



# Lift Lines

= No. 173-174, May-June 2015 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## Big and Uncrowded

We tend to assume that a ski area must be small if it isn't well known. But, that is not always true. Some ski areas are quite big even if they are not well known. They are just less crowded.

The **Discovery ski area** in Montana, where we are going next winter, is a great example. With 2,388' vertical and 2,200 acres, the Discovery ski area is larger in acreage than Mt. Hood Meadows, Telluride, Sun Valley, Crested Butte, and about twice as big as Taos or Mt. Baker. Also, it has 400' more vertical than Whitefish Mt. Resort, MT.



*Kurt and Emilio cutting fresh tracks at Discovery, Montana, with nobody else in sight!*

**Lost Trail ski area** (our other Montana destination) at 1,800' vertical and 1,800 acres is larger than Crested Butte, Brundage Mt., or Taos. And it has about the same vertical as Alpine Meadows, CA.

We are going there in the last week of February 2016. See page 9. Put it on your calendar!

### Mt. Tabor Hike



**May 13, 2015. (Wednesday) - 10 am.**

This is a pleasant 5 mile hike through Mt. Tabor Park and neighborhoods. We'll start on the corner of 60th & Stark at 10:00 am.

The route circles Mount Tabor through a shady Douglas fir forest. Short sections of paved road and paved pedestrian path. City and mountain views.

It may take about four hours to do about five miles. We will do trails, stairs, and city streets. Bring water, lunch and a good pair of shoes. When done there is a place for food where we start.

**Contact:** Chas Westergren, [Chashisk@Yahoo.com](mailto:Chashisk@Yahoo.com) or 971-506-7699.

### Mt. High Highway Cleanup



**May 16, 2015. (Saturday) - 10 am.**

We'll clean up our two adopted miles of highway 26, just west of Government Camp. Just 2 hours. Free lunch. See more info on page 2.

Note the color code.  
Our club is blue.

### 2015 CALENDAR

**Blue:** Mountain High events  
**Red:** NWSCC / FWSA / Multi-club  
**Black:** General events

#### MAY

**May 13 (Wed.): Mt. Tabor Hike**  
**May 16 (Sat.): Highway Cleanup**  
**May 16 (Sat.): Reach the Beach**  
**May 20 (Wed.): Quarterly Social, party, and elections.**  
**May 26 (Tue.): Mt. High Board meeting**

#### JUNE

**June 15 (Mon.): Trolley bike ride (p. 3)**  
**June 4-7: FWSA Convention -San Diego**  
**June 17 (Wed.) NWSCC meeting**  
**June 20: (Sat.): Bike to the Dike (p. 5)**  
**June 27 (Sat.): Portland Naked Bike Ride**  
**June 29 (Mon.): Mt. High Board meeting**

#### AUGUST

**Aug. 22 (Sat.): Mt. High Picnic**  
**Aug. 27-30: Rafting on the Deschutes**

## From the Prez



Winter is over. It's time to turn to summer events, such as hiking, biking, rafting and more.

We will also be doing a **highway clean-up** on Saturday, May 16.

Then it's off to the **Far West Convention** in San Diego, June 4 - 7. We will have 7 Mountain High members attending the Convention. Read more about it on page 7.

Feel free to simply show up for most of our day events, such as hikes and bike rides. But the **rafting trip** is a multi-day event and it requires some planning and there is a cost involved, so please sign up for it well in advance.

In your quiet moments, pick up your favorite keyboard and write down some favorite recipe and send it in for our upcoming club's cookbook.

Enjoy your summer and may our club make it even more fun.

*Debbi*

### Mt. High

### Highway Cleanup

**May 16 (Sat.).** It's time for our Spring Cleaning of the 2 miles of Highway 26 we've adopted.

We'll meet at **10 am** in Skibowl's parking lot, and spend about 2 hours removing stuff people throw out along the highway. Let's see who will find the most interesting object! Bring some gloves. We will provide garbage bags and garbage pickers.

At **noon**, lunch will be provided for all who participate in the cleanup. We'll gather at the Ice Axe brew pub in Government Camp.

Please RSVP by contacting **Debbi Kor**, 503-314-7078 or [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)



## Mt. High Cookbook



Many years ago, the Plaza ski club (one of our parent clubs that in 2000 merged with the Edgeset Club to eventually be renamed Mountain High) published a cookbook that contained contributions from many of our club members. The cover of that cookbook is shown here.

Let's do it again!

