



Lift Lines

= No. 226, October 2019 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Time to Renew your Membership



Our membership year runs from October 1st to the end of September of the following year. So, it's time to renew.

New members who've joined us this Summer are automatically members for the whole of next winter season. No need to pay again.

Also, those who have already paid their membership dues when signing up for our upcoming ski trips are all set (unless you only paid a trip deposit and not the membership fee yet). The rest of us need to renew within the next month or so.

You can renew online, by mail or in person. Either way, you need to fill out the [Dough Transmittal Form](#) and sign the Liability Release form (located on page 2 of the DTF form).

BY MAIL: Print the Dough Transmittal Form, fill it out, and mail it to the club along with your check, made out to Mountain High.. Mail it to the address at the top of the form: PO Box 2182, Portland OR 97208.

ONLINE: On our website, click on the [SIGNUP & PAY](#) button in the main menu. Then click on what you want to pay for. Our club dues and PACRAT racing dues can be combined (added to the cart) and paid with a single transaction. Payments for trips have to be handled with a separate transactions, since we can't combine them into the cart for technical reasons.

After paying online with a credit card, please also fill out the [Dough Transmittal form - Word document](#). Type in the information, and then email it to: Forms@mthigh.org.

IN PERSON: There will be only two opportunities to renew your membership in person at the following two annual events:

- **Nov. 1-3 (Fri-Sun) Ski Fever & Snowboard Show** at the Expo Center. Visit our club's booth there.
- **Nov. 7 (Thur.): Membership / Kickoff Party** at the Lucky Lab, 7675 SW Capitol Hwy., Portland.

Record September Snowfall

On Saturday, September 28, 2019, early snowfall broke records in several places. Government Camp got 2 inches.

49 Degrees North ski area received 6 inches at the top of the mountain.

Mt. Hood Meadows got 8 inches.

Timberline got 12 inches.

The town of Browning, Montana got 4 feet of snow over the past weekend.

Sunday, Sept. 29 was the coldest September day ever in Portland.

Note the color code.
Our club is blue.

2019 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

OCTOBER

Oct. 2 (Wed.): Race Night at Hillcrest Sports
Oct. 12 (Sat): Mt. High Seafood Party
Oct. 16 (Wed.): NWSCC Night @ Columbia store
Oct. 25 (Fri.): Warren Miller dinner & movie
Oct. 26 (Sat.): Mt. High Highway Cleanup
Oct. 28 (Mon.): Mt. High Board meeting

NOVEMBER

Nov. 1-3 (Fri-Sun): Ski Fever Show - Expo Ctr.
Nov. 2 (Sat.): Heritage Night at the Museum
Nov. 5 (Tue.): PACRAT 101 West
Nov. 7 (Thur.): Membership / Kickoff Party
Nov. 13 (Wed.): PACRAT 101 East
Nov. 16 (Sat.): Pray For Snow Party
Nov. 22-23 (Fri-Sat): Snowvana -Convent. Ctr.

DECEMBER

Dec. 6-7 (Fri-Sat): Sandy Ski Swap + Warren Miller movie
Dec. 11 (Wed.): NWSCC 40th Anniversary and PACRAT bib pickup
Dec. 28 (Sat.): HHH: Ski Movie Outtakes

Hillcrest Ski & Sports - New location



After 30 years in the same location, Hillcrest Ski & Sports store is moving to a new, larger location, just across the parking lot from the current location. They'll be closed for the move between Oct. 31 and Nov. 4.



Hike to Tom, Dick & Harry Peak

September 14, 2019. (Saturday)

Diane Domina led the hike via Mirror Lake and on to the top of Tom, Dick and Harry peak.

Thanks to **Bruce McGavin** for taking the pictures. See more of them on our website, on the [PHOTOS](#) page.

This photo shows our hikers at the top, with a view of Mt. Hood in the background.

Mt. High Picnic and a Pre-picnic Bike Ride

September 28, 2019. (Saturday)

Seven people showed up for the pre-picnic bike ride, and only about 20 people for the picnic. As often happens, many people stayed home out of fear of the weather, because there was some rain in the forecast. But, most of the morning turned out quite sunny with lots of blue sky above us.

Thanks to **Harry Scribner** for leading the bike ride, **Debbi Kor** for organizing the picnic, and **Larry Bennett** and **Cal Eddy** for being our grill masters.

Some of the bike riders saw a bald eagle, and some also went through a bird sanctuary and saw egrets and wild ducks.

After the picnic, some of us visited the Native American dugout canoes on display at the other end of the park.

More on our website [PHOTOS](#) page.



MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

Mt. High

Mt. High Seafood Party



October 12, 2019.
Saturday. 6 pm.

Hors d'oeuvres start at 6:00; dinner at 6:30.

