



Lift Lines

= No. 213, September 2018 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. High

From the Editor

Mt. High



It is now only about 90 days before ski season starts.

There are lots of events coming up in September and October. To help your sort out the most important things for now, here's a summary.

The last of Summer. The two last Summer activities are:

1. Sept. 1-5: The Idaho bike riding trip. Page 3.
2. Sept 16: The Mt. High Picnic on Vancouver Lake. Page 3.

Warren Miller Entertainment comes to town (Oct. 12)

We'll see the latest film and have a pre-movie dinner/drinks gathering on Friday, October 12. But, long before that, we need to pool our money to purchase movie tickets at a discount (\$20.50 instead of \$29.50). So, please send in your check for \$20,50 to Sandra **before September 15**. You only have 2 weeks from now! Page 3.

Fall Events to prepare for Winter See page 4.

Your best bet to sell old gear and purchase new stuff, and find out what's new, is at the two upcoming events and Shows:

- Oct. 17: NWSCC/PACRAT event at Columbia Sportswear Store.
- Oct. 19-20: Snowvana - at the Memorial Coliseum.
- Nov. 2 - 4: Ski Fever & Snowboard Show - at Portland Expo Center

Mt. High Social Events

- Oct. 12: Dinner before the Warren Miller movie.
- Oct. 13: Seafood Party
- Nov. (TBA): Mt. High Season Kickoff Party (our biggest event)
- Nov. 13: Welcoming Party for new members. Intro to Mt. High.

Send in your check for Warren Miller before September 15. See page 3.

Enjoy the rest of Summer. Come to our Picnic at Vancouver Lake, Sept. 16.



Note the color code.
Our club is blue.

2018 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General events

SEPTEMBER

- Sept. 1 - 5:** Idaho bike trip - Hiawatha trail & the 72-mile long CDA trail
- Sept. 16 (Sun.):** Mt. High Picnic
- Sept. 17 (Mon):** Board Meeting (tentative)
- Sept 29 (Sat):** History Happy Hour: Mt. Hood Trivia & Prizes - Lloyd Musser & Janet Paulson.

OCTOBER

- Oct. 12 (Fri.):** Warren Miller movie+dinner
- Oct. 13 (Sat.):** Mt. High Seafood Party
- Oct. 17 (Wed):** NWSCC at Columbia Sportswear
- Oct. 19 - 20:** Snowvana
- Oct. 27 (Sat):** History Happy Hour: Missoula Flood and Oregon settlement patterns

NOVEMBER

- Nov. 2 - 4:** SkiFever & Snowboard Show
- Nov. ?? (TBA):** Mt. High Kickoff Party
- Nov. 10 (Sat):** Pray for Snow Party
- Nov. 13 (Tue):** New Members Welcoming Party

DECEMBER

- Dec. 29 (Sat):** History Happy Hour: Mt. Hood Movie Outtakes - Lloyd Musser

Mt. High

Let's Have Some Fun



Vancouver Lake

Mt. High Picnic (Sept. 16)



Warren Miller dinner & movie (Oct. 12)

Mt. High

Barlow Road Field Trip - Following the Oregon Trail**August 25-26, 2018.** (Saturday - Sunday)

This was a 2 day celebration of the 175th anniversary of the Oregon Trail. The big migration really started in 1843, when almost 1,000 people came to Oregon.

On Saturday, **Lloyd Musser**, curator of the **Mt. Hood Museum**, gave a presentation with slides at the Museum in Government Camp. Some of us then stayed at the **Cascade Lodge**, thanks to the hospitality of the Cascade ski club and its president, **Jon Waldum**.

On Sunday, starting at 10 am, we followed Barlow Road, the original wagon route, from Barlow Pass (5 miles east of Government Camp) to Zig Zag, where we ended the day with a late lunch / early dinner around 4:30 pm.

Approximately a dozen hikers/carpoolers participated, as well as about a dozen bike riders (both mountain bikers and road bikers). We might have had more participants, but this turned out to be the only misty/rainy day of the month. It was really just a fine mist. As usual on Mt. Hood, the rain stopped at 10:05 am. The roads dried out almost completely. The mistiness returned late in the day, around 4 pm, but by then we were close to Zig Zag Inn.



