



# Lift Lines

== No. 129 September 2011 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## From the Prez



We've got a great board this year with a lot of familiar faces and a newcomer: **Chris Brooks**. A big welcome to the new board for our next season.

These are the folks that make our club a really fun organization and truly make us "The Club That Really Skis".

Trips have been set up, events scheduled, races ready. Warren Miller and other Movies are scheduled. Season passes are on sale. Get those boards waxed, bindings set, and be ready for when the snow flies.

It will soon be time to sign up for our trips and activities. Our trips have been filling up, so be sure to sign up early. And please be kind to our trip leaders. They do a huge amount of work arranging our really fun trips with absolutely no compensation.

One thing that helps tremendously is to follow the deadlines. Sign up, send in your payments, and in case you need to cancel, let the leader know as soon as possible. Refunds for late cancellations are at the mercy of the resort.

For the Seafood Party, signing up by the due date is mandatory. There is limited seating and the cost to club is large, so an accurate count is required. Page 6 has all the gritty details.

I'm look forward to another stellar ski season. And Really Skiing!

- Kurt

## Mt. High wall calendar



Follow the link on our home page to print out your own 15-month Mt. High wall calendar for April 2011 – Sept. 2012.

The calendar is meant to be printed 2-sided, then folded in half, and stapled in the middle. Then punch a hole at the top to hang it on a wall.

Alternatively, you can ask Emilio to print, fold, staple and punch a calendar for you, for a small fee:

a) Letter sized = \$5      b) Tabloid size = \$10.

Make check payable to Emilio Trampuz and mail it to: Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302.

Note the color code.  
Our club is blue.

## 2011 CALENDAR

**Blue:** Mountain High events

**Red:** NWSCC / FWSA events

**Black:** General events

- Sept. 2-5 (Fri.-Mon.): Idaho Bike trip**  
**Sept. 9 (Fri.): Bike ride:** Banks-Vernonia  
**Sept. 16 (Fri.): TGIF - Newport Seafood Grill / Mall 205**  
**Sept. 17 (Sat.): Mt. Hood Heritage Day**  
**Sept. 18 (Sun.): Hike to Tunnel Falls**  
**Sept. 18 (Sun.): Dog Day at Skibowl**  
**Sept. 21 (Wed.): NWSCC Back to Ski**  
**Sept. 29 (Thur.): Mt. High Golf, Ranch Hills, 4:30**  
**Sept. 29 (Thur.): Hillcrest Equipment & Race Night 7pm**  
**Oct. 1 (Sat.): Downhill Divas fundraiser**  
**Oct. 1 (Sat.): Mt. High annual Monte Carlo Bowling**  
**Oct. 3 (Mon.): MSP film: Attack of LA Nina**  
**Oct. 3 (Mon.): Mt. High organizational meeting**  
**Oct. 8 (Sat.): Mt. High Seafood Party**  
**Oct. 14-15 (Fri.-Sat.): MHSP Ski Swap, West Linn High**  
**Oct. 15 (Sat.): Mt. High Highway Cleanup**  
**Oct. 28 (Fri.): Warren Miller ski film: "Like There's No Tomorrow"**

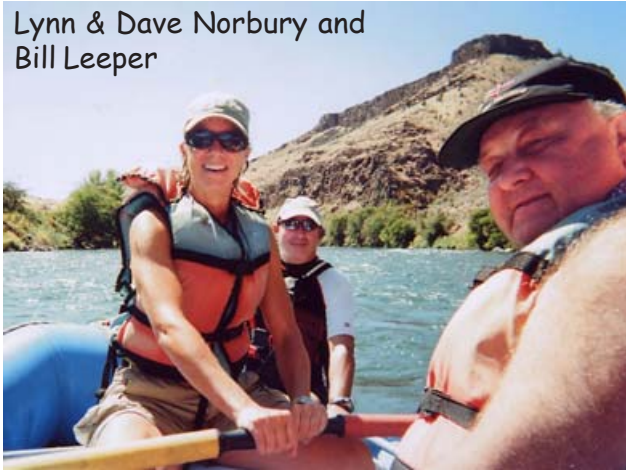
- Nov. 4 - 6: Portland Ski Fever & Snowboard Show, at Expo Ctr.**  
**Nov. 7 (Mon.): Ski Fair, Monarch Hotel**  
**Nov. 16 (Wed.): Mt. High Kickoff Party**  
**Dec. 7-13: Aspen w/ Cabernet Ski club**

## 2012 EVENTS

- Jan. 20-22: Anthony Lakes bus trip**  
**Jan. 21-28: Whistler cabin trip**  
**Jan. 28 - Feb. 4: FWSA Ski Week (Jackson Hole, WY)**  
**Feb. 18-24: Mt. High Utah trip (Powder Mt., Snowbasin)**



Lynn & Dave Norbury and  
Bill Leeper



## Rafting

**August 19-21, 2011.** We've held this annual summer trip for many years now, but it's not getting old. It attracts some 60 - 80 people, and everyone has a lot of fun, both in the water and on land. This year, Lynn Norbury wrote to Gordy (the trip leader):

*"Once again a perfect raft trip. Dave and I have rafted in Colorado and Utah and Washington but your trip is the most fun trip we've had the pleasure of joining, and we're already looking forward to next year.*

*We thoroughly enjoyed it and we're getting better at the piloting thing. Dave is getting to be pretty good as a paddle (tiller) guide but doesn't feel very confident with the oar boats. Me, I'm getting there but not feeling confident to subject any innocents to my raft-piloting yet. Thank you for organizing this herd of cats. Can we put in a request for RV spot #18 again next year? It had the perfect separation to keep our doggies from bothering other people.*

*We'd like to take you out for a drink sometime just to say thank you. You're fabulous, Gordy. -- Lynn"*

## Picnic

**August 27, 2011.** Another great annual picnic at Sellwood Park! As usual, we first went on a bike ride up and down the Willamette River on a paved bike trail. We worked up an appetite, and food was served right on time, by about 11:30. At first, the turnout seemed smaller than last year, but people kept coming. It's a pity that many people arrived so late, after most of the food had already been consumed.

