



Lift Lines

= No. 164-165, Aug.-Sept. 2014 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez



Hey Mt. High-ers. I hope you've all been having an enjoyable summer. We've had a number of club activities, including some hikes, a number of bike rides and a couple golf outings. As with anything, it's hard to jam so many activities into just a few weekends, but we always seem to get a lot done with our group.

*Our annual **picnic** was Saturday, August 16th, at Sellwood Park. It was preceded by our annual **bike ride** throughout the downtown area, so that everyone would show up good and hungry at lunch time! The club provided the hot dogs and sausages, and everyone else brought potluck dishes to share. Our attendance was in the 35-40 member range, which was smaller than usual, but we all had a great time!*

*Gordy's **raft trip** took place the weekend of August 21-24th. Always a club favorite event, 38 members arrived in Maupin to camp, raft, and have a great time on the river. Gordy and Ginger outdid themselves cooking ribs and other items on the grill, and serving up lots of other yummy items for the group. The weather was cooperative, the water cool and clear, and the camping with friends proved to be a very fun time with all the Mountain High River Rats. Thanks, Gordy for a great weekend!*

*Our annual **Seafood Party** will be the last Saturday of September. We've chosen a new location this year, so read all about it on page 6. We'll have our traditional feast of salmon, steamer clams, sushi, crab quesadillas, and more*

*A week later, October 3-4, is the **Ski Patrol's Ski Swap**. See page 7.*

*Other things coming up this fall will include the **Warren Miller show** on October 24th, at the Arlene Schnitzer Auditorium, followed by the **Portland Ski Fever Show** at the Expo Center, Northwest Ski Club Council's **Ski Fair**, and our annual **Membership Kick Off party** in November. Due to highway construction, there will be no October **Highway Clean up** this year. Stay tuned to your Lift Lines for the specific event dates and to see what else is happening. **Debbi***

We want you to join us!



Note the color code.
Our club is blue.

2014 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA / Multi-club
Black: General events

AUGUST

Aug. 2 (Sat.): History bike ride
Aug. 16 (Sat.): Mt. High Picnic & bike
Aug. 21-24 (Thur.-Sun.): Rafting
Aug. 23-24 (Sat -Sun): Barlow Road Ride (Oregon City - Govt. Camp)
Aug. 25 (Mon.): Mt. High Board mtg

SEPTEMBER

Sept. 13 (Sat.): Salmon canyon cleanup (at Timberline)
Sept. 17 (Wed.): NWSCC Meeting
Sept. 19 (Fri.): TGR Film: "Higher"
Aladdin Theater
Sept. 23 (Tue.): MSP Film: "Days of My Youth" - Aladdin Theater
Sept. 27 (Sat.): Mt. High Seafood Party - Willsonville

OCTOBER

Oct. 1 (Wed.): Hillcrest Race Night
Oct. 2 (Thur): TGR Film: "Almost Ablaze" - Wonder Ballroom
Oct. 3-4 (Fri-Sat): Mt. Hood Snow Sport Swap (Ski Patrol)
Oct. 11 (Sat): Lake Oswego Ski Swap
Oct. 24 (Fri): Warren Miller dinner & movie "No Turning Back"

NOVEMBER

Nov. 8 - 9: Ski Swap - Grant/Cleveland
Nov. 14-16: Portland Ski Fever Show
Nov. 15 (Sat.): Pray for Snow party
Nov. 17 (Mon.): NWSCC Ski Fair
Nov. 20 (Thurs.): Mt. High annual Membership Party

DECEMBER

Dec. 17 (Wed.): NWSCC Meeting, PIE Auction + PACRAT bib pickup

MOUNTAIN HIGH

Past Events

SNOWSPORT CLUB

Mt. High

Row River bike ride



73°F. At the end of the ride, by the time we had lunch at a picnic table in the shade of trees at the trailhead, it had warmed up to about 78°. So much for a hot day! It was as pleasant as it could be! Don't let yourself be dissuaded by the weather forecast next time!

Those of us who showed up had a great bike ride. The rails to trails bike path was perfectly paved. The views of Dorena Lake were magnificent. And we also saw 2 or 3 covered bridges. Karen and Terry saw more of them after lunch, but Patricia and Emilio decided to head home. Note that the trail has been officially designated as a "Scenic bikeway".

July 13 (Sunday). Another fun bike ride in perfect weather! Led by **Karen Michels**. But why only 4 people showed up? It's probably another example of people being paralyzed by the weather forecast, which said it would be a very hot day, with temperatures in the 90s.

In reality, it was pleasantly cool. Early in the morning, the temperature in Salem was only 61°F. By the time we reached Eugene, it had warmed up to 62°, but Cottage Grove is at the foothills of some cool hills, so the temperature went down to 60°F. The hilltops were covered in a cool mist. As the day progressed, the sun came out, and it did warm up to a comfortable



Mt. High

Bike to the Dike



Fairview Lake



July 19 (Saturday). 10 am start.

22 miles, 2 lakes, 1 park, 1 dike. This fun ride was attended by about a dozen of us. Led by **Jackie Bonillo**. We started from Linneman Station in Gresham - right next to the Springwater trail, but we immediately took off to the north and north-east, without ever touching the Springwater trail.

We rode by Fairview lake (private) and through the Blue Lake park (public), and then along a dike behind Troutdale airport. Back in Gresham, we ended the ride with a lunch at the Cedarville Inn, where the food was excellent.



See more photos at www.mthigh.org/Photos.htm.

Mt. High

History Bike Tour

**Aug. 2 (Sat.)** Timberline to Rhododendron

There were 22 participants in this bicycle tour through the history of Oregon. We rode on all the 3 historically significant roads on Mt. Hood, each representing a period of Oregon's history.

1. **Barlow Road** was part of the Oregon trail. Pioneers followed it to Oregon City. (1845 - 1923)
2. **Mt. Hood Loop Highway**, the first real road around Mt. Hood (1923 - 1959)
3. **Highway 26**, the modern day highway that replaced the old Mt. Hood Loop Highway (1959 - today).

