



Lift Lines

= No. 227, November 2019 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Membership Renewal



If you have not renewed yet, please do so now! If you have joined the club this Summer or Fall, you are all set for the winter season.

Renew online on our website, with the [SIGNUP & PAY](#) button in the main menu.

DTF Form

Whenever you send a payment to the club, especially if it is for multiple items (membership, trips, etc.), always fill out the [Dough Transmittal form - Word document](#).

If you paid online, email the form to: Forms@mthigh.org, or mail it to the club's PO Box along with your check.

Get to Know Us

The best way to get to know other club members is to join us on a **ski trip**. See pages 7 -10.

Second best is to **communicate** with us in one of our 2 Forums or on our Facebook page. Invite people to join you on Mt. Hood, or respond to other people's announcements. See page 5.

Membership Cards



Do you feel like mailing out 300 membership cards to all our members?

No? Neither do we. So, please pick up your card in person:

- **Nov. 1-3 (Fri-Sun) Ski Fever & Snowboard Show** at the Expo Center. At our booth there. Or
- **Nov. 7 (Thur.): Membership / Kickoff Party** at the Lucky Lab, 7675 SW Capitol Hwy., Portland.

Help the club

A few volunteers are needed:

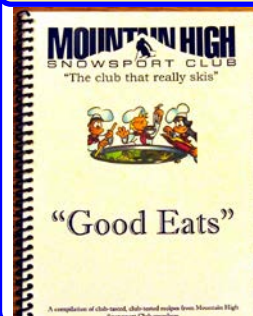
1. For our booth at the SkiFever Show. Contact Emilio. See page 3.
2. Help set up for our Kickoff party. Contact Karen. See page 3.

Accept Emails

Don't miss out on the club's news because your email system might throw our emails to your Spam folder, please add: mthigh@mthigh.org to your email address book.

When you join our Forum(s), please select to receive "all emails". Otherwise you won't be notified when something interesting happens.

Mt. High Cookbook



This 34 page cookbook is available for \$10. It contains soups, salads, entrees, desserts, and more! All from our ski club members.

You can get one at our social events. We'll have them at the SkiFever Show and at our Kickoff Party.

Or contact Debbi Kor at: ijustwannarun1@comcast.net, or call 503-314-7078.

TO DO LIST

How many of these can you check off the list this season?

- Buy a season pass.
- Get your snopark permit.
- Renew your club membership.
- Join a recreational race team.
- Sign up for a ski trip.
- Wax and/or tune up your skis.
- Visit a ski area you have not yet skied.
- Come to a club social event (Kick-off party, Chocolate Party, Pizza party).
- Read Lift Lines cover to cover.
- Join one of our Forums.
- Join our Facebook page.
- Make friends with someone new in the club.

Note the color code.
Our club is blue.

2019 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

NOVEMBER

Nov. 1-3 (Fri-Sun): Ski Fever Show - Expo Ctr.
Nov. 2 (Sat.): Heritage Night at the Museum
Nov. 5 (Tue.): PACRAT 101 West
Nov. 7 (Thur.): Membership / Kickoff Party
Nov. 13 (Wed.): PACRAT 101 East
Nov. 16 (Sat.): Pray For Snow Party
Nov. 22-23 (Fri-Sat): Snowvana -Convent. Ctr.

DECEMBER

Dec. 2 (Mon.): Mt. High Board meeting
Dec. 6-7 (Fri-Sat): Sandy Ski Swap + Warren Miller movie
Dec. 11 (Wed.): NWSCC 40th Anniversary and PACRAT bib pickup
Dec. 28 (Sat.): HHH: Ski Movie Outtakes

Mt. High annual Seafood Party

October 12, 2019. (Saturday) 45 people showed up for our annual seafood party. And what a party it was! The club provided salmon cooked several ways, crab quesadillas, Bruce's famous smoked salmon dip, shrimp, Cajun Shrimp Chowder, and mussels. People also brought side-dishes, salads, and deserts.

