



Lift Lines

= No. 211, July 2018 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Mt. High

Mt. High Wants You

Mt. High



Your club wants you! We know you have something to contribute.

Just take your favorite activity (biking, swimming, playing cards, movies, theater... whatever), and invite other club members to join you.

Organize a **TGIF** gathering, a **hike**, a **bike ride**, a **picnic**, a **party**, a day of **bowling** or **golf**, etc.

If you would like to organize some social activity, just let any of our Board members know, so we can put it on the calendar. Better yet, come to our monthly planning meetings, on the last Monday of the month.



Steiner Cabins Tour
August 11, 2018. See page 6.

Season Passes Compared

Before buying a season pass for next winter, see the comparison chart. Choose based on **where you will be skiing** or traveling the most. Note that the **Fusion Pass** is part of the **Powder Alliance**. Our club is organizing 2 ski trips where you can ski for free if you have the Fusion Pass. Also note that the Fusion Pass has a discounted price for seniors.

Mt. High

Let's Have Some Fun



Food Cart Pod social (July 11)



Summer Fun Nationals (July 13-15)



Oregon wagon trail (Aug. 25-26)



Idaho bike trip (Sept. 1 - 5)

Note the color code.
Our club is blue.

2018 CALENDAR

Blue: Mountain High events
Maroon: NWSCC / FWSA / Multi-club
Black: General events

JULY

July 11 (Wed.): Social at Milwaukie Food Cart Pod

July 14-15: Summer Fun Nationals

July 28 (Sat): History Happy Hour: History of Summer Skiing on Mt. Hood - Jeff Lokting

July 30 (Mon.): Mt. High Board Meeting

AUGUST

Aug. 11 (Sat.): Steiner Cabins Tour

Aug 25 (Sat): History Happy Hour: Barlow Road, Mt. Hood area ruts and sites presentation

Aug 26 (Sun): Barlow Road field trip - follow the original Oregon Pioneers' wagon trail.

SEPTEMBER

Sept. 1 - 5: Idaho bike trip - Hiawatha trail & the 72-mile long CDA trail

Sept. 16 (Sun.): Mt. High Picnic

Sept 29 (Sat): History Happy Hour: Mt. Hood Trivia & Prizes - Lloyd Musser & Janet Paulson.

Mt. High

Salem Riverfront & Minto Brown park bike ride



June 23, 2018 (Saturday).

Thirteen of us gathered at the Wallace Marine Park in West Salem, where we parked our cars in the shade of old growth trees. We then crossed the Willamette River by way of a pedestrian bridge that used to be a railroad bridge in the past. Then we rode through Riverfront park and crossed a newer pedestrian bridge into Minto-Brown park, where we had many miles of both paved and unpaved bike paths. We stayed on paved trails this time.

At the end of the ride, we had lunch/brunch at the Busic Court restaurant on Court Street.

The ride was good, the food was good, and the weather cooperated very nicely. The temperature was just right for the ride, and it was slightly overcast most of the morning. Later in the day, it got warmer and the clouds gradually cleared away. Everyone had a good time. See more photos at www.mthigh.org/Photos.htm.

Mt. High

Milwaukie Station Food Cart Pod

July 11, 2018 (Wednesday) 6 pm

11301 SE 21st Ave.

Milwaukie, OR

at the MAX station in downtown Milwaukie, with street parking also available. See [Google Map](#).

Let's get together for some socializing and food tasting. Let's meet at 6 pm.

You have many food choices, so everyone can order their own thing, and then we can all sit together in a common space with umbrella-covered tables.

The current food carts include: **Fili-**

pina Cuisine; Greek Gods Gyros; Teppanyaki Hut (Sushi Burritos & Ramen); **Azul Tequila Taqueria; Noodle House** (Vietnamese); **Thai Street; Munay** (South American); **Bistro Boys** (Sandwiches); **Fan Tasty** (Taiwanese); **Le Tap** (Beer, Wine & Cider).

Please RSVP so I know how many seats to try to hold. Contact **Linda McGavin**: call or text 503-781-5809; email trips@mthigh.org.



History Happy Hour - History of Summer Skiing on Mt. Hood



July 28, 2018. (Last Saturday of the month)

Door open at 6:30 pm. Presentation at 7:00 pm.

Guest Speaker: Jeff Lokting will speak about summer skiing and summer camps on Mt. Hood.

Location: Mt. Hood Cultural Center & Museum, Government Camp, Oregon. Doors open 6:30, presentation at 7 pm Admission is free. Donations to the museum are welcome. Beer, wine and soft drinks available for purchase. Contact the museum at 503-272-3301, info@mthoodmuseum.org

Mt. High & Mt. Hood Museum Barlow Road wagon trail - Ruts & Sites**August 25-26, 2018** (Sat. & Sun.)