At our annual Seafood party, the club will furnish Salmon, clams or mussels, shrimp chowder, coffee, and bottled water.

The cost to our members will be \$5 pp. Guests (non-members): \$10. Due to limited space, we can have only a maximum of 45 people. So, please RSVP in time to be counted.

For your \$5, you'll have a great seafood dinner.

BYOB. Also bring a side dish, salad, or dessert to round out our dinner.

Location: Home of Ron and Terri Best,
16750 S Kraeft Rd., Oregon City, OR 97045.
See [Google map](#).

EVERYONE PLEASE RSVP by October 5th to **Ron Best** at SeafoodParty@mthigh.org or 503-312-8680.

Mt. High

Warren Miller Dinner & Movie

Oct. 25, 2019. (Friday) Dinner and a movie!

Dinner/drinks at 5:30 pm at the Hop City Tavern in the Hilton Hotel across the street from the theater.

Movie at 7:30 pm at the Arlene Schnitzer Concert Hall, 1037 SW Broadway, Portland.



Everyone attending will receive several freebies and 2-for-1 offers. See the update list on our website.

Sandra Busch Smith has purchased the tickets and will soon

mail them to those who have paid for them. You can contact Sandra at: Sandra@pacifier.com.

You can still buy tickets on your own and joins us for the pre-movie social.

Let Sandra know if you are coming to dinner and/or drinks before the movie. More info on our web site at: http://www.mthigh.org/#Warren_Miller_movie

NWSCC General meeting at Columbia Sports



Oct. 16 (Wednesday) The NW Ski Club Council will have a general meeting at the **Columbia Sportswear** store in downtown Portland, 911 SW Broadway.

Come early and enjoy shopping at discounted prices 5 pm - 6:30 pm. There will be guest speakers, food, drinks, and door prizes 6:30 - 8 pm.

Signup in advance or bring a guest for extra door prize.

PACRAT 101 - Introduction to Racing



A recruitment and education class, open to everyone. Bring friends who might be interested in racing. New club members can learn about our racing program.

WEST: Nov. 5 (Tues.), 2019, 5:00 pm - 8:00 pm at Meadows PDX, 1639 NW Northrup St, Portland.

EAST: Nov. 13 (Wed.), 2019, 5:00 pm - 8:00 pm at Hillcrest, **New location**, 2424 SE Burnside Rd, Gresham

Mt. High

Highway Cleanup



October 26, 2019.
(Saturday) 10 am - noon.
We'll clean up 2 miles of Highway 26, between mileposts 51 and 53, just west of Government Camp.

Meet just before 10 am in Skibowl's parking lot. Breathe the fresh mountain air and earn some good karma!

After about 2 hours of cleanup, we'll go to either the **Taco Shoppe** or the **Ice Axe Brewery** for some delicious lunch on the club.

RSVP to Debbi, ijustwannarun1@comcast.net

Pray for Snow party

Nov. 16 (Saturday.) 2019. Starting at 7:00 pm.

Location: Charlie's Pub, Government Camp.

Organized by the Schnee Vogeli club. Come celebrate the upcoming winter. Live music, and door-prizes. All local skiers and riders are invited, regardless of which club they belong to. There will be a live band, "The Hit Machine". Local lodging available at Huckleberry Inn, Web: Huckleberry-Inn.com. Phone: 503-272-3325.

Tickets are \$20. Sold in advance (not at the door). Tickets always sell out completely before the event.

For tickets, contact your favorite member of the Schnee Vogeli club. Or contact: PrayForSnow@SchneeVogeli.com.

Mt. High booth at the Portland SkiFever & Snowboard Show**Nov. 1 - 3, 2019 (Fri - Sun.)**

SkiFever packs the entire ski & snowboard universe into 108,000 square feet of exhibition space.

SkiFever provides live acts, interactive exhibits and ongoing giveaways. Enjoy the **SkiFever BrewFest**, with beer from Deschutes Brewery, **Oregon WineFest**, and regional spirits.

Save up to 70% off on top brand gear, clothing and accessories! Sell your own gear at the giant ski swap and keep 80% of the selling price. Get 2-for-1 lift tickets to local ski areas. And much more.

Come visit the Mountain High club's booth!



Our club will have a 10 x 10 display space at the Show. It will be our home for the 3 days of SkiFever at the Expo Center. You can come to our booth and **renew your club membership, sign up for trips, and find out more about our club.** Pay by check, not cash.

We will need several volunteers to take on a 3-hour shift staffing our booth. All volunteers will receive a free admission to the Show.

Volunteers, contact **Emilio Trampuz**, and tell him which day and what time of day would work best for you. Reach Emilio at: Emilio2000@earthlink.net or 503-510-1477.

Location: Expo Center, 2060 N. Marine Dr., Portland.