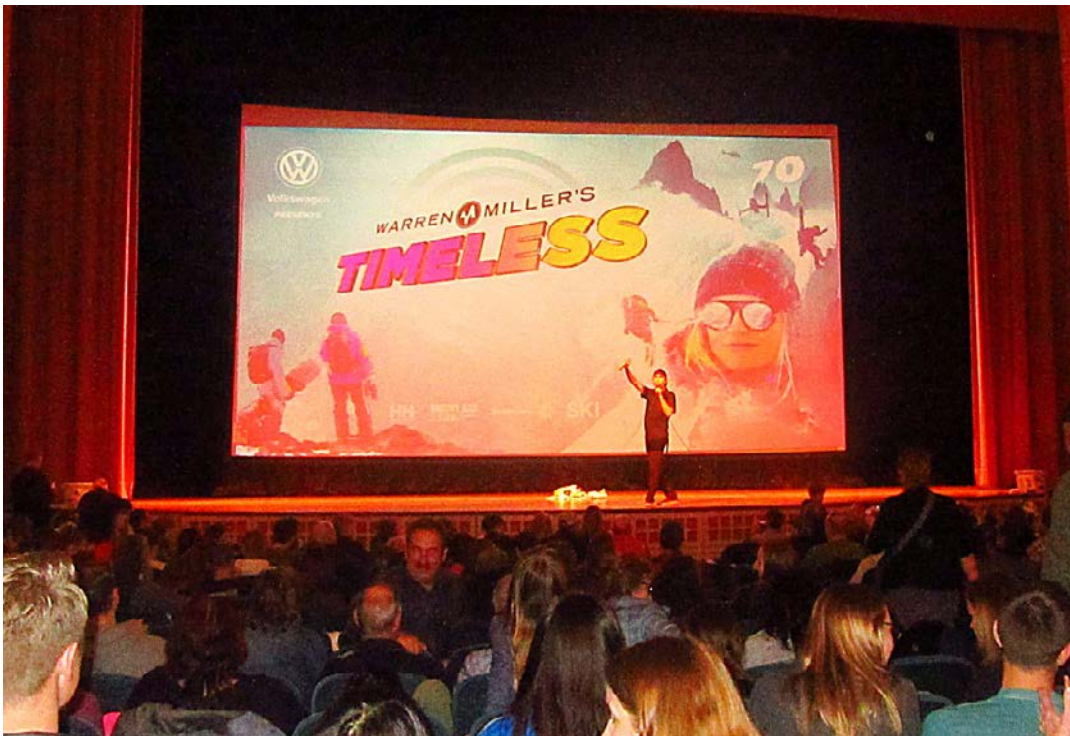
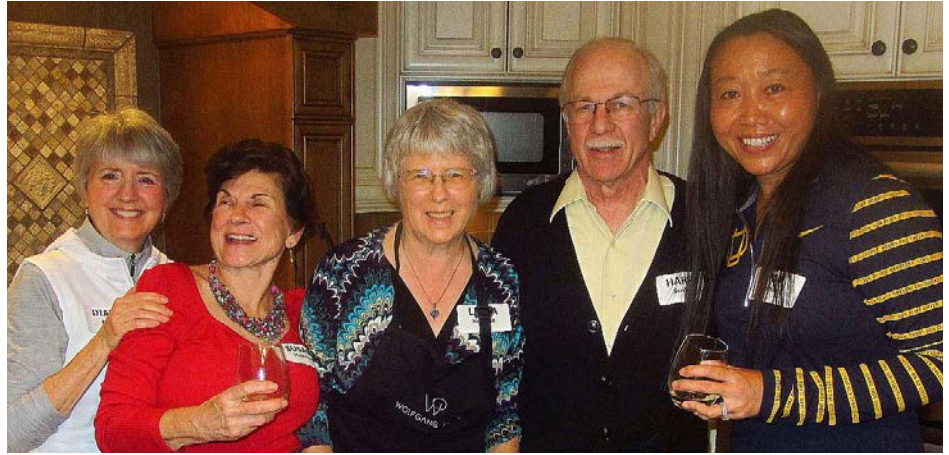
Thanks to all the cooks that prepared the food, especially **Linda McGavin** who coordinated it all.

And a big thanks to **Terri and Ron Best**, who hosted the event at their home.

Top photo on the right shows our volunteer cooks, with Linda in the center.

The lower photo on the right show just part of the room where we ate and enjoyed each other's company.

More on our website [PHOTOS](#) page.



Warren Miller's "Timeless"

October 25, 2019. (Friday)

Sandra Busch Smith organized the dinner/drinks and movie event.

About 60 people participated in our group purchase of movie tickets, and around 25 of them came to the pre-movie social.

The movie was good. Yes, some of the usual death-defying acts, but also some terrain that we mere mortals could actually ski. And the music was better than usual too.

Mt.High booth at the

Portland SkiFever & Snowboard Show**Nov. 1 - 3, 2019 (Fri - Sun.)**

The **SkiFever & Snowboard Show** offers the biggest gear sale and the biggest ski swap in Oregon.

SkiFever provides live acts, interactive exhibits and ongoing giveaways. Enjoy the **SkiFever BrewFest**, with beer from Deschutes Brewery, **Oregon WineFest**, and regional spirits.