Celebration of the 175th anniversary of the **Oregon Trail** (started in 1843.)

Saturday evening, at 7:00 pm, Lloyd Musser, curator of the Mt. Hood Museum, will give a presentation with slides about the history of the Oregon Trail and of the Barlow Road, the first passage around Mt. Hood.

Sunday morning, starting at 10 am, there will be a field trip to visit all the historic sites. Participants can join any of 3 groups of people:

- a) Carpooling and hiking;
- b) Riding on road bikes;
- c) Riding on mountain bikes.

All three groups will meet at all the important sites.

This event is open to the general public. It's a unique opportunity to find out more about how the original Oregon pioneers came to Oregon.

More info will be announced soon. Watch for announcements on or web site: www.mthigh.org.



Where exactly is the Oregon trail around Mt. Hood? How did the Oregon pioneers travel? What did they eat and drink? See the original wagon ruts. If you have been on a similar tour before, please note that we will see a lot of new things this time, including segments of the old wagon trail that we didn't know about until recently.

Make it a full weekend event. The Cascade Ski Club is opening their doors and inviting us to stay the night at the Cascade Lodge in Government Camp. Note that it's just bunk beds with a basic mattress. Bring your own bedding or a sleeping bag. You can have dinner there on Saturday and breakfast on Sunday. The package (lodging, dinner, and breakfast) costs just \$50.

For more info about this event, and to register for Sunday if you are not coming on Saturday, contact Mt. Hood Cultural Center & Museum, at 503-272-3301, info@mthoodmuseum.org

For info about the bike ride, contact Emilio, 503-510-1477, or Emilio2000@earthlink.net.

For lodging, dinner and breakfast at the Cascade Lodge, please RSVP by contacting Jon Waldum, President@cascades-kiclub.org, 503-577-2097. We need to know how many people to expect for dinner and breakfast.

Mt. High**Idaho bike trip: CDA trail and Route of Hiawatha**

Sept. 1 - 5 (or 6). We have done this bike ride 2 years ago, but some couldn't make it and some want to do it again. Lodging in Kellogg and in Harrison. **Limited number of rooms. Reserve now!** We will ride 2 trails:

1. **The Route of Hiawatha.** 15 miles of mostly downhill ride through several railroad tunnels and trestles.
2. **Trail of the Coeur d'Alenes (CDA Trail).** 72 miles across the Idaho Panhandle, from the Montana border to close to the Washington border. We will split this ride into 3 days. Part of it goes through a wilderness area with lots of wildlife, including egrets, grebes, osprey, deer, wild turkeys, and moose. The trail runs between the Coeur d'Alene River and several lakes and ponds.

Emilio will serve as a guide and overall coordinator, and please contact him if you need a roommate. But



everyone should make their own hotel reservations: 2 nights in Kellogg and then at least 1 (or optionally 2) nights in Harrison. We have arranged for a group discount at both places, so tell them you are a member of the **Mountain High bike group**. See our web site for details. www.mthigh.org/#Idaho_bike_trip

Lift tickets and Season Passes Comparison

Which option is best for you depends on how much you'll ski and where. Note that PACRAT racers will get discounted lift tickets at all 3 Mt. Hood ski areas on their race days.

Remember that **Meadows** and **Timberline** will be offering **Spring Passes** valid for March, April and May, for about \$139 - \$160.

NOTE 1: All prices will increase November 27. Epic Pass increases October 8. Mt. Bachelor prices increase September 30.

NOTE 2: Gray areas show old information from last season. We'll update this as soon as new prices become available.

