



Lift Lines

== No. 134 Feb. 2012 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Sherwood Juice Co. sponsors PACRATs



The Sherwood Juice Company, www.sherwoodvalleyjuice.com, is our main PACRAT racing sponsor. this year. In the photo taken at Mt. Hood Meadows on Sunday, Feb. 12, **Dave Cascadden** (the Sherwood Juice Co. representative is shown with two of our racers: **Jerry Barnes** and **Gary Gunderson**, wearing race bibs with the Sherwood Juice Co. logo. By the way, Dave Cascadden himself is a long time PACRAT racer.

We should all try those juices. They have no artificial sugars in them but if you like it sweet add a teaspoonful of sugar and it will be not only nutritious but also delicious!

Note the color code.
Our club is blue.

2012 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA / Multi-club

Black: General events

Feb. 11 (Sat.): Mt. High Chocolate Party

Feb. 11. (Sat.): King Winter party

Feb. 12 (Sun): PACRAT Race 3: Meadows

Feb. 12 (Sun): Ski to Defeat ALS kickoff

Feb. 18-24: Mt. High Utah trip

Feb. 26-Mar. 3: Lake Tahoe Sampler

Feb. 27 (Mon): Mt. High Board meeting

Feb. 29 (Wed.): Mt. High Pizza Party + movie night

Mar. 3 (Sat.): Ski the Glade Trail Day

Mar. 3 (Sat.): Turkey Slalom - Skibowl

Mar. 4 (Sun): Memorial Cup GS

Mar. 4 - 5: Oregon Cancer Ski Out

Mar. 9-10: Hope on the Slopes

Mar. 11: PACRAT Race 3: Skibowl

Mar. 9-17: FWSA: Chamonix, France

Mar. 16-18: Mt. High Mystery trip

Mar. 25: PACRAT Race 4: Meadows

Mar. 27 - April 1: FWSA Spring Fling at Big White

Apr. 1: PACRAT Race 5: Meadows

Apr. 6 - 8: Far West Championships

Apr. 6 - 8: Bachelor Blast (NWSCC)

Apr. 13 (Fri): Rat Attack Awards party

Apr. 14 (Sat.): Ski to Defeat ALS

Apr. 19-23: Whistler-Blackcomb trip

May 19 (Sat): Reach the Beach

June 7 - 10: FWSA Convention

Aug. 25-26 (Sat./Sun.): Barlow Road Bike Ride

Mt. High

Pizza and Movie night !!!

Feb. 29 (Wed.) - 6:30 pm.

The club will provide the pizza, soft drinks, and a great ski movie. All free! Buy your own alcoholic beverage on location.

Old Town Pizza

5201 NE MLK Jr Blvd.
Portland, OR.



The movie is called *Winter*. It was produced by the Ski TV Channel, the same one that brought us *The Story* last year.



Bring some non-perishable food for the **Oregon Food Bank!** The club will feed you, and you will feed the rest of Oregon. Good karma!!!!

Anthony Lakes trip

January 20 - 22, 2012

Our bus trips are always fun, but this one was a special adventure just getting to the mountain, due to an accident ahead of us on an icy I-84 in the Columbia River Gorge, and the slippery access road to Anthony Lakes. Other than that, everyone had fun. It kept snowing on and off, so there was fresh powder, lots of tree skiing, and long groomers. All 41 of us had fun.

The sky was overcast and with the snow falling, conditions were not so good for taking photos. Also, some people were so bundled up that it is hard to tell who is who. Thanks to Mike Boyd for almost all the pictures taken on the slopes.



Jackson Hole WY FWSA Ski Week

January 28 - February 4, 2012.

This is a huge annual ski trip organized by the Far West Ski Association each winter, but each time to a different resort. It is attended by hundreds of skiers from dozens of ski clubs throughout the American West. This year, several Mountain High members attended the Jackson Hole trip. Among them were **Barbara Bousum** (the organizer for the Northwest clubs), **Bill Mata-razzi**, **Harry and Lisa Scribner**, **Edie Martinelli** and **Steve Royce**. Thanks to Harry Scribner for the photos.



See more photos at www.mthigh.org/Photos.htm.

Chocolate Party

February 11, 2012

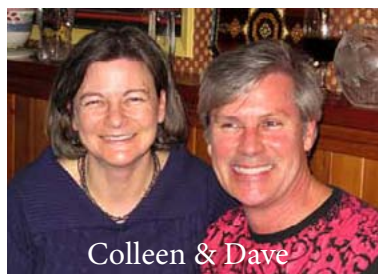
We started off with some appetizers and drinks. Then we played a game inspired by Valentine's Day. The winning couple were Colleen and Dave.

17 people brought chocolate desserts. Our judges were **Chas Westergren, Steve Royce, and John A. Davis**. The winners were:

1. Most Chocolaty: **Chris Moon and Kurt Krueger**.
2. Most Creative: **Suzanne Tyler**.
3. Lightest dessert: **Emilio Trampuz**

Thanks to Edie Martinelli and Steve Royce for hosting this party.

