



Lift Lines

= No. 135-137 March-May 2012 =

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Prez



Our apologies for this issue being so late. The months of February, March and April were so full of activities we barely had time to write about them and process all the photos and videos. We are still catching up. Still, see some of what you may have missed, or relive the memories.

Please note that our club organizes one of a kind events. We don't organize 3 hikes on a single day. Instead, we do only one hike meant to bring all our members together. Similarly, we have only one picnic per year, only one Chocolate party, only one Mystery trip. You have a standing invitation to all of these events. Use it or lose it.

In a similar vein, we don't usually repeat the same trip more than once. There are a few exceptions, such as the rafting trip, but for the most part, each year we try to find new and different destinations. We visited Anthony Lakes, Mt. Ashland, and Mt. Shasta this year. Next year, our trips will take us some place else. So, come with us now, or wait several years before we do this again.

This issue has all the upcoming events condensed on pages 1-3. The other pages document our activities in Feb., March, and April.

- Kurt

Note the color code.
Our club is blue.

2012 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA / Multi-club

Black: General events

Mar. 3 (Sat.): Ski the Glade Trail Day

Mar. 3 (Sat.): Turkey Slalom - Skibowl

Mar. 4 (Sun): Memorial Cup GS

Mar. 4 - 5: Oregon Cancer Ski Out

Mar. 9-10: Hope on the Slopes

Mar. 11: PACRAT Race 3: Skibowl

Mar. 9-17: FWSA: Chamonix, France

Mar. 16-18: Mt. High Mystery trip

Mar. 25: PACRAT Race 4: Meadows

Mar. 27 - April 1: FWSA at Big White

Apr. 1: PACRAT Race 5: Meadows

Apr. 6 - 8: Far West Championships

Apr. 6 - 8: Bachelor Blast (NWSCC)

Apr. 13 (Fri): Rat Attack Awards party

Apr. 14 (Sat.): Ski to Defeat ALS

Apr. 19-23: Whistler-Blackcomb trip

May 5 (Sat.): Ski Mt. Hood Canyons

May 12 (Sat.): Mt. High Golf Tournament

May 12 (Sat.): Ski Mt. Hood Canyons

May 13 (Sun.): Mt. St. Helens Mothers' Day climb

May 14 (Mon.): Mt. High Social, Pizza + Elections

May 19 (Sat): Reach the Beach

May 19 (Sat.): Ski Mt. Hood Canyons

May 26 (Sat.): Ski Mt. Hood Canyons

May 29 (Tue): Mt. High Board meeting

June 7 - 10: FWSA Convention, Ogden

June 30 (Sat.): Mt. High Hwy Cleanup

July 22 (Sun.): Clubs 4 Play golf

Aug. 11 (Sat.): Mt. High Picnic

Aug. 17 - 19: Mt. High Rafting

Aug. 25-26: Barlow Road Bike Ride

Mt. High

Upcoming Events



Golf: May 12



Pizza Party: May 14



Highway Cleanup: June 30



Picnic: August 11

MOUNTAIN HIGH**Upcoming Events****SNOWSPORT CLUB**

Mother's Day Mt. St. Helens Hike

May 13 (Sunday). Climb and ski Mt. St. Helens, and in honor of your mother and mothers everywhere, wear a dress!!!

"Over the years, a grass-roots tradition has developed at Mount St. Helens. Climbers ascend the mountain in a dress or skirt in honor of their mothers," said Mount St. Helens Institute Director, Jeanne Bennett.

"This is an informal way to climb with a bunch of fun-loving people who love Mount St. Helens and their moms! It's especially convenient that permits are unlimited for this day, making it available to hundreds of people. Last year over 300 people participated! Really, what could be more fun than watching snowboarders shredding the mountain wearing dresses?" - said Bennett

See YouTube video at:
<http://www.youtube.com/watch?v=BzVjtcYwrwline> in May

Mt. High Golf Tournament (Scramble)



May 12 (Saturday) 12:00 pm (noon).