Ski area / Name of Pass	1 Day	4 or 5 Day	10/12 Days	Season Pass	Senior Season	Season Pass description
<u>Mt. Bachelor</u> Optionally, add on the M.A.X. Pass for \$329, offering 44 mountains, 5 days at each, with 19 ski areas in the West	\$96	4-pack \$239 N/A after 9/30	12-day \$599	\$949	\$619	The M.A.X. Pass: 44 mountains, 5 days each, but must be purchased at \$329 on top of the Season Pass price. Prices will increase a lot after Sept. 30.
<u>M.A.X. Pass</u> The 19 western ski areas are: Alyeska, Mt. Bachelor, Big Sky, Boreal, Brighton, Copper Mt., Crested Butte, Crystal Mt., Cypress Mt., Eldora, Lee Canyon, Mountain High, Solitude, Snoqualmie, Winter Park, Kicking Horse, Nakiska, Fernie, Kimberley				\$649	\$649	44 mountains, 5 days each, 19 ski areas in the West and the rest are in the East.
<u>Mt. Hood Meadows</u> Includes 5 free days at Mt. Baker/ Plus 3 days at WinterPark/Steamboat. Plus 25% off day tix @ Big White.	\$82+	5-days \$299	10-days \$409	Value pass \$399 + \$200 peak upgrade	Value pass \$289 + \$200 peak upgrade	Includes 5 free days at Mt. Baker. Also 25% off day tickets at Big White. Prices rise \$100 - \$300 after Nov. 7. Free skiing for those over 75.
<u>Mt. Hood Skibowl</u>	\$57	--	--	\$373	\$159	Prices increase Nov. 5 & Nov. 26. 71+ ski free.
<u>Timberline</u> (Also see Fusion Pass)	\$76	5-days \$299	10-days \$429	Last year: \$649	Last year: \$299	Multi-day & season prices will increase after Nov. 5 and Nov. 26. Free skiing for 71+.
<u>Fusion Pass/Powder Alliance</u> (19 resorts) Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas: Stevens Pass, Schweitzer, Bridger Bowl, Sugar Bowl, Bogus Basin, Sierra-at-Tahoe, China Peak, Mountain High, Arizona Snowbowl, Angel Fire, Crested Butte, Loveland, Silver Star, Whitewater, Marmot Basin, Castle Mt, Kiroro, La Parva (Chile).				\$549 till Nov. 5 \$649 till Nov. 26	\$269 till Nov. 5 \$299 till Nov. 26	Unlimited skiing at Timberline and Mt. Hood Skibowl + 3 free tickets at each of 17 other ski areas, a total of 51 discounted days Mid-week is free. Weekends are 1/2 price. Those 71 and over pay only \$50. All prices will increase after Nov. 5 and 26.
<u>Mountain Collective Pass</u> (16 resorts) 2 lift tickets at each of: Aspen/Snowmass, Alta, Big Sky, Snowbird, Jackson Hole, Mammoth Mt., Lake Louise, Sunshine Village, Sun Valley, Sugarbush, Squaw/Alpine Meadows, Revelstoke, Snowbasin, Taos, Coronet Peak/Remarkables (NZ), Thredbo (Australia).				32-time pass \$429	32-time pass \$429	2 days at each of 16 destinations, plus a 3rd day at a resort of your choice. Additional days at each resort are 50% off. No blackout dates. Plus: 2 days each at Valle Nevado (Chile), Chamonix (France), & Niseko (Japan)
<u>Epic Pass</u> (Vail Resorts): Unlimited access to: Vail, Beaver Creek, Breckenridge, Keystone, Heavenly, Northstar, Kirkwood, Park City, Arapahoe Basin, Stowe, Whistler/Blackcomb, Afton Alps, Mt. Brighton, Wilnot, and Perisher, plus limited access to 46 others.				season \$899	season \$899	Unlimited access to 15 ski areas, plus limited access to 46 others. No blackout dates. Also: 4-day pass = \$439, or 7-day pass = \$669, 10-days at 5 resorts senior pass = \$689. Prices will increase after October 8.
<u>IKON Pass</u> 27 ski areas. Unlimited access (no blackouts) at: Tremblant, Winter Park, Copper Mt., Big Bear, Blue Mt., Snowshoe, and Eldora: Unlimited access with blackouts: Mammoth Mt. (CA), June Mountain (CA) and Squaw Valley Alpine Meadows, CA. Plus 5 or 7 days at each of the resorts listed in the column at right. NOTE: All IKON prices have increased by \$100 on May 1, 2018.				BASE: \$699 Unlimited at 10 areas plus 5 days at each of the others.	FULL: \$999 Unlimited at 12 areas plus 7 days at each of the others.	LIMITED ACCESS WITH BLACKOUTS: Mountain: Steamboat, CO, Deer Valley UT, Alta/Snowbird, UT, Aspen Snowmass, CO, Jackson Hole WY, Big Sky MT Canada: Revelstoke BC, SkiBig3, AB. East: Stratton, VT, Killington Resort, VT, Sugarbush Resort, VT, Loon Mountain, NH, Sunday River, ME & Sugarloaf, ME
<u>Brundage Mt. Passport to Powder</u> Unlimited skiing at Brundage, ID, plus: 7 free days in Kiroro, Japan. 5 days at Red Lodge, MT, & Homewood, CA, 4 days at Diamond Peak (CA). 3 days at each of: Mission Ridge WA, Lookout Pass ID, Snow King WY, Purgatory CO, Ski Hesperus, CO, Brian Head UT, Arizona Snowbowl, Sipapu, and Pajarito, NM.				\$569	\$279 for seniors 70+	Total of 38 free days. Prices will increase by about \$50 on Dec. 1.
<u>Loveland with Powder Alliance</u> Unlimited skiing at Loveland, CO, plus 3 free days at all Powder Alliance ski areas, plus: 3 days at: Purgatory, Monarch, Powderhorn, Powder Mt, Grand Targhee, Whitefish, Snow King, Red Lodge, Homewood, Ski Cooper, Sunlight, Brundage, Sipapu, Pajarito, Hesperus, Arizona Snowbowl.				Last year: \$419 This year TBA	\$99 for seniors 70+	3 free days at all 19 Powder Alliance resorts, plus 3 days at each of another 17 ski areas. This is a great deal for seniors who are exactly 70. At 71+, buy the Fusion Pass for just \$50. Unless you want the extra 17 areas.