Debby leads us into a game



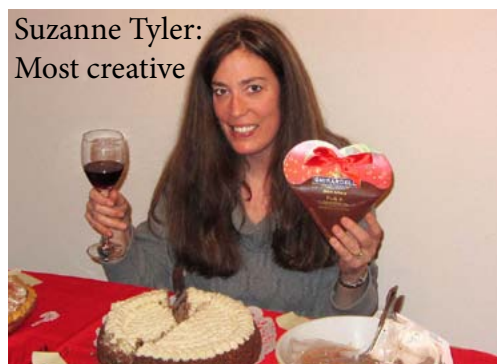
Colleen & Dave



The judges



Most chocolaty



Suzanne Tyler:
Most creative



Emilio:
Lightest



Chris Moon
Kurt Krueger

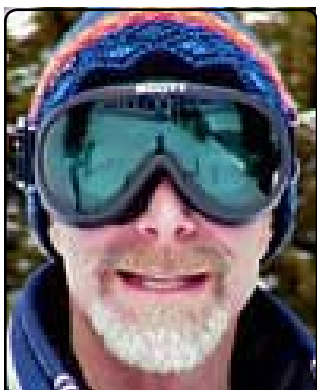


Stevie Viaene:
Honorable
mention



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Bruce Ellison
Mt. High Racing Director

Our first two races of this season were two of the best races I've seen in years. The setting timing and slipping were impeccable. Let's shoot for three.

More info about our racing and related events at: www.mthigh.org/Racing.htm

For any questions, contact your team captain, or Bruce: Yuffiet@comcast.net or: 503-697-7892 and we'll help you.

Mt. High Team captains list

Team name	Team captain	Email address / Phone #
Alpha KB	Mary Panza	skiermary69@hotmail.com
Avalanche Express	Gary Gunderson	ktgpx@frontier.com
Bad Company	Steve Piazza	spiazza@sapiazza.com
Chilled Brewskis	Brenda Becerra	LetsPlayOnTheMt@hotmail.com
Drooling Moose Rats	Elaine Bock	SeawitchPdx@aol.com
Frosted Flakes	Stevie Viaene	stevie.viaene@gmail.com
Infra-Rats	Bruce Ellison	yuffiet@comcast.net
Lab Rats	Lonny Schiller	jandjkarsten@msn.com
Mixed Nuts	Samy Fouts	samyfouts@comcast.net
Mt. Hoodlums	Emilio Trampuz	Emilio2000@earthlink.net
Psychothermia	Gary Gunderson	ktgpx@frontier.com
Rat Racers	Lynn Norbury	lynnertsn@gmail.com
Rattitudes	Chris Wiley	Chris2007@Yhuji.com
Schussing Shysters	McCoy Smith	McCoySmith@comcast.net
Slack Rats	Beth Paraskeva	alnbeth@gmail.com
Vertigo Madness	Tom Cansler	tomcansler@qualitytank.com

2011/2012 PACRAT Race Dates

Date	Location
Dec. 1	Deadline to send all forms to Pacrats
Dec.21 (Wed)	Team captains meeting / bib pickup
January 7	NASTAR open at Mt. Hood Skibowl
January 8	Race X: was cancelled
January 29	Race 1: Mt. Hood Skibowl
February 12	Race 2: Mt. Hood Meadows
March 11	Race 3: Mt. Hood Skibowl
March 18	NASTAR Nationals (for those who qualify)
March 25	Race 4: Mt. Hood Meadows
April 1	Race 5: Mt. Hood Meadows
April 6-8	FWRA Championships, Mammoth Mt.
April 13 (Fri)	Rat Attack Awards Party

10% off racers' price at the Ski Chalet

The Ski Chalet, 4800 SW 76th Ave., Portland, OR 97225, is marking down their race items and ADDITIONAL 10% off. Yep, Race price PLUS 10% OFF.

Race training on Fridays

In preparing for our next PACRAT race, some of our racers have a secret weapon: They train on Fridays at Mt. Hood Skibowl. Coach Greg offers this training every Friday. The video from earlier Fridays is available at: www.Mthoodadultraceclub.com

The training is at Ski bowl on Dogleg. Meet in the cafeteria lodge 8:30 am. Cost is \$25. If you need a lift ticket bring your Fred Meyer rewards card to Ski bowl to purchase \$29 lift tickets.

If you want to participate in the training, just contact Greg at coachgreg@mthoodadultraceclub.com and show up at Skibowl on Friday, bright and early.



Race # 2 at Mt. Hood Meadows, Feb. 12, 2012

MOUNTAIN HIGH**Upcoming Events****SNOWSPORT CLUB****Have Fun!**

You can have fun in many ways:

TRIPS: Join us on one or two trips. Skiing with others is what our club is all about! See pp 8 -12.