Mt. High**Mt. High Kickoff Party + Mini Ski Swap**

November 7, 2019, (Thursday) 6:30 - 9:30 pm.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food, and door prizes. Lots of good swag.
- * Meet fellow club members.
- * Renew your membership (\$30 singles; \$50 couples)
- * Sign up for trips. * Join a PACRAT race team. * Bring a friend.
- * Bring something to sell or swap. But please be there to sell it yourself. We don't have anyone to watch over it.

Location: Lucky Lab, 7675 SW Capitol Hwy., Portland. More info at: www.mthigh.org/#Kickoff_Party

VOLUNTEERS are needed to help set up. Please contact Karen, skiklynn@gmail.com, 503-984-9210.

NOTE: This is the last opportunity to renew your membership in person, or pick up a trip flyer and sign up for a trip in person. Try to decide on a trip or two by this night.

Host an Exchange Student

Several high schools in the Beaverton school district have openings for exchange students for the spring semester (January to June). Some of the students ski or snowboard and would love to be able to continue the sports while in Oregon. In order for the students to come to the U.S., they seek caring families to open their homes and hearts to them. Among the students who enjoy skiing and snowboarding are:

Mari is 15 and from Germany. She skis, plays tennis and volleyball, swims, rides horses and plays piano.

Viola is 15 and from Germany. She skis, plays tennis and piano. She enjoys cooking, art, galleries and museums.

Leonard is 15 from Germany. Skiing is his passion. He also plays tennis and the drums. Enjoys acting in plays.

Viola is 17 from Italy. She snowboards, swims and also plays piano.

All speak English and have insurance and spending money to cover their needs. Host families are volunteers who provide a bedroom, three meals a day, transportation when needed, and exposure to life in the U.S.

Contact: **Glenna Tooman**, Field Manager, Education Travel, 208-571-8490, Email: gtooman@edutrav.org

MOUNTAIN HIGH

Season Passes

SNOWSPORT CLUB

COMPARISON CHART

NOTE 1: Prices will increase November 4 and 25. Epic Pass prices increase in October. Mt. Bachelor prices increase September 30.
 NOTE 2: Gray areas show info from last season or an uncertain price.