Click on the blue, underlined pass name for more detailed info and to purchase it.

Epic & IKON Passes Unfair to Seniors

Editorial at Seniors Skiing.com

Through Vail's EPIC Pass and Alterra's IKON pass, the companies are advancing elimination of senior discounts, while acquiring more areas. In fairness, some localized Vail Epic passes offer senior discounts. But Alterra's pricing policy is **more draconian** because it substitutes its own IKON bundled pass for (most) local area season passes. In doing so, it also eliminates local area senior pass discounts.

Granted, for those who choose to travel to ski, IKON and EPIC offer decent value. But for most Alterra resorts, those who don't travel but want to ski at one of the Alterra areas are now forced to purchase the bundle.

Why is the elimination of senior discounts unfair? Because areas removing senior discounts still offer student and military discounts.

Why does the elimination of senior discounts reflect a lack of gratitude? Perhaps the most obvious reason is related to our years of participation and support. After 30, 40, 50, 70 or more years of supporting ski resorts, why can't resort operator's reward us for our collective loyalty? It's done in many other industries.

A subtler and possibly more significant reason is the older skier's role in introducing young people to a sport whose US base hasn't grown in 35 years. The most recent SeniorsSkiing.com reader survey shows that grandparents are a major factor introducing grandkids to skiing and boarding. Fifty-eight percent of the respondents were grandparents. They introduced more than 68% of their grandkids to the sport. Of those, 94.5% continue to participate. Considering that each grandparent or grandparent set has an average of 3.7 grandkids, the influence of older skiers on new skier/boarder recruitment — one of the biggest issues facing the ski resort industry — is profound. Why yank discounts when we're helping to add new skiers and boarders?

Maybe they think they can boost revenues because we're an easy and decentralized target. Maybe the people making the decisions have a built-in age bias. Maybe it boils down to old-fashioned greed.

And maybe it wouldn't be so disturbing if it were fair. But it's not fair. It doesn't recognize our decades of support to the industry. It does not take into account that most of us go midweek. And it ignores our role introducing new skiers and boarders to the joys of being on snow.

REACTIONS & COMMENTS

I have resigned from Hunter Mountain after 40 years for just that reason. The new owners have eliminated first the 70 plus pass and now there is not even a senior pass. My season pass cost has risen over 500% over the past few seasons. - Donald R MacKay

Vail Resorts are renowned for extracting the last dollar from us.

The rot started when all the seats were removed from the Lionshead Gondola area — a great place to change your boots, or just enjoy the sun after a long day. Many long years ago.

Suddenly the only seats were in the restaurants, cafes and bars — a very crude attempt to suck dollars from us.

The next fiasco was giving the lift attendants bonuses to pick up invalid tickets, and each night on TV there was a gleeful report on the number of invalid tickets confiscated, and people prosecuted.

First time I was pinged my explanations were ignored, and I was detained against my will. Eventually the true story emerged, and me and the rest of the family skied gratis for the next 3 weeks. So I planned ahead for the next fiasco.

Second time I confirmed my eticket was valid before starting my day, but just in case I held a spare one day pass, one given to me from the previous fiasco. My eticket was then ruled invalid in the lift line, and once again they tried to detain me. I triumphantly removed my eticket, gave the one day pass to the attendant, and skied off despite their desperate cries of woe, seeing their bonus ski away. Once again back at Ticket Head Office more free tickets to compensate me for the angst and time — good thing I knew I was dealing with a pack of corporate vultures, and prepared accordingly. Even confirming my eticket at the office did not stop them from attacking me.

