



Lift Lines

= No. 241-242, Jan. - Feb. 2021 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Lift Lines Longer than Usual, but we Ski

Face-masks and distancing is working. And we can ski! People have already been skiing for 2 months (December and January). PACRAT racing is happening. And we even have a ski trip to Mission Ridge.

Here's a photo of Dean Russell at Mt. Hood Meadows, capturing the essence of this winter season so far.

Despite the COVID pandemic and the various types of restrictions imposed by ski areas, it seems the slopes and the parking lots are as full as ever. And the lift lines are even longer, because of the rule to let a maximum of 2 people on a quad chair, unless they are part of the same family.

The relative discomfort of wearing a mask won't stop us from skiing!



Fog Defender System

Gary Gunderson has found a cool thing, a remedy for foggy goggles. He says:



"I found an excellent defogger for goggles and glasses.

"Wearing a mask with goggles last Friday I had some issues with my goggles fogging up. The Zeiss Fog Defender System is really effective. Found it at Walmart in the optical department. It reasonably priced (\$6.98) and it works very well." - Thanks for the tip, Gary!

Note the color code.
Our club is blue.

2021 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

JANUARY

Jan. 25 (Mon) Mt. High virtual Board meeting
Jan. 29 (Fri.) PACRAT weekday Race 1 - Skibowl

FEBRUARY

Feb. 4 (Thur.) PACRAT weeknight Race 1 Meadows
Feb. 17 (Wed.) NWSCC virtual meeting
Feb. 21 - 24 Mission Ridge trip (Mon.-Wed.)
Feb. 22 (Mon.) PACRAT weekday Race 2 - Meadows

MARCH

Mar. 2 (Tue.) Mt. High Board meeting
Mar. 5 (Fri.) PACRAT weeknight Race 2 - Skibowl
Mar. 6 (Sat.) Glade Trail Day VIRTUAL event
Mar. 12 (Fri.) PACRAT weeknight Race 3 - Skibowl
Mar. 26 (Fri.) PACRAT weekday Race 3 - Meadows
Mar. 29 (Mon) Mt. High Board meeting

JUNE

June 10- 13 FWSA Convention, San Diego

Mt. High

Winter Fun



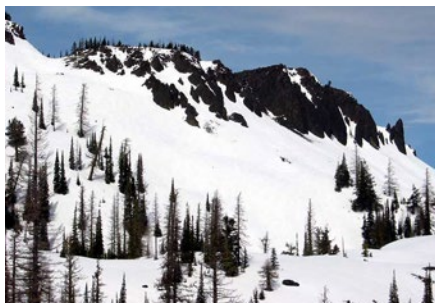
Recreational racing



Glade Trail Day - virtual (Mar. 6)



Skiing on Mt. Hood



Mission Ridge trip (Feb. 21 - 23)

What's on Your Bucket List?

Do you feel like there's never enough time to accomplish everything you want to do? We need to prioritize our bucket list.

So, in terms of skiing, what would you prioritize in your ski life? Socializing with your ski buddies? Traveling to ski many places? Break any personal records? Be a faster racer? Go from Intermediate to Advanced or Elite? Or to teach your kids and/or grandkids how to ski? What would you like to accomplish? Let us know your thoughts and ideas. Here's an example

Emilio's Bucket List

My skiing goals have changed quite a bit over the years. At first, it was to learn how to ski. Then to make parallel turns. Then to hone my skills in recreational racing. Then it was to help others learn and enjoy the sport, so I had brief stints as a ski host at Timberline and as a ski instructor. For several years, my goal was to climb Mt. Shasta and ski it and thus I developed an interest in backcountry skiing.

But then I met John and Jewel Andrew, whose goal in their retirement years was **to ski all of North America**, with a total of over 700 ski areas.

I was inspired by that, but I decided to set myself a more modest goal of skiing only the western ski areas, everything west of Denver.

I am fortunate that I have already skied at 124 ski areas, so I am more than half way to skiing all of the West. How many ski areas are there in the Western US and Canada? You can check out the **186** ski areas listed on our club's "SKI AREAS" page. <http://www.mthigh.org/SkiAreas.htm>. The list keeps growing as we discover more smaller or less well known ski areas. The total is likely around 200.