We all joined together for the middle part of this ride, from Government Camp over Laurel Hill to Kiwanis Camp Road. That was the historical part of the tour. But, in addition to this, for the first few miles (from Timberline) and the last few miles (before Rhododendron), we split up into two groups. Mountain bikers, led by Lisa Miller, followed a relatively narrow mountain bike trail, the Timberline to Town trail, while the road bikers, led by Emilio Trampuz, followed a paved road all the way (starting with West Leg Road, and ending with Road 39 which parallels highway 26. Everyone also tried at least a portion of the Pioneer Bridle Trail.

Everybody had a good time. The weather was perfect. Warm but not too hot, and we spent a lot of time in the shade of trees.. We ended the tour with a lunch at the Still Creek Inn in Rhododendron.



Walking alongside the destroyed old Mt. Hood Highway, with only a narrow pedestrian path.



No easy way down. Widening of Hwy. 26 has removed the ramp that was part of the old highway.



Old Mt. Hood highway on Laurel Hill is being swallowed by vegetation.



Looking down the steep chute on Laurel Hill; the steepest part of the Oregon trail.

See more photos at www.mthigh.org/Photos.htm.

Mt. High annual Picnic and bike ride

August 16, 2014. (Sat.)

It was a wonderful, sunny day. Warm, but not too hot. The pre-picnic bike ride along the Willamette River from Sellwood bridge to the Steel Bridge and back was attended by 17 people. Larry Bennett led the way.

Approximately 35 - 40 people showed up for the picnic, and lots of them brought fresh fruit and desserts. Yummy! Thanks everyone! We'll do it again next year! See short video of the picnic and bike ride at: <http://youtu.be/iQcFLZV1ooo> .



See more photos at www.mthigh.org/Photos.htm.

Deschutes River Raft Weekend

Aug 21-24, 2014. About 40 people attended this long weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

On Saturday evening, a BBQ dinner was included. **Gordon Lusk**, the event organizer, did most of the cooking.

After dinner, **Bruce Kuper** showed his pictures and videos taken during the trip. This was projected onto an improvised large screen and it attracted a lot of attention from other campers. Most photos here are Bruce's.



Bill Leeper rowing, Terry and Bradley Swan smiling.



The following announcement should be on page 9, but we simply ran out of space there.

Ski Swap: Grant/Cleveland High

Nov. 8 - 9 (Sat./Sun.)

2014. A good selection of clothing and equipment at yard sale prices. All proceeds help support the high school racing programs at Grant and Cleveland. The

team's commission on goods sold is 30% (donated goods are especially cherished).



Drop off: Friday: 7:30 pm - 9 pm
Saturday: 10:30 - noon

Sale Hours: Saturday: Noon - 6 pm.
Sunday: 10 am - 3 pm.

Location: Portland Adventure Boot Camp
1606 NE 37th (Between Broadway and Sandy Blvd.)

There is an admission charge of \$2 per person or \$5 per family for the entire weekend. For that charge they are rewarded with free hot dogs/cider/popcorn and the chance to win some small door prizes. There will be both new and used equipment available for purchase.

See more photos at www.mthigh.org/Photos.htm.

MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Salmon Headwaters Cleanup

Sept. 13 (Sat.) 9:30 am

A cleanup of the Salmon River basin near Timberline Lodge, organized by the Snowrider Project.

Meet at Salmon River parking lot at Timberline. Bring sturdy shoes, clothes for all weather conditions, work gloves, reusable water bottle, and your friends.

Kids are OK and well behaved dogs (bring a leash).

After cleanup, meet up at Charlie's Mountain View in Government Camp.

Info and signup at: <https://www.facebook.com/events/311194935671768/>

Teton Gravity Research Ski Film: *Higher***Sept. 19 (Fri.) 2014**

Aladdin Theater, 3017 SE Milwaukie Ave., Portland, OR.

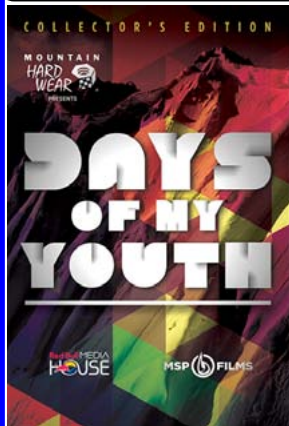
Doors open 7:00pm, Show starts: 8:00 pm

Tickets: \$12 Advance or \$15 Door

Kids 16 & Under just \$7

Tickets available locally soon at the Mountain Shop at 1510 NE 37th Avenue, and online through Ticketfly.

<http://www.tetongravity.com/films/jeremy-jones-higher>

Matchstick Productions Ski Film: *Days of My Youth***Sept. 23 (Tue.) 2014**

Aladdin Theater, 3017 SE Milwaukie Ave., Portland, OR.

Doors open 7:00pm,

Show starts: 8:00 pm

Tickets: \$15 at the door

DAYS OF MY YOUTH examines skiing as a way of life, offering a glimpse into the journey of self-discovery that every skier takes. The best action of the last two years. Narration by Alan Watts.

See more at: www.skimovie.com

Mt. High

Seafood Party

**Sept. 27 (Sat.) 6:30 pm.**

(If you want to help with the setup, please come at 5:15 pm.)

Our annual end-of-summer Seafood party is coming up. Pete

Troy has been in Alaska all summer long and will be bringing home some excellent seafood for us to try. We've found a new location this year and are very excited to try it out.

We'll be getting together at the **Wilsonville Senior Center**, which is just a short distance off of I-5 at the South Wilsonville Exit. See link to a map below.

The cost to our members again this year will be \$10 per person. Guests (non-members): \$15.

Our club will provide Pete and Ann's incredible homemade sushi, Bruce McGavin's fantastic smoked salmon spread; steamer clams, Gordy's salmon, sodas and water. BYOB and bring a side dish or dessert.

