

From the Prez



We've just finished another very good year. Mother Nature gave us a big tease early season, then left us dry for a long period. She came through in the clinch, just like last year, for a very good spring season. I'm sure anyone who bought a spring pass this year got more than their money's worth. And it's not over yet. Timberline has been getting snow again.

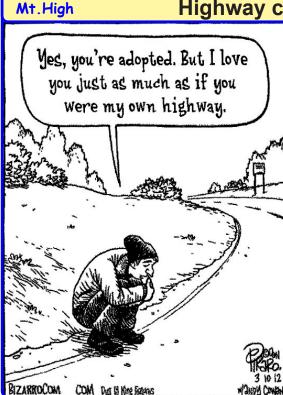
Only in the Northwest. We live in such a wonderful place.

I wish to thank the board for an excellent year's service. And thanks again for the one's who have signed on for another year. And Gordy, because of being the most recent Past President, he's automatically on the hook for yet another year. Start thinking about next year. Many of the officers have served several years, some rest would be nice.

Alice did a great job keeping the finances and the records straight (way over 400 Dough sheets pass though the Treasurer's hands each year). Thank you.

We welcome Nancy Pratt as our new Treasurer. Watch for Nancy on the slopes and at PACRAT races.

This issue contains many photographs contributed by our members. Keep them coming. Emilio has attributed most photos to their creators. Watch for the captions and sidebars throughout this newsletter. - Kurt



Highway cleanup

June 30 (Sat.)

10 am - 12 (noon)

Join other Mountain High club members in our twice yearly highway cleanup.

We have 2 miles of Hwy. 26 to take care of, just west of Government Camp, between mileposts 51 and 53.

We'll work for 2 hours and then have lunch - free for all participants. Just pay for your own drink.

Meet in Skibowl's parking lot.



Note the color code. Our club is blue.

2012 CALENDAR

Mountain High events Blue: Red: NWSCC / FWSA / Multi-club **Black:** General events

June 7 - 10: FWSA Convention, Ogden June 20 (Wed.): NWSCC & PACRAT **Elections** June 25 (Mon): Mt. High Board meeting

June 29 (Fri.): Mt. High Golf June 30 (Sat.): Mt. High Hwy Cleanup

July 22 (Sun.): Clubs 4 Play golf

Aug. 11 (Sat.): Mt. High Picnic Aug. 17 - 19: Mt. High Rafting Aug. 25-26: Barlow Road Bike Ride

Sept. 29 (Sat.): Seafood Party

Nov. 15 (Thur.): Kickoff Party

Mt.High, NWSCC, FWSA

NWSCC

Northwest Ski Challenge

If you have visited at least 7 resorts in Oregon, Washington and/or Idaho during this ski season you are eligible to win a prize. Everyone who skis at least 7 ski areas has an equal chance. The winner will be picked by random drawing among all who qualify. This is the last reminder. Enter right now!

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207. More info on our Council's web site: **NWskiers.org**.

FWSA FWSA Convention



June 7 - 10, 2012. A meeting of hundreds of ski clubs and councils with the ski industry. Meet ski celebrities, participate in a Travel Symposium, Silent Auction (with dozens of valuable ski trips going for very low prices), educational seminars, and more. Also elect the new Far West Ski Association Board members.

This year, it's happening at the Ogden Eccles Confer-

ence Center in Ogden, Utah.

Check out all the details and registration at: <u>http://</u> www.mthigh.org/#Far West Convention.

Mt.High

Golf

June 29 (Friday) - 3 pm

Our next round of Golf will be at **Quail Valley** in Banks (about 20 miles west of Portland).



The address is: 12565 Northwest Aerts Road, Banks, OR 97106. Phone: (503) 324-4444.

Cost: Regular - \$19 (There are no senior rates) Carts - \$7.50 a rider

West side members will car pool, just let Terry or Cal know if you want in.

See more info on our web site, **www.mthigh.org**.

Contact:

Terry at 503-729-3435 or swans761@juno.com Cal at 503-805-8606 or e-mail baebaw@ccgmail.net

NWSCC NWSCC & PACRAT Elections

June 20 (Wed.) 6 pm.

At this quarterly NWSCC meeting, elections will be held for both the NWSCC and PACRAT Boards.

For the NWSCC Board, each club has one vote.

For the PACRAT Board, all team captains get a vote, unless a club has too many teams. Unfortunately, only Mountain High has lots of teams (15 to be precise), and the PACRAT Bylaws stipulate that we are then limited to only 5 votes.

Location: at Tubby's Deli, 3330 N.W. Yeon Avenue, Portland OR 97210

Time: 6:00 - Happy Hour. 6:30 - Meeting starts.

