



# Lift Lines

= No. 193, January 2017 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## It's good Winter! Full of Fun!

Lots of good news this winter!

1. Prodigious amounts of snow. See page 7
2. Our club has started a new Facebook page. See page 7
3. Interesting road trip to some hidden gems east of here. See page 4.
4. Chocolate, good karma and other fun. Page 5.
5. Many racing opportunities. Pages 6 - 7.
6. Wonderful ski trips. Pages 9 - 12.
7. Ski the Glade Trail Day. Page 12.
8. Human evolution culminating in us! Heaven help us!!!!

## Quit Your Dancing!



Our prayers, snow dances, and prayer flags (like those posted at Mt. Hood Meadows by Walt Blomberg and Mike Ferrell) have obviously worked very well this winter. Maybe even too well, with all the snow and ice we got in town, not just on the mountain. So, quit your snow dances and pray for some sunshine!!!!

## Expand Your Horizons!

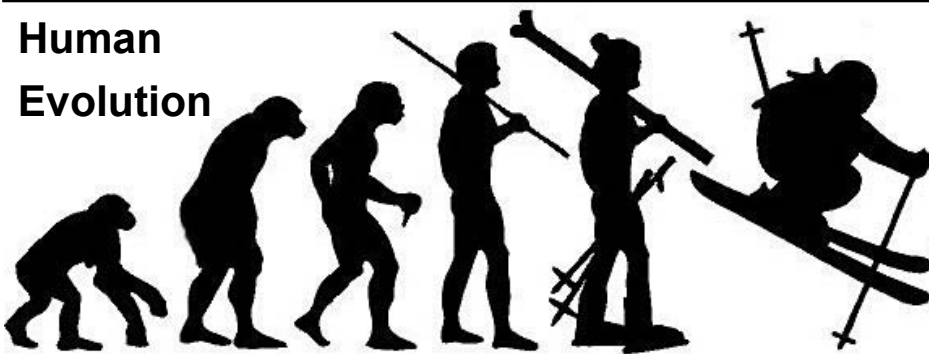


Try something new this year. Ski a place you haven't skied before. Save your lift tickets and enter the NWSCC's Ski & Ride Challenge. See page 8.

Or try some recreational racing if you have never done it before. It's not too late to join one of the teams that are still incomplete. See page 6.

Or try getting off the groomed trails and skiing some soft powder (on a good day). Evolve!

## Human Evolution



## To Do List

- \* **Join us on the slopes.** We have regulars at both Timberline and Mt. Hood Meadows.
- \* **Check our two Forums** (Google Groups) to connect with others.
- \* **Try running some gates.** NASTAR and/or PACRAT races.
- \* **Come to a Mt. High social:** Bowling Night, Chocolate party

Note the color code.  
Our club is blue.

## 2017 CALENDAR

**Blue:** Mountain High events  
**Red:** NWSCC / FWSA / Multi-club  
**Black:** General events

### JANUARY

**Jan. 8 (Sun.):** NASTAR Open #1 - **cancelled**  
**Jan. 19- 22:** **Mystery trip**  
**Jan. 22 (Sun.):** PACRAT Race #1 - Skibowl  
**Jan. 28 (Sat.):** **Bowling Night**  
**Jan. 28 - Feb. 4:** **FWSA Ski Week** - Breckenridge  
**Jan. 29(Sun.):** PACRAT Race #2 - Meadows  
**Jan. 30(Mon):** **Mt. High Board meeting**

### FEBRUARY

**Feb. 11 (Sat.):** **White Pass trip** (Bergfreunde)  
**Feb. 12-18:** **Utah trip** - Salt Lake City  
**Feb. 18 (Sat.):** **Chocolate Party**  
**Feb. 19 (Sun.):** PACRAT Race #3 - Skibowl  
**Feb. 19 - 25:** **Whistler/Blackcomb trip**  
**Feb. 25- Mar. 4:** **Powder Alliance trip** -  
Whitewater, + Schweitzer Mt.  
**Feb. 26 (Sun.):** NASTAR Open #2 - Skibowl

### MARCH

**March 4 (Sat):** Ski the Glade Trail Day  
**March 4 - 5:** **Master Mania Races** - Skibowl  
**Mar. 12-19:** **FWSA European ski week**  
**Mar. 17-19:** **Leavenworth trip**  
**Mar. 19(Sun.):** PACRAT Race #4 - Meadows  
**Mar. 21 - 26:** **FWSA Mini Ski Week** - Sun Peaks  
**Mar. 26(Sun.):** PACRAT Race #5 - Timberline

## From the Prez



**December 27, 2016 Mt. High Board Meeting:** Our monthly Board meeting was held Tuesday evening, Dec. at Round Table Pizza. The following is a synopsis of what was discussed:

Our only scheduled December activity, the **Christmas Ships Viewing**, had to be cancelled due to the bad weather. We'll plan on watching next year from our regular spot at Joe's Crabshack.

**Alan Bean**, our Race Director, says: **WE NEED MORE PACRAT RACERS!** Mountain High has 13 teams, but some of those have empty slots to fill. If you are interested in racing this season, please contact Alan ASAP and let him know. There are approximately EIGHT (8) spots remaining to be filled on various teams. Alan can be reached at: [abean@nwgeotech.com](mailto:abean@nwgeotech.com).

**Nancy Pratt**, Mt. High Treasurer has asked all who are sending in checks/payments for trips, racing, whatever, PLEASE, PLEASE send the check with a [Dough Transmittal Form](#) indicating what the money is for. It's very difficult and time-consuming for Nancy to try to match up a check that has nothing attached to it, and get it in the correct slot for what it was intended.

