



Lift Lines

= No. 224, August 2019 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. High

Upcoming Events & Trips

Mt. High

WINTER

SIGN UP FOR SKI TRIPS



We have added one more ski trip, a bus trip to Silver Star, BC., January 27 - February 2, 2020. See all our planned winter ski trips on pages 6 - 10 in this issue.

When signing up, keep in mind the following:

1. Your spot on the trip is NOT secure until you make a deposit payment.
2. You can send payments to the club by mail or pay online by credit card, using the "Signup & Pay" button in our menu.
3. Always fill out and mail in a [Dough Transmittal Form](#) to tell us who is paying and for what. Do this regardless of how you make a payment.
4. Always contact the trip leader to let him/her know that you have sent your payment. The trip leader needs to know this ASAP.

SUMMER

We have already had several hikes and bike rides already, as well as a day of kayaking. See page 2. Half the summer is already behind us.

HIKES

- Aug 10: Salmon Butte, 12 miles, moderate.
Sept 14: Paradise Park, 12 miles, moderate.

BICYCLE RIDE

- Sept. 1: Barlow Road History Tour. Not a club event, a public event.

TGIFs

Not in the mood for exercise, but just want to socialize? We are planning a series of TGIF / Happy Hour gatherings. The first one will be on Monday, August 12 - so therefore a TGIM. Others will be on different days. See page 3.

TO DO LIST

Stay fit during the summer. Join us on some of the upcoming hikes and/or bike rides.



A short hike in Mosier after biking.

Note the color code.
Our club is blue.

2019 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General events

AUGUST

- Aug. 10 (Sat.): Steiner Cabins Tour - SOLD**
Aug. 10 (Sat.): Salmon Butte hike
Aug. 12 (Mon): TGIM Happy Hour social
Aug. 26 (Mon): Mt. High Board meeting
Aug. 31 (Sat.): HHH -Barlow Road - Mt. Hood area ruts and sites - Lloyd M.

SEPTEMBER

- Sept. 1 (Sun.): Barlow Road Wagon Trail bike ride / hike**
Sept. 14 (Sat): Paradise Park hike
Sept. 28 (Sat): HHH - Mt. Hood Trivia

OCTOBER

- Oct. 12 (Sat.): Seafood Party**
Oct. 16 (Sun.): NWSCC / PACRAT meeting

NOVEMBER

- Nov. 1-3 (Fri-Sun): Ski Fever Show - Expo Ctr.**
Nov. 22-23 (Fri-Sat): Snowvana -Convent. Ctr.

DECEMBER

- Dec. 11 (Wed.): NWSCC 40th Anniversary and PACRAT bib pickup**

Letters to the Editor



Q How can I notify club members that I have something to sell, like tickets to a concert, or my lightly used skis?

A Use the tools available on our website. You can make your announcement in several ways. 1. Post it in our Forums. 2. Post it on the club's Facebook Page. 3. Post it on the Bulletin Board (send any text & pictures to the webmaster; currently Emilio.)



Burnt Lake Hike

July 13, 2019. (Saturday)

A dozen people showed up for the Burnt Lake trail hike, led by Diane Domina. Good weather, and everyone had a good time.

See more pictures at:

<http://www.mthigh.org/Photos.htm#Burnt-Lake>

Kayaking on Estacada Lake

July 20, 2019. (Saturday)

This was an informal activity. We didn't get a chance to announce it ahead of time. Kurt Wilke simply announced it on our club's Facebook page.

Only 4 people showed up, although many people expressed interest but also regretted that they couldn't make it this weekend.

See more pictures at: <http://www.mthigh.org/Photos.htm#Kayaking-Estacada-Lake>



The Dalles bike ride and Mosier Hike

July 27, 2019. (Saturday)

Fourteen of us enjoyed a wonderful sunny day biking along the Columbia river between The Dalles and the Columbia Gorge Discovery Center, along a paved Riverfront Trail. We also did a brief tour to see some of the many murals in The Dalles, and then had lunch at the Petite Provence restaurant.

