



Lift Lines

= No. 182, February 2016 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez - condensed from an email to the club

In addition to our multi-day trips, we have had several **Mountain High Ski Days** at Timberline, Skibowl, and at Mt. Hood Meadows, but would like to plan more. If you are interested in going skiing, and looking for someone to go with, check our **Forum** Page to see who is going where, when.

We will be holding our annual **Chocolate Party** on Saturday, February 13th at Harry & Lisa Scribner's home: 1915 NW 90th St. in Vancouver. The start time for the event will be 7:00 p.m. Bring your favorite chocolate dessert for judging, and libation to wash it down with. We'll have light hors d'oeuvres and an evening of fun with your Mt. High friends.

Our **Quarterly Meeting** will be held at Round Table Pizza, on SW Barbur and Taylors Ferry Rd, on Thursday, March 10th, beginning at 6:30 p.m.

Check out the Awards list on page 8. - **Debbi Kor**

Ski For a Cause

Ski for a good cause. Take your pick.

March 12-13: Hope on the Slopes at Mt. Hood Skibowl. Details at: www.hopeontheslopes.org

March 13-14: Oregon Cancer Ski Out at Mt. Hood Meadows. Details at: www.cancerskiout.org

April 9: Ski to Defeat ALS. Details at: www.skitodefeatal.org

Note the color code.
Our club is blue.

Let's ski together - this Saturday, Feb. 13



The forecast says: Some snow on Friday night, followed by a sunny Saturday. We can combine a day on the slopes at Skibowl with the Crab Feed at the Cascade Lodge and the Mt. High Chocolate Party later that evening, on Saturday, February 13. See page 5 for details.

Whenever you go skiing, please feel free to announce your intentions in our **Forum**. And join the Forum to be fully informed. Click on "Join this group" in the upper right corner. You'll be notified when people post messages.

2015/2016 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

FEBRUARY 2016

Feb. 6 (Sun): Mt. High Ski day - Meadows
Feb. 13 (Sat.): Mt. High Ski day - Skibowl
Feb. 13 (Sat.): Chocolate Party
Feb. 13 (Sat.): Cascade Lodge - Crab Feed
Feb. 17 (Wed.) NWSCC Social - Columbia Sports
Feb. 21 (Sun.): PACRAT Race 3 - Skibowl
Feb. 21-27: Montana trip Discovery, Lost Trail
Feb. 28 (Sun.): PACRAT Race 4 - Meadows
Feb. 27 (Sat.): History Happy Hour / Mt. Hood
Feb. 29 (Mon.): Mt. High Board meeting

March 2016

Mar. 5-6 (Sat-Sun): Masters Race - Skibowl
Mar. 5 (Sat.): Ski the Glade Trail day
Mar. 6 (Sat.): Mt. High Ski day - Timberline
Mar. 10 (Thur.): Quarterly Pizza Party
Mar. 13 (Sun.): NASTAR Open Race - Skibowl
Mar. 16 (Wed): NWSCC meeting
Mar. 18-20: Crystal Mt. trip
Mar. 20 (Sun): PACRAT Race 5 - Timberline

April 2016

Apr. 3 (Sun.): PACRAT Make-up race - Timberline. Only if a race gets canceled
Apr. 15 (Fri.): PACRAT Rat Attack dinner

Canada trip was wonderful!

January 24-30, 2016. A week-long trip to Canada was organized jointly by the Mountain High and Bergfreunde clubs. Word about this trip spread to other Northwest ski clubs and everyone who wanted to come was welcomed. Thus it happened that this trip was attended by members from 6 clubs, including Altair (a Eugene club), Mt. Hood Ski Kats club, Cascade ski club, and Cascade Prime Timers. One participant was also a member of the Schnee Vogeli club. That's a total of 7 ski clubs contributing to a total of 38 trip participants. It was such a success that we are determined to continue cooperating with other local ski clubs in organizing future winter trips.

The trip leaders were: **Karen Michels** and **Emilio Trampuz** (from Mt. High), and **Bob Burns** (from Bergfreunde). Karen did most of the work of planning and organizing the trip, the lodging, the bus, and lift tickets.



Just a small part of our group at Silver Star

We visited the 2nd and 3rd largest ski areas in British Columbia: **Sun Peaks** and **Silver Star**. It was a bus trip, but instead of chartering the bus for the whole week, we arranged for a Canadian bus company to pick us up in Portland and take us to Silver Star. Mid-week, another bus transferred us to Sun Peaks. At the end of the week, the same bus company transported us back to Portland.

The all inclusive maximum trip price was \$1095, and this included 6 nights of lodging, 5 days of lift tickets, all transportation, as well as 4 hot buffet breakfasts, 2 lunches, and a dinner.

People with a Fusion pass (a season pass to Timberline and Skibowl) paid only \$888, because they got 3 free days of skiing at Silver Star, thanks to the Powder Alliance deal.

