



Lift Lines

== No. 49, January 2005 ==

Plaza/Edgeset Ski Club, PO Box 2182, Portland, OR 97208



Day Trips to Mt. Hood - 2005

Jan. 9 (Sun.) Join us for a day of skiing at Mt. Hood Meadows. We'll meet at 7:15-7:30 am at McDonald's in Sandy, and carpool or caravan to Meadows. On the slopes, you can contact us on radio **channel 6-19**. Just ask for Mt. High!

Note: The first PACRAT race scheduled for this Sunday has been cancelled, but we'll go to Meadows anyway. There is enough snow!

Sundays. All winter, we'll have informal day-outings. Any time there is a PACRAT race (Sundays), we invite non-racers to join us on the slopes. Meet at McDonalds in Sandy, 7:15 am. **Channel 6-19**.

Mid-week. Get your name on the mid-week skiers' list by emailing: **Harry & Lisa Scribner**, at scribs3@comcast.net. This group uses **Channel 11-7**.



Super Bowl Sunday Party

DATE: Sunday, Feb. 6, 2005. Kick-off time 2:00 pm.

WHAT: Party at Fred's. Watch your favorite team win (or lose) on a huge 9 ft. wide screen, the ultimate in home entertainment.

WHERE: Fred Gilcrease will be our "super" host. He has a lovely home in the country. Address: 15649 S. Holcomb
Oregon City, OR 97034

DETAILS: In between "plays" - or if you're a football widow - dip into the indoor hot tub, play a round of pool, indulge your culinary tastes and have a great time.

WHAT TO BRING: BYOB, a favorite appetizer or pot luck dish, swim suit and towel. Mixers and soft drinks will be provided by the club. Also, bring any ski videos you might want to see on the big screen.

FOOTBALL POOL: Bring a few extra \$\$.
If you're lucky, you might win the jackpot.

TIME: Party "kickoff": 2:00 pm.

CONTACT: Fred Gilcrease 503-655-3494
Sue Bennett 503-774-8747
Jaxine Harris 503-699-3341

RSVP: Thank you.



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- * Deb Armstrong seriously ill (p.2)
- * Ski Fair & New Year's photos
- * Free \$kiing corner!!! (p.5)

Note the color code.

Our club is blue.

2005 CALENDAR

Blue: Plaza/Edgeset events
Red: NWSCC/FWSA events
Black: General events

Jan. 9. PACRAT race 1 at Meadows.
CANCELLED, but we'll ski.

Jan. 14-16. Crystal Mtn. (WA) bus trip.

Jan. 23. PACRAT race 2 at Timberline

Jan 28. (Fri.) Free day at Bachelor!

Jan. 29-Feb. 5. Aspen/Snowmass FWSA

Feb. 2-6. Idaho (Schweitzer) Ski Safari

Feb. 6. (Sun.) Superbowl Party at Fred's

Feb. 8. (Tue.) Board meeting (see p.7)

Feb. 13. PACRAT race 3 at Meadows.

Feb. 16-21. Big Mtn. (MT) train trip

Mar. 6-7. Oregon Cancer Ski Out

Mar. 8. (Tue.) Mt. High quarterly social

Mar. 12. Willamette Pass bus trip (Bergies).

Mar. 12-19. USRSA Ski Week Bormio

Mar. 13. PACRAT race 4 at Ski Bowl.

Mar. 18-20. Mt. Bachelor

Mar. 18-20. Far West Championships
Heavenly Valley, CA.

Apr. 3. PACRAT race 5 at Meadows.

Apr. 10. PACRAT makeup race Meadows.

Before each PACRAT race, call:
PACRAT phone: 503-796-1112

MOUNTAIN HIGH SNOWSPORT CLUB

New ski area: Tamarack, ID

Tamarack is a brand new resort located in the small town of Donnelly, Idaho, about 90 miles north of Boise, along Hwy 55. Situated on the shores of Lake Cascade, Tamarack will eventually become a four-season destination resort, but for its inaugural season will offer 700 acres of skiing on 25 trails, with five lifts up and running.

64 resort-built, ski-in/out mountain Chalets and Cottages, offering 200 rooms, will be available to rent. Variety of lodging options in nearby **McCall** (15 miles north of Donnelly). This is near the **Brundage Mt.** ski area.

The Pioneer Village at the base of the Tamarack Express chairlift offers restaurants, retail shops, and a ski school. Snowcat skiing offered through the resort. Construction has started on the 89,000 square-foot Tamarack Resort Members' Lodge and Spa, slated to open by Christmas of 2005.

