



Lift Lines

== No. 132 Dec. 2011 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Merry Christmas, happy holidays, and a wonderful New Year!

Examine this issue carefully. It has lots of useful info, and even more useful links (How to Tune Up your skis, the La Niña forecast, discounts for Mt. Bachelor, Schweitzer Mt., Mt. Hood Meadows, etc.)

Join us in some activity. Sign up for something! See you on the slopes!



Meadows lift tickets

If you need just a few lift tickets to Mt. Hood Meadows, at a discount, for just \$59 a ticket, contact **Shawn Storey**, irishcatty@gmail.com or 360-256-4321.

*Note the color code.
Our club is blue.*

2011 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA / Multi-club

Black: General events

Dec. 7-13: Aspen w/ Cabernet Ski club

Dec. 13 (Tue.): Hope on the Slopes
volunteers meeting 6:30

Dec. 14 (Wed.): Mt. High Christmas
Ships watching

Dec. 21 (Wed.): PACRAT bib pick-up
& Team captains meeting 6 pm

Dec. 28 (Mon): Mt. High organizational meeting

2012 EVENTS

Jan. 7-14: Snowmass Alpine Nationals

Jan. 7 (Sat): NASTAR race - TBA

Jan. 8 (Sun): PACRAT Race 1: Meadows

Jan. 20-22: Anthony Lakes bus trip

Jan. 21-28: Whistler cabin trip

Jan. 28-Feb. 4: FWSA Week Jackson Hole

Jan. 29 (Sun): PACRAT Race 2: Skibowl

Feb. 12 (Sun): PACRAT Race 3: Meadows

Feb. 18-24: Mt. High Utah trip

Feb. 26-Mar. 3: Lake Tahoe Sampler

Mar. 3 (Sat.): Ski the Glade Trail Day

Mar. 4 - 5: Oregon Cancer Ski Out

Mar. 9-10: Hope on the Slopes

Mar. 9-17: FWSA: Chamonix, France

Mar. 16-18: Mt. High Mystery trip

Apr. 6 - 8: Far West Championships

Apr. 6 - 8: Bachelor Blast (NWSCC)

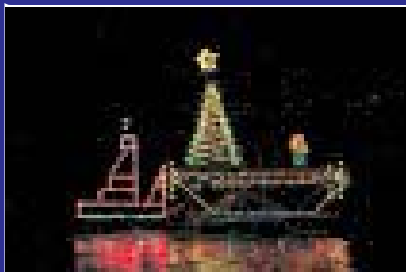
Apr. 14 (Sat.): Ski to Defeat ALS

Apr. 19-23: Whistler-Blackcomb trip

Mt. High

Christmas Ships parade

Mt. High



Dec. 14 (Wed.) - This will be a night of merriment, as we gather at **Joes' Crabshack**, on the Columbia River (just across the Interstate Bridge) to watch the 2011 Christmas Ships. We'll have some tables staked out, beginning around 5 p.m. The ships are due to arrive

around 7:30, so come for drinks, stay for dinner and enjoy the evening with your fellow Mt. Highers.

NOTE: This event is very informal. No need to RSVP. Just show up. If you have any questions, contact **Debbi Kor:** ijustwannarun1@comcast.net or 503-314-7078.

Mt. High

Deadlines for ski trip signups

Mt. High



Dec. 10 (Sat.) - Deadline to sign up for the Utah trip. See p. 9. Contact Gordy Lusk.

Dec. 15 (Thur.) - Deadline to sign up for the A-Lakes trip. See p. 8. Contact Linda McGavin.



Oh, no!!! I really wanted to go on some of these trips!



Well, hurry up. We still have room, but you have to sign up right away! See pages 8 -12.



Ski Show



Emilio & Chas

November 4 - 6, 2011 (Friday - Sunday) at the Expo Center.

The big attractions were the many ski shops selling last year's inventory at discounted prices. Also, many ski areas are represented.

Our ski club did not have a booth, but we shared the NWSCC booth, with other local ski clubs. We had a pile of flyers on the table. Several of our club members volunteered for a 3 hour shift to staff the booth.



Chas

Gary

Ski Fair

November 7, 2011 (Monday) at the Monarch Hotel, Clackamas.

This is an NWSCC event, organized by skiers for skiers.

As usual, our Mt. High booth was one of the most well attended booths. Lots of new people showed up, as well as existing club members who renewed their membership, signed up for trips, or racing, or both.

The theme of the Ski Fair was "Ski the Volcano", and our President, Kurt Krueger managed not only to make a volcano for our booth, but also to make smoke come out of it (using dry ice).



Kristine



Kurt

Terry



Debbi & Chas



Mary Olhausen

Dave Tragethon (Meadows)

Bruce Ellison

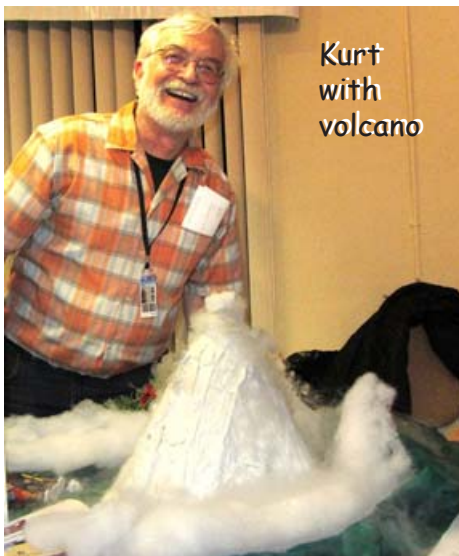


Terry, Diane, Chris, Mike,



Randy

Gary



Kurt with volcano

Hiking - Nov. 13, 2011. This was an urban hike, Washington Part to Arlington Heights loop, for a total of 3.5 miles, led by Elisabeth Fontaine. There were some stairs to climb - a good preparation for the upcoming ski season. 10 people and a dog participated.