If it is a reimbursement that you are requesting, you MUST submit a [check request form](#), along with the receipt (found on our website). She has asked that any receipts be taped to the back of the Check Request.

**Emilio Trampuz** and **Kay Kinyon** will be working with the Forest Service on Mt. Hood to place directional safety signs west of Timberline, where skiers tend to get lost and often are doomed to spend a cold night in the forest. They will be working on marking two **safety boundaries** over the next several months and directing skiers back to the lifts (the yellow boundary) or back to Government Camp (the red boundary).

Our January **Mystery Trip** and the February **Powder Alliance Trip** are both full, but there are plenty of spots remaining on the **Leavenworth trip** in March. Contact **Linda McGavin** if interested: [mcgavinski@gmail.com](mailto:mcgavinski@gmail.com)

**Far West Ski Association** has a mini ski-week planned to **Sun Peaks** March 21-26, 2017. Lodging will be at Nancy Greene's Cahilty Hotel & Suites. Contact **Gloria Raminha**: [garski2011@gmail.com](mailto:garski2011@gmail.com) . See page 12.

We have some upcoming activities planned for January and February.

**January 28th**, we will be doing a **Bowling Night** either at Grand Central Bowl (808 SE Belmont), OR Crosley Bowl in Vancouver. Please stay tuned for further information. . Please RSVP me to sign up: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net).

On **February 18, 2017** we'll have our annual **Chocolate Party**. Thanks to Scott Kelly for offering his home for this occasion. Make a chocolate dessert if you wish to enter the contest, or just come and sample the offerings!

One FINAL call for all YOU wonderful cooks that we have in our club to get your fabulous recipes to me. I'd really like to begin working on the **Cook Book**.

*Debbi*





## Mid-week at Meadows

December 2016.

Some of our mid-week skiers who regularly ski at Mt. Hood Meadows sent us this photo taken in front of the ski patrol cabin.

This group often skis on Thursdays, or whenever there is good fresh snow.

It must have been a very cold day, judging by how tightly their faces are wrapped. The noses that poke out belong to: Mike Ferrell, Debbie Thomas, Kay Kinyon, and Mark Vibbard.

Contact them in the [Mid-week Forum](#).



## Weekend at Timberline

December 2016.

Here are some of our weekend skiers who ski mostly at Timberline and Skibowl enjoying fresh powder near the bottom of Molly's chair.

The photo was taken by Kurt Wilke. In the photo are: Emilio Trampuz, Marie McLean, and Lisa Miller.

Contact them in the [All-club Forum](#).

## Heli-skiing in the Monashees

December 2016.

Mike Barmache sent us this photo of him skiing with CMH in the Monashees. That's Canadian Mountain Holidays helicopter skiing.

Now that's deep and light powder!





**Mt. High A Road Trip to Small Gems in Eastern Oregon & Washington**

December 29, 2016 - January 1, 2017.

Kurt Wilke and Emilio Trampuz went on a road trip to eastern Oregon and Washington to visit some hidden gems in an effort to ski all of Oregon and all of Washington. A few others were interested in this trip but couldn't make it at this time of year. They might still do it later this winter. We visited the following 4 ski areas:



Spout Springs

1. **Spout Springs, Oregon.** This area is now closed (at least temporarily) due to unsafe conditions in the parking lot which has been overwhelmed with snowmobilers, making it unsafe for skiers. Still, Emilio decided to climb the ski hill and take at least one run. We had both skied here in previous years.

The photo shows the top of the longest of 2 chairlifts. After driving most of the day from Salem, Emilio managed to climb to the top of Spout Springs just before sunset on one of the shortest days of the year.

## 2. **Bluewood, Washington.**

Great powder day here. About 4 inches of fresh snow on top of some earlier powder. It seems it's always a powder day at Bluewood!

Kurt and Emilio took turns filming each other cutting up the powder.



Bluewood



Ferguson Ridge

3. **Ferguson Ridge, Oregon.** What a pleasant surprise. This place offers more terrain than expected. It has a full ski patrol, an expensive grooming snow-cat, a warming hut with food, a ski shop, great snow, wonderful sunshine, relaxed atmosphere, both groomed and powder runs and tree skiing, and all this for just a \$20 lift ticket. Best deal in Oregon.

We experienced both sunshine and good powder here. It's a place where 2 inches of snow feels like 6. We'd ski here more often. Pity it's so far away.

4. **Dixie Summit, Oregon.** Also known as the **Dixie Butte Rope Tow**. The smallest ski area in Oregon, with lift tickets just \$5 per day, or a \$35 season pass. The rope tow is an advanced tow, meaning it gets steep near the top.

OK, it's not really worth driving for hours just to ski here, but you can't say you've skied all of Oregon until you've skied here too!



Dixie

See a **video** summarizing the whole road trip and all 4 ski areas at: [https://youtu.be/\\_1um1M3o56w](https://youtu.be/_1um1M3o56w).

Also, see more **photos** on our **PHOTOS** web page at: [http://www.mthigh.org/Photos.htm#Hidden\\_Gems](http://www.mthigh.org/Photos.htm#Hidden_Gems)

## Mt. High

## Weekend skiing



We have had 3 pre-announced ski days at Timberline. And some have already skied at Skibowl too. Come ski with us. Just for fun.

We usually connect at 7:30 - 7:45 am at McDonald's in Sandy. We can carpool from there, or just meet.