Reaching that goal consists of several pleasant road trips (or "ski safaris"), visiting several new ski areas on each trip. Here are some examples



Sunrise Park
Arizona

1. **NEW MEXICO.** Ski all 9 ski areas in New Mexico. I've already skied at 2 of them (Taos and Santa Fe), so now I have 7 still left to visit: Red River, Angel Fire, Sipapu, Pajarito, Sandia Peak, Ski Apache, and Cloudcroft - the southernmost ski area in New Mexico.

2. **BRITISH COLUMBIA.** I have skied at all the big ski areas in BC. But there are several places that are either smaller or less well known or remote, such as Shames Mt., Smithers, Hudson Bay Mt., and Powder King, all in the far north, and also Crystal Mt. which is near Kelowna.

I also want to revisit a few places I enjoyed on earlier visits, especially: Baldy Mtn., Harper Mt., Sasquatch, and Salmo ski hill.

Salmo seemed small when seen from the road to Whitewater, but it has a lot more vertical and a lot more interesting terrain than I expected. I love their rolling terrain.

3. **VANCOUVER and VANCOUVER ISLAND.** Taking the ferry to the island and then skiing at: Mt. Cain and Mt. Washington. And might as well visit some of the ski areas clustered around Vancouver, BC, including Cypress Mt., Grouse Mt., and Mt. Seymour. Of the latter 3, I have only skied at Cypress Mt. so far, and that was a big and pleasant surprise. Cypress has more vertical, more steep terrain, and more fantastic views than I had ever imagined.

4. **MONTANA.** We've all been to Whitefish (Big Mountain) and to Big Sky, but also the 3 Montana ski areas closest to Oregon are unforgettable and deserving of another visit: Montana Snowbowl, Discovery, and Lost Trail. Oh, and Turner Mountain was wonderful. But on top of that, Eastern Montana beckons, with ski areas such as: Bridger Bowl, Red Lodge, Showdown, Bear Paw, and the Great Divide ski area.

So, tell us a bit about your skiing dreams. Email us at newsletter@mthigh.org

Skiing on Mt. Hood

Connect with other club members for skiing locally on Mt. Hood. Many of us have the Fusion Pass and ski at Timberline and Skibowl. Even more have a Meadows pass.

The best way to connect with others is to communicate via our **Forums** and our club's **Facebook** page. Facebook posts are public. The Forums are more private, just for club members.

Both are easily accessible from our website, www.mthigh.org. Both have their own buttons in the main menu.

We have two Forums (Google Groups). One for the whole club and the other for mid-week skiers.

Each forum is separate and if you want to participate in both, it is best to sign up for both by clicking on the "Join this Group" text in the upper right of the window.



FWSA Trips

Sun Valley Jan. 30 - Feb. 6, 2021

Solden, Austria Feb. 19-27, 2021
Postponed till 2022.

Zermatt, Utah, Mar. 21-26, 2021
Postponed till 2022.

Alaska Cruise, June 19-30, 2021

Dive trip to Roatan, Honduras,
October 9-16, 2021.

FWSA Ski Week in Aspen, January 22-29, 2022.

More details on our club's TRIPS page, or click on the above trip names or see the FWSA TRAVEL page at: <https://fwsa.org/>

Mt. High

Mt. High Wants You

Mt. High



Your club wants you! We know you have something to contribute.

Just take your favorite activity (biking, swimming, playing cards, movies, theater... whatever), and invite other club members to join you.

Organize a **TGIF** gathering, a **hike**, a **bike ride**, a **picnic**, a **party**, a day of **bowling** or **golf**, etc.

If you would like to organize some social activity, just let any of our Board members know, so we can put it on the calendar. Better yet, come to our monthly planning meetings, on the last Monday of the month.

Informative NWSCC Meeting



Feb. 17, 2021. (Wednesday) 6:45 - 8 pm.

Everyone is invited to the next NWSCC Council meeting via ZOOM!! A great opportunity to see and hear what's new in 2021. Also \$50 door prizes!