We are having an 18 hole Scramble (4 person teams) at Stone Creek Golf Club, 14603 South Stoneridge Drive, Oregon City, OR 97045, (503) 518-4653. Starting at noon, and followed by a picnic at the same location as last year, Clackamette Park, the shelter next to the horseshoe pits. First tee times start at 1:00 pm. 18 holes

Cost: Regular - \$42 includes golf and picnic

Seniors - \$25 includes golf and picnic. Power carts - \$15 a rider

See more info on our web site, www.mthigh.org. Contact:

Terry at 503-729-3435 or e-mail at swans761@juno.com

Cal at 503-805-8606 or e-mail baebaw@ccgmail.net

Ski the Canyons around Timberline

May. 12 (Sat.) - 9 am

Mar. 19 (Sat.) - 8 am

May 26 (Sat.) - 8 am

Great out-of-bounds adventures, accessible to anyone. Join Emilio in his pursuit of new terrain to ski, new vistas to see. Use the lifts for uphill transportation, but then go farther west than you've ever gone before. Meet at McDonald's in Sandy 1.5 hours before the start of skiing.

See more info on our web site, www.mthigh.org. Contact:

Emilio at 503-510-1477 or e-mail at Emilio2000@earthlink.net



Mt. High

Quarterly Social: Pizza Party + Elections

May 14 (Monday) 6:30 - 9:00 pm

Place: Round Table Pizza, 10070 SW Barbur Blvd., Portland, Oregon. (near Capitol Hwy)

Pizza is on the club! Just buy your own drink. Everybody is invited! Come meet other club members, check out what's new. Enjoy some "Maui Zau" pizza!

ELECTIONS: We will hold our annual club elections on this day, for President, Vice-president, Secretary and Treasurer. So far, we have the following candidates. Other nominations and self-nominations are welcome:

President: Kurt Krueger

Vice-President: Terry White

Secretary: Chris Brooks

Treasurer: Nancy Pratt



Mt. High 2012 Elections Ballot. You can either:

1. Email it to: Emilio2000@earthlink.net or
2. Mail it to: Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302 or
3. Bring it to our Elections Pizza Party, May 14, 2012.

Just print and fill out the ballot at: <http://www.mthigh.org/Documents/Mt-High-elections-ballot-2012.pdf>

NWSCC**Northwest Ski Challenge**

If you have visited at least 7 or more resorts in Oregon, Washington and/or Idaho during this ski season you are eligible to win a prize. Everyone who skis at least 7 ski areas has an equal chance. The winner will be picked by random drawing among all who qualify.

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207. More info on our Council's web site: NWskiers.org.

Reach the Beach

May 19 (Sat.) Join 3,000 cyclists in the largest fundraiser for the American Lung Association in Oregon. Participants will follow one of four gorgeous rural routes to Pacific City where a beach party awaits at the Pelican Pub in front of Haystack Rock.

The ride starts from 4 locations: Portland (100 mi), Newberg (80 mi), Amity (55 mi) or Grand Ronde (28 mi). Included are medical and mechanical support on course, eight lunch and snack stops and a beach party.

More info at: www.reachthe-beach.org

FWSA Convention

June 7 - 10, 2012. A meeting of hundreds of ski clubs and councils with the ski industry. Meet ski celebrities, participate in a Travel Symposium, Silent Auction (with dozens of valuable ski trips going for very low prices), educational seminars, and more. Also elect the new Far West Ski Association Board members.

This year, it's happening at the Ogden Eccles Conference Center in Ogden, Utah.

Check out all the details and registration at: http://www.mthigh.org/#Far_West_Convention.

For info, contact **Debbi Kor**, ijustwannarun1@comcast.net

Mt. High Highway Cleanup

June 30 (Sat.) - 10 am. Our club has adopted a 2-mile section of Highway 26, mileposts 51-53. We'll meet in Mt. Hood Skibowl's parking lot, on the west end of it. Then we'll earn some good karma cleaning up our two miles of the highway.

At noon, the club will cover the cost of lunch at the Brew Pub in Government Camp, right after the cleanup. Let's replenish our energy and enjoy each other's company.

For info, contact **Debbi Kor**, ijustwannarun1@comcast.net or call 503-314-7078.

Clubs 4 Play

July 22 (Sun.) 10 am.

Local ski clubs compete in a golf tournament at the Gresham Golf Course, 2155 NW Division St., Gresham, OR.

