



Lift Lines

= No. 296-297, Sept. - Oct. 2025 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



News & What To Do in the Fall

Nobody wants to insure ski areas in Oregon. Existing insurance companies are dropping Oregon. Why? Because there is too much risk here. The Liability Release form that we are often asked to sign, or that is printed on our lift tickets, is not always enforceable enough. See a video about this on page 8.

Also see the video about how **Vail** affects the ski industry.

We are approaching Fall, and there's lots to be done, including:

- **Join us on a bike ride.** We might have only 3 more.
- **Renew your club membership** some time in September or October.
- **Sign up for a ski trip.** See page 7.
- **Get the Indy Pass** while it is still available, or at least get on the waiting list.
- **Buy a Sno-Park permit** at the DMV or at the SKi Patrol booth at Snowvana, or at the ski areas on Mt. Hood.

If you have been a club member for more than a year, consider contributing something to our growing booklet about our club's history. What attracted you to the club? Who roped you in? What were your first impressions? What do you like best about the club?

Two major events are coming up. Please come and participate:

- a) **The annual picnic and 50th anniversary celebration**, Sept. 6.
- b) **The annual Season Kickoff Party** on November 6.

The more you participate, the more you will get out of the club.

Membership Renewal



"The club that really skis"
Single: \$30, Couple: \$50.

It's time to renew. Our membership year runs from October 1st till the end of September of the following year. If you have joined the club this summer, your membership applies to

the whole coming winter, so no need to pay again at this time..

You can renew in three ways. See details on our Membership page: www.mthigh.org/Membership.htm.

- a) **By mail.** Just fill out the **Dough Transmittal Form** (on the [Forms & Docs page](#) on our website). Or use the shorter version of the same form on the last page of this newsletter.
- b) **Online** with a credit card. Start on our "[Signup & Pay](#)" web page.
- c) **Renew in person** at our annual **Kickoff Party** on Thursday, November 6, 2025.

Note the color code.
Our club is blue.

2025 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

SEPTEMBER

- Sept. 6 (Sat)** Bike Ride: Blue Lake - near Troutdale. With Gerald.
- Sept. 11 (Thur)** Bike ride around Timothy Lake and Little Crater Lake
- Sept. 17 (Wed)** NWSCC Meeting about NWSCC Trips, online, via Zoom, 7 pm.
- Sept. 27 (Sat)** Hillcrest Race & Equipment Day, Discounts, reps present, pizza and more.
- Sept. 28 (Sun)** Mt. High Picnic, bike ride, and 50th Anniversary Celebration at Sellwood Park
- Sept. 29 (Mon)** Mt. High Board Meeting at the Round Table Pizza, Lake Oswego.

OCTOBER

- Oct. 1 - Nov. 1** Online Silent Auction . Open to all club members.
- Oct. 18 (Sat)** History Happy Hour Mt. Hood Forest Fire Lookout History. Mt. Hood Museum in Government Camp. 7-8 pm
- Oct. 24 - 26** Snowvana The biggest ski show in town, at the Portland Expo Center. Friday - Sunday.
- Oct. 27 (Mon)** Mt. High Board Meeting at the Round Table Pizza, Lake Oswego.
- Oct. 29 & 30** Warren Miller movie: at the Aladdin Theater, Wednesday at 7 pm. Thursday at 5 and 8 pm.

NOVEMBER

- Nov. 6 (Thur)** Season Kickoff Party at the Lucky Lab, in the Multnomah Village. 6 pm.
- Nov. 15 (Sat)** Bowling Night at 7 - 9 pm.

Blue Lake Bike Ride

September 6, 2025 (Saturday)

Gather at 9:30 am. Bike ride starts at: 10 am.

Meet at: Parking lot on Jordan Rd. in Troutdale, OR. Take exit 18 off of I-84, after Troutdale and crossing the Sandy River. Ignore the first parking area on your left. Keep going under the railroad bridge and then park on the left.

Route: The ride is a total of about 14 (fourteen) miles, all paved and flat. We can stop at the Blue Lake Regional Park for a 'bring your own snack' stop. There is a restroom there too.

