All PACRAT racers qualify automatically, since their handicap is known. In addition to PACRAT races, there are a few other qualifying opportunities. For more info, ask Dale, dale.parshall@usbank.com or Jack Folliard, JFolliard@comcast.net.

NWSCC

Whistler / Blackcomb



April 6 - 9, 2006. The S'no Joke ski club in Seattle is inviting us all to join them on their trip to Whistler. **Price: \$342** if you drive. Add \$155 for bus from Portland. Lodging at the Delta Village Suites, 1 dinner, daily continental breakfast, and 1 First Tracks breakfast with early skiing privileges is included.

Most likely, people from Portland will be carpooling, or driving on their own. Our local contact is: Debbi Kor, 503-682-1563, or ijustwannarun@aol.com.

See trip details at:

<http://www.nwskiers.org/event/Whistler%202006/index.htm>

Other Potential Trips



Contact [Emilio](#) if you are interested in any of these:

1. **Schweitzer Ski Safari.** A long weekend would be perfect for a visit to Schweitzer, Silver Mt., and White Pass. See the [Ski Safaris](#) article on our web site for ideas. Contact [Emilio](#), 1-503-378-0171 for possible carpooling.

2. **The Canyons Resort**, Utah, is offering all FWSA members (That's all of us), a **30%** discount on any lift ticket purchase. You can even bring 3 guests. Each membership card entitles you to purchase up to 4 tickets per day. Not valid during holidays (Dec. 23 - Jan 06, Jan. 14-16, Feb. 18-25). **Must show your 2005-06 membership card.**

[Emilio](#) is contemplating an exploratory trip to Utah this winter, visiting at least the Canyons and Powder Mountain, planning of a possible club trip there the following season.

Mt. High DVDs

The following videos and/or slide shows are available on DVD.

1. **"Our Club in a Nutshell"** - slide presentation, a great overview and introduction to our club. Requires MS Office (PowerPoint).
2. **Mt. High 2005 trips video**, including: **Crystal Mt.** bus trip and the **Big Mountain** train trip.
3. **PACRAT racing** video and slides from the 2004/05 season.

To order: send \$5 per DVD to Emilio Trampuz, 4742 Liberty Rd. S., Salem OR 97302.

Club logo on fleece, polos, T-shirts



You can now order a sueded finish **1/4 zip sweatshirt** with the club's logo on it, for only **\$26**. It is made of 80/20 cotton/poly 9 oz. fabric, with an open bottom

hem, an inner rib knit collar and cuffs, set-in sleeves and an antique finish metal zipper. Available in Red, Yellow, Mediterranean Blue, Navy, or Athletic Heather (light gray). Sizes: S - 3XL.

Also available:

T-shirt (\$7.50), **Short sleeve polo** (\$13), **long-sleeve polo** (\$16), regular **sweatshirt** (\$20).

Most of these are available in royal blue, red, navy, and black. Ask about other colors. Choice of pocket-sized logo, or full-chest size.

To order, call Emilio at 1-503-378-0171 or email: info@mthigh.org.

MOUNTAIN HIGH SNOWSPORT CLUB

NWSCC meeting / Big White Presentation

Oct. 19 (Wednesday). "Family Night"

The NWSCC meets every 3rd Wednesday of the month. The meetings are open to all our members.

This month will be an especially interesting meeting. In preparation for the Big White Family trip in

February, the Big White folks will give us a presentation about the ski area with a ski-in/ski-out village.

Social hour begins around 6:00 pm.

Meeting officially starts at 7:00 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd., Portland Oregon. It's just behind the McDonald's near the corner of Barbur and Capitol.

NWSCC

Pray For Snow Night

Nov. 12 (Saturday).

Time to get into the winter spirit (or spirits!).



The "PRAY FOR SNOW DANCE" (TM) is set for Saturday night November 12th at **Charlie's** in Government Camp. This is a private Party sponsored by Schnee Vogeli Ski Club. There is a limited number of tickets sold at \$10.00 each.