We didn't need to have the bus with us all week because we had ski-in/ski-out accommodations in the on mountain villages at both resorts. Each village has its own charm and character. Silver Star looks like an old western town, with Victorian style houses and a feminine touch, because all the houses are painted in 5 shades of pastel colors. Sun Peaks felt more like a small European town, complete with a pedestrian street down the middle.

Our first day at **Silver Star** was perfectly sunny, but cold enough for the snow to be perfect for skiing. The friendly staff at Silver Star welcomed us with a short introduction at breakfast and then offered us guided tours of the mountain with their mountain hosts. Most of us are downhill skiers, but there were a few cross-country skiers among us, and they had plenty of trails to keep them busy.

We challenged our trip participants to try to ski all the 6 distinct regions within the resort (3 on the back side and 3 on the front side). One of these

6, called Alder Point, was optional because it is a hike-to area with a single challenging double-black ungroomed trail. Only 8 of us did it, and discovered that the skiing itself was not as hard as we thought it would be, but the biggest challenge was just getting to the top of Alder point, requiring a lot of uphill skating and poling along a Nordic trail that seem to relentlessly climb up.

See many more photos at www.mthigh.org/Photos.htm.



The 8 intrepid skiers at the top of Alder Point

Sun Peaks



Photo by Rich Horner

At **Sun Peaks**, our planned tour of the mountain was foiled on the first day by thick fog on top of Mt. Tod (one of the 3 peaks), so we were unable to make a complete circle of all three mountains. Fortunately, the other two, Sundance and Mt. Morrissey, were clear. Mt. Morrissey was everybody's favorite, because of trails such as The Sticks, I Dunno, and Mid-life Crisis, all of which have trees and tree islands in the middle of perfectly groomed trails. It's super-easy tree skiing! The trees make the runs interesting. All ski areas should have trails like that!

One of the challenges we proposed at Sun Peaks was to ski all 3 mountains, and also to find a trail named: "Ca m'a fait plaisir", which in French means: "This gives me pleasure." This trail and a few others, is not directly under

any of the lifts. You need to read the map carefully to find it. It starts from one of the two traverses between Sundance and Mt. Morrissey.

Many of our members signed up for a Fondue dinner at the top of the Sunburst chair, and then skied down in darkness, using head-lamps provided by Sun Peaks.

Because of the favorable rate of exchange between the US and Canadian dollars, and also the fact that more people had signed up for this trip than we had originally planned for when setting the trip price, we ended up with a surplus, which we used to pay for a farewell dinner on the last night at Sun Peaks. Needless to say, everyone was happy about that.

See people's opinions on the next page.

See more photos on our web site.



Sun Peaks

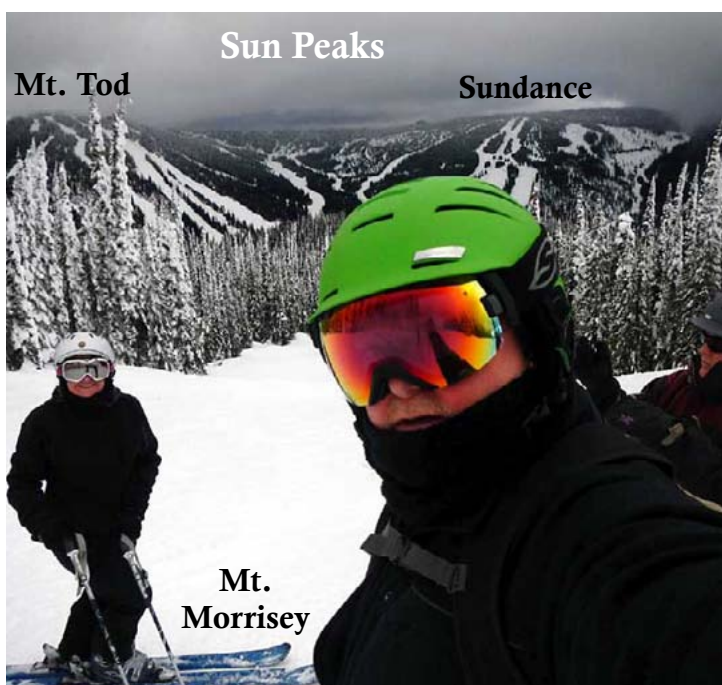
Photo by Mark Vibbard



Silver Star

Photo by Kurt Wilke

Jackie and Terry making friends with a buried snowman



Sun Peaks

Mt. Tod

Sundance

Mt. Morrissey

Photo by Rich Horner

Marie, Rich, and Karen on Mt. Morrissey

Canada trip Feedback

After the trip, lots of people expressed their trip impressions.
Even people who didn't know anyone else initially had a good time and made new friends.