After lunch, some people went home, but about a dozen of us drove to Rowena Crest viewpoint and then stopped at Mossier.

In Mosier, we had a short hike to see the Mosier swimming hole and the Oregon Pioneer cemetery and then ended the day with some wonderful ice-cream at the local ice-cream parlor in Mosier.

A great view of the Columbia River from the hike above Mosier



Mt. High

Salmon Butte Hike

Mt. High

**August 10, 2019 (Saturday).** 9 am. .

12 miles moderate trail.

Elevation gain 3,170 feet.

A long steady climb on a gentle slope. Old growth forest. Fantastic views.

After the hike, we'll have lunch/happy hour at Mallards.

Please RSVP to **Diane Domina**, dianedomina@yahoo.com .

MEET at 9 am at the Zig Zag Ranger Station and we'll drive to the trail head together.

Directions to the Zig Zag Ranger Station. Follow highway 26 west of Sandy. Go past the traffic light at Welches for another mile or so to Zig Zag. The Ranger station is almost directly opposite the beginning of Lolo Pass Road. It's the next driveway on your right after Zig Zag Inn.

Mt. High

Mt. High TGIM

Mt. High

**August 12, 2019 (Monday.).** 5:15 - 7:15 pm .

Yes, you read that right: TGIM - Thank God it's Monday!

An informal social gathering.

Let's gather for a Happy hour on Monday, Aug. 12, 5:15 pm to 7:15 pm.

Location: **Stanford Restaurant & Bar**See [Google MAP](#).

Jantzen Beach Center,

12200 N Parker Ave, Portland, OR 97217

Let's just relax and enjoy the time together. We'll have more such gatherings in the future, on different days of the week. For more info, contact **Karen**, Skiklynn@gmail.com, 503-984-9210.

History Happy Hour: Oregon Trail

August 31 (Saturday). 6:30 pm

Lloyd Musser, curator of the Mt. Hood Museum in Government Camp, will give a presentation on Barlow Road, which was part of the Oregon Trail. "Barlow Road - Mt. Hood area ruts and sites."



Come to the History Happy Hour social at the Mt. Hood Museum in Government Camp, located next to the Taco Shoppe.

The presentation is free. Donations to the Museum are welcome. Beer, wine, and soft drinks available. Doors open at 6:30. Presentation begins at 7:00 pm.

See details on our website: http://www.mthigh.org/index.htm#History_Happy_Hour

Barlow Road History Tour

**September 1 (Sunday).****Where exactly is the Oregon trail around Mt. Hood?**

See the original wagon ruts.

This is really a tour of historic sites, not just a plain bike ride. Bicycles are just the best mode of transportation between sites. We will also have a hiking option.

Come join us if you are interested in how the Oregon Pioneers traveled. It will be both fun and educational.

This event as part of the celebration of the 176th anniversary of the Oregon Trail. The migration started in 1943.

Everyone with a bicycle should meet at the Zig Zag Inn in Zig Zag a few minutes before **9:30 am**.

Hikers should meet at the Mt. Hood Museum in Government Camp at **10 am**.

More info at: <http://www.mthigh.org/>. Then, in the calendar, click on the Barlow Road bike ride..

Bike riders RSVP to Emilio, 503-510-1477, or Emilio2000@earthlink.net.

Hikers RSVP to Lloyd, moydmusser@msn.com .

Mt. High

Paradise Park Hike

September 14, 2019. Saturday. 9 am.
Length = 12 miles moderate hike.
Elevation gain = 3050 feet.
Lunch/happy hour TBA.

MEET at **10 am** at the Zig Zag Ranger Station and we'll drive to to the trail head together.



Beautiful trail with amazing views of Zig Zag canyon from an angle you've never seen before (if you have only seen it while skiing above the canyon). Then, even better views at Paradise Park itself.

Directions to the Zig Zag Ranger Station. Follow highway 26 west of Sandy. Go past the traffic light at Welches for another mile or so to Zig Zag. The Ranger station is almost directly opposite the beginning of Lolo Pass Road. It's the next driveway on your right after Zig Zag Inn.

