



Lift Lines

= No. 264, December 2022 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Last Call to Renew your Membership



Our membership year runs from October 1st to the end of September of the following year. So, it's past time to renew.

New members who've joined us this Summer are automatically members for the whole of next winter season. No need to pay again.

Also, those who have already paid their membership dues when signing up for our upcoming ski trips are all set (unless you only paid a trip deposit and not the membership fee yet). The rest of us need to renew. And that includes all our PACRAT racers.

You can renew online, by mail or in person. Either way, you need to fill out the [Dough Transmittal Form](#) and sign the Liability Release form (located on page 2 of the DTF form).

BY MAIL: Print the Dough Transmittal Form, fill it out, and mail it to the club along with your check, made out to Mountain High.. Mail it to the address at the top of the form: PO Box 2182, Portland OR 97208.

ONLINE: On our website, click on the [SIGNUP & PAY](#) button in the main menu. Then click on what you want to pay for. Our club dues and PACRAT racing dues can be combined (added to the cart) and paid with a single transaction. Payments for trips have to be handled with a separate transactions, since we can't combine them into the cart for technical reasons.

After paying online with a credit card, please also fill out the [Dough Transmittal form - Word document](#). Type in the information, and then email it to: Forms@mthigh.org.

Note the color code.
Our club is blue.

2022/2023 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

DECEMBER 2022

- Dec. 3 (Sat.) Heritage Night at the Museum**
Annual auction at Mt. Hood
Museum in Government Camp.
- Dec. 7 (Wed) Christmas Ships Social** Drinks or dinner, Christmas Ships Parade.
- Dec. 14 (Wed) NWSCC Meeting** via Zoom.
Everyone is invited.

JANUARY 2023

- Jan. 2 (Mon) Mt. High Board Meeting**
- Jan.25 - Feb.1 Canada Ski Trip.** Whitewater and Red Mt. by bus

FEBRUARY 2023

- Feb.26 - Mar. 1, 2, or 3. McCall (Idaho)**
Brundage Mt & Tamarack trip

MARCH 2023

- Mar. 17 - 19 Shasta and Ashland Ski Trip**
weekend bus trip.

FOR MORE TRIPS, SEE OUR TRIPS PAGE.



Our Forums

Our Forums are coming alive again for this coming season. Use them to connect with other club members for some fun on the slopes. Simply post when you would like to go skiing. Or reply to others.

It is advisable to set your email preferences in the Forum (a Google Group) to receive all email notifications. That way, you can participate in the conversations.

Let's Ski Together

There is a group of advanced mid-week skiers who ski at Mt. Hood Meadows on Thursdays, or whenever there is fresh snow. Other groups might form too.

There is another group of skiers who ski at Timberline and/or Skibowl, usually on Saturdays.

Connect with them by using our Forums as well as our club's Facebook page.

Heritage Night at the Museum



Dec. 3 (Saturday) 6-10 pm.

Don't miss the Fun & Fundraising at the Mt. Hood Cultural Center & Museum in Government Camp.

This event was originally scheduled for November, but it had to be postponed because of a power outage in Government Camp that day.

The annual Heritage Night at the Museum includes a silent auction fundraiser for the Mt. Hood Cultural Center and Museum. Wine and hors d'oeuvres. The event is free to members of the Museum, or memberships will be sold at the door starting at \$20 for an individual membership, \$40 for family, etc. This fun evening includes food, beverages, a silent auction, a live auction, and awards.

An online auction will also be available from Monday, Oct. 31 thru Monday, Nov. 7. There is no charge to register and view items. To participate and bid, login to the museum website: <https://mthoodmuseum.org> and click on the Events tab.

Mt. Hood Cultural Center and Museum
ph: 503-272-3301, info@mthoodmuseum.org
www.mthoodmuseum.org

Christmas Ship Parade Social

Dec. 7 (Wednesday).

Time: 6:30 pm (Ships come around 7:45.)

Location: "Who Song & Larry's"

111 East Columbia River Way, Vancouver, WA.
See [Google Map](#).

Let's socialize over a drink and/or dinner, while we wait for the Christmas Ships to sail by on the Columbia River, starting around 7:45 pm.



Directions: After crossing the I-5 bridge over the Columbia River, do NOT take Exit 1A to highway 14. Instead, take the next exit, 1B to Vancouver City Center and

the waterfront. The exit lane will take you around a full circle.