Lunch: After the ride let's celebrate Oktoberfest at the Troutdale Station Food Carts, 151 SW 257th Dr, Troutdale, OR 97060

To sign up, RSVP Gerald at ski2di4@comcast.net



Timothy Lake Bike Ride

September 11, 2025 (Thursday)

Meet at 9:30 am. Leave at 10 am.

Meet at Little Crater Lake parking area.

Fatter tires and/or suspension would help on this ride. It's a bit bumpy near the end. There will be gravel, trail, and road.

It's a social ride. We'll regroup frequently. The pace will be determined by those on non-electric bikes.

We'll meet at the Little Crater Lake parking area. There is a \$10 parking fee if you don't have the \$30 Northwest Forest Pass.

Directions available on [Google Maps](https://www.google.com/maps).

Bring a lunch and snacks. We will eat halfway thru the ride using one of the picnic tables along the lake. See more info on our website: www.mthigh.org.

Please RSVP. Email or call. Emilio Trampuz, Emilio2000@earthlink.net 503-510-1477. (voice or text).



NW Ski Club Council Meeting - Online via Zoom

September 17, 2025 (Wednesday)

Join at 6:45 pm for socializing. Meeting starts at 7 pm.

Everyone is invited! Just click on the link below at the appropriate time.

Topic: Trips organized by the NWSCC (Revelstoke, Bachelor Blast)

Join Zoom Meeting

<https://zoom.us/j/99019265279?pwd=b0dqYTlOUFY4M3IKSHk4Z1QxcWhldz09>



Hillcrest Race & Equipment Day

September 27, 2025 (Saturday)
10 am - 4 pm.



The annual Hillcrest Race Day is a sale event to guarantee the best prices of the year, with the ski manufacturer reps showing their wares, and the prices are awesome!!

Reps from various equipment manufacturers will be there to assist. And there will be pizza!

Hillcrest Sports is located in Gresham, on your way to Mt. Hood! The address is:

Hillcrest Ski & Sports
2424 SE Burnside Rd
Gresham, OR 97080

Questions: Contact our club member Gary Gunderson, 503-658-7848 or gunderson@sapiazza.com.

Feel free to call the store. Ask for Dexter.

Contact Hillcrest Ski and Sports at:

Phone: 503-665-4455

Email the store: hillcrest@hillcrestsports.com

Online Silent Auction

October 1 - November 1, 2025.

Organized by the NSCF. The National Ski Council Federation Auction is open to all ski clubs' members of member ski councils and the skiing public.

The 8th Annual NSCF Virtual Silent Auction features Snowboards, Vacation packages, ski poles, gloves, helmets, ski bags, backpacks, goggles, lodging & lift packages, lift tickets, an IKON and an IKON Base Pass, an Indy Pass, an EPIC Pass, APEX Ski Boots, clothing items and many accessories.

To participate in this auction, you need to go to the link <https://www.32auctions.com/NSCF2025>.

Scroll down the home page to the NSCF Virtual Silent Auction section and click on ENTER THE AUCTION. Once you are on the auction site you can view the items in the auction.

To place bids and update your bids you will need to register on the auction site. Click the Login button at the top of the page – it will ask you to log into your account, or create an account.

Social History Happy Hour

October 18 (Saturday) 7 - 8 pm.

Doors open 6:30 pm.

Presentation starts at 7 pm.

At the Mt. Hood Cultural Center & Museum in Govt. Camp.

Topic: The history of the Fire-Lookout at the top of Mt. Hood.

Be entertained and learn something new.

There will be **wine, beer and soft drinks** available for purchase. Enjoy your drink and then sit back and enjoy the presentation. Stories from 100 years of rescue on Mt. Hood.

Admission fee is a donation to the Museum: \$5.

For more information call the Museum at 503-272-3301.