Lloyd Musser led the hikers, **Lisa Miller** led the mountain bikers, and **Emilio Trampuz** led the road bikers. All 3 groups came together after almost every mile of the route, and Lloyd Musser spoke at each stop to give us some background about the place and its history. See more photos at www.mthigh.org/Photos.htm.



Mt. High

Idaho bike trip: CDA trail and Route of Hiawatha



Sept. 1 - 5 (or 6). A 5-day trip. We will ride 2 trails:

1. **The Route of Hiawatha.** 15 miles of mostly down-hill ride through several railroad tunnels and trestles.
2. **Trail of the Coeur d'Alenes (CDA Trail).** 72 miles across the Idaho Panhandle. We will split this ride into 3 days. Part of it goes through a wilderness area with lots of wildlife, including egrets, grebes, osprey, deer, wild turkeys, and moose.

Emilio will serve as a guide and overall coordinator. But everyone should make their own hotel reservations: 2 nights in Kellogg and then at least 1 (or optionally 2) nights in Harrison. We have arranged for a group dis-



Coeur d'Alene River

count at both places, so tell them you are a member of the **Mountain High bike group**. See our web site for details. www.mthigh.org/#Idaho_bike_trip

Mt. High

Picnic at Vancouver Lake

Sept. 16, 2018 (Sunday). 11 am.

WHERE: Vancouver Lake . See [video](#).
Heron North shelter. See [MAP](#).

The picnic is a **potluck**. We'll have sausages of various kinds (spicy and non-spicy) on the grill. Bring something else to share. Also BYOB.

Bring your water toys: We can bike around the lake, or swim in it, or kayak, canoe, windsurf, stand-up paddle, etc.

The Heron North shelter has an interior seating capacity of 72. Amenities include a BBQ grill, sink with running water and prep surface, electricity, garbage cans and nine 10' picnic tables.

Click here for a [MAP](#) of the park and its shelters. We will be in the Heron North shelter.



Mt. High

Warren Miller's dinner & movie



Oct. 12, 2018. (Friday) Dinner and a movie!

Dinner/drinks at 5:30 pm at the Hop City Tavern in the Hilton Hotel across the street from the theater.

Movie at 7:30 pm at the Arlene Schnitzer Concert Hall, 1037 SW Broadway, Portland. Everyone attending will receive several freebies. Even if you use just one of the free lift tickets, that will offset the cost of the movie ticket.

Also, everyone will receive a **free subscription to Ski Magazine**, if you fill out the entry form at the theater. Movie tickets with our group discount cost **\$20.50**. If you buy tickets on your own through Tickets West, it will cost you an additional \$9. So, as usual, send a check payable to **Sandra Smith**, and mail it to: **Sandra Smith, 1500 SW 134th Avenue, Beaverton, OR 97005**. Contact Sandra to let her know you are interested: Sandra@pacifier.com Phone: 503-646-4591.

Let Sandra know if you are coming to dinner and/or drinks before the movie. More info on our web site at: http://www.mthigh.org/#Warren_Miller_movie

MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

Mt. High

Seafood Party



Oct. 13, 2018 (Saturday). 6 pm.

Hors d'oeuvres start at 6:00; dinner at 6:45.

The cost to our members will be \$5 pp. Guests (non-members): \$10. Due to limited space, a maximum of 45 people.

For your \$5, you'll have an incredible dinner including Pete & Anne's incredible sushi, Bruce McGavin's fantastic smoked salmon spread; Debbi Kor's yummy crab quesadillas; and Diane's clam chowder. Dinner entrees will include baked salmon, and other fish dishes.

BYOB. Also bring an appetizer, salad, side dish, or dessert to share.

Location: Debbi Kor, 8513 NE 149th Avenue, Vancouver WA 98662.

Please RSVP by October 6 to **Debbi Kor**: ijustwannarun1@comcast.net or (503) 314-7078.

NWSCC Night at Columbia Sportswear



Oct. 17 (Wednesday.)

Come attend a Special Kickoff Night at the Columbia Sportswear store! Special shopping discounts will be offered! Come early!

Along with mixing it up with fellow club members and PACRAT racers and pizza/beer/bevs, we have exciting new updates and featured speakers.