Guest speakers: Mt. Hood Skibowl & US Outdoor Store.

The Zoom location is <https://us02web.zoom.us/j/81003754078?pwd=OGdDbjBldXpyNWtoT2NVS2t3dGVHQT09>

Meeting code = 810 0375 4078 . Passcode = 544525

Want to Ski Japan - Early 2022 ?



A few of us are looking to see who is interested in a January or February 2022 trip to **Hokkaido, Japan**.

We are looking to join a Japanese tour operator for one week of excellent powder skiing. A good

budget estimate is \$3000 per week. This includes lodging, breakfasts, maybe a dinner or two, lift tickets, transportation to resorts and guided tours.

Optional post-trip. Afterwards some of us may do a week of touring on the main island.

Right now we need an estimate of those interested to get better pricing. Club members need to know that this is not a club trip and hence some things may be left to the members.

This will be a "bucket list" trip. The odds are high that this will be the best pow trip ever!

If you are interested, contact **Tom Rodrigues** at: trcreek@me.com.

A Day at Mt. Hood Meadows

A year ago, Emilio Trampuz won a day at Mt. Hood Meadows, complete with lift tickets for two, lunch at the new Sahale lodge, and skiing with Dave Tragethon, VP of Sales and Marketing at Mt. Hood Meadows. Since COVID cut last season short, the prize was claimed this January, 2021.

NOTE: This was a random drawing for a door prize offered by Mt. Hood Meadows at one of our NW Ski Club Council meetings. You too could have won. All it takes is to be present at an NWSCC meeting. Note that the next NWSCC meeting is happening online, via Zoom, on Wednesday, February 17, starting at 6:30 pm. This time, the guest speakers will be from Mt. Hood Skibowl and the US Outdoor Store. See page 2 for details.

Emilio invited Kurt Wilke as a ski buddy. It turned out to be a wonderful day. Mostly sunny.



Greg Pack, Dave Tragethon, Emilio Trampuz, Kurt Wilke

without the usually pronounced kneeling position.

It turns out that Greg is a hands on manager. After a couple of runs with us, he noticed that some help was needed directing traffic at the bottom of the Shooting Star lift, so he wished us well, said good-bye and jumped in to bring some order to the lift line at Shooting star.

Dave is also an excellent skier, and very health conscious, observing all the COVID rules, including social distancing (just 2 people per quad chair) and also wearing more one face mask on top of another one, for extra protection. Note that face masks were initially meant mainly to protect other people around us from our breath, but it later also became evident that face masks also protect the wearer as well.

Mt. Hood Meadows is also doing an excellent job protecting people from the dangers of avalanches. You might remember that there was an avalanche in Heather Canyon a few years ago. Well, now they are blasting the slopes to trigger any potential slides before they let people go ski there. We heard some of the blasting going on in the early morning.

The new Sahale lodge is a wonderful addition to Mt. Hood Meadows. The building is perfectly positioned between the South Lodge and the Daisy chair, and not far from the Buttercup lift. It is connected with the South Lodge by an enclosed Skybridge.

The rental department and Ski School have been moved to the lower level of the Sahale Lodge, so it is now closer to the beginner and intermediate lifts (Buttercup, Daisy, and the Magic carpet).

We were given the VIP treatment. We were given VIP passes, and we were greeted by both Dave Tragethon and Greg Pack, General Manager. They both skied with us in the morning.

Not all bosses are good skiers, but boy can Greg ski! He took the lead at high speed and made perfectly parallel turns. It took us a while to notice that those turns were a bit different than most skiers. On a right turn, the left ski went a bit forward and there was a subtle dip in the right knee. Aha! That was a telemark turn, but subtle and smooth,



On the second floor are the Wildflowers Cafe, the Bullwheel Bar and the Sahale Grill, as well as a spacious outdoor terrace, where some tables have glass-enclosed fireplaces. Very original. Inside, the dining room is called the Waterfall Room, because of a wonderful mural of a waterfall on one of its walls.

Sahale is a new lodge, but there is some history here, including the following: A glass wall on the west side of the dining room lets plenty of light in and also provides views of the adjacent ski hill.