18 holes of golf. Prizes, fun, BBQ, and more.

To play, you must be a member of a ski club affiliated with the NWSCC.

Form a team of four.

Contact **Sandi Shaub** at: sandi.shaub@gmail.com.

Mt. High Picnic

August 11, 2012. (Sat.)

Join us for our club's annual picnic in Sellwood Park. The picnic will be preceded by an eas bike ride.

9 am for the bike ride (assemble in the lower parking lot);

11 am for picnic.

11:30 am (or later) - food served.

See more on our web site at: <http://www.mthigh.org/#Picnic>

For info, contact **Debbi Kor**, ijustwannarun1@comcast.net

Mt. High Rafting

August 17-19. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, OR. All of the rafting is done on Friday (starting at noon) and Saturday (all day). Sunday is just for relaxing.

Trip includes: Camping: on-Thursday, Friday and Saturday night in Maupin City Park. RV space available for an additional \$20.00 a night. A BBQ is included on Saturday night.

Camp, raft, dinner = \$95.00 pp, (Non Members \$110.00).

Info: **Gordy Lusk** 503-804-8363, GordyLusk@hotmail.com

Utah trip

Powder Mt. and Snowbasin

February 18-24, 2012.

This trip, just like the previous one some 5 or 6 years ago, offered two options: a 4 day trip or a 7 day trip. Seven people chose the shorter option, while about a dozen others chose the longer option. We all stayed in the Moose Hollow condos in Eden, UT (not far from Ogden), and we skied together during the first 4 days

Powder Mt. lived up to its name, greeting us with 6 inches of fresh snow on the first day. We skied lots of fresh tracks and lots of trees.

Snowbasin was a bit foggy early in the morning, but the fog dispersed, and we had a good time.

A **pizza party** on the first day allowed everyone to get to know each other. On a later evening, we had dinner at the **Gray Cliff** restaurant in Ogden canyon, where the food was excellent. Also, **Kurt Krueger** celebrated his birthday that evening.

The trip was so good we might do it again next year.



Linda McGavin at Powder Mt.



Kenny Brundidge



Fresh tracks
at Powder Mt.



Gordon Lusk at Snowbasin



At the top of Snowbasin

Sundance, Utah

- Kurt Krueger -

February 21, 2012

Sundance ski area is owned by actor **Robert Redford**. It is the southernmost of the cluster of ski areas around Salt Lake City. It is near the town of Provo, an hour from SLC, or 2 hours from Eden, Utah.

Sundance turned out to be bigger than expected and with at least 2 or 3 totally ungroomed bowls, steeper and more challenging than you might think. See video we posted at <http://vimeo.com/39954705>

Only Kurt and Emilio visited Sundance during our recent Utah trip. Colin Brandt went to ski The Canyons that day. The others stayed on Powder Mt., unwilling to drive an hour or two to a different ski area.

Powder Mt. was excellent, but if you are going to travel all the way to Utah, you might as well experience a few more ski areas there, and Sundance is highly recommended. Put it on your "to ski" list.



Kurt Krueger



Bishop Bowl at Sundance, UT



Kurt Krueger & Emilio Trampuz
in the "No Excuses" glades
at Sundance, Utah.

The area is served by 3 fixed grip doubles. The bottom lift serves mainly beginner and intermediate terrain and has 3 (count 'em) unloading stations. For the more advanced skier, this lift serves to deliver you to the upper mountain where two lifts give access to the ridges that border Bishop's, Grizzley and Redfinger Bowls. The bowls are all marked black diamond. A few runs from the ridge into Bishop's are marked double black. The black diamond markings (IMHO) are genuine. Bishop's is a very large bowl, and we've got the pictures to prove it.

Snow conditions were described by a sign at the top of the mountain (8250') as variable powder. The reality was that the snow was wind deposited. Powder is powder no matter its source. Lots of fluffy powder to keep us entertained for hours, both skiing in the bowls and taking runs off the ridge in the opposite direction.

Ticket prices are a modest \$49. The over 65 crowd can ski for \$15.

BTW, the trail map is drawn with a perspective that makes the bowls appear more like gullies. They are really full fledged bowls. Emilio has a great YouTube of our adventure. See: http://www.youtube.com/watch?feature=player_detailpage&v=-miuIL-_WEc (A higher resolution version is on [Vimeo](http://vimeo.com/39954705).)