As in previous years, we had most of our winter trips ready to display, and flyers were available too, so people could start planning the upcoming winter season.



See more photos at [www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).



Photo by John A. Davis

Under I-90  
at Wallace

Many people seemed interested in this trip, but in the end only 6 of us did it. In the photo, from left to right: Terry Swan, Shelly Seger, Troy Downing, John Davis, Emilio Trampuz, and Carl Schnoor.

We saw the Center of the Universe, tasted huckleberry ice-cream and huckleberry margaritas, and had a great time.

See more photos at:

[www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).

## Idaho bike trip

**September 2 - 5, 2011.** We spent 3 days riding the 72-mile Trail of the Coeur d'Alenes, from the town of Mullan (near the Montana border) to the town of Plummer (south of Coeur d'Alene). The paved bicycle trail passes through Historic Wallace, Kellogg, Enaville, Cataldo, and Harrison. It follows the Coeur d'Alene river and then hugs the shores of Lake Couer d'Alene, and over the stair-step Chatcolet bridge, designed to make it easier for cyclists to cross over it.

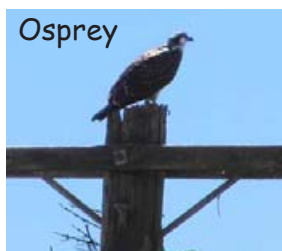
A good portion of the trail passes through wilderness with marshes and lily ponds, where you can see egrets, osprey, grebes and other wildlife. Some said they saw turtles and a large snake. There are plenty of moose in the area, and we saw lots of muddy moose tracks crossing the bike trail, but did not see any moose.



Troy, Shelly, and Terry



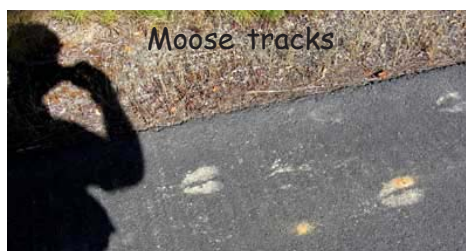
Chatcolet bridge



Osprey



Egret



Moose tracks







## Sacajawea Heritage Trail

**September 2, 2011.** On the way to Idaho, we stopped for a few hours in the Tri-Cities (Kennewick, Richland, Pasco) to ride our bikes on the 23-mile trail down one side of the Columbia river and back up along the other side. Much of it feels like riding through a park. There are many trailheads. It might be best to start near the Columbia Center Blvd., where there is a statue of Sacajawea overlooking Bateman island. See more photos at [www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).

But stay on the paved path, and beware of riding over anything that looks like a patch of straw. This "straw" hides some nasty thorns called "goat-heads". Emilio ran over a foot-long patch of "straw" and got more than half a dozen punctures. Other than that, it was a lovely bike ride. Luckily, there were no thorns in Idaho.

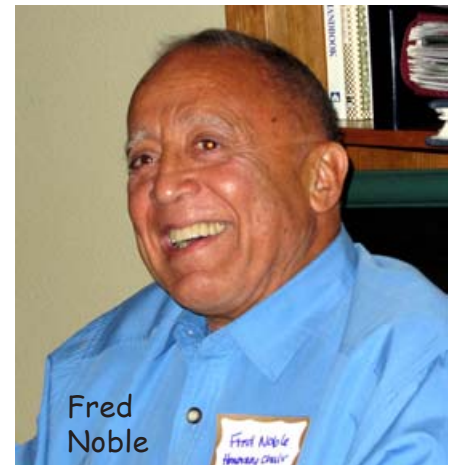


## Ski to Defeat ALS Kickoff

**September 15, 2011.** Candace Kramer hosted a kickoff party for the first "Ski to Defeat ALS" event, to be held at Mt. Hood Meadows on April 14, 2012. An inspirational [video](#) about Fred Noble and ALS was shown.

Fred Noble, a legendary skier and CMH (Canadian Mountain Holidays) representative - who was recently diagnosed with ALS and is now the Honorary chairperson for this event - was present, announcing that CMH has already contributed \$5,000, as a Silver level sponsor.

Several other sponsors were present, as well as ALS Association representatives. Mt. Hood Meadows said they would provide special tickets to all participants so they can ski everywhere on the mountain and still have their vertical feet counted. More at [www.mthigh.org/#Ski to Defeat ALS](http://www.mthigh.org/#Ski_to_Defeat_ALS).

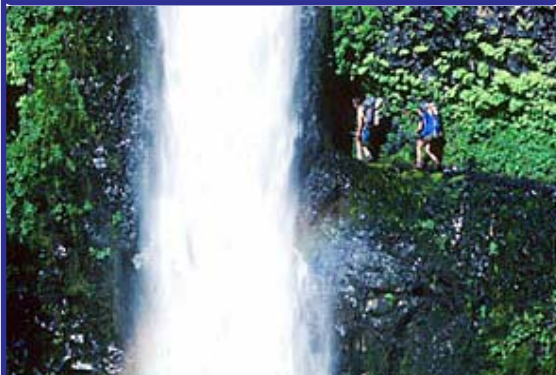


Fred Noble & Lance Christian



Aubrey McCauley, Trina Bandelow, Candace Kramer, Lou Libby



**Mt. High Hike to Tunnel Falls****Sept. 18, 2011 (Sunday).**

Starting at 8 am from McDonald's at the truck stop exit in Troutdale.

**Easy** (to Punchbowl Falls): 4.2 miles round trip, Eleva. gain 400'.

**Moderate** (to High Bridge): 6.6 miles round trip. Elev. gain 600'.

**Difficult** (to Tunnel Falls): 12 miles round trip. Elev. gain 1,200'. The Eagle Creek trail is one of Oregon's most spectacular trails, passing half a dozen waterfalls.