CHARITIES / FUNDRAISERS:

Have some fun while doing some good at the same time. Try to match your own time in a course at the Oregon Cancer Ski Out. Ski all night at Hope on the Slopes. Or race to Defeat ALS. All these will happen in March and April. See page 8, and more on our web site.

SPRING EXPLORATIONS:

In the Spring, when the snow is right and the sun is out, let's go explore the less well known corners of Mt. Hood, from Zig Zag canyon to White River canyon, and more. See the 2011 photos/ Start at: <http://www.mthigh.org/Photos2011.htm#Day at Timberline in May> and scroll down from

Pizza Party + Movie Night + Food drive

Feb. 29 (Wednesday) - 6:30 pm - 9:30 pm.

A great quarterly Social Event for all our members, and the only one with a movie: "Winter" by the Ski Channel which brought us "The Story" last year.

Pizza and soft drinks are on the club. Buy your own booze. The movie is free. Just bring a donation to the Oregon Food Bank.

Location: Old Town Pizza, 5201 NE MLK Jr Blvd., Portland, OR

See more info on our web site, www.mthigh.org.

Come Ski With Us

Feb. 12 (Sun.) - Meadows.

Mar. 11 (Sun.) - Skibowl.

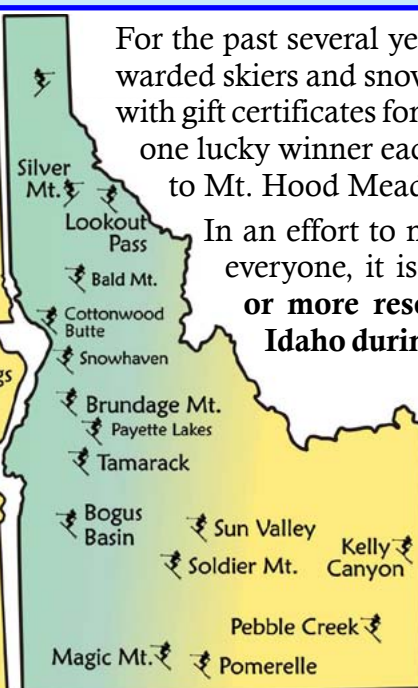
Mar. 25 (Sun.) - Meadows.

Apr. 1 (Sun.) - Meadows.



Come ski with us. Join us at **McDonald's in Sandy at 7:00 - 7:15 am.** We can arrange carpools on the spot. On the slopes, tune your 2-way radio to channel **6-19**, and try to meet us near the ticket office at **9 am.**

These are all race days, but you don't have to be a racer. Just come ski with us. At least 150 of our members will be go skiing on these days.

NWSCC**Northwest Ski Challenge**

For the past several years, the **NW Ski Club Council** has rewarded skiers and snowboarders who have met the Challenge with gift certificates for equipment or services at ski shops, and one lucky winner each year goes home with a ten-time pass to Mt. Hood Meadows.

In an effort to make the Challenge more accessible to everyone, it is now super simple: **Ski or ride any 7 or more resorts in Oregon, Washington and/or Idaho during this ski season to be eligible to win a prize. It is not a race for more any more. Everyone who skis at least 7 ski areas has an equal chance. The winner will be picked by random drawing among all who qualify.**

Help the smaller areas by visiting them, and help yourself to some fresh slopes and lower prices. Plus, win a prize! Just save your lift tickets.

To qualify for a prize, submit your lift

tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207.

MOUNTAIN HIGH**Lift ticket deals + Charities****SNOWSPORT CLUB****Mt. Bachelor Charity Weeks**

Mt. Bachelor will hold 4 charity weeks, Jan. 2 - 6, Jan. 9 - 13, April 2 - 6, and April 9 - 13, each week benefiting a number of local charities. Each charity will receive vouchers for \$25 lift tickets. Simply request one or more from a charity. Each time you use one, Mt. Bachelor will then donate \$25 to the charity. See list of charities at: http://www.mtbachelor.com/winter/planner/in_the_community

Tightwad Tuesdays at Hoodoo

Tightwad Tuesday is back at Hoodoo. Ski for just \$25. Be sure to check their website for other fun events <http://www.hoodoo.com/events/>

Shell deals for Oregon

Fill up your tank at almost any Shell station and ask for a ski voucher. Mostly 2-for-1 deals at ski areas all over Oregon. It looks like Washington and Canada are NOT included this year. Details at: <http://ski-freedeads.com/frequently-asked-questions.html>

Schweitzer Mt. discount

Schweitzer Mt.



Schweitzer Mt., Idaho, has offered our club members a group discount, even if we purchase the tickets individually, one at a time.

On daily tickets, you'll save \$11 on each ticket. Instead of \$67, you will pay **\$56**.

