



Lift Lines

= No. 195, March 2017 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Spring skiing

Spring is here. That means very affordable Spring Passes at both Meadows and Timberline. Let's make the most of it. Hoping the slopes will be sunnier, let's plan on doing a lot of Spring Skiing.

Timberline Adventures



Little Zig Zag canyon

Emilio will again offer guided tours of Zig Zag canyon, Little Zig Zag canyon, Sand canyon, and everything in between. Which parts we'll ski depends on the snow and on which lifts will be open.

Any intermediate skier can do it. Join us for some fun! If you don't already have a Fusion pass, get a **Spring Pass** for just \$119.

We'll do this **every weekend in April**, and possibly some weekdays too. Meet at McDonald's in Sandy at 7:30 - 7:45 am, or at Timberline's day lodge at 9:00 am. We'll announce each of these outings in our [All-Club Forum](#), and the [Weekend skiing](#) section on the TRIPS page.

Ski For a Cause

Ski for a good cause. Take your pick.

March 11-12: Hope on the Slopes at Mt. Hood Skibowl. Details at: www.hopeontheslopes.org

March 12-13: Oregon Cancer Ski Out at Mt. Hood Meadows. Details at: www.cancerskiout.org

April 8: Ski to Defeat ALS. Details at: www.skitodefeatal.org

Note the color code.
Our club is blue.

2017 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

MARCH

March 4 (Sat): Ski the Glade Trail Day
March 5 (Sun): Ski the Glade Trail Day 2.0
March 4 - 5: Master Mania Races - Skibowl
March 11-12: Hope on the Slopes
March 12-13: Oregon Cancer Ski Out
Mar. 12-19: FWSA European ski week
Mar. 13 (Mon): Mt. High Social - Pizza Party
Mar. 17-19: Leavenworth trip
Mar. 19 (Sun.): PACRAT Race #4 - Meadows
Mar. 21 - 26: FWSA Mini Ski Week - Sun Peaks
Mar. 26 (Sun.): PACRAT Race #5 - Timberline
March 27 (Mon.): Mt. High Board meeting

APRIL

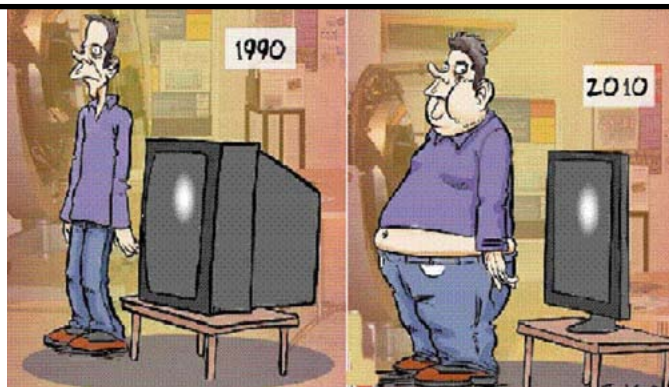
Apr. 1 (Sat.): Mt. High Ski day - Timberline
Apr. 8 (Sun.): Mt. High Ski day - Timberline
April 8 (Sat.): Ski to Defeat ALS
Apr. 14 (Fri.): PACRAT Rat Attack Party
Apr. 15 (Sat.): Mt. High Ski day - Timberline
Apr. 22 (Sat.): Mt. High Ski day - Timberline
Apr. 29 (Sat.): Mt. High Ski day - Timberline
Apr. 29 (Sat.): Mt. Hood Trivia - Govt. Camp

JUNE

June. 7-11: FWSA Convention - Boise, ID

What a difference 20 years makes!

It's hard to keep in sync with technological advancements!



Powder Alliance Trip to Whitewater (BC) and Schweitzer Mt. (ID)

February 25 - March 4, 2017.

Approximately 48 people participated in this trip, most of them on the bus but also two couples driving their own cars. The participants were a mixed group of Mountain High people, Mt. Hood Ski Kats, and Bergfreunde club members. Our trip leader was **Karen Michels**.