**Contact:** Chris Brooks, 503-764-5323, [jruffman@al.com](mailto:jruffman@al.com)

**Dog Day at Skibowl**

**September 18, 2011.** 10am - 2 pm. Sunday. Dogs and their owners are invited to enjoy a fun run/walk at the 2nd annual Dog Day at the Mt. Hood Adventure Park Skibowl on Sunday, September 18 with proceeds benefiting the Oregon Guide Dogs for the Blind.

Three routes--easy, moderate, and extreme--will be marked for hiking/running on Dog Day. After the walks, participants will be able to enjoy a Dog-Friendly Beer Garden in the base area and participate in pet trick contests for prizes.

**NWSCC****Back to Ski Night**

**September 21, 2011 (Wed.)** 6 pm. Guest speakers:

1. **Jared Montague, Brundage Mountain Resort**, McCall ID.
2. **Life Flight** helicopter rescuers Especially valuable for those of us who ski out of bounds, back-country, side-country, etc.
3. Other news from around the Pacific NW!

It will be a VERY informative evening! PLUS great DOOR PRIZES! Everyone is welcome!

**Location:** The Shanghai Noble House, bottom floor, at the Water Tower building at John's Landing, 5331 SW Macadam Ave. Portland Oregon 97239

**Mt. High Golf at Ranch Hills**

**Sept. 29**  
Thursday  
4:30 pm.

We will  
play 9  
holes at  
R a n c h

Hills Golf Course, 26710 S. Ranch Hills Road Mulino, OR 97042, phone: (503) 829-5666. Tee times start at 4:30 pm.

Cost: \$15 (for 9 holes)  
Carts: \$14

**We need to have confirmation before Sept. 26**, either by email or by phone. Please contact

**Terry Swan** at 503-729-3435 or e-mail [swans761@juno.com](mailto:swans761@juno.com), or **Cal Eddy** 503-805-8606. or e-mail [baebaw@ccwebster.net](mailto:baebaw@ccwebster.net).

**Hillcrest Ski & Sports Race Night**

**Sept. 29, 2011 (Thur.)** 7 - 9 pm

Great annual sale. Factory reps will be on hand to answer questions and help with gear selection. The prices will be well below retail, so it is a great opportunity to get the latest gear. This is not just for race equipment but is open to all

levels of equipment.

**Location:** Hillcrest Ski & Sports store.

2506 SE Burnside Rd, Gresham, OR 97080

That's at the start of Hwy. 26, toward Mt. Hood.

See flyer and map on our web site at: [www.mthigh.org/index.htm#Hillcrest Equipment Night](http://www.mthigh.org/index.htm#Hillcrest_Equipment_Night)

For info, call the shop at 503-665-4455. Ask for **Greg**, Steve or Dex. Or call Gary Gunderson, our PACRAT racer extraordinaire, at 503-258-8051.

Web site: [www.hillcrestsports.com](http://www.hillcrestsports.com)



**MOUNTAIN HIGH****Upcoming Events: October****SNOWSPORT CLUB****Downhill Divas dinner & auction**

**Oct. 1 (Sat.).** Join the 5 "Downhill Divas" in this fundraising dinner benefiting the Oregon Cancer Ski Out. Starting at 5:30 pm at Life of Riley, 300 NW 10th Avenue, Portland, Oregon.

Tickets for the event are \$30. Contact **Lisa Ratzlaff** [lratzlaff@comcast.net](mailto:lratzlaff@comcast.net) or (503) 922-1335 or **Sally Niedermeyer**, [sallyrally@gmail.com](mailto:sallyrally@gmail.com).

**Mt. High Monte Carlo Bowling Night**

**Oct. 1 (Sat.).** 6:30 pm. A fun evening of bowling and socializing. Only \$13 to participate and potentially win money. Location: Milwaukie Elks, 13121 SE McLaughlin Blvd.. **Please RSVP by Sept. 24** to **Larry Bennett**, 503-760-2360, or [Bennett7926@comcast.net](mailto:Bennett7926@comcast.net).

**Mt. Hood Ski Patrol Snowsport Swap**

**Oct. 14-15, 2011.** Benefiting the Mt. Hood Ski Patrol and West Linn Snowboard Team.

Friday: 5 pm - 9 pm  
Saturday: 9 am - 8 pm

West Linn High School, Click here for [Google map](#). 5464 West "A" Street, West Linn, Oregon 97068.

Skis, boards, boots, clothing, boxes, packs, etc. If you have stuff to sell, bring it on Friday, noon - 9 pm, or on Saturday: 9 am - noon.

Admission: Individuals: \$3, Families: \$6.

More info at: [www.mhsss.com](http://www.mhsss.com). or at:

[www.mthigh.org/index.htm#Mt\\_Hood\\_Snowsport\\_Swap](http://www.mthigh.org/index.htm#Mt_Hood_Snowsport_Swap)

**Highway Cleanup**

**Oct. 15.** Saturday, 10 am.

Our 4th cleanup of a 2-mile section of Highway 26, mile-posts 51-53. We'll meet at the Skibowl parking lot, and earn some good karma cleaning the highway (abt. 2 hrs.).

Lunch & beverages will be provided to those who RSVP.

**RSVP** to **Debbi Kor** at:

[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net) or 503-314-7078.



More info on our web site, [www.mthigh.org](http://www.mthigh.org).

**Mt. High****Seafood Party**

**Oct. 8 (Sat.)** 6:00 pm. (If you want to help with the setup, please come at 5:30 pm.)

Our annual seafood party has become so popular that we rented

space at the **Multnomah Arts Center**, Portland. To cover the cost, please bring \$5 per person. Hey, you get a whole dinner in return! Non-members: **\$10**.

Our club will provide the **seafood** (salmon, shellfish, etc.) and sodas and water. BYOB and bring a side dish or dessert. If your last name begins with:

A - L : bring dessert;

M - Z: bring a salad or side dish.

**EVERYONE MUST RSVP by September 24th.**

If your name is NOT on the attendance list, you will NOT be admitted. This event is open to everyone, as long as you **pre-register**. We have to know ahead of time how much food to plan for, and people just dropping in will not be permitted. Attendants at the door will collect the \$5 and check that you are on the pre-registered list. **No exceptions!**

**Location:**

Multnomah Arts Center  
7688 SW Capitol Hwy.  
Portland, OR 97219.