On a 3-day pass, you save \$42. Instead of \$201, you pay only **\$159**. The 3 day pass is valid on any 3 days in a season. They don't have to be consecutive days.

To get this discount, you must purchase and print the tickets through a **Schweitzer Mt. web page** that has been specifically customized for our **Mt. High club**. Click here: <https://tickets.schweitzer.com/affiliate.asp?ID=17D3854F-9D13-4D87-9805-3837BA537DE5>.

Oregon Cancer Ski Out

March 4 - 5, 2012. (Sunday & Monday) at **Mt. Hood Meadows**. This will be its 24th anniversary. Teams of 5 people compete in 2 races, not for speed but for consistency. Match your own results from the day before and win! This is a fund-raiser for cancer. See details on out Mt. High web site or on the official Oregon Cancer Ski Out web site: <http://www.cancerskiout.org/index.php/learn-about-ski-out/about-the-ski-out>

Hope on the Slopes

March. 9 - 10 (Fri. - Sat.): 1:00-1:00 pm.

This 24 hour ski challenge at **Mt. Hood Skibowl**, is a fun fundraiser

for the American Cancer Society. It will include a torchlight parade on Friday evening at 8 pm. There will be a BBQ, live music, a silent auction, and prizes for those who raise the most funds and/or ski the most vertical. A special lift ticket for registered participants will cost only \$35 for 24 hours of skiing! All the details are on our web site at: www.mthigh.org/#Hope_on_the_Slopes or at: www.oregonhopeontheslopes.org

Ski to Defeat ALS

April 14, 2012. (Saturday) at **Mt. Hood Meadows**.

Fred Noble, a legendary skier and CMH (Canadian Mountain Holidays) representative - who was recently diagnosed with ALS - is now the Honorary

chairperson for this event. Click here for a [video](#) about ALS (Lou Gherig's disease).

This is a vertical challenge (9am - 4 pm) benefiting the ALS Association.

Mt. Hood Meadows will provide special tickets to all participants so they can ski everywhere on the mountain and still have their vertical feet counted. More at www.mthigh.org/#Ski_to_Defeat_ALS or at: www.SkitoDefeatALS.org

For other club benefits, check our web site: www.mthigh.org/Membership.htm

Ski the Historic Glade Trail Day



March 3, 2012 (Saturday) Annually on the first Saturday of March, by special permit from the Mt. Hood National Forest, the Glade Trail is opened and groomed for this living history event. This full-day event is a chance to experience a historical way of skiing on Mt. Hood. Skiers are shuttled to Timberline Lodge by bus, escorted down the 3.0 mile trail to Government Camp by local guides and the Mt. Hood Ski Patrol. Lunch, Apré's ski party and prizes are included in this unique fundraiser.

According to **Lloyd Musser**, Museum Curator and this event director, "this event helps fulfill our mission of preserving and interpreting the history of Mt. Hood. This is a chance for Grandparents to ski with their grandchildren and share the memories of skiing the Glade Trail, when it was the biggest ski adventure on Mt. Hood."



This is also a perfect opportunity to ski Sand Canyon, the Blossom trail, and the Alpine trail multiple times!

Shuttles will run from 9:00 AM to 4:00 PM allowing ticket holders to make several trail runs. The events of the day are recounted at the Apré's ski wine party, where prizes are awarded. Wearing vintage ski clothing is encouraged.

The event is possible through the support of Timberline Lodge, Luxury Accommodations, Valians Ski Shop and Mt. Hood Ski Patrol.

Participation is limited to 75 skiers. Tickets are \$100.00 per person. Members of Mt. Hood Cultural Center & Museum receive 10% discount. For more info, contact Lloyd at 503-367-3946.

Tickets may be purchased at the museum in Government Camp, or by calling 503-272-3301. Visa is accepted.

See more useful info and maps in our [February 2011 issue of Lift Lines #122](#), pages 6 - 10.

Schnee Vogeli & Skiyente

Mt. Hood Masters Mania Race Weekend

Multi-club



March 3 - 4, 2012 (Saturday/Sunday) - at Mt. Hood Skibowl

Saturday: Turkey Slalom – organized by the Schnee Vogeli club and open to all. Race at Skibowl East on T-bar Hill.

Sunday: Memorial Cup GS race – organized by the Skiyenete club and open to all. Race on Reynolds Run, Skibowl West.

Schedule of Events:

Friday Night: Race Pre-Registration 7-9pm at Huckleberry Inn

Saturday: Race Registration 7-9am at Ski Bowl East ~ Multorpor Lodge. Race at 10am.

Saturday Night: Gumbo Feed and Awards 6pm at Huckleberry Inn

Sunday: Race Registration 7-9am at Ski Bowl West ~ Outback Lodge. Race at 10am.