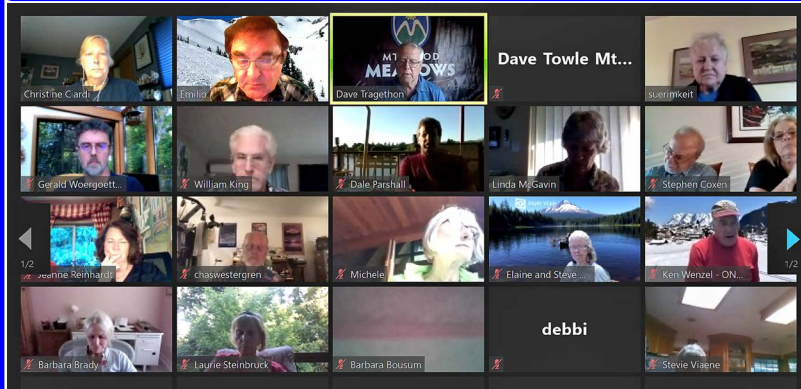
Then get into the LEFT lane and turn left onto 6th Street.

Turn LEFT again onto Columbia Street.

When Columbia Street bends to the left, drive just a few hundred feet until you see a sign on the right for Who Song & Larry's.

Multi-club event

NWSCC Meeting (Online via Zoom)



Dec. 14, 2022. (Wednesday) - 7 pm.

This meeting was originally supposed to happen at The Mountain Shop in conjunction with the PACRAT bib pickup night, but it has now been changed to a Zoom meeting.

UPDATE: Due to technical issues, this meeting will NOT happen in person. Instead, it will be an online Zoom meeting, starting at 7:00 pm sharp. But please join the meeting around 6:45 pm for a bit of socializing.

A multi-club meeting. Members of all clubs are welcome.

Join Zoom Meeting

<https://us02web.zoom.us/j/83276275381?pwd=cjNkV1p6ZG84VXZrbIV3KzZ3TmtVUT09>

Meeting ID: 832 7627 5381

Passcode: 038021

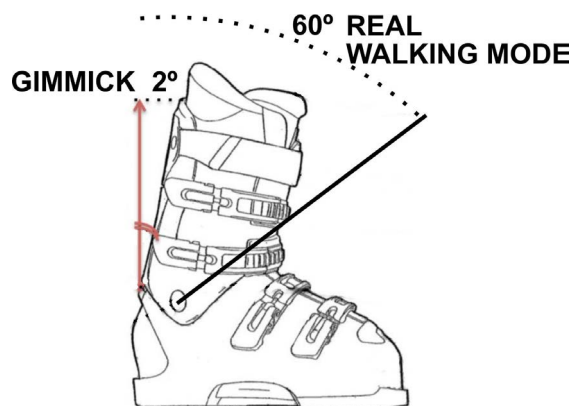
Ski Boots - Walking Mode

Wouldn't it be great to have a ski boot that can be switched to a comfortable walking mode with a simple switch? Such boots exist, but how would you find them?

A walking mode is a boot's capability to allow you to walk more easily when you are inside the lodge or walking from the parking lot to the nearest lift.

When boots are in their "ski mode" they will all give you the required stiffness and support.

If you ask for a "walking mode", you will get a gimmick that allows only 2 or 3 degrees of extra freedom but only in a rear direction. You will not get any extra freedom of movement in a forward direction. Zero.



I discovered this quite by chance, some 10 years ago. I was shopping for a new pair of boots and I tried a lot of them, but they all pinched me in the calf. Finally, I found a pair that didn't pinch me. They were made by Black Diamond, and the model was named "Method". They were the most comfortable boots I have ever worn, and on top of that, in their walking mode they allowed an enormous amount of freedom to bend in a forward direction. Probably around 60°.

Several years later, when those boots got too worn, I wanted to buy another pair just like that. But Black Diamond quit producing them. And nobody could tell me the name of the technology that allowed for so much freedom of movement in walking mode. I didn't know what to ask for. Whenever I asked for a walking mode, every shop in town offered me the gimmicky 2 degrees of movement to the rear.

After a lot of searching, I finally found out what to ask for. **Alpine Touring (AT) boots** are the only ones that offer up to 60° of freedom in their walking mode.

So, ask for AT boots, and you will get the real walking mode. You'll never look back. It's so comfortable.

Lighter Gear

With skis, boots, and bindings on your feet, each of your feet is burdened with about 12 pounds on each foot. Wouldn't it be great if you could reduce that weight? You can.