If you miss us in Sandy, meet us at Timberline, around 8:45 - 9:00 am at the day lodge or just outside, near the ski-check, ready to go skiing. Or use a 2-way radio on channel 6-19.

More info on the **TRIPS** page --Weekend skiing.

Join our [All-club Forum](#) (which is actually a Google Group), where you can announce your plans, see what others are doing and communicate.

## Mt. High

## Bowling Night



**January 28, 2017 (Saturday)**  
starting at 7:00 pm.

Let's socialize. These events are usually well attended and a great opportunity to get to know other club members.

We will have the bowling alleys reserved for our club.

Location: **Allen's Crosley Lanes**

2400 E Evergreen Blvd.

Vancouver, WA. See [Google Map](#).

Please RSVP to: **Debbi Kor**, 503-314-7078; or: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net).

## Mt. High

## Mid-week skiing

Most of our Mid-week skiers ski at Mt. Hood Meadows. (though some ski at Timberline & Skibowl). The Meadows group tends to be advanced and fast skiers.

Some carpool up from the Safeway in Sandy at 7 am, but your best bet to find the group is when they are **at the tables in the cafeteria area** about 20 - 30 minutes before the lifts open (which is at 9 am).

It's best to arrange meeting others through the [Mid-week forum](#), a Google group accessible from our web site.

## Mt. High

## Chocolate Party



**February 18, (Saturday)**  
Starting at 7 pm.

Scott Kelley has offered his home in Vancouver at:

5513 NW Harney St.

Vancouver. See [map](#).

Bring a dessert for the contest, and bring a folding chair or two. We'll need extra chairs.

For info, contact: **Debbi Kor**, 503-314-7078; or: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net).

## Mt. High

## Ski Hosting Another Club

## Good karma!



**February 8, 2017 (Wednesday).** How would you like to be a ski host for a day? Or how about earning some good karma? Here's your chance!

Let's help the **Sanctuary Ski Club** from Chicago, IL. They will be visiting Oregon for 5 days, February 7 - 12. They could use our help on **Feb. 8**.

Their trip leader is our very own **Debbie Geiger**, who lived in Illinois for several years but is now back in Oregon. She wants to show her ski buddies what it's like to ski on Mt. Hood. They will ski Timberline, Meadows, and Skibowl. They'll be staying at the Best Western in Government Camp.

Let's go skiing with them on their first day in Oregon, at Timberline, **Wednesday, Feb. 8**, and maybe also at Meadows on Thursday, and Skibowl on Friday. Debbie would like us to show them our favorite spots.

Now, here's the good karma part. They are finding it difficult to find **transportation** from Govy to Timberline. So, if you are coming to ski with them, can you also stop in Govy to help transport them up?

Emilio is helping to organize the carpooling. Contact Emilio at [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net), 503-378-0171, or Debbie Geiger at: [Debinhp@gmail.com](mailto:Debinhp@gmail.com), 971-716-9949. So far, we have 3 volunteers. We need 7 or 8.





## Speed Racers Corner

Edited by Alan Bean  
Mountain High Racing Director  
503-849-8009 or [Racing@mthigh.org](mailto:Racing@mthigh.org)



### PACRAT News

#### Pacific NW Area Clubs Recreational Alpine Teams

All team captains should have picked up the racing bibs for their teams by now. Some teams have gathered already to decorate their bibs.

Other teams will gather for the first time at our first race on Sunday, January 22, at Skibowl and the team captains will distribute the race bibs to their team-mates on the morning of the first race.

#### Advice for our new, first-time racers

1. **We race in dual courses**, side by side. If you like, see if you can beat the person in the course next to you. It can be fun.
2. **If you are not comfortable racing next to the other racer**, no problem, let him or her go ahead. You don't have to push off when the announcer says GO. Each course has a separate timing mechanism. Your time doesn't start until your legs trip the starting gate. So, feel free to let the other racer go first, and then start when you feel comfortable.
3. **Inspect the course before the race starts**. There are usually no surprises, except maybe at the very last gate. Occasionally, the last gate tricks people into thinking that they need to turn around it and some racers then end up going through their opponent's finish line instead of their own. Note that the last gate often doesn't require any turning. Instead, simply proceed straight to your finish line.
4. **Don't worry if you fall**. Only one of your two runs will count for the final results.
5. **Don't worry if you miss a race**. Only your best 4 results (out of 5 races) will count anyway.

If you have any questions, please call our Racing director, Alan Bean, at: 503-849-8009, or e-mail [Racing@mthigh.org](mailto:Racing@mthigh.org).



### 2017 race dates

#### Jan. 8: NASTAR Open race #1 - Skibowl

Jan. 22: PACRAT Race 1 - Skibowl

Jan. 29: PACRAT Race 2 - Meadows

Feb. 19: PACRAT Race 3 - Skibowl

#### Feb. 26: NASTAR Open race #2 - Skibowl

#### Mar. 4-5: Masters Mania races - Skibowl

Mar. 19: PACRAT Race 4 - Meadows

Mar. 26: PACRAT Race 5 - Timberline

Apr. 2: PACRAT Makeup race - Timberline

Apr. 9: PACRAT Alt. Makeup / Fun race - Timberline

Apr. 14: PACRAT Rat Attack awards dinner

More info on the PACRATS web site: [www.pacrats.org](http://www.pacrats.org), or our RACING EVENTS page: [www.mthigh.org/Racing\\_Events.htm](http://www.mthigh.org/Racing_Events.htm)