On the first day, we rode our chartered bus to the charming town of Nelson, British Columbia. We had excellent fresh and dry snow at Whitewater (BC), where we skied the first 3 days. The snow was so light that several people tried skiing in ungroomed snow and trees for the first time.

By the time we moved to Sandpoint, Idaho and skied on Schweitzer Mountain, temperatures had warmed up somewhat and the ungroomed snow was heavier and wetter, but the groomers were good. We had low clouds at Schweitzer all three days, which meant skiing through fog when crossing from the front to the back of the mountain, where there was much less fog.

There was a lot of terrain to explore and everyone had a good time. We'll revisit both Whitewater and Schweitzer again some time in the near future.

Thanks to the following people for contributing their photos to this collection (in alphabetical order of their first names): Bruce McGavin, Buck Scheffler, Dave Hiebert, Emilio Trampuz, George Yun, John Yoo, and Nancy Erz.

See all their best pictures on the PHOTOS page at:

[http://www.mthigh.org/Photos.htm#Powder Alliance trip](http://www.mthigh.org/Photos.htm#Powder%20Alliance%20trip)



Whitewater

Photo: George Yun



Photo: Emilio Trampuz



Schweitzer Mt.

Photo: Emilio Trampuz



Photo: George Yun

Spring Passes



Would you like to get unlimited skiing for almost 3 months for just over \$100?

Well now you can! Both Mt. Hood Meadows and Timberline are selling their

Spring Passes, valid almost all of March, April and May. Spring Passes usually go on sale after the first weekend in March, usually after the Ski the Glade Trail Day. Valid till May 29.

Spring Pass prices are a little higher than in previous years, but still affordable. Go get one!

1. Timberline: \$119.
2. Mt. Hood Meadows: \$159.

Skiing the Canyons



Every weekend in April. The scenery changes dramatically just a little west of Timberline. Let us take you there safely. We'll ski there a lot in April. The schedule is not fixed. We'll vary the days depending on the weather and people's preferences. Stay tuned through our Forums, web site and Facebook page.

Contact Emilio, Emilio2000@earthlink.net

Social History Happy Hour - Mt. Hood Trivia



Lloyd Musser

April 29, 2017 (Saturday) 6:30 pm – 9:00 pm

After a day on the slopes, have dinner somewhere in Governemnt Camp, and then come to the social history happy hopur at the Mt. Hood Museum & Cultural Center, in the heart of Govy. Be entertained and learn something new on this Mt. Hood Trivia night.

Fun and informative evening of Mt Hood trivia- win prizes and learn something new about mountain history!

Presented by Lloyd Musser, museum curator.

Doors open 6:30, lecture at 7 pm. For more info, call the Museum: 503-272-3301.

\$5 cash at door, Beer & Wine available for purchase.

Mt. High

Quarterly Social & Club elections

DATE: Some time in May

TIME: 6:30 pm - 9:00 pm

PLACE: To be announced.

ELECTIONS: We will hold our annual elections at our May Social.

The Mt. High Board consists of

President: Debbi Kor

Vice-President: Bill King

Secretary: Steve Royce

Treasurer: Nancy Pratt



If you wish to get more involved with the club, please start by simply attending our monthly Board meetings on the first Monday of each month.

CONTACT: Debbi Kor, 503-314-7078, ijustwannarun1@comcast.net

Mt. Hood Fusion Pass & Powder Alliance Alternative for 70-year olds

You can save money with the Fusion Pass. In the past 2 or 3 winters, our club trips have skied at places where you can use the Fusion Pass to ski for free.

With the Fusion Pass, you get not only unlimited skiing at both Timberline and Mt. Hood Skibowl, but you also get 3 free days at each of about a dozen other ski areas that are members of the Powder Alliance.

You can buy your Fusion Pass online, starting at: www.mthoodfusionpass.com, but you will still need to eventually have your picture taken and pick up your pass at Timberline or Skibowl.

