



Lift Lines

= No. 225, September 2019 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. Hood All-Mountain Cleanup



Sept. 21 (Saturday). Mt. Hood Meadows, Timberline Lodge, The Village of Government Camp, Summit Ski Area, and Mt. Hood SkiBowl have collaborated to create an All-Mountain Cleanup!

Volunteers will meet at Summit Ski Area at 9 AM and fuel up on

coffee from Mt. Hood Coffee Roasters, snacks from New Seasons, and donuts from Voodoo Donuts before shuttling to the resorts to cleanup designated areas. Solve is excited to have NW Trail Alliance on board this year with a mountain bike component to the cleanup. Bring your bikes and ride the Timberline to Town trail if you want to!

Volunteers will meet back Summit Ski Area around 1 PM for a group photo and an after party provided by 10 Barrel Brewing at the Ratskellar in Government Camp. Please bring a refillable water bottle and coffee mug. Volunteers will be on varied terrain so wear sturdy boots and work gloves if you have them. Dress in layers for the weather and bring your smiles and good vibes. Register [HERE](#). There is a limit of 400 volunteers, and half the slots have been filled already.

New Directors at Large

At our annual club elections day, May 30, 2019, three people volunteered to help the club, especially as some of our club leaders have announced that this might be their last year of service. So these 3 new Board members are now "in training". For now, they don't have a specific title. They have been officially appointed by our current President, Debbi Kor as "Directors at Large".

They are:

1. Janice Jessen
2. Ron Best
3. Scott Andersen

Welcome to the Board!

Note the color code.
Our club is blue.

2019 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General interest events

SEPTEMBER

Sept. 3 (Tue.): Social Happy Hour
Sept. 14 (Sat): Tom, Dick, and Harry hike
Sept. 21 (Sat.): Mt. Hood All-mountain cleanup
Sept. 28 (Sat.): Mt. High Picnic & Bike ride
Sept. 28 (Sat): HHH - Mt. Hood Trivia

OCTOBER

Oct. 12 (Sat.): Seafood Party
Oct. 16 (Sun.): NWSCC General meeting
Oct. 25 (Fri.): Warren Miller dinner & movie

NOVEMBER

Nov. 1-3 (Fri-Sun): Ski Fever Show - Expo Ctr.
Nov. 7 (Thur.): Mt. High Kickoff party
Nov. 22-23 (Fri-Sat): Snowvana - Convent. Ctr.

DECEMBER

Dec. 11 (Wed.): NWSCC 40th Anniversary and PACRAT bib pickup

Mt. High Membership/Kickoff Party



November 7, 2019. 6:30 - 9:30 pm.

This is usually our biggest party of the year: the annual Membership and Season Kickoff party.

This is when traditionally most people have been renewing their club membership and signing up for trips and racing. We will do it again this year, at the **Lucky Lab** in Multnomah Village.

There will be food and door prizes.



Letters to the Editor

Q What does HHH stand for in the calendar of events?

A It stands for **History Happy Hour**, a monthly event at the Mt. Hood Cultural Center and Museum in Government Camp, the last Saturday of the month. It's a fun series of presentation on a variety of topics, including ski fashion and info on anything related to Mt. Hood. Beer, wine and soft drinks are available starting at 6:30 pm. The presentation is from 7 - 8 pm. Check it out. It's free (except for the drinks).



Happy Hour Social

August 12, 2019. (Monday)

September 3, 2019. (Tuesday)

Karen Michels has organized a couple of TGIF-type of gatherings. In August it was a TGIM - on a Monday, and in early September it was a TGIT - on a Tuesday.

Just an informal, relaxing get-together over a drink or two, and maybe some Happy Hour food.

The early September event is already in the past. Watch out for more such events announced on our website.

The photo shows Clary and Lana.

Kayaking to Willamette Falls

August 25, 2019. (Sunday)

Did you know that the Willamette Falls in Oregon City are the largest waterfall (by volume) in Oregon, and second largest in the United States, second only to the Niagara Falls.

Unfortunately, they are hard to see, and the best way to see them is to kayak or canoe to them for a unique view.

Kurt Wilke organized this event by simply deciding to go and inviting others to join him. He announced it on our **Facebook page**, but similar announcements can also be made in our club's **Forums** (Google Groups).

See more pictures at: <http://www.mthigh.org/Photos.htm#Willamette-Falls>



Do you have a favorite activity?

Invite other club members to join you. Let's make it into a group event!

Mt. High

Tom, Dick & Harry Hike

September 14, 2019. Saturday. 8 am.

Length = 7.7 miles moderate hike.

Elevation gain = 1,460 feet.

Lunch/happy hour TBA.

MEET at **8 am** at the Zig Zag Ranger Station and we'll drive to to the trail head together.