### Last Season's Team Standings

#### Team name, points, participation, club

- 1 Schussing Shysters 240, 78% Mt. High
- 2 Ruttin' Rats 236, 92% Schnee Vogeli
- 3 The Ocho Plus 221, 80% Mt. High
- 4 Oui Ski 214, 86% Skiyente
- 5 Ragnar's Two 200, 82% Cascade
- 6 Mixed Nuts 190, 98% Mt. High
- 7 Awesome tAles 186, 80% Mt. High
- 8 Moose on the ? 182, 86% Mt. High
- 8 Ragnar's Rangers 182, 90% Cascade
- 10 Rattitudes 161, 92% Mt. High
- 11 Avalanche Express 160, 82% Mt. High
- 12 Tasmanian Ski Devils 151, 80% Bergfreunde
- 13 Racy Brats 150, 80% Skiyente
- 13 Chix & Dix 136, 54% Schneyente
- 15 Mt. Hoodlums 129, 74% Mt. High
- 16 Chilled Brewskis 104, 72% Mt. High
- 17 Vertigo Madness 66, 44% Mt. High
- 18 Frosted Flakes 56, 60% Mt. High
- 19 Force One 25, 47% PACRAT

## Skiyente &amp; Schnee Vogeli

## Mt. Hood Master Mania Races



March 4 - 5 (Sat. - Sun.) 2017

Two days of Masters' ski races at Mt. Hood Ski Bowl. Note that the word "Master" in this case simply means an adult, not a kid. You don't have to be a master racer! A mediocre racer will do just fine!

**Saturday: Turkey Slalom** – organized by the Schnee Vogeli club and open to all. Race on Bill's Gold run (formerly Dog Leg trail).

**Sunday: Memorial Cup Giant Slalom race** – organized by the Skiyenete club and open to all. Race on Reynolds Run, Skibowl West.

### SCHEDULE OF EVENTS:

**Friday Night:** Race Pre-Registration 7-9 pm at Huckleberry Inn

**Saturday:** Race Registration 7-9 am at Ski Bowl West ~ Outback Lodge. Race at 10 am.

**Saturday Night:** Gumbo Feed and Awards 6pm at Huckleberry Inn

**Sunday:** Race Registration 7-9 am at Ski Bowl West ~ Outback Lodge. Race at 10 am.

**Sunday PM:** Awards Ceremony ~ Outback Lodge. one hour after race.

### REGISTRATION INFO:

\$35 per day of racing for pre-registered racers.

\$40 per day of racing if registered after March 3.

(One time fee of \$15, if not a PNSA/USSA Member - No refunds if DNS.)

For more info please contact: [racedirector@skiyente.com](mailto:racedirector@skiyente.com)

**Lodging:** \$30 per night Masters' Pricing at Cascade Ski Club, reservations required! Call 503-272-9204.

### Mt. High New Facebook Page



Our earlier Facebook group called "Mt. High Snowsport Club" has run into some technical difficulties and has been replaced by a new Facebook page. All our fun and exciting new activities start here, on our new Facebook page, called: "Mountain High Club FB".

Our club's **Facebook** page is a good way for our members to communicate with each other, in addition to emails, our web site, Bulletin Board, and our two Forums.

Check out the Facebook page at: <https://www.facebook.com/groups/437012969755636/>

Join this Facebook group and post your thoughts and photos there!



### Ski area news

#### \$19 lift tickets at Hoodoo and 10% off at Three Creeks Brewing in Sisters

Now through March 23, lift tickets are only \$19 at Hoodoo on Thrifty Thursdays. You won't find a better midweek lift ticket deal anywhere in the Northwest! This Thursday's forecast includes sunny skies and 10+ inches fresh powder!

After skiing and riding at Hoodoo for only \$19, head to **Three Creeks Brewing Co.** in Sisters for Thursday Brewskis. You'll receive 10% off beer and appetizers from 4-7 p.m. Or just show your lift ticket or season pass and receive 10% off your bill anytime, any day!

#### Record snow amounts on Mt. Hood

At 118", Timberline's base depth is nearly 30% higher than the historical average of 85" for January. It has snowed 20" on Mt. Hood in the last 72 hours (as of January 11, 2017). On the Palmer snowfield, over 30 feet of snow have been measured.





## Northwest Ski Club Council Ski & Ride Challenge

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in British Columbia, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.



Also included:

**COLORADO**  
Breckenridge

**IDAHO**  
Bogus Basin  
Brundage Mt.  
Sun Valley

**MONTANA**  
Whitefish Mt.

**WYOMING**  
Grand Targhee  
Jackson Hole

**BRITISH COLUMBIA**  
Big White  
Silver Star  
Sun Peaks  
Whitewater  
Kicking Horse  
Fernie  
Kimberley  
Nakiska



Entry Form and Rules are posted on the NWSCC website at [www.nwski.org](http://www.nwski.org)



## 2016/2017 Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2016-2017 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Hawaii**, as well as our commercial member resorts in **British Columbia, Colorado, Idaho and Wyoming** - as shown on the flyer here.

**Save your lift tickets or receipts!** Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

### Hillcrest Sports 10% discount



Hillcrest Ski & Sports (our PACRAT bib sponsor) in Gresham, Oregon, will give NWSCC members a 10% discount by showing your card.

It's your Mt. High membership card, which also doubles as an NWSCC and FWSA membership card.

Hillcrest Sports is located on your way to and from Mt. Hood at: 2506 SE Burnside, Gresham, Oregon. 503-665-4455.

### The Taco Shoppe 20% discount



Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!