Let's gather a bunch of recipes, including maybe some of those for the winning chocolate desserts in recent years. And maybe also a recipe for the salmon and other seafood presented at our Seafood parties.

Any other recipes from our club members are welcome! Please send your contributions to Debbi Kor, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

Just to whet your appetite, here are a couple of recipes already submitted:

**NOTE:** A photo of your finished meal isn't required, but if you have one, send it in. It might help.

Also, just the fact that you are a club member is sufficient connection to the club. But if your recipe has some additional connection to the club, let us know.



**Potato & Green bean soup**

Enjoyed by Kurt Krueger and Emilio during their Steamboat, Colorado trip.



**Flour-less Panama Torte**

Won in the healthiest (lightest) category at our Chocolate Party in 2012



## MOUNTAIN HIGH

## Upcoming events

## SNOWSPORT CLUB

## Reach the Beach



May 16, 2015 (Saturday).

Terry and Brenda Becerra's are fundraising for the **American Lung Association of Oregon** at the 25th anniversary of the Reach the Beach bicycle event on May 16th. Terry and Brenda have participated most years since 1999 and have recruited several others to join them.



Brenda says: "We'll be riding our bikes 55 miles from Amity to Pacific City, Oregon (a beautiful ride!) with quite the group of friends to remember and celebrate the life of our good friend, Linda, who lost her battle with lung cancer two years ago this August (which also claimed the lives of my mother and aunt). Our team name is **Linda's Lazy Dazy**. If you would like to support our fundraising efforts, go to [www.reach-thebeach.org](http://www.reach-thebeach.org) and look up either Terry or Brenda's names, or our team name. It's quick and easy and tax deductible for a great cause."

## Mt. High

## Trolley Bike Ride



June 15 (Monday). 6 pm. Cost: Free.



A bike ride on a paved trolley trail. After the start at TEBO's restaurant, at the new Milwaukie station we will drop down below Oak Grove

and do residential roads to Clackamas Park and back to Tebo's for a snack. About 10 miles in two hours.

This is a level A bike ride. The trolley route is paved and now serves as a walking and biking path.

**Leave at 6:15 pm** from the south end of the parking lot of Tebo's at 19120 McLoughlin Blvd, Gladstone.

See [Google map](#) for the location of the parking lot at Tebo's.

QUESTIONS : Call Chas Westergren 971-506-7699 or email [Chashisk@Yahoo.com](mailto:Chashisk@Yahoo.com)

## Mt. High

## Quarterly Social &amp; Club elections

**DATE: Wednesday, May 20.**

**TIME: 6:30 pm - 9:00 pm**

**PLACE: Famous Dave's**

7121 SW Nyberg St.  
Tualatin, OR 97062

The club will provide food and members will be responsible for their own beverages. Everybody is invited!

This is an opportunity to socialize, get to know other club members, review the past winter season, and plan the next season.

**ELECTIONS:** We will also hold our annual club elections for President, Vice-president, Secretary and Treasurer. Most of the current people in these positions are ready to continue for another year, but we are looking for a new club Secretary. Besides, can always use some fresh energy, some new people.



If you wish to get more involved with the club, please volunteer or self-nominate yourself for any of the Board positions. Contact any of our current club leaders (see list on page 13), or send an email to [info@mthigh.org](mailto:info@mthigh.org).

The best way to start getting involved is by attending our monthly Board meetings, open to everyone. See how the club works and how you can help.

**CONTACT:** Debbi Kor, 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)



## Portland Naked Bike Ride



**June 27** (Saturday). Cost: Free.

**Meet:** Laurelwood Brewery on 51st & Sandy at 7 pm.

**Start:** Normandale Park, (NE 57th & Halsey) at 9 pm



**Description:** This is an annual event that attracted over 8,000 people last year. Join the Mt High group of bikers that is going to participate

in the World Naked Bike Ride on June 27th. We will meet at the Laurelwood Brewery on 51st & Sandy at 7 pm for dinner and libations and then bike to the starting location. Swimsuits are required attire for our group and should be worn under clothes until we get to the start of the ride. Leader John A Davis. Female co-leader needed.

More details at: <http://pdxwnbr.org/>

Also see: [http://wiki.worldnakedbikeride.org/index.php?title=Portland#Next\\_ride](http://wiki.worldnakedbikeride.org/index.php?title=Portland#Next_ride)

## Mt. High

## Mt. High Picnic



**August 22, 2015.** (Sat.) - Postponed by a week from the previously announced Aug. 15 date.

A club reunion picnic in **Sellwood Park** will celebrate 40 years of Plaza, 40+ of Edgeset, and 15 years of the combined Mountain High club.