The cost of the Fusion Pass depends on your age:

1. **Adult, age 25-64:** \$499
2. **Young adult, 15-24:** \$349
3. **Junior, 7 - 14:** \$249



4. **Senior, 65-70:** \$249

But here is an alternative if you don't ski much at Timberline or Skibowl but would like to get the benefits of the Powder Alliance deal. Get a Season Pass at Stevens Pass, and you can use it as a Powder Alliance Pass.

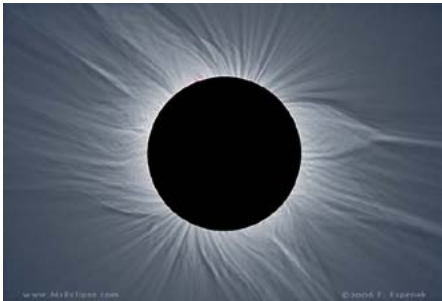
There's just one catch. You have to be:

Exactly 70: If you don't plan on skiing at Timberline and Skibowl more than 3 times each, but you want the Powder Alliance benefits, you can buy the **Premium season pass** at

Stevens Pass for about \$129. Stevens Pass is part of the Powder Alliance.

Super-seniors, 71+: You can get the local Fusion Pass for free, but it won't be valid outside of Mt. Hood. To get the full Powder Alliance privileges, the Fusion Pass will cost you \$50.

Solar Eclipse coming to Oregon



red line shows the location of the longest lasting eclipse. The eclipse will last only a few seconds near the blue lines. So, the best viewing will be in places like Depoe Bay, Salem, Albany, Warm Springs and Madras.

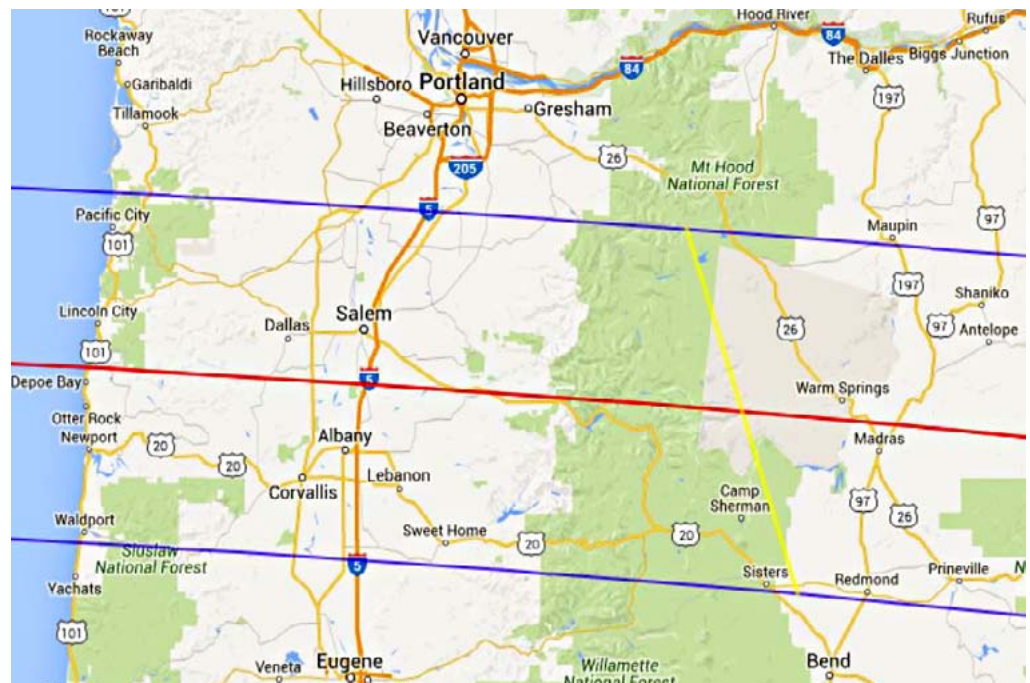
Portland, Eugene and Bend will only see a partial eclipse, which is just a fading of the sun, not much.

Plan to come closer to Salem to see the real thing. That's when you can briefly see the sun's corona streaming outward.

The moon's shadow will race across Oregon in just 12 minutes at the speed of 3,400 miles per hour.