See what's new at the NW Ski Club Council.

More details TBA.

Snowvana



October 19 - 20 (Fri. - Sat.) At Portland's **Memorial Coliseum** on Friday (5 - 11 pm) and Saturday (noon - 10 pm).

There will be live music, ski movies, a local Brewfest, wine and spirits tasting, Portland's ski and snowboard shops selling brand new gear and apparel, plus reps from Timberline Lodge, Mt. Hood Meadows, Mt. Hood Ski Bowl and Mt. Bachelor giving away lots of free lift tickets.

Admission is \$12 pp if purchased online, or \$15 at the door. Ages 13-18: \$8 online or \$10 at the door.

Purchase tickets on Snowvana's web site: <https://snowvana.com/tickets>.

Mt. High booth at the Portland SkiFever & Snowboard Show

Nov. 2 - 4, 2018 (Fri - Sun.)

SkiFever packs the entire ski & snowboard universe into 108,000 square feet of exhibition space.

SkiFever provides live acts, interactive exhibits and ongoing giveaways. Enjoy the **SkiFever BrewFest**, with beer from Deschutes Brewery, **Oregon WineFest**, and regional spirits.

Save up to 70% off on top brand gear, clothing and accessories! Sell your own gear at the giant ski swap and keep 80% of the selling price. Get 2-for-1 lift tickets to local ski areas. And much more.

Come visit the Mountain High club's booth!



Our club will have a 10 x 10 display space at the Show. It will be our home for the 3 days of SkiFever at the Expo Center. You can come to our booth and **renew your club membership, sign up for trips, and find out more about our club.** Pay by check, not cash.

We will need several volunteers to take on a 3-hour shift staffing our booth. All volunteers will receive a free entry to the Show.

Volunteers, contact **Karen Michels**, and tell her which day and what time of day would work best for you. Reach Karen at: skiklynn@gmail.com or 503-984-9210.

Location: Expo Center, 2060 N. Marine Dr., Portland.

Mt. High

Mt. High Kickoff Party + Mini Ski Swap



November ??, 2018, 6:30 - 9:00 pm.

Season Kick-Off Party coming in November. Stay tuned for further information.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food, and door prizes. Lots of good swag.
- * **BYOB.** * Meet your fellow club members.
- * Renew your membership (\$30 singles; \$50 couples)
- * Sign up for trips. * Join a PACRAT race team.
- * Bring a friend.

* Bring something to sell or swap. But please be there to sell it yourself. We don't have anyone to watch over it.

Location: Marquis, 19945 SW Boones Ferry Rd, Tualatin, OR 97062 See [GOOGLE MAP](#).

More info on our web site: www.mthigh.org/#Kickoff_Party

VOLUNTEERS are needed to help set up. Please contact Karen, skiklynn@gmail.com, 503-984-9210.

NOTE: Even though this is only the beginning of the season, this event is actually the last opportunity to pick up a trip flyer and sign up for a trip in person. Try to decide on a trip or two by this night.

Pray for Snow party

Nov. 10 (Saturday.)

Starting at 7:00 pm at Charlie's Pub in Government Camp.

Organized by the Schnee Vogeli club. Everyone is invited!

Live music, and door-prizes. All skiers and riders are invited.

Tickets are \$20. Sold in advance (not at the door). Tickets

always sell out completely before the event. For tickets, contact your favorite member of the Schnee Vogeli club, or one of the following:

Gordy, 503-804-8363 GordyLusk@hotmail.com, or

Dale Parshall, 503-245-3782, dale.parshall@bankofthewest.com,



Mt. High

New Members Welcoming Party



November 13, 2018 (Tuesday) - 6:30 pm

This gathering will be geared toward welcoming our **new club members**. Long term members, come meet our newest members and help introduce them to the club.

New members will get a good introduction to what our club is all about. Hear about our trips, racing, social events, and see a short video about our club.

Place: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy),

Portland, Oregon. See our web site for directions. [http://www.mthigh.org/#Mt. High Welcoming Party](http://www.mthigh.org/#Mt._High_Welcoming_Party)

Pizza is on the club! Just buy your own drink.

If you are relatively new to the club, please come!