The picnic will be preceded by an easy bike ride.

9:30 am Bike ride (meet at the lower parking lot);

11:30 am Picnic starts. 12:00 noon Food served.

See more at: [www.mthigh.org/index.htm#Picnic](http://www.mthigh.org/index.htm#Picnic)

Contact **Debbi Kor**, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)



## Mt. High

## Deschutes River Raft Weekend



**Aug 27-30, 2015.** Our annual tradition is back for your fun and enjoyment! A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

**Contact:** Allan Paraskeva at 503-201-1243 or [alnbeth@gmail.com](mailto:alnbeth@gmail.com)

or: Nancy Pratt at 503-593-9427 or [Treasurer@mthigh.org](mailto:Treasurer@mthigh.org)

**Reservation & payment deadline: August 1st.**

**Camping:** Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an additional \$25 a night. Kids (8-20) are welcome and are the respon-

sibility of the parent at a cost of \$50.

**Rafting:** (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 18 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

**Food:** Saturday night dinner will be provided. (It's TBD, but may include BBQ Ribs, Chicken and baked beans, coleslaw and potato salad....AKA "Standard Camp Dining.") For other meals (breakfasts, lunches, Friday dinner), bring your own food and drinks, or plan to dine in any of Maupin's fine dining establishments. Also, bring quarters for the showers!

**Camp, raft, dinner = \$100.00 pp,** (Non-members \$115.00)

**RV space is available for an additional \$25 per day. or \$75 total.**

To sign up, use the Dough Transmittal form, page 13, or print the form from our web site. See the [Forms](#) page at: <http://www.mthigh.org/Forms.htm>.

## PACRAT News

### Pacific NW Area Clubs Recreational Alpine Teams

The season ended on a good note, with the annual Rat Attack awards party, April 17, where the final results were announced.

First place was captured by our newest Mountain High team called *On the Edge*. Second place went to the Cascade Ski Club with their *Ragnar's Rangers*. Third and fourth places went to Mountain High teams: *Avalanche Express* and *Mt. Hoodlums*.

Eighth place was captured by the *Frosted Flakes* team, which had the highest team participation (all racers attended all the races). In ninth place was the *Rattitudes* team. In other words, our club had 3 teams among the top 4 places, and 5 teams among the top 10.



Andy Hobart, Sylvia Kearns, Greg Dilger

The two individuals who had improved the most in a single season were named Queen and King Rat. The Queen was **Megan Cassidy** on the *Oui Ski* team (Skiy-ente club). The King was **Ken Price** on the *Mixed Nuts* team (Mountain High club).

See more photos and videos from various PACRAT races on our club's web site's PHOTOS page at: [http://www.mthigh.org/Photos.htm#PACRAT\\_Racing](http://www.mthigh.org/Photos.htm#PACRAT_Racing)

Also, check out PACRAT's Facebook page at: <https://www.facebook.com/groups/PACRATRacing>

If you want to join one of our 10-person race teams next winter, contact any of our team captains, or if you are not sure which team to join, contact our Racing Director, **Bruce Kuper**, at [bruku@comcast.net](mailto:bruku@comcast.net).



"On the Edge" team with captain Kathryn LePore

### Mt.High/Bergie Bike to the Dike



**June 20 (Saturday). 10 am.** Cost: Free.

2 lakes, 1 park, 1 dike. A combined Mt. High and Bergfreunde ride led by Jackie & Dick Bonillo.

**Meet at::** Linnemann Station, 3852 W Powell Loop (1 block south of Powell), Gresham, OR.

A 2-hour A level ride. Partly riding on the Fairview Trail, short distances on 2 busy streets, then on the dike that few people know about.

For anyone who wants to do more miles and hills they can ride that same day from the same start with Dick. About 31 miles. B level. Mostly hills and mostly on roads around Orient area.

Lunch afterwards will be at the Cedarville Tavern.

Contact: Jackie Bonillo, [jbon1960@comcast.net](mailto:jbon1960@comcast.net) or 503-706-9668.

### Mt.High Timothy Lake Bike Ride



**October 4, 2015. (Sun.) 11 am.** Cost: Free.

Join Mt High Club members in a mountain bike ride around Timothy Lake. We will have 2 distances to choose from: 14 miles around the lake, and 7 miles halfway. Car shuttles will take care of 7 miler participants. We will make a small side trip to Little Crater Lake. Early dinner will be on the way back at The Taco Shoppe in Govy Camp.