If your last name begins with:

A - J : bring a dessert,

K - Z: bring a salad or side dish;

EVERYONE PLEASE RSVP by September 20th.

Location: Wilsonville Senior Center
7965 SW Wilsonville Rd
Wilsonville, OR 97070

Click here for [Google map](#).

See driving directions and map on our web site.

Please RSVP to **Debbi Kor** for a head count:

ijustwannarun1@comcast.net or (503) 314-7078.



MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

Hillcrest Sports Race Night

12th Annual Race Night

Wednesday Oct. 1st

Junior Racers 5pm-9pm Masters Racers 6:30pm-9pm
Factory Reps will be here to answer your questions



Oct. 1 (Wed.) 6:30 pm.
The annual Hillcrest Race Night will be on Thursday evening, starting around 6:30pm. Best prices of the year from all the top companies! Factory reps will be present to answer your questions.

Location: Hillcrest Sports, 2506 SE Burnside Rd., Gresham, OR 97080.

Junior Racers: 5:00 pm - 9:00 pm.
Masters Racers: 6:30 pm - 9:00 pm.

Questions: Contact Gary Gunderson, (503) 658-7848 or email: ktgpdx@verizon.net.

Call the store. Ask for Dexter. at: 503-665-4455 or hillcrest@hillcrestsports.com.

Directions: I-84 East to exit 16. Turn right @ top of exit. Follow 3 miles to SE Burnside. Turn left on Burnside. Follow 1 mile to Gresham Village Shopping Center. Hillcrest Sports is on the right hand side.

Teton Gravity Research Ski Film: Almost Ablaze



Oct. 2 (Thursday).

Two shows: 6:30 pm and 9:00 pm.

Location: Wonder Ballroom, 128 North-east Russell Street, Portland, OR.

Tickets: \$12 Advance or \$15 Door

Tickets available locally at the Mountain Shop at 1510 NE 37th Avenue, and online through Ticketfly.

An unforgettable evening jam packed with prizes, athlete appearances, and the brand new ski film.

Lots of swag will be on hand for you to win.

TGR's Almost Ablaze is a global odyssey combining state-of-the-art cinematography and the most progressive riding on The Planet.

<http://www.tetongravity.com/films/almost-ablaze>

Mt. Hood Ski Patrol Ski Swap

Oct. 3 - 4, 2014 (Fri.-Sat.)

Friday: 4pm - 9pm.

Saturday: 9am - 6pm.

Support the Mt. Hood Ski Patrol at the Mt. Hood Snow Sport Swap at the



Washington County Fairgrounds

873 NE 34th Avenue
Hillsboro, Oregon 97124.

Consignment items will be accepted, and you could make money on your old ski gear. A portion of the swap proceeds benefit the Ski Patrol.

Thousands of new and demoed equipment for sale.

Admission: Individuals: \$3, Families: \$6,

Kids under 12: Free. Parking is free.

Look for discount admission coupons and a chance to win a season pass at the Mt. Hood Snow Sport Swap website, <http://www.mhsss.com/?src=mtnhigh>

More at: www.mthigh.org/#MtHoodSnowsportsSwap

The Ski Patrol is looking for volunteers to work a shift.

Contact Kurt at: 503-625-1492, telek2@frontier.com

Lake Oswego Ski & Snowboard Swap

Oct. 11 (Sat.) 2014

Ski Swap held at Lake Oswego High School in the east gym. Doors open at 8 a.m. and

close at 1 p.m. Admission is \$2 for individuals and \$5 for families

Location: Lake Oswego High School's East Gym,
2501 Country Club Road, Lake Oswego.



Sell your used gear on consignment (30% of sale prices goes to benefit the ski teams at both Lakeridge and Lake Oswego High School). Drop off for used gear is Friday, October 11, 4-7 pm. at the East Gym of Lake Oswego High School. Pick up unsold gear between 2 and 3pm Saturday. Remaining gear will be donated to charity. Checks will be mailed to the donors for items sold.

For more information, and to download an advance gear registration form, go to the event website: <http://lakeoskiswap.com/> Don't miss out on this great opportunity to get new and used equipment for the entire family!

Mt. High Warren Miller's "No Turning Back"

Oct. 24, 2014. (Friday)
Dinner and a movie!

Dinner/drinks at 5:30 pm at location to be announced Maybe the Silver Spoon Bistro.

Movie at 7:30 pm at the Arlene Schnitzer Concert Hall, 1037 SW Broadway.

Everyone coming to see the movie will receive:

1. **Lift ticket to Mt. Bachelor**, valid Monday - Friday, either before Dec. 13 or after March 31st. Or use it as a 2-for-1 coupon valid Monday - Friday from Jan. 5 - March 27.
2. **2-for-1 lift tickets** to 3 Canadian ski areas (**Big White**, **Silver Star**, and **Sun Peaks**) valid either before December 20, 2014, or after March 30, 2015.
3. **30% off lift tickets to Red Mountain, B.C.** Good for two lift tickets per guest voucher. Valid all season except for the holiday season: December 22, through January 2, 2015.
4. **Discount at REI. 20% OFF** one full price snow helmet or snow goggle. Offer valid 10.11.2014 through 2.14.2014.
5. **A free subscription to Ski Magazine**, if you fill out the contest entry form at the theater.

See more details at www.mthigh.org.

To participate in our group tickets purchase, you must send payment by Friday, September 26.

Please make your **\$18.50** check (per person) payable to **Sandra Smith**, and send it to:

Sandra Smith,
1500 SW 134th Ave.,
Beaverton, OR 97005.

Email: Sandra@pacifier.com Phone: 503-646-4591

You can also buy tickets on your own, through Tickets West, but it will cost you an additional \$6 or \$7. We will purchase group tickets only for those who send their checks ahead of time.

Let Sandra know if you are coming to dinner.