Mt. Hood Cultural Center and Museum

ph: 503-272-3301, info@mt Hoodmuseum.org

www.mthoodmuseum.org



Mt. High

Bowling Night

November 15, 2025 (Saturday)

7 pm - 9 pm



We have reserved 5 lanes, with 5 people per lane. This means participation is limited to 25 people. See [Google Map](#) for the location.

Allen's Crosley Bowl

2400 E. Evergreen Blvd
Vancouver, WA

Some of us plan to head over for some pizza nearby. Please join us.

Please RSVP to: Debbi Kor, at: ijustwannarun1@comcast.net or 503-314-7078



Mt.High

Mountain High Club 50th Anniversary - Club History

Our club is celebrating its **50th anniversary** this year. 1975 - 2025.

What is your favorite memory of any of the club's activities, parties, trips, races, etc.? Do you have a memorable picture? Or a story? Send us something. It would be very helpful.

We are compiling a small booklet of our club's history. The first 15 pages are already posted on our website, on the [HISTORY page](#), under the sub-heading of **Mt. High Club History**. See item #2, which is also titled: [Mt. High Club History](#). Item #1 is an introduction to our club as it is now. Or follow this link: <http://www.mthigh.org/History/Mt-High-Club-History.pdf>

Check it out and add to it. Help us to enlarge this document by adding your pictures and stories. Ideally, send us a picture and a short description or short story to go with it. Or send just a story.

It doesn't have to be very old stuff. What today seems new will soon be history. Just wait another 10 or 20 or 50 years. If a photo is just a printed copy and not digital, try scanning it in, or mail it to us, we'll scan it, and then return it to you.

Contact **Emilio Trampuz**, Emilio2000@earthlink.net, or mail Emilio, 4742 Liberty Rd. S., #296, Salem OR 97302.



Mt.High

The Club Needs You

Yes, you! The club needs you. We are not just saying that. We really need you to contribute something to the club. We need more fresh energy and fresh ideas.

Also, some of us have been contributing to the club for decades, and we could use some help in various ways.

If you are interested in helping the club, it is probably best if you simply **start coming to our monthly Board meetings**. See how our club works, and see how you can best fit in. Then volunteer for something.



Here are a few things where you could help, and we can show you how.

1. Help edit this newsletter. Maybe just one page. A PACRAT racing page. Or a Social activities page.
2. Help maintain our website. Just one page at a time. Or one article at a time. We'll show you how.
3. Help edit, rename, crop and resize photos after various club events.
4. Help maintain and update our Dough Transmittal Form, approximately twice a year.
5. Help maintain our TRIPS pages, both online and in Lift Lines.
6. Welcome new members to the club, sending a welcoming email.
7. Organize an activity for the club, some hiking, pickleball, kayaking, a party, a walk in the park, ... etc.



Mountain High 50th Anniversary Celebration Picnic & Bicycle Ride at Sellwood Park



September 28, 2025 (Sunday). 11:30 am -- 2:30 pm.

TIME: 9:30 am - bike ride (Meet on Grand Ave. near the church);

11:30 am - picnic.

12 pm (noon) - food served.

12:30 pm - 50th Anniversary Celebration

2:30 pm - Event ends.

If you arrive at 1 pm or later, most of the food will be gone!



WHERE: Sellwood park - See [MAP](#)

PICNIC AREA A (as in previous years).

Follow the path that starts from Grand Ave. Go north.

Our picnic area will be diagonally to your left. Not the first one, but the second one.

Park on SE Grand Avenue or any of the 4 streets nearby. Entrance to the park is from Grand Ave. It's a short walk to our picnic area, which will be on your left.

If there is no street parking left, then drive toward the river, cross the railroad tracks, turn right and then left, and you'll find a free public parking lot.

BIKE RIDE

Meet by the little **chapel** on the corner of Grand Ave and Spokane Street at 9:30 am.

We will cross Sellwood bridge and ride north toward downtown Portland along the west bank of the Willamette River all the way to the Steel Bridge. Then, we'll return along the Springwater trail along the east side of the river.

Except for some of the bridges, it's all flat terrain.

We'll work up an appetite and be ready for the picnic.