Sunday Afternoon: Awards Ceremony ~ Outback Lodge. Immediately following race

Registration Info:

\$30 per day of racing (One time fee of \$25, if not a PNSA/USSA Member)

Registration to be mailed to:

J. Rasmussen ~ PO Box 343 ~ Troutdale OR ~ 97060

Checks payable to: Skiyente Ski Club



For more info please contact: **Julie** at julr200@msn.com

Lodging: Special Masters' Pricing at Cascade Ski Club, reservations required!

Call 503.272.9204 and ask for Joe. www.cascadeskiclub.org

Mt. High

Utah: Powder Mt. & Snowbasin

Drive or fly  

Feb. 18 - 24, 2012 Take your pick: a short or a long trip.

SHORT: Feb 18-22: 4 nights/ 2 lift tix included, optional 3rd-4th day. Price: **\$299**.

LONG: Feb 18-25: 7 nights/ 4 lift tix included, optional 5th-6th day. Price: **\$494**.

There is a lot of flexibility in this trip. You can decide to drive to Utah (and maybe visit a few more ski areas along the way). Or you can fly to Salt Lake City and rent a car there. **This trip is almost full, but we can still squeeze you in.**

Sat., Feb 18, is travel day. We'll start skiing Sunday. Last day of the trip, you will either spend the day driving home, or ski one more day and catch an evening flight home.

Lodging: We'll stay in Eden, 15 minutes from Powder Mt. and 1:15 from the Salt Lake City airport. Lodging is in "Moose Hollow" condos. These are 3-bedroom condos, with 2 people per bedroom, and a total of 5 to 6 people per condo.

Lift tickets: Included are Powder Mt. and Snowbasin lift tickets. People on the short trip will get 1 lift ticket to each ski area (total of 2). People on the longer trip will get 2 lift tickets to each ski area (total of 4).

Powder Mt. offers 2,000' vertical 5,500 acres, 1 express quad, 1 fixed quad, 1 triple, 1 double chair, 1 snowcat.

Snowbasin was the location of the Olympic Downhill in 2002, luxurious new lodges, 2,959' vertical. 2,800 acres,, 1 tram, 2 gondolas, 1 quad, 4 triples. Both ski areas offer not only powder but also long cruisers!

Also, you will be able to ski at least one or two other ski areas around Salt Lake City (among the 8 available).

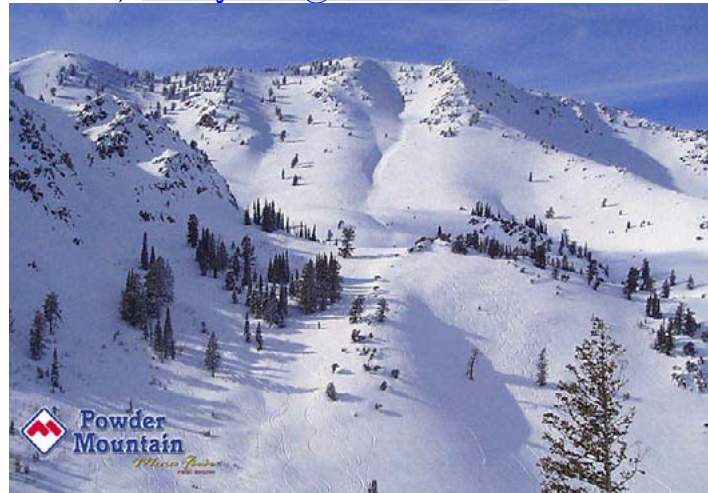
Transportation is not included. Drive your own car or fly and rent a car. You will need preferably a 4-wheel drive car to get to the town of Eden, Utah, and also to the ski areas. From Eden, there is a shuttle bus to Powder Mt. (15 min. drive), but no shuttles to Snowbasin (20 min. drive). Other ski areas are 1.0 - 1.5 hours away.

Here are some ideas offering additional flexibility:

Idea 1: For a quick in and out, fly in and fly out. Southwest Airlines has one-way tickets for just \$107 (Portland to Salt Lake City). You can use your own points on your own preferred airline.

Idea 2: For a more adventurous approach, drive your own car from Portland, stay just 4 days in Utah, and then ski your way back home, stopping at 2 or 3 other ski areas along the way, such as **Pomerelle** (Idaho), **Bogus Basin** (Idaho), and **Anthony Lakes** (Oregon). Or, if you've already been to A-Lakes (on our January bus trip), then select between **Spout Springs** (Oregon) and **Bluewood** (WA). Wow! A mini ski safari on the way back home! At least some of us are planning to do this.

Use [Dough Transmittal form](#) to send full payment (\$299 or \$494) due by January 18. No refunds after December 18 unless you fill your spot. Info: **Gordy:** 503-804-8363, GordyLusk@hotmail.com



More info on these and other trips on our web site: www.mthigh.org/Trips.htm.

Mystery Trip



March 16 - 18, 2012

A weekend bus trip, 2 nights/2 days. We leave Friday at 4:00 pm. Lots of fun on the bus and on the slopes! We'll return Sunday by 8 or 9 pm.