XC and snowshoeing at the resort. Snowcat skiing, featuring guides, avalanche orientation, avalanche beacons, and lunch can be scheduled through the resort. Nearby access to 500 miles of snowmobile trails. Tamarack also borders the Frank Church Wilderness Area.

Tamarack will have a 10-acre terrain park featuring a 500-foot halfpipe, jumps, hits and a jib yard. Snowboarding allowed on all trails. The number of lifts is:

High Speed Quads: 2
Quad Chairs: 1
Surface Lifts: 2

Top: 7700 ft

Bottom: 4900 ft

Vertical Drop: 2800 ft

Longest Run: 4.00 mi

Skiable Area: 700 acres

Main Phone: (208) 325-1000

E-mail: info@tamarackidaho.com

<http://www.tamarackidaho.com/html.php>

*Want to ski
Tamarack and
Brundage Mt. between
Jan. 17 - 24? See
ad on page 11.*



Olympic Skier Deb Armstrong seriously ill

From STEVE COXEN, President, NWSCC

I received the following memo which was forwarded to me from Scott Bowker, FWSA VP of Public Affairs. Deb Armstrong is recovering from a serious illness as a result of a tick bite. You may want to help out with an individual donation to her fund. - Steve

Christmas IS the time for giving. And, this year you can do something extraordinary for one of our colleagues: Deb Armstrong

The Story



Instructor at Taos Ski Area and Olympic Gold Medalist GS at Sarajevo, Deb was bitten by a tick in late August/early September and as a result suffered a series of life threatening events, Borellia, sepsis, and acute respiratory distress syndrome. After almost 2 weeks of sedation while on life support, she regained consciousness and has been working her way through a very long recovery.

The good news is that her lung function, which was most affected by the bacteria has been restored to a "normal" level. Deb and her doctors are now confident she will be back to full recovery in a year or so. Fortunately Deb has good health insurance. Most of the medical expenses have been covered. Taos has been very generous in their support of her. But she could use a little extra help to make it through the rest of this process. That's where we come in.

Call to Action

We have established an account with the Ed Foundation to accept voluntary charitable contributions from you that will go directly to Deb Armstrong.

If you will send us a check, or call with your credit card, or drop by a couple of dollars - you will do a tremendous amount to help Deb get back on her feet. \$1/\$5/\$10/\$20 would be so appreciated.

Contributions to:

PSIA/AASI-Rocky Mountain Ed Foundation - Deb fund.
P.O. Box 775143
Steamboat Springs,
CO 80477.

Or call us at the Office: 970-879-8335.

MOUNTAIN HIGH SNOWSPORT CLUB

The newsletter is playing some catchup with our web site here. The Ski Fair photos have been on the web site since November. In fact, 14 Ski Fair photos can be seen there at www.mthigh.org/PhotosRecent.htm.

Many more photos are in our Photo Albums on Snapfish - also accessed through our web site, at www.mthigh.org/PhotoAlbums.htm.

Ski Fair 2004

Tuesday, Nov. 9, 2004. This was a one-day event at the Monarch Hotel, where local clubs and ski areas set up their booths. Lots of our members showed up, and we also got a number of new members and new potential members. Our club won the prize for the **best decorated booth!** Larry brought in a chairlift chair. Kurt brought the snowflakes, and Jaxine built us a mountain, stuffed Bullcrinkle, and even gave him a pair of skis. It was all topped by a very realistic looking frost and snow on the chair next to Bullcrinkle. Most of it was Jaxine's planning and effort/ Thanks, Jaxine! These are only some of the photos. More on our web site. Complete set on the Snapfish web site. To see all the photos, click on "[PhotoAlbums](#)".



Sue & Larry staffing the booth;
Rita perusing the literature.



The winning crew:
Larry, Jaxine, Emilio, Sue, Kurt.



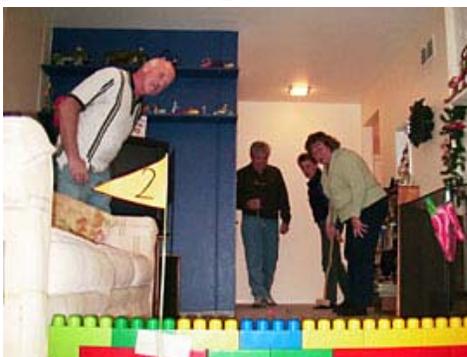
Jaxine's creation,
Bullwinckle, the moose, mountains...