**Bergfreunde White Pass trip**

**February 11, 2017.** A day trip. Starting at 6 am from the Gateway Transit Center, 9900 NE Multnomah, Portland, OR 97220, and returning by about 7:30 pm.

Let's go somewhere different! Join us for a super day trip starting early with a comfortable bus ride to a terrific ski area. Breakfast of muffins, fruit, and coffee will be provided on the bus. The ski area has improved recently so give it a try! Great downhill, nordic and snowshoe opportunity. Their lodge is a great place to end the day. Take a look at their web site <http://skiwhitepass.com/>.

Cost = \$44, mainly for bus. Lift tickets not included.

Leader: **Heidi Munson**. Call her ASAP at 503-888-7031 or email [Heidijo2005@hotmail.com](mailto:Heidijo2005@hotmail.com). Can take checks or your CC info over the phone.

**Whistler/Blackcomb trip**

**February 19-25, 2017.** 6 nights lodging / 5 days, Breakfast lunch and dinner + lodging = \$350.

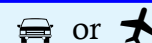
Cost= \$350 includes lodging, and daily breakfast, lunch and dinner. Everyone encouraged to cook a dinner and participate in cleanup.

**Lodging** at the Beautiful Alpine Lodge at Whistler. Look it up. Take the tour.

**Transportation:** Carpooling to Whistler. This is a trip to Canada. **A passport is required.**

**Skiing:** Buy your own Lift Tickets. Look online. To get the best prices, lift tickets should be purchased by Nov. 15. (Too late now.)

There will be a pre-trip meeting in January at Bill Leeper's home. Contact **Bill Leeper**: 503-639-2603.

**NWSCC****Salt Lake City, Utah trip**

**February 12 - 18, 2017** We will stay in Salt Lake City with free shuttles to all 4 nearby ski areas: Alta, Snowbird, Brighton, and Solitude.

This is kind of a do-it-yourself group trip, with unique flexibility. We have arranged for a special **\$106 per room/per night** rate (not per person) at the Crystal Inn in downtown Salt Lake City (breakfast included). You will

contact the hotel directly with our special code and book the room directly for the dates you want - providing them with your (and your roomie's) contact info, which they will forward to Bob Burns, Trip Captain.

The "official" trip is Sunday, February 12 to Saturday, February 18th, but the code is good for +/- 3 days from those dates. So, you can come in earlier, or later to hit the weekends. Stay for as little or as long as you want.

**Downhill:** The Ski City Super Pass is available for purchase at the hotel, from 3 to 10 days. It's good at Alta, Brighton, Snowbird or Solitude. The Pass covers transportation to and from the resorts on the UTA ski buses.

**Cross-Country:** The Solitude and Alta x-country areas are on the ski bus line. Fares vary from \$2.25 to \$4.50, depending on age. There are about 4 other areas, too. Special transportation from the hotel, or rental cars can be arranged, if needed.

**Transportation:** Chances are that most of us will fly in to Salt Lake and take the free hotel shuttle. If anyone decides to drive and needs a passenger, let Bob Burns know and he'll email blast it. Also, Bob will maintain a roommate wanted list. (Remember, the worst that happens is you have a single at \$106 per night.)

**Pre-trip meeting:** We'll have a pre-trip meeting in January to meet others on the trip, work out any problems and answer any questions you may have.

**The hotel - Crystal Inn**, 230 West 500 South, Salt Lake City, UT 84101. It is located in the center of dining and nightlife. It has an indoor pool and spa. To book your rooms at the Crystal Inn and Suites in downtown Salt Lake City, call 801-533-6221 and tell them you are with the NW Ski Club Council trip, Special Code: **NWS212**.

Rooms booked after January 12 are subject to availability.

**Contact:** Bob Burns, 503-524-5261, [bob@inkjetman.com](mailto:bob@inkjetman.com)

More ski trips info at: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).

## Mt. High and Ski Kats

## Mystery trip



**January 19 - 22, 2017. (Thursday - Sunday)**

3 nights / 3 days skiing. -- Our first 3-day mystery trip!

2 days at Mystery location 1. + 1 day at Mystery location 2.

We'll stay in the same hotel all 3 nights. The hotel has a hot tub and indoor swimming pool. It also has free Wi-Fi and free breakfast. This will be a unique trip, shrouded in mystery. Let us take you some place fun for 3 days and nights! Experience something new.

**Price:** 1. With downhill lift tickets for 3 days: **\$475** per person.  
2. With no lift tickets = **\$370**



Price includes all bus transportation, 3 nights lodging, and 3 lift tickets. Two lunches and one dinner are included. Depending on the number of people that sign up (the more the better), if we end up with any surplus, we will include another dinner.

See more details at: [http://www.mthigh.org/Trips.htm#Mystery\\_trip](http://www.mthigh.org/Trips.htm#Mystery_trip)

**To reserve your spot:** Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site and send in a deposit check of \$175 per person, preferably by November 15, 2016. Full payment due by December 15, 2016. No refunds after December 15. **Due to a cancellation, one spot is available for a female.** Contact trip leader: Emilio Trampuz, 503-378-0171, [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net)

## Mt. High, Ski Kats, &amp; Bergfreunde

## Powder Alliance trip



Schweitzer Mt.

**February 25 - March 4, 2017 -- Saturday - Saturday.**

We'll spend 3 days skiing at Whitewater (British Columbia), and then an additional 3 days at Schweitzer Mt., Idaho. Thanks to the [Powder Alliance](#) deal, anyone with a [Fusion Pass](#) (to Timberline/Skibowl) will ski for free on all 6 days.