Ski area / Name of Pass	1 Day	4 or 5 Day	10/12 Days	Season Pass	Senior Season	Season Pass description
<u>Mt. Bachelor</u>	\$96	4-pack \$259 N/A after 9/30	12-day \$629 after 9/30 \$709	\$999 till 09/30 then \$1,209+	\$659 till 09/30 then \$729+	Prices will increase a lot after Sept. 30.
M.A.X. Pass This pass has been upgraded to the IKON pass.				-	-	Mt. Bachelor is no longer part of it.
Mt. Hood Meadows (12 areas) Includes 5 free days at Mt. Baker, plus 3 free days at: Whitefish, Sunlight, Purgatory, Grand Targhee, Eaglecrest, Snowbowl, Pajarito, Sipapu, Hesperus, and Nordic Valley.	\$90+ dynamic changes each day	5-days \$299 No longer available ??	10-days \$409 No longer available ??	Value pass \$409 + \$210 peak upgrade	Value pass \$319 + \$160 peak upgrade	Value Pass includes only mid-week and night skiing. The upgrade is for weekends and holidays. Dynamic pricing means each day's price differs depending on conditions. Prices will rise \$100 - \$300 after Nov. 3. Free skiing for ages 75 or over.
Mt. Hood Skibowl	\$57	--	--	\$499	\$274	Prices increase Nov. 4 & Nov. 25. 71+ = \$25.
Timberline (Also see Fusion Pass) Includes the Summit ski area.	\$76	5-days \$265	10-days \$409	\$549	\$189	Multi-day & season prices will increase after Nov. 4 and Nov. 25. Free skiing for 71+.
Indy Pass 34 ski areas, with 2 days at each, for 68 total ski days. West: 49 Degrees North, Apex Mt., Beaver Mt., Brundage Mt., Castle Mt., Eaglecrest, Hoodoo, Hurricane Ridge, Lost Trail, Mission Ridge, Mt. Shasta Ski Park, Red Lodge Mt., Silver Mt., White Pass. Plus 8 ski areas in the Midwest. Plus 12 ski areas in the East.				\$199	\$199	This is a new pass to 34 ski areas, with 2 days at each, for 68 total ski days. Payment can be made in 4 installments of \$49.75. 28 ski areas offer unrestricted access. 6 have some restrictions, midweek only, etc.
Fusion Pass/Powder Alliance (19 areas) Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas: Mission Ridge, White Pass, Schweitzer, Bridger Bowl, Sugar Bowl, Sierra-at-Tahoe, Bogus Basin, China Peak, Mountain High, Angel Fire, Loveland, Monarch Mt., Whitewater, Marmot Basin, Castle Mt., Kiroro (Japan), La Parva (Chile).				\$649 till Nov. 4 \$749 till Nov. 24	\$289 till Nov. 4 \$319 till Nov. 24	Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas, a total of 51 free days. Mid-week is free. Weekends are 1/2 price. Those 71 and over pay only \$50. All prices will increase after Nov. 4 and 25.
Mountain Collective Pass (18 areas) 2 lift tickets at each of: Alta, Arapahoe Basin, Aspen Snowmass, Banff Sunshine, Big Sky Resort, Coronet Peak The Remarkables, Jackson Hole, Lake Louise, Mammoth Mt., Mt Buller, Niseko United, Revelstoke, Snowbird, Squaw Valley Alpine Meadows, Sugarbush Resort, Taos Ski Valley, Thredbo and Valle Nevado..				36-time pass \$489	36-time pass \$489	2 days at each of 18 destinations. Additional days at each resort are 50% off. No blackout dates. Everyone 13 or older pays the same price. Kids 12 or younger pay \$199.
Epic Pass (Vail Resorts): Unlimited access to 17 ski areas: Vail, Beaver Creek, Breckenridge, Keystone, Heavenly, Northstar, Kirkwood, Park City, Stowe, Whistler/Blackcomb, Afton Alps, Mt. Brighton, Wilnot, Perisher, Hotham, Falls Creek, Okemo, Mt. Sunapee, Crested Butte, Stevens Pass. Plus 7 days at: Telluride, Sun Valley, Snowbasin, Fernie, Kimberley, Kicking Horse, Nakiska, Mont-Sainte Anne, Stoneham. Plus 5 days at: 11 Japanese ski areas. Plus 19 ski areas in Europe.				season \$969	season \$969	Also: 1-day pass = \$109 - \$125, 4-day pass = \$456, 7-day pass = \$731, Epic local pass = \$699. Active/retired military & families = \$129. Other veterans & their families = \$529. Everyone 13 or older pays the same price. Prices will increase in October.
IKON Pass (41 ski areas) Unlimited access at: Base pass includes 12 areas: Winter Park, Copper Mt., Eldora, Squaw/Alpine Meadows, Mammoth Mt., June Mt., Big Bear, Snowshoe, Crystal Mt., Solitude, Tremblant, Blue Mt. Full pass includes all of the above, plus: Steamboat (CO), and Stratton (VT). Both passes also include 5 or 7 days at each of the resorts listed in the column at right.				BASE: \$749 Unlimited at 12 areas plus 5 days at each of the others.	FULL: \$1049 Unlimited at 14 areas plus 7 days at each of the others.	West: Aspen Snowmass, A-Basin, Jackson Hole, Big Sky, Snoqualmie, Taos, Deer Valley, Brighton, Alta/Snowbird, Canada: Revelstoke, SkiBig3, Cypress, East: Killington- Pico, Sugarbush, Loon Mt., Boyne Mt., Sunday River, Sugarloaf. Other: Zermatt Matterhorn, Thredbo, Mt. Buller, Coronet Peak, The Remarkables, Mt. Hutt, Niseko, Valle Nevado.
Loveland with Powder Alliance Unlimited skiing at Loveland, CO, plus 3 free days at all Powder Alliance ski areas , plus: 3 days at: Purgatory, Monarch, Powderhorn, Powder Mt, Grand Targhee, Whitefish, Snow King, Red Lodge, Homewood, Ski Cooper, Sunlight, Brundage, Sipapu, Pajarito, Hesperus, Arizona Snowbowl.				\$439	\$99 for seniors 70+	3 free days at all 19 Powder Alliance resorts, plus 3 days at each of another 17 ski areas. Great deal if you want to ski at some of the additional 17 ski areas and are OK to ski no more than 3 days at Timberline / Skibowl.

Click on the blue, underlined pass name for more detailed info and to purchase it.

Season Passes compared See comparison chart on previous page.

Which option is best for you depends on how much you'll ski and where. As a general rule, any of the season passes listed is worth the purchase if you will be skiing at least 6 or 7 days at the ski areas listed.

Note that PACRAT racers will get discounted lift tickets at all 3 Mt. Hood ski areas on their race days. If you are a racer who only skis on race days, maybe you don't need a season pass.

Remember that **Meadows** and **Timberline** will be offering **Spring Passes** valid for 3 months of skiing in March, April and May, for about \$139 - \$160. So, for maximum variety, consider buying a season pass to one of them, and then at the beginning of March, buy a Spring Pass to the other.

Vail Resorts has purchased the majority of ski areas in Colorado and many resorts elsewhere too, and they have raised their day lift tickets to somewhere around \$169 - \$189. They don't even publish a price list any more. Instead, you have to tell them which days you will be there, and they will then quote you a price for those days. **Aspen, Snowmass and related resorts** are slightly more affordable, at \$149 for a day ticket.

