

The last of Summer. Plan for Winter.

Just one more bike ride coming up on October 15. See page 2.

Our club's Season Kickoff Party will be on October 24. See page 3. We'll be voting for the 4 elected officials, and we need a new club president and vice-president. We will probably need to have someone volunteer or be nominated at the Kickoff party itself.

Renew your club membership. Sign up for ski trips.

Check out the news from various ski areas on pages 9 - 10.

If you want to buy a season pass or multi-area pass, do so now, because prices will increase soon, and once the ski season starts, some passes will not be available any more.





Learn about Mt. Hood at History Happy Hours at the Museum

One more bike ride coming up



Participate in Social Activities Dinners, Parties, TGIFs ...

Note the color code. Our club is blue. 2022 CALENDAR Blue: **Mountain High events** Maroon: NWSCC / FWSA / Multi-club Black: **General interest events OCTOBER 2022** Oct. 1 and 2 Grand Trolley Trail Tour bike ride Oct. 8 (Sat.) History Happy Hour. History of Mt.Hood National Forest Fire Lookouts Oct. 15 (Sat.) The Dalles Columbia River bike ride Oct. 24 (Mon.) Kickoff Party & Club Elections at Lucky Lab, 6 pm - 9 pm. NOVEMBER 2022 Nov. 7 (Mon) Mt. High Board Meeting Nov. 12 (Sat.) Pray for Snow Party in Government Camp Nov. 14 (Mon) Mt. High Happy Hour Social in Bridgeport Village **JANUARY 2023** Jan.25 - Feb.1 Canada Ski Trip. Whitewater and Red Mt. by bus FEBRUARY 2023 Feb.26 - Mar. 1, 2, or 3. McCall (Idaho) Brundage Mt & Tamarack trip

Membership Renewal

It's time to renew. Our membership year runs from October 1st till the end of September of the following year. If you have joined the club this summer, your membership applies to the whole coming winter.

You can renew in three ways:

a) By mail. Just fill out the Dough Transmittal Form (on the Forms & Docs page on our web site). Or use the shorter version of the same form on the last page of this newsletter.

b) **Online** with a credit card. Start the process on our "Signup & Pay" web page.

c) Renew in person at our annual Kickoff Party on Monday, October 24, 2022.

Lift Lines 262, October 2022

MOUNTAIN HIGH

Bike Rides

SNOWSPORT CLUB

Recent Bike Rides

We have had 3 bike rides within the past month or so. All 3 were well attended and interesting. Two of them took us to places we had not visited before:



Sept. 24 (Sat.) North Portland Loop bike ride: Kenton Park to Kelley Point loop.



Sept. 10 (Sat.) Timberline-Trillium Lake-Rhododendron bike ride. Following Still Creek Road to Rhododendron.



Oct. 1 & 2 (Sat. & Sun.) Grand Trolley Trail Tour Milwaukie to Oregon City.

See photos from all 3 bike rides on the PHOTOS page on our website, <u>www.mthigh.org/Photos.htm</u>

Upcoming Bike Ride The Dalles to Discovery Center (Columbia River)



Oct. 15, 2022 (Saturday) -- 10 am.

From The Dalles, we'll bike along the Columbia River to the Discovery Center. Paved path all the way.

Meet in The Dalles, at the Lewis and Clark Festival Park, at 10 am.

The distance is only about 6 miles and we'll return the same way, for a total of 12 miles.

After the ride, we'll have lunch in The Dalles.

We can also check out 15 new murals on buildings in The Dalles. This ride organized by Linda McGavin. RSVP to Linda at: <u>Trips@mthigh.org</u>

Upcoming Events

SNOWSPORT CLUB

History Happy Hour: Fire Lookouts

October 8, 2022. (Saturday) Doors open at 6:30 pm. Presentation starts at 7 pm.

The history of fire lookouts around Mt. Hood. Be entertained and learn something new.