However hard they try they cannot take away the joy! And I get a wry smile thinking of the days I got the best of them.

So a very adversarial culture, coupled with pressure from above to meet short term term earning so executives get big bonuses. - Chris Blair

If you don't like paying the big bucks there are several alternatives — XC skiing, smaller ski areas that aren't being gobbled up by the big two, or skinning up and skiing down. - Bruce Boeder

The IKON pass is out of sight for most of us seniors. Few of us can pay for airfare, lodging and meals even if we have a pass to ski all over the country.

(continued on next page)

IKON & EPIC COMMENTS (continued)

Mammoth is our skiing home. Now we pay more and have blackout days for holidays and we are not rewarded for our contribution to the skiing economy. Dave McCoy would never have allowed this!

- David Lounsberry

Vail's attitude was always: if you can't afford to ski here, don't bother to come. More so now. The Amazon of skiing.

- Sam Goetz

I gave up on greedy Vail years ago. I live on western slope of Colorado. kids and grand kids learned to ski at Powderhorn, Sunlight, and Monarch. I love Wolf Creek. No big corp. owns them. I will ski free at Monarch next year at age 69. When I last skied at Vail Resorts, the common denominator was CROWDED! I will stick to BC skiing and the mom and pop areas. Heck you can even park the van for free overnight at Wolf Creek.

- Tom Hanel

SENIORS DELIVER MIDWEEK BUSINESS rather than simply claim age as a justification for lower prices." Last winter I went on the 70+ Utah Ski Safari. We skied at Alta, Snowbasin, Brighton, Solitude, Park City, Snowbird, and Deer Valley. I also skied at Aspen, Taos, Telluride, Wolf Creek and Ski Santa Fe. None of these areas had any real lines midweek. It makes **GOOD BUSINESS SENSE** to offer Midweek Senior Discounts!

- Lee Kniess

This is what happens when too few own too much. In the business world skiing has become an oligarchy owned industry. They start by buying up all of your alternatives. Then the day pass prices double and they impose black out dates on season passes. - Greg Lee

See more comments at SeniorsSkiing.com
<https://www.seniorsskiing.com/vail-and-altairas-unfairness-doctrine/>

Hillcrest Sports 10% discount

Hillcrest Ski & Sports (our PACRAT bib sponsor) in Gresham, Oregon, will give NWSCC

members a 10% discount by showing your card.

It's your Mt. High membership card, which also doubles as an NWSCC and FWSA membership card.

Hillcrest Sports is located on your way to and from Mt. Hood at: 2506 SE Burnside, Gresham, Oregon. 503-665-4455.

Steiner Cabins Tour

August 11, 2018 (Saturday)

Six Steiner cabins will be open to tour participants. These cabins represent the variety of uses and signature architectural features found in the Steiner cabins. Tickets go on sale Sunday, July 1, for the annual tour sponsored by the Mt. Hood Cultural Center & Museum. Contact Janet Paulson at 503-970-3810.

Picnic at Vancouver Lake

September 16, 2018 (Sunday). 11 am.

WHERE: Vancouver Lake See [video](#).

Heron North shelter. See [MAP](#).

The picnic is a **potluck**. We'll have sausages of various kinds (spicy and non-spicy) on the grill. Bring something else to share. Also BYOB. And bring your water toys:

We can bike around the lake, or swim in it, or kayak, canoe, windsurf, stand-up paddle, etc.

The Heron North shelter has an interior seating capacity of 72. Amenities include a BBQ grill, sink with running water and prep surface, electricity, garbage cans and nine 10' picnic tables.

Click here for a [MAP](#) of the park and its shelters. Note that we will be in the Heron North shelter.

**The Taco Shoppe 10% discount**

Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us a **10% discount off of any item on the menu! It is 10% during summer, but during the winter**

season it's 20%. Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!



Speed Racers Corner

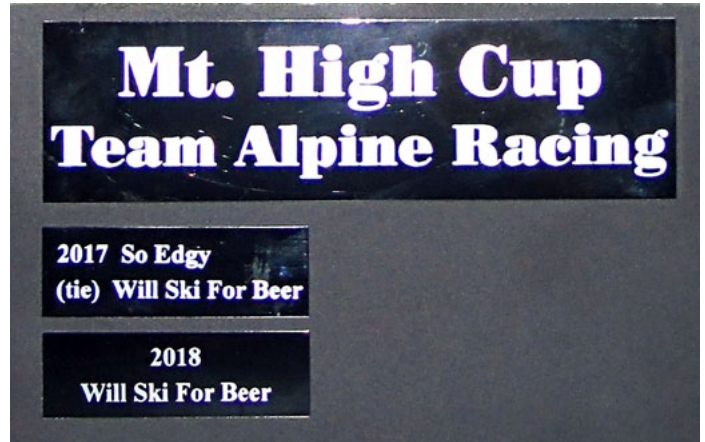
Edited by Alan Bean
Mountain High Racing Director
503-849-8009 or Racing@mthigh.org



Congratulations to team **Will Ski For Beer**, the winner of the second annual Mt. High Cup.