Please **RSVP** to Diane Domina, dianedomina@yahoo.com.

Mt. High

Mt. High Seafood Party



October 12, 2019.
Saturday. 6 pm.

Hors d'oeuvres start at 6:00; dinner at 6:30.

Our annual end-of-summer Seafood party is coming up.

There will be fish and other seafood aplenty.

The cost to our members will be \$5 pp. Guests (non-members): \$10. Due to limited space, we can have only a maximum of 45 people. So, please RSVP in time to be counted.

For your \$5, you'll have an incredible dinner. The menu is yet to be announced.

BYOB. Also bring an appetizer, salad, side dish, or dessert to share.

Location: Home of Ron and Terri Best,
16750 S Kraeft Rd.
Oregon City, OR 97045.

See [Google map](#).

EVERYONE PLEASE RSVP by October 5th.

RSVP to **Ron Best** at SeafoodParty@mthigh.org or 503-522-5674.

History Happy Hour - Mt. Hood Trivia



Is this a
charlift?

September 28, 2019 (Saturday) 6:30 pm.

The Mt. Hood Cultural Center and Museum photo collection contains thousands of images from photographers that cover decades on the mountain. Curator Lloyd Musser will share "Historical Photos of Mount Hood and Trivia" during the Social History Happy Hour.

Be entertained and learn something new.

Location: Mt. Hood Museum & Cultural Center, Government Camp.
Doors open 6:30, lecture starts at 7 pm. Beer & Wine can be purchased.

Presentation is free. Donations to the museum gladly accepted.

For more info, contact: Mt. Hood Cultural Center and Museum, Phone: 503-272-3301, info@mthoodmuseum.org, Web site: www.mthoodmuseum.org

Delta Airlines Eliminates \$150 fee

As of July 17, 2019, Delta Airlines has eliminated their \$150 fee for carrying sports equipment, such as skis, bicycles, golf clubs. But these items will still be considered an additional bag and subject to regular baggage fees.

See: <https://www.msn.com/en-us/travel/article/delta-eliminates-sporting-equipment-fee/ar-AAEwroE>

Oregon Mountain Community Goes Online-Only

The Oregon Mountain Community (OMC) has moved to an online-only retail experience. Their website is: OMCgear.com.

The new website features an improved search engine, a streamlined checkout process, and more updates to make the process of getting the gear you need easier!

Your online orders can either be shipped to you or you can pick them up at the same location where the Oregon Mountain Community used to be located, at 2975 NE Sandy Blvd., Portland, OR 97232.

That location will now be occupied by the Mountain Shop, but you can pick up your OMC orders at the street level of the Mountain Shop.

If you have any questions, please feel free to call at 503-227-1038.

Mountain Shop is Moving

Starting Monday, August 5, the Mountain Shop opens at its new location, 2975 NE Sandy Blvd., Portland, OR 97232. Their phone remains: 503-288-6768.

The Mountain Shop is moving to the first floor of the building where the Oregon Mountain Community was located. The OMC and the Mountain Shop are

not merging, just sharing the building. They are adopting a new practice of collaboration. This new collaborative alliance will help them both.

The new site offers convenient free parking and greater ease of access. A newly renovated adjacent building will be used for expanded rental and service departments for the Mountain Shop.



OMC will have an office on the second floor of the building, while the Mountain Shop will occupy the ground floor. Items purchased online from OMCgear.com will be available for pickup at the street level from the Mountain Shop.

For questions contact: answers@mountainshop.net.



NWSCC's Ski & Ride Challenge Discontinued

For the past 13 years, from 2006 to 2019, the NW Ski Club Council has been issuing a challenge to skiers and snowboarders to visit as many ski areas as they can in a single winter. If you visited at least 7 ski areas, you qualified for a prize.

The program started off somewhat slow, with only 3 people participating the first year, and 4 people the next season. Then it gradually built up to about a dozen people in some subsequent years. But then participation started declining.

This past winter season, only one person has submitted their entry into the contest/challenge. Therefore the NWSCC Board has decided it is time to terminate this program.