How to Renew Your Club Membership

Just send us the **Dough Tranmittal Form** a.k.a. the **Membership Signup Form**. It's two names for the same form. You can find a compact version of it on the page before Last in this newsletter, but a better one is on our web site, on the [Forms](#) and [Member Benefits](#) page.

Print this form, fill it out, and mail it to the club's PO Box 2182, Portland, OR 97208.

Remember, all Mt. High members are automatically members of the **NW Ski Club Council** (NWSCC) and the **Far West Ski Association** (FWSA). It says so on your membership card.

Please pick up your membership card in person at the **Ski Fair** (Nov. 7) or the **Kickoff Party** (Nov. 16). You might need it for the purchase of the Meadows 10-time pass or the Mt. Bachelor 4-Pack.



FWSA
2005-2006
Membership Card
Expires September 30, 2006
www.fwsa.org

Name Fun Skier
Club MOUNTAIN HIGH SNOWSPORT CLUB
Member ID _____

The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.

Helpful hints about the club



1. **Check our web site for the latest info.** Except on the day that this newsletter is published, the web site is usually more up to date. See www.mthigh.org.

2. **Need someone's phone number or email address?** See page before last in each issue of Lift Lines. Or, go to ur CONTACTS web page.

For contact info about our PACRAT team captains, go to our RACING page.

3. **For questions**, if you can't find the answer on our web site or in the newsletter, email info@mthigh.org.

4. **How to find info about a ski area?** Go to the SKI AREAS page on our web site. It contains links to 145 ski areas west of Denver, CO. Almost all the ski areas you might be interested in are there, including those in British Columbia and Alberta.

5. **What if there is no news from the ski club in over a month or two?** Contact us immediately. Don't even wait a full month. If you have an email address, you should be receiving some club update at least once every week or two. If you are not receiving any news, it means we don't have your correct email address. Let us know. Email us at: info@mthigh.org.

MOUNTAIN HIGH**About our club****SNOWSPORT CLUB****How to Get the Most from your membership**

The 3 most important ways you can gain benefit from your club membership are: participate, participate, and participate!!!

Join us on trips (including day trips to Mt. Hood). For trips involving a bus, train or plane, please sign up NOW. Don't wait. The trips will either fill up or be cancelled, so reserve your spot now!

Join us in some recreational skiing around gates. Yes, we call it "racing" but don't be intimidated by it. It's also a very social activity.

Also, join us on various other social events, parties, movies, bowling, golf, hiking, etc.

Don't just sit there. Sign up now!

Mt. High Email

As you know, lots of useful news, updates and reminders are sent out to our club members via email. Some things never make it to the newsletter at all.

For email, you have several options:

1. **Receive only the newsletter once a month, and no other email.**

2. **Receive newsletter plus only emails related strictly to our club events.**

3. **Receive newsletter and all ski & snow related emails** (our club, plus NWSCC, FWSA, and ski area news and reminders).

If you want to change your email option, just let **Emilio** know at: Newsletter@mthigh.org.

**Mt. High Forum**

As the new season kicks into gear, it's time to revive our club's forum. You can use it in various ways:

- To make announcements;
- To ask questions;
- To find buddies to ski with;
- To discuss gear & other issues.
- You can now post a photo too!

Join in the fun. Check it out by going to www.mthigh.org, and clicking on the [Forum](#) button. Or, just click on the word [Forum](#) here.

If you are new to the Forum, you can view all the messages, but if you want to post your own, please click on "**Join this Group**" in the upper right of the Forum page.

Note that we have a separate forum for mid-week skiers.

**Mid-week skiers**

Q Who are the mid-week skiers? How can I join them?

A These are regular club members, just like you and me, who like to ski during the less crowded weekdays, especially when there is fresh powder on the slopes.

The group was started by **Harry & Lisa Scribner**. Then **George Yun** took it over, and right now the man in charge is **Ken Brundige**, KenBrundige@comcast.net



Ken Brundige
Mid-week skiing
coordinator

Email him to get on his email list, or simply join the mid-week Forum and you will then receive email updates every time someone posts something there.

Newsletter options

You can receive the newsletter in two different ways. We can:

1. **Attach** the complete PDF file to an email sent to you once a month.
2. Send you just the **link** to the newsletter posted on our web site.

We mail a paper copy only to those who don't have an email address.

Bulletin Board

Our online [Bulletin Board](#) is a great place to post items for sale or make public announcements for all our members to see.

You can't edit the Bulletin Board yourself. Instead, just send in your text and/or photos (separately) to **Emilio**: Newsletter@mthigh.org

Mt. High Calendar

Follow the link on our home page, www.mthigh.org to print out your own 15-month Mt. High wall calendar April 2011 – Sept. 2012.

The calendar is meant to be printed 2-sided, then folded in half, and stapled in the middle. Then punch a hole at the top to hang it on a wall.

Alternatively, you can ask Emilio to print, fold, staple and punch a calendar for you, for a small fee:

a) Letter sized = \$5 b) Tabloid size = \$10.

Make check payable to Emilio Trampuz and mail it to: Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302. (Add \$1.50 for postage.)

MOUNTAIN HIGH**Adventure ideas****SNOWSPORT CLUB****Have Fun!**

You can have fun in many ways:

TRIPS: Join us on one or two trips. Skiing with others is what our club is all about! See pp 8 -12.