FREE DINNER! Fettucini Alfredo with Chicken, Caesar Salad and Garlic Bread will be served. Soft drinks and water are FREE, Beer and Wine can be purchased at the deli for \$3 per bottle of beer and \$4 per glass of wine. NO BYOB.

Mt. High Highway Cleanup

June 30 (Sat.) - 10 am. Our club has adopted a 2-mile section of Highway 26, mileposts 51-53. We'll meet in Mt. Hood Skibowl's parking lot, on the west end of it. Then we'll earn some good karma cleaning up our two miles of the highway.

At noon, the club will cover the cost of lunch in Government Camp, right after the cleanup. Let's replenish our energy and enjoy each other's company.

For info, contact **Debbi Kor**, **<u>ijustwannarun1@</u>** <u>comcast.net</u> or call 503-314-7078.



For other club benefits, check our web site: www.mthigh.org/Membership.htm

Lift Lines 138, June 2012

July 22 (Sun.) 10 am.

Form a team of four.

www.nwskiers.org

Contact Sandi Shaub at:

sandi.shaub@gmail.com.

NWSCC

MOUNTAIN HIGH

Upcoming Events

Clubs 4 Play

Local ski clubs compete in a golf tournament at the Gresham Golf

To play, you must be a member of a ski club affiliated with the NWSCC.

Course, 2155 NW Dvision St., Gresham, OR.

18 holes of golf. Prizes, fun, BBQ, and more.

See the NWCC web site for more info at:

SNOWSPORT CLUB

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August 11, 2012. (Sat.)

Join us for our club's annual picnic in Sellwood Park. The picnic will be preceded by an easy bike ride.

9 am for the bike ride (assemble in the lower parking lot);

11 am for picnic.

11:30 am (or later) - food served.

See more info at at: <u>http://</u> www.mthigh.org/#Picnic

For info, contact Debbi Kor, ijustwannarun1@comcast.net

Mt.High

Deschutes River Raft Weekend

Aug 16-19, 2012. This has become an annual tradition for our club. A long weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact Gordy: 503-804-8363, GordyLusk@

Reservation & payment deadline: August 1st. Cancellation deadline is also August 1st. Call for special pricing if you have your own raft/kayak.

City Park. Camp sites at new location (see next page). RV space available for an additional \$20.00 a night. Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 18 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

Saturday night dinner: Lou's- Q will cook chicken, pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

Camp, raft, dinner = \$95.00 pp, (Non-members \$110.00)

Camp, permit, dinner (no raft): \$50. Dinner only = \$20.

To sign up, please use the Dough Transmittal form, page 11 or print the form from our web site. See the Forms page at: http://www.mthigh.org/Forms.htm. Here's a map of our reserved campsites in Maupin:



Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin





Mt. High Club Elections

Lift Lines 138, June 2012

SNOWSPORT CLUB

New Mt. High Board

At the Pizza Party on May 14, 2012, we held club elections, and elected the following 4 people to the Board.



President Kurt Krueger



Vice-President Terry White



Secretary Chris Brooks



Treasurer Nancy Pratt

In addition to the above, here are a few more of the more active members of our club. This is not a complete list. For more photos of our club leaders, see the Contacts page on our web site, <u>www.mthigh.org/Contacts.htm</u>.



Newsletter & web Emilio Trampuz



Membership & Golf Terry Swan



Past President and Rafting Gordon Lusk



Social Activities Debbi Kor



Golf Cal Eddy



Club archives Chas Westergren



Trips & NWSCC Linda McGavin



Biking Jackie Bonillo



FWSA Trips Barbara Bousum



Racing Bruce Ellison



Hiking Elisabeth Fontaine



PACRAT/NASTAR Racing Gary Gunderson

Lift Lines 138, June 2012

MOUNTAIN HIGH

SNOWSPORT CLUB

Mt. St. Helens

Bruce McGavin, Violet Anderson, and Mike Ferrell climbed and skied Mt. St. Helens on May 10th, 2012, in advance of the Mother's Day weekend crowd. It was perfect unskied corn snow. They all agreed it was the best ski we've had on Saint Helens. They did it last year too. Check out the June 2011 issue of "Lift Lines".



Skier: Bruce McGavin, Photographer: Violet Anderson



Skier: Violet Anderson, Photographer: Bruce McGavin







Everybody had a great time on Mt. St. Helens.

And this is what it looked like when they got back home!!!