Here is an approximate average weight of your ski gear, looking at a single ski and a single boot. Let us compare regular gear to Alpine Touring gear:

Weight per foot

	<u>Regular</u>	<u>AT gear</u>	<u>Difference</u>
Boots	2,500 g	1,500 g	1,000 g
Skis	2,000 g	1,500 g	500 g
<u>Bindings</u>	<u>1,100 g</u>	<u>1,000 g</u>	<u>100 g</u>
TOTAL:	5,600 g (12 lbs.)	4,000 g (8.8 lbs.)	1,600 g (3.2 lbs)

So, with Alpine Touring gear, you could save 3.2 lbs of weight on each foot, for a total difference in weight on both feet of 6.4 lbs.

Just think: With each turn, you are swinging an additional 6.4 lbs around. And you make hundreds of turns during an average ski day.

And these are just averages using average all-mountain skis. Fat powder skis are even heavier.

Also, the numbers above are for heavier touring bindings. If you use technical pin bindings, that weight difference would be a lot larger. The above numbers apply more to bindings that are similar to regular downhill bindings, except that they also have the ability to release your heel for uphill travel.

But, even if you never ever climb uphill, just think of how much lighter your whole ski setup could be.



Lighter equipment is less tiring, makes turning easier, makes walking and carrying your skis easier. Also, with lighter skis, you will float a bit more in deep powder.

OK, lighter skis do have a slight drawback: they are a bit less stable at high speeds and can more easily be bounced around by heavy crud. But, this can be minimized if you dig your edges into the snow, instead of just floating with your skis flat.

Overall, there is much to be gained by using Alpine Touring gear, even if you never actually go alpine touring.

PACRAT

Recreational PACRAT Racing

Greetings PACRAT Racers,



PACRAT Online Registration site is now active and waiting for you to register!

Online registration for the 2023 PACRAT race season is now open and will continue through December 31st. Racers select either the Friday Division or the Sunday Division and compete in that division throughout the season. Registration is capped at 125 racers per division and filling fast. We are already at almost 50% full - register soon to claim your spot!

For further instructions and a link to PACRAT registration site, please visit the REGISTER page on the PACRAT website at: https://pacrats.org/main_pages/register.htm

For the **2023 Season Schedule** and **2023 Season Details**, please visit the SCHEDULE page on the PACRAT website at: https://www.pacrats.org/main_pages/schedule.htm

New This Year - Race For Free!

The returning racer who refers the most new registered racers will get credited back their \$135 registration fee! So, get out there and recruit your friends and race for free this year. Make sure your recruits enter your name in the “referred by” field on the registration form.

PACRAT 2023 Party Update

PACRAT is excited to welcome new beer and wine sponsors – Rogue and Top Box! Our party schedule has been confirmed. For up-to-date party schedule and details, visit the PACRAT 2023 schedule page at: https://pacrats.org/main_pages/schedule.htm

Exclusive Columbia Employee Store Access for PACRAT Racers

PACRAT has partnered with Columbia to provide exclusive employee store access to PACRAT racers. Find items from Columbia, Mountain Hardwear, Prana, Sorel, and more for up to 70% off normal pricing. Employee store passes are good for up to four people, and they can be used anytime between now and December 18, 2022. You must present your pass to get into the store. Please see below for details from Columbia and the document link to your pass.

For questions about racing, contact our club’s Racing Director, Alan Bean, Racing@mthigh.org



Web Site Tips for mthigh.org



How to get back to the top of a long page.

Hit the “**Home**” key on your keyboard. It will take you to the top of the page. This is so much faster than scrolling back up until you reach the top of the page.

How to go back to the previous page. Most browsers have a back-arrow (pointing to the left) to go back to the previous page. But, you can do the same by hitting the **Backspace** key on your keyboard.



Home

How to get back to the Home page, www.mthigh.org.

There are two ways:

1. Click on the “**Home**” button on the menu. Or, ...
2. Click on the **Mountain High logo** at the top of the page. That will have the same effect. It will take you to our Home page, which is our Calendar of Events.



To Share or Not

On the **Membership signup form**, we ask you if it's OK to share your email address. Let's clarify that.

Some people have asked us if we will ever publish a **Members' Directory**. We probably will never do that, in part because many members opted NOT to share their email addresses

We only give your email address to a few Board members (our President, Treasurer) and to trip leaders for trips you have signed up for.

Occasionally, a club member will ask for another club member's email address, in order to contact him/her about something. Before we give out the address, we consult your expressed preference. If you said NO, we will not give out your address. This is pretty much the only circumstance where your choice to share or not to share your address comes up. And that's the only reason we ask you that question.