The always well-graded route takes you past a great view of Mt. Hood from Mirror Lake and then enters the Salmon-Huckleberry Wilderness and onto magnificent vistas from Tom Dick and Harry Mountain.

Directions to the Zig Zag Ranger Station. Follow highway 26 west of Sandy. Go past the traffic light at Welches for another mile or so to Zig Zag. The Ranger station is almost directly opposite the beginning of Lolo Pass Road. It's the next driveway on your right after Zig Zag Inn.

Please **RSVP** to Diane Domina, dianedomina@yahoo.com, 503-314-9572.

Mt. High

Mt. Picnic and Bike ride



September 28, 2019. Saturday.

TIME:

10:00 am - bike ride

11:30 am - picnic.

12 pm (noon) - food served.

LOCATION: Captain William Clark regional park in Washougal. 3333 Index St, Washougal, WA 98671. Look for the CLARK SHELTER. See [Google map](#).

BIKE RIDE

We'll work up an appetite and be ready for the picnic. Bring your bike to the Clark shelter. But not your food, because there won't be anyone there to guard it at 10 am. Only the bike riders will gather there initially.

Harry Scribner will lead a bike ride on the Captain William Clark Park Trail. This is compact gravel and dirt trail. No problem for Street tires. Racing tires would be a challenge.

PICNIC

The picnic is a potluck. We'll have sausages (spicy and non-spicy) on the grill. Bring something else to share. BYOB, but no alcohol allowed in the park.

If you bring anything heavy, it would be easier for you if you had a wagon or anything on wheels to bring stuff from your car to the camping shelter (200 yards). The shelter has 4 six-foot long tables, a BBQ, and running water..

More info & directions on our [website](#).

History Happy Hour - Mt. Hood Trivia

Is this a charlift?



September 28, 2019 (Saturday) 6:30 pm.

The Mt. Hood Cultural Center and Museum photo collection contains thousands of images from photographers that cover decades on the mountain. Curator Lloyd Musser will share "Historical Photos of Mount Hood and Trivia" during the Social History Happy Hour.

Be entertained and learn something new.

Location: Mt. Hood Museum & Cultural Center, Government Camp.

Doors open 6:30, lecture starts at 7 pm. Beer & Wine can be purchased.

Presentation is free. Donations to the museum gladly accepted.

For more info, contact: Mt. Hood Cultural Center and Museum, Phone: 503-272-3301, info@mthoodmuseum.org, Web site: www.mthood-museum.org

MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

Mt. High

Mt. High Seafood Party



**October 12, 2019.
Saturday. 6 pm.**

Hors d'oeuvres start at 6:00; dinner at 6:30.

Our annual end-of-summer Seafood party is coming up. There will be

fish and other seafood aplenty.

The cost to our members will be \$5 pp. Guests (non-members): \$10. Due to limited space, we can have only a maximum of 45 people. So, please RSVP in time to be counted.

For your \$5, you'll have an incredible dinner. The menu is yet to be announced.

BYOB. Also bring an appetizer, salad, side dish, or dessert to share.

Location: Home of Ron and Terri Best,
16750 S Kraeft Rd., Oregon City, OR 97045.
See [Google map](#).

EVERYONE PLEASE RSVP by October 5th to **Ron Best** at SeafoodParty@mthigh.org or 503-312-8680.

NWSCC General meeting

Oct. 16 (Wednesday) The NW Ski Club Council will have a general meeting at the **Columbia Sportswear** store in downtown Portland, 911 SW Broadway.

Come early and enjoy shopping at discounted prices 5 pm - 6:30 pm. There will be guest speakers, food, drinks, and door prizes 6:30 - 8 pm.

[Sign up in advance](#) or bring a guest for extra door prize.

Mt. High

Warren Miller Dinner & Movie

Oct. 25, 2019. (Friday) Dinner and a movie!

Dinner/drinks at 5:30 pm at the Hop City Tavern in the Hilton Hotel across the street from the theater.

Movie at 7:30 pm at the Arlene Schnitzer Concert Hall, 1037 SW Broadway, Portland.



Everyone attending will receive several freebies. Even if you use just one of the free lift tickets, that will offset the cost of the movie ticket.

Also, you will receive a **free subscription to Ski Magazine**, if you fill out the entry form at the theater.

Movie tickets with the group discount cost **\$21.50**. If you buy tickets on your own through Tickets West, it will cost you an additional \$13.

So, as usual, send a check payable to **Sandra Smith**, and mail it to: **Sandra Smith, 1500 SW 134th Avenue, Beaverton, OR 97005**. Contact Sandra to let her know you are interested: Sandra@pacifier.com
Phone: 503-646-4591.

DEADLINE: We will purchase movie tickets at the discounted price only for those who send in their payment to Sandra by Wednesday, September 19.