Save up to 70% off on top brand gear, clothing and accessories! Sell your own gear at the giant ski swap and keep 80% of the selling price. Get 2-for-1 lift tickets to local ski areas. And much more.

Location: Expo Center, 2060 N. Marine Dr., Portland.

Come visit the Mountain High club's booth!

We will have a booth at the Show at the Expo Center. You can come to our booth and **renew your club membership, sign up for trips, and find out more about our club.** Pay by check, not cash.

We will need several volunteers to take on a 3-hour shift staffing our booth. All volunteers will receive a free admission to the Show.

Volunteers, please contact **Emilio Trampuz**, and tell him which day and what time of day would work best for you. Reach Emilio at: Emilio2000@earthlink.net or 503-510-1477.



Mt.High

Mt. High Kickoff Party + Mini Ski Swap

November 7, 2019, (Thursday) 6:30 - 9:30 pm.

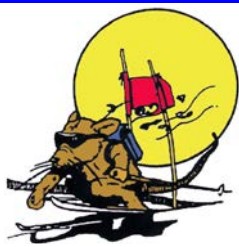
Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food, and door prizes. Lots of good swag.
- * Meet fellow club members.
- * Renew your membership (\$30 singles; \$50 couples)
- * Sign up for trips. Join a PACRAT race team. Bring a friend.
- * Bring something to sell or swap. But please be there to sell it yourself. We don't have anyone to watch over it.
- * Bring some non-perishable food to donate to Food Bank.

Location: Lucky Lab, 7675 SW Capitol Hwy., Portland. More info at: www.mthigh.org/#Kickoff_Party

VOLUNTEERS are needed to help set up. Please contact Karen, skiklynn@gmail.com, 503-984-9210.

NOTE: This is the last opportunity to renew your membership in person, or pick up a trip flyer and sign up for a trip in person. Try to decide on a trip or two by this night.

PACRAT 101 - Introduction to Racing

A recruitment and education class, open to everyone. Bring friends who might be interested in racing. New club members can learn about our racing program.

WEST: Nov. 5 (Tues.), 2019, 5:00 pm - 8:00 pm at Meadows PDX, 1639 NW Northrup St, Portland.

EAST: Nov. 13 (Wed.), 2019, 5:00pm-8:00pm at Hillcrest, **New location**, 2424 SE Burnside Rd, Gresham

Pray for Snow party

Nov. 16 (Saturday.) 2019. Starting at 7:00 pm.

Location: Charlie's Pub, Government Camp.

Organized by the Schnee Vogeli club. Come celebrate the upcoming winter. Live music, and door-prizes. All local skiers and riders are invited. Local lodging available at Huckleberry Inn, Web: Huckleberry-Inn.com. Phone: 503-272-3325.

Tickets are \$20. Sold in advance (not at the door). Tickets always sell out completely before the event.

Contact your favorite member of the Schnee Vogeli club. Or contact: PrayForSnow@SchneeVogeli.com.

NWSCC 40th Anniversary Celebration and PACRAT's 30th Anniversary & Bib Pickup



December 11, 2019 (Wednesday). Starting at 7:00 pm.

Members of all local ski clubs (especially former club officers) are invited to to come help us celebrate!

The NW Ski Club Council's annual December meeting is one of the most fun meetings all year, as it always includes PACRAT's bib pickup and a lively Pie Auction to benefit a charity - this year to the Mt. Hood Cultural Center & Museum.



When: December 11, 2019, starting at 6:00 pm

Where: LOCATION TBA (Since the originally planned Lagunitas room is closed)

Send: Each club is invited to help us celebrate their history by providing the NWSCC with historical information about the club - in writing and through pictures (please submit in .jpg format to editor@nwski.org). We may have a slide show, which could be a lot of fun as we see what we looked like years ago!

Heritage Night - at the Mt. Hood Museum



HERITAGE NIGHT 2019
Mt Hood Cultural Center & Museum
Government Camp, OR

Saturday November 2, 6pm - 10pm

CONTACT: 503-272-3301

Join us for a night of fun, drinks, appetizers & Auction to support our museum!

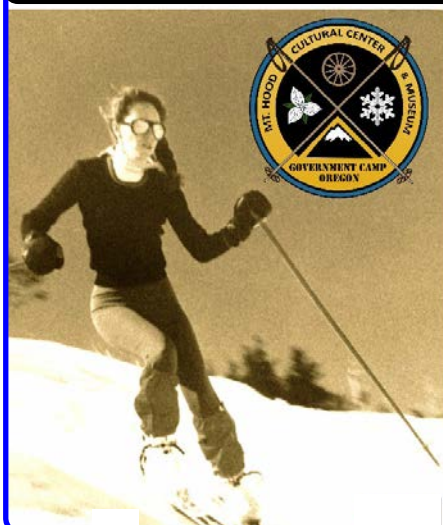
November 2, 2019 (Saturday) 6 - 10 pm.