The Canada trip was one of the best I had been on!!! Everyone was so open and nice to each other. I never felt lonely even though I signed up on my own! Made so many new friends as well! - Itsuko Day

What a wonderful experience; looking forward to doing this again with the Club! - Jon Waldum

Thanks for a fun week all, and a big thanks to Karen & Emilio. - Mark Vibbard

Thank you for the trip. It was one of the best yet. - Kay Kinyon

Best trip for me even though my knee was sore. Great company on the bus and to shop in stores. I commend Karen for all her hard work and Emilio for his tours on the slopes. - Lana Rulien

I was delighted to offer the Canada trip as a joint venture between our two clubs (Bergfreunde and Mountain High). We have had travelers from both clubs on the Tahoe trip for years. The fact that 4 more clubs got to go on Canada was awesome! Early advertising across clubs helped!

All of us want to keep our winter sports robust, and most clubs are losing skiers. Jointly offered trips make it possible to run more trips and make sure they succeed. It makes a good support system for leaders willing to step up and do the work. It was nice to see alpine, Nordic, and snow shoe enthusiasts get to go. I think the club leaders in NWSCC should meet and do early planning to offer more joint ventures among the council clubs. Linda McGavin and I have been brainstorming by email about these ideas.

Karen did a great job negotiating extra amenities with the favorable exchange rate and extra discounts with the larger group. The trip was a marvelous success. I think people really enjoyed meeting new folks too. - Cher Hinerman (President, Bergfreunde Club)

I had a wonderful time. Enjoyed the accommodations, enjoyed the bus ride and the entertainment. And most of all I enjoy the company of everyone in the club!

Silver Star staff were very welcoming, and one of the ski hosts personally walked through the village with me to point me in the right direction for the snow shoe trail. He really took the time to point out where to go and which trail would be best for my healing leg.

I loved both villages and hope to go back someday and actually ski the slopes there. Thank you for making these trips possible. - Nancy Erz

This was the best organized ski-trip I have been on, great food, accommodations, and bus transportation, and a great group to be with. Thank you Emilio, Karen, Bob and both of our hosts at Silver Star and Sun Peaks. Thank you for all the great time and hard work. - Kurt Mezger

The trip was great, great, great. I liked that I did not already have a roommate on the trip because I did indeed make a new friend with Cheryl. G. Very fun to ski with different people than I usually ski with!! I can't say enough good things about the value that I have gotten from our club trips! - Stevie Viaene



Silver Star

Panoramic view of Silver Star village, photographed and composed by Lisa Miller

Mt. High

Mt. High Ski days

February 7 (Sunday) - Mt. Hood Meadows

February 13 (Saturday) - Mt. Hood Skibowl.
Après ski: Crab feed & Chocolate party!

March 6 (Sunday) - Timberline
We'll ski down to Government Camp!

Simple, informal, meet-ups, for a fun day on the slopes. Everybody is welcome, but it's never a crowd. Many people seem to prefer to ski by themselves. The average so far has been just 3, 4, or 5 people, and we have had 6 such ski days in December and January.

Our tempo is adjusted to suit the group. Nobody is left behind. We ski as a group. If the group is large enough and people's skills and speed preferences are different enough, we'll split into two separate groups.

7:30 - 7:45 am. Meet at **McDonald's** in **Sandy** (left at 3rd traffic light in Sandy) You might find us either in the parking lot, or inside McDonald's, getting a cup of coffee. From there, we can either carpool or caravan (follow each other's cars) to the ski area.

Alternate ways to meet: (if you miss us in Sandy)

1. **On the mountain**, meet us around 9:00 am just outside the day lodge, ready ski.
2. **On a 2-way radio**, find us on **Channel 6-19**. Just ask for "Mountain High" people!

For more info, see our [All-Club Forum](#), or our [Week-end skiing](#) on the TRIPS page, or contact [Emilio](#).



Mt. High

Chocolate Party

DATE: **Saturday, February 13.**

TIME: **7:00 pm**

PLACE: **Lisa & Harry Scribner**
1915 NW 90th St.
Vancouver WA 98665
Phone: 360-576-8178



WHAT: Our annual sweet party. Come to sample the goodies, or enter the contest yourself by bringing your own chocolate dessert. Four prizes will be awarded for:

- a) The **most chocolaty (or decadent)** dessert.
- b) The **most creative (best looking)** dessert.
- c) The **lightest (healthiest)** dessert.

After the three un-corruptible and un-briable judges pronounce the winner, everyone will be able to taste ALL the desserts, or as many as you can handle!

CONTACT: Please **RSVP** to **Lisa Scribner:** 360-576-8178 or LScribner98@yahoo.com



Cascade Lodge Crab Feed

Feb. 13, 2016. (Saturday) Start: 4 pm, Dinner: 5 pm.