2005 New Year's Day brunch and games

January 1, 2005. Approximately 20 people showed up at Gary and Suzanne's on New Year's day. We had a delicious potluck brunch, enjoyed each other's company, and even played 3 holes of golf. The golf course was expertly prepared by our host Gary Stevenson. The first hole was 168" (yes, inches), par 5 drive down-hill (or, rather, straight down the stairs). The second hole resembled a castle or fortress. The third hole even had a sand-trap! It was great fun! These are only some of the photos. More on our web site. Complete set on the Snapfish web site. To see all the photos, click on "[PhotoAlbums](#)".



Debbi, Jaxine, Suzanne, Patty;



Fred, Walt, Suzanne, Kris at hole #2

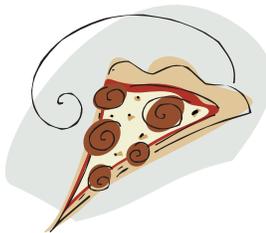


Elisabeth, Bob, Suzanne at hole #3

Quarterly Social: Club Pizza Party

March 8 (Tuesday) 6:30 - 9:00 pm. Continuing our new club tradition of organizing special quarterly meeting/parties, our next Pizza party will be at the Round Table Pizza. We are still working on some of the details but, as before, we'll probably have

- * **Door prizes,**
- * **A guest speaker** presentation.
- * **Free pizza!!!**
- * **Free socializing.** Meet people. Mingle. Enjoy!



Time & place: Tuesday, March 8, at **Round Table Pizza**, located near the corner of Barbur Blvd and Capitol, behind McDonald's. It's just off of I-5.

Mt. High Spring Fling + Club race

April 9 - 10. (Sat./Sun.) Come join your fellow ski lovers for an end of season celebration. Ski both Saturday and Sunday. Overnight stay on Saturday, April 9, in Government Camp. Sleeping bags necessary. Free dinner Saturday night! Skiing on both days will be at personal cost, but lodging and dinner are free. Please join us for all or part of this great weekend.

Overnight stay and dinner must be reserved in advance. There are only 16 beds, so those who reserve early get the beds! Call **Marsha** at 503-646-5292. Leave name and phone number.



Club race on Saturday.

Let's say you are not a PACRAT racer, but you'd like to try running some gates at least once in your lifetime, with no pressure. Here's your chance! Gordy will set up a race course at Meadows just for our club members to enjoy! So, give it a try! All PACRAT racers are welcome too!

PACRAT racers:

Keep in mind that we will have our makeup race on Sunday, April 10, ... so you can use our club race on Saturday as a warm up and practice event!



Special Olympics

Feb. 20, 2005. Cooper Spur. Need an idea for a good New Year's resolution? Here is one possibility. Volunteer!

Special Olympics will have a regional one-day competition at Cooper Spur on Sunday, February 20th 2005. They need your help. You don't have to be a racer yourself to volunteer.

It's a great cause and an opportunity to help out.

This is President's Day weekend - this could be a fun way to spend the day with your friends & family and still have Monday off!

About 65 Alpine/Snowboard Athletes & about 35 XC/Snowshoe Athletes.

We will try to run the GS, Slalom & Downhill events for, but if time/weather becomes an issue, then we will run GS & Downhill.

Volunteers needed for both cross-country, alpine and snowshoe events. Competition Crew... those to help with start line, staging, finish area, results, course officials, gate keepers, timers, etc.

Contact:

Jan Hull

Director of Sports

Special Olympics Oregon

5901 SW Macadam Ave. #100
Portland OR 97239

Phone - 503.248.0600 x13

Toll Free - 800.452.6079 x13

Fax - 503.248.0603

Website - www.soor.org

E-Mail - jhull@soor.org



FREE \$KIING CORNER

1. **Mt. Bachelor** FREE ski day: Jan. 28 (Friday). This is a food drive. Bring 3 cans of food for a free lift ticket.
2. **Mt. Bachelor** also offeres "**Flash for Cash**". Just show your club membership card and get a \$6 discount, any time till April 10. You might have to do this at the group sales window inside the ticket building in the main parking lot. Show them the side of the card that says NWSCC.
3. If you attended the **Ski Fever Show** in November, don't forget to use use the following free lift tickets:

Anthony Lakes: valid any time

Timberline: April 1 - 30, 2005.

4. If you attended the **Warren Miller Show** in October, don't forget to use use the following free lift tickets:

Schweitzer Mt.: 2-for-1 ticket any time after Feb. 1.