Mark your calendar now for Heritage Night 2019 "Welcome to the Heart of the Mountain." The annual mountain celebration takes place Saturday, Nov. 2, from 6 to 10 p.m. at the Mt. Hood Museum in Government Camp.

This is a night of friends, food and fantastic silent and oral auctions to benefit the Mt. Hood Museum. The event is free to all members of the museum, and memberships can be purchased or renewed at the door. Museum membership starts at \$20 for individuals and \$40 for families.

The museum is located at 88900 E. Highway 26 in Government Camp. For more info, contact: Mt. Hood Cultural Center and Museum, Phone: 503-272-3301, info@mthoodmuseum.org, Web site: www.mthoodmuseum.org

History Happy Hour - Vintage Ski Movie Outtakes



December 28, 2019 (Saturday) 6:30 pm.

Curator Lloyd Musser will present some vintage ski movie outtakes during the Social History Happy Hour in December. (There will be no History Happy Hour in November.)

Be entertained and learn something new.

Location: Mt. Hood Museum, Government Camp.

Doors open 6:30, presentation starts at 7 pm. Beer, wine, and soft drinks can be purchased.

Presentation is free. Donations to the museum gladly accepted.

For more info, contact: Mt. Hood Cultural Center and Museum, Phone: 503-272-3301, info@mthoodmuseum.org, Web site: www.mthoodmuseum.org

Let's Communicate!

As ski season approaches, our Forums and Facebook page will come to life again. Use these tools to communicate with other club members and arrange to meet up on the slopes.



Let's ski together!

upper right corner of the Forum window. Then click on it to formally join our group (our Forum).

4. Read more about this whole process at the following Google help page:

<https://support.google.com/groups/answer/1067205?hl=en>

Note that the first few steps are a general description of how to find a Group starting from scratch. You can skip those first couple of steps because you already know which group you want, so instead of searching for it, you simply click on the link to our Forum on our website, www.mthigh.org.

5. To simplify things, we'll try to send everyone a direct invitation to join both Forums (Google Groups), the All-club Forum and the Mid-Week Forum. Follow the instructions in each email to accept the invitation. Hopefully, this will be easier than following all the other steps above.

TRIPS web page

Yes, a **day trip** to Mt. Hood is also a trip, so check out the **TRIPS** page on our web site, and look for announcements about either mid-week or weekend trips to Mt. Hood. Then join us on the slopes on the pre-announced days.

Facebook Page



Our club's **Facebook** page is another way for our members to communicate with each other, in addition to emails, our web site, and our two Forums.

Start on our web site, mthigh.org and click on **Facebook** button, or go to: <https://www.facebook.com/groups/1528330064067232/>

Join this Facebook group and post your thoughts and photos there!

Mt. High Forum Tips

See the [Forum-All Club](#) and the [Mid-week forum](#) on our website.

* If you are new to the Forum, you can **view** all the messages, but if you want to post your own, please click on "**Join this Group**" in the upper right of the Forum page.

* If you don't see the "Join this Group" text in the upper right, that means you are already a member of the group.

* If you receive an **email** whose subject matter starts with bracketed text such as: **[Mt High]**, it means this is an email from the group. If you reply to it, **you are replying to the whole group**.

* **To start a new topic**, in the Forum click on the red "New topic" button.

How To Join our Forums

After several inquiries, we recently became aware that different people see different things when they open one of our Forums.

1. In order to see the text that says "**Join this group**", you first need to have a **Google account**. You don't need to have a Gmail address. You can create a Google account with any email address.

2. In addition to having a Google account, you need to **sign in** to that account. Apparently, you can sign in just once and then remain signed in forever. But you do need to sign in at least once, so that Google knows who you are.

3. After both of the above are done, you should be able to see the text "**Join this group**" in the

Your Forum Settings

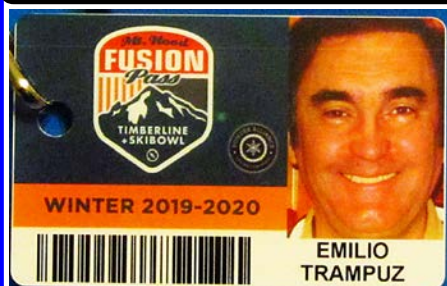
During the process of joining the group, specify **all** of the following.

Your name or nickname. You don't have a nickname? Give yourself one. It's simply a name by which you wish to be known in the Forum.