Passport

If you are going on a trip to Canada or Europe this year, make sure your passport is still valid.



Facebook Page



We have a **Facebook** page you can use to communicate.

This is just one more way for our members to communicate with each other, in addition to emails, our web site, Bulletin Board, and our two Forums (which are in fact Google Groups).

Check out the Facebook page at: <https://www.facebook.com/groups/1528330064067232/>

The easiest way to get there is to simply click on the Facebook button on our website's main menu.

Our Forums

We have 2 Forums on our website's main menu. One is focused on mid-week skiing, and one is a general forum for the whole club.

Use these Forums to communicate with other members. You can invite them to join you on the slopes, or respond to someone else's post.

If you are new to the club, know that you need to join a Forum first. Click on one of the Forum buttons and then click on “Join this group”. Provide your name and an email address, and you will be notified whenever someone posts something. There won't be a lot of emails. Only occasionally.

Not all our members have joined these Forums, and not all our members have joined our Facebook group either. So, it's best to join both places.

THE MORE YOU PARTICIPATE, THE MORE FUN YOU'LL HAVE!

How to Find Info about our Club Events & Trips

Our website, **www.mthigh.org**, is full of information. For example, check out our **ARTICLES** section, where you can find useful articles on many ski related topics.

To find about **upcoming events and trips**, check out the **EVENTS** and **TRIPS** web pages.

To find out about **past activities**, such as: when was the last time we went on a trip to Crystal Mountain, WA, first go to our **Newsletter** page, which is a relatively simple table of contents for everything we do. Find the word “**Crystal**” on that page (Ctrl-F or Cmd-F or “Find on this page”). The first find shows you it was in **2016**. Then go to our **PHOTOS** page and click on the year 2016. You will find the **Crystal Mt. Trip** there. Click on it, and you will see a brief description of the trip as well as photos from that trip. Easy!

Mt. High

Canada Ski Trip: **Red White and Blue**

January 25 - Feb. 1, 2023.

Join us at **Red Mountain** and **Whitewater**, B.C.

Full trip price includes:

- roundtrip charter bus transportation from Portland via Bluestar Coachlines Canada,
- 7 nights lodging (business class and above),
- 3 Red lift tickets,
- 2 Whitewater lift tickets,
- a few meals and
- a bus load of club members to enjoy the trip with!!



We will start our trip in the vibrant mountain town of Nelson, British Columbia. We will stay 3 nights in traditional hotel rooms with TWO people per room. Rooms have QQ bedding. There is a restaurant onsite and we are located on the edge of downtown within walking distance to shops and restaurants.

We will ski **Whitewater Ski Resort**, less than a 25-minute drive from town, on Thursday and Friday.

On Saturday, a surprise awaits us on our travel day to Rossland, British Columbia.

Once we arrive at Red Mountain, we will stay ON MOUNTAIN at the **Josie Hotel** for 4 nights. All hotel rooms will be QQ set up with TWO people per room. There is a restaurant and bar onsite and the town of Rossland is a quick 5-minute shuttle ride away. In addition, for a fee there is an onsite spa and 2 slope side saunas to enjoy during our visit!!

Whitewater Resort is in the Selkirk Mountains and typically receives over 40 feet of powder!! Whitewater boasts over 2300 acres, 82 runs and 2044 feet of vertical. The trail break-down is about 11% double black, 47% black, 34% blue and 10% green. Whitewater also offers Nordic trails for cross country skiing, snowshoeing and fat-tire biking. Please note that Whitewater is off the grid. That means no cell service and no Wi-Fi while at the resort. You are there to ski anyway!!

Red Mountain Resort is located 5 minutes from the town of Rossland in the Monashee Mountains. It has 8 lifts, 119 runs, 3850 skiable acres with 2900 feet of vertical. Red receives over 300 inches of snowfall on average and has three separate peaks to enjoy. Trail breakdown is about 26 % expert, 23% advanced, 34% intermediate and 17% beginner so there is something for everyone.

Pricing is per person based on double occupancy:

- Adult = \$1725
- Senior (65-74) = \$1627
- Super Senior (75 and up) = \$1305

If you have a reciprocal pass that includes lift tickets to either of these resorts, please reach out to the trip leader for special pricing.

Signing up. Early bird signups in person were held at our club's social event at the Round Table Pizza on **Tuesday, August 9**. Those who signed up in person were be given priority. Spots remaining after social will be filled by postmark date. Mail in deposits accepted starting August 10th.