**Whitewater, BC** is 15 minutes from the charming town of Nelson, where we will be staying. It gets an average annual snowfall of 40 feet. It has 2044 vertical feet, 1,200 acres, served by 3 lifts. There are also 15 km of groomed trails and 10 kilometers of snowshoe trails. **NOTE: Make sure your passport is valid at least 6 months beyond the date of the trip. If needed, renew it NOW.**

**Schweitzer Mt., Idaho.** offers 2,900 acres and 2,400 vertical feet, served by One high-speed six-pack; two high-speed quads; one triple chairlift; three double chairlifts; 1 T-Bar. It is famous for its powder skiing. This time we will stay in the nearby town of Sandpoint, at a Best Western hotel right next to Lake Pend Oreille.

**Prices:** 1. Adult full price = **\$1,133** 5. Adults with Fusion Pass = **\$765** <== recommended  
2. Senior full price (65 to 74) = **\$1,086** 6. Seniors with Fusion Pass = **\$765** <== recommended  
3. Super-Senior full price (75-79) = **\$949** 7. Base Price without any lift tickets = **\$765**  
4. Nordic full price (all ages) = **\$825** 8. Free skiing is only for those 80 and over.

Price includes all bus transportation, 7 nights lodging, and 6 lift tickets, 2 lunches and a dinner.

**As of the end of October, this trip is now full. Contact the trip leader to be added to wait list.**

**Full payment due by January 1, 2017.** No refunds after January 1 unless you can fill your spot. See our Mt. High Trip Cancellation Policy Use our [Dough Transmittal Form](#) each time you make a payment.

More trip details at: [http://www.mthigh.org/Trips.htm#Powder\\_Alliance\\_trip](http://www.mthigh.org/Trips.htm#Powder_Alliance_trip)

Contact trip leader: Karen Michels, [skiklynn@gmail.com](mailto:skiklynn@gmail.com), 503-984-9210



## Mt. High

## Leavenworth trip



Stevens Pass

**Mission Ridge + Stevens Pass****March 17-19, 2017 - 2 days/ 2 nights. THIS TRIP IS STILL OPEN**

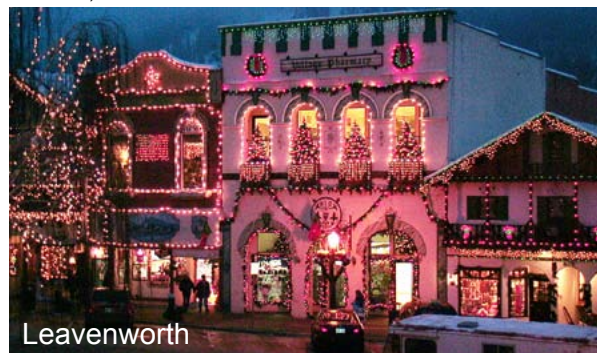
Maximum 48 people on the bus; but you can drive if bus is full, if you want to bring your family, or if you are coming from another city.

The bus trips are usually our club's best and most fun events. We'll leave Friday at 3 pm, and return Sunday night by 9:00 -9:30 pm. We'll visit:

1. **Mission Ridge**. 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain. Get a 15% dining discount by showing your group lift ticket.

2. **Stevens Pass**, lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

**Lodging:** The charming town of Leavenworth feels like it's always Christmas there! We have booked almost the entire Obertal Inn, right in the middle of Leavenworth. An "expanded continental breakfast" is included. The breakfast room and the menu have been expanded, now including an egg dish every day. Most rooms have 2 queen beds, though there are a few king rooms too. The Obertal has 3 stories with no elevator. In addition, we have booked three 2 bedroom/2-1/2 bath fully equipped townhomes directly across the street.



Leavenworth

The townhomes have one king master suite, one queen bedroom with bath in the hall, and a sleeper sofa downstairs with a half bath (that person has to shower upstairs). We can put 5 people in a townhome with one person on a sleeper at no additional pp cost (\$20 price reduction for the person sleeping on the sofa bed); for more privacy, if you want 4 in a townhome add \$30 pp for 4 people.

All people staying in townhomes have to agree to stay together; we will not assign people who don't know each other into that setting. There is an additional 3 bedroom/2 bath townhome a block away. Breakfasts will not be included for the people staying there.

**Two dinners included!** The club will provide a Bavarian Banquet Dinner at the Andreas Keller Restaurant in Leavenworth on Saturday night (drinks, appetizers, and alcoholic beverages on your own).

You will also get a buffet dinner at Old Country Buffet in Bellevue on the bus trip back home on Sunday night.

**Price:** (per pers.) includes: bus, 2 nights lodging, 2 dinners, depends on your age and if you have a Fusion Pass.

Standard Adult, with 2 lift tickets \$360

Standard Adult, with Fusion Pass (Stevens Pass free) \$323

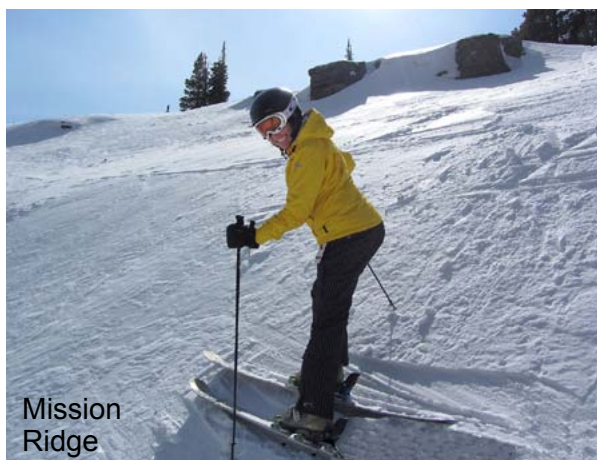
Super Senior, 70+, with 2 lift tickets \$310

Super Senior, 70+ with Fusion Pass (Stevens Pass free) \$295

Non-skier on the bus, including meals \$280

4 people in townhome instead of 5 (all 4 must agree) add \$30 pp.  
Contact Linda McGavin for special pricing if you want to drive.