Speakers: Lloyd Musser, Museum Curator and Michelle Richardson, Clear Lake Fire lookout



There will be wine, beer and soft drinks available for purchase. Enjoy your drink and then sit back and enjoy the presentation.

The presentation is free. A \$5 donation to the Museum is welcome. For more information about the lecture series, please call the museum at 503-272-3301.

Mt. Hood Cultural Center and Museum ph: 503-272-3301, <u>info@mthoodmuseum.org</u> www.mthoodmuseum.org

Informative NWSCC Meeting



October 26, 2022. Wednesday 6:45 - 8 pm.

Everyone is invited to the next NW Ski Club Council meeting via ZOOM!! This meeting is open to members of all local ski clubs.

Guest Speakers: Next Adventure and a ski area TBA.

The Zoom link to the meeting is: <u>https://us02web.</u> zoom.us/j/83276275381?pwd=cjNkV1p6ZG84VX ZrbIV3KzZ3TmtVUT09

Meeting ID: 832 7627 5381 Passcode: SNOW More at: https://nwskiers.org/.

Mt.High Happy Hour

November 14, 2022. Monday, 4:30 - 6:30 pm. Come join your ski buddies at a Happy hour event at the **PF Changs** located at Bridgeport Village. Join us from 430 to 630. Please note HH pricing goes till 6pm. RSVP Karen at 503 984 9210 no later than Nov 10th so we can ensure we have enough spots saved.

Mt.High

Kickoff Party & Club Elections

October 24, 2022. Monday 6 - 9 pm.

Location: Lucky Labrador Public House, 7675 SW Capitol Hwy., Portland. See <u>Google Map</u>. Our biggest party of the year, marking the start of a new ski season.

- There will be free food.
- Join the club or renew your membership
- Pick up your new membership card.
- Sign up for ski trips.
- Join a 10-person PACRAT racing team.
- Win some door prizes!
- Meet other members. Have a great time!

We will be holding elections at this Kick-Off meeting/party. Debbi is resigning, after 7 years, as president.

NOTE: We are looking for a new person to step in as our club president.



If you are interested in running for one of our many Board Positions, please read the job descriptions provided in the past two issues of Lift Lines (August and September), and let us know of your interest to be put on the ballot.

These ballots will be available at the door. If you are unable to make the meeting, please fill out the enclosed ballot and email it to **Kurt Krueger** at <u>telek2@frontier.com</u>. Due date for emailed ballots is October 20.

Or mail it to our PO Box 2182, Portland, OR 97208,, but please make sure it arrives at least a week early, by October 17.

Mt. High Snowsport Club 2022 – ELECTIONS BALLOT

Elections: Wednesday, October 24, 20228

PRESIDENT: The President shall be the CEO of the Club, shall chair the Board of Directors, shall preside over BOD and business meetings, may appoint additional Directors, shall delegate duties to officers, directors and committees as necessary, attend monthly meetings. – **Estimated average time per month: 5 hours plus monthly meeting.**

	(write in)
	(write in)

<u>VICE PRESIDENT</u>: The Vice President shall perform the duties of the President in the absence or inability of the President to act, shall be the liaison between the President and committees, attend monthly meetings – Estimated average time per month 2 hours plus meeting.

□ _____ (write in)
□ _____ (write in)

TREASURER: The Treasurer shall have custody of all funds and all items of value that may come into Club's possession, keep complete records of funds, give financial reports at or before all regular Board meetings and at the annual meeting, be responsible for the management of all financial programs, make Club's billings, provide basic budget information, pick up club's mail at the P.O. Box., attend monthly meetings. – **Estimated average time per month: 5 hours plus meeting.**

NANCY PRATT	(incumbent)
	(write in)

SECRETARY: The Secretary shall take minutes, type and distribute these minutes at or before all Board Meetings except committee meetings. – **Estimated average time per month: 3 hours plus meeting.**

	MICHELE GUNNESS	(incumbent)
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_____ (write in)

PACRATs & Pray for Snow

SNOWSPORT CLUB



Limited tickets available - Get yours soon! Online ticket price \$25 (+ server) - OR - \$35 at the door For tickets visit: <u>TICKETTOMATO.com</u>

Pray For Snow Party

Nov. 12, 2022. (Saturday) - 7 pm.