- * A great band from 8:30 pm to into the morning.
- * Door prizes and fun, fun, fun.
- * Telling your "Pray for Snow" stories to all your Mountain friends.

I have tickets available until we sell out. Call 503-804-8363, or E-mail gordyski@comcast.net for your tickets. Hope to hear from all you soon . - Gordy

Mt.High

Wine Tour



Nov. 26 (Saturday).

Our annual wine-tasting tour will be done in style this time. We have partnered up with the **Cabernet Ski Club**, and will share the cost of renting a comfortable bus (from NA Charters).

So, you can have all the fun you want, and rest assured that you will have a sober, competent driver at your disposal! Details to follow next month. Also, check the "Events" page on our web site for updates.



Oregon Cancer Ski-Out

March 5 - 6, 2006. (Sunday + Monday).

8:30 am - 10:00 am - Team check-in, the "Finish Line" bar.

10:30am - 1:30 pm - Racing

6:30 pm - Dinner at the Best Western Hood River Inn



Five-member teams will have 2 races at **Mt. Hood Meadows**. Our club has participated in this event for years. It is fun, and for a good cause, to help the fight cancer and raise funds for hospice care for cancer victims.

In addition to teams of racers, **volunteers are also needed** to help with the event. Wearing of costumes is encouraged, to stimulate public curiosity. When people ask you why you are wearing a costume, you can tell them about the Cancer fund raiser.

Included are: lift tickets, breakfast, lunch and dinner, a silent auction, prizes, smiles, as well as dancing, gambling and drinking, for those who choose.

Lets put together as many **teams** as we can. It is a race, but not based on speed. You could snow-plow and win, because it is based on trying to match the team's handicap from day 1 to day 2. Speed doesn't matter; only consistency does. Post a message in our Forum if you need buddies for a 5-person team.

Registration by December 16, 2005 is \$850 per team. Split between 5 people, it's \$170 per person.

Registration after December 16 is \$1000 per team (\$200 per person).

For more info, and to register, go to: www.cancerskiout.org/index.htm. Or ask **Russ Stanton** 503-760-8457.

MOUNTAIN HIGH SNOWSPORT CLUB

Annual Membership Party

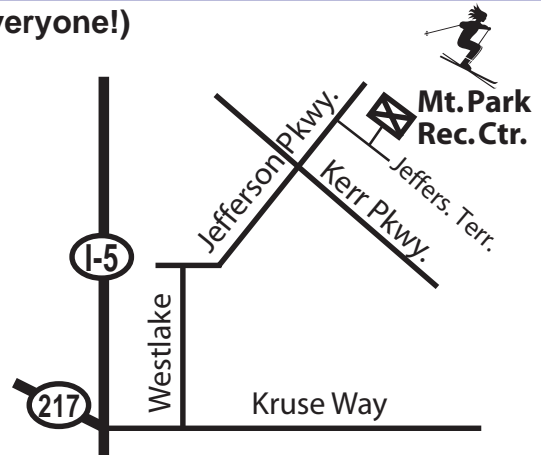
(Join, renew, meet everyone!)

DATE: Thursday, Nov. 3, 2005.
TIME: 6:30 - 9:30 PM
WHERE: Mt. Park Recreation center
 #2 Jefferson Terrace
 Lake Oswego

WHAT : Renew your membership, sign up for trips, join a PACRAT racing team, and learn what's new. Meet other members. Find out what makes them tick (or what makes them ski).

Bring a friend , mingle, celebrate the new ski season. There will be free food and beverages. Also, door-prizes!

Contact: Debbi Kor, ijustwannarun@aol.com



DIRECTIONS: From I-5 and Hwy 217, go east on Kruse Way. Turn left on Westlake Dr., turn right onto Jefferson Pkwy, turn right onto Jefferson Terrace. Rec # 503-635 -3561.