\$500 deposit to secure your spot.

Trip leader: Karen Michels, 503 984 9210. Text preferred.

[Click Here for full trip flyer and details.](#) **Important info on pages 2 and 3 of the flyer.**

See our Mt. High [Trip Cancellation Policy](#).

**The Josie Hotel
at Red Mountain**



Mt. High

McCall (Idaho), Brundage Mt. & Tamarack Ski Trip



February 26 - March 1, 2, or 3, 2023. (Mon. - Fri.)

2-5 days skiing: February 27 - March 3 (Monday-Friday)

Your choice, depending upon your free lift tickets and how many days you want to ski.

START DATE: Sunday, Feb. 26 – Drive to McCall & check in. You can book up to 5 nights at our group rate.

Note that this trip (like the Schweitzer trip last year) will be different from our usual ski trips - because of the virus/pandemic:

1. Everyone will be driving their own car. We will NOT have a bus.
2. For lodging, select your own roommate or have a room to yourself. We will not assign roommates.
3. You are responsible for purchasing your own lift tickets, either day tickets, exchange tickets with Mt. Hood Meadows all access pass, or an Indy pass or Loveland pass.

HOTEL - Book your own room under our group rate at the [Best Western Plus](#) in McCall, 211 S. 3rd Street, McCall, ID; **208-634-2230**. [They are right across from the McCall airport, Raj.] Your trip leader usually books budget lodging, but this trip is an exception, as we will be staying at a beautiful hotel with lots of amenities (check out the pictures on their website!). Our group rate is **\$179.99 plus tax** (\$206.99 including tax) per night, per double queen room. To get this rate, just tell the hotel you are with the Mountain High club.

Please book your hotel room early – After January 15 our room block will expire, but you can still make reservations at our rate *if there is space*. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack. The City of McCall operates a mini bus called McCall Transit from 7:00 a.m. to 7:00 p.m. 7 days a week, free public transport to anyone. In the winter time the city of McCall provides free transit for all hotel guests to their activity destination (skiing).

SKIING AT BRUNDAGE: 2 or 3 days (your choice, depending upon your pass). Brundage has been on an exchange program with **Mt. Hood Meadows all access passholders** and **Loveland Ski Area passholders**, who can get 3 days free skiing midweek. They are also on the **Indy Pass** (2 free days of skiing). Indy Pass holders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time.

SKIING AT TAMARACK: 2 free days with the Indy Pass.

Both Brundage and Tamarack are on the **Indy Pass**. With this pass, you get 2 free day tickets at each place.

OTHER ACTIVITIES

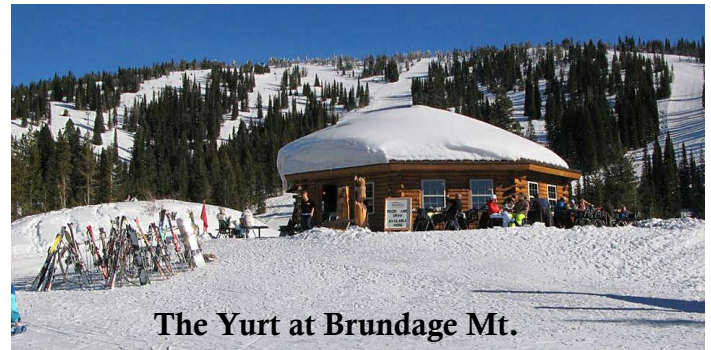
There are lots of restaurants in the area listed on the hotel website, which also lists many other activities in the area, including: HFP Sleigh Rides, a horse drawn sleigh to observe and feed elk in Donnelly (13 mi.), the Activity Barn tubing hill (3 mi.), Gold Fork Hot Springs (15 mi.), and Burgdorf Hot Springs (33 mi.).

KEEP OUR TRIP LEADER INFORMED

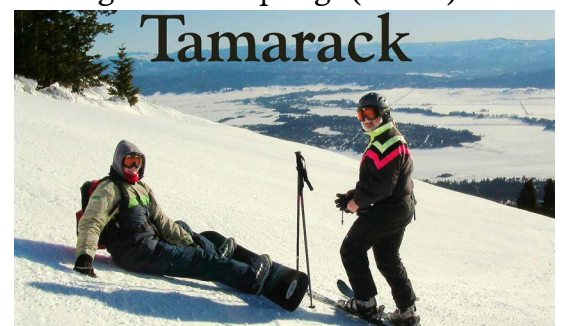
Everyone who signs up for this trip, please contact **Linda McGavin**, Trips@mthigh.org and let her know:

- Did you make your hotel reservations, and for how many nights (3, 4, 5 or more)?
- Where do you expect to ski? Which pass(es) do you have?