Mt. Hood Meadows: April 1 - 30, 2005.

Hey, there's more free lift tickets than you can shake a stick at! What we need now is more winter days! Enjoy!!!



MORE FREE \$KIING !

Fill up at any Shell station and get 1 FREE lift ticket with the purchase of an adult ticket. Essentially, 2 for 1.

Buy at least 10 gallons of gas, and ask for a free ticket voucher. You need to have both the voucher and the gas receipt validated by having them stamped at the gas station.

You can use these at ski areas in Oregon, Washington and Idaho.

Offer ends April 15, 2005.

www.skiwashington.com/shell_2for1.php



Oregon Cancer Ski-Out

March 6 & 7, 2005. The Oregon Cancer Ski Out (17th annual) is a 2-day fund raiser to contribute to hospice care, cancer research, education and awareness, while enjoying your favorite sport.



Five-member teams compete at Mt. Hood Meadows. The winner is **not** the fastest team, but the most **consistent**. Team registration before Dec. 17 is \$850, after that: \$1000. A deposit of \$200 per team is required to hold your team's space.

Our club has participated with several teams for many years! The photo shows the **Easy Gliders** team, with **Walt Stanton**. Is that Lynn kneeling in front of him?

For more info, and to register, go to: www.cancerskiout.org.

Become a corporate sponsor. Call Larry Chadwick at 503-699-6922.

Volunteer! Call the Ski Out office at 971-221-5872 if you would like to lend a hand to the event.

MOUNTAIN HIGH SNOWSPORT CLUB

What's New at Ski Areas

HOODOO. No more walking or poling on the flats of the "Over Easy" connector trail. The trail now has an added pitch. The lower end of the trail was blasted with explosives and lowered by about 8 feet. The earth was then moved up to fill in the shallow valley that used to slow skiers and boarders down to a halt. From now on, you'll slide easily.

Also a time trial track was added, where you can get a timed run for just 50 cents per run, or \$3 for a 6-pack of tickets, or groups can rent the course for \$100 for two hours, including electronic timing boards and printout of the results.

SUN VALLEY: EXCLUSIVE NWSCC PACKAGE, January 8 15, 2005. Any member of any NWSCC Club can individually purchase any number of nights during this week through Ski Pak, a NWSCC commercial member. Rates are only \$94.50 per person, per night (double occupancy) for lodging and lift ticket. Lodging choices are Sun Valley Lodge or Sun Valley Inn. Airfare is also available from either Seattle or Portland for as low as \$190 including transfers. Call Ski Pak at 1 800 446 4688 and mention the *NWSCC Exclusive Sun Valley Package*.

Mt. Ashland has overcome another hurdle, and its proposed development has been approved. Thanks to all those who wrote letters! It may not be quite over yet, as the opposition might still delay things with legal action. Stay tuned! Special thanks to Steve Coxen and the Northwest Snowsports Advocates.



[Join NWskier
advocates
Email Newsletter](#)

Club Member Benefits

Look at the NWSCC website at www.nwskiers.org to see an updated list of member benefits and discounts, and check out the FWSA website at www.fwsa.org under Membership to see the current discounts across the western United States and Canada.

Debbi Kor, FWSA Director of Marketing, advises that **Telluride and Sun Peaks are offering special discounts** this year, and that you will find discounts on ski shops, clothing, and rentals!

Maureen Richards of S'No Joke Ski Club has arranged a **half price ski day** for NWSCC club members at **Stevens Pass, Washington, on February 27, 2005**. Show your NWSCC member card at the ticket window to receive the discounted lift ticket. Still checking on Crystal Mountain.

NWSCC members can also obtain benefits through the National Ski Council Federation. A current list of NSCF benefits can be found at www.skifederation.org in the Members Only section. The user name is **skigroup** and the password is **24councils**.

NW Snowsport Advocates

Make your voice heard. Get involved. If we don't stand up for the ski areas, who will?

To find out who needs your help, what you can do about it, and who you can write to, go to:

<http://www.nwskiers.org/nwsa/index.htm>

Welcome New Members

A warm welcome to our new members:

**David Marshall
Earl Diment
McCoy Smith
Pat Savage
Vladimir Didenko**

Note to other 36
members: It's time to
renew!

Note to other 36
members: It's time to
renew!

This brings our total number of active members to 140, plus a potential for another 36 who were members last year but have not renewed yet.

MOUNTAIN HIGH SNOWSPORT CLUB

Mt. High Crystal Mountain (bus trip) Mt. High

Jan 14-16, 2005. Our annual **Mountain High bus trip.** 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on bus. We share food, tell jokes, play games. We'll return Sunday evening by 8 pm.