**Highway 26 Improvements**

As part of ODOT's plan to improve traffic safety on Highway 26 around Government Camp, work is progressing rapidly. It will take about 3 summers to complete the job, this 2014 being the first summer. But much has been done already.

In the curves just below the Mirror Lake trail-head, a mile west of Government Camp, the highway is being widened and tons of rock, soil and tress have already been removed from the hillside. Approximately every 5 minutes, a large truck and trailer are being loaded and carted away, all day long, each day, for weeks.

Eventually, a cement barrier will be installed to separate the eastbound from the westbound lanes. This will make the road safer for cars. But, it will be bad for hikers and cyclists, who will not be able to cross the highway.

Because of this work, we are unable to perform our regular highway cleanup this October. And even when it's all done, highway cleanup will be more difficult.



MOUNTAIN HIGH

Upcoming events

SNOWSPORT CLUB

NWSCC Ski Fair at the Airport Holiday Inn



Nov. 17 (Monday) 6-10 pm Admission: FREE.

One day only, at the **Conference Center** next to the **Airport Holiday Inn**, 8439 NE Columbia Blvd.

Meet local ski clubs and ski areas. participate in the **Silent Auction, Raffle**, and more! See what's new.

As part of the auction, you can get great deals on lift tickets, lodging, ski trips, ski gear, and more.

All our members can purchase a **Meadows 10-time pass** for a discount, probably under \$400.

You can also **renew your club membership** at our club's booth.

To volunteer to staff the Mt. High booth, contact **Terry Swan**, swans761@juno.com

Ski Fever & Snowboard Show - Expo Center



Nov. 14-16 (Fri - Sun.)

Admission: \$13.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Many freebies.

Live demonstrations. More info at: www.portland-skifever.com.

If you want to volunteer to staff the NWSCC booth for a 3-hour shift (representing ALL local ski clubs) in exchange for a free admission to the show, contact **Mary Olhausen**, omary52@comcast.net.

Mt. High Mt. High Kickoff Party + Mini Ski Swap



November 20 (Thursday), 6:30 - 9:00 pm.

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- * Free food and drinks, and door prizes.
- * Meet your fellow club members.
- * Renew your membership (\$25 singles; \$40 couples)
- * Sign up for trips.
- * Join a PACRAT racing team.
- * Bring a friend.
- * Bring something to sell or swap. We'll have a mini ski swap, just like we've done for several years now. Bring your skis, jackets, or anything you'd like to sell.

Location: Gray Gables Estate. See [MAP](#).
3009 SE Chestnut Street, Milwaukie.

More info on our web site:

http://www.mthigh.org/#Membership_Party

NWSCC, Schnee Pray for Snow



Nov. 15, 2014 (Saturday) - Starting at 6 pm.

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: \$15, must be purchased in advance (Limited quantities). Ask the following people for tickets:

Gordon Lusk: GordyLusk@hotmail.com, 503-804-8363

Dale Parshall: dale.parshall@usbank.com

There will be no tickets at the door. This event fills up!

PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Kuper
Mt. High Racing Director

Our Racing Director, **Bruce Kuper**, has been elected to the position of Membership Director on the PACRAT Board, at the recent PACRAT elections on June 18, 2014.

Congratulations, Bruce!

Greg Dilger remains the PACRAT President, and **Sylvia Kearns** is the Party Director.

The complete PACRAT Board is as follows:

| | |
|-----------------------|--------------------|
| President: | Greg Dilger |
| Vice President: | Andy Hobart |
| Secretary: | Sheri Parshall |
| Treasurer: | Colleen Stroeder |
| Party Director: | Sylvia Kearns |
| Sponsorship Director: | Barbara Pressentin |
| Membership: | Bruce Kuper |
| Director of Results: | Dale Parshall |
| Director of Racing: | Bruce Parshall |

Other directors will be appointed by the newly-elected Board.

Check out PACRAT racing with Mt. High Snowsport Club here:

<http://www.mthigh.org/Racing.htm>

Hand out a poster: http://mthigh.org/Racing/PACRATPoster_2014.bmp

Try Running Some Gates - Emilio Trampuz



Each year, our teams lose some members and need to find new ones to replace them. It always happens.

This is an opportunity for non-racers or newcomers to the club to give racing a try. It's fun, it's social, you get to run some gates and meet lots of people.

Now is the time for new people to approach us and ask to join

a race team. If you want to race, tell us by November. As for existing racers, don't hesitate to approach brand

Mt. High Team captains

| Team name | Team captain | Email address |
|--------------------|------------------|--|
| Avalanche Express | Gary Gunderson | ktgpdx@frontier.com |
| Blizzardos | Linda Eidemiller | 2lindaloo@gmail.com |
| Chilled Brewskis | Brenda Becerra | LetsPlayOnTheMt@hotmail.com |
| Frosted Flakes | Stevie Viaene | stevie.viaene@gmail.com |
| Infra-Rats | Garth Eliason | gweliason@gmail.com |
| Lab Rats | Lonny Schiller | landkschiller@gmail.com |
| Mixed Nuts | Samy Fouts | samyfouts@comcast.net |
| Moose on the Loose | Scott Stepan | s_stepan@hotmail.com |
| Mt. Hoodlums | Phil Mant | phil6666@aol.com |
| Rat Racers | Alan Bean | abean@nwgeotech.com |
| Rattitudes | Chris Wiley | Chris2007@Yhuji.com |
| Schussing Shysters | McCoy Smith | McCoySmith@comcast.net |
| Vertigo Madness | Tom Cansler | tomcansler@qualitytank.com |

Anyone who isn't already on a team but would like to try running some gates, please contact our Race Director, Bruce Kuper, at bruku@comcast.net, or contact any of our team captains listed above.



Frosted Flakes team ladies:
Pat, Nancy, Jan, Moniquea, and Stevie

new members and tell them that PACRAT racing is one of the funnest things we do.

The **Ski Fair** (Monday, Nov. 17) is a great opportunity to talk to a lot of people. People come to our booth to check out what we do and what we have to offer. Simply be there to help answer questions, and you just might snag a new person for your team.