Location: Charlie's Mountain View Pub. 88462 Government Camp Loop, Government Camp, OR 97028.

Come celebrate the upcoming winter. Live music, and door-prizes. All local skiers and riders are invited, regardless of which club they belong to.

There will be a live band, "The Hit Machine".

Hit Machine will be playing, door prizes and lots of fun.

Tickets are \$25 plus service fee, available online through <u>TicketTomato.</u> <u>com</u>, or \$35 at the door. NOTE: Tickets usually sell out completely before the event.

Click on the flyer image to enlarge it, or see the flyer on the Schnee Vogeli club's website.

PACRAT Racing - Pacific NW Area Clubs Recreational Alpine Teams



As usual, there will be 5 races during the season.

With a positive response from racers to last year's split-division format, your PACRAT Board has approved plans to continue the split-division for the 2023 race season that will include Friday Division and Sunday Division races.

Similar to last season, racers will select either the **Friday** Division or the **Sunday** Division, and compete in that division throughout the season. Teams may have racers in either division. The race schedule will include **four** Friday Division races, **four** Sunday Division races, plus a final Combined Division race on a Sunday to wrap up the season.

We are working to schedule our races at Meadows, Skibowl and Timber-

line. The race schedule will be published on the **PACRAT website** once the dates have been confirmed with the ski resorts.

New this year to the PACRAT race scene: Lycra stretch bibs! A huge thank you to our generous bib sponsors - **Hillcrest Ski & Sports** and **PDX Sliders** for making this possible!

Online registration for the 2022 PACRAT season will begin after our race schedule is confirmed.

But start working on putting your team together or joining an existing team. If you don't know anyone yet but want to race, contact our Mountain High racing director, **Alan Bean** at: <u>Rac-ing@mthigh.org</u>. He can help you find a spot on an existing team.



SNOWSPORT CLUB

MOUNTAIN HIGH

Canada Ski Trip: Red White and Blue

January 25 - Feb. 1, 2023.

Join us at Red Mountain and Whitewater, B.C.

Full trip price includes:

- roundtrip charter bus transportation from Portland via Bluestar Coachlines Canada,
- 7 nights lodging (business class and above),
- 3 Red lift tickets,
- 2 Whitewater lift tickets,
- a few meals and
- a bus load of club members to enjoy the trip with!!

We will start our trip in the vibrant mountain town of Nelson, British Columbia. We will stay 3 nights in traditional hotel rooms with TWO people per room. Rooms have QQ bedding. There is a restaurant onsite and we are located on the edge of downtown within walking distance to shops and restaurants.

We will ski Whitewater Ski Resort, less than a 25-minute drive from town, on Thursday and Friday.

On Saturday, a surprise awaits us on our travel day to Rossland, British Columbia.

Once we arrive at Red Mountain, we will stay ON MOUNTAIN at the **Josie Hotel** for 4 nights. All hotel rooms will be QQ set up with TWO people per room. There is a restaurant and bar onsite and the town of Rossland is a quick 5-minute shuttle ride away. In addition, for a fee there is an onsite spa and 2 slope side saunas to enjoy during our visit!!

Whitewater Resort is in the Selkirk Mountains and typically receives over 40 feet of powder!! Whitewater boasts over 2300 acres, 82 runs and 2044 feet of vertical. The trail break- down is about 11% double black, 47% black, 34% blue and 10% green. Whitewater also offers Nordic trails for cross country skiing, snowshoeing and fat-tire biking. Please note that Whitewater is off the grid. That means no cell service and no Wi-Fi while at the resort. You are there to ski anyway!!

Red Mountain Resort is located 5 minutes from the town of Rossland in the Monashee Mountains. It has 8 lifts, 119 runs, 3850 skiable acres with 2900 feet of vertical. Red receives over 300 inches of snowfall on average and has three separate peaks to enjoy. Trail breakdown is about 26 % expert, 23% advanced, 34% intermediate and 17% beginner so there is something for everyone.