This trophy, with their name on it will be on display at the Mt. Hood Museum and Cultural Center in Government Camp.

Come check it out any day before 5 pm. Admission is free.



Summer Fun Nationals - at Timberline

July 13-15, 2018 -- Family fun for everyone --

This is the 30th annual event. It's a great opportunity to have fun racing at sunny Mt Hood while refreshing the muscle memory in your legs halfway between last season and next. Usually, about 120-150 racers participate

All PACRAT racers are welcome, of course, as well as those who have never raced but would like to give it a try. Come to the Summer Fun Nationals at Timberline: <http://www.summerfunnationals.com/>

You must register in advance. There will be no day of race entries. Info about registration, schedule, camps, sponsors and more is at: www.SummerFunNationals.com .

Lifts open at 7:00 am

Race starts at 8: 30 am

Friday is a welcoming party and racer check-in at Willy Scroggins house across the road from the Brew Pub in Government Camp. 3-5:30 pm.

Saturday is a GS race (two runs). Then a BBQ at the Day lodge at 5 pm.

Sunday is a Slalom race (2 runs). Awards party at 1:30 pm.

The cost, if registered before July 13, is as follows:

1. The entire weekend (GS, BBQ, SL) = \$145 (After July 13 = \$165.)
2. Saturday only: (GS, BBQ) = \$105
3. Sunday only (SL): \$75.
4. Guest for BBQ only = \$40.

After July 13, there is a late fee of \$20.

Oh, just one small detail. To participate, you need to be a member of the USSA – the US Ski & Snowboard Association. Not a member? No problem. Everyone can sign up for a temporary one time membership (just for this event) for \$25. Join at: <http://my.ussa.org/membership/start> .



Mt. High

Discovering the Monashee Mountains (BC, Canada)



Big White + Silver Star

NOTE: Passport required!

January 26 - February 2, 2019 - 7 night trip (Saturday - Saturday).

We will stay ON MOUNTAIN at both resorts with easy access to all village amenities. Full trip price includes: roundtrip charter bus transportation, 7 nights lodging, 3 Silver Star lift tickets, 3 Big White lift tickets and several meals.

FYI: Silver Star is part of the Powder Alliance and if you have the local fusion pass for Timberline/Skibowl or another Powder Alliance pass you get three free passes to Silver Star. Powder Alliance pricing takes into account those three free lift tickets.



Big White

At **Big White**, we will stay in traditional hotel rooms at the Inn at Big White with TWO people per room. Rooms have QQ set up and a kitchenette.

At **Silver Star**, we will stay at Snowbird Lodge with FOUR people in a two-bedroom condo or SIX people in a three-bedroom unit. In addition, there is one two-bedroom unit that has a few bunks in a den which can accommodate a larger group in the same condo. There is a full kitchen and a living room in each condo that will be shared by all; couples will have king or queen bed and singles will have a twin bed. The units all have a washer and dryer and a PRIVATE HOT TUB on the deck.

Silver Star is located about 12 miles from Vernon in the heart of the Okanagan region and is the 3rd largest in British Columbia. It offers both Nordic and downhill options. It is known for champagne powder and averages over 23 feet of snowfall each year. Silver Star has over 3200 acres of downhill skiing, 11 lifts and 132 runs with 15% easiest, 40% intermediate, 35% most difficult and 10% extreme. Check it all out at www.Skisilverstar.com.

Big White is located about 35 miles from Kelowna in the heart of the Okanagan region. It offers both Nordic and alpine options. It is known for deep powder bowls, wide open glades and fall line cruising. Big White boasts 2765 acres of skiable terrain with 15 lifts. Big White has a vertical drop of 2550 feet and 118 runs comprised of 18% beginner, 54% intermediate, 22% expert and 6% extreme. Check it out at www.bigwhite.com

Prices:	Adult	\$1365.00
	Senior	\$1300.00
	Adult w/ Powder Alliance	\$1130.00
	Senior w/ Powder Alliance	\$1105.00
	Nordic	\$1010.00
	No lifts	\$950.00



We hope you join us for this exciting trip.

Reserve your spot now with a \$250.00 deposit.