CHARITIES / FUNDRAISERS:

Have some fun while doing some good at the same time. Try to match your own time in a course at the Oregon Cancer Ski Out. Ski all night at Hope on the Slopes. Or race to Defeat ALS. All these will happen in March and April. See page 11, and more on our web site.

SPRING EXPLORATIONS:

In the Spring, when the snow is right and the sun is out, let's go explore the less well known corners of Mt. Hood, from Zig Zag canyon to White River canyon, and more. See the 2011 photos/ Start at: <http://www.mthigh.org/Photos2011.htm#Day at Timberline in May> and scroll down from there.

Come ski with us

Jan. 8 (Sun.) - Meadows.
Jan. 29 (Sun.) - Skibowl.
Feb. 12 (Sun.) - Meadows.
Mar. 11 (Sun.) - Skibowl.
Mar. 25 (Sun.) - Meadows.

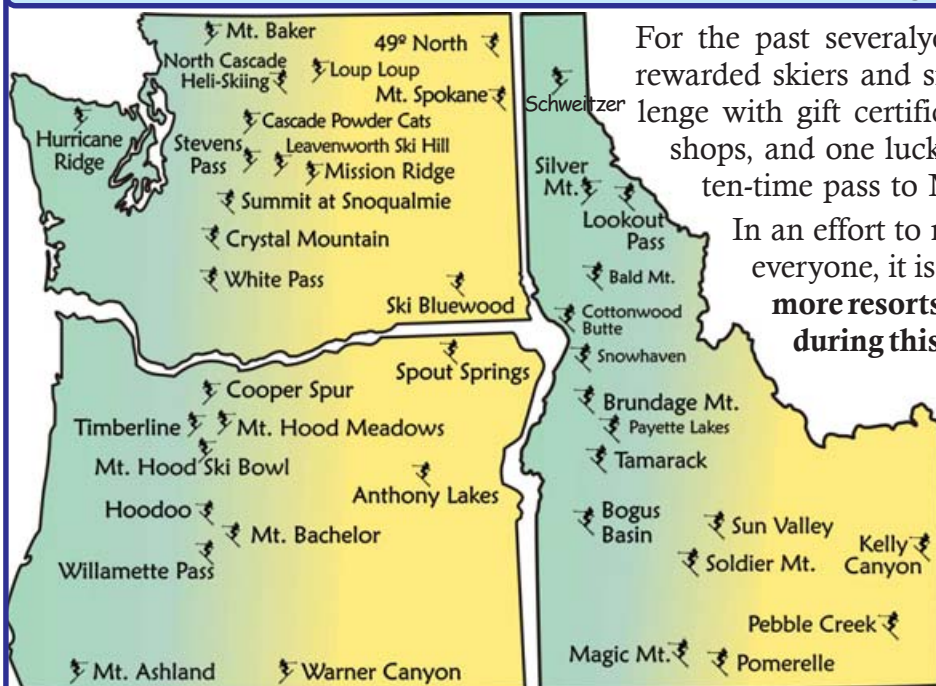


Come ski with us. Join us at McDonald's in Sandy at **7:00 - 7:15 am**. We can arrange carpools on the spot. On the slopes, tune your 2-way radio to channel **6-19**, and try to meet us near the ticket office at **9 am**. These are all race days, but you don't have to be a racer. Just come ski with us. At least 150 of our members will be go skiing on these days. Other days will be announced too, including the training days, etc.

How to wax and tune up your ski or board

Learn how to wax your own skis. It's simple. Here are two videos demonstrating various aspects of waxing:

1. Hertel waxing presented by Jerry Hertel: <http://www.youtube.com/watch?v=YXf0aK6XOzI>
2. Skiing Magazine editor Alex Witkowicz demonstrates his tuning and waxing at: http://www.skinet.com/skiinginteractive/index.php?content=11_21_11_ski_tuning

NWSCC**Northwest Ski Challenge**

For the past several years, the NW Ski Club Council has rewarded skiers and snowboarders who have met the Challenge with gift certificates for equipment or services at ski shops, and one lucky winner each year goes home with a ten-time pass to Mt. Hood Meadows.

In an effort to make the Challenge more accessible to everyone, it is now super simple: **Ski or ride any 7 or more resorts in Oregon, Washington and/or Idaho during this ski season to be eligible to win a prize.**

It is not a race for more any more. Everyone who skis at least 7 ski areas has an equal chance. The winner will be picked by random drawing among all who qualify.

Help the smaller areas by visiting them, and help yourself to some fresh slopes and lower prices. Plus, win a prize! Just save your lift tickets.

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207. More info on our Council's web site: NWskiers.org.

Mt. Bachelor 4-Pack Offer



Thanks to **Linda McGavin**, who is currently working on the next **NW Skiers' Directory**, we found this deal from **Mt. Bachelor** offered to all NW ski clubs. This replaces last year's "Club Card".

1. **For the general public:** There was only a 4-day window to purchase the 4-Pack, October 7 - 10.

2. **For NWSCC club members** (That's all of us!) We can still purchase the 4-pack until December 15, and it's best to do it at The Ski Fair on Nov. 7. Plus, we also get a free demo rental thrown in! Here are the details:

Mt. Bachelor is offering a new 4-Pack product for the upcoming 2011/12 winter season. The 4-Pack includes four full-day lift tickets priced at a significantly reduced rate of \$169, or \$42.25 per day, a savings of over 40% off the lead 1-day lift ticket rate of \$73. The 4-Pack provides the best value for less frequent skiers and snowboarders to access the largest resort in the Cascades during the upcoming winter season.

The 4-Pack will be valid all season long excluding the following holiday dates; 12/24/2011 - 1/1/2012, 1/14/2012 - 1/15/2012, and 2/18/2012 - 2/19/2012. Mt. Bachelor plans to operate from mid-November through 5/27/2012, conditions permitting.