August 21, 2017. Get ready for an astronomical treat. A very rare event will happen in Oregon on Monday, August 21, 2017. It's a solar eclipse, when the moon gets exactly between the Earth and the Sun. The moon will block the sun's rays for about **2 minutes**. The full eclipse will start in Salem, OR at **10:18 am**. Some general effects, such as a gradual fading of the sun, will be noticeable about 30 minutes earlier.

The total eclipse will be visible only along a narrow path. The moon will cast a shadow only 87 miles wide, as shown by the blue lines on the map. The



Man & Woman of the Year



At our latest Mt. High Board meeting, on March 6, 2017, the following two people were chosen as our club's Man and Woman of the Year.

Alan Bean, our Racing director,
and



Nancy Pratt, our Treasurer.

Thanks to both of them for the wonderful service they are performing for our club.

Mid-week skiing



Most of our Mid-week skiers ski at Mt. Hood Meadows. (though some ski at Timberline & Ski-bowl). The Meadows group tends to be

advanced and fast skiers.

Some carpool up from the Safeway in Sandy at 7 am, but your best bet to find the group is when they are **at the tables in the cafeteria area** about 20 - 30 minutes before the lifts open (which is at 9 am).

It's best to arrange meeting others through the [Mid-week forum](#), a Google group accessible from our web site.

2-way Radios

A few years ago, we spent a whole day skiing through fog at Schweitzer Mt. The next day started foggy too. One of our club members stayed in the lodge, looking through the window, waiting to see if the fog would disperse.

The rest of us got on the chairlift and by the time we reached the first tower the fog was gone, replaced by pure sunshine. Pity we couldn't communicate with our friend in the lodge, because he didn't have a radio and we didn't know his cell phone number.

It happened again during the recent Mystery trip. Mt. Spokane was in thick fog. We were



told that the back side is usually less foggy, so we went there. Sure enough, no fog. We tried to communicate with people who had stayed in the day lodge, but there was no cell phone reception, and nobody in the lodge had a radio. Everyone with a radio was skiing on the back side.

For group communications on the slopes, there is nothing better than 2-way radios. Cell phones don't always have a good signal, and even when they do, you can only communicate with one person at a time.

Our club uses radio channel 6 code 19. Don't miss out. Get yourself a radio. It's just \$30 - \$65 for a set of 2 radios at REI.

FWSA

FWSA Mini Ski Week 2017 - Sun Peaks



March 21 - 26, 2017.

Trip details are posted at:

<http://www.fwsa.org/Travel/NAski/2017-FWSA-SunPeaks/2017-FWSA-SunPeaks.html>

Price: from \$355 to \$585

Included: 5 nights lodging at Nancy Greene's Cahilty Lodge, welcome and farewell parties, plus 3 or 4 lift tickets.

Not included: Air or transportation from airport.

Contact: Gloria Raminha, garski2011@gmail.com

Trip Leader, 12707 Windy Ridge Dr., Bakersfield, CA 93312. 661-800-8229 [C], 661-829-5996 [H/F]
or **Nancy Ellis**, VP North American Travel, P.O. Box 9681, Truckee, CA 96162, 530-414-8261 [C],



Speed Racers Corner

Edited by Alan Bean
Mountain High Racing Director
503-849-8009 or Racing@mthigh.org



PACRAT News



With two races coming up back to back these next two Sundays, it will be a fast end to the official races though the "Just for Fun" race will follow to cap off the year. Also don't forget to get the Rat Attack awards party on your Calendar.

Below we have published the Mt. High Cup standings to add another dimension to the league and promote Club camaraderie as we progress through the year.

Let-R-Rip team takes over the top spot with new teams So Edgy and Will Ski for Beer hot on their heels. Good wishes for a speedy recovery go out to those injured this past race; we hope to see you back with us before the end of the year.