Crystal Mountain is right next to Mt. Rainier. It has 3,100' vertical served by 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles. There is 1,300 acres of lift served terrain, plus 1,000 acres of backcountry.

We'll stay at the Best Western Park Central hotel in Enumclaw, 45 minutes from the mountain.

We'll keep the cost down by using a sliding scale. **The more people, the lower the price** (\$5 less for every additional 2 people). Bring all your friends and save money!

Price (with a minimum 30 people), is **\$160** for lodging and transportation. Add **\$42** per lift ticket, per day. If you ski both days, the grand total would be **\$244**. But, it could be as low as **\$219**, if 40 people sign up. We have 27 now.

Send full payment \$244. Contact **Linda McGavin**, at (503)412-3531, or email Trips3x@mthigh.org.

Mt. Bachelor

March 17 -20, 2005. A joint NWSCC sponsored party will be held on Saturday night. Check out the multi-million dollar improvements at the Inn of the 7th Mountain. March 18 ski for \$10 with coupon from any Wells Fargo. Volunteer to coordinate our club's trip with other clubs by contacting Steve Coxen, at sacoxen@ao.com.

Mt. High Big Mountain, MT (by train) Mt. High

February 16-21, 2005. (4 days on snow, 3 nights lodging + 2 nights on train) A fantastic ski trip at a price of only **\$475** per person. Join your Mountain High buddies for a 5-day trip to Big Mountain.

We'll leave Portland, via Amtrak at 4:45 p.m. on Wednesday, Feb. 16th, arriving in Whitefish, Montana at 7:30 a.m. on Thursday, ready for a day of skiing. After skiing, we'll check into our beautiful rooms at Grouse Mountain Lodge.



Big Mountain powder

Our package includes:

- * 3 nights lodging;
- * 4 days lift tickets;
- * Round trip train ticket;
- * Ground transport. (to lodge);
- * Full breakfast daily (2 per room)
- * Shuttles to and from mountain
- * Hotel baggage handling, all taxes & fees.



Package rates is **\$475** p/p (2 to a room) for an Executive Deluxe room. Each room has 1 king or 2 queen beds.

Additional options: **\$112** each way for standard sleeper for 2 on Amtrak or \$250 for a deluxe sleeper for 2.

30 people have signed up. Abt. 19 opted for sleeper car.

Full payment by Feb. 1 to **Debbi Kor**, 7007 SW Iron Horse St., Wilsonville, OR 97070. Indicate your choice of room and if you want a sleeper cabin on the train.

For more information, contact Debbi at 503-682-1563, or click here to email her: ijustwannarun@aol.com.

FWRA**FWRA Championships: Heavenly, Tahoe****FWRA**

March 18 - 20, 2005. 2 or 3 nights/days. All PACRAT racers are pre-qualified to race, but non-racers also welcome, just for fun!

A special package has been arranged at **Horizon Casino Resort** (Last year it was 2 nights for \$111 per person.) Call Horizon Casino Resort to reserve: 1-866-478-8463. Ask for Carol. Mention "Far West".

NWSCC plans to host a room party for any NWSCC club members attending these races. Contact Sheri Parshall at 503-245-3782 or cougskier@aol.com for further details.

Racing fee (slalom & GS) is \$35. Races on Saturday & Sunday. Optional race clinic Friday. Racers pre-register with Dale dale.parshall@usbank.com

MOUNTAIN HIGH SNOWSPORT CLUB

FAR WEST SKI ASSOCIATION

FWSA 2005 SKI WEEK FWSA

January 29 - February 5, 2005

ASPEN/SNOWMASS

\$1380 / \$1,245*

(Lodging at "Aspen Mountain Collection" in Aspen;
or "Woodbridge" in Snowmass - the lower price.)*Only a couple of spots left on this trip!*

Price includes RT Air, 7 nights lodging (dbl occ)
5 days' lift tickets, welcome party, mountain
picnic, fireworks and farewell party.

Contact Debbi Kor @ (503)682-1563 or
email: ijustwannarun@aol.com

Payment of \$600 due September 1
(\$100 cancellation fee after this date)

Final payment \$\$\$ due November 1

*Seniors 65 or older may reduce their price by \$40.