Pricing is per person based on double occupancy:

- Adult = \$1725
- Senior (65-74) = \$1627
- Super Senior (75 and up) = \$1305

If you have a reciprocal pass that includes lift tickets to either of these resorts, please reach out to the trip leader for special pricing.

Signing up. Early bird signups in person were held at our club's social

event at the Round Table Pizza on **Tuesday, August 9**. Those who signed up in person were be given priority. Spots remaining after social will be filled by postmark date. Mail in deposits accepted starting August 10th.

\$500 deposit to secure your spot.

Trip leader: Karen Michels, 503 984 9210. Text preferred.

<u>Click Here for full trip flyer and details</u>. Important info on pages 2 and 3 of the flyer. See our Mt. High <u>Trip Cancellation Policy</u>.

10. Text hportant





Ski Trips

Ski Trips

SNOWSPORT CLUB

McCall (Idaho), Brundage Mt. & Tamarack Ski Trip

February 26 - March 1, 2, or 3, 2023. (Mon. - Fri.)

2-5 days skiing: February 27 - March 3 (Monday-Friday) Your choice, depending upon your free lift tickets and how many days you want to ski.

START DATE: Sunday, Feb. 26 – Drive to McCall & check in. You can book up to 5 nights at our group rate.

Note that this trip (like the Schweitzer trip last year) will be different from our usual ski trips - because of the virus/ pandemic:



- 1. Everyone will be driving their own car. We will NOT have a bus.
- 2. For lodging, select your own roommate or have a room to yourself. We will not assign roommates.
- 3. You are responsible for purchasing your own lift tickets, either day tickets, exchange tickets with Mt. Hood Meadows all access pass, or an Indy pass or Loveland pass.

HOTEL - Book your own room under our group rate at the <u>Best Western Plus</u> in McCall, 211 S. 3rd Street, McCall, ID; **208-634-2230.** [They are right across from the McCall airport, Raj.] Your trip leader usually books budget lodging, but this trip is an exception, as we will be staying at a beautiful hotel with lots of amenities (check out the pictures on their website!). Our group rate is **\$179.99 plus tax** (\$206.99 including tax) per night, per double queen room. To get this rate, just tell the hotel you are with the Mountain High club.

Please book your hotel room early – After January 15 our room block will expire, but you can still make reservations at our rate *if there is space*. There is no penalty for canceling up to one week before your arrival.

The hotel is located 11 miles from Brundage and 20 miles from Tamarack. The City of McCall operates a mini bus called McCall Transit from 7:00 a.m. to 7:00 p.m. 7 days a week, free public transport to anyone. In the winter time the city of McCall provides free transit for all hotel guests to their activity destination (skiing).

SKIING AT BRUNDAGE: 2 or 3 days (your choice, depending upon your pass). Brundage has been on an exchange program with **Mt. Hood Meadows all access passholders** and **Loveland Ski Area passholders**, who can get 3 days free skiing midweek. They are also on the **Indy Pass** (2 free days of skiing). Indy Pass holders do not need to pre-schedule visits. Simply bring your valid photo ID to the on-mountain Guest Services office to redeem your ticket for the day. In addition to the two days included in the pass purchase, you may purchase a third day at 25% off. You can make that purchase the day of your visit. Like many ski areas these days, Brundage will sell tickets online in advance, at some kind of discount which is not known at this time.

SKIING AT TAMARACK: 2 free days with the Indy Pass.

Both Brundage and Tamarack are on the Indy Pass. With this pass, you get 2 free day tickets at each place.