The ride takes place October 4th after the crowds are gone. We will meet at the lake at 11 am. This is a beginning mountain bike trail. Operative word here is "mountain bike". There are a few parts of the trail that are not suitable for a road bike. The trail is at water level in the trees with numerous views and twists and turns.

Leaders: John A Davis and Emilio Trampuz.



## Joe Pollock



Joe Pollock passed away on April 20th, 2015. He was a member of the Edgeset ski club, and continued as a member of the combined Mountain High club for several more years, until his health declined.

A celebration of life for Joe was held on Saturday, May 9th.

## Marsha Cosgrove



Marsha Cosgrove passed away on April 2nd, 2015, at the hospital, due to liver and kidney failure.

She touched the lives of many over the years from EdgeSet to Plaza to Mountain High ski clubs. This photo is from our 2011 Seafood party.

A celebration of life was held on Saturday, April 25, 2015.

**Northwest Ski Club Council**  
**Ski Challenge**  
2014 - 2015

Qualify for a prize: ski or snowboard in a single season at least 7 ski areas shown here: in Alaska, British Columbia, California, Colorado, Hawaii, Idaho, Oregon, Montana, Washington, and Wyoming. Just save your lift tickets and/or receipts.

**Alaska**  
Aurora SkiLand  
Moose Mt.  
Arctic Valley  
Hill Top  
Mt. Alyeska  
Mt. Eyak  
Eaglescrest

**Hawaii**  
Mauna Kea

**Also included:**

**CALIFORNIA**  
Mammoth Mt.

**COLORADO**  
Aspen/Snowmass

**IDAHO**  
Brundage Mt.  
Schweitzer Mt.  
Sun Valley

**MONTANA**  
Whitefish Mt.

**WYOMING**  
Grand Targhee  
Jackson Hole

**BRITISH COLUMBIA**  
Big White  
Fernie  
Sun Peaks  
Kimberley  
Whitewater  
Nakiska  
Kicking Horse

**Washington**  
Mt. Baker  
North Cascade Heli-Skiing  
Mt. Spokane  
Cascade Powder Cats  
Leavenworth Ski Hill  
Mission Ridge  
Summit at Snoqualmie  
Crystal Mountain  
White Pass  
Ski Bluewood

**Oregon**  
Cooper Spur  
Spout Springs  
Timberline  
Mt. Hood Meadows  
Mt. Hood Ski Bowl  
Hoodoo  
Mt. Bachelor  
Willamette Pass  
Mt. Ashland  
Warner Canyon

Entry Form and Rules are posted on the NWSCC website at [www.nwskiers.org](http://www.nwskiers.org)

## Ski Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, ... and don't forget the small ones!

Ski or ride any 7 or more resorts during the 2014-2015 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in **Oregon, Washington, Alaska, Hawaii**, as well as several in **British Columbia** (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in **California** (Mammoth Mt.), **Colorado** (Aspen/Snowmass), 3 in **Idaho** (Brundage Mt., Schweitzer Mt., and Sun Valley), and 2 in **Wyoming** (Grand Targhee, Jackson Hole).

**Save your lift tickets** or receipts! Then, at the end of the season, mail them to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced at the start of the following winter season, most likely in December.

## Far West Convention



**June 4 - 7, 2015.** The annual Far West Ski Association Convention is coming up June 4 – 7 (Thursday – Sunday), at the Town and Country Resort & Convention Center, 500 Hotel Circle North, San Diego, CA 92108, 800-772-8527. The San Diego Council of Ski Clubs is hosting it. Members of all ski clubs in the West are invited to come and participate.

### What Happens at a Far West Convention?

Events include a silent auction on Friday Night, and the Travel Expo (where delegates meet one-on-one with resort personnel to plan future trips ) on Saturday morning. Attend educational leadership panel sessions such as Improving Social Media savvy and the latest equipment, meet and greet with ski personalities like Billy Kidd and Jess McMillan, and attend the awards banquet and dance on Saturday night. There will be a business meeting on Sunday, at which time officers are elected,

and other Association business takes place, as well as a sponsored Brunch, and LOTS of door prizes to be given away. All of these events (and meals!) are included in your registration fee.