Check out the dates for the **Mt. Hood Meadows Town Challenge** series. The three race courses (March 10, 17, and 25) are set as either a banked slalom or PACRAT similar GS course where teams of 6 co-ed racers compete for the overall cup. The first two races are on Friday nights and the last on a Saturday around Spring Break time. Individuals can also enter individual races if you happen to be up on the mountain on those days

If you have any questions, please call our Racing director, Alan Bean, at: 503-849-8009, or e-mail Racing@mthigh.org.

Check out this photo of the moon rising.



Upcoming race dates

Mar. 19: PACRAT Race 4 - Meadows
Mar. 26: PACRAT Race 5 - Timberline
Apr. 2: PACRAT Makeup race - Timberline
Apr. 9: PACRAT Makeup/Fun race - Timberline
Apr. 14: PACRAT Rat Attack awards dinner

More info on the PACRATS web site: www.pacrats.org, or our RACING EVENTS page: www.mthigh.org/Racing_Events.htm

Mt. High Cup standings after 3 races

Team name, bib numbers

1. **Let-R-Rip (170-179)**
2. **So Edgy (140-149)**
3. **Will Ski For Beer (110-119)**
4. **Mixed Nuts (50-59)**
5. **Schussing Shysters (40-49)**
6. **Rattitudes (10-19)**
7. **Vertigo Madness (70-79)**
8. **Avalanche Express (230-239)**
9. **Awesome tAles (100-109)**
10. **Moose On The Loose (80-89)**
11. **Chilled Brewskis (150-159)**
12. **Powder Hounds (200-209)**
13. **Mt. Hoodlums (190-199)**





Northwest Ski Club Council
Ski & Ride Challenge

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in British Columbia, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming.

Just save your lift tickets and/or receipts or copy your season pass.



Hawaii
Mauna Kea

Also included:

COLORADO
Breckenridge

IDAHO
Bogus Basin
Brundage Mt.
Schweitzer Mt.
Sun Valley

MONTANA
Whitefish Mt.

WYOMING
Grand Targhee
Jackson Hole

BRITISH COLUMBIA
Big White
Silver Star
Sun Peaks
Whitewater
Kicking Horse
Fernie
Kimberley
Nakiska

Washington
Mt. Baker
North Cascade Heli-Skiing
Mt. Spokane
Cascade Powder Cats
Leavenworth Ski Hill
Mission Ridge
Summit at Snoqualmie
Crystal Mountain
White Pass
Ski Bluewood

Oregon
Cooper Spur
Spout Springs
Ferguson Ridge
Timberline
Mt. Hood Meadows
Mt. Hood Ski Bowl
Anthony Lakes
Hoodoo
Mt. Bachelor
Willamette Pass
Mt. Ashland
Warner Canyon

Entry Form and Rules are posted on the NWSCC website at www.nwskiers.org

2016/2017 Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2016-2017 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Hawaii**, as well as our commercial member resorts in **British Columbia, Colorado, Idaho and Wyoming** - as shown on the flyer here.

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.



Hillcrest Sports 10% discount



Hillcrest Ski & Sports (our PACRAT bib sponsor) in Gresham, Oregon, will give NWSCC members a 10% discount by showing your card.

It's your Mt. High membership card, which also doubles as an NWSCC and FWSA membership card.

Hillcrest Sports is located on your way to and from Mt. Hood at: 2506 SE Burnside, Gresham, Oregon. 503-665-4455.

The Taco Shoppe 20% discount

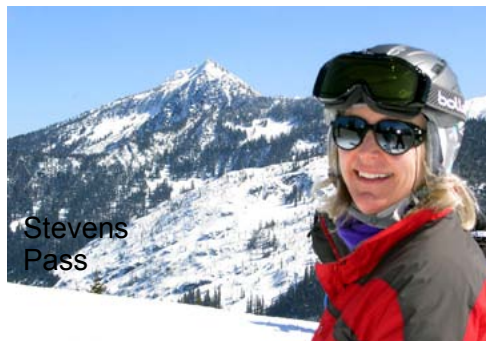


Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

Mt. High

Leavenworth trip

**Mission Ridge + Stevens Pass**

March 17-19, 2017 - 2 days/ 2 nights. THIS TRIP IS NOW FULL

Maximum 48 people on the bus; but you can drive if bus is full, if you want to bring your family, or if you are coming from another city.