Your email address, so you can receive Forum emails.

Your email preferences. There are several options. It is best to select to receive "All emails", to receive emails in real time, so you can respond in real time. Another option is to receive just a daily Digest of all the Forum messages within the past day. This is usually sent out around 4 pm. That means if anyone replies to you after that time, you won't receive it until the following afternoon.

Season Passes Comparison Chart



Prices will go up immediately after the SkiFever Show, so buy your season pass by November 3.

Use the Comparison Chart we have compiled to figure out which pass is best for you. Note that many season passes now include benefits at other ski areas as well. So, a lot depends on where you plan to ski.

The Comparison Chart has been published in the September and October issues of Lift Lines. A slightly **updated** version of it has been posted on our

website, on the ARTICLES page, where we keep some articles of more permanent value. See this chart at: <http://www.mthigh.org/Articles/Season-Passes-Comparsion.pdf>

Note that in addition to the regular season passes, Mt. Hood Skibowl also offers a Night Skiing season pass for just \$189.

Also note that **Meadows, Timberline, and Skibowl** will be offering **Spring Passes** valid for 3 months of skiing in March, April and May, for about \$139 - \$160. So, for maximum variety, consider buying a season pass to one of them, and then at the beginning of March, buy a Spring Pass to one of the others.

TRIPS & Payments to the Club

NOTE: Your spot on the trip is not guaranteed until you put down a deposit.

You can make it official by mailing the trip deposits or by paying online.

You can now renew your membership and sign up for trips, racing and more online on our “Signup & Pay” page at: <http://www.mthigh.org/Signup-Pay.htm>

Whenever you send any money to the club, please always send in a filled out [Dough Transmittal Form](#) (DTF). You can either mail it to the club’s PO Box, or email it to Forms@mthigh.org.

NOTE: All of the above applies only to Mountain High trips, not FWSA or NWSA trips, which have a separate signup process of their own.



Upcoming FWSA Trips



The Far West Ski Association, which we are all part of, has several trips planned. See more details on the [FWSA web site](#) or by clicking on the links below.

Jan. 25 - Feb. 1, 2020	2020 Ski Week at Big Sky, Montana , with Sports America Tours.
Mar.29 - Apr. 3, 2020	2020 Mini Ski Week at Big White , British Columbia
Jan. 30 - Feb. 6, 2021	2021 FWSA Ski Week in Sun Valley , Idaho, with Skigroup.net
March 2021	2021 Mini Ski Week at “Zermatt Utah Resort and Spa” with Ski.com

NOTE: There is much more detailed information about all these trips on our Mountain High website, on the TRIPS page at: www.mthigh.org/Trips.htm.

Mt. High

Washington Trip: 49° North, Mt. Spokane, Bluewood



3.5 days / 3 nights / 3 ski days.

January 17 - 20, 2020. MLK Weekend (Friday - Monday).

Saturday at: **49 Degrees North** - Great terrain!

Sunday at: **Mt. Spokane** - New lift and 7 new trails on back side.

Monday at: **Bluewood** - has the best powder.

Each ski area offers something unique, such as the 7 Deadly Sins at 49°N, the historic Vista House at Mt. Spokane, and the best snow at Bluewood.

Bus ride: We'll start the trip on Friday at 1 pm and ride the bus to Spokane. We'll return Monday night (MLK day), by 8 or 9 pm. The bus ride itself will be fun. We'll share food, play games, tell jokes, watch short videos, etc.

Lodging: At La Quinta in North Spokane for the first two nights. Last night at Best Western in Dayton, WA, 35 minutes from Bluewood.

Both hotels have a hot tub and indoor swimming pool. Also free Wi-Fi and free breakfast. All rooms have a hair-dryer, coffee-maker, and microwave and refrigerator. **Note: There is room for another 10 people.**



49 Degrees North ski area, offers 5 lifts serving interesting terrain. Everyone likes the variety, which includes skiing the "7 deadly sins", Mahre's Gold, Angel Peak, 2 Ullr's bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades.



Mt. Spokane has 5 lifts (not counting the beginner ones) serving 3 separate faces of the mountain: the front side, the old back side, and now an entirely new back side with its own new lift (chair 6) and 7 new trails. Visit and have lunch at the historic Vista House at the top of the mountain.