All **new members** and **potential** new members are invited! Come meet other members, check out what's new. Bring a friend! Enjoy some "Maui Zau" pizza! For any long-term members planning to attend, this will be your chance to buddy-up with some "newbies" and share some of your own experiences with the club.

Please RSVP to: **Karen Michels**, skiklynn@gmail.com or 503-984-9210.

Lift tickets and Season Passes Comparison

Which option is best for you depends on how much you'll ski and where. Note that PACRAT racers will get discounted lift tickets at all 3 Mt. Hood ski areas on their race days. Notice that everyone has their prices listed except Mt. Hood ski areas. Still waiting!

Remember that **Meadows** and **Timberline** will be offering **Spring Passes** valid for March, April and May, for about \$139 - \$160.

NOTE 1: Prices will increase November 5 and 25. Epic Pass increases October 8. Mt. Bachelor prices increase September 30.

NOTE 2: Gray areas show old information from last season. We'll update this as soon as new prices become available.

Ski area / Name of Pass	1 Day	4 or 5 Day	10/12 Days	Season Pass	Senior Season	Season Pass description
<u>Mt. Bachelor</u> Optionally, add on the M.A.X. Pass for \$329, offering 44 mountains, 5 days at each, with 19 ski areas in the West	\$96	4-pack \$249 N/A after 9/30	12-day \$609 after 9/30 \$709	\$959 till 09/30 then \$1,159	\$629 till 09/30 then \$709	The M.A.X. Pass: 44 mountains, 5 days each, but must be purchased at \$329 on top of the Season Pass price. Prices will increase a lot after Sept. 30.
<u>M.A.X. Pass</u> The 19 western ski areas are: Alyeska, Mt. Bachelor, Big Sky, Boreal, Brighton, Copper Mt., Crested Butte, Crystal Mt., Cypress Mt., Eldora, Lee Canyon, Mountain High, Solitude, Snoqualmie, Winter Park, Kicking Horse, Nakiska, Fernie, Kimberley				\$649	\$649	44 mountains, 5 days each, 19 ski areas in the West and the rest are in the East.
<u>Mt. Hood Meadows</u> Includes 5 free days at Mt. Baker/ Plus 25% off day tix @ Big White.	\$82+	5-days \$299	10-days \$409	Value pass \$399 + \$200 peak upgrade	Value pass \$289 + \$200 peak upgrade	Includes 5 free days at Mt. Baker. Also 25% off day tickets at Big White. Prices rise \$100 - \$300 after Nov. 7. Free skiing for those over 75.
<u>Mt. Hood Skibowl</u>	\$57	--	--	\$373	\$159	Prices increase Nov. 5 & Nov. 26. 71+ ski free.
<u>Timberline</u> (Also see Fusion Pass)	\$76	5-days \$259	10-days \$399	\$499	\$179	Multi-day & season prices will increase after Nov. 5 and Nov. 25. Free skiing for 71+.
<u>Fusion Pass/Powder Alliance</u> (19 resorts) Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas: Stevens Pass, Schweitzer, Bridger Bowl, Sugar Bowl, Bogus Basin, Sierra-at-Tahoe, China Peak, Mountain High, Arizona Snowbowl, Angel Fire, Crested Butte, Loveland, Silver Star, Whitewater, Marmot Basin, Castle Mt, Kiroro, La Parva (Chile).				\$599 till Nov. 5 \$699 till Nov. 25	\$279 till Nov. 5 \$309 till Nov. 25	Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas, a total of 51 discounted days Mid-week is free. Weekends are 1/2 price. Those 71 and over pay only \$50. All prices will increase after Nov. 5 and 25.