OTHER ACTIVITIES

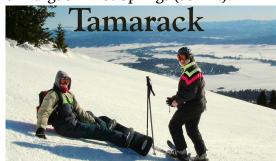
There are lots of restaurants in the area listed on the hotel website, which also lists many other activities in the area, including: HFP Sleigh Rides, a horse drawn sleigh to observe and feed elk in Donnelly (13 mi.), the Activity Barn tubing hill (3 mi.), Gold Fork Hot Springs (15 mi.), and Burgdorf Hot Springs (33 mi.).

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact **Linda McGavin**, <u>Trips@mthigh.org</u> and let her know:

- Did you make your hotel reservations, and for how many nights (2 or 3 or more)?
- Where do you expect to ski? Which pass(es) do you have?

See our Mt. High <u>Trip Cancellation Policy</u>.



Ski Passes

SNOWSPORT CLUB

Multi-Area Ski Passes

As stated in several previous issues, it is almost impossible to present an accurate and up-to-date comparison because the situation keeps changing. Some ski passes go on sale at the start of summer (or earlier), others will not be available nor will provide any useful information until November. And some passes, especially the Indy Pass, keep adding new ski areas almost every month. So, here is just a general overview.

1. The sooner you buy your pass, the less it will cost. The increase can be just \$20 or as much as \$200.

2. Each pass has its own schedule of price increases in 2 or 3 steps. Some prices have already been raised.

3. **EPIC or IKON?** If you plan on skiing Colorado or some of the biggest names elsewhere, such as Whistler, Park City, or the Palisades (formerly Squaw and Alpine Meadows), or Mammoth Mountain, then choose between the EPIC and the IKON passes, which have partitioned Colorado between the two of them and purchased or formed alliances with some of the other ski areas. Pick between the two based on where you want to ski.

4. **INDY Pass** keeps growing and adding new ski areas. Mt. Hood Meadows is the latest one to join. Timberline and Skibowl are NOT part of the Indy Pass. The total number of ski areas is now 104, and it will most likely grow even bigger before this coming winter.

5. **Our Ski Trips** should be taken into account too. For example, if you plan on joining us on the McCall, Idaho trip at the end of February 2023, keep in mind that both Brundage Mtn. and Tamarack are on the Indy Pass, which means you can have 2 free days at each of them for a total of 4 free days. A great deal!

SPECIFICS

Indy Pass 110 ski areas. Grown from 76 ski areas in 2021/22 to 111 in 2022/23. It offers 2 days at each ski area, for a total of 222 free ski days. A lot of the ski areas are in the East or Midwest. The Western ski areas currently number 37 ski areas (for a total of 74 free days). Cost was \$299 before September 13. Now it is **\$329**, regardless of age. Or \$429 with no blackout dates. Or \$219 for an add-on Indy Pass if you already have a season pass.

Fusion Pass/Powder Alliance (21 areas)

Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 14 other ski areas. Note that there is no single "Powder Alliance" pass. Instead, this is just a cooperation between the ski areas that have decided to honor each other's season passes. For us in Oregon, that means purchasing the Fusion Pass to Timberline and Skibowl. Cost: **\$369 for seniors** (65+) or **\$899 for adults. Prices go up Nov. 1st. Pass not avialable after Nov. 27.**

Mountain Collective Pass (24 areas) 2 tickets at each of them, for a total of 48 free days. Cost is \$549 for both adults and seniors.

Epic Pass (Vail Resorts and more): Unlimited access to 34 ski areas, of which 11 are in the West, plus either 5 or 7 days at a few other ski areas. **Cost: \$859** for both adults and seniors..

IKON Pass (Aspen/Snowmass and more). It comes in two flavors: a) Unlimited access to 13 ski areas with some blackout dates plus additional 5 days at another 30 ski areas, for a cost of **\$869.** Or b) Unlimited access at 14 resorts without any blackout dates plus up to 7 days at 35 other destinations, for a cost of **\$1,179.**

Loveland with Powder Alliance Unlimited skiing at Loveland, CO, plus 3 free days at **all Powder Alliance ski areas**, plus: 3 days at another 15 ski areas. This pass is better than a Fusion Pass if you will travel a lot and won't ski more than 3 days each at Timberline & Skibowl. Cost: **\$179 for seniors, \$549 for adults.** Prices will go up December 1.