You can also pay by Paypal or Zelle. Email or call Sandra for details at: Sandra@pacifier.com.

Let Sandra know if you are coming to dinner and/or drinks before the movie. More info on our web site at: http://www.mthigh.org/#Warren_Miller_movie

Season Passes compared See comparison chart on next page.

Which option is best for you depends on how much you'll ski and where. As a general rule, any of the season passes listed is worth the purchase if you will be skiing at least 6 or 7 days at the ski areas listed.

Note that PACRAT racers will get discounted lift tickets at all 3 Mt. Hood ski areas on their race days. If you are a racer who only skis on race days, maybe you don't need a season pass.

Remember that **Meadows** and **Timberline** will be offering **Spring Passes** valid for 3 months of skiing in March, April and May, for about \$139 - \$160. So, for maximum variety, consider buying a season pass to one of them, and then at the beginning of March, buy a Spring Pass to the other.

Vail Resorts has purchased the majority of ski areas in Colorado and many resorts elsewhere too, and they have raised their day lift tickets to somewhere around \$169 - \$189. They don't even publish a price list any more. Instead, you have to tell them which days you will be there, and they will then quote you a price for those days. **Aspen, Snowmass and related resorts** are slightly more affordable, at \$149 for a day ticket.

MOUNTAIN HIGH

Season Passes

SNOWSPORT CLUB

COMPARISON CHART

NOTE 1: Prices will increase November 4 and 25. Epic Pass prices increase in October. Mt. Bachelor prices increase September 30.
 NOTE 2: Gray areas show info from last season or an uncertain price.