<u>Mountain Collective Pass</u> (16 resorts) 2 lift tickets at each of: Aspen/Snowmass, Alta, Big Sky, Snowbird, Jackson Hole, Mammoth Mt., Lake Louise, Sunshine Village, Sun Valley, Sugarbush, Squaw/Alpine Meadows, Revelstoke, Snowbasin, Taos, Coronet Peak/Remarkables (NZ), Thredbo (Australia).				32-time pass \$429	32-time pass \$429	2 days at each of 16 destinations, plus a 3rd day at a resort of your choice. Additional days at each resort are 50% off. No blackout dates. Plus: 2 days each at Valle Nevado (Chile), Chamonix (France), & Niseko (Japan)
<u>Epic Pass</u> (Vail Resorts): Unlimited access to 15 ski areas: Vail, Beaver Creek, Breckenridge, Keystone, Heavenly, Northstar, Kirkwood, Park City, Arapahoe Basin, Stowe, Whistler/Blackcomb, Afton Alps, Mt. Brighton, Wilmot, and Perisher, plus limited access to 46 others. No blackout dates.				season \$899	season \$899	Also: 4-day pass = \$439, 7-day pass = \$669, 10-days at 5 resorts senior pass = \$689. Active/retired military & families = \$99. Other veterans & their families = \$499. Prices will increase after October 8.
<u>IKON Pass</u> 27 ski areas. Unlimited access (no blackouts) at: Tremblant, Winter Park, Copper Mt., Big Bear, Blue Mt., Snowshoe, and Eldora: Unlimited access with blackouts: Mammoth Mt. (CA), June Mountain (CA) and Squaw Valley Alpine Meadows, CA. Plus 5 or 7 days at each of the resorts listed in the column at right. NOTE: All IKON prices have increased by \$100 on May 1, 2018.				BASE: \$699 Unlimited at 10 areas plus 5 days at each of the others.	FULL: \$999 Unlimited at 12 areas plus 7 days at each of the others.	LIMITED ACCESS WITH BLACKOUTS: Mountain: Steamboat, CO, Deer Valley UT, Alta/Snowbird, UT, Aspen Snowmass, CO, Jackson Hole WY, Big Sky MT Canada: Revelstoke BC, SkiBig3, AB. East: Stratton, VT, Killington Resort, VT, Sugarbush Resort, VT, Loon Mountain, NH, Sunday River, ME & Sugarloaf, ME
<u>Brundage Mt. Passport to Powder</u> Unlimited skiing at Brundage, ID, plus: 7 free days in Kiroro, Japan. 5 days at Red Lodge, MT, & Homewood, CA, 4 days at Diamond Peak (CA). 3 days at each of: Mission Ridge WA, Lookout Pass ID, Snow King WY, Purgatory CO, Ski Hesperus, CO, Brian Head UT, Arizona Snowbowl, Sipapu, and Pajarito, NM.				\$569	\$279 for seniors 70+	Total of 38 free days. Prices will increase by about \$50 on Dec. 1.
<u>Loveland with Powder Alliance</u> Unlimited skiing at Loveland, CO, plus 3 free days at all Powder Alliance ski areas, plus: 3 days at: Purgatory, Monarch, Powderhorn, Powder Mt, Grand Targhee, Whitefish, Snow King, Red Lodge, Homewood, Ski Cooper, Sunlight, Brundage, Sipapu, Pajarito, Hesperus, Arizona Snowbowl.				\$419	\$99 for seniors 70+	3 free days at all 19 Powder Alliance resorts, plus 3 days at each of another 17 ski areas. Great deal if you want to ski at some of the additional 17 ski areas and are OK to ski no more than 3 days at Timberline / Skibowl.