The Cascade Ski Club and Lodge in Government Camp is holding its annual Crab Feed, and all the local ski clubs are invited. Come up for a great Crab Feed, listen to some Live Music in front of the Great Room's Grand Fireplace and have a wonderful time.

Cost: \$35.00 per adult, \$20.00 for kids 12 & under.

Menu: All you can eat! Oregon Dungeness Crab, Fresh Salmon, Salads, Cracked Wheat Dinner Rolls & Butter, Dessert and more! Complimentary Wine(s)/Beer(s). Live Music!

NWSCC Social Evening @ Columbia Sports

Feb. 17 (Wednesday), 6:00 - 8:00 pm.

Location: Columbia Sportswear flagship store, 911 SW Broadway, Portland OR.

Shopping discounts, Columbia and Mountain Hardware raffles, door prizes, food and beverages provided! Please RSVP to NWSCC President **Sylvia Kearns** at president@nwsiers.org or 360-931-6373. By RSVP-in, you will receive an extra raffle ticket.

Store is open to the public 6-7 pm; then it's all ours! At 7:00 pm there will be a fun presentation by Columbia about their products!

MOUNTAIN HIGH

Upcoming Events

SNOWSPORT CLUB

History Happy Hour

DATE: Feb. 27 (Saturday)**TIME:** 7:00 pm**PLACE:** Mt. Hood Museum

Government Camp

503-272-3301

Who is this gentleman and what is he doing? Learn the back story to this and many other photographs from the museum collection. Curator **Lloyd Musser** will share "Historical Photos of Mount Hood and Trivia". The audience will determine exactly what's going on in the photos. There will be prizes for participation.

Social History Happy Hour events take place the last Saturday of the month at the museum. Topics range from Mount Hood photography to ski fashion to volcanic activity on the mountain. Each session will feature local beers and wine for purchase. There is a \$5 admission.



Mt. High Quarterly Social / Pizza

March 10 (Thursday).**6:30 - 9:00 pm****Round Table Pizza**

10070 SW Barbur Blvd.

(near Capitol Hwy.)



WHAT: Our quarterly social gathering. We'll gather for some pizza. We'll have a selection of pizzas. The food is on the club! Just buy your own drink.

Good food and pleasant company. How much better can life get! As usual, we'll probably have some door prizes, some announcements, some questions.

The Round Table Pizza is not very visible from the street. It is between a McDonald's, a hotel, and a Japanese restaurant.

See our web site for directions and a map.

CONTACT: Debbi Kor, 503-314-7078, ijustwannarun1@comcast.net

Ski the Historic Glade Trail Day



March 5, 2016 (Saturday) Annually, on the first Saturday of March, by special permit from the Mt. Hood National Forest, the **Glade Trail** is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Après ski party and prizes are included in this unique fund-raiser for the Mt. Hood Museum.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of skiing the

Glade Trail, when it was the biggest ski adventure on Mt. Hood."

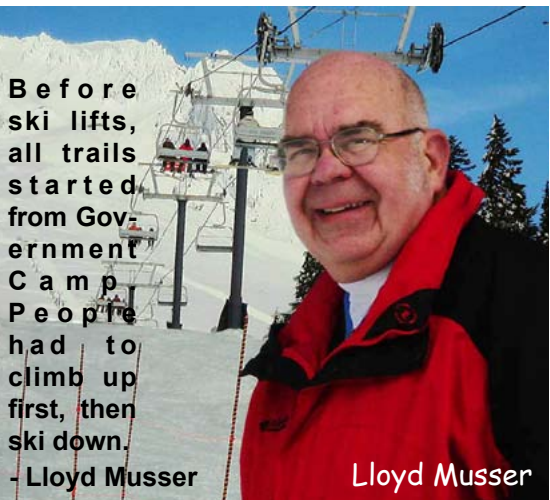
This is also a perfect opportunity to ski Sand Canyon, the Blossom trail, and the Alpine trail multiple times!

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Après ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$125.00 per person, or \$100 for members of Mt. Hood Cultural Center & Museum. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum in Government Camp, or by calling 503-272-3301. Visa is accepted.



Before ski lifts, all trails started from Government Camp. People had to climb up first, then ski down.

- Lloyd Musser

Lloyd Musser

See more useful info and maps in our [February 2011 issue of Lift Lines #122](#), pages 6 - 10.



Speed Racers Corner

Edited by Alan Bean
Mountain High Racing Director
503-849-8009 or Racing@mthigh.org



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Alan Bean
Mt. High Racing Director

Well it has been a dramatic start for the Mt. High Racing Clan with the rookie team The Ocho Plus fortuitously landing atop the classes the first race and improving greatly the second race to take over the #1 overall position in the PacRat circuit.

Mt. High has six teams currently in the top 10 and looks to be off to a great start. Many of the veterans know the standings can flip and often surprises await at the awards banquet as those that get in five races get to drop their worst race with only 4 races counting in the end.