PRESENTED BY

NORTHWEST SKI CLUB COUNCIL




FREE ANNUAL 2005 Ski Fair

ONE NIGHT ONLY!
 Wednesday,
 November 9

MONARCH Hotel
 Clackamas, Oregon
 I-205 & Sunnyside Rd. (Exit 14)

6:00 pm - DOORS OPEN
 Admission is FREE and OPEN TO THE PUBLIC
 No Host Beverages
 DOWNHILL, CROSS-COUNTRY, SNOWBOARDING, ...
 ALL KINDS OF SNOWPLAY!

HIGHLIGHTS:

* Silent Auction	* GI Joe's	* Join a Club
* Ski Resorts	* Mt. Bachelor	* New Gear
* Ski Retailers	* Mt. Hood Meadows	* Ski Trips
* Ski Clubs	* Ski Bowl	* Get discounted season passes
* Sports Clubs	* Timberline	* Helmet Sale (benefitting Oregon Safe Kids)

* Admission is free.

NWSCC SKI FAIR

NWSCC SKI FAIR




NWSCC
 NORTHWEST SKI CLUB COUNCIL
 Contact: Mary Olhausen
 Phone: 360-892-1814 Email: omary52@comcast.net

Designed and printed by Starbright Creations 503-378-0171

Membership Renewal

There are several ways to renew your club membership:

1. At our **Membership Party**, Thursday, Nov. 3.
2. At our booth at the **Ski Fair**, Wednesday, Nov. 9.
3. If you can't come to either of the above, print the **Membership signup form** (page 11) or from our web site www.mthigh.org, Go to the Forms page, print the form, and then mail it with your check to our club's PO Box, 2182, Portland, OR 97208.

Please make checks payable to "**Mountain High snowsport club**".

FREE Ski Fair FREE

Nov. 9 (Wed.) Monarch Hotel. Check out what's new at ski areas, buy an inexpensive helmet, visit our club and other clubs' booths.

This is also the last chance to buy a **10-times pass** at Meadows for a reduced group price of **\$295**. You don't need a group of 10 people. You are already part of a large group - the NWSCC!

MOUNTAIN HIGH SNOWSPORT CLUB

Ski News via Email

Every club members receives "Lift Lines" via email once a month. But, lots of stuff happens in between the newsletters. So, we notify you via email. It could be as many as 2-4 emails per week. This includes the NWSCC newsletter, club news, and other ski-related news. On your Membership renewal form, you now have the option to opt in or out of these emails.

2006 PACRAT Race Dates

Race dates and ski areas are both just tentative for now.

- Jan. 8 Timberline
- Jan. 29 Meadows
- Mar. 5 Ski Bowl
- Mar. 19 Meadows
- Mar. 26 (make-up race)
- Apr. 2 Meadows
- Apr. 7 Rat Attack party



Mountain High Meeting

First Tuesday of the month.

Nov. 1 (Tue.): Open to all who want to get more involved with the club. This is an organizational meeting to plan future events. Gather at 6:30pm. Start at 7pm.

Location: **Round Table Pizza**, 1007 SW Barbur Blvd., Portland, near corner of Capitol Hwy. (behind McDonald's).

Mountain High snowsport club contacts:

General information: info@MtHigh.org

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
- Secretary:** Sue Bennett, H: 503-774-8747, OptomistSue@aol.com
- Treasurer:** Kurt Krueger, H: 503-625-1492, W: 503-627-4363, telek2@att.net
- Race Director:** Gordy Lusk, H: 503-804-8363, GordySki@comcast.net
- Newsletter Editor:** Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
- Activities Director:** Jaxine Harris, H: 503-692-9719, JaxineAH@msn.com
- NWSCC Rep:** Debbi Kor, H: 503-682-1563, W: 988-5321 x 225, ijustwannarun@aol.com
- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
Linda McGavin, H: 503-652-2840, W: 503-412-353 Trips3x@mthigh.org
Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

For all Mt. High trips, make check payable to: "Mountain High Snowsport Club"
(For most trips, please mail the form to the trip captain.)