50% of remaining balance due by September 15th.

Third and final payment is due by November 15th.

Cancel deadline for full refund is October 15th.

NOTE: The Dough Transmittal Form still needs to be updated for next winter season!

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

See our Mt. High [Trip Cancellation Policy](#).

Contact trip leaders: **Karen Michels:** skiklynn@gmail.com

Bill King: willie2k@ymail.com

****Powder Alliance resorts still to be confirmed for 2018/19**

NOTE: Please be aware that this year we are planning 2 trips that will include free skiing with the Fusion Pass: this Canada trip and the Bogus Basin trip.

Mt. High

Bogus Basin & Anthony Lakes bus trip**Bogus Basin + Anthony Lakes**

February 18 - 22, 2019 (Monday - Friday) - 5 days/ 4 nights.
 2 days skiing at Bogus Basin + 2 days at Anthony Lakes.

We will stay 2 nights in Boise, ID, at The Riverside with free buffet breakfasts and two nights in Baker City, OR, at the Sunridge Inn, also with free buffet breakfasts. These are very nice hotels!

Monday = Travel day. Ride the bus to Boise, Idaho, with a pizza buffet lunch in Pendleton.
 Tue - Wed. = Ski Bogus Basin.
 Thur. = Ski Anthony Lakes.
 Friday = Ski Anthony Lakes and then ride the bus home, with a Mexican dinner in Pendleton. Home by Friday night.

Bogus Basin, ID is located just 18 miles from Boise, Idaho. It offers a vertical of 1,800', and 2,600 skiable acres, served by 7 lifts: 3 hi-speed quad, 1 triple, and 3 doubles. It has 91 named downhill trails, plus 37 km of groomed nordic trails. There are 2 on-mountain lodges.

Bogus Basin is on the Powder Alliance, so those with that pass (the Fusion Pass or any other Powder Alliance pass) will ski free, saving approximately \$140.

Anthony Lakes, OR has the highest base elevation in Oregon, at 7,100', ensuring a high quality, dry snow. It offers 1,100 acres and 900 vertical feet. Good snow on good terrain keeps us returning here again and again.

TENTATIVE, BALLPARK PRICES (Firm prices TBA).

Prices:

1. Adult full price	= \$610
2. Adult price with Fusion Pass	= \$510
3. Senior full price (70 and over)	= \$545
4. Senior price with Fusion Pass	= \$455
5. Base Price without any lift tickets	= \$455

NOTE: Please be aware that this year we are planning 2 trips that will include free skiing with the Fusion Pass: our Canada trip and this Bogus Basin trip.

Price includes all bus transportation, 4 nights lodging, and 4 lift tickets. The trip also includes: breakfast every day, 1 dinner, and 2 restaurant meals on the way from and to Portland.

To reserve your spot: Please send in a deposit check of **\$200** per person.

Full payment due by January 15, 2019. No refunds after January 15 unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#) (on our web site, FORMS & DOCS page).

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site, or on the next to last page in our newsletter. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Linda McGavin** at 503-781-5809 (call or text), or Trips@mthigh.org

Bogus Basin at sunset

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High

Weekend bus trip to Mt. Shasta & Mt. Ashland



Mt. Shasta+ Mt. Ashland

March 15 - 17, 2019 (Friday - Sunday) - 2 days/ 2 nights.

2 nights / 2 days skiing.

Saturday at: Mt. Shasta

Sunday at: Mt. Ashland

No need to pack and move every day. We'll stay in the same hotel both nights. The hotel has a hot tub and indoor swimming pool. It also has free Wi-Fi and free continental breakfast. All rooms have a hair-dryer, coffee-maker, microwave and refrigerator, and ultra-fast internet.

We'll start the trip on Friday at **2 pm** and just ride the bus to Ashland.

Lodging: We'll stay at the **Stratford Inn**, near downtown Ashland. It is within walking distance of most downtown restaurants.

On Saturday, we'll drive a little over an hour to Mt. Shasta ski area, offering 3 lifts on 3 separate hills.

On Sunday, we'll ski at nearby Mt. Ashland. We'll ski till 3 pm, and then ride the bus back home. We'll return to Portland around 9 pm on Sunday.

TENTATIVE, BALLPARK PRICES (Firm prices TBA).

Price:	Adults	= \$345 per person
	Seniors (65+)	= \$335
	Super-Seniors (70+)	= \$303
	No lift tickets	= \$278

NOTE: We are still working on this trip. Everything announced here is only tentative. We won't know the exact lift ticket prices until late in the Fall.