Ski area / Name of Pass	1 Day	4 or 5 Day	10/12 Days	Season Pass	Senior Season	Season Pass description
<u>Mt. Bachelor</u>	\$96	4-pack \$259 N/A after 9/30	12-day \$629 after 9/30 \$709	\$999 till 09/30 then \$1,209+	\$659 till 09/30 then \$729+	Prices will increase a lot after Sept. 30.
M.A.X. Pass This pass has been upgraded to the IKON pass.				-	-	Mt. Bachelor is no longer part of it.
Mt. Hood Meadows (12 areas) Includes 5 free days at Mt. Baker, plus 3 fee days at: Whitefish, Sunlight, Purgatory, Grand Targhee, Eaglecrest, Snowbowl, Pajarito, Sipapu, Hesperus, and Nordic Valley.	\$90+ dynamic changes each day	5-days \$299 No longer available ??	10-days \$409 No longer available ??	Value pass \$409 + \$210 peak upgrade	Value pass \$319 + \$160 peak upgrade	Value Pass includes only mid-week and night skiing. The upgrade is for weekends and holidays. Dynamic pricing means each day's price differs depending on conditions. Prices will rise \$100 - \$300 after Nov. 3. Free skiing for ages 75 or over.
Mt. Hood Skibowl	\$57	--	--	\$499	\$274	Prices increase Nov. 4 & Nov. 25. 71+ = \$25.
Timberline (Also see Fusion Pass) Includes the Summit ski area.	\$76	5-days \$265	10-days \$409	\$549	\$189	Multi-day & season prices will increase after Nov. 4 and Nov. 25. Free skiing for 71+.
Indy Pass 34 ski areas, with 2 days at each, for 68 total ski days. West: 49 Degrees North, Apex Mt., Beaver Mt., Brundage Mt., Castle Mt., Eaglecrest, Hoodoo, Hurricane Ridge, Lost Trail, Mission Ridge, Mt. Shasta Ski Park, Red Lodge Mt., Silver Mt., White Pass. Plus 8 ski areas in the Midwest. Plus 12 ski areas in the East.				\$199	\$199	This is a new pass to 34 ski areas, with 2 days at each, for 68 total ski days. Payment can be made in 4 installments of \$49.75. 28 ski areas offer unrestricted access. 6 have some restrictions, midweek only, etc.
Fusion Pass/Powder Alliance (19 areas) Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas: Mission Ridge, White Pass, Schweitzer, Bridger Bowl, Sugar Bowl, Sierra-at-Tahoe, Bogus Basin, China Peak, Mountain High, Angel Fire, Loveland, Monarch Mt., Whitewater, Marmot Basin, Castle Mt., Kiroro (Japan), La Parva (Chile).				\$649 till Nov. 4 \$749 till Nov. 24	\$289 till Nov. 4 \$319 till Nov. 24	Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas, a total of 51 free days. Mid-week is free. Weekends are 1/2 price. Those 71 and over pay only \$50. All prices will increase after Nov. 4 and 25.
Mountain Collective Pass (18 areas) 2 lift tickets at each of: Alta, Arapahoe Basin, Aspen Snowmass, Banff Sunshine, Big Sky Resort, Coronet Peak The Remarkables, Jackson Hole, Lake Louise, Mammoth Mt., Mt Buller, Niseko United, Revelstoke, Snowbird, Squaw Valley Alpine Meadows, Sugarbush Resort, Taos Ski Valley, Thredbo and Valle Nevado..				36-time pass \$489	36-time pass \$489	2 days at each of 18 destinations. Additional days at each resort are 50% off. No blackout dates. Everyone 13 or older pays the same price. Kids 12 or younger pay \$199.
Epic Pass (Vail Resorts): Unlimited access to 17 ski areas: Vail, Beaver Creek, Breckenridge, Keystone, Heavenly, Northstar, Kirkwood, Park City, Stowe, Whistler/Blackcomb, Afton Alps, Mt. Brighton, Wilmot, Perisher, Hotham, Falls Creek, Okemo, Mt. Sunapee, Crested Butte, Stevens Pass. Plus 7 days at: Telluride, Sun Valley, Snowbasin, Fernie, Kimberley, Kicking Horse, Nakiska, Mont-Sainte Anne, Stoneham. Plus 5 days at: 11 Japanese ski areas. Plus 19 ski areas in Europe.				season \$969	season \$969	Also: 1-day pass= \$109 - \$125, 4-day pass = \$456, 7-day pass = \$731, Epic local pass = \$699. Active/retired military & families = \$129. Other veterans & their families = \$529. Everyone 13 or older pays the same price. Prices will increase in October.
IKON Pass (41 ski areas) Unlimited access at: Base pass includes 12 areas: Winter Park, Copper Mt., Eldora, Squaw/Alpine Meadows, Mammoth Mt., June Mt., Big Bear, Snowshoe, Crystal Mt., Solitude, Tremblant, Blue Mt. Full pass includes all of the above, plus: Steamboat (CO), and Stratton (VT). Both passes also include 5 or 7 days at each of the resorts listed in the column at right.				BASE: \$749 Unlimited at 12 areas plus 5 days at each of the others.	FULL: \$1049 Unlimited at 14 areas plus 7 days at each of the others.	West: Aspen Snowmass, A-Basin, Jackson Hole, Big Sky, Snoqualmie, Taos, Deer Valley, Brighton, Alta/Snowbird, Canada: Revelstoke, SkiBig3, Cypress, East: Killington- Pico, Sugarbush, Loon Mt., Boyne Mt., Sunday River, Sugarloaf. Other: Zermatt Matterhorn, Thredbo, Mt. Buller, Coronet PPeak, The Remarkables, Mt. Hutt, Niseko, Valle Nevado.
Loveland with Powder Alliance Unlimited skiing at Loveland, CO, plus 3 free days at all Powder Alliance ski areas , plus: 3 days at: Purgatory, Monarch, Powderhorn, Powder Mt, Grand Targhee, Whitefish, Snow King, Red Lodge, Homewood, Ski Cooper, Sunlight, Brundage, Sipapu, Pajarito, Hesperus, Arizona Snowbowl.				\$439	\$99 for seniors 70+	3 free days at all 19 Powder Alliance resorts, plus 3 days at each of another 17 ski areas. Great deal if you want to ski at some of the additional 17 ski areas and are OK to ski no more than 3 days at Timberline / Skibowl.

Click on the blue, underlined pass name for more detailed info and to purchase it.

Hillcrest Sports Race and Equipment Night



October 2, 2019 (Wednesday) - 4:30 - 8:30 pm

Best prices of the year from all the top companies! Vendor reps as well as professional staff will be present to inform and assist. Special discounts on in-store product for racers, coaches and attendees of race night.

Hillcrest Sports is located in Gresham, on your way to Mt. Hood! The address is:

Hillcrest Sports, 2506 SE Burnside Rd., Gresham, OR 97080

Questions: Contact Gary Gunderson, (503) 351-0643 or email: ggunderson@sapiazza.com.

TRIPS

NOTE: Your spot on the trip is not guaranteed until you put down a deposit.

You can make it official by mailing the trip deposits or by paying online.

Online credit card payments via Pay Pal have been enabled after July 1st.

You can now renew your membership and sign up for trips, racing and more online on our "Signup & Pay" page at: <http://www.mthigh.org/Signup-Pay.htm>

Whenever you send any money to the club, please always send in a filled out **Dough Transmittal Form** (DTF). You can either mail it to the club's PO Box, or email it to Forms@mthigh.org.