Note that both the EPIC and IKON passes are based primarily on giant companies owning a lot of resorts, whereas the Powder Alliance, Mountain Collective, and the Indy Pass are based on a simple cooperation between ski areas.

TRIPS

NOTE: Your spot on the trip is not guaranteed until you put down a deposit.

You can make it official by mailing the trip deposits or by paying online.

Online credit card payments via Pay Pal have been enabled after July 1st.

You can now renew your membership and sign up for trips, racing and more online on our "**Signup & Pay**" page at: <http://www.mthigh.org/Signup-Pay.htm>

Whenever you send any money to the club, please always send in a filled out [Dough Transmittal Form](#) (DTF). You can either mail it to the club's PO Box, or email it to Forms@mthigh.org.

NOTE: All of the above applies only to Mountain High trips, not FWSA or NWSCC trips, which have a separate signup process of their own.



Upcoming FWSA Trips



The Far West Ski Association, which we are all part of, has several trips planned. See more details on the [FWSA web site](#) or by clicking on the links below.

Sept. 28 - Oct. 12, 2019	FWSA Diving Trip to the Philippines
Jan. 25 - Feb. 1, 2020	2020 Ski Week at Big Sky, Montana , with Sports America Tours.
Mar.29 - Apr. 3, 2020	2020 Mini Ski Week at Big White , British Columbia
Jan. 30 - Feb. 6, 2021	2021 FWSA Ski Week in Sun Valley , Idaho, with Skigroup.net
March 2021	2021 Mini Ski Week at "Zermatt Utah Resort and Spa" with Ski.com

NOTE: There is much more detailed information about all these trips on our Mountain High website, on the TRIPS page at: www.mthigh.org/Trips.htm.

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High

Washington Trip: 49° North, Mt. Spokane, Bluewood



3.5 days / 3 nights / 3 ski days.

January 17 - 20, 2020. MLK Weekend (Friday - Monday).

Saturday at: **49 Degrees North** - Great terrain!

Sunday at: **Mt. Spokane** - New lift and 7 new trails on back side.

Monday at: **Bluewood** - has the best powder.

Each ski area offers something unique, such as the 7 Deadly Sins at 49°N, the historic Vista House at Mt. Spokane, and the best snow at Bluewood.

Bus ride: We'll start the trip on Friday at 1 pm and ride the bus to Spokane. We'll return Monday night (MLK day), by 8 or 9 pm. The bus ride itself will be fun. We'll share food, play games, tell jokes, watch short videos, etc.

Lodging: At La Quinta in North Spokane for the first two nights. Last night at Best Western in Dayton, WA, 35 minutes from Bluewood.

Both hotels have a hot tub and indoor swimming pool. Also free Wi-Fi and free breakfast. All rooms have a hair-dryer, coffee-maker, and microwave and refrigerator.



49 Degrees North ski area, offers 5 lifts serving interesting terrain. Everyone likes the variety, which includes skiing the "7 deadly sins", Mahre's Gold, Angel Peak, 2 Ullr's bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades.



Mt. Spokane has 5 lifts (not counting the beginner ones) serving 3 separate faces of the mountain: the front side, the old back side, and now an entirely new back side with its own new lift (chair 6) and 7 new trails. Visit and have lunch at the historic Vista House at the top of the mountain.

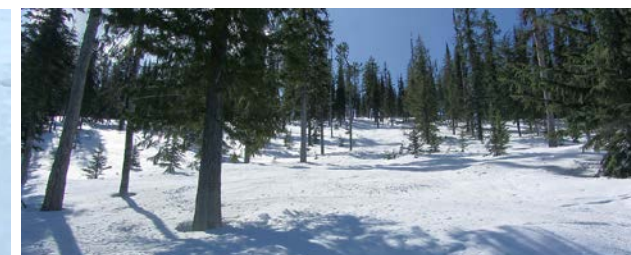


Bluewood has so far proven to have the best powder most of the time, even when other ski areas don't have much. It has 2 lifts serving 2 separate hills. Lots of groomers, but also epic tree skiing.

Bluewood is already almost half way home, so our ride home will be shorter than if we stayed in Spokane all 3 nights.

We'll ski till about 2:30 or 3 pm, and

then ride the bus back home. We'll stop for dinner on the way home and will return to Portland around 9 pm on Monday.



Prices (per person):

Adults = \$546

Seniors (65+) = \$541

Super-Seniors (70+) = \$503

No lift tickets = \$413

Price includes all bus transportation, 3 nights lodging, and 3 lift tickets. A lunch and 2 dinners are included. Both hotels offer a free breakfast.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of **\$100** per person.