Price includes all bus transportation, 2 nights lodging, and 2 lift tickets, and a dinner.

The free continental breakfast includes a "make your own bowl" yogurt breakfast bar, fruit juices, coffee, an assortment of teas, bagels, whole-wheat bread, cereal and oatmeal. There is also an in-house coffee shop.

Space is limited by the size of the bus. Also, this trip is open to members of other clubs as well, so please sign up early!

To reserve your spot: Please send in a deposit check of \$100 per person, preferably by December 31, 2018.

Full payment due by **February 1, 2019**. No refunds after February 1, unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#) (on our web site, FORMS & DOCS page)

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. **NOTE: The Dough Transmittal Form still needs to be updated for next winter. Don't send any deposits before July.**

Make check payable to Mountain High Snowsport Club, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Emilio Trampuz**, 503-378-0171, Emilio2000@earthlink.net



Mt. Shasta



Mt. Ashland



Mt. Ashland

More ski trips info at: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH

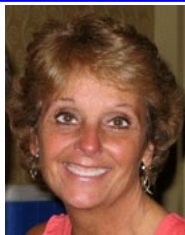
Contacts / Club info

SNOWSPORT CLUB

2018 Man & Woman of the Year



Bill King is our club's Vice-President and the NWSCC Treasurer. He has helped to post the Safety Boundary signs on Mt. Hood.



Debbi Kor, our club's President and Social Activities director. She is also the FWSA VP Marketing & Sponsorship, and the FWSA News Flash Editor.

Mountain High Meeting

Usually last Monday.

July 30 (Mon.): Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**. **Location:** Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Bill King	H: 614-371-4762	willie2k@gmail.com
Secretary:	Debbie Geiger	H: 971-716-9949,	pdxdebbie@gmail.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	PastPresident@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Trips Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org
Mid-week skiing:	Ken Brundidge	H: 503-720-0620,	KenBrundidge@comcast.net

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences:

- Newsletter (once a month):	<input type="checkbox"/> yes, link only	<input type="checkbox"/> yes, complete file	<input type="checkbox"/> no
<input type="checkbox"/> No changes	- Club news & events (between newsletters):	<input type="checkbox"/> yes	<input type="checkbox"/> no
(same as last year)	- Other ski news (NWSCC, FWSA, ski areas, trips...):	<input type="checkbox"/> yes	<input type="checkbox"/> no
	- Is it OK to share your email address with other club members?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> Annual Membership (Oct. 1, 2018 - Sept. 2019): Single (\$30); couple (\$50)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2019) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Okanagan Adventure - Canada (Jan. 20 - 27, 2018) Deposit = \$250.	\$ _____	_____
<input type="checkbox"/> Bogus Basin trip (Feb. 24, - March 1, 2019). Deposit = \$200. Total = \$TBA.	\$ _____	_____
<input type="checkbox"/> Mt. Shasta trip (March 15-17, 2019). Deposit = \$100. Total: TBA	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

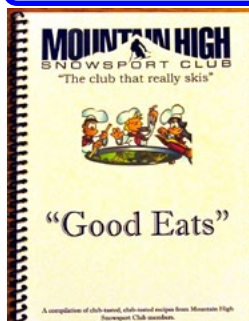
Club membership = 253 Newsletter Distribution

The July 2018 issue is posted on our web site. Also:
271 copies sent via email (as PDF file)
13 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Volunteers Needed

The club needs **volunteers** to act as activity leaders. Perhaps **bike rides**, or **hiking**, or **swimming**, **kayaking**, **rafting**, **bowling**, ... anything fun! If you would like to organize an activity for the club, please contact any of our Board members (see list at the end of this newsletter) or come to one of our monthly Board meetings (usually the last Monday of each month).

Mt. High Cookbook



This 34 page cookbook is available for \$10.

You can get one at our social events, or contact Debbi Kor at:
ijustwannarun1@comcast.net
 or call 503-314-7078.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2018-02-28.xls>

Seniors Skiing

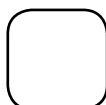
Here's another good resource for skiers and riders. Check out: SeniorsSkiing.com.

The title is "Seniors Skiing", but there is tons of information here of interest to people of all ages.

Here are some examples:

- * [Vail and Alterra's Unfairness Doctrine](#)
- * [Ski Chile: An Introduction for Neophytes](#)
- * [Cycling Efficiency for Seniors](#)
- * [Skiing Grandparents Bring Grandkids](#)
- * [How Ski Slopes Are Preped in the Summer](#)

You can subscribe to weekly or monthly emails from Seniors Skiing by clicking on the Community tab and then selecting "Subscribe".



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.