FWSA

Philippines Diving Trip



Sept. 28 - Oct. 12, 2019 - (Pre-trip + Main trip). **Passport required!**

Pre-Trip: Sept. 28 - Oct. 3: Azure Dive Resort in Dumaguete (5 nights)
Pre-trip price = \$1,139 includes 4 days (16 boat dives)

Main trip: Oct. 3- 12: Marco Vincent Resort in Puerto Galera
8 days of diving (24 boat dives)
2 Day Trips to Verde Island and Anilao

Price = \$2,621 includes:

9 Nights in Deluxe Hotel Room* (dbl occ)
Breakfast, Lunch & Dinner daily; Limited Wi-Fi
Complimentary 1-hour Massage; Welcome Drink; Coffee, Tea, Water
Philippine Culture & Entertainment
Transfers to and from airport to resort
Resort fees, government taxes & gratuities (dive tips not included)

Not Included: – Air Transportation
– Departure Tax (verify if included in your purchased airfare)

Contact: Randy Lew, 829 SE 11th Place, Battle Ground, WA 98604
530-304-0802 [c], email: divetrips@fwsa.org

More info at: <http://www.fwsa.org/Travel/Dive/2019-FWSA-Philippines/Philippines-basics.html>



Upcoming FWSA Trips



The Far West Ski Association, which we are all part of, has several trips planned. See more details on the [FWSA web site](http://www.fwsa.org) or by clicking on the links below.

Sept. 28 - Oct. 12, 2019	FWSA Diving Trip to the Philippines
Jan. 25 - Feb. 1, 2020	2020 Ski Week at Big Sky, Montana , with Sports America Tours.
Mar. 29 - Apr. 3, 2020	2020 Mini Ski Week at Big White , British Columbia
Jan. 30 - Feb. 6, 2021	2021 FWSA Ski Week in Sun Valley , Idaho, with Skigroup.net
March 2021	2021 Mini Ski Week at "Zermatt Utah Resort and Spa" with Ski.com

NOTE: There is much more detailed information about all these trips on our Mountain High website, on the TRIPS page at: www.mthigh.org/Trips.htm.

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High

Washington Trip: 49° North, Mt. Spokane, Bluewood



3.5 days / 3 nights / 3 ski days.

January 17 - 20, 2020. MLK Weekend (Friday - Monday).

Saturday at: **49 Degrees North** - Great terrain!

Sunday at: **Mt. Spokane** - New lift and 7 new trails on back side.

Monday at: **Bluewood** - has the best powder.

Each ski area offers something unique, such as the 7 Deadly Sins at 49°N, the historic Vista House at Mt. Spokane, and the best snow at Bluewood.

Bus ride: We'll start the trip on Friday at 1 pm and ride the bus to Spokane. We'll return Monday night (MLK day), by 8 or 9 pm. The bus ride itself will be fun. We'll share food, play games, tell jokes, watch short videos, etc.

Lodging: At La Quinta in North Spokane for the first two nights. Last night at Best Western in Dayton, WA, 35 minutes from Bluewood.

Both hotels have a hot tub and indoor swimming pool. Also free Wi-Fi and free breakfast. All rooms have a hair-dryer, coffee-maker, and microwave and refrigerator.



49 Degrees North ski area, offers 5 lifts serving interesting terrain. Everyone likes the variety, which includes skiing the "7 deadly sins", Mahre's Gold, Angel Peak, 2 Ullr's bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades.



Mt. Spokane has 5 lifts (not counting the beginner ones) serving 3 separate faces of the mountain: the front side, the old back side, and now an entirely new back side with its own new lift (chair 6) and 7 new trails. Visit and have lunch at the historic Vista House at the top of the mountain.

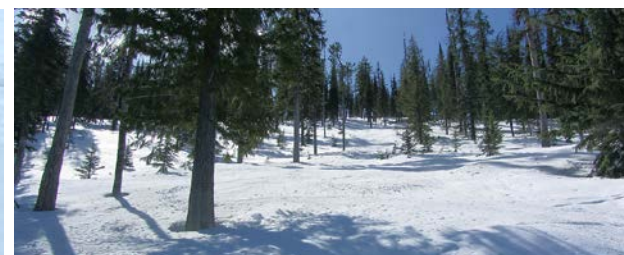


Bluewood has so far proven to have the best powder most of the time, even when other ski areas don't have much. It has 2 lifts serving 2 separate hills. Lots of groomers, but also epic tree skiing.

Bluewood is already almost half way home, so our ride home will be shorter than if we stayed in Spokane all 3 nights.

We'll ski till about 2:30 or 3 pm, and

then ride the bus back home. We'll stop for dinner on the way home and will return to Portland around 9 pm on Monday.



Prices (per person):

Adults = \$546

Seniors (65+) = \$541

Super-Seniors (70+) = \$503

No lift tickets = \$413

Price includes all bus transportation, 3 nights lodging, and 3 lift tickets. A lunch and 2 dinners are included. Both hotels offer a free breakfast.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of **\$100** per person.

Full payment due by **December 6, 2019.**

No refunds after December 6, unless you can fill your spot.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Emilio Trampuz, 503-378-0171,
Emilio2000@earthlink.net



See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Washington trip.