At the **Kickoff Party** (Wednesday, Nov. 20), we will have an information table with flyers for upcoming trips, events, and PACRAT racing. Any racers are welcome to help staff that table, answer questions, and talk people into joining a PACRAT team.

It helps to have a copy of the PACRAT forms, so newcomers can sign up right on the spot.

Web Site Tips for mthigh.org



How to get back to the top of a long page.

Hit the **"Home"** key on your keyboard. It will take you to the top of the page. This is so much faster than scrolling back up until you reach the top of the page.

How to go back to the previous page. Most browsers have a back-arrow (pointing to the left) to go back to the previous page. But, you can do the same by hitting the **Backspace** key on your keyboard.



Home



How to get back to the Home page, www.mthigh.org.

There are two ways:

1. Click on the **"Home"** button on the menu. Or, ...
2. Click on the **Mountain High logo** at the top of the page. That will have the same effect. It will take you to our Home page, that is our Calendar of Events.

Facebook Page



We now have a **Facebook** page. Thanks to **Bruce Kuper** for setting it up.

This will be one more way for our members to communicate with each other, in addition to emails, our web site, Bulletin Board, and our two Forums (which are in fact Google Groups).

Check out the Facebook page at: <https://www.facebook.com/groups/1528330064067232/>

Join this Facebook group and feel free to post your thoughts and your photos there!

To Share or Not

On the **Membership signup form**, we ask you if it's OK to share your email address. Let's clarify that.

Some people have asked us if we will ever publish a **Members' Directory**. We probably will never do that, in part because many members opted NOT to share their email addresses.

We only give your email address to a few Board members (our President, Treasurer) and to trip leaders for trips you have signed up for.

Occasionally, a club member will ask for another club member's email address, in order to contact him/her about something. Before we give out the address, we consult your expressed preference. If you said NO, we will not give out your address. This is pretty much the only circumstance where your choice to share or not to share your address comes up. And that's the only reason we ask you that question.

Passport

If you are going on a trip to Canada or Europe this year, make sure your passport is still valid.



Club Awards

At the latest Far West Ski Association Convention, held in Bend, Oregon in June 2014, our club received 3 first place awards:



Outstanding Club

Outstanding Newsletter



Outstanding Web site

Club name change

What? We are not changing the club name again, are we? Well, not really. But we do need to correct some old errors. Over the years, we have been a bit imprecise in describing our club. Some of us called it a **"Ski & Snowboard Club"**, or a **"Snowsports"** club (plural), even though the official name is actually **"Mountain High Snowsport Club"** (singular). We are now in the process of correcting that in various documents, including in our bank checking account.

But one of the errors is in our Bylaws, where our club is called the **"Mountain High Ski and Snow Sports Club"**. Nobody had noticed this until just recently. In order to correct this error, the Board will formally vote to change that and update it to: **"Mountain High Snowsport Club"**.

According to the rules, we need to notify all our members about that. So consider yourself notified! The Board will vote on this on **October 27**.

2014-2015 Winter Trips

Please plan your winter ASAP. Some of these trips will fill up quickly, and on some of them we have only a limited number of seats on the train or on the bus. Reserve your spot now. First come, first served. For Mountain High trips, please use our [Dough Transmittal Form](#) (on the page before last) or find the form on the FORMS & DOCS web page.

Near the top of Whitefish Mt.



Whitefish trip price includes round trip train seat, 4 nights ski-in/ski-out lodging, 3 day pass at Whitefish, and at least one dinner:

Adults = \$638,
Seniors (65+) = \$606
Super Seniors (70+) = \$497

Additional train option:

1. Sleeper bunk bed on train: **\$235** (round trip, pp/do)

Other trip options: (all based on group discounts)

1. Additional Whitefish tickets = **\$44.10** per day
2. Fernie day trip = Approximately **\$105**.
3. Snowcat skiing = Approximately **\$395 - \$250**.

In order to get the group discount price, all these options must be reserved in advance. So, let us know your intentions right away. Mark it on the sign-up form.

Payment schedule:

1. **\$100 deposit** due now to reserve your spot.
2. **Half of the total amount** is due by November 27.
3. **Full payment** due by January 14. No refunds after January 14 unless you can fill your spot. See our Mt. High [Trip Cancellation Policy](#).

Please use the [Dough Transmittal Form](#) (on the page before last) or find the form on the FORMS & DOCS web page. Make check payable to **Mountain High Snowsport Club**, and mail it to:

Mountain High, PO Box 2182, Portland, OR 97208.

More ski trips info at: www.mthigh.org/Trips.htm.

Mt. High Whitefish Mt. train trip

February 28 - March 6 (Sat. - Fri.) 2015

We'll leave Portland on Saturday afternoon, by train. Arrive in Whitefish at 7:30 am, leave our luggage in the on-mountain condo, and hit the slopes!

We'll spend a total of 5 days there, returning on the evening train on Thursday, March 6, and arriving back in Portland around 11:15 am Friday morning.

Whitefish Mountain (formerly Big Mountain) offers 2,353 vertical feet, over 3,000 acres, served by 14 lifts, of which 3 are high speed quads.

This coming season, Whitefish is installing a new triple chairlift that will open 6 new trails and some glade skiing.

We will stay in ski-in/ski-out condos within the on-mountain village. The basic trip will include a **3-day pass** to Whitefish, thus leaving 2 days (in the middle of the week) for other optional activities. Our options are:

1. **Ski** at Whitefish for an additional **\$44.10** per day.
2. **Take a rest** day for shopping or sightseeing.
3. **Day trip to Fernie** (Canada), just 2 hours and 15 minutes north. 3,550' vertical. If 20+ of us go, we can rent a bus. Cost is about **\$105** for bus and lift ticket.
4. **Snowcat skiing** with the Great Northern Powder Guides, just 25 minutes north of Whitefish. The cost is \$375 per person per day, plus \$15 for transportation from our condos to the site. The \$15 fee will be waived if at least 8 or more of us sign up. This has to be booked well in advance. The price can go down to just \$250 per person if we manage to get 14 people.