The 4-Pack is non-transferable, issued to purchasers on a photo ID card similar to a season pass, and provides direct-to-lift access. A maximum of one 4-Pack purchase will be available per person with the ability to buy additional single day lift tickets, one at a time, at the lowest 1-day lift ticket rate of \$53 after the initial 4 days are utilized.

Special NWSCC benefit: Unlike the limited sale dates to the public, the 4-Pack will be available to NWSCC members in person at the NWSCC **Ski Fair November 7, 2011**, and from Oct. 15 - Dec. 15 by calling Mt. Bachelor at **1-800-829-2442**. PLUS...NWSCC members can use their membership card to receive a free demo voucher when they purchase the 4-pack. The free demo will be attached to their account information. To use the voucher they will just need to (1) make a reservation, and (2) show their pass at the demo shop, and the voucher will be available in their Mt. Bachelor account.

Schweitzer Mt. discount

Schweitzer Mt.



Schweitzer Mt., Idaho, has offered our club members a group discount, even if we purchase the tickets individually, one at a time.

On daily tickets, you'll save \$11 on each ticket. Instead of \$67, you will pay **\$56**.

On a 3-day pass, you save \$42. Instead of \$201, you pay only **\$159**. The 3 day pass is valid on any 3 days in a season. They don't have to be consecutive days.

To get this discount, you must purchase and print the tickets through a **Schweitzer Mt. web page** that has been specifically customized for our **Mt. High club**. Click here: <https://tickets.schweitzer.com/affiliate.asp?ID=17D3854F-9D13-4D87-9805-3837BA537DE5>.

You will need the following password: **MtHigh-tix**

Utah Ski Interconnect - with gondola!

You may have heard about the Utah Interconnect, which for a fee of about \$295 enables you to ski at 4 or 6 ski areas in the same day, including the out of bounds terrain in between. But, now there is a new idea in sight:

An **eight-person gondola** connecting **The Canyons** ski area (near Park City) to **Solitude** in Big Cottonwood Canyon. At this stage, it is just an idea being explored, ... but remember: you heard it here first!

Shuttles to Mt. Hood Meadows

The Mt. Hood Meadows Park & Ride buses have begun operating as of Saturday, December 3, from three locations in the Portland area. They'll pick you up from any of our designated pick up locations in Tualatin, Beaverton, and Gateway in one of their luxury motorcoach buses and deliver you right to the main lodge! Park & Ride will run on **weekends and holidays** through-out the season. [Reserve your seat](http://www.skihood.com/Store/Products/Transportation/Park-and-Ride-Bus) at the Meadows web site, www.skihood.com/Store/Products/Transportation/Park-and-Ride-Bus and enjoy your ride up to mountain without the wear and tear on your vehicle! For adults, the cost of the shuttle and lift ticket is \$89.

For other club benefits, check our web site: www.mthigh.org/Membership.htm

PACRAT News**Pacific NW Area Clubs Recreational Alpine Teams**

Bruce Ellison
Mt. High Racing Director

The team registration is being finalized. There are still a few spots open, including on our newest team formed by **Beth Paraskeva**, called the "Slack Rats" - our 16th team! If you want to try some racing, see www.mthigh.org/Racing.htm

If you haven't been assigned to a team yet, contact Bruce: Yuffiet@comcast.net or: 503-697-7892. We'll find you a team.

On **December 21** (Wednesday) there will be a mandatory team captains' meeting, to pick up the racing bibs for their teams. If any team captain cannot attend, please appoint someone else from your team to come pick up the bibs for your team. Location: the **Shanghai Noble House**, in the John's Landing, 5331 SW Macadam, starting at 6:00 pm.

Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race.

Mt. High Team captains list

In addition to sending in your racing fee, you also need to find a team to join. A list of team captains is posted on our web site [Racing](#) page, and also here:

| Team name | Team captain | Email address / Phone # |
|---------------------|---------------------|--|
| Alpha KB | Mary Panza | skiermary69@hotmail.com |
| Avalanche Express | Gary Gunderson | ktgpdx@frontier.com |
| Bad Company | Steve Piazza | spiazza@sapiazza.com |
| Chilled Brewskis | Brenda Becerra | LetsPlayOnTheMt@hotmail.com |
| Drooling Moose Rats | Elaine Bock | SeawitchPdx@aol.com |
| Frosted Flakes | Stevie Viaene | stevie.viaene@gmail.com |
| Infra-Rats | Bruce Ellison | yuffiet@comcast.net |
| Lab Rats | Lonny Schiller | jandjkarsten@msn.com |
| Mixed Nuts | Samy Fouts | samyfouts@comcast.net |
| Mt. Hoodlums | Emilio Trampuz | Emilio2000@earthlink.net |
| Psychothermia | Gary Gunderson | ktgpdx@frontier.com |
| Rat Racers | Lynn Norbury | lynnertsn@gmail.com |
| Rattitudes | Chris Wiley | Chris2007@Yhuji.com |
| Schussing Shysters | McCoy Smith | McCoySmith@comcast.net |
| Slack Rats | Beth Paraskeva | alnbeth@gmail.com |
| Vertigo Madness | Tom Cansler | tomcansler@qualitytank.com |

2011/2012 PACRAT Race Dates

| Date | Location |
|--------------------|--|
| Dec. 1 | Deadline to send all forms to Pacrats |
| Dec.21 (Wed) | Team captains meeting / bib pickup |
| January 7 | NASTAR open (TENTATIVE, TBA.) |
| January 8 | Race 1: Mt. Hood Meadows |
| January 29 | Race 2: Mt. Hood Skibowl |
| February 12 | Race 3: Mt. Hood Meadows |
| March 11 | Race 4: Mt. Hood Skibowl |
| March 18 | NASTAR Nationals (for those who qualify) |
| March 25 | Race 5: Mt. Hood Meadows |
| April 1 | Make up race; only if a race is canceled |
| April 6-8 | FWRA Championships, Mammoth Mt. |
| April 13 (Fri.) | Rat Attack Awards Party (TENTATIVE) |

Bib decorating

**NASTAR open race****January 7 (Saturday)**

We have been planning to organize a race that would be purely NASTAR and open to the general public. It would be a great introduction to racing before we formally start our new PACRAT season.