SNOWSPORT CLUB

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Mt. Bachelor's 2-tier pricing

Mt. Bachelor has implemented a new pricing approach for season pass and day tickets.

There will now be two prices for these lift access products, a lower priced option that requires you to **sign a standard release of liability** and a new higher priced option that does not require a release of liability.

This change is a result of the current legal landscape in Oregon. In recent years large lawsuits against outdoor recreation providers in Oregon, including many related to the inherent risks of skiing, snowboarding, and mountain biking, have started to significantly threaten the outdoor recreation industry.



Timberline, Skibowl, and the Fusion Pass also have 2-tier pricing



Timberline and Mt. Hood Skibowl, as well as the joint Fusion Pass have also implemented 2-tier pricing. If you don't want to sign the liability waiver, the pass will cost you about \$20 - \$50 more, depending on your age group.

NOTE 1: The Fusion Pass price will increase after October 31, 2022. NOTE 2: The Fusion Pass will NOT be available any more after Nov. 27.

No More COVID Testing Restrictions for Travel to Canada



COVID-19 border measures ended on October 1, 2022.

Starting October 1, 2022, all COVID-19 border requirements, including vaccination, mandatory use of ArriveCAN, and any testing and quarantine/ isolation requirements ended for all travellers entering Canada whether by land, air or sea.

Mountain High Invests More Than \$1 Million In Improvements



The Mountain High ski area near Wrightwood in Southern California has invested more than \$1 million in improvements.

Snowmaking has been improved by adding new and more efficient snow guns worth \$200,000. The new fan guns use a single electric motor to drive both the fan turbine and the air compressor allowing the machine's total power usage to be reduced by almost 50%.

Two lift towers were re-built, and \$400,00 has been spent on maintenance and repair of all the lifts. The

Foggy Goggle, the famed base-deck bar, received a facelift - a new look, new furniture, and new amenities.

The Mountain High resort has joined both the Powder Alliance and the Indy Pass. That means that if you have the Fusion Pass (for Timberline and Skibowl), you can enjoy 3 free days at Mountain High, and the Indy Pass will give you 2 more free days. Mountain High consists of 3 separate hills linked by shuttle buses.

It looks like the perfect time to finally visit the ski area that shares our club's name. See: www.mthigh.com .

Ski Area News

Lift Lines 262, October 2022

SNOWSPORT CLUB

Mt. Hood Meadows Bringing a 6-pack lift

Mt. Hood Meadows will close on April 29, 2023 so they can start work on the 6-pack express lift to replace Mt. Hood Express (which is a quad chairlift). The new lift will be ready for the 2023/2024 season.

This will increase the lift's capacity by 50%.



TOYOTA



Beginner Special at Mt. Hood Meadows

Meadows has a special for beginners in early December, from opening day through December 19, 2022.

For \$69 the person gets rental equipment, a lift ticket (lower lifts only), and a 2 hour lesson. If they like it they can buy it once more and learn some more. That is one hell of a deal!

Snowvana

November 18 - 20, 2022.

Snowvana is our annual Ski Show at the Oregon Convention Center. It is also the largest gear sale and ski swap in Portland, Oregon. 40,000 square feet of skis, boards, boots and apparel from 50+ manufacturers and retailers. This is Snowvana's 6th season. Sponsored by Toyota.

Explore the manufacturer's village, tune into the year's biggest ski movie premiere, pick up a free pair of Next Adventure kid's skis, and choose between a huge list of ways to engage and enjoy the show.



It also includes the Mt. Hood FilmFest. Stay tuned for the 2022 lineup! Snowvana typically hosts the industry's best—Level 1, Teton Gravity Research, Matchstick, and more presented by Whiteclaw Hard Seltzer.

Hours: Friday 4 - 9 Saturday 11 - 7 Sunday 11 - 4

Tickets: Pre-sale tickets are now on sale for just \$10, or 2 for \$17. 3-Day Pass \$25, and \$79 for a 3-Day VIP. Kids 12 & under are FREE thanks to Nokian Tires! Buy tickets <u>HERE</u>.