See our Mt. High [Trip Cancellation Policy](#).



The Yurt at Brundage Mt.



Mt. High

Mt. Shasta and Mt. Ashland weekend trip



March 17 - 19 2023. Weekend bus trip (Fri. - Sun.)

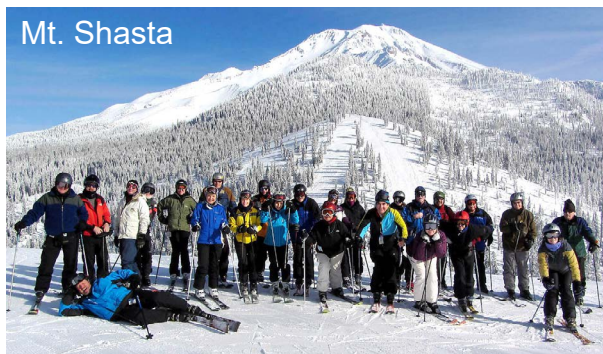
2 nights / 2 days skiing.

Saturday at: Mt. Shasta - Click here for [webcam](#).

Sunday at: Mt. Ashland - Click here for [webcam](#).

Our bus trips are usually the club's best and most fun events. The best way to get to know other club members is by taking a bus trip. This trip is a good introduction into what our club is all about.

No need to pack and move every day. We'll stay in the same hotel both nights. Non-skiers are welcome too. Ashland is a fun place.



Bus ride: We'll start the trip on Friday at 2 pm and ride the bus to Ashland. We'll return Sunday night, by 8 or 9 pm. The bus ride itself will be fun. We'll share some food, play games, tell jokes, watch some short videos etc.

Lodging: We'll stay at the Stratford Inn, near downtown. The hotel offers free Wi-Fi, a fitness room, an indoor hot tub and swimming pool. Each room has a coffee-maker, microwave, refrigerator/freezer, a hair dryer, and ultra-fast internet.

On Saturday, we'll drive a little over an hour to Mt. Shasta ski area, offering 4 lifts on 4 separate hills.

On Sunday, we'll ski at nearby Mt. Ashland. We'll ski till 3 pm, and then ride the bus back home. We'll return to Portland around 9 pm on Sunday.

The following trip prices are tentative. We still don't have all the information about lift ticket costs. We estimated high. Chances are the actual prices will be lower. For now, send us only a **deposit**. We'll let you know your balance as soon as we have all the info.

Prices: Adults	= \$510 per person
Seniors (65+)	= \$492
Anyone with Indy Pass	= \$395
Non-skiers	= \$395

All prices are based on double occupancy, i.e. sharing a room with one other person. Additional cost if you want a room all to yourself = \$128.

Also, note that the price per person will be lower if we get more people to sign up for it. The more people, the lower the price per person. So, sign up soon with just a **\$200 deposit**.

Price includes all bus transportation, 2 nights lodging, and 2 lift tickets, as well as daily breakfast at the hotel. If you have an Indy Pass, your lift tickets will be free at both ski areas. Otherwise, we will get discounted group tickets as long as there are at least 15 people without an Indy Pass.

Space is limited by the size of the bus. This trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of **\$200 per person**, preferably by December 15, 2022.

Full payment due by February 15, 2023. No refunds after February 15, unless you can fill your spot. See our Mt. High Trip Cancellation Policy

Please use the [Dough Transmittal form](#) on the **Forms & Docs** page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208.

Contact trip leaders:

Bill King, 614-371-4762, President@mthigh.org

Linda McGavin, 503-781-5809, Trips@mthigh.org

Emilio Trampuz, 503-378-0171, Emilio2000@earthlink.net

Payments for Mt. High Trips

NOTE: Your spot on the trip is not guaranteed until you put down a deposit.

You can make it official by mailing the trip deposits or by paying online.

You can now renew your membership and sign up for trips and more online on our “**Signup & Pay**” page at: <http://www.mthigh.org/Signup-Pay.htm>

Whenever you send any money to the club, please always send in a filled out [Dough Transmittal Form](#) (DTF). You can either mail it to the club’s PO Box, or email it to Forms@mthigh.org.

NOTE: All of the above applies only to Mountain High trips, not FWSA or NWSCC trips, which have a separate signup process of their own.