Kurt, Dave, and Emilio at a fireplace table



The bullwheel above the Bullwheel Bar

A real bullwheel originally used at the upper terminal of the Hood River Express lift is now mounted as decoration near the ceiling on the second floor of the lodge. Also, above the fireplace there is a large wooden beam that was originally part of the old Yellow chair base building, the fixed two-seater lift that preceded the current Stadium chairlift.

With all these new developments and the fact that Mt. Hood Meadows has the largest and most varied skiable terrain on Mt. Hood, Meadows remains a fantastic place to ski, and a favorite among most of our club members.

After lunch, Dave went back to work and Kurt and I skied some more on our own. Overall, it was a great day. Thanks Dave and Greg! Thanks Mt. Hood Meadows. What a great place to ski!



Sahale Lodge and the Daisy chairlift

A Day at Timberline

Timberline was blissfully uncrowded on a sunny Sunday, Dec. 27, 2020. This video shows 4 things:



1. Skiing during the COVID-19 pandemic.
2. How Timberline is never crowded, even on the busiest days when all parking lots are full. Timberline's lift capacity far exceeds their parking lot capacity, so lift lines are short. The only time the lift lines get long is if one or more lifts close down due to the weather, thus pushing everyone onto the remaining lifts.
3. How there's more to Timberline than meets the eye. There are hidden treasures there.

4. An unusually busy bumper-to-bumper traffic heading up to Mt. Hood, probably for night skiing, on Sunday afternoon around 3 pm.

See the video on YouTube at: <https://youtu.be/BmPwvmEXF-U>

Chair Falls Off at 49° North

Just one more incentive to not swing the chairs.



At approximately 11 a.m. on December 5th, 2020 one chair detached from the line on Chair 1. Two people were on the chair when it fell and were promptly attended to by our Ski Patrol. They were shaken up but reported only minor injuries and left the mountain under their own power. After assessing the situation, the rest of the guests on Chair 1 were safely unloaded and the chair was closed.

The chair detached from the line because a key piece of the attachment mechanism, the cotter pin, had failed or was missing from its clip. The chairs on this lift are held in place via a cotter pin placed inside the clip shaft, then bent at an angle to keep the pin in place.

The pin has not been found, so it is not known if it had broken or had somehow come out. During the summer maintenance, all cotter pins on Chair 1 were replaced with brand new ones, checked and inspected, all fewer than 50 operating hours prior to the incident. Following Saturday's incident, and after thorough inspection of every single chair and their individual components, no signs of any other missing or damaged parts were found.

This chairlift was inspected this fall by a Washington State tramway inspector with decades of experience. Chair 1 was also load tested this fall, which is a stress test that is required by code every seven years. The chairlift passed all inspections and was issued a certificate of operation by the State of Washington this fall.

This chairlift will not open to the public until the installation of an upgraded retaining system that has a superior and redundant secondary fastening system. This will circumvent any issue with cotter pins in the future. The new system uses a spring pin which is much more durable, and is superior to the cotter pin system in that it is self-retaining.

NOTE: This kind of accident is extremely rare.

New Chairlift #2 at Mission Ridge



One of the most critical aspects of the Chair 2 replacement project is now complete! The haul rope has been spliced and is sitting in place. At 56,000 pounds and 14,000 feet long, the haul rope is an impressive component of the chair. See [Episode 15 of On The Way Up](#) for an update on the process.

This week will see the alignment of terminals and towers, finishing work on the electrical connections on each tower and the loading carpet will be installed. The project is in the home stretch. Once the work is completed, necessary inspections and testing will be scheduled. Just in time for our trip. See page 7.

Lift Tickets

Remember when just a few years ago we were shocked that some ski areas started charging more than \$100 for a lift ticket?

Well, prepare to be shocked again! Some ski areas now charge almost \$200 for a day of skiing, and now, even our local ski areas are charging over \$100.



The really expensive ski areas don't even publish their price list any more. Instead, you have to tell them which day you plan to ski and then they will tell you how much a lift tickets will cost that day.