Please make checks payable to **NWSCC**,
PO Box 1915, Portland, OR 97207

Must be a member of FWSA (or affiliated club)

Willamette Pass Ski Bus

The Bergfreunde ski club has opened this trip to members of other clubs. It is an effort to bring more cooperation between our clubs. You are invited:

Trip: #SK0308

When: Saturday, March 12, 2005.

Meet at Barbur Blvd. Transit Center--
Bus leaves at 6:45 a.m. SHARP!

Where: Willamette Pass Ski Area, located on Hwy 58 between Eugene & Bend.

Cost: \$27 for bus only. Bus and discount lift ticket package: \$55.

Contact: Sandra Busch 503-646-4591,
Sandra@pacifier.com, or Jean Yates
503-666-6651;

The Willamette Pass ski bus is back! Hop on aboard and leave the driving to us! Our Raz luxury bus will chauffeur you to the mountain rested and refreshed. Coffee, juice and breakfast goodies will be served. After a full day of fun in the snow, relax and enjoy the ride home.

For downhill, Willamette Pass has five lifts servicing two mountain peaks and 550 skiable acres. They also have the only six-pack high speed chair lift in Oregon! The summit overlooks Diamond Peak and Odell lake.

Cross country skiers will have two choices: Willamette Pass' 20 km of groomed & track set Nordic trails, or Gold Lake Nordic Area's 16-24 km of trails. Gold Lake also has a warming hut that serves hot tea and hot chocolate.

Willamette Pass also has a Tubing Center, complete with tube lift and tube rentals.

USRSA

The Nation's 35th Ski Week in Bormio, Italy

USRSA

March 12 - 19, 2005. 7 nights/6 day lifts / 7 full breakfasts / 7 dinners. This is a United States Recreational Ski Association's trip. Round trip air from Los Angeles to Milan, bus transfers, lodging and meals at 2- and 3-star hotels. Total price between: \$1350 - \$1449, depending on hotel. Also: 3-day pre- and post-trip options to visit Florence, Pisa, Pompeii, Isle of Capri, and Blue Grotto.



Grappa tasting party, welcome party, souvenir gift. Our very own Walt and Russ Stanton are going on this trip! Contact Jan Holman, 17410 Coldspring Dr., Reno, NV 89506. Phone: 775-972-9064.



PACRAT Racing

Jack Folliard has announced that PACRAT has formed a partnership with **Special Olympics Oregon (SOOR)** to assist in training their athletes who will be going to Nagano for the World Games!! PACRAT will host a SOOR team consisting of the athletes and their coaches at no charge in the PACRAT race program this season! Please welcome these world class athletes to our program!

The SOOR athletes will join us during our **January 23** race at Timberline.

NOTE: Our first race of the season (**January 9**) was cancelled and postponed till the makeup date on April 10. There just wasn't enough of a solid snow base that would sustain all 160 racers.

For more info on PACRAT racing, see www.mthigh.org/Racing.htm

2005 PACRAT Race Dates

- 1/9 Meadows-CANCELLED
- 1/23 Timberline
- 2/13 Meadows
- 3/13 Ski Bowl
- 4/3 Meadows
- 4/10 make-up Meadows
- 4/22 Rat Attack party



NWSCC trip to Sunshine Village & Banff, Canada April 17 – 23, 2005

“6 Days & 6 Nights in Majestic Banff National Park!”



ONLY \$810

(USD, Per Person/Double Occupancy)

The Tour Package includes:

- ✓ Roundtrip Coach Airfare between Portland or Seattle and Calgary
Roundtrip Motorcoach Transfers
- ✓ (3) Nights Lodging at the Sunshine Inn in Sunshine Village (ski in/ski out)
Welcome party with one drink & snacks
- ✓ (3) One-Day Lift Tickets for Sunshine Village
- ✓ (3) Nights Lodging at the Banff International Hotel in Banff

**THIS TRIP IS LIMITED TO 30 PARTICIPANTS FROM PORTLAND/SEATTLE!
THIS IS A JOINT TRIP WITH THE LOS ANGELES SKI CLUB COUNCIL.**

Lodging: The **Sunshine Inn** is Banff's only ski-in/ski-out hotel. Nestled in the centre of the Sunshine Village ski area at 7200 feet and accessed via a high speed gondola, the Inn provides a high altitude respite from the crowds of Banff. 3200 acres of skiable terrain greet you outside your room window, and over half of Sunshine Village's lifts are within walking distance of the Inn's front door. With one of the largest outdoor hot tubs in Canada, a European dry sauna, fitness room and massage and chiropractic services, live entertainment, nightly activities, and a large family room with a big screen TV, wood burning fireplace and a pool table, there is always enough happening at nights to keep you busy.