Upcoming FWSA Trips



The Far West Ski Association, which we are all part of, has several trips planned. See more details on the [FWSA web site](#) or by clicking on the links below.

Jan. 21 - 23, 2023	2023 FWSA Ski Week in Jackson Hole, WY.
Feb. 24 - Mar. 12, 2023	2023 FWSA International Adventure to Zermatt, Switzerland
Feb. 25 - Mar. 2, 2023	2023 FWSA Mini Ski Week at Taos, NM.
Sept. 16 - 23, 2023	2023 FWSA Scuba Diving trip.

NOTE: There is more detailed information about all these trips on our Mountain High website, on the TRIPS page at: www.mthigh.org/Trips.htm.



NWSCC's Bachelor Blast

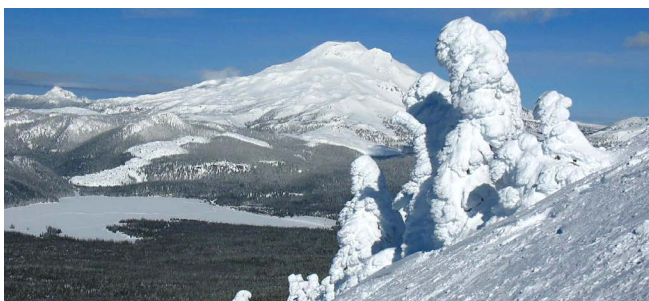


April 7 - 9, 2023. Friday - Sunday.

Optionally, you can add Thursday night and/or Sunday night lodging.

This trip is open to members of all local ski clubs in the Northwest. The trip coincides with the First Friday Art Walk in Bend.

NOTE: We are still working on this trip. For now, save the dates. More details will be announced as soon as we have them.



Multi-Area Ski Passes

As stated in several previous issues, it is almost impossible to present an accurate and up-to-date comparison because the situation keeps changing. Some ski passes go on sale at the start of summer (or earlier), others will not be available nor will provide any useful information until November. And some passes, especially the Indy Pass, keep adding new ski areas almost every month. So, here is just a general overview.

1. **The sooner you buy your pass, the less it will cost.** The increase can be just \$20 or as much as \$200.
2. **Each pass has its own schedule of price increases in 2 or 3 steps.** Some prices have already been raised.
3. **EPIC or IKON?** If you plan on skiing Colorado or some of the biggest names elsewhere, such as Whistler, Park City, or the Palisades (formerly Squaw and Alpine Meadows), or Mammoth Mountain, then choose between the EPIC and the IKON passes, which have partitioned Colorado between the two of them and purchased or formed alliances with some of the other ski areas. Pick between the two based on where you want to ski.
4. **INDY Pass** keeps growing and adding new ski areas. Mt. Hood Meadows is the latest one to join. Timberline and Skibowl are NOT part of the Indy Pass. The total number of ski areas is now 104, and it will most likely grow even bigger before this coming winter.
5. **Our Ski Trips** should be taken into account too. For example, if you join us on the McCall, Idaho trip at the end of February 2023, keep in mind that both Brundage Mtn. and Tamarack are on the Indy Pass, which means you can have 2 free days at each of them for a total of 4 free days. A great deal! Add to that 2 free days at Ashland and Shasta, and 2 free days at Mt. Hood Meadows, for a grand total of 8 free days.

SPECIFICS

Indy Pass 120+ ski areas. Grown from 76 ski areas in 2021/22. It offers 2 days at each ski area, for a total of 222 free ski days. A lot of the ski areas are in the East or Midwest. The Western ski areas currently number 37 ski areas (for a total of 74 free days). Cost was \$299 before September 13. Now it is **\$349**, regardless of age. Or \$449 with no blackout dates. Or \$239 for an add-on Indy Pass if you already have a season pass.

Fusion Pass/Powder Alliance (21 areas) -- **Not available any more, after November 27.** Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas. For us in Oregon, the Fusion Pass to Timberline and Skibowl is our version of the Powder Alliance Pass. Cost: **\$369 for seniors** (65+) or **\$899 for adults**.

Mountain Collective Pass (24 areas) 2 tickets at each of them, for a total of 48 free days. Cost is \$599 for both adults and seniors.