But Mt. Hood Meadows cannot accommodate us on this day. We are now working with Mt. Hood Skibowl. Stay tuned for further announcements.

Mountain High Ski Improvement Days

As in previous years, our club is working on organizing two free training days for our members. The dates have not been announced yet.

Keep in mind that this is not a PACRAT activity. The training days are organized by the Mountain High club and they are free to all our members. Everyone is welcome and all you have to do is show up at the appointed time and place. Stay tuned.

Mt. High

Anthony Lakes

Bus trip **January 20 - 22, 2012.**

2 days/ 2 nights. A fun bus trip. Leave Friday at 5pm. Return Sunday night.

Anthony Lakes is the ski area with the highest base in Oregon, at 7,000' so the snow is guaranteed and the powder light & dry.

Lodging: The first night we will stay at the Indian casino near Pendleton. You will have time to gamble away some of your money!!! The next morning we'll drive straight to the ski area.

The second night, we'll stay at the El Dorado hotel in Baker City, the town closest to Anthony Lakes.

Dinner: When we come back from skiing on Saturday we'll change and load up on the bus again for a very special dinner at the Haines Steak House, the best for miles around. Your dinner and soft drinks are included, with a choice of prime rib, BBQ pork ribs, or halibut, as well as the fabulous salad bar. Appetizers, desserts, or alcoholic beverages are on your own. Vegetarians or light eaters who just want the salad bar will pay \$10 less for the trip.

Skiing: Sunday morning we will load up the bus to go ski at Anthony Lakes.

Update on snowcat skiing: Weather and snow conditions permitting, Anthony Lakes will offer our group half days of snowcat skiing on either Saturday or Sunday for only \$60 additional! This should allow anyone on our trip who is interested to participate on one of the two days. Linda McGavin is taking names of those interested, but no payment will be made until the time of the trip, when we are certain that they will be able to offer the snowcat (they usually start about that time of year). A total of 12 people can sign up on any one day, and we will need to let Anthony Lakes know how many extra spots they could sell to the public. So get your name in early to be on the list!



Trip Price: \$230 for transportation, 2 nights' lodging, and 2 days lift tickets.

Those over 70 will receive free skiing, and your total trip cost will only be \$175, including the fantastic dinner at the Haines Steak House (choice of prime rib, rib eye, or halibut, plus their amazing salad bar)!

Use the [Dough Transmittal form](#) to send \$100 deposit, due by **now**. Full payment due by Dec. 20. No refunds after Dec. 20 unless you can fill your spot.

Contact: Linda McGavin (Trip leader) at 503-652-2840, Trips@mthigh.org.



More info on our web site, www.mthigh.org.

Mt. High

Utah: Powder Mt. & Snowbasin

Drive or fly  

Feb. 18 - 24, 2012 Take your pick: a short or a long trip.

SHORT: Feb 18-22: 4 nights/ 2 lift tix included, optional 3rd-4th day. Price: **\$299**.

LONG: Feb 18-25: 7 nights/ 4 lift tix included, optional 5th-6th day. Price: **\$494**.

There is a lot of flexibility in this trip. You can decide to drive to Utah (and maybe visit a few more ski areas along the way). Or you can fly to Salt Lake City and rent a car there.

Sat., Feb 18, is travel day. We'll start skiing Sunday. Last day of the trip, you will either spend the day driving home, or ski one more day and catch an evening flight home.

Lodging: We'll stay in Eden, 15 minutes from Powder Mt. and 1:15 from the Salt Lake City airport. Lodging is in "Moose Hollow" condos. These are 3-bedroom condos, with 2 people per bedroom, and a total of 5 to 6 people per condo.

Lift tickets: Included are Powder Mt. and Snowbasin lift tickets. People on the short trip will get 1 lift ticket to each ski area (total of 2). People on the longer trip will get 2 lift tickets to each ski area (total of 4).

Powder Mt. offers 2,000' vertical 5,500 acres, 1 express quad, 1 fixed quad, 1 triple, 1 double chair, 1 snowcat.

Snowbasin was the location of the Olympic Downhill in 2002, luxurious new lodges, 2,959' vertical. 2,800 acres,, 1 tram, 2 gondolas, 1 quad, 4 triples. Both ski areas offer not only powder but also long cruisers!

Also, you will be able to ski at least one or two other ski areas around Salt Lake City (among the 8 available).

Transportation is not included. Drive your own car or fly and rent a car. You will need preferably a 4-wheel drive car to get to the town of Eden, Utah, and also to the ski areas. From Eden, there is a shuttle bus to Powder Mt. (15 min. drive), but no shuttles to Snowbasin (20 min. drive). Other ski areas are 1.0 - 1.5 hours away.

Here are some ideas offering additional flexibility:


Idea 1: For a quick in and out, fly in and fly out. Southwest Airlines has one-way tickets for just \$107 (Portland to Salt Lake City). You can use your own points on your own preferred airline.