Click on the blue, underlined pass name for more detailed info and to purchase it.

Mt. High

Discovering the Monashee Mountains (BC, Canada)



Big White + Silver Star

NOTE: Passport required!**January 26 - February 2, 2019 - 7 night trip (Saturday - Saturday).**

We will stay ON MOUNTAIN at both resorts with easy access to all village amenities. Full trip price includes: roundtrip charter bus transportation, 7 nights lodging, 3 Silver Star lift tickets, 3 Big White lift tickets and several meals.

FYI: Silver Star is part of the Powder Alliance and if you have the local fusion pass for Timberline/Skibowl or another Powder Alliance pass you get three free passes to Silver Star. Powder Alliance pricing takes into account those three free lift tickets.



Big White

At **Big White**, we will stay in traditional hotel rooms at the Inn at Big White with TWO people per room. Rooms have QQ set up and a kitchenette.

At **Silver Star**, we will stay at Snowbird Lodge with FOUR people in a two-bedroom condo or SIX people in a three-bedroom unit. In addition, there is one two-bedroom unit that has a few bunks in a den which can accommodate a larger group in the same condo. There is a full kitchen and a living room in each condo that will be shared by all; couples will have king or queen bed and singles will have a twin bed. The units all have a washer and dryer and a PRIVATE HOT TUB on the deck.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest in British Columbia. It offers both Nordic and downhill options. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star has over 3200 acres of downhill skiing, 11 lifts and 132 runs with 15% easiest, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at www.Skisilverstar.com.

Big White is located about 35 miles from Kelowna in the heart of the Okanagan region. It offers both Nordic and alpine options. It is known for deep powder bowls, wide open glades and fall line cruising. Big White boasts 2765 acres of skiable terrain with 15 lifts. Big White has a vertical drop of 2550 feet and 118 runs comprised of 18% beginner, 54% intermediate, 22% expert and 6% extreme. Check it out at www.bigwhite.com

Prices:	Adult	\$1365.00
	Senior	\$1300.00
	Adult w/ Powder Alliance	\$1130.00
	Senior w/ Powder Alliance	\$1105.00
	Nordic	\$1010.00
	No lifts	\$950.00



This trip is now full. For those who have signed up: 50% of remaining balance due by September 15th. Third and final payment is due by November 15th. Cancel deadline for full refund is October 15th.

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

See our Mt. High [Trip Cancellation Policy](#).

Contact trip leaders: **Karen Michels:** skiklynn@gmail.com
Bill King: willie2k@ymail.com

NOTE: This trip is now full, but we are keeping a waiting list. Postmarks on deposits will dictate waitlist order. Contact Karen with questions.

NOTE: the bus is full but it might be possible for a few more to join the trip if they want to arrange their own transportation. Reach out to karen if you are interested.

Mt. High

Bogus Basin & Anthony Lakes bus trip**Bogus Basin + Anthony Lakes**

February 18 - 22, 2019 (Monday - Friday) - 5 days/ 4 nights.
2 days skiing at Bogus Basin + 2 days at Anthony Lakes.

We will stay 2 nights in Boise, ID, at The Riverside with free buffet breakfasts and two nights in Baker City, OR, at the Sunridge Inn, also with free breakfasts. These are very nice hotels!.

Monday = Travel day. Ride the bus to Boise, Idaho, with a pizza buffet lunch in Pendleton.

Tue - Wed. = Ski Bogus Basin. Tuesday dinner included in the trip.

Thur. = Ski Anthony Lakes.

Friday = Ski Anthony Lakes and then ride the bus home, with a Mexican dinner in Pendleton. Home by Friday night.



Bogus Basin, ID is located just 18 miles from Boise, Idaho. It offers a vertical of 1,800', and 2,600 skiable acres, served by 7 lifts: 3 hi-speed quads, 1 triple, and 3 doubles. It has 91 named downhill trails, plus 37 km of groomed nordic trails. There are 2 on-mountain lodges.

Bogus Basin is on the Powder Alliance, so those with that pass (the Fusion Pass or any other Powder Alliance pass) will ski free, saving approximately \$100.

Anthony Lakes, OR has the highest base elevation in Oregon, at 7,100', ensuring a high quality, dry snow. It offers 1,100 acres and 900 vertical feet. Good snow on good terrain keeps us returning here again and again.

Prices:	1. Adult full price	= \$610
	2. Adult price with Fusion Pass	= \$510
	3. Senior full price (70 and over)	= \$545
	4. Senior price with Fusion Pass	= \$455
	5. Base Price without any lift tickets	= \$455

NOTE: Please be aware that this year we are planning 2 trips that will include free skiing with the Fusion Pass: our Canada trip and this Bogus Basin trip.

Price includes all bus transportation, 4 nights lodging, and 4 lift tickets. The trip also includes: breakfast every day, 1 dinner, and 2 restaurant meals on the way from and to Portland.

To reserve your spot: Please send in a deposit check of **\$200** per person.

Full payment due by January 15, 2019. No refunds after January 15 unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#) (on our web site, FORMS & DOCS page).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Linda McGavin** at 503-781-5809 (call or text), or Trips@mthigh.org

Bogus Basin at sunset

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High

Weekend bus trip to Mt. Shasta & Mt. Ashland



Mt. Shasta+ Mt. Ashland

March 15 - 17, 2019 (Friday - Sunday) - 2 days/ 2 nights.