See more photos at www.mthigh.org/Photos.htm.

Soldier Mt, Idaho

- Kurt Krueger -

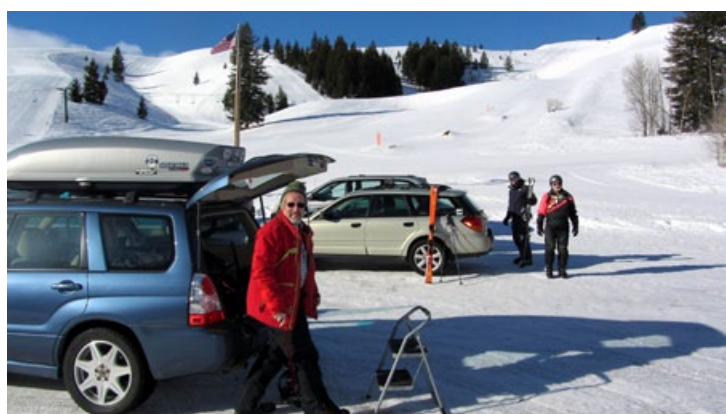
February 23, 2012

During the drive to and from Utah, the two Kurts (Wilke and Krueger) along with Emilio and Walt Blomberg arrived at Soldier Mt. (Idaho) on Thrifty Thursday to a blue bird day. We were first surprised by the ticket price. Only \$25 for the over 62 crowd and two for one that day. When's the last time anyone skied for \$12.50?? Full price for the younger crowd is still a modest \$36.

Soldier Mt. is owned by actor **Bruce Willis**. He is about to donate it to a non-profit organization. Any takers?

Soldier Mt., located near Fairfield, Idaho, is 1.5 hours south-west of Sun Valley, and about an hour east of Mountain Home on I-84.

Offering 1,425 vertical feet and 1,150 acres, there is plenty of terrain here for all abilities. The mountain has two fixed grips doubles with the top at 7177 ft.



We couldn't resist trying the black run named Wang Dang Doodle. This run didn't get any wind deposits, was hard as a rock, and rough. We earned our stripes on this one. And got our bodies Wang Danged.

The work crew were not your typical ski resort workers. It's obviously a local's mountain. And all the workers were having fun. And it was infectious.



Most of the terrain is intermediate. Lots of cruisers on nice rolling hills, but we also found some ungroomed terrain too.

The high winds that had closed Powder Mountain on our last day had also besieged Soldier Mt., as we noticed a certain green convenience structure laying on its side halfway down the upper lift. It was a porta-potty blown off the mountain. On talking to the ski patrol, they confirmed that indeed it used to be situated at the top.

On our day the winds had died down to essentially zero. Surface conditions were mostly old snow with a little fresh, mainly wind deposits. It was a groomer day and an enjoyable respite from the heavy duty skiing we did in Utah.



See more photos at www.mthigh.org/Photos.htm.

Mystery trip

March 16-18, 2012.

This year's mystery bus trip went to **Mt. Shasta** (CA) and **Mt. Ashland** (OR). Mt. Shasta is only about an hour and a quarter south of the Oregon/California border. We stayed at the Stratford Inn in Ashland both nights and made a day trip to Mt. Shasta.

We were blessed with two of the best kind of days. At **Mt. Shasta**, we were greeted with a bluebird day. Great visibility and perfect day to take pictures of the enormous 14,000 foot mountain in the background. By evening, it got cloudy and it snowed overnight.

The next morning, at **Mt. Ashland**, we were greeted with 6 inches of the most delightfully powdery snow, and it kept snowing much of the day. But, by late afternoon, it got sunny again.

As usual on all our bus trips, there was plenty of stuff to share on the bus, including food, jokes, limericks and videos.

Mt. Shasta



Mt. Ashland: composite of 3 pictures of Bruce McGavin in deep powder

Nancy Pratt tells a joke on the bus.