TRIPS

NOTE 1: We have added one more Mountain High trip. It is to Silver Star, BC, Canada. See page 8.

NOTE 2: Your spot on the trip is not guaranteed until you put down a deposit.

You can make it official by mailing the trip deposits or by paying online.

Online credit card payments via Pay Pal have been enabled after July 1st.

You can now renew your membership and sign up for trips, racing and more online on our “**Signup & Pay**” page at: <http://www.mthigh.org/Signup-Pay.htm>

FWSA

Philippines Diving Trip



Sept. 28 - Oct. 12, 2019 - (Pre-trip + Main trip). **Passport required!**

Pre-Trip: Sept.28 - Oct. 3: Azure Dive Resort in Dumaguete (5 nights)
Pre-trip price = \$1,139 includes 4 days (16 boat dives)

Main trip: Oct. 3- 12: Marco Vincent Resort in Puerto Galera
8 days of diving (24 boat dives)
2 Day Trips to Verde Island and Anilao

Price = \$2,621 includes:

9 Nights in Deluxe Hotel Room* (dbl occ)
Breakfast, Lunch & Dinner daily; Limited Wi-Fi
Complimentary 1-hour Massage; Welcome Drink; Coffee, Tea, Water
Philippine Culture & Entertainment
Transfers to and from airport to resort
Resort fees, government taxes & gratuities (dive tips not included)

Not Included: – Air Transportation
– Departure Tax (verify if included in your purchased airfare)

Contact: Randy Lew, 829 SE 11th Place, Battle Ground, WA 98604
530-304-0802 [c], email: divetrips@fwsa.org

More info at: <http://www.fwsa.org/Travel/Dive/2019-FWSA-Philippines/Philippines-basics.html>

NWSCC

Eastern Europe Danube River Cruise

Eastern Europe to the Black Sea

This trip might NOT happen. Not enough people have signed up.

August 29, 2019 - A 14 day trip.

Cruise through Hungary, Croatia, Serbia, Bulgaria, and Romania. See the towns of Budapest, Osijek, Vukovar, Novi Sad, Belgrade, Vidin, Ruse, Constanta, and Bucharest. 10 nights lodging on the cruise ship. Total price with air fare from Portland, Oregon = \$4,795.



Upcoming FWSA Trips



The Far West Ski Association, which we are all part of, has several trips planned. See more details on the [FWSA web site](http://www.fwsa.org) or by clicking on the links below.

Sept. 28 - Oct. 12, 2019	FWSA Diving Trip to the Philippines
Jan. 25 - Feb. 1, 2020	2020 Ski Week at Big Sky, Montana , with Sports America Tours.
Mar.29 - Apr. 3, 2020	2020 Mini Ski Week at Big White , British Columbia
Jan. 30 - Feb. 6, 2021	2021 FWSA Ski Week in Sun Valley , Idaho, with Skigroup.net
March 2021	2021 Mini Ski Week at “Zermatt Utah Resort and Spa” with Ski.com

NOTE: There is much more detailed information about all these trips on our Mountain High website, on the TRIPS page at: www.mthigh.org/Trips.htm.

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High

Washington Trip: 49° North, Mt. Spokane, Bluewood



3.5 days / 3 nights / 3 ski days.

January 17 - 20, 2020. MLK Weekend (Friday - Monday).

Saturday at: **49 Degrees North** - Great terrain!

Sunday at: **Mt. Spokane** - New lift and 7 new trails on back side.

Monday at: **Bluewood** - has the best powder.

Each ski area offers something unique, such as the 7 Deadly Sins at 49°N, the historic Vista House at Mt. Spokane, and the best snow at Bluewood.

Bus ride: We'll start the trip on Friday at 1 pm and ride the bus to Spokane. We'll return Monday night (MLK day), by 8 or 9 pm. The bus ride itself will be fun. We'll share food, play games, tell jokes, watch short videos, etc.

Lodging: At La Quinta in North Spokane for the first two nights. Last night at Best Western in Dayton, WA, 35 minutes from Bluewood.