**To reserve your spot:** Please send in a deposit check of \$150 per person. **Please sign up by January 31.** Full payment due by February 20, 2017. No refunds after February 20, unless you can fill your spot. See our Mt. High Trip Cancellation Policy.



Mission Ridge

Please use the [Dough Transmittal form](#) on the Forms & Docs page on our web site. Make check payable to Mountain High Snowsport Club, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208

Contact: trip leader **Linda McGavin** (trip leader) at 503-652-2840, [Trips@mthigh.org](mailto:Trips@mthigh.org)

More ski trips info at: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).

## MOUNTAIN HIGH

## FWSA Ski Week 2017

## SNOWSPORT CLUB

## FWSA Ski Week 2017 - Breckenridge ✈

**January 28 – February 4, 2017.** Breckenridge has five interconnected peaks, great variety of terrain.

Lodging at the ski-in Mountain Thunder Lodge.

**Lodging and Amenities Package** per person = **\$1025.**

This price does **not** include lift tickets or transportation. Included are: 7 nights lodging (double occupancy), Welcome Party, Pub Crawl, NWSCC Night Dinner, Mountain Picnic, Après Ski Party, Racing and Scavenger Hunt, Banquet with Dancing.

Discounted group lift tickets cost: 5 of 6 day adult \$375, 5 of 6 day senior (65 and over) \$332.

Your multiple day lift ticket is good at all Vail Resorts (Breck, Keystone, Vail, and Beaver Creek) and at A-Basin. See trip flyer. <http://www.mthigh.org/Trips/2017-FWSA-Ski-Week-Breckenridge-Flyer-01.pdf>

**NOTE: This trip might be full by now.** Contact **Rod Robinson** at [rdrobinson@aol.com](mailto:rdrobinson@aol.com) or 541-344-7170.

**To sign up:** Check to: **Northwest Ski Club Council.** Send it to: NWSCC, Breckenridge Trip, Rod Robinson, 5230 Overbrook Ln., Eugene, OR 97405

## FWSA Mini Ski Week 2017 - Sun Peaks ✈

**March 21 - 26, 2017.**

**Trip details** are posted at:

<http://www.fwsa.org/Travel/NAski/2017-FWSA-SunPeaks/2017-FWSA-SunPeaks.html>

**Price:** from **\$355 to \$585**

**Included:** 5 nights lodging at Nancy Greene's Cahilty Lodge, welcome and farewell parties, plus 3 or 4 lift tickets.

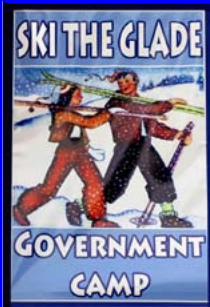
**Not included:** Air or transportation from airport.

**Contact:** **Gloria Raminha**, [garski2011@gmail.com](mailto:garski2011@gmail.com)  
Trip Leader, 12707 Windy Ridge Dr., Bakersfield, CA 93312. 661-800-8229 [C], 661-829-5996 [H/F]

or **Nancy Ellis**, VP North American Travel,  
P.O. Box 9681, Truckee, CA 96162  
530-414-8261 [C].

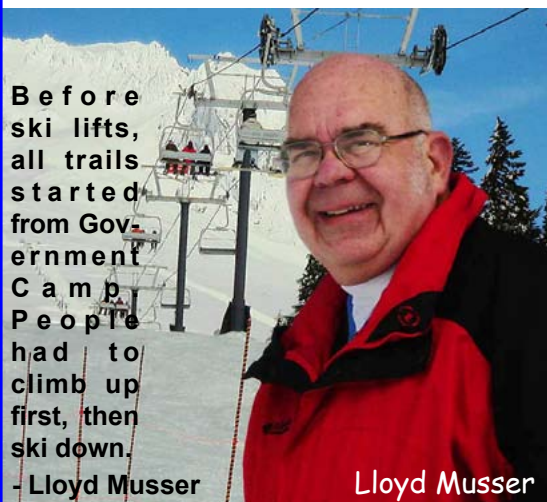


## Ski the Historic Glade Trail Day



**March 4, 2017 (Saturday)** Annually, on the first Saturday of March, by special permit from the Mt. Hood National Forest, the **Glade Trail** is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Après ski party and prizes are included in this unique fund-raiser for the Mt. Hood Museum.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of skiing the Glade Trail, when it was the biggest ski adventure on Mt. Hood."



Before ski lifts, all trails started from Government Camp. People had to climb up first, then ski down.  
- Lloyd Musser

Lloyd Musser

This is also a perfect opportunity to ski Sand Canyon, the Blossom trail, and the Alpine trail multiple times!

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Après ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$125.00 per person, or \$100 for members of Mt. Hood Cultural Center & Museum. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum in Government Camp, or by calling 503-272-3301. Visa is accepted.

See more useful info and maps in our **February 2011 issue of Lift Lines #122**, pages 6 - 10.

More ski trips info at: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).