PICNIC

The picnic is a potluck. We'll have sausages of various kinds (spicy and non-spicy) on the grill. Bring something else to share. Also BYOB.

50th Anniversary Celebration

The Mountain High Snowsport Club, then known as the **Plaza Ski Club**, was formed in 1975.

This year, in 2025, it was recognized by the Far West Ski Association (FWSA) as a **historic, 50-year old club**. The other part of our club, the **EdgeSet Ski Club** was formed even a bit earlier than 1975, but we don't have any surviving records of its formation.

See more about our club's history in a still growing document: [Mt. High Club History](#)



Mt. High

Season Kickoff Party & Club Elections

November 6, 2025. (Thursday) 6:00 - 9:00 pm.

Location: Lucky Labrador Public House, 2nd floor.

7675 SW Capitol Hwy., Portland. See [Google Map](#).

Our biggest party of the year, marking the start of a new ski season. There will be free food.

- Join the club, or renew your membership, or just check us out!
- New membership cards will be issued on the spot.
- Sign up for ski trips.
- Join a 10-person PACRAT racing team. Best way to gain 9 ski buddies.
- Win some door prizes!
- Meet other members. Have a great time!
- Find out more about our club.
- Find out about our mid-week skiers, and meet them.
- Enjoy some tasty food.
- Bring something to sell at our mini ski swap, or see if there's anything there you might want to buy.



AGENDA: We'll have food and drinks, visit with old friends, and meet new members. See what we are cooking up for the upcoming season. Be there or be square! Bring a friend!

DRINKS: Please BYOB (Buy your own drinks).

RSVP to Debbi Kor at: ijustwannarun1@comcast.net or call 503-314-7078.

Snowvana

October 24 - 26, 2025 (Friday - Sunday)

Location: Portland Expo Center,
2060 Marine Dr W, Portland, OR 9721
See Google Map.

Hours: Friday: Noon – 8pm
Saturday: 11am – 7pm
Sunday: 11am – 4pm

A winter celebration with ski and snowboard films, local ski shops holding their annual sale event, live music, fun contests, and also a ski swap.

Explore the manufacturer's village, see some ski movies, and choose between a huge list of ways to engage and enjoy the show.

Tickets: A single day ticket costs \$17 + processing fees. A 3-Day Pass \$27 + processing fees, Kids 12 & under are FREE.

Parking: \$13 per car. Or park elsewhere and use the MAX light rail for the last mile.

Snowvana will also be held in Seattle, at Magnuson Park Hangar 30 on October 17-19, 2025.

Warren Miller Movie

October 29-30, 2025.

(Wednesday - Thursday)

Oct. 29 (Wed.): 7 pm/

Oct. 30 (Thur.): at 5 pm and 8 pm.

The latest Warren Miller Entertainment film is called: **"Sno-ciety"**, and will be shown at the Aladdin Theater in Portland, Oregon.

Tickets cost \$26.84 per person, and can be purchased online at: ETIX.com: <https://www.etix.com/ticket/c/39A0EFAAC9AB0E2F3632AD5DEBBAD281/wme-outside>.

Our Mountain High club has been organizing Warren Miller movie nights for decades. But this year, we don't have any plans to go see the movie as a group.

If that changes, we'll let you know.

Of course, any one of our members could step forward and organize this. If you do it, just let us know the details, such as which day, which show, and where and when to meet, so we can announce it to everyone.

Trips

It is still early and we don't have all the details on all the trips yet. Plus, some more trips may be added. For now, here is the information we have on upcoming trips for this Fall and next Winter.

See more info on the respective websites: Mountain High, NWSCC, and FWSA.



Mountain High Club Trips

1. Feb. 8 - 13, 2026. **McCall (ID): Brundage Mt. & Tamarack** Drive to trip. Lodging at the Best Western Plus in McCall: \$154 + tax = \$177.10 per room. Both ski areas are on the INDY Pass. Contact Linda McGavin, trips@mthigh.org, 503-652-2840. See the TRIPS page on our website for all the details. If the above link doesn't work, please go to our website, www.mthigh.org and click on the TRIPS page.