Epic Pass (Vail Resorts and more): Unlimited access to 34 ski areas, of which 11 are in the West, plus either 5 or 7 days at a few other ski areas. **Cost: \$949** for both adults and seniors. **Not available after December 4.**

IKON Pass (Aspen/Snowmass and more). It comes in two flavors: a) Unlimited access to 13 ski areas with some blackout dates plus additional 5 days at another 30 ski areas, for a cost of **\$919**. Or b) Unlimited access at 14 resorts without any blackout dates plus up to 7 days at 35 other destinations, for a cost of **\$1,229**. **Not be available after Dec. 8.**

Loveland with Powder Alliance Unlimited skiing at Loveland, CO, plus 3 free days at **all Powder Alliance ski areas**, plus: 3 days at another 15 ski areas. This pass is better than a Fusion Pass if you will travel a lot and won't ski more than 3 days each at Timberline & Skibowl. Cost: **\$249 for seniors, \$649 for adults**. **Prices went up December 1.**

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2022 Volunteer of the Year



Bill King is our club's President and a ski trip leader. He is also the Treasurer for the NW Ski Club Council. He has been nominated by our club as our Volunteer of the Year.

NOTE: The Far West Ski Association has discontinued the Man & Woman of the Year competition and replaced it with the Volunteer of the Year. Bill King is our club's first nominee.

Mountain High Board Meeting

Usually last Monday of the month.

January 2 (Mon.): Open to all who want to get involved with the club.

Gather at **6:15 pm.** Start at **6:30 pm.**
This will be an online meeting via GOTO Meeting.

Mountain High snowsport club contacts:

President: Bill King H: 614-371-4762
Vice-President: Debbi Kor H: 503-314-7078
Secretary: Michele Gunness
Treasurer: Nancy Pratt H: 503-593-9427
Past President: Kurt Krueger H: 503-625-1492
Membership Director: Karen Michels H: 503-984-9210
Racing Director: Alan Bean H: 503-849-8009
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171
Social Activities: Debbi Kor H: 503-314-7078
Trips Director: Linda McGavin H: 503-652-2840

President@mthigh.org
Vicepresident@mthigh.org
Secretary@mthigh.org
Treasurer@mthigh.org
PastPresident@mthigh.org
skiklynn@gmail.com
Racing@mthigh.org
newsletter@mthigh.org
ijustwannarun1@comcast.net
Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

- ☐ **Annual Membership** (Oct. 1 - Sept. 30): Single (\$30); couple (\$50) \$ _____
- ☐ **CANADA trip: Whitewater & Red Mtn.** (January 25 - Feb. 1, 2023) \$ _____
 Adult = \$1725.00, Senior (65-74) = \$1627.00, Super Senior (75+) = \$1305.00
- ☐ **McCall (Idaho): Brundage Mtn. & Tamarack** (Feb. 26 - March 1, 2, or 3, 2023) \$ _____
 The club is not collecting money for this trip. Make your own hotel reservations.
- ☐ **Mt Shasta & Mt. Ashland bus trip** (March 17 - 19, 2023). Deposit = \$200. \$ _____
 Please wait for full payment until we announce the final prices.
- ☐ **Mountain High Cookbook:** 34 pages of recipes from our members \$10 \$ _____
- ☐ **Other:** _____ \$ _____
- Total:** \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

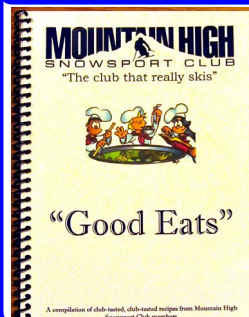
Club membership = 203 Newsletter Distribution

The December 2022 issue is posted on our web site. Also:
203 copies sent via email (as PDF file)
0 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs, the Mount Hood Museum, etc.

Mt. High Credit Card Payments

You can pay your membership fee and your trip payments by **credit card**. We are processing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "**Signup & Pay**" at: <http://www.mthigh.org/Signup-Pay.htm>

Mt. High Cookbook

This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members.

The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: ijustwannarun1@comcast.net, or call 503-314-7078.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2022-03-03.xls>

Stories from Skiing History Magazine

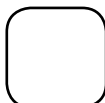
Find the Skiing History Magazine at: <https://www.skiinghistory.org/skiing-history-magazine>

- * [Klaus Obermeyer, 100 & still skiing](#)
- * [Hermann Maier - the Herminator](#)
- * [Gunstock Almost Killed by Politics](#)

Stories from Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Parking Policies & Prices in Utah](#)
- * [The Flavor of Brighton, Utah](#)
- * [New Thanksgiving Tradition at Okemo](#)



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 Please check our web site,
www.mthigh.org
 for updates.