In order to get group discounts for the above, we need to commit to a plan ahead of time. So, visualize yourself there, and try to answer the following questions:

- a) How many days will you ski at Whitefish, 3, 4, or 5?
- b) Which side trips do you want (Fernie, Snowcat)?

Most likely, most of us will ski Whitefish on days 1 and 2 (Sunday and Monday), and also on the last day (Thursday). The two optional days are Tuesday and Wednesday, March 3 and 4.

Two nights will be spent on the train, one in each direction. Everyone needs to decide whether to sleep in a comfortable reclining chair (included), or pay **\$235** extra (round trip, pp/do) for a bunk bed in a sleeper car.

Your trip leaders are:

Emilio Trampuz, Emilio2000@earthlink.net and
Sandra Smith, sandra@pacifier.com

MOUNTAIN HIGH

Mt. High Trips

SNOWSPORT CLUB

Mt. High

Crystal Mountain, WA



March 20-22, 2015 A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.



Linda McGavin
at Crystal Mt.



There is one 8-passenger gondola, 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 3 doubles., serving 2,300 acres of lift served terrain, plus 500 acres of backcountry.

NEWS: Two lifts are being replaced by new ones in time for this winter:

1. The High Campbell Chairlift, for experts only, which was destroyed in an avalanche this past season, is being replaced by a new fixed grip double chairlift made by SkyTrac, the only American ski lift manufacturer.
2. The Quicksilver fixed-grip double chairlift, serving intermediate terrain, is being replaced by a fixed-grip quad lift.

Lodging: We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$240** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

Seniors (65 and over) pay only: **\$215**.

The reason for only one lift ticket is that on Sunday, March 22, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for this season).

Use the [Dough Transmittal form](#) on the page before last (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 15, 2015. No refunds after February 15 unless you can fill your spot. Contact trip leader **Linda McGavin** at (503)652-2840 or e-mail Trips@mthigh.org.

Whistler Cabin trip

Jan. 18-24, 2015. (Bill Leeper)
6 nights lodging/ 5 days skiing.
Carpooling. Cost approx. \$280 pp. includes lodging, daily breakfast, lunch & dinner. Everyone is encouraged to cook a dinner. Lift tickets are additional.

Lodging in a cabin near Whistler Village. Shuttle to lifts every 20 minutes. Contact **Bill Leeper**: 503-639-2603, wcleeper@hotmail.com.

Trip is limited to the 13 people that can safely fit in the cabin.

NW Ski Challenge

All season.

Ski or ride any 7 or more resorts during the 2014-2015 ski season to be eligible to win a prize. Just save your lift tickets or receipts, and mail them in at the end of the season.

Ski areas that count are all those in Oregon, Washington, Idaho, Alaska, Hawaii, as well as a few in British Columbia (Big White, Red Mountain, and Whitewater), and one in California (Mammoth Mt.).

Save your lift ticket receipts!

Powder Alliance

All season.

[Get 13 ski areas for the price of one!](#)

Silver Star in Canada has joined the alliance this year.

Buy the **Fusion Pass** to Timberline and Skibowl and get 3 free lift tickets to all these: Schweitzer Mt. (ID), Bridger Bowl (MT), Stevens Pass (WA), Sierra-at-Tahoe (CA), China Peak (CA), Mountain High (CA), Snowbasin (UT), Snowbowl (AZ), Crested Butte (CO), Angel Fire (NM) and Silver Star (BC).

More ski trips info at: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH

Multi-club Trips

SNOWSPORT CLUB

FWSA

Far West Trips



Click on underlined blue links or go to www.FWSA.org.

**Dive Trip to Cozumel**

Mexico, October 11-18, 2014. Dive Package: \$1,138 pp; Non-Dive Package: \$758 pp. Price includes: lodging, all

meals, 5 days of 2 tank boat dives, unlimited Nitrox, and more. Air-fare is not included. Contact **Randy Lew** at 530-304-0802 or fwsal3randy@telis.org.

**FWSA SKI Week: Whistler / Blackcomb**

, January 31 - February 7, 2015. A full week of activities and racing in Canada. Price: \$1,299 - \$1,339 per person depending on the type of lodging. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski parties, races, and more. Airfare is not included.

Mail check to: NWSCC Whistler Trip, 5331 SW Macadam Ave. Suite 258, Box 438, Portland, OR 97239. Contact: **Chris Ciardi**, c2blondie@hotmail.com, 503-297-5351. **Barbara Bousum**: BBousum@gmail.com 503-224-3584

**FWSA European Ski Week: Val d'Isere, France**

, March 14-21, 2015. Price for land package: \$1995 - \$2616 pp. Includes: 7 nights lodging with breakfast daily, welcome and farewell

parties, 5 nights dinner (2 nights left free to explore local restaurants), Air not included. Lift tickets not included. Optional pre-trip to Paris and post-trip to Provence. Make checks out to: Far West Ski Association (FWSA) for "FWSA 2015 Int'l Trip". Send to: Debbie Stewart, FWSA VP of Int'l Travel, 430 S. Church St., Visalia, CA 93277. FwsaIntlTrvl@prodigy.net

FWSA Heli Skiing at Revelstoke, BC with CMH Heli-Skiing

, March 15 - 21, 2015. (5 nights / 4 days of heli-skiing). Fly to Kelowna, then go by CMH bus or car to Revelstoke. Price =

\$5,830 pp double occupancy (plus taxes) or \$6,480 pp single supplement (plus taxes). Contact: Nancy Ellis, FWSA VP North American Travel, 530-414-8261 email: vpnorthamericantravel@fwsa.org

Bergfreunde Revelstoke + Sun Peaks

January 10 - 16, 2015. Mt. High members are invited to join this carpooling trip.