Both hotels have a hot tub and indoor swimming pool. Also free Wi-Fi and free breakfast. All rooms have a hair-dryer, coffee-maker, and microwave and refrigerator.



49 Degrees North ski area, offers 5 lifts serving interesting terrain. Everyone likes the variety, which includes skiing the "7 deadly sins", Mahre's Gold, Angel Peak, 2 Ullr's bells to ring for good luck (one at the top and one at the bottom of the ski area), plus lots of long cruisers and a variety of powder runs and glades.



Mt. Spokane has 5 lifts (not counting the beginner ones) serving 3 separate faces of the mountain: the front side, the old back side, and now an entirely new back side with its own new lift (chair 6) and 7 new trails. Visit and have lunch at the historic Vista House at the top of the mountain.

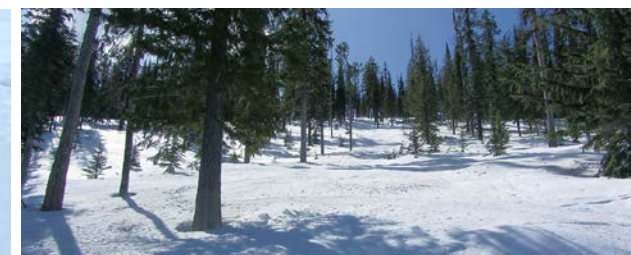


Bluewood has so far proven to have the best powder most of the time, even when other ski areas don't have much. It has 2 lifts serving 2 separate hills. Lots of groomers, but also epic tree skiing.

Bluewood is already almost half way home, so our ride home will be shorter than if we stayed in Spokane all 3 nights.

We'll ski till about 2:30 or 3 pm, and

then ride the bus back home. We'll stop for dinner on the way home and will return to Portland around 9 pm on Monday.



Prices (per person):

Adults = \$546

Seniors (65+) = \$541

Super-Seniors (70+) = \$503

No lift tickets = \$413

Price includes all bus transportation, 3 nights lodging, and 3 lift tickets. A lunch and 2 dinners are included. Both hotels offer a free breakfast.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of **\$100** per person.

Full payment due by **December 6, 2019.**

No refunds after December 6, unless you can fill your spot.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Emilio Trampuz, 503-378-0171,
Emilio2000@earthlink.net



See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Washington trip.

Mt. High

Silver Star, BC Trip



A Mountain High bus trip to Silver Star, BC.

January 27 - February 2, 2020 - Monday - Sunday.

We will stay ON MOUNTAIN with easy access to all village amenities. Full trip price includes: Roundtrip charter bus transportation, 6 nights lodging, 5 Silver Star lift tickets and one group meal. Silver Star has proven to be a club favorite and we will head back next season for another visit.

At Silver Star we will stay on mountain at the Snowbird Lodge. Most condos will be two-bedroom units with room one having a king bed and room



two having king or t/t set up. In addition, each unit has two bathrooms, a fireplace, washer/dryer, full kitchen and a private hot tub. We also have access to an amenities room for happy hour gatherings.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest resort in British Columbia. It offers both Nordic and downhill options, as well as optional activities including fat tire biking, snow shoeing, ice skating and tubing. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star boasts over 3200 acres of downhill skiing with 11 lifts and 132 runs. The terrain is comprised of 15% beginner, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at skisilverstar.com.

Prices

Adult	1230.00
Senior 65+	1197.00

Payment and cancellation details

Deposit of 200.00 due at signup.

2nd payment of 300.00 due by September 15th.

Final payment due by November 15th.

Last day to cancel for full refund is October 15th.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Karen Michels: skiklynn@gmail.com

NOTE: Silver Star is no longer a Powder Alliance resort.