The Banff International Hotel is a deluxe 4-star hotel located in downtown Banff and features a coffee shop, international gift shop, whirlpool, steam room, sauna, ski/snowboard lockers and tune-up room. Dining, shopping and attractions can be reached by simply walking out the front doors. Ski buses stop in front of the hotel.

Once in Banff you will be free to tour, shop, or even ski some more if you desire (optional). Lake Louise is only 20 minutes away, and buses to the ski areas stop by the front door of the hotel on a regular schedule.

Optional Activities: NASTAR style race between NWSCC & the LA Council: \$ 5.00
Pub Crawl/Scavenger Hunt in Banff Thursday night: \$ 10.00

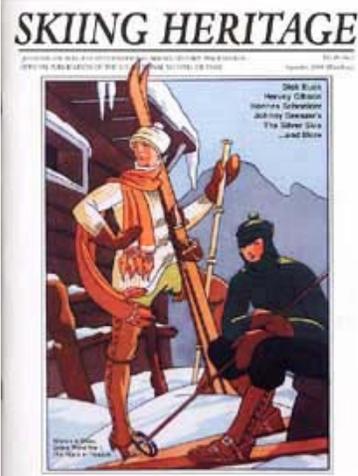
For planning purposes, you will need to sign up for these activities by February 28, 2005.

Deposits: Initial deposit of \$50 is due immediately to hold your spot and is refundable until January 31, 2005. The next deposit of \$250 is due by January 31, 2005. The balance of the trip price, as determined by your lodging and optional activities choices, is due February 28, 2005, and is nonrefundable. **Travel insurance** is available through our tour operator; details and forms will be provided with your confirmation.

For further details or to sign up contact Linda McGavin at 503-412-3531 or Trips3x@mthigh.org. Make checks payable to "NWSCC" and mail to P.O. Box 1915, Portland, OR 97207. Please put "Sunshine Trip" on your check.

Washington Seller of Travel #602-275-142

Skiing Heritage



The **International Skiing History Association**, www.skiinghistory.org, have offered us a 10% discount if at least 10 of our members subscribe to the **Skiing Heritage** magazine, a very interesting, slick 50-page quarterly publication. Regular one-year subscription is \$30. So, that is \$3 off.

Check out the web site, and if interested in subscribing, send a check for **\$27** made out to the **International Skiing History Association**, and mail it to **Emilio Trampuz**, 4742 Liberty

Rd. S., #296, Salem, OR 97302. Some of you have already done this, but we need a few more people.

Car for sale

92 Subaru Legacy Wagon in Excellent Condition!

4 wheel drive, automatic; power windows, mirrors, and door locks; roof rack, mud guards. Teal exterior, tan cloth interior. New transmission and front end, almost new all-season tires, new tags. 176k well-maintained miles. Asking \$3000.

Call Nancy Coyote 503-808-2816 or 503-630-6036.



Remembering 1984

by Violet Anderson

In 1984 I started working for Chevron Research in Richmond, CA. It was my first serious job after leading a life of skiing. I had been living in **Sun Valley, ID** during our winters, and **Mt. Buller**, Australia in their winter. I bartended evenings. I skied almost 200 days in 1983 and did a lot of scuba diving on the great barrier reef and hiking in New Zealand in the off seasons.

At Chevron, I quickly discovered that they had a Corporate ski team. They let me be an alternate for a weekend. I had skied so much that weekenders just couldn't keep up. The first race I beat everyone, including all the men and earned a spot on the team. So I came back to the world of the working with a great appreciation for just taking off and enjoying what I really like to do. Only, now my job allows me to travel to great ski spots!

Editor's note: Where and how did you learn how to ski? Remember your first ski trip? Who did you ski with? Were you already a member of a ski club? How much did you spend on your first pair of skis? How was your technique 20 years ago? Send us your stories, and your photos from way back then, and we'll publish them.

Violet Anderson taking part in downhill race at Sun Valley, 1983

MOUNTAIN HIGH SNOWSPORT CLUB

Brundage Mt. (Idaho)

I booked a **condo** in McCall that has to be used. I am driving over **Jan 17**, returning on **Jan 24**. The condo has a bedroom with queen bed and bath, the loft has a queen bed and bath, and the living room has a queen hide-a-bed, so will sleep 6. If you are available that week, call **Marlene** at 503-317-0155. Brundage has lots of snow.

Skis for Sale !