There will also be:	1000 Free Kids Skis from Next Adventure
	Sled Dog Rides
	Learn to Ski Ramp
	High Cascade Halfpipe
All New Features:	Next Adventure Backcountry Pavilion presented by Sierra Nevada Brewing Company VR Lounge with Ski Race Challenge In-Show Film Theater

Contacts / Club info

SNOWSPORT CLUB

Mountain High Board Meeting Usually last Monday of the month.

November 7 (Mon.): Open to all who

want to get involved with the club.

Gather at 6 pm. Start at 6:30 pm.

GOTO Meeting.

This will be an online meeting via

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Checkmark all desired options.

2022 Volunteer of the Year

Bill King is our club's Vice-President and a ski trip leader. He is also the Treasurer for the NW Ski Club Council. He has been nominated by our club as our Volunteer of the Year.

NOTE: The Far West Ski Association has discontinued the Man & Woman of the Year competition and replaced it with the Volunteer of the Year. Bill King is our club's first nominee.

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078	President@mthigh.org	
Vice-President:	Bill King	H: 614-371-4762	willie2k@ymail.com	General info:
Secretary:	Michele Gunness		Secretary@mthigh.org	info@mthigh.org
Treasurer:	Nancy Pratt	H: 503-593-9427	Treasurer@mthigh.org	
Past President:	Kurt Krueger	H: 503-625-1492	PastPresident@mthigh.org	Web site:
Membership Director	r: Karen Michels	H: 503-984-9210	skiklynn@gmail.com	www.mthigh.org
Racing Director:	Alan Bean	H: 503-849-8009	Racing@mthigh.org	
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171	newsletter@mthigh.org	
Social Activities:	Debbi Kor	H: 503-314-7078	ijustwannarun1@comcast.n	<u>et</u>
Trips Director:	Linda McGavin	H: 503-652-2840	Trips@mthigh.org	
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DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership or [] Renewal response	ible for my o	wn safety and	r more. I acknowledge that I am d conduct. I hereby agree to be
Name(s):	Birthday (MM/DD) includir	g the Trip Car	ncellation Polic	port Club bylaws and regulations cy. I hereby release Mountain High
Address:	tains, ar	d any other (Club represent	gents (officers, directors, trip cap atives) from liability for persona er liability of any kind connectec
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Email Preferences: [] No changes (same as last year)	 Newsletter (once a month): [] yes, link only [] yes, comp Club news & events (between newsletters): [] yes [] r Other ski news (NWSCC, FWSA, ski areas, trips): [] yes [] r Is it OK to share your email address with other club members? 	olete file io io	[]no	
Please take my mor	ney, and apply it toward the following Ski Club fun stuf			Paid in full?
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🛛 McCall (Idaho): B	rundage Mtn. & Tamarack (Feb. 26 - March 1, 2, or 3, 2023) ollecting money for this trip			
	hotel reservations. Tell them you are with Mt. High.			
U Mountain High	Cookbook: 34 pages of recipes from our members \$10	Ş		
Other:		\$		
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See our Trips cancella	tion policy on our web site: http://www.mthigh.org/Docu	monte/7	Trin-Can	ellation-Policy ndf

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Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, <u>www.mthigh.org</u> for updates.



= 203 Newsletter Distribution	Count Your Ski Areas	
sent via email (as PDF file) printed copies sent via US Mail. It to potential members, other clubs, the	Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <u>http://www.mthigh.org/</u> <u>Documents/North-American-Ski-Areas-2022-03-03.xls</u>	
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lt. High Cookbook	Stories from Seniors Skiing	
for \$10. It has soups, salads, entrees, desserts, from our club members. The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: <u>ijustwanna-</u>	Check out: <u>SeniorsSkiing.com</u> . Subscribe to weekly or monthly emails from them. Click on the Com-	
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