Keep an eye on that last race date as it falls on the Sunday that kicks off Oregon's spring break so some planning may be in order. This year all racers should be getting the race info direct from PACRAT, so if you have not been getting the info make sure and let your captain know as that means you're not on the PACRAT racer e-mail list.

Mt. High Team Standings After Two Races

1. The Ocho Plus
2. Awesome tAles
3. Schussing Shysters
4. Moose on the Loose
5. Mt Hoodlums
6. Mixed Nuts
7. Avalanche Express
8. Rattitudes
9. Chilled Brewskis
10. Vertigo Madness
11. Frosted Flakes

Call to Arms:

Town Challenge at Meadows

Mt Hood Meadows is once again sponsoring a 3-race league called the **Town Challenge** with two races on Friday nights in March (11th & 18th) and the third on the last Saturday of March (26th).

Our goal is to form a team or three, skiing under the Mt. High moniker, so if you're interested in participating send an e-mail to racing@mthigh.org with contact information and we will form up and ride to victory (6 person co-ed teams, boarders or skiers).

This is one of the rare opportunities to practice running a course even if you don't want to be on a team as both individual or teams can enter.

The course is almost identical to PACRAT course sets, sometimes slightly longer but almost always on Stadium.

The first two runs on the course count and the rest are just for fun. Run the course as many times as your legs will allow, and almost never a wait at the top due to the light turnouts.

Also in March check out the **NASTAR open** at Skibowl and **Cancer Ski Out** festivities which also include a team race.

2016 race dates

Jan. 3 (Sun): NASTAR Open race - Skibowl
Jan. 10 (Sun): PACRAT race 1 - Skibowl
Jan. 24 (Sun): PACRAT race 2 - Meadows
Feb. 21 (Sun): PACRAT race 3 - Skibowl
Feb. 28 (Sun): PACRAT race 4 - Meadows
Mar. 5-6 (Sat-Sun): Masters races - Skibowl
Mar. 11 (Fri.): Town Challenge race 1 - Meadows
Mar. 13 (Sun): NASTAR Open race - Skibowl
Mar. 18 (Fri.): Town Challenge race 2 - Meadows
Mar. 20 (Sun): PACRAT race 5 - Timberline
Mar. 26 (Sat.): Town Challenge race 3 - Meadows
Apr. 3 (Sun): PACRAT Make-up race (only if needed)
Apr. 15 (Fri.): Rat Attack awards dinner party

Helmets

Helmets are strongly encouraged, but there is no longer a helmet rule for PACRAT racing.

NASTAR Open Race

March 13 (Sunday) - Skibowl. This race is open to all, not just PACRAT racers. Try it, see how it feels. It costs \$10 for 2 runs, or \$20 for unlimited runs.

Each year in June, at the **Far West Ski Association's** annual convention, held in a different city each year, several individuals and ski clubs and Councils are awarded prizes of recognition. Here are just some of them. **You too can win.** Make an effort to do something positive and valuable for your club and/or for snow sports, and then either apply directly or let someone nominate you.

The FWSA deadline for nominations is March 20, but it is better to apply earlier than that. For more info on the FWSA awards, check out the FWSA web site, www.fwsa.org, or contact Debbi Kor at: 503-314-7078, ijustwannarun1@comcast.net

Man & Woman of the Year

This is a series of recognitions on different levels.

First, each club recognizes their own man and woman of the year. Our two winner from the past year are posted on page 13.

The two people from each club then proceed to the next level (the Northwest region). The NW Ski Club Council selects just one pair (not necessarily from the same club) among all the local club nominees. Those two people then represent the NWSA at the Far West Convention.

At the Far West Convention, one final pair is selected among all the Ski Club Councils in the west.

The grand prize is a trip for two to **Big White**, Canada.

To see who within our club has won in past years, see our AWARDS page on the web site: www.mthigh.org/Awards.htm.

It is now again time to nominate a man and a woman of the year.

Please send in your nominations by February 29, 2016, to any member of our club's Board of Directors. See the list on page 13 and/or on our "Contact Us" web page: www.mthigh.org/Contacts.htm

Simply let us know who you would like to nominate and why. If you put it in writing (an email), so much the better, because then all our Board members can read it.

Safety Person of the Year

This annual award honors the person who has done the most to promote safety consciousness within the association. This can be done through a variety of methods including safety articles, on mountain activities, presentations, public speaking, working ski patrol, creating posters or banners, and many other activities.

The winner receives a 5-day ski/board package to **Telluride** for two that includes: 5 nights lodging at Mountain Lodge Telluride, 4 day lift ticket, and 4 days of rentals. Our latest winner was **Gordon Lusk**.