Mt. High

Silver Star, BC Trip



A Mountain High bus trip to Silver Star, BC.

January 27 - February 2, 2020 - Monday - Sunday.

We will stay ON MOUNTAIN with easy access to all village amenities. Full trip price includes: Roundtrip charter bus transportation, 6 nights lodging, 5 Silver Star lift tickets and one group meal. Silver Star has proven to be a club favorite and we will head back next season for another visit.

At Silver Star we will stay on mountain at the Snowbird Lodge. Most condos will be two-bedroom units with room one having a king bed and room



two having king or t/t set up. In addition, each unit has two bathrooms, a fireplace, washer/dryer, full kitchen and a private hot tub. We also have access to an amenities room for happy hour gatherings.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest resort in British Columbia. It offers both Nordic and downhill options, as well as optional activities including fat tire biking, snow shoeing, ice skating and tubing. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star boasts over 3200 acres of downhill skiing with 11 lifts and 132 runs. The terrain is comprised of 15% beginner, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at skisilverstar.com.

Prices

Adult	1230.00
Senior 65+	1197.00

Payment and cancellation details

Deposit of 200.00 due at signup.

2nd payment of 300.00 due by September 15th.

Final payment due by November 15th.

Last day to cancel for full refund is October 15th.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Karen Michels: skiklynn@gmail.com

NOTE: Silver Star is no longer a Powder Alliance resort.

QUESTIONS FOR WHITEFISH TRIP PARTICIPANTS (See page 9)

The Whitefish trip is very flexible. Most people usually take the train. But, this time, you can choose your own transportation. Also, you can choose your length of stay (4, 5, or 7 days) as long as we can find you a roommate with the same preference. Please let the trip leader, Bill King, know the answers to the following questions:

1. Have you already paid your \$200 deposit?
2. If not, do you still plan to go?
3. How many nights do you plan to stay at Kandahar Lodge?
4. What day do you plan to arrive?
5. How do you plan to get to Whitefish?
6. How many days do you plan to ski?
7. Are you a Senior (65-69) or a Super Senior (70+)?
8. Do you have a roommate?
9. If so, who?



10. Are you interested in a 1-day side trip to Blacktail Mountain? Blacktail ski area offers 1,440 vertical feet, served by 3 chairlifts (2 doubles and 1 triple). The top elevation is at 6,780 feet, and the parking lot and day lodge sit at the top of the mountain. You ski down from there. Adult lift tickets are \$42, 70 and over are \$20.

See our TRIPS page: www.mthigh.org/Trips.htm

Mt. High

Whitefish Mtn. Resort Trip



February 8 - 15, 2020. 4, 5, or 7 days - by train, car, or plane.

Whitefish Mountain Resort offers 3000 acres of skiing on all sides of Big Mountain. It has 11 chair lifts (3 express quads). It has 2,353 vertical feet and 105 named runs plus vast amounts of bowl and tree skiing. Twelve percent of the terrain is rated green, 38% blue, 44 % black and 6% double black.

This will be a flexible, arrange your own transportation trip. Amtrak runs overnight from Portland or Vancouver to Whitefish and return. Current prices start as low as \$78 per person each way reserved coach. There are a limited number of sleeper berths available. If you prefer to drive, it is a ten-hour drive, and you can stop to ski at other places along the way.



We will be staying at the **Kandahar Lodge**, a very nice on-mountain hotel with a Swiss or Austrian feel. The lobby/great room has a huge fireplace, an award-winning restaurant open only for dinner, and a small separate bar. There is no elevator. All the rooms are on the 2nd and 3rd floors.

It has a free van that will take you where you want to go on the mountain (not into town, there's a free public snow bus for that). The van only runs during the day. At night it's less than a five-minute walk to the bars and restaurants in the upper village, or to catch the snow bus into town.

You can ski-in but would have to walk 50 yards across a parking lot to ski to a lift. Or take the free van.

For those traveling by train:

- * You will spend 2 nights on the train. The first and the last. You can sleep in the reclining seats, but it is highly recommended to ask for a sleeper car.
- * The train leaves Portland at 4:45 pm the day before and travels through the night. You need to reserve a ticket for February 7.
- * Train arrives in Whitefish early in the morning (at 7:41 am), and you can go skiing right away, after leaving your luggage in Kandahar lodge.
- * The train leaves Whitefish late in the evening, at 8:56 pm. You can ski all day and still have time for dinner in town before boarding the train home.

Price includes:

Free European-style continental breakfast, après ski cookies, freshly made popcorn, hot chocolate, coffee, and tea. Heated boot rooms and ski rooms. Free Wi-Fi, laundry, 24-hour front desk, large outdoor jacuzzi, steam room, and fitness center. Massages are available by appointment. All rooms have at least a small refrigerator and microwave. Some rooms have small kitchens; those will be assigned on a first-come first-served basis.