John Davis' vertigo



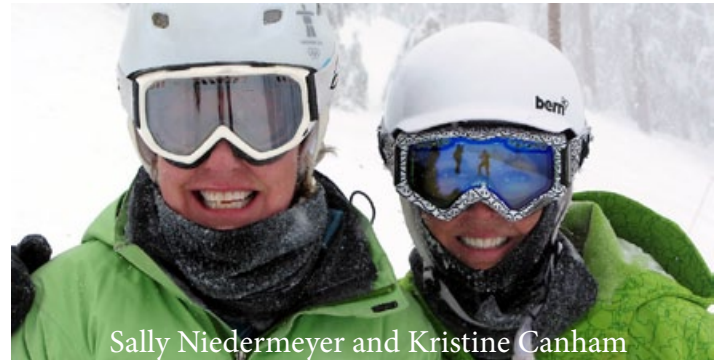
John Davis' Adventure at Mt. Ashland

At Mt Ashland, best ski day of the year hands down, first run, I went for the backside with a local and the white out caused me to do a perfect forward flip, lose both my skis and trigger a horrendous bout of vertigo (this happens to me on amusement rides and stunt planes and high altitude hangliding-- I can't stand up for hours afterwards.)

The ski patrol had to send for the caterpillar since they thought I wouldn't be able to sit on a snowmobile. ALL the Ski Patrol came down to look at me. They thanked me profusely: "We never get to ski the backside, thank you very much for getting vertigo back here!!". I of course offered that I might not be ok and they needed to go back and make another run to make sure.

Two hours later I was in the Ski Patrol office on a bed and then they got me over to the lodge where I lay until the bus was ready to go. hahahaha. Of course, we must never lose sight of what is important!!! While waiting in the snow for the cat I made sure I got my picture posted on Facebook!

See more photos at www.mthigh.org/Photos.htm.



Sally Niedermeyer and Kristine Canham

International Skiing History Association Week

Timberline, Glade Trail, Mt. Hood Museum

April 9, 2012. (Monday)

This year ISHA's annual skiing heritage week was held in the Northwest. The participants visited a number of ski areas, including Timberline, Mt. Hood meadows, White Pass, Crystal Mt., Snoqualmie, and Stevens Pass. The day they skied at Timberline (Monday, April 9) included a run down the Glade trail. At the bottom, a shuttle transported the participants to the Mt. Hood Museum for a reception there, and then back to Timberline Lodge, where a dinner was enhanced with 3 or 4 history presentations.

* **Jeff Kohnstamm**, Timberline's manager, presented a slide show about the history of Timberline Lodge.

* **Lloyd Musser**, curator of the Mt. Hood Museum, talked about the history of skiing in the Northwest.

* **Kirby Gilbert**, Ski Historian, talked about the founding of Ski Magazine in 1936.

The whole Timberline day, including skiing the Glade Trail, the Mt. Hood Museum visit, the Timberline Lodge dinner, and the history presentations was open to local skiers. The day event cost \$60.



Jon Tullis, Timberline's Public Affairs, talks to participants.



Skiing the 3-mile Glade trail to Government Camp.



Dale Crockatt (on left) escorts a group on the Glade trail.
A view of Mt. Hood Skibowl in the background.



Mike Barmache, Linda McGavin, Lesli Bekins, Lloyd Musser, and Emilio Trampuz at the Mt. Hood Museum.



Skiing Heritage magazine

The voice of ISHA - the International Skiing History Association.

This is a bi-monthly magazine from which you can learn a lot about how skiing became what it is today. Subscription for a year (6 issues) costs \$50.. A three year subscription (18 issues) is \$120 -- or only \$40 per year.

For subscription instruction go to: http://www.skiinghistory.org/?page_id=96

If you order soon, you will also receive a free DVD movie: "Gliding Through Time"

See more photos at www.mthigh.org/Photos.htm.

Bachelor Blast

- Linda McGavin -

April 6-8, 2012.

If you missed this year's Bachelor Blast you missed a GREAT trip! Wonderful weather, great skiing (Summit was open every day - what does THAT tell you?), a fantastic fine dining lasagne buffet lunch served in Scapolo's; the opportunity to meet and ski with former Olympian ballet skiers from the '80s, a costume contest, and a Gourmet Hot Dog party at GoodLife Brewing, with live music! Mt. Bachelor did an excellent job with a welcome packet and goodie bag for everyone, and Mt. Bachelor Village provided excellent service and fine accommodations.