Full payment due by **December 6, 2019.**

No refunds after December 6, unless you can fill your spot.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Emilio Trampuz, 503-378-0171,
Emilio2000@earthlink.net



See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Washington trip.

Mt. High

Silver Star, BC Trip



A Mountain High bus trip to Silver Star, BC.

January 27 - February 2, 2020 - Monday - Sunday.

We will stay ON MOUNTAIN with easy access to all village amenities. Full trip price includes: Roundtrip charter bus transportation, 6 nights lodging, 5 Silver Star lift tickets and one group meal. Silver Star has proven to be a club favorite and we will head back next season for another visit.

At Silver Star we will stay on mountain at the Snowbird Lodge. Most condos will be two-bedroom units with room one having a king bed and room



two having king or t/t set up. In addition, each unit has two bathrooms, a fireplace, washer/dryer, full kitchen and a private hot tub. We also have access to an amenities room for happy hour gatherings.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest resort in British Columbia. It offers both Nordic and downhill options, as well as optional activities including fat tire biking, snow shoeing, ice skating and tubing. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star boasts over 3200 acres of downhill skiing with 11 lifts and 132 runs. The terrain is comprised of 15% beginner, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at skisilverstar.com.

Prices

Adult	1230.00
Senior 65+	1197.00

Payment and cancellation details

Deposit of 200.00 due at signup.

2nd payment of 300.00 due by September 15th.

Final payment due by November 15th.

Last day to cancel for full refund is October 15th.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Karen Michels: skiklynn@gmail.com

NOTE: Silver Star is no longer a Powder Alliance resort.

QUESTIONS FOR WHITEFISH TRIP PARTICIPANTS (See page 9)

The Whitefish trip is very flexible. Most people usually take the train. But, this time, you can choose your own transportation. Also, you can choose your length of stay (4, 5, or 7 days) as long as we can find you a roommate with the same preference. Please let the trip leader, Bill King, know the answers to the following questions:

1. Have you already paid your \$200 deposit?
2. If not, do you still plan to go?
3. How many nights do you plan to stay at Kandahar Lodge?
4. What day do you plan to arrive?
5. How do you plan to get to Whitefish?
6. How many days do you plan to ski?
7. Are you a Senior (65-69) or a Super Senior (70+)?
8. Do you have a roommate?
9. If so, who?



10. Are you interested in a 1-day side trip to Blacktail Mountain? Blacktail ski area offers 1,440 vertical feet, served by 3 chairlifts (2 doubles and 1 triple). The top elevation is at 6,780 feet, and the parking lot and day lodge sit at the top of the mountain. You ski down from there. Adult lift tickets are \$42, 70 and over are \$20.

See our TRIPS page: www.mthigh.org/Trips.htm

Mt. High

Whitefish Mtn. Resort Trip



February 8 - 15, 2020. 4, 5, or 7 days - by train, car, or plane.

Whitefish Mountain Resort offers 3000 acres of skiing on all sides of Big Mountain. It has 11 chair lifts (3 express quads). It has 2,353 vertical feet and 105 named runs plus vast amounts of bowl and tree skiing. Twelve percent of the terrain is rated green, 38% blue, 44 % black and 6% double black.

This will be a flexible, arrange your own transportation trip. Amtrak runs



overnight from Portland or Vancouver to Whitefish and return. Current prices start as low as \$78 per person each way reserved coach. There are a limited number of sleeper berths available. If you prefer to drive, it is a ten-hour drive, and you can stop to ski at other places along the way.

We will be staying at the **Kandahar Lodge**, a very nice on-mountain hotel with a Swiss or Austrian feel. The lobby/great room has a huge fireplace, an award-winning restaurant open only for dinner, and a small separate bar. There is no elevator. All the rooms are on the 2nd and 3rd floors.

It has a free van that will take you where you want to go on the mountain (not into town, there's a free public snow bus for that). The van only runs during the day. At night it's less than a five-minute walk to the bars and restaurants in the upper village, or to catch the snow bus into town.

You can ski-in but would have to walk 50 yards across a parking lot to ski to a lift. Or take the free van.

For those traveling by train:

- * You will spend 2 nights on the train. The first and the last. You can sleep in the reclining seats, but it is highly recommended to ask for a sleeper car.
- * The train leaves Portland at 4:45 pm the day before and travels through the night. You need to reserve a ticket for February 7.
- * Train arrives in Whitefish early in the morning (at 7:41 am), and you can go skiing right away, after leaving your luggage in Kandahar lodge.
- * The train leaves Whitefish late in the evening, at 8:56 pm. You can ski all day and still have time for dinner in town before boarding the train home.