Idea 2: For a more adventurous approach, drive your own car from Portland, stay just 4 days in Utah, and then ski your way back home, stopping at 2 or 3 other ski areas along the way, such as **Pomerelle** (Idaho), **Bogus Basin** (Idaho), and **Anthony Lakes** (Oregon). Or, if you've already been to A-Lakes (on our January bus trip), then select between **Spout Springs** (Oregon) and **Bluewood** (WA). Wow! A mini ski safari on the way back home! At least some of us are planning to do this.

Use [Dough Transmittal form](#) to send **\$250 deposit, due by December 10**. Full payment due by January 18. No refunds after January 18 unless you fill your spot. Info: **Gordy:** 503-804-8363, GordyLusk@hotmail.com



More info on these and other trips on our web site: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH**Trips****SNOWSPORT CLUB****Mt. High****Mystery Trip**Bus trip **March 16 - 18, 2012**

A weekend bus trip, 2 nights/2 days. We leave Friday at 4:00 pm. Lots of fun on the bus and on the slopes! We'll return Sunday by 8 or 9 pm.

Nobody except the trip leader knows where we are going. Put yourself at the mercy of the club and let the adventure begin! This is on St. Patrick's day, so bring your best limericks. During the bus ride, we'll play games, tell jokes, recite limericks, share food, and have a jolly old time!

Hopefully, we will also play a mystery game on the bus!

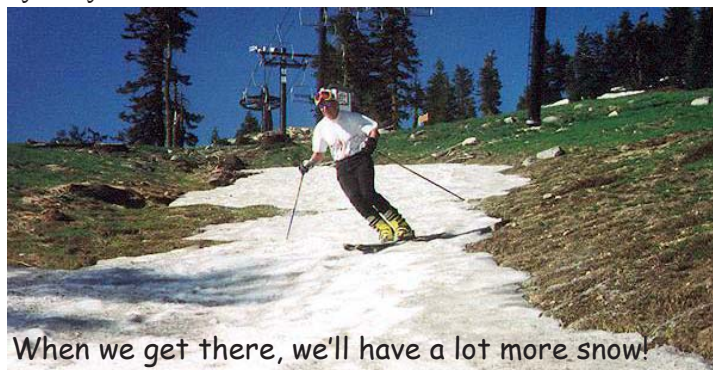
We'll spend a weekend skiing at two ski areas, both with lots of lifts, slopes, and options for every taste. People have asked if the photos used in promoting this trip are from the ski areas to be visited. Usually they are, or at least have been in past years. But, let's keep that a mystery too this time.

Price: \$245 includes: lodging, lift tickets, bus transportation, 2 breakfasts and 1 dinner (Saturday night).


Use [Dough Transmittal form](#) to send \$100 deposit, due by November 30. Full payment due by Feb. 15. No refunds after Feb. 15 unless you can fill your spot.

Contact: Emilio Trampuz at 503-378-0171, or Emilio2000@earthlink.net.

Photo on the right was taken after the ski area had closed.



When we get there, we'll have a lot more snow!

Mt. High**Whistler/Blackcomb**Drive or carpool **April 19 - 23, 2012**

(Thursday-Sunday) 3 days/3-4 nights.

Drive up on Thursday, ski Friday, Saturday and Sunday (or half day on Sunday), and leave either Sunday afternoon or Monday to go home.

Lodging: We'll be staying at the Whistler Coast, studios, 1 bedroom or 2 bedroom units.

Price: \$265 p/p includes 3 nights lodging, welcome party and Saturday night progressive dinner. Parking is an additional \$15 per night, so car pool with friends to save money and have more fun!

Lift tickets: We can use the Shell 2-for-1 coupons.

Fun: All kinds of fun to be had, including zip line, hiking, golf, 5-star restaurants and shopping galore.

Whistler Mt. offers 5,020' vertical 4,750 acres served by 19 lifts: 2 high-speed gondolas 7 high-speed quads 2 triple chairs 8 surface lifts.

Blackcomb Mt. offers 5,280' vertical 3,414 acres served by 17 lifts: 1 high-speed gondola 6 high-speed quads 3 triple chairs 7 surface lifts

Contact Debbi Kor with your lodging preferences and she will make reservations based on our needs. **Debbi Kor:** 503-314-7078, ijustwannarun1@comcast.net

Use [Dough Transmittal form](#) to send \$100 deposit, due by December 31. Full payment due by March 19, 2012. No refunds after March 19 unless you fill your spot.



More info on these and other trips on our web site: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH**Trips****SNOWSPORT CLUB****Multi-club Whistler cabin trip****Jan 22-28, 2012.**

6 nights lodging / 5 days skiing, Carpooling.

Participants on this trip are usually a mixed group from different ski clubs.

Cost= \$280 includes lodging, daily breakfast, lunch & dinner. Everyone encouraged to cook a dinner and help cleanup. **Contact: Bill Leeper: 503-639-2603.****UPDATE: This trip is now FULL.****But see below for a similar cabin with Julie Yang****Julie Yang** has reserved a cabin in Whistler during this same week. There is room for one woman from 1/22 to 1/29. It's at the sundance resort. Price is \$350 for 7 nights and includes most meals. If interested, Contact: **Julie Yang: 503-319-9988** or tattin187@aol.com.**But don't forget, we also have a Whistler trip April 19-23. See page 10.****NWSCC Bachelor Blast****April 6 - 8, 2012.**

A weekend of skiing at Mt. Bachelor, including:

* 2 days lodging in Mt. Bachelor Village condos.

* 2 days skiing,

* A fabulous lasagna lunch at Mt. Bachelor on Saturday and a party on Saturday night.