Nobody except the trip leader knows where we are going. Put yourself at the mercy of the club and let the adventure begin! This is on St. Patrick's day, so bring your best limericks. During the bus ride, we'll play games, tell jokes, recite limericks, share food, and have a jolly old time!

Hopefully, we will also play a mystery game on the bus!

Also we will have some short funny videos to show you on the bus, and some useful, instructional videos that you will be pretty amazing and hard to peel your eyes away from. Some of you may have seen some of the funny videos already, but there are some new ones now!

We'll spend a weekend skiing at two ski areas, both with lots of lifts, slopes, and options for every taste. People have asked if the photos used in promoting this trip are from the ski areas to be visited. Usually they are, or at least have been in past years. But, let's keep that a mystery too this time.

Price is all-inclusive. It includes: lodging, lift tickets, bus transportation, 2 breakfasts and 1 dinner (Saturday night).

Regular adult price = **\$245**

Seniors age 65 - 69 = **\$230**

Super-seniors 70 + = **\$188**

Use [Dough Transmittal form](#) to send the remainder of your payment in full. The form can be found on our "Forms & Docs" web page, and also on page 13 of this newsletter. Most of those signed up so far have paid a \$100 deposit. Mail the rest now to Mt. High, PO Box 2182, Portland, OR 97208. No refunds after Feb. 15 unless you can fill your spot.

NOTE: We can take up to 50 people. Right now there are about 43 signed up. There is still room for a few more. Since the trip is now so close, in addition to sending in your payment to the club as described above, please also email Emilio (our trip captain) to let him know you are getting on board.


Contact: Emilio Trampuz at 503-378-0171, or Emilio2000@earthlink.net.



More info on these and other trips on our web site: www.mthigh.org/Trips.htm.

Mt. High

Whistler / Blackcomb

Drive or carpool **April 19 - 23, 2012**

(Thursday-Sunday) 3 days/3-4 nights.

Drive up on Thursday, ski Friday, Saturday and Sunday (or half day on Sunday), and leave either Sunday afternoon or Monday to go home.

Or.....take AMTRAK. Amtrak goes from Portland or Vancouver, WA to Seattle. From there, shuttle to Whistler via bus. Pricing is \$139 to \$172 Round Trip. Once you're in Whistler, you won't need a car, so take the easy way!

Lodging: We'll be staying in a ski-in/ski-out property, the Coast Blackcomb, in studios, 1 bedroom or 2 bedroom units.

Price: \$265 p/p includes 3 nights lodging, full breakfast buffet daily, welcome party and Saturday night progressive dinner. Parking is an additional \$15 per night, so car pool with friends to save money and have more fun!

Lift tickets: 1-day ticket: **\$75 (\$64/seniors 65+)**

2 of 3 days: **\$150 (\$128/seniors)**

3 of 4 days: **\$157 (\$133/seniors)**

Fun: All kinds of fun to be had, including zip line, hiking, golf, 5-star restaurants and shopping galore.

Whistler Mt. offers 5,020' vertical 4,750 acres served by 19 lifts: 2 high-speed gondolas 7 high-speed quads 2 triple chairs 8 surface lifts.

Blackcomb Mt. offers 5,280' vertical 3,414 acres served by 17 lifts: 1 high-speed gondola 6 high-speed quads 3 triple chairs 7 surface lifts

Contact: **Debbi Kor** with your lodging preferences and she will make reservations based on our needs. **Debbi Kor:** 503-314-7078, ijustwannarun1@comcast.net

Use [Dough Transmittal form](#) to send \$100 deposit, due by December 31. Full payment due by March 19, 2012. No refunds after March 19 unless you fill your spot.

**MUTTS** PATRICK McDONNELL

More info on these and other trips on our web site: www.mthigh.org/Trips.htm.

Bergfreunde

Lake Tahoe Sampler



Feb. 26 (Sun.) - Mar. 3 (Sat.). Mt. High members are invited to join this flexible car-pooling trip.

Cost: \$297 (ppdo, land only) includes: • 6 nights lodging

- Group dinners Tues. and Thurs.
- Hospitality room Sun, Mon, Fri.
- Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler; • A trip souvenir.

Lodging: at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Skiing: We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss our findings at a pre-trip meeting.

Contact: Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.

Send payments to: Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers; and email address.

NWSCC

Bachelor Blast



April 4, 5, 6, 7, 8, 2012.

Dig out your '80s ski outfits and prepare for the most fun you have ever had on a ski trip!!! Remember Hot Dog The Movie? Now you can re-live the fun and have a hilarious time with your friends!! Sign up NOW; we have to release spots after **March 2**.

Mt. Bachelor has JUST announced ALL the special activities they have planned and are offering to clubs from across the nation as the

Mt. Bachelor Springtacular blast, with a Hot Dog the Movie Parody Theme and video contest (videos to be taken at Mt. Bachelor during the week). Your participation in this trip gives you access to all of these events!