We have reserved all rooms for 7 nights from 8-15 February 2020, but we will also be able to offer either 4- or 5-night stays.

Because we will receive the 7th night comped, 6-night pricing will be the same as 7-night. To make things manageable & simplify matching of roommates, 4-night stays must begin on either Feb 8th or Feb 11th and 5-night stays must begin on either Feb 8th or Feb 10th.

We will do our best to match you with a roommate who wants the same nights as you, but you are ultimately responsible for finding a roommate who wants the same nights as you to fill your room.

Pricing

Lodging

\$420/person for 6 or 7 nights (we get the 7th night free)

\$350 for 5 nights

\$280 for 4 nights.

For fewer than 6 nights, everyone in the room would need to have the same arrival and departure dates. These prices include shuttles from and to the Whitefish Amtrak Station. **Subtract \$20 if you are driving.**

Lift Tickets

Adult 1-day	\$65
Adult 2+ days	\$59/day
65-69 1-day	\$56
65-69 2+ days	\$51/day
70+	Free

2+ days tickets have a 2-day grace period (2 of 4; 3 of 5; 4 of 6, etc.)

Holders of full season passes for Mount Hood Meadows get 3 free days.

Payment and cancellation details

\$200 deposit due at signup.

½ of total minus deposit is due by October 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 25th.

We hope you join us for this exciting trip. Reserve your spot now with a **\$200 deposit.**

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Whitefish trip.

Mt. High

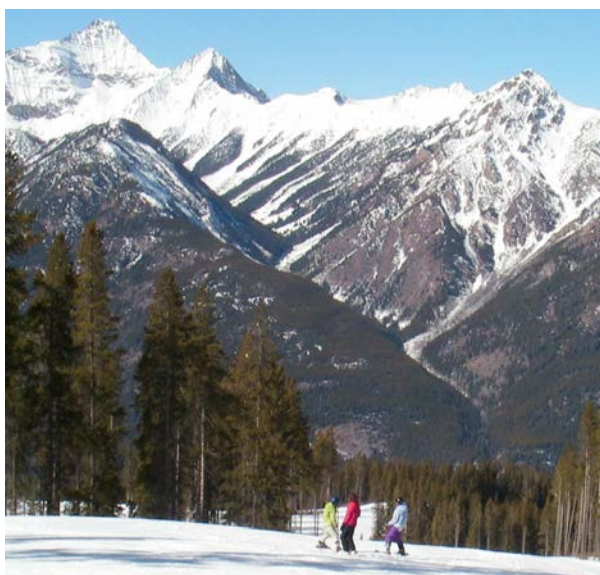
Canada Powder Highway Trip



Panorama, Fernie, Kimberley, Kicking Horse

February 22 - March 1, 2020 - Saturday - Sunday.

We will stay on mountain at **Panorama Mountain Resort** for 6 nights with easy access to all village amenities. In addition, we will stay one night at the Prestige Rocky Mountain resort in Cranbrook, B.C. and one night at the Best Western Plus Kootenai River Inn located in Bonners Ferry, Idaho. Full trip price includes: roundtrip charter coach transportation, 8 nights business class lodging, 4 Panorama lift tickets, 1 Fernie lift ticket, 1 Kimberley lift ticket and a few meals. In addition, there will be several optional activities including a day trip to Kicking Horse Mountain Resort, snowmobiling, paragliding and a heli-ski adventure in the Purcell Mountains.



We will stay the first night of our trip in the town of Cranbrook, British Columbia in order to ski Fernie the following day. We will stay at the Prestige Rocky Mountain Resort in traditional hotel rooms with two people per room. Rooms will have 2 queen beds or 1 king bed. Fernie Alpine Resort has over 2500 acres of skiable terrain with 3550 feet of vertical and 142 trails. Terrain is comprised of 30% beginner, 40% intermediate and 30% advanced.

After skiing at Fernie we will head north to Panorama. We will stay at the Panorama Springs Lodge in two-bedroom condos with direct ski in/out access. We will have 4 people in each two-bedroom condo unit. Most condos have a queen bed in room 1 and two single beds in room 2. Each unit has two bathrooms, a full kitchen and a gas fireplace. The property is also well known for Canada's largest slope-side hot pools!! Panorama offers 2975 acres of skiable terrain with more than 4265 vertical feet and 120 trails. The resort has 10 lifts including 1 gondola, 2 express quads, 2 quad chairs, 1 triple chair, 1 double chair, 1 platter and 2 carpets. The terrain is approximately 25% beginner, 50% intermediate and 25% expert. Midweek during our stay at Panorama there will be an optional day trip to Kicking Horse Resort (Wednesday). The day trip option includes transportation and lift ticket. You will depart about 7:30 am and return about 5:30 pm.