Just a few prices for an adult on Saturday, February 13, 2021:

1. Vail = \$229.
2. Aspen = \$194.
3. Alta = \$149.
4. Mt. Hood Meadows = \$129.
5. Timberline = \$104.
6. Mt. Hood Skibowl = \$84.

But, you can ski Badger Mtn., WA for just \$10.

Mission Ridge Ski Trip

2 or 3 days, with optional pre- or post-trip

February 21-22-23, 2021. (Monday - Tuesday - Wednesday).

START DATE: Sunday, Feb. 21 -- Drive to Wenatchee & check in.

SKIING AT MISSION RIDGE: 2 or 3 days (your choice): Monday, Tuesday, and Wednesday, Feb. 22, 23, 24

UPDATE: We have over 30 people interested in this trip so far. Many have already made their hotel reservations.

Note that this trip will be different from our usual ski trips - because of the virus pandemic:

1. Everyone will be driving their own car. We will NOT have a bus..
2. For lodging, you can select your own room-mate (optional), or simply have a room to yourself. Your choice. We will not be pairing you up with a stranger.
3. You are responsible for purchasing your own lift tickets, either day tickets or a season pass (Fusion or Indy).

KEEP OUR TRIP LEADER INFORMED

Everyone who signs up for this trip, please contact Linda McGavin and let her know the following:

- Did you make your hotel reservations, and for how many nights (2 or 3 or more)?
- Will you need a lift ticket, or do you have a season pass (Fusion or Indy).

Remember that you are responsible for getting your own hotel reservations and your own lift tickets (or a season pass), but let Linda know your plans.



SKIING

Your skiing will be free for up to 3 days if you have a Fusion Pass, or for 2 free days if you have an Indy Pass. You don't need both passes. In fact, you don't need any of them, but then the trip will cost you more. Due to COVID, there are no group discounts for lift tickets this year.

ALL of us will need to make **reservations** for skiing at Mission Ridge, even if you have a Fusion or Indy Pass, ... and none of us can make reservations more than 7 days in advance. The total number of skiers should not be an issue mid-week.

Depending on your having a pass or not, to make your reservations, go

to the appropriate page on the Mission Ridge website. Click here if you have: 1. [INDY PASS](#)

2, [Powder Alliance \(Fusion Pass\)](#)

3. [Tickets for non passholders](#)

HOTEL - Book your own room.

Cedars Inn in East Wenatchee, 80 9th Street NE, East Wenatchee, WA 98802, (509) 886-8000 within less than half a mile from the bridge linking East and West Wenatchee. It is one of the closest hotels to the ski area, located just 13 miles or 20 minutes away. **Please book your hotel room early - there is no penalty for cancelling.**

Call the Inn directly and book a room for either 2 or 3 nights starting February 21, 2021. Tell them you are with the Mountain High Snowsport Club to get the special rate. You need to give them your credit card information, but your card will not be charged until you arrive. They have told us that you will be able to cancel up to 24 hours in advance without penalty (but please be considerate and cancel earlier if you need to).

The discount price of the rooms is \$64/night plus tax for a king bed and \$74/night plus tax for 2 queens. This means that with tax, a king room will cost \$71.68/night, and a double queen room will cost \$82.88/night. It does not matter if there are 1 or 2 people in each room; the price is the same.

Each room has a refrigerator and microwave, along with free wi-fi and other regular hotel amenities. They cannot offer a hot buffet any more, but do have a "breakfast in a bag" with a bowl that can be heated in the room.

The bowl includes eggs, potatoes, sausage and bacon (vegetarians would have to get special bowls). They have juice and tea and coffee at the front desk. There are lots of restaurants nearby, and there is good walking around there. Note that many of the restaurants might serve only take-out food.

There is a hot tub, but Covid restrictions don't allow their use.

Mission Ridge is part of the **Powder Alliance**. This means that if you have a Mt. Hood Fusion Pass to Timberline and Skibowl, you can ski for free for up to 3 mid-week days at Mission Ridge, or at half-price on weekends.

Mission Ridge is also on the **Indy Pass**. Some of our members have already purchased the Indy Pass, which gives you 2 free days at Mission Ridge along with White Pass, 49 Degrees North, and Hurricane Ridge in Washington; Brundage, Tamarack, and Silver Mountain in Idaho; and Hoodoo in Oregon.