Wednesday, April 4: First Comers Reception at the Deschutes Brewery in downtown Bend, with appetizers, a downtown Scavenger Hunt, and prizes.

Thursday, April 5: Welcome Reception at Seventh Mountain Resort, with a hot tub party, movie (Hot Dog the Movie, of course), appetizers, and live music.

Friday, April 6: Participate in parties on the mountain during the day: the NW BBQ at the base of the Northwest Express chair; Pine Party where the lifts stay open from 4-7, and an après party with live music, beverages & food. In downtown Bend there will be an Art Walk with unique artists, food and wine; and a Fireside Gathering at McMenamins.

Saturday April 7 is "Hot Dog Day" on the mountain - you'll get to watch a Freestyle Legends Ski Show and participate (or watch) in a Hot Dog Chinese Downhill Race at the end of the ski day, with a costume contest! Bachelor Blast participants will enjoy a lasagne buffet lunch at noon. Saturday evening there will be a Hot Dog Finale Party at GoodLife Brewing, with gourmet hot dogs and brews (one apiece) a Hot Dog the Movie Look-Alike Contest, Hot Dog courtyard games, live music, and the Video Contest premiere.

Sunday April 8 is Easter, with an Easter Egg Hunt for the children and a Keg Hunt for adults!

You get to participate in ALL of these events for your basic trip price of \$210, which includes 2 nights of lodging in a Mt. Bachelor Village condo, a 2-out-of-3 day lift ticket to Mt. Bachelor, the lasagna lunch at Mt. Bachelor on Saturday, and the party on Saturday night! If you want to ski extra days you can get a discounted price (3 out of 5 days, or more), and one or two extra nights lodging can be

Deposits should be made payable to the **NW Ski Club Council (NWSCC)**, and mailed to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915. **Contact:** Linda McGavin at 503-652-2840, Trips@mthigh.org.

Much more info on these and other trips on our web site: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH**Far West Ski Association****SNOWSPORT CLUB**

"The Voice of the Western Skier"



All our Mountain High club members are also automatically members of the Far West Ski Association. It says so on your membership card. So, these FWSA events and trips are yours! Make use of them!

Ski Week at Jackson Hole, WY

Jan. 28 - Feb. 4, 2012. This is the biggest trip of the season, attended by dozens of ski clubs.

Prices start at \$950, depending of the type of lodging you select. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski parties, races, and more. Airfare is not included.

One woman is needed to fill up a vacant spot.

Mail check to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915. Mark the envelope: "Jackson Hole". Contact: **Barbara Bousum**: BBousum@gmail.com or 503-224-3584 or **Chris Ciardi**, c2blondie@hotmail.com, 503-297-5351.

Spring Fling at Big White

March 27 - April 1, 2012.
5 nights/ 3- 4 days skiing.

This is a Far West "mini" Ski Week, in the sense that it is shorter than a full week, but it is "maxi" in terms of skiing. Big White is Canada's largest all ski-in/ski-out destination resort, with great snow and lots of terrain for all tastes, from groomers to wonderful glades and steeps.

Packages from \$520 - \$595 USD which include:

- * 5 Nights Accommodation
- * 3 or 4 Day Lift Ticket
- * Welcome Party, Tubing Party, Farewell Party

Bonus - Discounted tickets for Big White Wine Festival with Fireworks Display during FWSA Spring Fling for \$25 per person.

Reserve Your Spot or Full Details contact:

Fran Long - francat2007@sbcglobal.net or **Gloria Raminha** - fwsa.natravel@sbcglobal.net.

Chamonix - Mont-Blanc

March 9 - 17, 2012.

International FWSA Ski Week.

Chamonix offers skiing and snowboarding for all levels. It has tremendously long slopes, glade skiing, free ride and off-piste slopes. Included:

* Round trip between SFO and

Geneva on Swiss Air

- * Round trip transfers between airports and resort
- * Welcome reception and going away party
- * Guide & hospitality desk each evening
- * 7 night's accommodations at 3 Star+ Hotel Alpina
- * Breakfast buffet daily
- * Dine-around dinner program daily. (Choice of 3 restaurants: Alpina, Le Prieure and Croix Blanche)
- * Optional tour program including day tours to Annecy, Montreux, Courmayeur and more
- * Special group pricing on lift tickets and rentals
- * All local taxes

Price: \$1,191 (without air)

+ **\$1,056** for associated air from San Francisco.

Send \$200 deposit to: Far West Ski Associ. and mail it to: FWSA International Travel, 901 Sousa Dr., Walnut Creek, CA 94597-2922.

Contact: Norm Azevedo at 1-925-944-9816 or fw-

Far West Championships - Mammoth

April 6 - 8, 2012.

Come ski Mammoth Mt. just for fun! Our PACRAT racers can participate in Slalom and GS races.