On our last morning at Panorama we will depart early in order to spend our final ski day at Kimberley Alpine Resort. Kimberley Alpine Resort offers over 1800 skiable acres with 2465 feet of vertical and more than 68 runs. The resort has 1 high speed quad, 1 triple chair, 1 double chair, 1 T bar and 1 magic carpet. The terrain is approximately 20% beginner, 42% intermediate and 38% advanced.

After skiing at Kimberley on Saturday we will travel 2 hours south to northern Idaho and spend the last night of the trip at the Best Western Plus Kootenai in Bonners Ferry, Idaho. We will stay in traditional hotels rooms with two queens per room. The following day we will travel home to Portland. Don't miss out on this unique itinerary.

Prices

No Lifts	950.00
Adult	1375.00
Senior 65-74	1310.00
Super Senior 75+	1051.00
Kicking Horse option add	106.00
Contact trip leader for heli-ski and paragliding pricing	

Payment and cancellation details

Regular signups open July 1st by mail and PayPal. Deposit postmarks will be used for wait-list order.

All participants must be paid Mountain High members for 2019-2020.

300.00 deposit due at signup.

500.00 payment due by September 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 30th.

We hope you join us for this exciting trip. Contact trip leader if you have a season pass that includes any of these resorts for individual pricing.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leaders:

Karen Michels: skiklynn@gmail.com

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Powder Highway trip.

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2019 Man & Woman of the Year



Karen Michels is our club's Membership director. She is also a ski trip leader, and has organized several bike rides, as well as social activities.



Kurt Krueger is our past President. He has updated our Bylaws, organized our elections, he proofreads our newsletter & monitors our data backups.

Mountain High Board Meeting

Usually last Monday of the month.

September 30 (Mon): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@ymail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdebbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences:

- Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
- ☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
- (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2020) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Northeast WA trip (49° North, Mt. Spokane, Bluewood) (Jan. 17-20, 2020) Adult=\$546, Senior (65+)= \$541, Super-senior (70+)= \$503, No lift tax=\$413. Deposit=\$100.	\$ _____	_____
<input type="checkbox"/> Silver Star, BC trip (Jan. 27 - February 2, 2020) Adult=\$1230, Senior (65+)= \$1197, Deposit \$200.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. lodging (Feb. 8 - 15, 2020) 4, 5, or 7-day trip. Deposit=\$200 I intend to stay: <input type="checkbox"/> 6 or 7 nights = \$420, <input type="checkbox"/> 5 nights = \$350, <input type="checkbox"/> 4 nights = \$280.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. Lift tickets (Feb. 8 - 15, 2020) I intend to ski _____ days. Adult 1-day=\$65, Adult 2+ days = \$59 /day, Senior (65+)= \$56. Seniors 2+ days=\$51/day. 70+=Free	\$ _____	_____
<input type="checkbox"/> Powder Highway Canada trip (Feb. 22 - Mar. 1, 2020. Deposit = \$300. Prices: Adult=\$1375, Senior(65-74)= \$1310, Super-Senior (75+)=1051.	\$ _____	_____
<input type="checkbox"/> Powder Highway optional Kicking Horse trip Add \$106.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Checkmark all desired options.

Club membership = 253 Newsletter Distribution

The September 2019 issue is posted on our web site. Also:
286 copies sent via email (as PDF file)
6 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

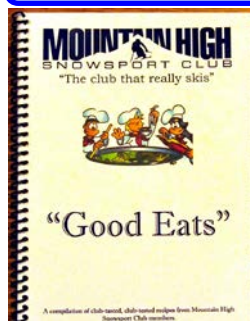
NWSCC Man & Woman of the Year

Our club selected **Kurt Krueger** and **Karen Michels** as our Man & Woman of the Year. But the NW Ski Club Council had candidates from many NW Ski clubs, and the winners were: **Ryan Rooper** and **Becki Robinson**. They were our Northwest candidates at the Far West Ski Association's Man & Woman of the Year. **Becki Robinson** won as the FWSA Woman of the Year.

Mt. High Credit Card Payments

We are now able to process your payments by **credit card**. We are doing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "**Signup & Pay**" at: <http://www.mthigh.org/Signup-Pay.htm>

Mt. High Cookbook

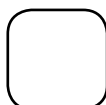
This 34 page cookbook is available for \$10. It contains soups, salads, entres, desserts, and more!

You can get one at our social events, or contact Debbi Kor at: ijustwannarun1@comcast.net or call 503-314-7078.

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Shape Up 1: Strengthen your legs & hips](#)
- * [News & Comments: Ageism, Ski Passes](#)
- * [Long Term Winter Forecasts](#)



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.