For **Membership/Racing**, mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

For **Idaho trip**, mail to: Linda McGavin, 1100 SW Sixth Ave., Suite 1600, Portland, OR 97204.

For **French Alps trip**, mail to: Salah Khan, 4311 SE 29th, Portland, OR 97202.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff:

Details
Deposit? Paid in full?

- Membership Dues (for 2005/2006):** Single (\$25) couple (\$40) \$ _____
- PACRAT Racing** Total: \$85 Team name: _____ \$ _____
- Idaho bus trip** (Feb. 17-20, 2006) Total: \$250 Deposit: \$100 _____ \$ _____
- Alps trip** - Val d'Isere, Mar. 3-12, 2006: Total: \$2125 Deposit: \$1,250 \$ _____
- Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests, etc.):

Mountain High Snowsport Club 2005/06 Membership Sign-Up / Dough Transmittal Form

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208

Name(s): _____

PLEASE PRINT CLEARLY

Mailing Address: _____

Home Phone: _____ Work Phone: _____

Home E-mail: _____ Plain text only []

Work E-mail: _____ Plain text only []

Preferences:

The best way to reach me: [] home phone [] work phone [] e-mail (home/work)

I prefer to get the Newsletter at: [] home e-mail [] work e-mail [] both e-mail addr.

I want to receive informational emails from the club in between newsletters: [] yes [] no

TOTAL

Membership Dues: [] single (\$25) [] couple (\$40) _____

PACRAT Racing : [] \$85 Team name: _____ _____

Idaho bus trip – Tamarack, Brundage, Feb 17-20, 2006: [] \$250, [] \$100 deposit _____

French Alps – Val d'Isère, March 3-12, 2006: [] \$2125. [] Deposit: \$1,250. _____

Other (specify): [] _____

[] cash [] check # _____ TOTAL AMOUNT RECEIVED: _____

THANKS FOR JOINING AND SUPPORTING THE FUNNEST SKI CLUB IN THE NORTHWEST!

(No, we didn't mean "funniest"!)

THE FINE PRINT:

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when you participate in Club events you do so at your own risk. Sporting activities, indeed, any activity, includes inherent risks, which you should consider. Please evaluate your own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. We encourage you to call any Club officer to offer assistance and suggestions, but they are not liable for the consequences of your decisions and your behavior. The bottom line is, stuff just happens sometimes and we don't want the blame – we don't get paid for this, you know. Besides, we have no assets, unless you want a leftover banner, some balloons, or a couple of empty beer bottles with the Club's name on them.

Signature: _____ Date: _____

Signature: _____ Date: _____

Current club membership = 160

NEWSLETTER DISTRIBUTION

The October 2005 issue of "Lift Lines" is posted on our web site, and also being distributed as follows:

175 copies via email (172 as HTML, 3 as plain text, but both with PDF file attached). This includes Potential members.

31 paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).

Please help us minimize the cost and labor involved in mailing out paper copies. **Let us know if you have an email address**

Call Emilio at 1-503-378-0171 or email: info@mthigh.org.

Affordable Helmets



If you haven't received your helmet yet, you can pick it up at our annual Membership Party, Thursday, November 3, 2005, 6:30 - 9:30 pm, at the Mountain Park Recreation Center, #2 Jefferson Terrace, Lake Oswego.

Remember, "One crash, and it's trash!" Don't reuse old helmets after a crash.

Jodie's a mom! Welcome Liana!

Jodie has left for China on October 4th to pick up her new daughter, Liana Dierickx, in the Guangxi Province. She will be a year old on October 21st.

Jodie:



Liana:



Join the club



You can renew your membership at our Membership Party in November. But, you can also do it at any time. Simply print out the **Membership Signup Form** and mail it in with your check. See page 11.

You can also get the form on our web site, on the **Membership** page or the **Forms** page.

www.mthigh.org/Forms.htm
www.mthigh.org/Membership.htm

Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302

NOTE: Check the club's web site for updates. See www.mthigh.org.