The bus trips are usually our club's best and most fun events. We'll leave Friday at 3 pm, and return Sunday night by 9:00 -9:30 pm. We'll visit:

1. **Mission Ridge.** 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain. Get a 15% dining discount by showing your group lift ticket.

2. **Stevens Pass,** lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: The charming town of Leavenworth feels like it's always Christmas there! We have booked almost the entire Obertal Inn, right in the middle of Leavenworth. An "expanded continental breakfast" is included. The breakfast room and the menu have been expanded, now including an egg dish every day. Most rooms have 2 queen beds, though there are a few king rooms too. The Obertal has 3 stories with no elevator. In addition, we have booked three 2 bedroom/2-1/2 bath fully equipped townhomes directly across the street.



The townhomes have one king master suite, one queen bedroom with bath in the hall, and a sleeper sofa downstairs with a half bath (that person has to shower upstairs). We can put 5 people in a townhome with one person on a sleeper at no additional pp cost (\$20 price reduction for the person sleeping on the sofa bed); for more privacy, if you want 4 in a townhome add \$30 pp for 4 people.

All people staying in townhomes have to agree to stay together; we will not assign people who don't know each other into that setting. There is an additional 3 bedroom/2 bath townhome a block away. Breakfasts will not be included for the people staying there.

Two dinners included! The club will provide a Bavarian Banquet Dinner at the Andreas Keller Restaurant in Leavenworth on Saturday night (drinks, appetizers, and alcoholic beverages on your own).

You will also get a buffet dinner at Old Country Buffet in Bellevue on the bus trip back home on Sunday night.

Price: (per pers.) includes: bus, 2 nights lodging, 2 dinners, depends on your age and if you have a Fusion Pass.

Standard Adult, with 2 lift tickets \$360

Standard Adult, with Fusion Pass (Stevens Pass free) \$323

Super Senior, 70+, with 2 lift tickets \$310

Super Senior, 70+ with Fusion Pass (Stevens Pass free) \$295

Non-skier on the bus, including meals \$280

4 people in townhome instead of 5 (all 4 must agree) add \$30 pp.
Contact Linda McGavin for special pricing if you want to drive.

To reserve your spot: Please send in a deposit check of \$150 per person. Full payment due by February 20, 2017. No refunds after February 20, unless you can fill your spot. See our Mt. High Trip Cancellation Policy



Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Linda McGavin** (trip leader) at 503-652-2840, Trips@mthigh.org

More ski trips info at: www.mthigh.org/Trips.htm.

Far West Convention

June 7 - 11, 2017. The annual Far West Ski Association Convention is coming up at the Boise Center, 850 W. Front St., Boise ID 83702, www.boisecentre.com. It is hosted by the Inter-Mountain Ski Council and the Bogus Basin Ski Club. Members of all ski clubs in the West are invited to come and participate.

Lodging will be at The Grove Hotel Downtown Boise, 245 S. Capitol Blvd., Boise, ID 83702 • 800-498-7396 • www.grovehotelboise.com.

What Happens at a Far West Convention?

Events include a **silent auction** on Friday Night, and the **Travel Expo** (where delegates meet one-on-one with resort personnel to plan future trips) on Saturday morning. Attend **educational leadership panel sessions** such as Improving Social Media savvy and the latest equipment, meet and greet with **ski personalities** like Billy Kidd and Jordan Romero (youngest person to climb Mt. Everest), and attend the **awards banquet and dance** on Saturday night. There will be a business meeting on Sunday, at which time officers are elected, and other Association business takes place, as well as a sponsored Brunch, and LOTS of door prizes to be given away. All of these events (and meals!) are included in your registration fee.

Also available (for an additional fee) are optional events such as the Michael German Memorial Golf Tournament, Rafting on Payette River, Wine Wobble & Pub Crawl, A Day on the Mountain, and Boise Greenbelt & Nature Center Biking.

How do I Register?