Price: \$210. Only 80 spots at this price. But you can add additional days on your own and still get a group discounted price.

This is a multi-club trip organized by the NW Ski Club Council.

Deposits should be made payable to the NW Ski Club Council (NWSCC), and mailed to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915.

Contact: Linda McGavin at 503-652-2840, Trips@mthigh.org.**Bergfreunde Lake Tahoe Sampler****Feb. 26 (Sun.) - Mar. 3 (Sat.).** Mt. High members are invited to join this flexible carpooling trip.**Cost: \$297** (ppdo, land only) includes: • 6 nights lodging• Group dinners Tues. and Thurs.
• Hospitality room Sun, Mon, Fri.

• Legendary Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler; • A trip souvenir.

Lodging: at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.**Skiing:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss our findings at a pre-trip meeting.**Contact:** Bob Burns: 503-524-5261 (phone/fax), bob@inkjetman.com.**Send payments to:** Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers; and email address.**Fundraisers, Good karma**

CLICK ON THE LINKS BELOW OR SEE OUR WEB SITE

Mar. 4 - 5 2012: **Oregon Cancer Ski Out**

A fun 2-day event (Sunday & Monday) at Mt. Hood Meadows. Teams of 5 compete for best consistency (not speed).

Mar. 9-10, 2012: **Hope on the Slopes**

A 24 hour ski challenge and fundraiser for the American Cancer Society, held at Mt. Hood Skibowl on Friday afternoon and Saturday morning.

If you want to get involved as a volunteer, come to the planning meeting on Tuesday, **December 13**, from 6:30 - 7:30 pm, at the American Cancer Society, 330 SW Curry St., Portland, OR. It's upstairs, on the 2nd floor.**Apr. 14 (Sat.), 2012:** **Ski to Defeat ALS**A fundraiser for ALS (Lou Gehrig's Disease) Amyotrophic Lateral Sclerosis, which is a progressive neurodegenerative disease that slowly robs a person of the ability to walk, speak, swallow and, eventually, breathe. This event, inspired by **Fred Noble**, will take place at Mt. Hood Meadows.*Much more info on these and other trips on our web site: www.mthigh.org/Trips.htm.*

MOUNTAIN HIGH**Far West Ski Association****SNOWSPORT CLUB****"The Voice of the Western Skier"****FOUNDED 1930****FAR WEST SKI ASSOCIATION**

All our Mountain High club members are also automatically members of the Far West Ski Association. It says so on your membership card.

So, these FWSA events and trips are yours! Make use of them!

FWSA Ski Week at Jackson Hole, WY**Jackson Hole**

Jan. 28 - Feb. 4, 2012. This is the biggest trip of the season, attended by dozens of ski clubs.

Prices start at \$950, depending of the type of lodging you select. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski parties, races, and more. Airfare is not included.

Send a \$100 deposit to reserve your spot.

Mail check to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915. Mark the envelope: "Jackson Hole". Contact: **Barbara Bousum**: BBousum@gmail.com or 503-224-3584 or **Chris Ciardi**, c2blondie@hotmail.com, 503-297-5351.

FWSA Spring Fling at Big White

March 27 - April 1, 2012.
5 nights/ 3- 4 days skiing.

This is a Far West "mini" Ski Week, in the sense that it is shorter than a full week, but it is "maxi" in terms of skiing. Big White is Canada's

largest all ski-in/ski-out destination resort, with great snow and lots of terrain for all tastes, from perfect groomers to wonderful glades and steep.

Packages from \$520 - \$595 USD which include:

- * 5 Nights Accommodation
- * 3 or 4 Day Lift Ticket
- * Welcome Party, Tubing Party, Farewell Party

Bonus - Discounted tickets for Big White Wine Festival with Fireworks Display during FWSA Spring Fling for \$25 per person.

Reserve Your Spot or Full Details contact:

Fran Long - francat2007@sbcglobal.net or **Gloria Raminha** - fwsa.natravel@sbcglobal.net.

FWSA**Chamonix-Mont-Blanc**

March 9 - 17, 2012.

International FWSA Ski Week.

Chamonix offers skiing and snowboarding for all levels. It has tremendously long slopes, glade skiing, free ride and off-piste slopes. Included:

- * Round trip between SFO and Geneva on Swiss Air
- * Round trip transfers between airports and resort
- * Welcome reception and going away party
- * Guide & hospitality desk each evening
- * 7 night's accommodations at 3 Star+ Hotel Alpina
- * Breakfast buffet daily
- * Dine-around dinner program daily. (Choice of 3 restaurants: Alpina, Le Prieure and Croix Blanche)
- * Optional tour program including day tours to Annecy, Montreux, Courmayeur and more
- * Special group pricing on lift tickets and rentals
- * All local taxes

Price: \$1,191 (without air)

+ **\$1,056** for associated air from San Francisco.

Send \$200 deposit to: Far West Ski Associ. and mail it to: FWSA International Travel, 901 Sousa Dr., Walnut Creek, CA 94597-2922.

Contact: Norm Azevedo at 1-925-944-9816 or fwsaitravel@sbcglobal.net

FWSA**Far West Championships - Mammoth**

April 6 - 8, 2012.

Come ski Mammoth Mt. just for fun! Our PACRAT racers can participate in Slalom and GS races.

There will be different courses set for different racer abilities so you will be able to handle it. There are 10 different racer classes and also an age break at 45. There are individual awards and also a team trophy.

The Far West races registration fee is \$45 total for the whole weekend, including both a Slalom and a GS race (only one run per race).