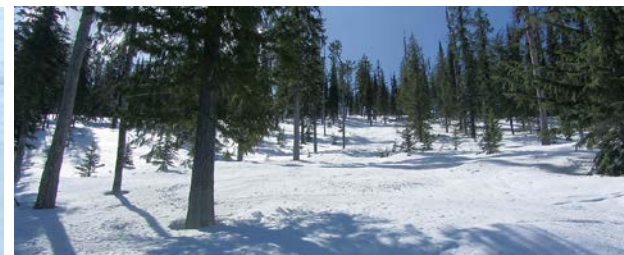


Bluewood has so far proven to have the best powder most of the time, even when other ski areas don't have much. It has 2 lifts serving 2 separate hills. Lots of groomers, but also epic tree skiing.

Bluewood is already almost half way home, so our ride home will be shorter than if we stayed in Spokane all 3 nights.

We'll ski till about 2:30 or 3 pm, and

then ride the bus back home. We'll stop for dinner on the way home and will return to Portland around 9 pm on Monday.



Prices (per person):

Adults = \$546

Seniors (65+) = \$541

Super-Seniors (70+) = \$503

No lift tickets = \$413

Price includes all bus transportation, 3 nights lodging, and 3 lift tickets. A lunch and 2 dinners are included. Both hotels offer a free breakfast.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of **\$100** per person.

Full payment due by **December 6, 2019.**

No refunds after December 6, unless you can fill your spot.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Emilio Trampuz, 503-378-0171,
Emilio2000@earthlink.net



See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Washington trip.

Mt. High

Silver Star, BC Trip



A Mountain High bus trip to Silver Star, BC.

January 27 - February 2, 2020 - Monday - Sunday.

We will stay ON MOUNTAIN with easy access to all village amenities. Full trip price includes: Roundtrip charter bus transportation, 6 nights lodging, 5 Silver Star lift tickets and one group meal. Silver Star has proven to be a club favorite and we will head back next season for another visit.

At Silver Star we will stay on mountain at the Snowbird Lodge. Most condos will be two-bedroom units with room one having a king bed and room



two having king or t/t set up. In addition, each unit has two bathrooms, a fireplace, washer/dryer, full kitchen and a private hot tub. We also have access to an amenities room for happy hour gatherings.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest resort in British Columbia. It offers both Nordic and downhill options, as well as optional activities including fat tire biking, snow shoeing, ice skating and tubing. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star boasts over 3200 acres of downhill skiing with 11 lifts and 132 runs. The terrain is comprised of 15% beginner, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at skisilverstar.com.

Prices

Adult	1230.00
Senior 65+	1197.00

Payment and cancellation details

Deposit of 200.00 due at signup.

2nd payment of 300.00 due by September 15th.

Final payment due by November 15th.

Last day to cancel for full refund is October 15th.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Karen Michels: skiklynn@gmail.com

NOTE: Silver Star is no longer a Powder Alliance resort.

QUESTIONS FOR WHITEFISH TRIP PARTICIPANTS (See page 9)

The Whitefish trip is very flexible. Most people usually take the train. But, this time, you can choose your own transportation. Also, you can choose your length of stay (4, 5, or 7 days) as long as we can find you a roommate with the same preference. Please let the trip leader, Bill King, know the answers to the following questions:

1. Have you already paid your \$200 deposit?
2. If not, do you still plan to go?
3. How many nights do you plan to stay at Kandahar Lodge?
4. What day do you plan to arrive?
5. How do you plan to get to Whitefish?
6. How many days do you plan to ski?
7. Are you a Senior (65-69) or a Super Senior (70+)?
8. Do you have a roommate?
9. If so, who?



10. Are you interested in a 1-day side trip to Blacktail Mountain? Blacktail ski area offers 1,440 vertical feet, served by 3 chairlifts (2 doubles and 1 triple). The top elevation is at 6,780 feet, and the parking lot and day lodge sit at the top of the mountain. You ski down from there. Adult lift tickets are \$42, 70 and over are \$20.

See our TRIPS page: www.mthigh.org/Trips.htm

Mt. High

Whitefish Mtn. Resort Trip



February 8 - 15, 2020. 4, 5, or 7 days - by train, car, or plane.

Whitefish Mountain Resort offers 3000 acres of skiing on all sides of Big Mountain. It has 11 chair lifts (3 express quads). It has 2,353 vertical feet and 105 named runs plus vast amounts of bowl and tree skiing. Twelve percent of the terrain is rated green, 38% blue, 44 % black and 6% double black.

This will be a flexible, arrange your own transportation trip. Amtrak runs overnight from Portland or Vancouver to Whitefish and return. Current prices start as low as \$78 per person each way reserved coach. There are a limited number of sleeper berths available. If you prefer to drive, it is a ten-hour drive, and you can stop to ski at other places along the way.