It's so easy! You can (1) sign up with your club president/delegate chairperson (Debbi Kor), (2) complete the forms, write a check, and mail to the FWSA Convention Registrar (Karen James), or (3) sign up online at <http://www.fwsa.org/Conventions/FW-2017Conv/Registration/FW-2017Conv-Registration.html> and pay with PayPal. The registration form on the FWSA web site is at: <http://www.fwsa.org/Conventions/FW-2017Conv/Registration/pdfs/4-2017%20Conv%20Del%20Registration%20Form-fillable.pdf>. That's all there is to it! You're in!

Now make your [hotel reservations](#), at \$134 per day per room, and you'll be golden! **Be sure to tell your club delegate chairperson** if you sign up directly so that you'll be included on the Credentials Form as a Voting Delegate! Mountain High club members should contact **Debbi Kor** at: 503-314-7078, ijustwannarun1@comcast.net. She will coordinate all our delegates.

How do WE and our CLUB benefit?

Mountain High Board of Directors has voted to reimburse club members who attend the convention as full voting delegates up to \$600 to be divided among the registered attendees. In addition, there are other incentives that will come directly back to Mountain High. These include:

Far West is offering the 6-pack incentive again this year, if we register before May 8, 2017. This offer provides 1 free registration (\$159) with every 6 paid. The reimbursement comes **AFTER** the convention. So, if we send 6, we'd get back \$159. If we send 12, we'd get back \$308. If we get enough delegates from our club, the club would receive this reimbursement, and the Board would decide how best to use it: split it up among the delegates, or use for a future club event.

More questions? Contact: **Debbi Kor**, Delegate Chairperson, 503-314-7078, ijustwannarun1@comcast.net

NOTE: The Far West Convention is hosted by a different ski club council each year. In 2014, it was held in Oregon, and it will come back to Oregon in 5 or 6 years. In 2016, it was held in Scottsdale, AZ. Other typical locations are: Los Angeles (CA), Reno (NV), San Diego (CA), and the San Francisco Bay Area.



Each year in June, at the **Far West Ski Association's** annual convention, held in a different city each year, several individuals and ski clubs and Councils are awarded prizes of recognition. Here are just some of them. **You too can win.** Make an effort to do something positive and valuable for your club and/or for snow sports, and then either apply directly or let someone nominate you.

The FWSA deadline for nominations is March 26, but it is better to apply earlier than that. For more info on the FWSA awards, check out the FWSA web site, www.fwsa.org, or contact Debbi Kor at: 503-314-7078, ijustwannarun1@comcast.net

Man & Woman of the Year

This is a series of recognitions on different levels.

First, each club recognizes their own man and woman of the year. See the [Awards](#) page on our web site for a list of past winners.

The two people from each club then proceed to the next level (the Northwest region). The NW Ski Club Council selects just one pair (not necessarily from the same club) among all the local club nominees. Those two people then represent the NWSA at the Far West Convention.

At the Far West Convention, one final pair is selected among all the Ski Club Councils in the west.

The grand prize is a trip for two to **Big White**, Canada.

To see who within our club has won in past years, see our AWARDS page on the web site: www.mthigh.org/Awards.htm.

It is now again time to nominate a man and a woman of the year.

Please send in your nominations by March 5, 2017, to any member of our club's Board of Directors. See the list on page 13 and/or on our "Contact Us" web page: www.mthigh.org/Contacts.htm

Simply let us know who you would like to nominate and why. If you put it in writing (an email), so much the better, because then all our Board members can read it.

Safety Person of the Year

This annual award honors the person who has done the most to promote safety consciousness within the association. This can be done through a variety of methods including safety articles, on mountain activities, presentations, public speaking, working ski patrol, creating posters or banners, and many other activities.

The winner receives a 5-day ski/board package to **Telluride** for two that includes: 5 nights lodging at Mountain Lodge Telluride, 4 day lift ticket, and 4 days of rentals. Our latest winner was **Sue Rimkeit**.