NOTE: To get the special rate, you have to call the hotel directly at **208-634-2230** and mention what you are with Mountain High. The rate is not available by booking online.



NW Ski Club Council Trips

The NWSCC trips are always open to all ski clubs in the Northwest, but our Mountain High club members usually form the majority of the participants. More info at www.nwskiers.org.

1. Feb. 16 - 22, 2026. **Revelstoke, B.C. ski trip.** 2 nights and 2 - 4 days of skiing. Trip leader: The NW Ski Club Council. Details on the NWSCC's website at: <https://nwskiers.org/>
2. March 16 - 22 2026. **Bachelor Blast.** Lodging at the Element by Westin, 1526 NW Wall St., Bend Organized by our very own Linda McGavin. Contact Linda McGavin at editor@nwskiers.org / <https://nwskiers.org/>.



Far West Ski Association Trips

The FWSA trips are open to hundreds of clubs throughout the western States. These are usually trips to the largest and most well known destination resorts. A few of our club members are regular participants, but for the most part, our club members will be in the minority. However, you will get to meet skiers from all over the West. More info at: www.fwsa.org

1. Sept. 27 - Oct. 4, 2025. FWSA Dive trip - Belize.
2. Jan. 24-31 2026. FWSA Ski Week to Crested Butte, Colorado.
3. Feb. 22-27. FWSA Mini Ski Week at Schweitzer Mtn, Idaho
4. Feb. 26 - March 7, 2026. FWSA International Ski Week in Chamonix, France.
5. March 23 - 28, 2025. - FWSA Mini Ski Week to Big White, BC, Canada.
6. Summer 2026. FWSA Adventure Trip to Greece.
7. Summer 2026. FWSA Adventure trip to the Galapagos Islands.

What's New in the Ski World

How Vail and their Epic Pass are affecting the ski industry.

A very informative video. Thanks to Nancy Pratt for alerting us to this video. See it on YouTube at: <https://youtu.be/0bfD4NiiMfo?si=6gT7j4dlvjrxGhW>

The Mountain Shop in Portland Moves to New Location

The Mountain Shop has already closed its location on 2975 NE Sandy Blvd. from September 1 - 4, 2025, to allow for enough time to move everything to the new location,

The new location will open on Friday, September 5, 2025, at **the corner of NE 33rd and Sandy**. It will have all the great gear we are used to seeing, plus a few more new brands and products. The new location also has an off-street parking lot on **NE 33rd**, which will make rental pickups super easy!

Oregon Ski Industry is on the Verge of Collapse. Can we Save It?

Thanks to Ron Reeichardt for alerting us to this video about the troubles in Oregon. See the video on YouTube at: <https://www.youtube.com/watch?v=mNROeX9q0RU>.

INDY PASS is on sale agin, for a short time

- Remember that both Brundage Mountain and Tamarack are on the INDY Pass, so the pass would be useful to you if you are planning on joining us on the McCall, Idaho ski trip.
 - Also, Mt. Hood Meadows is on the INDY Pass, so if you don't have the Meadows Pass, you can still get 2 free days at Mt. Hood Meadows with the INDY Pass.
 - Or, if you do have a Meadows Pass, you can purchase an INDY PASS as an add-on, for about \$100 less than its normal price, which is **\$449** for all adults (with a few blackout dates) or **\$599** without any blackout dates.
 - The Indy Pass gives you 2 free ski days at over 270 ski areas.
 - It is a very popular pass and it sells out quickly. They limit the number of passes sold in order to avoid crowds at member ski areas.
 - It is now on sale for a few days. If you can't purchase it right now, at least get your name on **the waiting list**, because only those on the waiting list will be given one more chance to buy it later in the Fall.
- To buy it or find more info, go to their website: www.indyskipass.com/.

Grooming at Kicking Horse

At Kicking Horse, intensive brush work and shaping has been ongoing to help improve flow and access. The overall goal of this work is so more runs can be opened earlier in the season, especially on the lower mountain.