Click here for [Google map](#)



Please RSVP to **Debbi Kor** for a headcount: [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net) or (503) 314-7078.



**MOUNTAIN HIGH****Upcoming Events****SNOWSPORT CLUB****"Attack of La Niña"**

**Oct. 3 (Monday)**  
at 8 pm.

Matchstick Productions' latest film, "Attack of La Niña", chronicles the deepest North American winter in recent history. This new film follows in the footsteps of "The Way I See It", MSP's 2010 release and the most decorated ski movie of all time. "Attack of La Niña" showcases the talents of today's best skiers in a journey through the snowiest winter of their lives.

**Location:** Dolores Winningstad Theater, Center for Performing Arts, 1111 SW Broadway, Portland, OR.

**Mt. High Warren Miller's "Like There's No Tomorrow"**

**Oct. 28, 2011. (Friday)** Dinner and a movie!  
**Dinner at 4:30 pm** - at Tree's Restaurant, 1211 SW 5th Avenue, in PacWest building.

**Movie at 6:30 pm** - at the Arlene Schnitzer Concert Hall, just 2 blocks away.

**Late show at: 9:30 pm.** A later option.

Santa Claus (Warren Miller Ent.) is coming to town, with a great way to start a new winter season. Everyone coming to see the movie will receive vouchers for several freebies including

1 lift ticket to Mt. Bachelor and 1 to Mt. Alyeska,  
2-for 1 lift tickets to Big White, Silver Star, Sun Peaks,  
1 night lodging and 2 lift tickets to Crystal Mt.

25% off a purchase of \$100 at The Mountain Shop, 1510 NE 37th Ave., Portland. See details at [www.mthigh.org](http://www.mthigh.org).

**For group tickets, you must send payment by September 24:**

**For the early show**, Friday 6:30 pm, please make your \$18 check (per person) payable to **Chris Brooks**, and send it to: Chris Brooks, 11930 SE Sunny Way., Happy Valley, OR 97086.

**For the late show**, Friday 9:30 pm, please make your \$18 check (per person) payable to **Sandra Busch**, and send it to: Sandra Busch, 1500 SW 134th Ave., Beaverton, OR 97005.

**Mt. High Club meetings**

Remember, each month, we have several club meetings, and they are never at the same place. Some are outdoors, or at people's homes, or at various public spaces around town.

Don't miss our upcoming club meetings, such as:

Sep. 29 (Thur): Mt. High Golf, Ranch Hills, 4:30 pm.

Oct. 1 (Sat): Mt. High annual Monte Carlo Bowling

Oct. 3 (Mon): Mt. High organizational & planning meeting

Oct. 8 (Sat): Mt. High Seafood Party

Oct. 15 (Sat): Mt. High Highway Cleanup

Oct. 28 (Fri): Warren Miller ski film: "Like There's No Tomorrow"

Nov. 16 (Wed): Mt. High Kickoff Party

**Cabernet club Aspen / Snowmass**

**December 7-13, 2011**

6 nights lodging, 4 days lift tickets, parties, more. This is one day and night more than last year. Trip sponsored by Cabernet Ski & Sail Club. All members of NWSCC clubs are welcome. Included in the package:

- \* Round trip air Portland to Aspen & airport transfers with group.
- \* 6 nights' hotel accommodation at the Gant Luxury Condos, 2 bedroom / 2 bathroom condos with fireplace, kitchen, balcony, daily maid service, hot tubs, pool, and ski-in/ski-out access.
- \* 4 days' lift tickets valid at: Aspen, Snowmass, Aspen Highlands, and Buttermilk. Also: parties, ... and more.

**Cost per person**, double occy = **\$1,200** per person, including air. See trip flyer at: [Trips/2011\\_Aspen\\_Flyer.pdf](#)

**Payment schedule:** \$200 deposit due now to reserve your spot. + \$500 due by September 1 + \$500 due by October 1.

**Cancellation fees:** \$200 after August 31. Total after September 30.

Make your check payable to **Cabernet Ski Club**, and mail it to: **Steve Coxen**, 19510 Suncrest Dr., West Linn, OR 97068.

**MOUNTAIN HIGH****Upcoming events: November****SNOWSPORT CLUB****Ski Fever & Snowboard Show**

**Nov. 4-6 (Fri - Sun.)**  
Admission: \$12.

Big annual ski show at the Expo Center. Great deals on ski clothing and equipment. Many freebies.

Live demonstrations. More info at:

[www.portlandskifever.com](http://www.portlandskifever.com).

If you want to volunteer to staff the NWSCC booth for a 3-hour shift (representing ALL local ski clubs) in exchange for a free admission to the show, contact **Colleen Walter**, [membership@nwskiers.org](mailto:membership@nwskiers.org).

**Mt. High Mt. High Kickoff Party + Ski Swap**

**November 16 (Wednesday), 6:30 - 9:00 pm.**

Our biggest party of the year, marking the start of a new ski season. Come enjoy the following:

- \* Free food and drinks, and door prizes.
- \* Meet your fellow club members.
- \* Renew your membership (\$25 singles; \$40 couples)
- \* Sign up for trips.
- \* Join a PACRAT racing team.
- \* Bring a friend.
- \* Bring something to sell or swap. We'll have a mini ski swap, just like the one that developed spontaneously last year. Bring skis, jackets, etc.

Location: **Gray Gables** See [MAP](#) on our web site.  
3009 SE Chestnut Street, Milwaukie.

More info on our web site:

[www.mthigh.org/index.htm#Kickoff\\_Party](http://www.mthigh.org/index.htm#Kickoff_Party)

**NWSCC****Ski Fair at the Monarch Hotel**

**Nov. 7 (Monday) 6-10 pm** Admission: FREE.

One day only, at the **Monarch Hotel**, 12566 SE 93rd Ave., Clackamas, OR 9701.