Cost: \$540 (ppdo, land only) includes: 2 nights at the ski-in/ski-out 5 star Sutton Place Hotel at the base of the mountain. 4 nights at the ski-in/ski-out Sun Peaks Lodge, 3 breakfast buffets.

Lift tickets (2 Revelstoke, 3 Sun Peaks): add **\$315**.

Contact: Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.

Make checks payable to **Bergfreunde Ski Club**. \$300 down, balance by Dec. 3rd. **Send payments to:** Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers, and email address.

Bergfreunde Lake Tahoe Sampler

Feb. 21 - 27, 2015. Mt. High members are invited to join this flexible carpooling trip.

Cost: \$332 (ppdo, land only) includes: 6 nights lodging, 2 group dinners, Hospitality room Sun, Mon, Fri., a dinner dance cruise on the M.S. Dixie II paddle wheeler. Lodging in

South Lake Tahoe. **Skiing:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered. **Contact:** Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.

Make checks payable to **Bergfreunde Ski Club**. \$150 down, balance by January 2nd. **Send payments to:** Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers, and email address.

**FWSA Mini Ski week: Whitefish, MT**

, March 30 - Apr 4, 2015 (5 nights / 3 or 4 days of

skiing). Price = \$550 (for 3 days skiing), or \$600 (for 4 days skiing). Included: 5 nights lodging at Grouse Mountain Lodge on the outskirts of the town of Whitefish with free shuttles to the mountain. Trip Leader: Gloria Raminha, 661-829-5996 [H], 661-800-8229 [C], garski2011@gmail.com

Skiing North America with John & Jewel Andrew



Part 8: Homeward bound by Emilio Trampuz



Here is part 5 of a 30 day trip involving 31 ski areas. Just one of many trips undertaken by John and Jewel Andrew in their quest to ski all of North America. They started from the State of Washington and headed for Alabama, accompanied by Paul and Carol Morford. After skiing Alabama, Georgia, North Carolina, Virginia, West Virginia and Maryland, they are now heading back west.

Days 20-21. Winter Park, Colorado Two days drive from Gettysburg, PA, we enjoyed Winter Park's varied and ample terrain (3,060 ft vertical).

We go to the top of Parsenn Bowl (el. 12,060 ft.), above Mary Jane Center. It was windswept and icy. We swapped right for left skis, ensuring sharp edges. (We label our skis R and L and ski that way most of the time. The inside edges get beat up but the outside edges remain sharp until we need them.)



Jewel Andrew & Carol Morford at Winter Park, CO



Winter Park, Colorado

Carol and Paul Morford.

Day 22. Steamboat, Colorado. We arrive at Steamboat (3,600 ft. vertical). Jewel and I have skied it many times. We show Paul and Carol our favorite runs.



Steamboat, Colorado: Paul, Jewel, Carol

Days 23-34. Steamboat, Colorado. We got a dump of powder overnight, our first powder since skiing Wintergreen in Virginia ten days before. We ski Steamboat two more days, finding unskied powder in the glades and shadows.



Steamboat, Colorado: John Andrew in powder

Day 25. White Pine ski area, Pinedale, Wyoming. Nighttime temperature plummets to 30°F below zero at the motel. The girls refuse to ski. Paul and I show up at the ski lodge. I put on my deep-winter gear, including the flapping butt warmer. A cold sun ups the temperature to 25 below. One run down White Pine's 1,000 feet of vertical calls for a cup of coffee. Three more runs, three more cups of coffee, and we're on our way to Jackson Hole.

White Pine, WY



Day 26. Jackson Hole, Jackson, Wyoming.

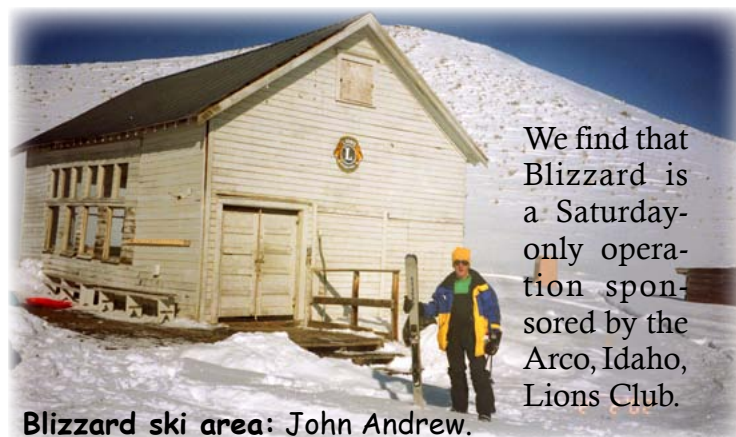
We take the tram to Corbett's Cabin (10,450 ft.) We avoid jumping into Corbett's Couloir and instead take the East Ridge Traverse and ski Jackson's 4,139 feet of vertical. After two more top-to-bottom runs, we quit early and get on the road to Sun Valley. As we pass Craters of the Moon, I see a distant ski lift on the north horizon, illuminated by the setting sun.



Jackson Hole:
Paul, Carol, and Jewel

Day 27. Blizzard Ski Area, Craters of The Moon, Idaho. We stayed overnight in Sun Valley. Paul and Carol skied with their daughter, Janet Hoffman. Jewel and I drive back to Craters of the Moon to check out the ghostly apparition I saw the evening before.

Blizzard ski area: Jewel Andrew.



We find that Blizzard is a Saturday-only operation sponsored by the Arco, Idaho, Lions Club.

Blizzard ski area: John Andrew.