Castle Mountain adds new high-speed quad

Castle Mountain (Alberta) is installing their first high-speed quad lift called the Stagecoach Express, which they obtained from Banff Sunshine. This new lift will be installed on Mt. Haig, above the Huckleberry chair, on the resort's existing cat skiing area and will open up 25% more lift-assisted skiable terrain. Find all the details at <https://www.skicastle.ca/newlift/>

Lake Louise Richardson's Ridge terrain expansion

Lake Louise is developing a new region called Richardson's Ridge, located on the backside of the resort and will be accessible from the Pika run. This area will include a new chairlift and new terrain for a variety of ability levels.

Summit Lake Ski Area gets the Ski Town Award for 2025 and \$5,000.

Summit Lake, BC is located south of Revelstoke, and just 11.5 miles south of Nakusp. It is on highway 6, roughly half way between Vernon (Silver Star) and Nelson (Whitewater).

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2025 Volunteer of the Year



Kurt Wilke has been selected as our club's Volunteer of the Year. He has participated in our Board meetings for years. He has been the administrator of our Facebook page and has monitored all new applications for membership in our Facebook group, keeping at bay those who want to join us just to sell us something. Kurt has also led several activities for the club, including a kayaking trip, a pickleball session, as well as leading multiple ski days at Timberline and Meadows.

Mountain High Board Meeting

Usually last Monday of the month.
Sept. 29 (Mon.): and also **Oct. 27.**
Open to all.

Gather at **6:00 pm.** Start at **6:30 pm.**
Round Table Pizza, 16444 Boones Ferry Rd., Lake Grove, Lake Oswego, OR. See [Google map](#).

Mountain High snowsport club contacts:

President: Bill King M: 614-371-4762
Vice-President: Debbi Kor H: 503-314-7078
Secretary: Sandra Kaufman H: 503-810-7787
Treasurer: Nancy Pratt H: 503-593-9427
Past President: Kurt Krueger H: 503-625-1492
Membership Director: Bill King M: 614-371-4762
Racing Director: Alan Bean H: 503-849-8009
Newsletter Editor: Emilio Trampuz H: 503-510-1477
Social Activities: Debbi Kor H: 503-314-7078
Trips Director: Linda McGavin H: 503-652-2840

President@mthigh.org
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Racing@mthigh.org
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ijustwannarun1@comcast.net
Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes (same as last year) - Club news & events (between newsletters): ☐ yes ☐ no
 - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> Mountain High Cookbook: 34 pages of recipes from our members \$10	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

NOTE: Ever since COVID hit us, we are not doing any bus trips and are not collecting any money for trips. Instead, everyone now arranges for their own lodging and transportation to our destination. We are getting a group discount on lodging.

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 161 Newsletter Distribution

The Sept - Oct. 2025 issue is on our web site. Also:

161 copies sent via email (as PDF file)

0 paper printed copies sent via US Mail.

Copies are also sent to potential members, other clubs, the Mount Hood Museum, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas.xls>

Mt. High Credit Card Payments

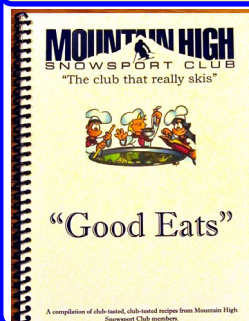
You can pay your membership fee and your trip payments by **credit card**. We are processing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "**Signup & Pay**" at: <http://www.mthigh.org/Signup-Pay.htm>

Videos from Mt. High Archives

Over the years, we have accumulated a lot of interesting videos. Check out some of these:

- * [Idaho's Less Well Known Ski Areas](#)
- * [Baldy Mountain, B.C.](#)
- * [Skiing the last of Utah, Nevada, CA](#)

Mt. High Cookbook

This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members.

The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: ijustwannarun1@comcast.net, or call 503-314-7078.

Stories from Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Alpine Helmet ID+ Kit for Safety](#)
- * [Skiing the New Powder Mtn. Pros/Cons](#)
- * [Age Forces Changes in How You Ski](#)

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Please check our web site,
www.mthigh.org
for updates.