It was SO MUCH FUN to meet and ski with the "Legends" - Bob Howard, Thom Brisson, Steve Youngerman, Dan Herby, Mike Dayton, Dan Schindler, and Tracy Livingston - and to watch them perform ballet tricks that they may not have tried in decades. They were the judges of the costume contest, and added a twist to the contest by asking the participants to ski down and attempt some tricks as well!

The winner was a shoe-in: Bruce Kuper sewed an amazing costume that was a one-piece psychedelic black-and-white pattern (shown skiing backwards)! Richard Horner was second with a "Bad Hare Day," and Janet ("Zippy") Siverts-Smith came in third, wearing an old colorful one-piece suit and showing a lot of effort in her skiing.

Among our skiers were Sally Niedermeyer, Moniquea Degan, Janet Siverts-Smith, Lynn Norbury (bunny ears), Rich Horner and Bruce Kuper.



Lynn



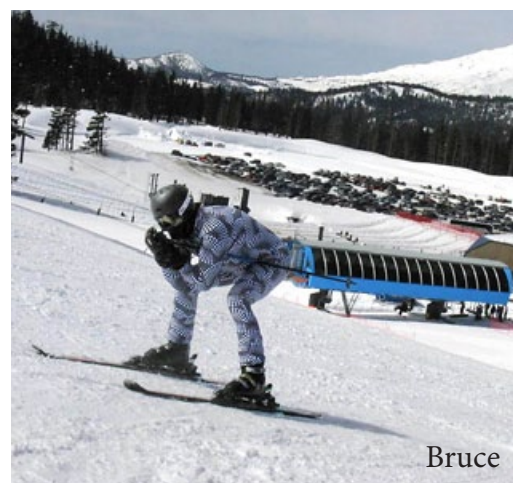
Richard



Jan



Moniquea



Bruce

The winning teams



Ruttin' Rats

April 15 (Fri.) At the end of the racing season, the top team was **Ruttin' Rats** (a Schnee Vogeli club team).

In second place was the **Chilled Brewskis**, a Mountain High team led by Brenda Becerra.



Chilled Brewskis

The **Rat Racers** team, with Lynn Norbury as team captain, was in third place.



Rat Racers team

This year's Queen Rat and King Rat (the two individuals who improved the most during the season) were: **Jeannie Nyquist** (Chilled Brewskis team, Mt. High club, improved by 29%) and

Alan Bean (Lab Rats team, Mt. High, improved by 45%).

More detailed results on the Race Results web page. Also, see more photos on our Photos page, and even more on the PACRAT web site, www.pacrats.org.

2012 PACRAT Race Results

Pl	Team Name (bib #)	Club Name	Pts
1	Ruttin' Rats (60-69)	Schnee Vogeli	230
2	Chilled Brewskis (150-159)	Mt. High	218
3	Rat Racers (30-39)	Mt. High	215
4	Rattitudes (20-29)	Mt. High	207
5	Kiss My Wax (10-19)	Skiyente	196
6	Tasmanian Ski Devils (130-139)	Bergfreunde	191
7	Mixed Nuts (40-49)	Mt. High	189
8	Frosted Flakes (170-179)	Mt. High	183
9	Racy Brats (50-59)	Skiyente	179
10	Ragnar's Rangers (180-189)	Cascade Ski Club	165
11	Lab Rats (110-119)	Mt. High	165
12	MAC-Tacular (240-249)	MAC	165
13	Infrarats (140-149)	Mt. High	163
14	Mt. Hoodlums (80-89)	Mt. High	162
15	Schussing Shysters (230-239)	Mt. High	159
16	Drooling Moose Rats (100-109)	Mt. High	148
17	Psychothermia (210-219)	Mt. High	137
18	Vertigo Madness (220-229)	Mt. High	131
18	Bad Company (200-209)	Mt. High	130
20	Slack Rats (70-79)	Mt. High	126
21	Drunken Losers (160-169)	Free Riders	124
22	Avalanche Express (90-99)	Mt. High	113
23	Slic Chics (120-129)	Skiyente	52
24	MAC-II (180-189)	MAC	25

We had a total of 227 racers (82 female and 145 male) from a total of 7 clubs.