QUESTIONS FOR WHITEFISH TRIP PARTICIPANTS (See page 9)

The Whitefish trip is very flexible. Most people usually take the train. But, this time, you can choose your own transportation. Also, you can choose your length of stay (4, 5, or 7 days) as long as we can find you a roommate with the same preference. Please let the trip leader, Bill King, know the answers to the following questions:

1. Have you already paid your \$200 deposit?
2. If not, do you still plan to go?
3. How many nights do you plan to stay at Kandahar Lodge?
4. What day do you plan to arrive?
5. How do you plan to get to Whitefish?
6. How many days do you plan to ski?
7. Are you a Senior (65-69) or a Super Senior (70+)?
8. Do you have a roommate?
9. If so, who?



10. Are you interested in a 1-day side trip to Blacktail Mountain? Blacktail ski area offers 1,440 vertical feet, served by 3 chairlifts (2 doubles and 1 triple). The top elevation is at 6,780 feet, and the parking lot and day lodge sit at the top of the mountain. You ski down from there. Adult lift tickets are \$42, 70 and over are \$20.

See our TRIPS page: www.mthigh.org/Trips.htm

Mt. High

Whitefish Mtn. Resort Trip



February 8 - 15, 2020. 4, 5, or 7 days - by train, car, or plane.

Whitefish Mountain Resort offers 3000 acres of skiing on all sides of Big Mountain. It has 11 chair lifts (3 express quads). It has 2,353 vertical feet and 105 named runs plus vast amounts of bowl and tree skiing. Twelve percent of the terrain is rated green, 38% blue, 44 % black and 6% double black.

This will be a flexible, arrange your own transportation trip. Amtrak runs overnight from Portland or Vancouver to Whitefish and return. Current prices start as low as \$78 per person each way reserved coach. There are a limited number of sleeper berths available. If you prefer to drive, it is a ten-hour drive, and you can stop to ski at other places along the way.



We will be staying at the **Kandahar Lodge**, a very nice on-mountain hotel with a Swiss or Austrian feel. The lobby/great room has a huge fireplace, an award-winning restaurant open only for dinner, and a small separate bar. There is no elevator. All the rooms are on the 2nd and 3rd floors.

It has a free van that will take you where you want to go on the mountain (not into town, there's a free public snow bus for that). The van only runs during the day. At night it's less than a five-minute walk to the bars and restaurants in the upper village, or to catch the snow bus into town.

You can ski-in but would have to walk 50 yards across a parking lot to ski to a lift. Or take the free van.

For those traveling by train:

- * You will spend 2 nights on the train. The first and the last. You can sleep in the reclining seats, but it is highly recommended to ask for a sleeper car.
- * The train leaves Portland at 4:45 pm the day before and travels through the night. You need to reserve a ticket for February 7.
- * Train arrives in Whitefish early in the morning (at 7:41 am), and you can go skiing right away, after leaving your luggage in Kandahar lodge.
- * The train leaves Whitefish late in the evening, at 8:56 pm. You can ski all day and still have time for dinner in town before boarding the train home.

Price includes:

Free European-style continental breakfast, après ski cookies, freshly made popcorn, hot chocolate, coffee, and tea. Heated boot rooms and ski rooms. Free Wi-Fi, laundry, 24-hour front desk, large outdoor jacuzzi, steam room, and fitness center. Massages are available by appointment. All rooms have at least a small refrigerator and microwave. Some rooms have small kitchens; those will be assigned on a first-come first-served basis.

We have reserved all rooms for 7 nights from 8-15 February 2020, but we will also be able to offer either 4- or 5-night stays.

Because we will receive the 7th night comped, 6-night pricing will be the same as 7-night. To make things manageable & simplify matching of roommates, 4-night stays must begin on either Feb 8th or Feb 11th and 5-night stays must begin on either Feb 8th or Feb 10th.

We will do our best to match you with a roommate who wants the same nights as you, but you are ultimately responsible for finding a roommate who wants the same nights as you to fill your room.

Pricing

Lodging

\$420/person for 6 or 7 nights (we get the 7th night free)

\$350 for 5 nights

\$280 for 4 nights.

For fewer than 6 nights, everyone in the room would need to have the same arrival and departure dates. These prices include shuttles from and to the Whitefish Amtrak Station. **Subtract \$20 if you are driving.**

Lift Tickets

Adult 1-day	\$65
Adult 2+ days	\$59/day
65-69 1-day	\$56
65-69 2+ days	\$51/day
70+	Free

2+ days tickets have a 2-day grace period (2 of 4; 3 of 5; 4 of 6, etc.)