**MOUNTAIN HIGH****Contacts / Club info****SNOWSPORT CLUB****Man & Woman of the Year nominations**

Each year, usually in March, our club honors a Man and Woman of the Year for their contribution to our club and to the sport in general. For a list of previous winners, see the Awards page on our web site.

**Please send in your nominations for 2017 to any member of our Board by the end of February.**

**Mountain High Meeting**

Usually last Monday.

**January 30 (Mon.):** Open to all who want to get involved with the club. Gather at **6 pm.** Start at **6:30 pm.**

**Location:** Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

**Mountain High snowsport club contacts:**

**President:** Debbi Kor H: 503-314-7078,  
**Vice-President:** Bill King H: 614-371-4762  
**Secretary:** Steve Royce H: 503-413-0493,  
**Treasurer:** Nancy Pratt H: 503-593-9427,  
**Past President:** Kurt Krueger H: 503-625-1492,  
**Membership Director:** Karen Michels H: 503-984-9210,  
**Racing Director:** Alan Bean H: 503-849-8009,  
**Newsletter Editor:** Emilio Trampuz H: 1-503-378-0171,  
**Social Activities:** Debbi Kor H: 503-314-7078,  
**Trips Director:** Linda McGavin H: 503-652-2840,  
**Golf:** Cal Eddy H: 503-805-8606,  
**Hiking:** Chris Brooks H: 503-764-5323,  
**Bike rides:** Jackie Bonillo H: 503-663-3359,  
**Mid-week skiing:** Ken Brundidge H: 503-720-0620,

[President@mthigh.org](mailto:President@mthigh.org)  
[willie2k@ymail.com](mailto:willie2k@ymail.com)  
[wsroyce49@frontier.com](mailto:wsroyce49@frontier.com)  
[Treasurer@mthigh.org](mailto:Treasurer@mthigh.org)  
[PastPresident@mthigh.org](mailto:PastPresident@mthigh.org)  
[skiklynn@gmail.com](mailto:skiklynn@gmail.com)  
[Racing@mthigh.org](mailto:Racing@mthigh.org)  
[newsletter@mthigh.org](mailto:newsletter@mthigh.org)  
[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)  
[Trips@mthigh.org](mailto:Trips@mthigh.org)  
[baebaw@ccgmail.net](mailto:baebaw@ccgmail.net)  
[jruffman@aol.com](mailto:jruffman@aol.com)  
[jbon1960@comcast.net](mailto:jbon1960@comcast.net)  
[KenBrundidge@comcast.net](mailto:KenBrundidge@comcast.net)

General info:  
[info@mthigh.org](mailto:info@mthigh.org)

Web site:  
[www.mthigh.org](http://www.mthigh.org)

**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): \_\_\_\_\_ Birthday (MM/DD) \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

**Email Preferences:** - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no  
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no  
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no  
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

☐ **Annual Membership** (Oct. 1, 2016 - Sept. 2017): Single (\$25); couple (\$40) \$ \_\_\_\_\_

☐ **PACRAT Racing (2017)** \$110 for the whole season. Team: \_\_\_\_\_ \$ \_\_\_\_\_

☐ **Mystery trip** (Jan. 19-22, 2017). Deposit = \$175. Total cost = \$475. \$ \_\_\_\_\_

☐ **Powder Alliance trip** (Feb. 25 - March 4, 2017) Deposit = \$250. \$ \_\_\_\_\_

Trip options: Age bracket ( \_\_\_\_\_ ). Will you have a Fusion Pass? [ Y / N ]

☐ **Leavenworth trip** (March 17-19, 2017). Deposit = \$150. Total = \$360 or \$323. \$ \_\_\_\_\_

☐ **Other:** \_\_\_\_\_ \$ \_\_\_\_\_

**Total:** \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Checkmark all desired options.

### Club membership = 245      Newsletter Distribution

The January 2017 issue is posted on our web site. Also:  
**277** copies sent via email (as PDF files)  
**16** paper printed copies sent via US Mail.  
 Copies are also sent to potential members, other clubs,  
 the National Ski Club Newsletter, etc.

### Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

### Seniors Skiing

Here's another good resource for skiers and riders. Check out: [SeniorsSkiing.com](http://SeniorsSkiing.com).

The title is "Seniors Skiing", but there is tons of information here of interest to people of all ages.

Here are some examples:

- \* [Jean Vuarnet, pioneer of the egg-shaped tuck](#)
- \* [Brush Up Your Skiing with Online Lessons?](#)
- \* [50 years of Skiing in Two Minutes \(video\)](#)
- \* [Electronic Gift Ideas to Stay Connected](#)
- \* [Where Seniors Can Ski For Free](#)

You can subscribe to weekly or monthly emails from Seniors Skiing by clicking on the Community tab and then selecting "Subscribe".

### Read More at Shred Hood

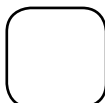


**Shred Hood**, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

- \* [Where to Go Sledding and Tubing on Mt. Hood](#)
- \* [Meadows Invests in Grooming, Rentals, Webcams](#)
- \* [How To Find Lost Ski with Metal Detector](#)
- \* [Got Your Sno-park Permit Yet?](#)
- \* [Win a Pair of Custom Skis from Deviation](#)
- \* [5 tips to avoid injuries](#)
- \* [Nine Local Ski Clubs](#)

This is just a very small sample of the wealth of information available on the Shred Hood site. Check it out.

Subscribe to it for free. Just enter your email address in the blue box at [ShredHood.org](http://ShredHood.org)



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[www.mthigh.org](http://www.mthigh.org)  
 for updates.