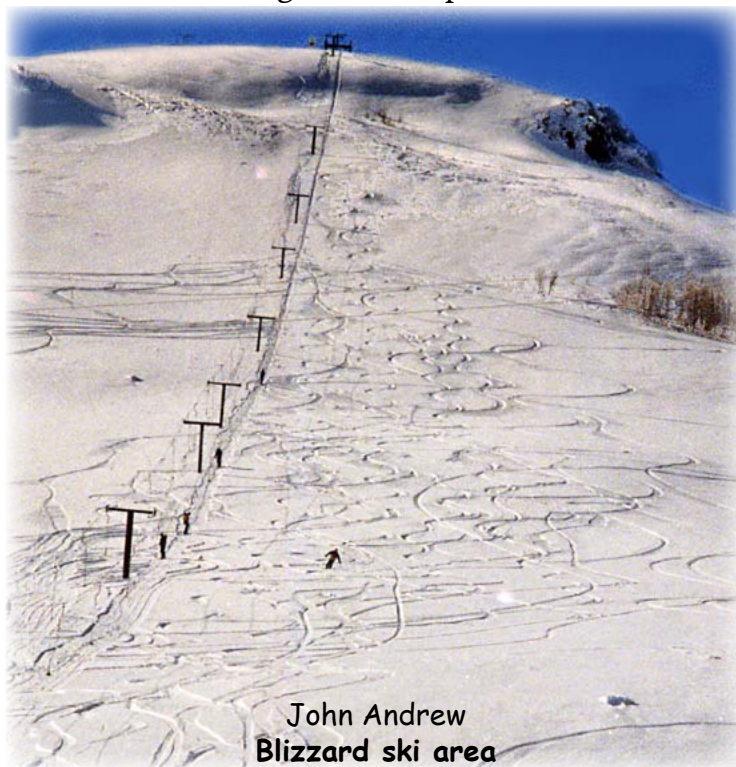
Day 27. Blizzard ski area, Idaho. I buy my lift ticket and get in line with the kids from Arco, Idaho.



Blizzard ski area Idaho.

Day 27. Blizzard ski area, Idaho. What a surreal place, about 4 miles north of the Craters of the Moon National Monument, and 18 miles from Arco. What a find! Blizzard is within driving range. Almost everyone has been to Sun Valley and Jackson Hole. No one knows about Blizzard. It's not shown on maps, yet nearly all dedicated Northwest skiers have been within a few miles of it

Jewel snapped a picture of me skiing in perfect form down Blizzard's ungroomed slopes.



**John Andrew
Blizzard ski area**

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

2014 Man & Woman of the Year

Our club's Man and Woman of the Year for 2014, are:

Kurt Krueger, our club President for the past 3 years.

Nancy Pratt, our current club Treasurer.



Mountain High Meeting

Usually the last Monday.

Sept. 29 (Mon.): Open to all who want to get more involved with the club.

Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078,
Vice-President: Terry White H: 503-781-4558
Secretary: Lisa Scribner H: 360-904-1302,
Treasurer: Nancy Pratt H: 503-593-9427,
Past President: Kurt Krueger H: 503-625-1492,
Membership Director: Terry Swan H: 503-729-3435
Race Director: Bruce Kuper H: 503-975-8039,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-805-8606,
Hiking: Chris Brooks H: 503-764-5323,
Bike rides: Jackie Bonillo H: 503-663-3359,
Bike rides: Karen Michels H: 503-984-9210,
Mid-week skiing: Ken Brundidge H: 503-720-0620,
Trip Director: Linda McGavin H: 503-652-2840,
Trip Leader: Gordon Lusk H: 503-804-8363,
Trip Leader: Sandra Smith H: 503-646-4591,

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GordyLusk@hotmail.com
sandra@pacifier.com

General info:
info@mthigh.org

Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:

☐ New membership

☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: **Deposit?** **Paid in full?**

- ☐ **Annual Membership** (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40) \$ _____
- ☐ **PACRAT Racing (2015)** \$95 for the whole season. Team: _____ \$ _____
- ☐ **Whitefish trip** (Feb. 28- Mar. 6). Dep.: \$100. Adult: \$638; 65+=\$606; 70+=\$497 \$ _____
- ☐ **Whitefish train bed in sleeper car** \$235 round trip, per pers., double occy. \$ _____
- ☐ **Whitefish lift tickets** (on top of the included 3): \$44.10 per day (max. 2 days) \$ _____
- ☐ **Whitefish: Fernie day trip** (bus + lift ticket): \$105 per person \$ _____
- ☐ **Whitefish: Snowcat skiing** Fewer than 8: \$390; 8+ = \$375; 14 people = \$250 p.p. \$ _____
- ☐ **Crystal Mt. bus trip** (March 20-22): \$240; Seniors 70 and over = \$210; Dep.= \$100 \$ _____
- ☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 298 Newsletter Distribution

The Aug. - Sept. 2014 issue is posted on our web site. Also:
269 copies sent via email (as PDF files)
22 paper printed copies sent via US Mail.
 Copies are also sent to potential members, other clubs, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: <http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls>

Mt. High

Membership



It is best to renew your club membership in person at the **Ski Fair** or the **Kickoff party**. Both are in November. These are the only two events where we will be

prepared to take your membership forms and dues and can also give your your new membership card (which we don't normally mail out nless specifically requested.

But, of course, you can always renew by mail too. Simply print the **Membership Signup form** at the [FORMS & DOCS](#) page and mail it in.

If you are planning to join us on one of our trips, an early signup would be desirable, to secure your spot on the train or the bus. In that case, it's best to do it by mail as soon as possible.

Sno-Park Permits



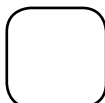
On Mt. Hood you can get a \$30 ticket for not having a sno-park permit.

The best place to buy a sno-park permit is at your local DMV

office. An annual permit at the DMV costs **\$25**. A 3 day (consecutive) pass costs **\$9**, a day permit is **\$4**. The DMV does not accept credit or debit cards.

You can also purchase a pass at various sporting good stores, and even at the Rhododendron food market on the drive up to the mountain, but all these other outlets usually tack on an additional fee of 50 cents or a dollar.

The sno-park permit fees help pay for snow removal from ski area parking lots during the winter.



Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302
 Please check our web site,
www.mthigh.org
 for updates.