Also available (for an additional fee) are optional events such as the Michael German Memorial Golf Tournament, an Old Town Trolley tour, the San Diego Harbor Seal tour, a Sunset Dine Out aboard the USS Midway, La Jolla Cave Kayaking, Mission Bay Biking, and a visit to the San Diego Zoo.

### How do I Register?

It's so easy! You can (1) sign up with your club president/delegate chairperson (Debbi Kor), (2) complete the forms, write a check, and mail to the FWSA Convention Registrar (Karen James), or (3) sign up online at <http://www.fwsa.org/Conventions/FW-2015Conv/Registration/FW-2015Conv-registration.html> and pay with PayPal. The registration form on the FWSA web site is at: [www.fwsa.org/Conventions/FW-2015Conv/ConventionPkg/docs/4-Delegate-Registration-Form 2015.pdf](http://www.fwsa.org/Conventions/FW-2015Conv/ConventionPkg/docs/4-Delegate-Registration-Form%2015.pdf) . That's all there is to it! You're in!

Now make your hotel reservations, and you'll be golden! Be sure to tell your club delegate chairperson if you sign up directly so that you'll be included on the Credentials Form as a Voting Delegate! Mountain High club members should contact **Debbi Kor** at: 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net). She will coordinate all our delegates.

### How do WE and our CLUB benefit?

Mountain High Board of Directors has voted to reimburse club members who attend the convention as full voting delegates up to \$600 to be divided among the registered attendees. In addition, there are other incentives that will come directly back to Mountain High. These include:

Far West is offering the 6-pack incentive again this year. This offer provides 1 free registration (\$159) with every 6 paid. The reimbursement comes AFTER the convention. So, if we send 6, we'd get back \$159. If we send 12, we'd get back \$308. If we get enough delegates from our club, the club would receive this reimbursement, and the Board would decide how best to use it: split it up among the delegates, or use for a future club event.

**More questions?** Contact: **Debbi Kor**, Delegate Chairperson, 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

**NOTE:** The Far West Convention is hosted by a different ski club council each year. Last year (2014), it was held in Oregon, and it will come back to Oregon in another 5 or 6 years. Other typical locations are: San Diego (CA), Los Angeles (CA), Reno (NW), Phoenix (AZ), and the San Francisco Bay Area.

"The Voice of the Western Skier"





## Powder Alliance

**How would you like to ski at 13 ski areas for the price of one?**

This is now possible, thanks to the alliance forged between 13 ski areas in the western USA. The deal is that anyone with a season pass from any of these ski areas receives not only unlimited skiing at their home ski area but also 3 free lift tickets at each of the other ski areas.

The Powder Alliance consists of the following 13 ski areas:

**Timberline (OR), Mt. Hood Skibowl (OR), Silver Star (BC), Schweitzer Mt. (ID), Bridger Bowl (MT), Stevens Pass (WA), Sierra-at-Tahoe (CA), China Peak (CA), Mountain High (CA), Snowbasin (UT), Snowbowl (AZ), Crested Butte (CO), and Angel Fire (NM).** See more info at: <http://www.powderalliance.com/>.

In effect, you get 13 resorts, 135 lifts, 934 trails, and 29,282 vertical feet. All for the price of one season pass! There is no additional charge for the Powder Alliance deal. Just get a season pass (a Fusion Pass for Oregonians).



## How it works for Oregonians



For Oregonians to make use of the Powder Alliance deal they have to purchase the **Fusion Pass**, which by

itself gives you unlimited skiing at both Timberline and Skibowl.

In addition, we will now also get **30 free lift tickets** to the other 10 ski areas (3 lift tickets to each one of them). The only restriction to the other ski areas is that you cannot use this deal on **Saturdays** or **holidays**. Those are the only blackout days.

**Adults under 65** will pay \$499 for this pass.

**Adults over 65** can purchase the pass for just \$249.

**Those over 71** get free skiing at Timberline, but not necessarily at all the other ski areas. Skibowl charges about \$50 for a season pass, and so do many other ski areas, so you might still consider purchasing the Fusion Pass to enjoy the Powder Alliance deal.

**Those planning to join us on our Mountain High Silver Star trip** this coming winter will be able to ski free at Silver Star in January 2016.

NOTE: If you buy a new Subaru, the Fusion Pass you get with it doesn't qualify for the Powder Alliance

## Why This is Important

In the Fall, we will publish a comparison chart of all season passes, as we have done in the last few years. But there is a reason we want to talk about the **Fusion Pass/Powder Alliance** deal right now.