Resume & Entry Form must be sent to chairman by the March 20 deadline. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-safety.html>

Western Ski Heritage Award

The aim of the award is to raise the awareness of the contributions made by individuals or groups to all aspects of snowsports – competitive as well as recreational. Also to convey the positive role snowsports has had in its contributions to the communities in the West. It recognizes outstanding effort in the area of snowsports history to find, preserve, document and share the history of snowsports in the West.

The winner receives a 5-day ski/board package to **Steamboat** for two: 5 nights lodging, 5 days skiing, 5 day rentals, a lesson, a tour, and lunch. Our latest winner was **Emilio Trampuz**.

Submit entry by March 20th. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-wsh.html>

Environmental Award

This award is designed to encourage good stewardship of our environment, to inspire and reward creative efforts to conserve and protect our environment. This award should recognize actions that made a difference. For example: Volunteering at the community level, particularly in some leadership role; Organizing environmentally oriented events for the club or council; Writing a series of columns regarding environmental conservation, education or protection in your club newsletter.

The winner receives a 5-day ski/board package to **Aspen/Snowmass** for two: 5 nights lodging split between Aspen & Snowmass, 5 day lift ticket, and 5 days of rentals, a day group lesson. This is a new award.

Submit entry by March 20th. See: <http://www.fwsa.org/Awards/awards-recognition/recognition-awards-environment.html>



Discovery Mt.

Montana trip

Discovery Mt. / Lost Trail

February 21 - 27, 2016.
(5 ski days / 6 nights)

Something unique! Kurt Krueger and Emilio Trampuz did some scouting in February 2015 and discovered a couple of hidden gems in southwest Montana. We want to take you there.



Lost Trail Powder Mt.

Discovery ski area. This was quite a find! Last winter was a bad snow year in the West, but the day we arrived we got 4 inches of wonderful fresh powder here on top of a very good base. You want challenge? You'll find it here. Over a dozen double-black never groomed named runs in the back bowls! This is like skiing in the Chugach mountains, but without the need for a helicopter! Even the blue cruisers seem very long, with a consistent pitch.

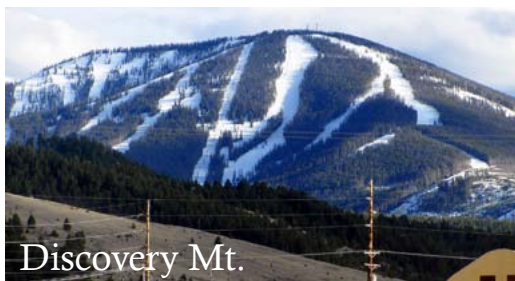
Discovery offers 2,400 vertical feet, 2,200 acres, served by 5 triples and 2 double chairs. Beginners and lower intermediates have their own hill. The best feature is: no crowds!

Lost Trail Powder Mountain. A great place, lots of powder, and no crowds. This place is open only Thursdays thru Sundays. Any snow that falls in the first half of the week will be untouched on Thursday. We will time our trip to arrive there on Thursday!

Lost Trail is located on the border between Montana and Idaho, and you can ski both sides. Yes, just like Look-out Pass, only bigger! It offers 1,800 vertical feet, served by 5 double chairlifts. The Montana side has several double-black runs. Best feature: No crowds, and an enormous field of perfectly spaced thin trees, where you can leave an unlimited number of fresh tracks while doing slalom laps through the trees.

Both Discovery Mt. and Lost Trail were featured in the 2014 Warren Miller ski film: "No Turning Back".

This will be a bus trip. We'll pick up in Portland and Troutdale. 2 days/2 nights in Philipsburg (Discovery ski area), and 2 days/3 nights in Hamilton (near the Lost Trail ski area). Bonus: we'll also hit the Montana Snow-bowl, near Missoula, one day. This will be a very unique trip. Experience the pristine side of Montana!



Discovery Mt.

Price = \$825 per person.

Montana ski areas don't offer a senior discount. But we got a good deal on group tickets.

Price includes all bus transportation, lodging, and lift tickets. Two lunches (on the way up and on the return trip) are included. Also, a dinner in Philipsburg. Depending on the number of people that sign up (the more the better), if we end up with any surplus, we will include another dinner.

Space is limited to 32 people. We cannot include more because of lodging limitations. Also, this trip is open to members of other NWSOC clubs as well. **Due to a recent cancellation, there is ONE open spot on this trip.**

Contact the trip leader, Emilio, ASAP if you want that spot. Then send payment in full to the club.

Full payment due by January 15, 2016. No refunds after January 15, unless you can fill your spot. See our Trip Cancellation Policy.

Please use the **Dough Transmittal form** on the **Forms & Docs** page on our web site, or on the next to last page in our newsletter. Make check payable to **Mountain High Snowsport Club**, and mail it to: Mountain High, PO Box 2182, Portland, OR 97208.

Trip leader: Emilio Trampuz, Emilio2000@earthlink.net, 503-378-0171.