K2 Merlin IV shaped skis, 193 cm, Marker M41 Twin Cam bindings, very good condition. Described as "Perhaps K2's most versatile ski for all-mountain skiers." Only **\$100 !!!**
Please call 503-531-9215 (evenings) or 971-214-0464 (office).



Plaza/Edgset Meeting

First Tuesday of the month.

Feb. 8 (Tue.): Our Board meeting, open to all. Get involved with the club. Gather at 6:30 pm. Formal part of the meeting starts at 7:00 pm.

New Location: **Round Table Pizza**, near corner of Capitol and Barbur Blvd. (behind McDonald's).

Plaza / Edgset Ski Club Contacts:

General information: info@MtHigh.org

- President:** Gary Stevenson, H: 503-257-6368,
- Vice-President:** Terry White, H: 503-297-1427, W: 503-296-6075, TWhite223@msn.com
- Secretary:** Sue Bennett, H: 503-774-8747, OptomistSue@aol.com
- Treasurer:** Kurt Krueger, H: 503-625-1492, W: 503-627-4363, Kurt.D.Krueger@tek.com
- Race Director:** Gordy Lusk, H: 503-804-8363, GordySki@comcast.net
- Newsletter Editor:** Emilio Trampuz, H/W: 1-503-378-0171, info@mthigh.org
- Activities Director:** Jaxine Harris, H: 503-699-3341, W: 503-657-2411, JaxineAH@msn.com
- NWSCC Rep:** Debbi Kor, H: 503-682-1563, W: 988-5321 x 225, Ijustwannarun@aol.com
- Trip Directors:** Marsha Cosgrove, H: 503-646-5292, W: 503-799-2833, HappyHairdresser@msn.com
Linda McGavin, H: 503-652-2840, W: 503-412-353 Trips3x@mthigh.org
Larry Bennett, H: 503-760-2360, BENNETT896@aol.com

DOUGH TRANSMITTAL FORM

Make check payable to: "Mountain High Snowsport Club"

Mail to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

For **Crystal Mtn**, mail to: Linda McGavin, 1100 S.W. Sixth Avenue, Suite 1600, Portland, OR 97204.

For **Big Mountain**, mail to: Debbi Kor, 7007 SW Iron Horse St., Wilsonville, OR 97070.

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wrk): _____

Email (Hm): _____ Email (Wrk): _____

Please take my money, and apply it toward the following Ski Club fun stuff: _____

- | | | Details |
|--|----------|-------------------------------|
| | | <u>Deposit? Paid in full?</u> |
| <input type="checkbox"/> Membership Dues (for 2004/2005): Single (\$25) couple (\$40) | \$ _____ | _____ |
| <input type="checkbox"/> PACRAT Racing Total: \$85 Team name: _____ | \$ _____ | _____ |
| <input type="checkbox"/> Crystal Mtn. bus trip (Jan 14-16): Total: \$244 (\$160 without lift tix) | \$ _____ | _____ |
| <input type="checkbox"/> Big Mountain (Feb 16-21): Total: \$475 (without sleeper car) | \$ _____ | _____ |
| <input type="checkbox"/> Big Mountain train sleeper (optional) Standard \$112pp. round trip | \$ _____ | _____ |

Comments (For whom you are paying. Roommate requests, etc.): _____

NEWSLETTER DISTRIBUTION

The January 2005 issue of "Lift Lines" is being distributed as follows (after a cleanup of our address list): **155** copies electronically, via email (149 as HTML, 6 as plain text, but both have the PDF file attached) **37** paper printed copies sent via US Mail.

Some of these are sent to non-members (the NWSCC, FWSA, other clubs, etc.).

Please help us minimize the cost and labor involved in mailing out paper copies. **Let me know if you have an email address** Call Emilio at 1-503-378-0171 or email: Emilio2000@Earthlink.net.

Our Club in a Nutshell - on CD

Only \$3 for a CD containing a PowerPoint slide presentation with several hundred photos of our club (including trips, parties, PACRAT racing, and humor). Show it to all your friends. Preserve the club's history. Contact Emilio.



Emilio Trampuz
Mountain High Newsletter editor
4742 Liberty Rd. S., #296
Salem, OR 97302

NOTE: Please let us know if you have an email address! Lots of info is sent via email in between newsletters.

New 15-month Far West Calendar

Great snow-related, Far West Ski Association calendar is now available for purchase, It covers 15 months, from October 2004 to December 2005. Only \$10.



You can get your copy from Debbi Kor. Contact her at: 503-682-1563, or email: ijustwannarun@aol.com.