We'll be organizing a trip to **Silver Star** next winter, the latest addition to the Powder Alliance. Everyone is welcome to sign up for this trip, but those who purchase a Fusion Pass (for Timberline and Skibowl) for next season will be able to ski for free during those 3 days at Silver Star. In other words, your trip will be much cheaper. You will be able to save approximately \$180 - \$200, just on this one trip alone.

We wanted to give you plenty of time to think about it and decide which season pass to buy.

We did a similar Powder Alliance based trip to Schweitzer Mountain (Idaho) the winter before last. On that trip, only about half of the participants had the Fusion Pass. One of the reasons is that we didn't announce the trip until about September, and by that time, some people had already purchased the Mt. Hood Meadows season pass, and they couldn't afford to buy both passes.

Unfortunately, Mt. Hood Meadows is not part of the Powder Alliance. So, if you'd like a cheaper trip to Silver Star, chose your pass wisely.



**Silver Star****Powder Alliance****Silver Star / Sun Peaks trip**

Last week of January 2016 (tentative date).

**Silver Star** has a mellow front side and a couple of really long cruisers on the back side, but it is famous for its steep and challenging powder runs on the back

side. Tree skiing. Powder. Best of all, a ski-in/ski-out village located not at the bottom but in the middle of the mountain. The village has a wild-west town theme in pastel colors! It is the locals' favorite mountain. And it is part of the Powder Alliance, which means that anyone with a Fusion Pass can ski there for 3 days for free!

**Sun Peaks** is just 2.5 hours away. Once in Canada, might as well see and ski a bit more of it. Sun Peaks has a European village themed ski-in/ski-out village, with a pedestrian street lined with boutique stores and cafes. There are 3 separate peaks to ski: Mt. Tod, Sundance, and Mt. Morrisey. Lots of hidden nooks and crannies.

This will be a bus trip. We'll spend 3 days at Silver Star, and then an additional 2 or 3 days at Sun Peaks. It will be an inexpensive trip, thanks to the Powder Alliance deal.

**Sun Peaks****Discovery****Montana trip****Discovery / Lost Trail**

Last week in February 2016 (tentative date). Something unique!

Kurt Krueger and Emilio Trampuz did some scouting in February 2015 and discovered a couple of hidden gems in south-west Montana. We want to take you there.

**Lost Trail**

**Discovery ski area.** This was quite a find! In a winter that was probably the worst on record, we got at least 4 inches of wonderful fresh powder here on top of a very good base. You want challenge? You'll find it here. Over a dozen double-black never groomed named runs in the back bowls! This is like skiing in the Chugach mountains, but without the need for a helicopter! Even the blue cruisers seem very long, with a consistent pitch.

Discovery offers 2,400 vertical feet, 2,200 acres, served by 5 triples and 2 double chairs. Beginners and lower intermediates have their own hill. The best feature is: no crowds!

**Lost Trail Powder Mountain.** A great place, featured in a recent Warren Miller movie. Lots of powder, and no crowds. This place is open only Thursdays thru Sundays. Any snow that falls in the first half of the week will be untouched on Thursday. We will time our tip to arrive there on Thursday!

Lost Trail is located on the border between Montana and Idaho, and you can ski both sides. Yes, just like Look-out Pass, only bigger! It offers 1,800 vertical feet, served by 5 double chairlifts. The Montana side has several double-black runs. Best feature: No crowds, and an enormous field of perfectly spaced thin trees, where you can leave an unlimited number of fresh tracks while doing slalom laps through the trees.

This will be a bus trip. A total of 5 days skiing and 6 nights. Probably 2 days in Philipsburg (Discovery ski area), and 2 days/3 nights in Hamilton (near the Lost Trail ski area). Bonus: we'll also hit the Montana Snowbowl, near Missoula, one day.

This will be a very unique trip. Experience the pristine side of Montana! Don't miss this one!



## Mountain High club resources

Make the most of your club membership. Use at least some of the many resources available.

**Ski Areas info.** Over 160 western ski areas are just a click away on our "Ski Areas" web page: [www.mthigh.org/SkiAreas.htm](http://www.mthigh.org/SkiAreas.htm)

**Forums:** Connect with other club members. Ask questions. Arrange to meet for a day on the slopes. Share your thoughts. On our web site,

in the main menu, we have 2 Forums, one for all club members, and one for mid-week skiers.