Meet local ski clubs and ski areas. **Silent Auction, Raffle**, and more!

As part of the auction, you can get great deals on lift tickets, lodging, ski trips, ski gear, and more.

All our members can purchase a **Meadows 10-time pass** for a discount, as in past years.

You can also **renew your club membership** at our club's booth.

To volunteer to staff the Mt. High booth, contact Emilio [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).

**NWSCC, Schnee****Pray for Snow**

**Nov. 12, 2010 (Saturday)**

Annual event to help usher in the Winter season, with a live band, dancing, revelry, and the company of friendly skiers. It's organized by the **Schnee Vogeli** ski club, but members of ALL local ski clubs are invited.

Location: **Charlie's Pub & Restaurant**, Government Camp.

Tickets: \$15, must be purchased in advance (Limited quantities). Contact your dearest member of the Schnees or:

**Gordon Lusk:** [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com), 503-804-8363

**Dale Parshall:** [dale.parshall@usbank.com](mailto:dale.parshall@usbank.com)

There will be no tickets at the door. This event fills up!



**PACRAT News****Pacific NW Area Clubs Recreational Alpine Teams****Bruce Ellison**

Mt. High Racing Director

Come join one of our 10-person teams and run some gates on a GS course.

We race on five Sundays each winter at Mt. Hood ski areas. The afternoon after each race we have a dinner and drawing for prizes donated by our sponsors. It's so much fun that there are folks who've been doing it for 20 years or more. If you're interested in

trying this out this winter please check out [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm).

Each year some of our skiers also go to the Far West Ski Racing Association **Championship** races.

If you haven't been assigned to a team yet, contact us. Most teams end up with an opening or two, and we can always start a new team! If you want to race, contact Bruce: [Yuffiet@comcast.net](mailto:Yuffiet@comcast.net) or: 503-697-7892.

**How it Works: Details & Deadlines**

1. Each racer should send to their team captain the [PACRAT entry form](#) and the [Liability Release form](#). Both forms are available on our web site.

2. Each racer should join the club (\$25) and pay the racing fee (\$95). The payments can be sent to the club: PO Box 2182, Portland, OR 97208. Or, you can send it to your team captain. But, in either case, please make check payable to **Mountain High**, and please enclose and sign the [Membership sign-up form](#).

3. **By Nov. 28** (Monday, our monthly Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer. Our club will then make out one big check to PACRATs for all our racers.

**PACRAT 101**

**October 13** (Thursday) from 6 pm - 8 pm.

A recruitment and education class, open to everyone. Bring friends who might be interested in racing!

**Location:** Tubby's Deli, 3330 NW Yeon Ave # 110, Portland, OR.

Contact Colleen Walter: [membership@nwski.org](mailto:membership@nwski.org)

**2011/2012 PACRAT Race Dates**

Date	Location
Nov. 28 (Mon)	Mt. High teams signup deadline.
Dec. 1	Deadline to send all forms to Pacrats
Dec. 21 (Wed)	Team captains meeting / bib pickup
<b>January 7</b>	<b>NASTAR open at Mt. Hood Meadows</b>
<b>January 8</b>	<b>Race 1: Mt. Hood Meadows</b>
<b>January 29</b>	<b>Race 2: Mt. Hood Skibowl</b>
<b>February 12</b>	<b>Race 3: Mt. Hood Meadows</b>
<b>March 11</b>	<b>Race 4: Mt. Hood Skibowl</b>
March 18	NASTAR Nationals (for those who qualify)
<b>March 25</b>	<b>Race 5: Mt. Hood Meadows</b>
April 2	Make up race; only if a race is canceled
April 6-8	FWRA Championships, Mammoth Mt.
April 13 (Fri.)	Rat Attack Awards Party (TENTATIVE)

**Mt. High Team captains**

In addition to sending in your racing fee, you also need to find a team to join. A list of team captains is posted on our web site [Racing](#) page, and also here:

Team name	Team captain	Email address / Phone #
Alpha KB	Mary Panza	<a href="mailto:skiermary69@hotmail.com">skiermary69@hotmail.com</a>
Avalanche Express	Gary Gunderson	<a href="mailto:ktgdpdx@frontier.com">ktgdpdx@frontier.com</a>
Bad Company	Steve Piazza	<a href="mailto:spiazza@sapiazza.com">spiazza@sapiazza.com</a>
Chilled Brewskis	Brenda Becerra	<a href="mailto:LetsPlayOnTheMt@hotmail.com">LetsPlayOnTheMt@hotmail.com</a>
Drooling Moose Rats	Elaine Bock	<a href="mailto:SeawitchPdx@aol.com">SeawitchPdx@aol.com</a>
Frosted Flakes	Stevie Viaene	<a href="mailto:stevie.viaene@gmail.com">stevie.viaene@gmail.com</a>
Infra-Rats	Bruce Ellison	<a href="mailto:yuffiet@comcast.net">yuffiet@comcast.net</a>
Lab Rats	Lonny Schiller	<a href="mailto:jandjkarsten@msn.com">jandjkarsten@msn.com</a>
Mixed Nuts	Samy Fouts	<a href="mailto:samyfouts@comcast.net">samyfouts@comcast.net</a>
Mt. Hoodlums	Emilio Trampuz	<a href="mailto:Emilio2000@earthlink.net">Emilio2000@earthlink.net</a>
Psychothermia	Gary Gunderson	<a href="mailto:ktgdpdx@frontier.com">ktgdpdx@frontier.com</a>
Rat Racers	Lynn Norbury	<a href="mailto:lynnertsn@gmail.com">lynnertsn@gmail.com</a>
Rattitudes	Chris Wiley	<a href="mailto:Chris2007@Yhuji.com">Chris2007@Yhuji.com</a>
Schussing Shysters	McCoy Smith	<a href="mailto:McCoySmith@comcast.net">McCoySmith@comcast.net</a>
Vertigo Madness	Tom Cansler	<a href="mailto:tomcansler@qualitytank.com">tomcansler@qualitytank.com</a>



**MOUNTAIN HIGH****Trips****SNOWSPORT CLUB****Mt. High****Anthony Lakes****January 20 - 22, 2012.**

2 days/ 2 nights. A fun bus trip. Leave Friday at 5pm, return Sun. night.