There will be different courses set for different racer abilities so you will be able to handle it. There are 10 different racer classes and also an age break at 45. There are individual awards and also a team trophy.

The Far West races registration fee is \$45 total for the whole weekend, including both a Slalom and a GS race (only one run per race).

For more information, contact **Bob Ellis**, FWRA (Far West Racing Association)

Phone: (530) 414-4270 (cell)

Email: rellis9681@aol.com

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Mountain High Meeting**

Usually last Monday of the month

Feb. 27 (Mon.): Open to all who want to get more involved with the club. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

President: Kurt Krueger H: 503-625-1492,
Vice-President: Terry White H: 503-781-4558
Secretary: Chris Brooks H: 503-764-5323,
Treasurer: Alice Dagilaitis H: 503-697-4885,
Membership Director: Terry Swan
Race Director: Bruce Ellison H: 503-697-7892,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-631-3115,
Hiking: Elisabeth Fontaine H: 503-524-5774,
Mid-week skiing: George Yun H: 503-697-3055,
Trip Directors: Linda McGavin H: 503-652-2840,
 Gordon Lusk H: 503-804-8363,

telek2@frontier.comTWhite223@msn.comjruffman@al.comADagilaitis@pru-nw.comH: 503-729-3435 swans761@juno.comYuffiet@comcast.netnewsletter@mthigh.orgijustwannarun1@comcast.netW: 503-805-8606, baebaw@ccgmail.netLise518@msn.comboar2m@msn.comTrips@mthigh.orgGordyLusk@hotmail.com

General info:

info@mthigh.org

Web site:

www.mthigh.org**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY:

☐ New membership☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff: _____ Deposit? Paid in full? _____

- ☐ **Annual Membership** (Oct. 1, 2011 - Sept. 2012): Single (\$25); couple (\$40) \$ _____
- ☐ **PACRAT Racing (2012)** \$95 for the whole season. Team: _____ \$ _____
- ☐ **Anthony Lakes trip** (Jan. 20-22, 2012). Deposit: \$100. Total \$230. (by Dec. 20) \$ _____
- ☐ **Utah (Powder Mt., Snowbasin)** (Feb. 18-24, 2012). Deposit: \$250. Total \$299 - \$494 \$ _____
- ☐ **Mystery trip** (Mar. 16-18, 2012). Deposit: \$100. Total \$245. (by Feb. 15) \$ _____
- ☐ **Whistler/Blackcomb** (Apr. 19-23, 2012) Deposit: \$100. Total \$265 (by Mar. 18) \$ _____
- ☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

Club membership = 317 Newsletter Distribution

The Feb. 2012 issue is posted on our web site. Also:
386 copies sent via email (as PDF files)
24 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: newsletter@mthigh.org.

Cycle Oregon - by Jan Siverts Smith

The Cycle Oregon web site has announced that there will be no in-person registration at the Kickoff event this year. Instead, all registration will be online only!

Ingrid Nysten of Cycle Oregon has confirmed this and explained: *"We are changing the registration procedure to online only for a variety of reasons, including fairness and also our concern that 500-1000 people would register at the Kickoff Party (versus the usual 2-300) and all those paper registrations have to be hand entered (it's just not an efficient use of our time, it would take hundreds of volunteer hours to make it happen). Anyway, we have set up the timing of the party so that people can still come to see the route announced live (it starts at 7 p.m.) and get home before 9 p.m. when online registration opens. All of these times are Pacific time. Our registration provider is, of course, aware of the demand that will be placed on the system, but in fact, it's not so different from past years and they will be ready to handle the volume."*

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

Meadows lift tickets

For discounted \$59 Meadows lift tickets contact **Shawn Storey**, at 360-256-4321 or irishcatty@gmail.com

Barlow Road Bike Ride

Aug. 25 - 26, 2012 (Sat. - Sun.)

Experience a large part of Mt. Hood and Oregon History, the beauty, the majesty, the pioneering feeling of conquering the Barlow Trail Road from Oregon City Oregon to Mt. Hood...this is something you WON'T want to miss. A 2-day century tour following the historic Barlow Road from the end of the Oregon Trail to Government Camp and back.

Historic and very scenic routes for riders of all abilities:

1. **Trail Scout:** 120 miles and 7,000 feet up and down in one day.
2. **Trail Boss:** 50 miles each day, one uphill and one downhill.
3. **Pioneer:** 25 miles up from Sandy, 50 miles downhill on day 2.
4. **Junior and Senior:** 50 miles downhill - the no training option.

Most of the ride will be on quiet rural roads except Hwy. 26 from Zig Zag to Government Camp, which has a wide shoulder.

Rest stops every 10 miles, food, energy drinks, toilets, sag wagons, massage, mechanics and medical help. A great dinner at the Cascade Ski Lodge, and live music, The maximum riders is 2,000. Registration fee is \$75.00