2 nights / 2 days skiing.

Saturday at: Mt. Shasta

Sunday at: Mt. Ashland

No need to pack and move every day. We'll stay in the same hotel both nights. The hotel has a hot tub and indoor swimming pool. It also has free Wi-Fi and free continental breakfast. All rooms have a hair-dryer, coffee-maker, microwave and refrigerator, and ultra-fast internet.



We'll start the trip on Friday at **2 pm** and just ride the bus to Ashland.

Lodging: We'll stay at the **Stratford Inn**, near downtown Ashland. It is within walking distance of most downtown restaurants.

On Saturday, we'll drive a little over an hour to Mt. Shasta ski area, offering 3 lifts on 3 separate hills.

On Sunday, we'll ski at nearby Mt. Ashland. We'll ski till 3 pm, and then ride the bus back home. We'll return to Portland around 9 pm on Sunday.

TENTATIVE, BALLPARK PRICES (Firm prices TBA).

Price:	Adults	= \$345 per person
	Seniors (65+)	= \$335
	Super-Seniors (70+)	= \$303
	No lift tickets	= \$278

NOTE: We are still working on this trip. Everything announced here is only tentative. We won't know the exact lift ticket prices until late in the Fall.

Price includes all bus transportation, 2 nights lodging, and 2 lift tickets, and a dinner.

The free continental breakfast includes a "make your own bowl" yogurt breakfast bar, fruit juices, coffee, an assortment of teas, bagels, whole-wheat bread, cereal and oatmeal. There is also an in-house coffee shop.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of \$100 per person, preferably by December 31, 2018.

Full payment due by **February 8, 2019**. No refunds after February 8, unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#) (on our web site, FORMS & DOCS page)

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site.

Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Emilio Trampuz**, 503-378-0171, Emilio2000@earthlink.net



Mt. Shasta



Mt. Ashland



Mt. Ashland

More ski trips info at: www.mthigh.org/Trips.htm.

Racing Schedule for 2018/2019

The dates listed here are NOT confirmed with the ski areas yet, but are our proposed dates for the up-coming season.

All dates and locations are unconfirmed until sometime in the fall after the resorts get their race schedules complete.

NOTE: The Masters races and NASTAR races are not PACRAT races, but they are listed in this schedule as other racing opportunities for the season that are open to the general public.

Jan 6	NASTAR open #1 - Skibowl
Jan 27	PACRAT race #1 - Skibowl
Feb 10	PACRAT race #2 - Meadows
Feb 24	PACRAT race #3 - Skibowl
Mar 2-3	Masters Race - Skibowl
Mar 17	PACRAT race #4 - Meadows
Mar 24	NASTAR open #2 - Skibowl
Mar 31	PACRAT race #5 - Timberline
Apr 7	Make-up Race Date - Timberline
Apr 13	Alt make-up/fun race - Timberline
Apr 12	Rat Attack



FWSA Trips for the next 3 years



The Far West Ski Association, which we are all part of, has several trips planned.

The 2019 trips are listed both on our [Mountain High website](#) and on the [FWSA web site](#).

1. Feb/ 2 - 9, 2019 FWSA Ski Week in Steamboat, Colorado.
2. March 9 - 16, 2019 FWSA International Ski Week in Japan.
3. March 24 - 29, 2019 FWSA Mini Ski Week in Winter Park, Colorado.
4. Jan. 25 - Feb. 1, 2020 **2020** Ski Week at Big Sky, Montana, with Sports America Tours.
5. Mar.29 - Apr. 3, 2020 **2020** Mini Ski Week at Big White, British Columbia
6. March 2021 **2021** Mini Ski Week at "Zermatt Utah Resort and Spa" with Ski.com

The details of the 2020 and 2021 trips have not been announced yet. Just the dates.

NOTE: Our own Mt. High club trips are highlighted in **light blue** on the TRIPS page.

Organized by the Bogus Basin ski club

South Africa Safari

We are all invited!



July 9 - 22, 2019 -- Attention adventure-seekers, photographers, birders, naturalists, and avid travelers... you won't want to miss this opportunity!