Resume & Entry Form must be sent to chairman by the March 26 deadline. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-safety.html>

Western Ski Heritage Award

The aim of the award is to raise the awareness of the contributions made by individuals or groups to all aspects of snowsports – competitive as well as recreational. Also to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West.

The winner receives a 5-day ski/board package to **Steamboat** for two: 5 nights lodging, 5 days skiing, 5 day rentals, a lesson, a tour, and lunch. Past winners were **Emilio Trampuz**, and the **Mt. Hood Museum**.

Submit entry by March 26. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-wsh.html>

Environmental Award

This award is designed to encourage good stewardship of our environment, to inspire and reward creative efforts to conserve and protect our environment. This award should recognize actions that made a difference. For example: Volunteering at the community level, particularly in some leadership role; Organizing environmentally oriented events for the club or council; Writing a series of columns regarding environmental conservation, education or protection in your club newsletter.

The winner receives a 5-day ski/board package to **Aspen/Snowmass** for two: 5 nights lodging split between Aspen & Snowmass, 5 day lift ticket, and 5 days of rentals, a day group lesson. This is a new award.

Submit entry by March 26. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-environment.html>

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

Man & Woman of the Year



Nancy Pratt, our club's best Treasurer so far. She processes all our payments for membership, trips, racing, and provides timely reports to trip leaders and our racing director.



Alan Bean, our Racing Director, coordinates all our teams, helps place new racers, and has been writing the Speed Racers' column in Lift Lines.

Mountain High Meeting

Usually last Monday.

March 27 (Mon.): Open to all who want to get involved with the club. Gather at 6 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078,
Vice-President: Bill King H: 614-371-4762
Secretary: Steve Royce H: 503-413-0493,
Treasurer: Nancy Pratt H: 503-593-9427,
Past President: Kurt Krueger H: 503-625-1492,
Membership Director: Karen Michels H: 503-984-9210,
Racing Director: Alan Bean H: 503-849-8009,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
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DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: Deposit? Paid in full?

<input type="checkbox"/> Annual Membership (Oct. 1, 2016 - Sept. 2017): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2017) \$110 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> Mystery trip (Jan. 19-22, 2017). Deposit = \$175. Total cost = \$475.	\$ _____	_____
<input type="checkbox"/> Powder Alliance trip (Feb. 25 - March 4, 2017) Deposit = \$250.	\$ _____	_____
Trip options: Age bracket (_____). Will you have a Fusion Pass? [Y / N]		
<input type="checkbox"/> Leavenworth trip (March 17-19, 2017). Deposit = \$150. Total = \$360 or \$323.	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____
Total:	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

Club membership = 245 Newsletter Distribution

The March 2017 issue is posted on our web site. Also:
258 copies sent via email (as PDF files)
16 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs,
 the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2017-03-16.xls>

Seniors Skiing

Here's another good resource for skiers and riders. Check out: SeniorsSkiing.com.

The title is "Seniors Skiing", but there is tons of information here of interest to people of all ages.

Here are some examples:

- * [Teach Yourself 3: "Building Blocks" Review](#)
- * [Sundance Rocks \(Sundance Ski Area\)](#)
- * [Demo Day: How To Participate And Enjoy](#)
- * [Road Trip to Small Gems in Eastern Oregon](#)

This last one is the video that Emilio and Kurt Wilke recorded on their recent trip to Eastern Oregon.

You can subscribe to weekly or monthly emails from Seniors Skiing by clicking on the Community tab and then selecting "Subscribe".

Read More at Shred Hood

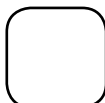


Shred Hood, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

- * [School Bus Full of Athletes Crashes on Hwy 35](#)
- * [Local Jackie Wiles Earns Her First World Cup Podium in Austria](#)
- * [How To Find Lost Ski with Metal Detector](#)
- * [Double the Days to Ski the Glade in 2017](#)
- * [Petr Kakes the Crazy Czech and his 100-Mile-an-Hour Arctic Man Ski Adventures](#)

This is just a very small sample of the wealth of information available on the Shred Hood site. Check it out.

Subscribe to it for free. Just enter your email address in the blue box at ShredHood.org



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