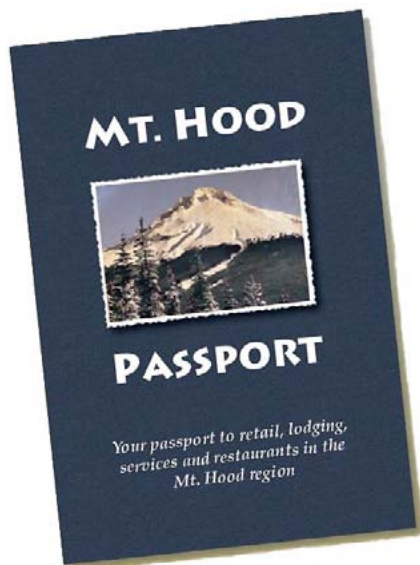
**Facebook:** Post something on our Facebook page, at <https://www.facebook.com/groups/1528330064067232/>

**Bulletin Board:** Post an announcement. Have something to sell or to offer to our club members? Go to our Bulletin Board and read the instructions at the top about how to post stuff there. [www.mthigh.org/BulletinBoard.htm](http://www.mthigh.org/BulletinBoard.htm).

**Articles:** Our ARTICLES web page is a repository of useful information on a variety of topics, sorted into categories such as: Safety, Racing, Travel, Ski Areas, Local Lore & Local Issues, Equipment, Technology, and Humor.

All of the above is just a small sample. There is much more. Check out our Racing pages, our Awards, Blogs, Photos, Videos, and our Vision of the future of skiing. It's all at [www.mthigh.org](http://www.mthigh.org).

## Mt. Hood Passports



The passport is now on sale for \$5 (half price). You get over \$300 in discounts. Visit local businesses on Mt. Hood, use of their special offers and get your passport stamped.

Passports are valid till December 2015, when there will be another prize drawing.

Purchase your passport at local businesses or from **Barb**: 503-267-9522 email: [BP2Ski@Gmail.com](mailto:BP2Ski@Gmail.com). She can mail it to you.

## Facebook Page



We now have a **Facebook** page. Thanks to **Bruce Kuper** for setting it up.

This will be one more way for our members to communicate with each other, in addition to emails, our web site, Bulletin Board, and our two Forums (which are Google Groups).

Check out the Facebook page at:

<https://www.facebook.com/groups/1528330064067232/>

Actually, you don't even need this long link. Instead, just click on the Facebook button in our main menu at [www.mthigh.org](http://www.mthigh.org).

Join this Facebook group and post your thoughts and your photos there!

## Web Site Tips for mthigh.org



### How to get back to the top of a long page.

Hit the "**Home**" key on your keyboard. It will take you to the top of the page. This is so much faster than scrolling back up until you reach the top of the page.

**How to go back to the previous page.** Most browsers have a back-arrow (pointing to the left) to go back to the previous page. But, you can do the same by hitting the **Backspace** key on your keyboard.



### Home



**How to get back to the Home page, [www.mthigh.org](http://www.mthigh.org).** There are two ways:

1. Click on the "**Home**" button on the menu. Or, ...
2. Click on the **Mountain High logo** at the top of the page. That will have the same effect. It will take you to our Home page, that is: our Calendar of Events.



**MOUNTAIN HIGH****Contacts / Club info****SNOWSPORT CLUB****Man & Woman of the Year**

Our club's Man and Woman of the Year for 2015 are: **Emilio Trampuz** and **Terry Swan**.

**Send in your nominations for 2016 to any member of our Board by the end of February.**

**Mountain High Meeting**

Usually last Monday

**May 26 (Tue), June 29 (Mon.):** Open to all who want to get involved with the club. Gather at **6 pm**. Start at **6:30 pm**.

**Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)**

**Mountain High snowsport club contacts:**

**President:** Debbi Kor H: 503-314-7078,  
**Vice-President:** Terry White H: 503-781-4558  
**Secretary:** Lisa Scribner H: 360-904-1302,  
**Treasurer:** Nancy Pratt H: 503-593-9427,  
**Past President:** Kurt Krueger H: 503-625-1492,  
**Membership Director:** Karen Michels H: 503-984-9210,  
**Race Director:** Bruce Kuper H: 503-975-8039,  
**Newsletter Editor:** Emilio Trampuz H: 1-503-378-0171,  
**Social Activities:** Debbi Kor H: 503-314-7078,  
**Golf:** Cal Eddy H: 503-805-8606,  
**Hiking:** Chris Brooks H: 503-764-5323,  
**Bike rides:** Jackie Bonillo H: 503-663-3359,  
**Bike rides:** Karen Michels H: 503-984-9210,  
**Biking / Hiking:** Chas Westergren H: 971-506-7699,  
**Mid-week skiing:** Ken Brundidge H: 503-720-0620,  
**Trip Director:** Linda McGavin H: 503-652-2840,  
**Trip Leader:** Sandra Smith H: 503-646-4591,