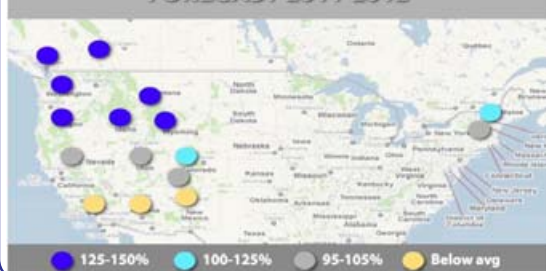
For more information, contact **Bob Ellis**, FWRA (Far West Racing Association)

Phone: (530) 414-4270 (cell)

Email: rellis9681@aol.com

More info at: <http://fwra.com/>

Much more info on these and other trips on our web site: www.mthigh.org/Trips.htm.

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****La Niña is back for this winter****FORECAST 2011-2012**

Check out this "La Niña" forecast for 2011/2012 from meteorologist **Joel Gratz**: <http://vimeo.com/32516659>. (You can skip the first 35 seconds.)

Above average snow for the Northwest!

Mountain High Meeting

Usually last Monday of the month

Dec. 26 (Mon.): Open to all who want to get more involved with the club. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: Round Table Pizza, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

| | | | |
|-----------------------------|--------------------|--------------------|---|
| President: | Kurt Krueger | H: 503-625-1492, | telek2@frontier.com |
| Vice-President: | Terry White | H: 503-781-4558 | TWhite223@msn.com |
| Secretary: | Chris Brooks | H: 503-764-5323, | jruffman@al.com |
| Treasurer: | Alice Dagilaitis | H: 503-697-4885, | ADagilaitis@pru-nw.com |
| Membership Director: | Terry Swan | H: 503-729-3435 | swans761@juno.com |
| Race Director: | Bruce Ellison | H: 503-697-7892, | Yuffiet@comcast.net |
| Newsletter Editor: | Emilio Trampuz | H: 1-503-378-0171, | newsletter@mthigh.org |
| Social Activities: | Debbi Kor | H: 503-314-7078, | ijustwannarun1@comcast.net |
| Golf: | Cal Eddy | H: 503-631-3115, | W: 503-805-8606, baebaw@ccgmail.net |
| Hiking: | Elisabeth Fontaine | H: 503-524-5774, | Lise518@msn.com |
| Mid-week skiing: | George Yun | H: 503-697-3055, | boar2m@msn.com |
| Trip Directors: | Linda McGavin | H: 503-652-2840, | Trips@mthigh.org |
| | Gordon Lusk | H: 503-804-8363, | GordyLusk@hotmail.com |

General info:
info@mthigh.org
Web site:
www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

- ☐ **Annual Membership** (Oct. 1, 2011 - Sept. 2012): Single (\$25); couple (\$40) \$ _____
- ☐ **PACRAT Racing (2012)** \$95 for the whole season. Team: _____ \$ _____
- ☐ **Anthony Lakes trip** (Jan. 20-22, 2012). Deposit: \$100. Total \$230. (by Dec. 20) \$ _____
- ☐ **Utah (Powder Mt., Snowbasin)** (Feb. 18-24, 2012). Deposit: \$250. Total \$299 - \$494 \$ _____
- ☐ **Mystery trip** (Mar. 16-18, 2012). Deposit: \$100. Total \$245. (by Feb. 15) \$ _____
- ☐ **Whistler/Blackcomb** (Apr. 19-23, 2012) Deposit: \$100. Total \$265 (by Mar. 18) \$ _____
- ☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 322 Newsletter Distribution

The Dec. 2011 issue is posted on our web site. Also:
386 copies sent via email (as PDF files)
24 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: newsletter@mthigh.org.

Better than Gore-Tex

Thanks to Bob
Burns for this.



Breathe Easy Rab Stretch Neo Jacket with Polartec NeoShell
 (left) versus Millet Trilogy Limited GTX with Gore-Tex Active Shell
 (right) -- by *Jeff Harris*

For 35 years, Gore-Tex has dominated the market for waterproof, breathable fabrics, but this spring it has some competition. Textile maker Polartec has developed its own waterproof, breathable fabric that threatens to trump Gore-Tex's latest. Both were put to the test.

The Tech**1. Rab Stretch Neo Jacket with Polartec NeoShell**

Under a microscope, NeoShell's permeable layer looks like spiderwebs spun from a polyurethane thread. The webs form tiny channels large enough that humid air can escape but small enough that water droplets (even those with the force of a 10-

foot waterfall) can't get in. A polyester lining and durable outer-face fabric sandwich the layer and are fused to it with pinhead-size dots of adhesive, keeping channels clear and air flowing. The Rab Stretch Neo Jacket at [Rab](#) costs \$365.

2. Millet Trilogy Limited GTX w/ Gore-Tex Active Shell

Thinner and lighter than its predecessor, Gore-Tex's Active Shell fabric features a porous membrane that looks like cotton candy up close. The fabric bonds directly with a moisture-wicking lining, eliminating a heavy layer of adhesive and trimming a few ounces off the jacket. An outer-face fabric attaches with microscopic glue dots; this way, the pores (about nine billion of them per square inch) don't get gummed up. The Millet Trilogy Limited GTX jacket at [Millet](#) is \$400.

The Test: For one month this winter, four testers wore both jackets while skiing front- and backcountry in the mountains of Vermont, Colorado and Utah. Conditions ranged from snow squalls to bright sunshine, and temperatures varied from close to freezing to as low as -30°F.

The Results: All four testers felt consistently more comfortable in the 17-ounce Polartec shell, despite the Gore-Tex's jacket being 3 ounces heavier. Testers had to physically air out the Gore-Tex jacket by unzipping its armpit vents, whereas sweat evaporated quickly out of the ventless Polartec.

Winner: Polartec NeoShell

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