For the Mission Ridge trip, if you have a Fusion Pass, you don't need an Indy Pass, and vice-versa.



NOTE 1: The Indy Pass went up in price after November 30th, 2020.

NOTE 2: The Fusion Pass is no longer being sold, after November 8. Those who have purchased the Fusion Pass should have received it in the mail by now.

Mission Ridge is in central Washington, on the eastern side of the Cascades, where the air is drier, the powder is better, and there are fewer crowds.

Mission Ridge is known for its World War II bomber wing displayed on the side of one of the trails. Also its bomber cliffs for some challenging skiing. It also has excellent cruising terrain top to bottom. And there is also the statue of a Yeti that we

have never noticed before -- it might be something new.

Mission Ridge has replaced its chair number 2, known as the "Liberator" this summer. It's the chairlift that takes you to the top of the mountain and each chair now has a shield against the wind and snow. There is a series of 7 short videos - all filmed this summer - showing the construction of the new lift. See the latest episode #15 at: <https://youtu.be/0CXhTh56V6s>.

Are you interested in a trip to Mission Ridge as described above? Or do you have any questions or suggestions? Either way, contact **Linda McGavin** at Trips@mthigh.org.

Optional pre-trip --- You can do anything you want during the weekend. The option announced earlier to visit 4 smaller ski areas north of Wenatchee including: Loop Loop, Echo Valley, Sitzmark and Badger Mountain is not feasible because Echo Valley will close for the season on February 14. So, these 4 ski areas should be skied separately from the Mission Ridge trip. If you are interested in visiting these four, either now or at some future time, contact Emilio for more info at Emilio2000@earthlink.net.

Optional post-trip --- Totally up to you, but you could stop for a day (or more) at Steven Pass or Crystal Mt. or White Pass. It's mid-week, so it probably won't be crowded. For Stevens Pass, you can stay at the same hotel in Wenatchee for an extra night and then visit Stevens Pass on the way home. Stevens Pass is 1 hour and 9 minutes from our hotel in Wenatchee.

For Stevens Pass, if anyone is interested in going there following skiing at Mission Ridge, it is now in the Vail Resort system, and access to lift tickets will all be by reservation only. Anyone wanting to go on and ski there would have to wait until closer to our trip date to see if you could get an online reservation and purchase your lift ticket for a specific day. There is no indication on the website as to what the cost of tickets will be. They recommend that people buy an Epic Pass to have priority for reservations.

Contact trip leader: **Linda McGavin**, Trips@mthigh.org.

Ski The Glade Trail Day Mar. 6, 2021. Organized by the Mt. Hood Cultural Center & Museum.



Lloyd Musser, Curator
Mt. Hood Museum

This year, the Glade Trail Day will be different, with all kinds of interesting twists. It is not safe to pack people into a shuttle bus, so there will be no skiing the trail. Instead, we'll have several virtual activities, including:

- **Enjoy watching** photos and a video of the Glade Trail.
- **Photo contest.** Post your best picture from the Glade Trail on the Mt. Hood Museum's Facebook page. Or email it to the Museum at: info@mthoodmuseum.org.
- **Participate in a raffle.** Yes, you can win something.
- and more.

Stay tuned for more details TBA.

Also, participate in next year's Ski the Glade Trail Day. Put that on your bucket list.

The Glade Trail is 3 miles of mostly intermediate and easy cruising terrain. This is where people skied long before there were any ski lifts on the mountain. So experiencing the Glade Trail is a bit of living history. The Glade Trail is normally groomed only once a year on the first Saturday in March. See the video on YouTube at: <https://youtu.be/3A1jucFz4Yo>.



New Sign at Silent Rock

It has been a tradition among many locals around Mt. Hood to observe a moment of silence when they drive past Silent Rock on highway 26, about 4 miles west of Government Camp. The Rock is located just one turn below the Map Turn. This photo shows the Rock as seen from above, driving down toward Portland.