The Frosted Flakes team was the only team with 100% participation, followed closely by Chilled Brewskis, Kiss My Wax, Mixed Nuts, and Rat Racers with 98% participation

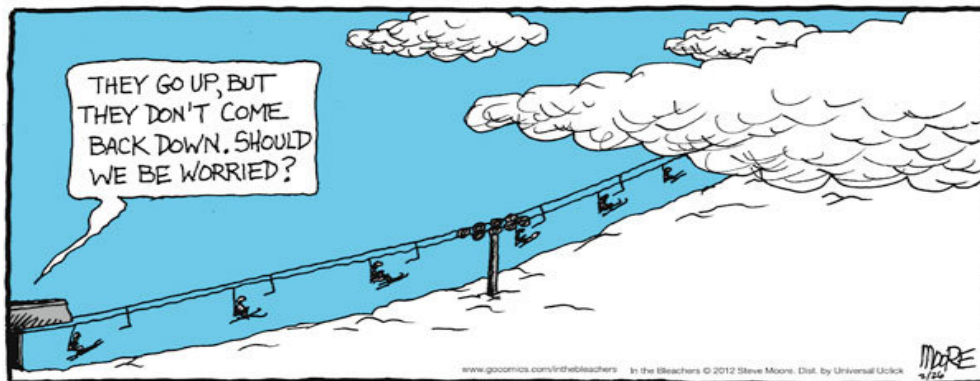
For any questions, contact our Racing Director. Bruce Ellison: Yuffiet@comcast.net or phone: 503-697-7892.



Alan Bean
(King Rat)

Jeannie Nyquist
(Queen Rat)

The 2 most improved racers: Alan Bean & Jeannie Nyquist

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Mountain High Meeting**

Usually last Monday of the month
This month is an exception.

May 29 (Tue.): Open to all who want to get more involved with the club.
Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

President: Kurt Krueger H: 503-625-1492,
Vice-President: Terry White H: 503-781-4558
Secretary: Chris Brooks H: 503-764-5323,
Treasurer: Alice Dagilaitis H: 503-697-4885,
Membership Director: Terry Swan
Race Director: Bruce Ellison H: 503-697-7892,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-631-3115,
Hiking: Elisabeth Fontaine H: 503-524-5774,
Mid-week skiing: George Yun H: 503-697-3055,
Trip Directors: Linda McGavin H: 503-652-2840,
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General info:

info@mthigh.org

Web site:

www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:

☐ New membership

☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: _____ Deposit? Paid in full? _____

☐ **Annual Membership** (Oct. 1, 2011 - Sept. 2012): Single (\$25); couple (\$40) \$ _____
☐ **PACRAT Racing (2013)** \$95 for the whole season . Team: _____ \$ _____
☐ **Rafting trip** (Aug. 17-19, 2012). \$95. Non-members: \$110. \$ _____
☐ **Rafting trip RV space** RV space : \$25 per day. \$ _____
☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 322 Newsletter Distribution

The Mar.-May 2012 issue is posted on our web site. Also:
386 copies sent via email (as PDF files)
24 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: newsletter@mthigh.org.

Pond Skimming at Meadows

April 29 (Sun.) Bruce Kuper, dressed as a Hawaiian warrior, won 2nd place and a Kona beach cruiser in the pond-skimming contest at Mt. Hood Meadows. First place was Tory Robinson – dressed as James Bond, who freed some women in distressed, killed a bad guy, and then dropped to his knee and proposed to Sabrina LaGood, who accepted.

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

Barlow Road Bike Ride

Aug. 25 - 26, 2012 (Sat. - Sun.)

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss.

A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities:

1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day.
2. **Trail Boss:** 50 miles each day, one uphill and one downhill.
3. **Pioneer:** 25 miles up from Sandy, 50 miles downhill on day 2.
4. **Junior and Senior:** 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads except Hwy. 26 from Zig Zag to Government Camp, which has a wide shoulder.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music, The maximum riders is 2,000. Registration fee is \$75.00 per rider.

Details and registration: www.barlowroadride.com or call 503-272-3301.