More ski trips info at: www.mthigh.org/Trips.htm.

Perfect trees
at Lost Trail

Mt. High

Crystal Mountain, WA



March 18-20, 2016 A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8:30 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America. **This trip still has plenty of spots open, but there has been a lot of interest lately.**



There is one 8-passenger gondola (included in all tickets as of this year), 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles., serving 2,300 acres of lift served terrain, plus 500 acres of backcountry.

NEWS: Two lifts have been replaced by new ones :

1. **The High Campbell Chairlift**, for experts only, which was destroyed in an avalanche this past season, was replaced by a new fixed grip double chairlift made by SkyTrac, the only American ski lift manufacturer.
2. **The Quicksilver fixed-grip double chairlift**, serving intermediate terrain, was replaced by a fixed-grip quad lift.

Lodging: We'll stay in the town of Enumclaw, 45 minutes from the mountain. Most of us will be in queen beds, but the first 3 couples who sign up and request it will get a king bed. There is no breakfast in the hotel, but there's Charlie's Cafe, a breakfast place right across the parking lot that opens at 5 am.

Price = \$250. This includes all bus transportation, 2 nights' lodging, one dinner, and one lift ticket.

The reason for only one lift ticket is that on Sunday, March 20, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for this season).

Use the [Dough Transmittal form](#) on the page before last (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 15, 2015. No refunds after February 15 unless you can fill your spot. Contact trip leader **Linda McGavin** at (503) 652-2840 or e-mail Trips@mthigh.org.



Linda McGavin
at Crystal Mt.

FWSA Far West Ski Assoc. Trips

Click on underlined blue links or go to www.FWSA.org.

FWSA Mini Ski week: Crested Butte, CO.

March 21-26, 2016 (5 nights / 3 or 4 days of skiing). Price TBA.

Included: 5 nights lodging. Contact: Nancy Ellis, VP North American Travel, P.O. Box 9681, Truckee, CA 96162. 530-414-8261 [C]

**FWSA European Ski Week: Cortina, Italy.**

March 5-12, 2016. Price for land package: TBA pp. Includes: 7 nights lodging, daily breakfast, welcome and farewell parties, 5 nights dinner (2 nights free to explore local restaurants). Air and lift tickets not included.

Optional post-trip to Florence and Rome.

Make checks out to: Far West Ski Association (FWSA) for "FWSA 2015 Int'l Trip". Send to: Debbie Stewart, FWSA VP of Int'l Travel, 430 S. Church St., Visalia, CA 93277. FwsaIntlTrvl@prodigy.net

In Memory Of

Stein Ericksen

Dec. 11, 1927 - Dec. 27, 2015



Stein Ericksen died in his home in Park City, Utah, on December 27, 2015, at the age of 88.

Born in Oslo, Norway, he won a gold medal in giant slalom and a silver in slalom at the 1952

Winter Olympics in Oslo. Later, he won three gold medals at the 1954 World Championship in Are, Sweden.

He moved to the United States shortly after the 1952 Olympics and lived and worked at Sun Valley (ID), Boyne Mountain (MI), Sugarbush (VT), Heavenly (CA), Aspen/Snowmass (CO), and Park City and Deer Valley (UT).

He was famous for his reverse shoulder technique, which everyone wanted to emulate. People wanted to ski like Stein.

He also performed aerial acrobatics and is especially famous for his "Swan dive" flip which he performed at least once a week in front of a crowd of spectators.



Bill Johnson

March 30, 1960 – January 21, 2016



Bill Johnson died in Oregon on January 21, 2016, after a long illness, at the age of 55.

Born in Los Angeles, CA, he moved with his family to Boise, ID,

where he learned to ski at Bogus Basin. In 1969, the family moved to Brightwood, OR. Bill attended Sandy High school, and later the Mission Ridge ski academy.

In 1984, at the age of 23, he won Olympic gold in downhill in Sarajevo (Bosnia).

At age 40, he attempted a comeback. While training for the 2002 Salt Lake City Olympics, he crashed on a training run in March 2001 at Whitefish Mt. (MT). He was in a coma for 3 weeks, and suffered permanent brain damage. Later, he suffered a series of strokes that left him unable to move one side of his body.

In the last years of his life, he needed constant care. He died at a care facility in Gresham, OR.



Sarajevo, 1984



Northwest Ski Club Council Ski & Ride Challenge

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in British Columbia, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.



Also included:

COLORADO
Aspen/Snowmass

IDAHO
Brundage Mt.
Schweitzer Mt.
Sun Valley

MONTANA
Whitefish Mt.