It's a time to be one with the spirit of the mountain and to be thankful for a wonderful day in nature. Stop talking for and turn the radio off.

Many people when they first hear about this think: "What a quaint superstition!" But then it hits them that this is all about our relationship to the natural world around us, and many proceed to observe this moment of silence for the rest of their lives.

The Oregon Department of Transportation has placed some new signs in recent times, including a sign that in addition to saying "Road 39" also identifies it as "Kiwanis Camp" Road.

And now this latest sign, posted some time within the last week of January 2021. The sign says: "Silent Rock. Shush." The Rock here is much smaller since part of it got blasted away some 20 years ago. It used to be much more imposing, inspiring awe at the time when the legend started. It felt like you were driving through part of the mountain.

PACRAT Racing Different but still Strong

Pacific NW Area Clubs Recreational Alpine Teams

This winter season, due to COVID-19, our schedule will be different. Instead of the usual 5 daytime races, we will have 3 daytime and three night races. Each team should split into two halves. Part of your team should participate in only the daytime races while the other part should participate in only the nighttime races. Each racer participates in only 3 races.

Also, instead of weekends, all races will be held mid-week.

JANUARY

Jan. 29 (Fri.) PACRAT weekday Race 1 -Skibowl

FEBRUARY

Feb. 4 (Thur.) PACRAT weeknight Race 1 - Meadows

Feb. 22 (Mon.) PACRAT weekday Race 2 - Meadows

MARCH

Mar. 5 (Fri.) PACRAT weeknight Race 2 - Skibowl

Mar. 12 (Fri.) PACRAT weeknight Race 3 - Skibowl

Mar. 26 (Fri.) PACRAT weekday Race 3 - Meadows

There are currently 137 total registered racers. The racers come from several local sk clubs. About half of them (or more) are from our Mountain High club.

In a normal year, there are a total of 200 or more racers, of which about 100 - 120 are Mountain High members. But this is not a normal year, because of the COVID pandemic, so our number of racers is smaller than usual.

Ski areas limit the number of racers or any kind of groups to just 100. That is why we had to split our racers into two groups.

PACRAT will verify your membership in the club that you indicated during registration. If you have not already, please pay your membership dues to the club. You will not be permitted to participate in PACRAT races until we have been able to confirm your membership in the club you indicated during registration.

Questions? Contact Alan at: racing@mthigh.org.

For more info, see:

1. the PACRATS web site: www.pacrats.org , or
2. our RACING page: www.mthigh.org/Racing.htm



Remembering Lee Perry

June 3, 1930 - Jan. 5, 2021

Lee Perry was a passionate skier and one of the pioneers of Adaptive Skiing.



He lived in Government Camp, at the end of Blossom Trail Street and the start of the Glade Trail. Born in Portland and attended

Franklin High and Portland State University, he was also an Eagle Boy Scout and a Mazama member.

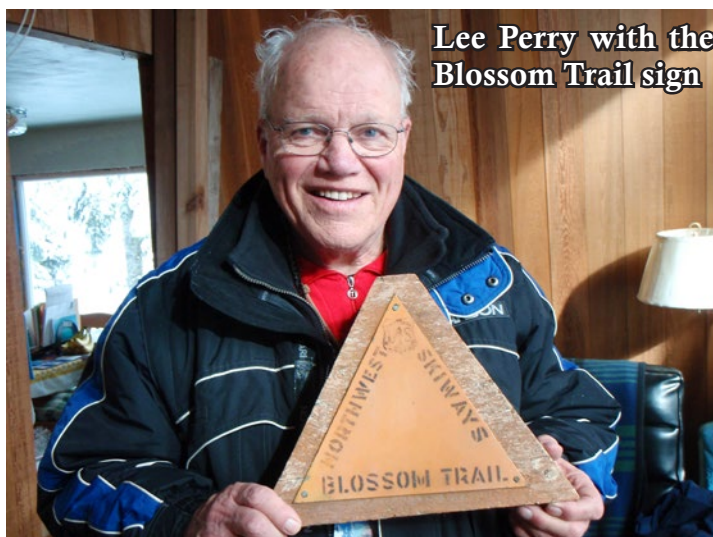
He started teaching skiing for the Portland Jaycees in the 1950s and became a Full Certified Ski Instructor. He became a PSIA examiner, and he served on the Board of Directors representing the Mt. Hood region. He served as President of PSIA twice.