Price includes:

Free European-style continental breakfast, après ski cookies, freshly made popcorn, hot chocolate, coffee, and tea. Heated boot rooms and ski rooms. Free Wi-Fi, laundry, 24-hour front desk, large outdoor jacuzzi, steam room, and fitness center. Massages are available by appointment. All rooms have at least a small refrigerator and microwave. Some rooms have small kitchens; those will be assigned on a first-come first-served basis.

We have reserved all rooms for 7 nights from 8-15 February 2020, but we will also be able to offer either 4- or 5-night stays.

Because we will receive the 7th night comped, 6-night pricing will be the same as 7-night. To make things manageable & simplify matching of roommates, 4-night stays must begin on either Feb 8th or Feb 11th and 5-night stays must begin on either Feb 8th or Feb 10th.

We will do our best to match you with a roommate who wants the same nights as you, but you are ultimately responsible for finding a roommate who wants the same nights as you to fill your room.

Pricing

Lodging

\$420/person for 6 or 7 nights (we get the 7th night free)

\$350 for 5 nights

\$280 for 4 nights.

For fewer than 6 nights, everyone in the room would need to have the same arrival and departure dates. These prices include shuttles from and to the Whitefish Amtrak Station. **Subtract \$20 if you are driving.**

Lift Tickets

Adult 1-day	\$65
Adult 2+ days	\$59/day
65-69 1-day	\$56
65-69 2+ days	\$51/day
70+	Free

2+ days tickets have a 2-day grace period (2 of 4; 3 of 5; 4 of 6, etc.)

Holders of full season passes for Mount Hood Meadows get 3 free days.

Payment and cancellation details

\$200 deposit due at signup.

½ of total minus deposit is due by October 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 25th.

We hope you join us for this exciting trip. Reserve your spot now with a **\$200 deposit.**

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Whitefish trip.

Mt. High

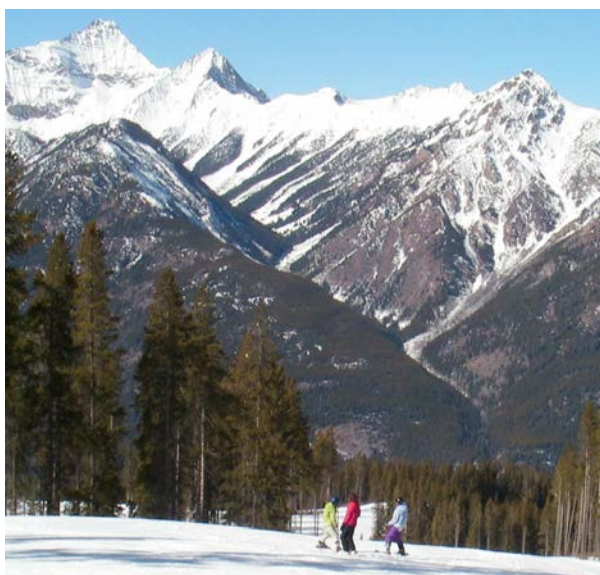
Canada Powder Highway Trip



Panorama, Fernie, Kimberley, Kicking Horse

February 22 - March 1, 2020 - Saturday - Sunday.

We will stay on mountain at **Panorama Mountain Resort** for 6 nights with easy access to all village amenities. In addition, we will stay one night at the Prestige Rocky Mountain resort in Cranbrook, B.C. and one night at the Best Western Plus Kootenai River Inn located in Bonners Ferry, Idaho. Full trip price includes: roundtrip charter coach transportation, 8 nights business class lodging, 4 Panorama lift tickets, 1 Fernie lift ticket, 1 Kimberley lift ticket and a few meals. In addition, there will be several optional activities including a day trip to Kicking Horse Mountain Resort, snowmobiling, paragliding and a heli-ski adventure in the Purcell Mountains.



We will stay the first night of our trip in the town of Cranbrook, British Columbia in order to ski Fernie the following day. We will stay at the Prestige Rocky Mountain Resort in traditional hotel rooms with two people per room. Rooms will have 2 queen beds or 1 king bed. Fernie Alpine Resort has over 2500 acres of skiable terrain with 3550 feet of vertical and 142 trails. Terrain is comprised of 30% beginner, 40% intermediate and 30% advanced.

After skiing at Fernie we will head north to Panorama. We will stay at the Panorama Springs Lodge in two-bedroom condos with direct ski in/out access. We will have 4 people in each two-bedroom condo unit. Most condos have a queen bed in room 1 and two single beds in room 2. Each unit has two bathrooms, a full kitchen and a gas fireplace. The property is also well known for Canada's largest slope-side hot pools!! Panorama offers 2975 acres of skiable terrain with more than 4265 vertical feet and 120 trails. The resort has 10 lifts including 1 gondola, 2 express quads, 2 quad chairs, 1 triple chair, 1 double chair, 1 platter and 2 carpets. The terrain is approximately 25% beginner, 50% intermediate and 25% expert. Midweek during our stay at Panorama there will be an optional day trip to Kicking Horse Resort (Wednesday). The day trip option includes transportation and lift ticket. You will depart about 7:30 am and return about 5:30 pm.