In July of 2019, twelve people will be traveling to **South Africa** for the adventure of a lifetime. You will be immersed in the splendid wildlife at **Senalala Luxury Safari Camp**, which is in a private game preserve that is part of the **Greater Kruger National Park**. You will

also get to enjoy the wilds of northern **KwaZulu-Natal** at the famed **Phinda Private Game Reserve**.

You will gain fantastic insight into the country's complex, difficult and fascinating history. With wine tours, walking tours, night drives, day safaris, biking and more, there is enough to keep you busy but still ensure you have time to take it all in for yourself. You will be in very good hands with our own personal guide who is one of Africa's most experienced safari guides.

If you would like more information and trip itinerary [visit this link](#).

For additional sign up information and trip costs contact: **Roxann Jensen**, Trip Coordinator, at trips@BogusBasinSkiClub.org

DEADLINE FOR DOWN PAYMENT: **October 1, 2018.**

This trip is limited to 12 people (5 are already filled; only 7 remaining spots), so do not delay.

MOUNTAIN HIGH

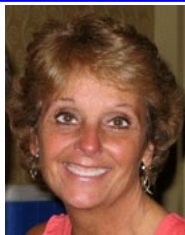
Contacts / Club info

SNOWSPORT CLUB

2018 Man & Woman of the Year



Bill King is our club's Vice-President and the NWSCC Treasurer. He has helped to post the Safety Boundary signs on Mt. Hood.



Debbi Kor, our club's President and Social Activities director. She is also the FWSA VP Marketing & Sponsorship, and the FWSA News Flash Editor.

Mountain High Board Meeting

Tentative date. Check the website.

September 17 (Mon.): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@ymail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdebbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org
Mid-week skiing:	Ken Brundidge	H: 503-720-0620,	KenBrundidge@comcast.net

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2018 - Sept. 2019): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2019) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Discovering the Monashees - Canada (Jan. 26 - Feb. 2, 2019) Deposit = \$250. Prices: Adult=1365, Senior=1300, W/Fusion pass=1130, Senior Fusion=1105.	\$ _____	_____
<input type="checkbox"/> Bogus Basin trip (Feb. 18 - 22, 2019). Deposit = \$200. Prices: Adult=610, W/Fusion pass=510, Senior(70+)=545, Senior Fusion=455.	\$ _____	_____
<input type="checkbox"/> Mt. Shasta trip (March 15 - 17, 2019). Deposit = \$100. Tentative Prices: Adult=345, Senior (65+)=335, Super-senior (70+)=303, No lift tax=278	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 253 Newsletter Distribution

The September 2018 issue is posted on our web site. Also:
271 copies sent via email (as PDF file)
13 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

Volunteers Needed

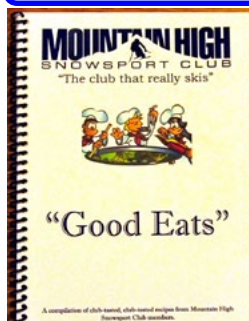
The club needs **volunteers** to act as activity leaders. Perhaps **bike rides**, or **hiking**, or **swimming**, **kayaking**, **rafting**, **bowling**, ... anything fun! If you would like to organize an activity for the club, please contact any of our Board members (see list at the end of this newsletter) or come to one of our monthly Board meetings (usually the last Monday of each month).

Ski Area News

Just a few new developments this Summer:

- * [Timberline Buys Summit Ski Area](#)
- * [Vail Buys Okemo, Sunapee, Crested Butte](#)
- * [Vail's Biggest Purchase Yet](#)
- * [Vail Resorts Expands to Mars](#)

Mt. High Cookbook



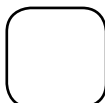
This 34 page cookbook is available for \$10.

You can get one at our social events, or contact Debbi Kor at:
ijustwannarun1@comcast.net
 or call 503-314-7078.

Seniors Skiing

A good resource for skiers and riders of all ages. Check out: SeniorsSkiing.com. Subscribe to weekly or monthly emails from them. Click on the Community tab and select "Subscribe". Examples:

- * [Coasting Most of the Way](#)
- * [Cancer Fighting Teas at The Tea Spot](#)



Emilio Trampuz
 Mountain High Newsletter editor
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 Please check our web site,
www.mthigh.org
 for updates.