Our members' adventures

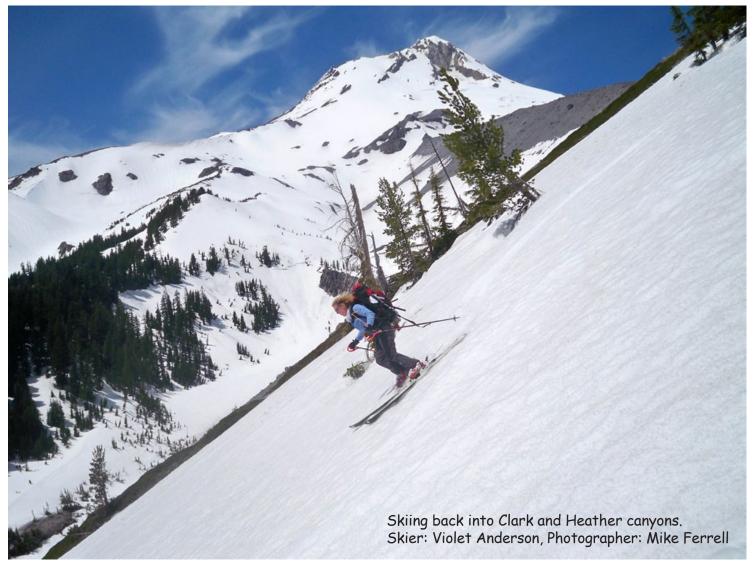
Lift Lines 138, June 2012 SNOWSPORT CLUB

Newton Canyon (Mt. Hood, OR) May 19, 2012. Have you ever skied Newton Canyon? It is the next canyon beyond Clark (North-East of Mt. Hood Meadows) and on this weekend it was amazing. Mike Ferrell and Violet Anderson climbed up the ridge between Clark and Newton then skied mostly Newton and crossed back into the bottom of Heather.



See the tiny dot of a skier climbing up the ridge?





SNOWSPORT CLUB

The Canyons West of Timberline (Mt. Hood, OR)

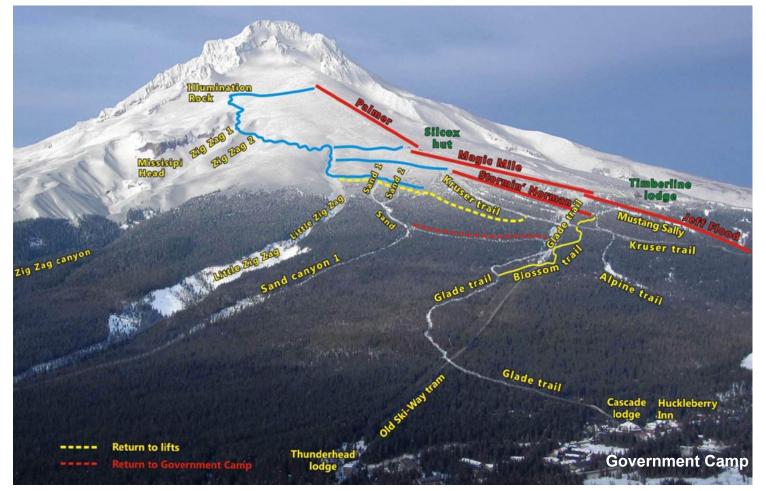
April 28 - May 26, 2012. For 5 Saturdays in a row, in April and May, several of our club members used Timberline's Spring Pass, which cost only \$110 for 3 months of skiing (March, April, and May) to explore the canyons west of Timberline, including Zig Zag canyon, Little Zig Zag canyon, Sand canyon, and the forest between Sand canyon and the Glade Trail, sometimes skiing all the way down to Government Camp. On one occasion, about 17 people showed up. More commonly, the average turnout was only about 4 or 5 people.

The area west of Timberline ski area is potentially dangerous in that it is easy to get lost in the trees and end up having to hike down for several hours toward Kiwanis Camp Road - also known as Road 39, and the same road that was the original highway to Mt. Hood, as traveled by President Roosevelt when he came to inaugurate Timberline lodge in 1937.

Emilio offered guided tours - both above and below the treeline. A few others, like Brenda and Jeff Ackerson, George Yun, Ed Palmer, had skied these canyons enough that they went on their own or guided people there.

During the past two years, Emilio has been marking two boundary lines below the tree-line, using different colored ribbons:

YELLOW ribbons show where you need to turn left and traverse back to the lifts (Stormin' Norman & Jeff Flood). RED ribbons, lower down, show where you need to turn left and traverse to get back to Government Camp.



NOTES: 1. Everything to the left (west) of the Kruser trail is out of bounds.