[President@mthigh.org](mailto:President@mthigh.org)  
[TWhite223@msn.com](mailto:TWhite223@msn.com)  
[LScribner98@yahoo.com](mailto:LScribner98@yahoo.com)  
[Treasurer@mthigh.org](mailto:Treasurer@mthigh.org)  
[President@mthigh.org](mailto:President@mthigh.org)  
[skiklynn@gmail.com](mailto:skiklynn@gmail.com)  
[bruku@comcast.net](mailto:bruku@comcast.net)  
[newsletter@mthigh.org](mailto:newsletter@mthigh.org)  
[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)  
[baebaw@ccgmail.net](mailto:baebaw@ccgmail.net)  
[jruffman@aol.com](mailto:jruffman@aol.com)  
[jbon1960@comcast.net](mailto:jbon1960@comcast.net)  
[skiklynn@gmail.com](mailto:skiklynn@gmail.com)  
[Chashisk@Yahoo.com](mailto:Chashisk@Yahoo.com)  
[KenBrundidge@comcast.net](mailto:KenBrundidge@comcast.net)  
[Trips@mthigh.org](mailto:Trips@mthigh.org)  
[sandra@pacifier.com](mailto:sandra@pacifier.com)

General info:  
[info@mthigh.org](mailto:info@mthigh.org)

Web site:  
[www.mthigh.org](http://www.mthigh.org)

**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership or ☐ Renewal

Name(s): \_\_\_\_\_ Birthday (MM/DD) \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

**Email Preferences:** - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no  
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no  
(same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no  
- Is it OK to share your email address with other club members? ☐ Yes ☐ No

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff:

	Deposit?	Paid in full?
<input type="checkbox"/> <b>Annual Membership</b> (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> <b>PACRAT Racing (2015)</b> \$99 for the whole season . Team: _____	\$ _____	_____
<input type="checkbox"/> <b>Rafting on the Deschutes</b> (Aug. 27-30). Members: \$100, Non-members: \$115	\$ _____	_____
<input type="checkbox"/> <b>RV parking for Rafting trip</b> (Aug. 27-30). \$25 per day, \$75 total	\$ _____	_____
<input type="checkbox"/> <b>Other:</b> _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

## Club membership = 304 Newsletter Distribution

The May-June 2015 issue is posted on our web site. Also:  
 277 copies sent via email (as PDF files)  
 18 paper printed copies sent via US Mail.  
 Copies are also sent to potential members, other clubs,  
 the National Ski Club Newsletter, etc.

## Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

## FWSA Diving Trip to Bonaire



Sept. 26 - Oct. 3, 2015

Diver Package Price: \$1115. Non-Diver Package: \$836.  
 Single Supp. Add - \$372.00. Price includes:

- 7 nights at Plaza Beach Resort Bonaire in a Jr. Laguna Suite – based on Double Occupancy
- All meals daily & all drinks daily including alcohol
- Use of paddle boards, kayaks & catamarans
- 6 days of 2 tank boat dives & unlimited shore diving
- Unlimited Nitrox (32% for certified nitrox divers)
- Free WiFi
- Airport Transfers
- Bonaire Marine Park fee of \$25.00

**Contact: Randy Lew**, FWSA Dive Trip Leader, 7007 SW Iron Horse St., Wilsonville, OR 97070.

Cell: 530/304-0802 e-mail: [FWSA13Randy@telis.org](mailto:FWSA13Randy@telis.org)

**Info:** <http://www.fwsa.org/Travel/Dive/dive.html>

## NWSCC Man & Woman of the Year

This year, our Mt. High Board chose to honor **Emilio Trampuz** and **Terry Swan** as our club's Man and Woman of the Year. Many other local clubs also submitted their choices to the NW Ski Club Council.

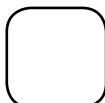
The NWSCC chose the following two among all the candidates. These are this year's NWSCC's Man and Woman of the Year:



Mary Olhausen  
 NWSCC Past President



Lloyd Musser  
 Curator, Mt. Hood Museum



Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302  
 Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.