We will be staying at the **Kandahar Lodge**, a very nice on-mountain hotel with a Swiss or Austrian feel. The lobby/great room has a huge fireplace, an award-winning restaurant open only for dinner, and a small separate bar. There is no elevator. All the rooms are on the 2nd and 3rd floors.

It has a free van that will take you where you want to go on the mountain (not into town, there's a free public snow bus for that). The van only runs during the day. At night it's less than a five-minute walk to the bars and restaurants in the upper village, or to catch the snow bus into town.

You can ski-in but would have to walk 50 yards across a parking lot to ski to a lift. Or take the free van.

Note: There is room for another 8 people.

For those traveling by train:

- * You will spend 2 nights on the train. The first and the last. You can sleep in the reclining seats, but it is highly recommended to ask for a sleeper car.
- * The train leaves Portland at 4:45 pm the day before and travels through the night. You need to reserve a ticket for February 7.
- * Train arrives in Whitefish early in the morning (at 7:41 am), and you can go skiing right away, after leaving your luggage in Kandahar lodge.
- * The train leaves Whitefish late in the evening, at 8:56 pm. You can ski all day and still have time for dinner in town before boarding the train home.

Price includes:

Free European-style continental breakfast, après ski cookies, freshly made popcorn, hot chocolate, coffee, and tea. Heated boot rooms and ski rooms. Free Wi-Fi, laundry, 24-hour front desk, large outdoor jacuzzi, steam room, and fitness center. Massages are available by appointment. All rooms have at least a small refrigerator and microwave. Some rooms have small kitchens; those will be assigned on a first-come first-served basis.

We have reserved all rooms for 7 nights from 8-15 February 2020, but we will also be able to offer either 4- or 5-night stays.

Because we will receive the 7th night comped, 6-night pricing will be the same as 7-night. To make things manageable & simplify matching of roommates, 4-night stays must begin on either Feb 8th or Feb 11th and 5-night stays must begin on either Feb 8th or Feb 10th.

We will do our best to match you with a roommate who wants the same nights as you, but you are ultimately responsible for finding a roommate who wants the same nights as you to fill your room.

Pricing

Lodging

\$420/person for 6 or 7 nights (we get the 7th night free)

\$350 for 5 nights

\$280 for 4 nights.

For fewer than 6 nights, everyone in the room would need to have the same arrival and departure dates. These prices include shuttles from and to the Whitefish Amtrak Station. **Subtract \$20 if you are driving.**

Lift Tickets

Adult 1-day	\$65
Adult 2+ days	\$59/day
65-69 1-day	\$56
65-69 2+ days	\$51/day
70+	Free

2+ days tickets have a 2-day grace period (2 of 4; 3 of 5; 4 of 6, etc.)

Holders of full season passes for Mount Hood Meadows get 3 free days.

Payment and cancellation details

\$200 deposit due at signup.

½ of total minus deposit is due by October 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 25th.

We hope you join us for this exciting trip. Reserve your spot now with a **\$200 deposit.**

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Whitefish trip.

Mt. High

Canada Powder Highway Trip



Panorama, Fernie, Kimberley, Kicking Horse

February 22 - March 1, 2020 - Saturday - Sunday.

We will stay on mountain at **Panorama Mountain Resort** for 6 nights with easy access to all village amenities. In addition, we will stay one night at the Prestige Rocky Mountain resort in Cranbrook, B.C. and one night at the Best Western Plus Kootenai River Inn located in Bonners Ferry, Idaho. Full trip price includes: roundtrip charter coach transportation, 8 nights business class lodging, 4 Panorama lift tickets, 1 Fernie lift ticket, 1 Kimberley lift ticket and a few meals. In addition, there will be several optional activities including a day trip to Kicking Horse Mountain Resort, snowmobiling, paragliding and a heli-ski adventure in the Purcell Mountains.



We will stay the first night of our trip in the town of Cranbrook, British Columbia in order to ski Fernie the following day. We will stay at the Prestige Rocky Mountain Resort in traditional hotel rooms with two people per room. Rooms will have 2 queen beds or 1 king bed. Fernie Alpine Resort has over 2500 acres of skiable terrain with 3550 feet of vertical and 142 trails. Terrain is

comprised of 30% beginner, 40% intermediate and 30% advanced.

After skiing at Fernie we will head north to Panorama. We will stay at the Panorama Springs Lodge in two-bedroom condos with direct ski in/out access. We will have 4 people in each two-bedroom condo unit. Most condos have a queen bed in room 1 and two single beds in room 2. Each unit has two bathrooms, a full kitchen and a gas fireplace. The property is also well known for Canada's largest slope-side hot pools!! Panorama offers 2975 acres of skiable terrain with more than 4265 vertical feet and 120 trails. The resort has 10 lifts including 1 gondola, 2 express quads, 2 quad chairs, 1 triple chair, 1 double chair, 1 platter and 2 carpets. The terrain is approximately 25% beginner, 50% intermediate and 25% expert. Midweek during our stay at Panorama there will be an optional day trip to Kicking Horse Resort (Wednesday). The day trip option includes transportation and lift ticket. You will depart about 7:30 am and return about 5:30 pm.