On our last morning at Panorama we will depart early in order to spend our final ski day at Kimberley Alpine Resort. Kimberley Alpine Resort offers over 1800 skiable acres with 2465 feet of vertical and more than 68 runs. The resort has 1 high speed quad, 1 triple chair, 1 double chair, 1 T bar and 1 magic carpet. The terrain is approximately 20% beginner, 42% intermediate and 38% advanced.

After skiing at Kimberley on Saturday we will travel 2 hours south to northern Idaho and spend the last night of the trip at the Best Western Plus Kootenai in Bonners Ferry, Idaho. We will stay in traditional hotels rooms with two queens per room. The following day we will travel home to Portland. Don't miss out on this unique itinerary.

Prices

No Lifts	950.00
Adult	1375.00
Senior 65-74	1310.00
Super Senior 75+	1051.00
Kicking Horse option add	106.00
Contact trip leader for heli-ski and paragliding pricing	

Payment and cancellation details

Regular signups open July 1st by mail and PayPal. Deposit postmarks will be used for wait-list order.

All participants must be paid Mountain High members for 2019-2020.

300.00 deposit due at signup.

500.00 payment due by September 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 30th.

We hope you join us for this exciting trip. Contact trip leader if you have a season pass that includes any of these resorts for individual pricing.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leaders:

Karen Michels: skiklynn@gmail.com

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Powder Highway trip.

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2019 Man & Woman of the Year



Karen Michels is our club's Membership director. She is also a ski trip leader, and has organized several bike rides, as well as social activities.



Kurt Krueger is our past President. He has updated our Bylaws, organized our elections, he proofreads our newsletter & monitors our data backups.

Mountain High Board Meeting

Usually last Monday of the month.

October 30 (Mon): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@gmail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdebbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences:

- Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
- ☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
- (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2020) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Northeast WA trip (49° North, Mt. Spokane, Bluewood) (Jan. 17-20, 2020) Adult=\$546, Senior (65+)= \$541, Super-senior (70+)= \$503, No lift tax=\$413. Deposit=\$100.	\$ _____	_____
<input type="checkbox"/> Silver Star, BC trip (Jan. 27 - February 2, 2020) Adult=\$1230, Senior (65+)= \$1197, Deposit \$200.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. lodging (Feb. 8 - 15, 2020) 4, 5, or 7-day trip. Deposit=\$200 I intend to stay: <input type="checkbox"/> 6 or 7 nights = \$420, <input type="checkbox"/> 5 nights = \$350, <input type="checkbox"/> 4 nights = \$280.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. Lift tickets (Feb. 8 - 15, 2020) I intend to ski _____ days. Adult 1-day=\$65, Adult 2+ days = \$59 /day, Senior (65+)= \$56. Seniors 2+ days=\$51/day. 70+=Free	\$ _____	_____
<input type="checkbox"/> Powder Highway Canada trip (Feb. 22 - Mar. 1, 2020. Deposit = \$300. Prices: Adult=\$1375, Senior(65-74)= \$1310, Super-Senior (75+)=1051.	\$ _____	_____
<input type="checkbox"/> Powder Highway optional Kicking Horse trip Add \$106.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Checkmark all desired options.

Club membership = 253 Newsletter Distribution

The October 2019 issue is posted on our web site. Also:
286 copies sent via email (as PDF file)
6 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

Man & Woman of the Year

It is time again to start thinking about nominating a man and woman of the year. First just for our club. Then our candidates go on to the NW SKi Club Council, where jsut 2 winners are pronounced among all the local clubs. The final 2 winners will then represent the Northwest at the Far West Ski Association level. Send your nomination to our Prez, Debbi Kor.

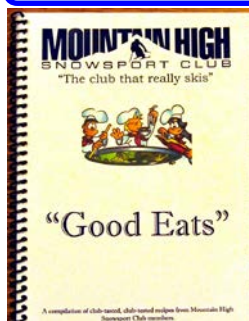
Mt. High Credit Card Payments



We are now able to process your payments by **credit card**. We are doing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "**Signup & Pay**" at: <http://www.mthigh.org/Signup-Pay.htm>

Mt. High Cookbook



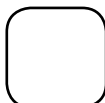
This 34 page cookbook is available for \$10. It contains soups, salads, entres, desserts, and more!

You can get one at our social events, or contact Debbi Kor at: ijustwannarun1@comcast.net or call 503-314-7078.

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Shape Up 2: Up A Notch](#)
- * [Technique Tips - Hone your skills](#)
- * [The Skiing Weatherman: Predicting Winter](#)



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.