Anthony Lakes is the ski area with the highest base in Oregon, at 7,000'

so the snow is guaranteed and the powder light &amp; dry.

**Lodging:** The first night we will stay at the Indian casino near Pendleton. You will have time to gamble away some of your money!!! The next morning we'll drive straight to the ski area.

The second night, we'll stay at the El Dorado hotel in Baker City, the town closest to Anthony Lakes.

**Price:** \$230 for transportation, 2 nights' lodging, and 2 days lift tickets. Use [Dough Transmittal form](#) to send \$100 deposit, due by November 15. Full payment due by December 20. No refunds after December 20 unless you can fill your spot.**Contact:** Linda McGavin (Trip leader) at 503-652-2840, [Trips@mthigh.org](mailto:Trips@mthigh.org).**Mt. High Utah: Powder Mt. & Snowbasin** **Feb. 18 - 24, 2012****SHORT:** 4 nights/ 2 lift tix included, optional 3rd-4th day. **LONG:** 7 nights/ 4 lift tix included, optional 5th-6th day. Saturday is travel day. We'll start skiing Sunday. Last day of the trip, you will either spend the day driving home, or ski one more day and catch an evening flight home.

We'll stay in Eden, 15 minutes from Powder Mt. and 1:15 from the Salt Lake City airport. Included are Powder Mt. and Snowbasin lift tickets.

**Powder Mt.** offers 2,000' vertical 5,500 acres, 1 express quad, 1 fixed quad, 1 triple, 1 double chair.**Snowbasin** was the location of the Olympic Downhill in 2006, luxurious new lodges, 2,959' vertical. 2,800 acres,, 1 tram, 2 gondolas, 1 quad, 4 triples.Use [Dough Transmittal form](#) to send \$100 deposit, due by November 15. Full payment due by January. No refunds after January 18 unless you fill your spot.Info: **Gordy:** 503-804-8363, [GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com)**Multi-club Whistler cabin trip****Jan 22-28, 2012.**

6 nights lodging / 5 days skiing, Carpooling.

Participants on this trip are usually a mixed group of people from different ski clubs. A maximum of about a dozen will fit into the cabin.

**Cost= \$280** includes lodging, and daily breakfast, lunch and dinner. Everyone encouraged to cook a dinner and participate in cleanup.**Lodging** in a cabin 5 minutes north of Whistler village. There's a shuttle bus to the lifts every 20 minutes.**Lift tickets** are additional, but you can use the SHELL 2-for-1 coupons.**Contact:** Bill Leeper: 503-639-2603.**Bergfreunde Lake Tahoe Sampler****Feb. 26 (Sun.) - Mar. 3 (Sat.).** Mt. High members are invited to join this flexible carpooling trip.**Cost: \$297** (ppdo, land only) includes:

- 6 nights lodging
- Group dinners Tues. and Thurs.
- Hospitality room Sun, Mon, Fri.

- Legendary Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler;
- A trip souvenir.

**Lodging:** at the Bluelake Inn, within a few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.**Skiing:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss our findings at a pre-trip meeting.**Contact:** Bob Burns: 503-524-5261 (phone/fax), [bob@inkjetman.com](mailto:bob@inkjetman.com).**Send payments to:** Bob Burns, 9980 SW Citation Place Beaverton, OR 97008. Please include: Your name; club name; address; phone numbers; and email address.



**MOUNTAIN HIGH****Trips****SNOWSPORT CLUB****Mt. High****Mystery Trip****Mar. 16-18, 2012**

A weekend bus trip, 2 nights/2 days. We leave Friday at 4:00 pm. Lots of fun on the bus and on the

slopes! We'll return Sunday by 8 or 9 pm.

Nobody except the trip leader knows where we are going. Put yourself at the mercy of the club and let the adventure begin!

We'll spend a weekend skiing at two ski areas, both with lots of lifts, slopes, and options for every taste.

**Price: \$245** includes: lodging, lift tickets, bus transportation, and 2 breakfasts.

Use [Dough Transmittal form](#) to send \$100 deposit, due by November 15. Full payment due by Feb. 15. No refunds after Feb. 15 unless you can fill your spot.

**Contact: Emilio Trampuz** at 503-378-0171, or [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).

**NWSCC****Bachelor Blast****April 6 - 8, 2012.**

A weekend of skiing at Mt. Bachelor, including:

\* 2 days lodging in Mt. Bachelor Village condos.

\* 2 days skiing,

\* A fabulous lasagna lunch at Mt. Bachelor on Saturday and a party on Saturday night.

**Price: \$210.** Only 80 spots at this price. But you can add additional days on your own and still get a group discounted price.

This is a multi-club trip organized by the NW Ski Club Council.

Deposits should be made payable to the NW Ski Club Council (NWSCC), and mailed to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915.

**Contact: Linda McGavin** at 503-652-2840, [Trips@mthigh.org](mailto:Trips@mthigh.org).

**Mt. High****Whistler / Blackcomb****April 19 - 23, 2012**

(Thursday-Sunday) 3 days/3-4 nights. Drive up on Thursday, ski Friday, Saturday and Sunday (or half day on Sunday), and leave ei-

ther Sunday afternoon or Monday to go home.

**Lodging:** We'll be staying at the Whistler Coast, studios, 1 bedroom or 2 bedroom units.

Contact Debbi Kor with your lodging preferences and she will make reservations based on our needs.

**Debbi Kor:** 503-314-7078, [ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

**Whistler Mt.** offers 5,020' vertical 4,750 acres served by 19 lifts: 2 high-speed gondolas 7 high-speed quads 2 triple chairs 8 surface lifts.