On our last morning at Panorama we will depart early in order to spend our final ski day at Kimberley Alpine Resort. Kimberley Alpine Resort offers over 1800 skiable acres with 2465 feet of vertical and more than 68 runs. The resort has 1 high speed quad, 1 triple chair, 1 double chair, 1 T bar and 1 magic carpet. The terrain is approximately 20% beginner, 42% intermediate and 38% advanced.

After skiing at Kimberley on Saturday we will travel 2 hours south to northern Idaho and spend the last night of the trip at the Best Western Plus Kootenai in Bonners Ferry, Idaho. We will stay in traditional hotels rooms with two queens per room. The following day we will travel home to Portland. Don't miss out on this unique itinerary.

NOTE: There may be room for one more guy. Contact Karen.

Prices

No Lifts	950.00
Adult	1375.00
Senior 65-74	1310.00
Super Senior 75+	1051.00
Kicking Horse option add	106.00
Contact trip leader for heli-ski and paragliding pricing	

Payment and cancellation details

Regular signups open July 1st by mail and PayPal. Deposit postmarks will be used for wait-list order.

All participants must be paid Mountain High members for 2019-2020.

300.00 deposit due at signup.

500.00 payment due by September 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 30th.

We hope you join us for this exciting trip. Contact trip leader if you have a season pass that includes any of these resorts for individual pricing.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leaders:

Karen Michels: skiklynn@gmail.com

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Powder Highway trip.

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2019 Man & Woman of the Year



Karen Michels is our club's Membership director. She is also a ski trip leader, and has organized several bike rides, as well as social activities.



Kurt Krueger is our past President. He has updated our Bylaws, organized our elections, he proofreads our newsletter & monitors our data backups.

Mountain High Board Meeting

Usually last Monday of the month.

December 2 (Mon): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@ymail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdebbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences:

- Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
- ☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
- (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2020) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Northeast WA trip (49° North, Mt. Spokane, Bluewood) (Jan. 17-20, 2020) Adult=\$546, Senior (65+)= \$541, Super-senior (70+)= \$503, No lift tax=\$413. Deposit=\$100.	\$ _____	_____
<input type="checkbox"/> Silver Star, BC trip (Jan. 27 - February 2, 2020) Adult=\$1230, Senior (65+)= \$1197, Deposit \$200.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. lodging (Feb. 8 - 15, 2020) 4, 5, or 7-day trip. Deposit=\$200 I intend to stay: <input type="checkbox"/> 6 or 7 nights = \$420, <input type="checkbox"/> 5 nights = \$350, <input type="checkbox"/> 4 nights = \$280.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. Lift tickets (Feb. 8 - 15, 2020) I intend to ski _____ days. Adult 1-day=\$65, Adult 2+ days = \$59 /day, Senior (65+)= \$56. Seniors 2+ days=\$51/day. 70+=Free	\$ _____	_____
<input type="checkbox"/> Powder Highway Canada trip (Feb. 22 - Mar. 1, 2020. Deposit = \$300. Prices: Adult=\$1375, Senior(65-74)= \$1310, Super-Senior (75+)=1051.	\$ _____	_____
<input type="checkbox"/> Powder Highway optional Kicking Horse trip Add \$106.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Checkmark all desired options.

Club membership = 253 Newsletter Distribution

The November 2019 issue is posted on our web site. Also:
286 copies sent via email (as PDF file)
6 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

Prayer Flags are in Place

It has become a tradition in recent years. Each Fall, **Walt Blomberg** and a ski buddy or two climb and hang up some prayer flags at Mt. Hood Meadows. This season's flags are now in place! This bodes well for the upcoming snow!



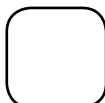
Man & Woman of the Year

It is time to start thinking about nominating a man and woman of the year. First just for our club. Then our candidates go on to the NW Ski Club Council, where just 2 winners are pronounced among all the local clubs. The final 2 winners will then represent the Northwest at the Far West Ski Association level. Send your nomination to our Prez, Debbi Kor.

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Skiing Off-Piste - Lessons Learned](#)
- * [102-year old skier, Geeorge Jedenoff's book](#)
- * [John Denver Skiing & Dancing with the Mt](#)



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.