Lee wanted his friends, who were amputees, to learn to ski with him. Understanding the technical aspects of skiing, he started designing and experimenting with equipment that would allow them to ski using outriggers. He developed the equipment and the technical manuals, and instructed the first amputees on how to ski.

Lee taught skiing on weekends for Timberline Ski School, and later he began teaching for Powder Hounds Ski School. He eventually became a co-owner of Powder Hounds with his son.

In 2010, Lee Perry assisted Timberline ski host Mike Cullen and Bruce Haynes (US Forest Service) to find the path of the Blossom Trail between Timberline and Government Camp. Lee had one of the original Blossom Trail signs from long ago, and helped Mike Cullen place new trail signs primarily meant for skiers. The Blossom Trail is between the Alpine and Glade trails.

Instead of flowers, the family would like people to support one of Lee's passions, the **Mt. Hood Cultural Center and Museum** (<https://mthoodmuseum.org/donate>).



Lee Perry with the Blossom Trail sign

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****2020 Man & Woman of the Year**

Linda McGavin is our Trips Director and trip leader, and one of the founders of our club and of the NWSCC. She is the NWSCC Communications Director.



Bill King is our club's Vice-President and a ski trip leader. He is also the Treasurer for the NW Ski Club Council.

Update: Bill is also the NWSCC man of the year.

Mountain High Board Meeting

Mar. 2 (Tue.): Open to all who want to get involved with the club. Starting at 6:30 pm.

These Board meetings will be held on-line as long as COVID is still a threat.

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078
Vice-President: Bill King H: 614-371-4762
Secretary: Michele Gunness
Treasurer: Nancy Pratt H: 503-593-9427
Past President: Kurt Krueger H: 503-625-1492
Membership Director: Karen Michels H: 503-984-9210
Racing Director: Alan Bean H: 503-849-8009
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171
Social Activities: Debbi Kor H: 503-314-7078
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Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1 - Sept. 30): Single (\$30); couple (\$50) \$ _____

☐ **NOTE:** We are not collecting any money for the Mission Ridge trip. \$ _____
 (Pay directly to the hotel and to the ski area.)

☐ **Other:** _____ \$ _____

Total: \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 168 Newsletter Distribution

The Jan. - Feb., 2021 issue is posted on our web site. Also:
152 copies sent via email (as PDF file)
 3 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2020-03-01.xls>

Mt. High Free stuff on our Bulletin Board

There are a few interesting things on our Bulletin Board, including:

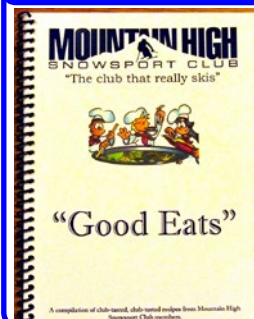
1. **Cable Chains.** Totally FREE. IF they fit your tires, grab them.
2. **Slalom Race Skis.** Almost new. Perfectly tuned. Bargain price of \$450 includes bindings.

Our Bulletin Board: www.mthigh.org/BulletinBoard.htm

Shred Hood is Back!!!

The website <https://shredhood.com/> is all about Mt. Hood. Several new articles for this season:

- * [Fresh Action Shots from Grant Myrdal](#)
- * [The 3 mask rule and other COVID tips](#)
- * [Melting Glaciers Add to Fumarole Risk](#)

Mt. High Cookbook

This 34 page cookbook is available for \$10. It has soups, salads, entrees, desserts, from our club members.

The cookbook includes recipes from the late Swiss chef Kurt Mezger. Contact Debbi Kor: ijustwannarun1@comcast.net, or call 503-314-7078.

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [SnowVision - A Better Rx Goggle, Fog Free](#)
- * [CARV: An AI Real Time Digital Coach](#)
- * [Tips for Better Smartphone Photos](#)

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 Please check our web site,
www.mthigh.org
 for updates.