Holders of full season passes for Mount Hood Meadows get 3 free days.

Payment and cancellation details

\$200 deposit due at signup.

½ of total minus deposit is due by October 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 25th.

We hope you join us for this exciting trip. Reserve your spot now with a **\$200 deposit.**

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leader:

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Whitefish trip.

Mt. High

Canada Powder Highway Trip



Panorama, Fernie, Kimberley, Kicking Horse

February 22 - March 1, 2020 - Saturday - Sunday.

We will stay on mountain at **Panorama Mountain Resort** for 6 nights with easy access to all village amenities. In addition, we will stay one night at the Prestige Rocky Mountain resort in Cranbrook, B.C. and one night at the Best Western Plus Kootenai River Inn located in Bonners Ferry, Idaho. Full trip price includes: roundtrip charter coach transportation, 8 nights business class lodging, 4 Panorama lift tickets, 1 Fernie lift ticket, 1 Kimberley lift ticket and a few meals. In addition, there will be several optional activities including a day trip to Kicking Horse Mountain Resort, snowmobiling, paragliding and a heli-ski adventure in the Purcell Mountains.



We will stay the first night of our trip in the town of Cranbrook, British Columbia in order to ski Fernie the following day. We will stay at the Prestige Rocky Mountain Resort in traditional hotel rooms with two people per room. Rooms will have 2 queen beds or 1 king bed. Fernie Alpine Resort has over 2500 acres of skiable terrain with 3550 feet of vertical and 142 trails. Terrain is comprised of 30% beginner, 40% intermediate and 30% advanced.

After skiing at Fernie we will head north to Panorama. We will stay at the Panorama Springs Lodge in two-bedroom condos with direct ski in/out access. We will have 4 people in each two-bedroom condo unit. Most condos have a queen bed in room 1 and two single beds in room 2. Each unit has two bathrooms, a full kitchen and a gas fireplace. The property is also well known for Canada's largest slope-side hot pools!! Panorama offers 2975 acres of skiable terrain with more than 4265 vertical feet and 120 trails. The resort has 10 lifts including 1 gondola, 2 express quads, 2 quad chairs, 1 triple chair, 1 double chair, 1 platter and 2 carpets. The terrain is approximately 25% beginner, 50% intermediate and 25% expert. Midweek during our stay at Panorama there will be an optional day trip to Kicking Horse Resort (Wednesday). The day trip option includes transportation and lift ticket. You will depart about 7:30 am and return about 5:30 pm.

On our last morning at Panorama we will depart early in order to spend our final ski day at Kimberley Alpine Resort. Kimberley Alpine Resort offers over 1800 skiable acres with 2465 feet of vertical and more than 68 runs. The resort has 1 high speed quad, 1 triple chair, 1 double chair, 1 T bar and 1 magic carpet. The terrain is approximately 20% beginner, 42% intermediate and 38% advanced.

After skiing at Kimberley on Saturday we will travel 2 hours south to northern Idaho and spend the last night of the trip at the Best Western Plus Kootenai in Bonners Ferry, Idaho. We will stay in traditional hotels rooms with two queens per room. The following day we will travel home to Portland. Don't miss out on this unique itinerary.

Prices

No Lifts	950.00
Adult	1375.00
Senior 65-74	1310.00
Super Senior 75+	1051.00
Kicking Horse option add	106.00
Contact trip leader for heli-ski and paragliding pricing	

Payment and cancellation details

Regular signups open July 1st by mail and PayPal. Deposit postmarks will be used for wait-list order.

All participants must be paid Mountain High members for 2019-2020.

300.00 deposit due at signup.

500.00 payment due by September 15th.

Remaining balance is due by December 15th.

Final date to cancel with full refund is November 30th.

We hope you join us for this exciting trip. Contact trip leader if you have a season pass that includes any of these resorts for individual pricing.