- 2. The blue line shows several skiable options. If you skip Little Zig Zag canyon, you can return to the Palmer lift. The next option down is to ski into Little Zig Zag and then traverse back to the bottom of the Magic Mile. A third option is to ski into the forest and follow the yellow ribbons back to the lower lifts.
- 3. Never ski more than just a few turns in Zig Zag canyon, and never go below treeline in or around Little Zig Zag.

Our members' adventures

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SNOWSPORT CLUB

Here are just a few photos from our many adventures in the canyons west of Timberline. We will do it again next Spring. In the meantime, see more photos on our web site PHOTOS page: <u>www.mthigh.org/Photos.htm</u>



Our best turnout was May 19th, about 17 people.



Chuck Westergren and Phil Mant



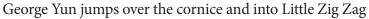
Susan McNulty, Buck Schafer and Chas Westergren.





Kurt Wilke and Kenny Brundidge near Mississippi Head.







Photographer: Tom Rodrigues

See more photos at <u>www.mthigh.org/Photos.htm</u>.

Recent Events

SNOWSPORT CLUB





Mt. High quarterly Social Pizza Party & Elections

May 14, 2012. Our annual elections were held during the quarterly pizza party at Round Table Pizza. Most of the Board stays the same, but we now have a new Treasurer: Nancy Pratt. See the new Board on page 4.

The pizza was good, as usual, and we enjoyed each other's company. There were also some door prizes, and Emilio showed a 5-minute video summarizing most of our club's activities and trips during this past winter.



Whistler/Blackcomb trip

April 19-23, 2012. A dozen of our members had a great time on the slopes of Whistler and Blackcomb mountains, and in Whistler village. They had ski-in/ski-out accommodations, and good weather to boot! **Debbi Kor** was the trip leader. Thanks to **John Davis** for the photos.







In Memoriam

SNOWSPORT CLUB

Clarence "Coy" Hill Born: April 27, 1927 Negaunee, MI Died: May 13, 2012 Ishpeming, MI

American ski jumper, inducted into the Ski Hall of Fame in 1974, passed away May 13th, at his home in Ishpeming, Michingan. He was 85.

Coy was born on April 27, 1927 and started ski jumping at the age of four and began competing at age 10. He served in the U.S. Navy during World War II and worked as an iron worker when he returned home. His love of ski jumping never diminished and he excelled in ski jumping competitions throughout the '50s and '60s.

"Ski jumping was my life," he stated during an interview in the documentary Winter Wonderland: Michigan's Golden Age of Skiing, "To fly through the air on a pair of skis..., the sensation cannot be put into words. It's the next perfect thing to flying like a bird, except the skis are your wings."

Moreat: <u>http://skihall.com/index.php? a=document&doc id=11&id=142</u> Also see article in US Ski Jumping : <u>http://www.usaskijumping.org/news/post/famed-jumper-coy-hill-dies</u>



Sarah Burke Born: September 3, 1982 Barrie, Ontario, Canada Died: January 19, 2012 Salt Lake City, Utah, USA.

Sarah Burke was a Canadian freestyle skier who was a pioneer of the superpipe event. She was a four-time Winter X Games gold medalist, and won the world championship in the halfpipe in 2005.

She successfully lobbied the International Olympic Committee (IOC) to have the event added to the Olympic program for the 2014 Winter Olympics. She was considered a medal favorite in the event. Burke died following a training accident in Park City, Utah. She was 29.

Sarah won first place in the 2001 US Freeskiing Open in the half-pipe event and finished second in slopestyle. When half-pipe made its debut at the 2005 FIS Freestyle World Ski Championships, she emerged as the first world champion. She won ESPN's 2001 Award for female skier of the year and was voted 2007's Best Female Action Sports Athlete at the ESPY awards

On January 10, 2012, Burke was seriously injured while training on the Park City Mountain Resort Eagle superpipe in Park City, Utah. Onlookers reported that Burke had completed a trick fairly well yet fell onto her head,

and the accident did not appear to be very severe. Moments later, however, she went into cardiac arrest while still on the ski slope, making her chance of survival extremely low. She was resuscitated and airlifted to the University of Utah Hospital in Salt Lake City, where she was reported to have been placed in an induced coma. The following day, she underwent neurosurgery to repair a tear in a vertebral artery. She succumbed to her injuries on January 19, 2012. According to her publicist, Burke's injuries had resulted in "irreversible damage to her brain due to lack of oxygen and blood after cardiac arrest." Her organs and tissues were donated as she requested before her death.