WYOMING
Grand Targhee
Jackson Hole

BRITISH COLUMBIA
Big White
Sun Peaks
Whitewater
Kicking Horse
Fernie
Kimberley
Nakiska



Entry Form and Rules are posted on the NWSCC website at www.nwski.org

Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2015-2016 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Hawaii**, as well as our commercial member resorts in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

Save your lift tickets or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

Hillcrest Sports 10% discount



Hillcrest Ski & Sports (our PACRAT bib sponsor) in Gresham, Oregon, will give NWSCC members a 10% discount by showing your card.

It's your Mt. High membership card, which also doubles as an NWSCC and FWSA membership card.

Hillcrest Sports is located on your way to and from Mt. Hood at: 2506 SE Burnside, Gresham, Oregon. 503-665-4455.

The Taco Shoppe 20% discount



Kevin Bastin, the owner of the Taco Shoppe in Government Camp and also a Mountain High member, has offered us an even better deal than in the past. Instead of just an offer on the burritos, our members can now get a **20% discount off of any item on the menu!** Thanks Kevin!

So, stop at **The Taco Shoppe** in Govy, right next to the Mt. Hood Museum, and get ready to experience something delicious. And say thanks to Kevin!

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Man & Woman of the Year nominations**

Each year, usually in March, our club honors a Man and Woman of the Year for their contribution to our club and to the sport in general. For a list of previous winners, see the Awards page on our web site.

Please send in your nominations for 2016 to any member of our Board by the end of February.

Mountain High Meeting

Usually last Monday.

Feb. 29 (Mon.): Open to all who want to get involved with the club. Gather at 6 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President:	Debbi Kor	H: 503-314-7078,	President@mthigh.org
Vice-President:	Terry White	H: 503-781-4558	TWhite223@msn.com
Secretary:	Steve Royce	H: 503-413-0493,	wsroyce49@frontier.com
Treasurer:	Nancy Pratt	H: 503-593-9427,	Treasurer@mthigh.org
Past President:	Kurt Krueger	H: 503-625-1492,	President@mthigh.org
Membership Director:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Racing Director:	Alan Bean	H: 503-849-8009,	Racing@mthigh.org
Newsletter Editor:	Emilio Trampuz	H: 1-503-378-0171,	newsletter@mthigh.org
Social Activities:	Debbi Kor	H: 503-314-7078,	ijustwannarun1@comcast.net
Golf:	Cal Eddy	H: 503-805-8606,	baebaw@ccgmail.net
Hiking:	Chris Brooks	H: 503-764-5323,	jruffman@aol.com
Bike rides:	Jackie Bonillo	H: 503-663-3359,	jbon1960@comcast.net
Bike rides:	Karen Michels	H: 503-984-9210,	skiklynn@gmail.com
Biking / Hiking:	Chas Westergren	H: 971-506-7699,	Chashisk@Yahoo.com
Mid-week skiing:	Ken Brundidge	H: 503-720-0620,	KenBrundidge@comcast.net
Trip Director:	Linda McGavin	H: 503-652-2840,	Trips@mthigh.org
Trip Leader:	Sandra Smith	H: 503-646-4591,	sandra@pacifier.com

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): _____ Birthday (MM/DD) _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

<input type="checkbox"/> Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> PACRAT Racing (2015) \$99 for the whole season . Team: _____	\$ _____	_____
<input type="checkbox"/> Canada trip (Jan 24-30). Adult=\$1095, w/Fusion=\$888. Senior=\$1033, w/Fusion=\$849. Dep.=\$250	\$ _____	_____
<input type="checkbox"/> Montana trip (Feb 21-27). Total=\$825. Dep.=\$250 (Please circle your choice above)	\$ _____	_____
<input type="checkbox"/> Crystal Mt. trip (March 18-20). Total=\$250. Dep.=\$100	\$ _____	_____
<input type="checkbox"/> Other: _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 245 Newsletter Distribution

The February issue is posted on our web site. Also:
277 copies sent via email (as PDF files)
18 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs, the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

NW Snowsports Guide



The NW Snowsports Guide, edited by Linda McGavin, is available online. You can flip pages by clicking in the lower right corner, or swiping if you have a touch sensitive screen. You can also zoom in and out by clicking on the page. See it at: <http://www.nwskiers.org/SkiersDirectory/Skiers-Directory/#/1/>

Also find free printed copies of this 60 page booklet at local ski shops.

See the El Niño article on page 28, and Sue Rimkeit's safety article on page 54.

Shred Hood



Shred Hood, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

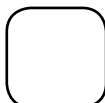
- * [Cliff Droppers Don't Want to Land On You](#)
- * [8 Sources for Mt. Hood Conditions](#)
- * [Climber Lost & Found on Mt. Hood south side](#)
- * [Return of Ski the Glade Trail Day on Mt. Hood](#)

This is just a very small sample of the wealth of information available on the Shred Hood site. Subscribe for free. Just enter your email address in the blue box on the right side of the page at ShredHood.org

Sno-Park Permit



Remember to buy a sno-park permit. You can get it at the DMV and at local ski stores.



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.