See our [Mt. High Trip Cancellation Policy](#).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High
PO Box 2182
Portland, OR 97208

Trip leaders:

Karen Michels: skiklynn@gmail.com

Bill King, willie2k@ymail.com or 360-977-7482.

See our TRIPS page: www.mthigh.org/Trips.htm Then click on the Powder Highway trip.

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2019 Man & Woman of the Year



Karen Michels is our club's Membership director. She is also a ski trip leader, and has organized several bike rides, as well as social activities.



Kurt Krueger is our past President. He has updated our Bylaws, organized our elections, he proofreads our newsletter & monitors our data backups.

Mountain High Board Meeting

Usually last Monday of the month.

August 26 (Mon): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@ymail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdobbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences:

- Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
- ☐ No changes (same as last year)
- Club news & events (between newsletters): ☐ yes ☐ no
- Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1 - Sept. 30): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2020) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Northeast WA trip (49° North, Mt. Spokane, Bluewood) (Jan. 17-20, 2020) Adult=\$546, Senior (65+)= \$541, Super-senior (70+)= \$503, No lift tax=\$413. Deposit=\$100.	\$ _____	_____
<input type="checkbox"/> Silver Star, BC trip (Jan. 27 - February 2, 2020) Adult=\$1230, Senior (65+)= \$1197, Deposit \$200.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. lodging (Feb. 8 - 15, 2020) 4, 5, or 7-day trip. Deposit=\$200 I intend to stay: <input type="checkbox"/> 6 or 7 nights = \$420, <input type="checkbox"/> 5 nights = \$350, <input type="checkbox"/> 4 nights = \$280.	\$ _____	_____
<input type="checkbox"/> Whitefish Mt. Lift tickets (Feb. 8 - 15, 2020) I intend to ski _____ days. Adult 1-day=\$65, Adult 2+ days = \$59 /day, Senior (65+)= \$56. Seniors 2+ days=\$51/day. 70+=Free	\$ _____	_____
<input type="checkbox"/> Powder Highway Canada trip (Feb. 22 - Mar. 1, 2020. Deposit = \$300. Prices: Adult=\$1375, Senior(65-74)= \$1310, Super-Senior (75+)=1051.	\$ _____	_____
<input type="checkbox"/> Powder Highway optional Kicking Horse trip Add \$106.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

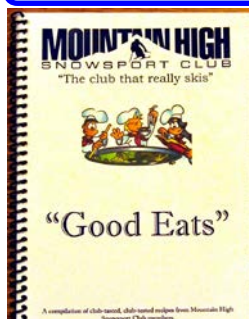
Checkmark all desired options.

Club membership = 253 Newsletter Distribution

The August 2019 issue is posted on our web site. Also:
286 copies sent via email (as PDF file)
6 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

NWSCC Man & Woman of the Year

Our club selected **Kurt Krueger** and **Karen Michels** as our Man & Woman of the Year. But the NW Ski Club Council had candidates from many NW Ski clubs, and the winners were: **Ryan Rooper** and **Becki Robinson**. They were our Northwest candidates at the Far West Ski Association's Man & Woman of the Year. **Becki Robinson** won as the FWSA Woman of the Year.

Mt. High Cookbook

This 34 page cookbook is available for \$10. It contains soups, salads, entrees, desserts, and more!

You can get one at our social events, or contact Debby Kor at:

ijustwannarun1@comcast.net

or call 503-314-7078.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

Mt. High Credit Card Payments

We are now able to process your payments by **credit card**. We are doing it through PayPal.

No need to have a PayPal account to make a payment by credit card. Just go to our new web page: "Signup & Pay" at: <http://www.mthigh.org/Signup-Pay.htm>

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [My DIY Dolomite Ski Adventure](#)
- * [Speeding skiers - the #1 nuisance](#)
- * [Ask An Expert: Lodging at Powder Mt.](#)

for updates.

www.mthigh.org

Please check our web site,

Salem, OR 97302

4742 Liberty Rd. S., #296

Mountain High Newsletter editor

Emilio Trampuz