**Blackcomb Mt.** offers 5,280' vertical 3,414 acres served by 17 lifts: 1 high-speed gondola 6 high-speed quads 3 triple chairs 7 surface lifts

Use [Dough Transmittal form](#) to send \$100 deposit, due by November 15. Full payment due by March. No refunds after March 18 unless you fill your spot.

**Fundraisers, Good karma**

CLICK ON THE LINKS BELOW OR SEE OUR WEB SITE

**Oct. 1 (Sat.), 2011: [Downhill Divas' auction](#)**

a fundraising event starting at 5:30 pm at Life of Riley, 300 NW 10th Avenue, Portland, Oregon.

**Mar. 4 - 5 2012: [Oregon Cancer Ski Out](#),**

a fun 2-day event (Sunday & Monday) at Mt. Hood Meadows. Teams of 5 compete for best consistency (not speed).

**Mar. 9-10, 2012: [Hope on the Slopes](#), a 24**

hour ski challenge and fundraiser for the American Cancer Society, held at Mt. Hood Skibowl on Friday afternoon and Saturday morning.

**Apr. 14 (Sat.), 2012: [Ski to Defeat ALS](#), a**

fundraiser for ALS (Lou Gehrig's Disease) Amyotrophic Lateral Sclerosis, which is a progressive neurodegenerative disease that slowly robs a person of the ability to walk, speak, swallow and, eventually, breathe. This event, inspired by **Fred Noble**, will take place at Mt. Hood Meadows.

Much more info on these and other trips on our web site: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).



**MOUNTAIN HIGH****Far West Ski Association****SNOWSPORT CLUB****"The Voice of the Western Skier"****FAR WEST SKI ASSOCIATION**

FOUNDED 1930

All our Mountain High club members are also automatically members of the Far West Ski Association. It says so on your membership card. So, these FWSA events and trips are yours! Make use of them!

**Far West Convention photos/videos**

**June 9-12, 2011.** Seestill photos on our web site PHOTOS page.

We also have 3 VIDEOS:

1. **10th Mountain Division** members Warren Asa, Bruce Campbell, and Howard Koch, speak about the 10th Mountain Division Foundation and their memories of storming Riva Ridge, Italy, in World War II. 24 minutes. <http://vimeo.com/27408328>.

2. **The Ski Channel founder**, Steve Bellamy, speaks about ski clubs integrating with the Ski Channel. 3 minutes. See: <http://vimeo.com/27391582>.

3. **Hope on the Slopes** founder, Dave Ludwig, speaks about the relationship between ski areas, ski clubs, and charities – specifically the American Cancer Society. 17 minutes. See: <http://vimeo.com/27363440>.

**FWSA Ski Week at Jackson Hole, WY**

**Jan. 28 - Feb. 4, 2012.** This is the biggest trip of the season, attended by dozens of ski clubs.

Prices start at \$950, depending of the type of lodging you select. This includes 7 nights lodging, 5 lift tickets, banquet, council party, apres ski parties, races, and more. Airfare is not included.

Send a \$100 deposit to reserve your spot.

Mail check to: NWSCC, P.O. Box 1915, Portland, OR 97207-1915. Mark the envelope: "Jackson Hole". Contact: **Barbara Bousum**: [BBousum@gmail.com](mailto:BBousum@gmail.com) or 503-224-3584 or **Chris Ciardi**, [c2blondie@hotmail.com](mailto:c2blondie@hotmail.com), 503-297-5351.

**FWSA****Far West Trips**

*Click on the underlined blue links for more info.*

**FWSA New Zealand & Australia**

**Trip**- Oct. 25 - Nov. 9, 2011; Auckland, Rotorua, Wellington, Queenstown, and Sydney. Price from \$3,616 pp/do, flights from SFO/LAX. Also, optional post-trip

extension to Cairns, Great Barrier Reef, Nov. 9- 12, starting at \$541 per person. For more information, call Norm Azevedo at (925) 944-9816 or email [fwsaitravel@sbcglobal.net](mailto:fwsaitravel@sbcglobal.net).

**Dive Trip to Roatan,**

Honduras, October 22-29, 2011. Dive Package: \$929/person; Non-Dive Package: \$849/person.

Price includes: R/T transfers from Airport to Resort; 7 Nights at Turquoise Bay Dive & Beach Resort (2 per room); All Meals Daily; Non-Alcoholic drinks with meals only; 6 days of 3 tank boat dives; 1 Night boat dive per person; 1 Hour per day internet access; Unlimited use of Kayaks and Pedal boats; All Hotel taxes. Contact **Randy Lew** at 530-304-0802 or [fwsa13randy@telis.org](mailto:fwsa13randy@telis.org).

**Chamonix-Mont-Blanc,**

France 2012 Annual International Ski Week. More info later, but put this ski week on your 2012 planning calendar. Contact Norm Azevedo at [fwsaitravel@sbcglobal.net](mailto:fwsaitravel@sbcglobal.net) for more information.



**Big White / Silver Star.** An alternative to the FWSA Ski Week. This will be a shorter trip for those who can't afford to take off for a whole week. Dates and details are yet to be announced. Most likely in the second half of March 2012.

**FWRA Championships, April 6 - 8, 2012, Mammoth Mt.**

Mammoth Mt. will host this winter's Far West Championships. All PACRAT racers qualify to take part in a Slalom and a Giant Slalom race. Also, the trip is open to any club member who just wants to ski at Mammoth.

*Much more info on these and other trips on our web site: [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).*



**MOUNTAIN HIGH****Contacts / Club info****SNOWSPORT CLUB****Membership renewal**

It is time to renew your club membership. Please do so in person at either the Ski Fair or at our Kickoff Party, both in November. Or, do it by mail at any time, starting now. Just mail a single check for everything you are paying for (membership, racing, trip deposits, etc.).

Whenever you send in any money to the club, please use our **Dough Transmittal Form** a.k.a. the **Membership Signup Form**. Those two are the exact same form. You can find a compact version of it on this page of Lift Lines, or on our web site, on the [Forms](#) and [Member Benefits](#) page.