Because the event at which she fell was not a sanctioned competition, Burke was not covered under the insurance policy that applied to her when she competed for the Canada Freestyle Ski Association. The day after her death, Burke's agent established a website to raise \$550,000 to help pay her estimated \$200,000 hospital costs and establish "a foundation to honour Sarah's legacy and promote the ideals she valued and embodied"

See a moving tribute to Sarah on the ESPN-W web site at: <u>http://w.espn.go.com/espnw/more-sports/7984690/</u>



Lift Lines 138, June 2012

MOUNTAIN HIGH

Contacts / Club info

SNOWSPORT CLUB

Mountain High Meeting

Last Monday of the month

June 25 (Mon.): Open to all who want to get more involved with the club. Gather at 6:00 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd., (near Capitol Hwy).

Web site:

Man & Woman of the Year

Linda McGavin

Gordon Lusk

Our club's Man and Woman of the Year, Bruce Ellison and Debbi Kor, have been also selected as the Northwest Ski Club Council's Man and Woman of the Year, and they will be representing the Northwest at the FWSA Convention in Ogden.

Trip Directors:



Bruce Ellison



Mountain High snowsport club contacts: General info: Kurt Krueger **President:** President@mthigh.org H: 503-625-1492, info@mthigh.org Vice-President: Terry White H: 503-781-4558 TWhite223@msn.com Chris Brooks H: 503-764-5323, jruffman@al.com Secretary: www.mthigh.org Treasurer: Nancy Pratt H: 503-593-9427, Treasurer@mthigh.org *Membership Director:* Terry Swan swans761@juno.com H: 503-729-3435 Bruce Ellison Yuffiet@comcast.net **Race Director:** H: 503-697-7892. Emilio Trampuz newsletter@mthigh.org Newsletter Editor: H: 1-503-378-0171, ijustwannarun1@comcast.net Social Activities: Debbi Kor H: 503-314-7078, W: 503-805-8606, baebaw@ccgmail.net Golf: Cal Eddy H: 503-631-3115, Elisabeth Fontaine H: 503-524-5774, Hiking: Lise518@msn.com KenBrundidge@comcast.net Mid-week skiing: Ken Brundidge H: 503-720-0620,

H: 503-804-8363,

H: 503-652-2840, Trips@mthigh.org

GordyLusk@hotmail.com

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:	[] New membership	[] Renewal	By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations,			o be
Name(s):			including the Tri	p Cancellation Po	blicy. I hereby release Mountain F r agents (officers, directors, trip of	ligh
Address:			tains, and any o injury, property	ther Club represe damage, or any o	entatives) from liability for perso other liability of any kind connec	onal cted
Phone (Hm):	Phone (Wk):		any and all liabilities of any kind which may be incurred or asserted			
Email (Hm):	Email (Wk):					
Email Preferences: [] No changes (same as last year)	 Newsletter (once a month): [Club news & events (betw Other ski news (NWSCC, FWSA, ski Is it OK to share your email addres 	veen newsletters): i areas, trips): [] yes	[]yes [s []no] no	10	
Please take my mor <u>full?</u>	ney, and apply it toward the foll	owing Ski Club fui	n stuff:		Deposit? Paid	in
Annual Membership (Oct. 1, 2012 - Sept. 2013): Single (\$25); couple (540) \$			
PACRAT Racing (2013) \$95 for the whole season . Team:						
Rafting trip (Aug. 17-19, 2012). \$95. Non-members: \$110.			\$			
Rafting trip RV space RV space : \$25 per day.			\$			
□ Other:			\$			
Comments (For whom	you are paying. Roommate requests,):					
Signature(s):				Date:_		
Signature(s):				Date:_		

See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf

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Club membership = 322 Newsletter Distribution

The June 2012 issue is posted on our web site. Also: **386** copies sent via email (as PDF files) **24** paper printed copies sent via US Mail. Copies are sent to potential members, other clubs, etc.. **Please help us minimize the cost of** mailing paper copies. **Send your email address** to: <u>newsletter@mthigh.org</u>.

Conversation between a young girl and her dad after she heard that Facebook had purchased Instagram:



Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302

Please check our web site, www.mthigh.org for updates.

Barlow Road Bike Ride

Aug. 25 - 26, 2012 (Sat. - Sun.)

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss.

A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities: 1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day. 2. **Trail Boss:** 50 miles each day, one uphill and one downhill.

3. Pioneer: 25 miles up from Sandy, 50 miles downhill on day 2.
4. Junior and Senior: 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads except Hwy. 26 from Zig Zag to Government Camp, which has a wide shoulder.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music,

The maximum riders is 2,000. Registration fee is \$75.00 per rider.

Details and registration: **www.barlowroadride.com** or call 503-272-3301.