**Mountain High Meeting**

Usually last Monday. Exception this time.

**Oct. 3 (Mon.):** Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

**Location:** Alice & Blaise Dagilaitis, 7 Nansen Summit, Lake Oswego, OR 97035.

**Mountain High snowsport club contacts:**

<b>President:</b>	Kurt Krueger	H: 503-625-1492,	<a href="mailto:telek2@frontier.com">telek2@frontier.com</a>
<b>Vice-President:</b>	Terry White	H: 503-781-4558	<a href="mailto:TWhite223@msn.com">TWhite223@msn.com</a>
<b>Secretary:</b>	Chris Brooks	H: 503-764-5323,	<a href="mailto:jruffman@al.com">jruffman@al.com</a>
<b>Treasurer:</b>	Alice Dagilaitis	H: 503-697-4885,	<a href="mailto:ADagilaitis@pru-nw.com">ADagilaitis@pru-nw.com</a>
<b>Membership Director:</b>	Terry Swan	H: 503-729-3435	<a href="mailto:swans761@juno.com">swans761@juno.com</a>
<b>Race Director:</b>	Bruce Ellison	H: 503-697-7892,	<a href="mailto:Yuffiet@comcast.net">Yuffiet@comcast.net</a>
<b>Newsletter Editor:</b>	Emilio Trampuz	H: 1-503-378-0171,	<a href="mailto:newsletter@mthigh.org">newsletter@mthigh.org</a>
<b>Social Activities:</b>	Debbi Kor	H: 503-314-7078,	<a href="mailto:ijustwannarun1@comcast.net">ijustwannarun1@comcast.net</a>
<b>Golf:</b>	Cal Eddy	H: 503-631-3115,	W: 503-805-8606, <a href="mailto:baebaw@ccwebster.net">baebaw@ccwebster.net</a>
<b>Hiking:</b>	Elisabeth Fontaine	H: 503-524-5774,	<a href="mailto:Lise518@msn.com">Lise518@msn.com</a>
<b>Mid-week skiing:</b>	George Yun	H: 503-697-3055,	<a href="mailto:boar2m@msn.com">boar2m@msn.com</a>
<b>Trip Directors:</b>	Linda McGavin	H: 503-652-2840,	<a href="mailto:Trips@mthigh.org">Trips@mthigh.org</a>
	Gordon Lusk	H: 503-804-8363,	<a href="mailto:GordyLusk@hotmail.com">GordyLusk@hotmail.com</a>

General info:  
[info@mthigh.org](mailto:info@mthigh.org)  
 Web site:  
[www.mthigh.org](http://www.mthigh.org)

**DOUGH TRANSMITTAL FORM**

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

**Email Preferences:** - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no  
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no  
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no  
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

By joining the Mountain High Snowsport Club, I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip captains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities.

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

<input type="checkbox"/> <b>Annual Membership</b> (Oct. 1, 2011 - Sept. 2012): Single (\$25); couple (\$40)	\$ _____	_____
<input type="checkbox"/> <b>PACRAT Racing (2012)</b> \$95 for the whole season. Team: _____	\$ _____	_____
<input type="checkbox"/> <b>Anthony Lakes trip</b> (Jan. 20-22, 2012). Deposit: \$100. Total \$230. (by Dec. 20)	\$ _____	_____
<input type="checkbox"/> <b>Utah (Powder Mt., Snowbasin)</b> (Feb. 18-24, 2012). Deposit: \$100. Total ? (by Jan. 18)	\$ _____	_____
<input type="checkbox"/> <b>Mystery trip</b> (Mar. 16-18, 2012). Deposit: \$100. Total \$245. (by Feb. 15)	\$ _____	_____
<input type="checkbox"/> <b>Whistler/Blackcomb</b> (Apr. 19-23, 2012) Deposit: \$100. Total ?? (by Mar. 18)	\$ _____	_____
<input type="checkbox"/> <b>Other:</b> _____	\$ _____	_____

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>



**Club membership = 322      Newsletter Distribution**

The Sept. 2011 issue is posted on our web site. Also:  
**386** copies sent via email (as PDF files)  
**24** paper printed copies sent via US Mail.  
 Copies are sent to potential members, other clubs, etc..  
**Please help us minimize the cost of mailing paper copies.**  
**Send your email address to: [newsletter@mthigh.org](mailto:newsletter@mthigh.org).**

**The Mountain Shop has moved**

**The Mountain Shop**, which used to be on the corner of 7th Ave. and Broadway has moved about 30 blocks to the east. It is now located on on the corner of **NE 37th and Sandy Blvd.**

If you drive east on Broadway, when the one-way flow of traffic forces you to turn right onto 37th Ave (heading toward Halsey), as soon as you turn right onto 37th Ave., look for parking on your right, and the shop will be on the left.

Park in front on NE 37th, or across the street at the Banfield Motel, or nights and weekends at MBank.

The address is: 1510 NE 37th Avenue, Portland, OR 97232. Phone: 503-288-6768. Click here for a [Google map](#).

**Lift tickets and Season Passes**

Mt. Hood Skibowl hasn't announced its prices yet. but here's a preliminary comparison. Note that most passes will be more expensive after November 6. The Fusion Pass is a good deal, less expensive than a purely Timberline pass only. It's a no-brainer: get both Timberline and Skibowl for less than the price of just one of them!

But consider how many days you will really be skiing in a season? If it's only 8 - 12 days, then a 10-time pass would be the best deal.

Ski area	1 Day	5 Day	10 Days	Season Pass
<b>Meadows</b>	\$74	--	\$379	\$499
Meadows after Nov. 6	\$74	--	\$439	\$999
<b>Skibowl</b>	TBA	TBA	TBA	TBA
Skibowl after Nov. 6				
<b>Timberline</b>	\$64	\$195	\$345	\$499
Timber. after Nov. 6	\$64	\$219	\$379	\$519
<b>Fusion: Timb+Skibowl</b>	--	--	--	\$475
Fusion: after Nov. 6	--	--	--	\$649

Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302

Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.