



# Lift Lines

== No. 119-120, Nov./Dec. 2010 ==  
Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



## Editorial

## What a Club!!!

What a great club! Thanks to all the volunteers who helped staff our booth at the **Ski Fair**, and all those who helped with registration, food and setup at our annual **Kickoff party**. See photos from both events on pages 2 and 3.

Thanks also to all the volunteers who helped to clean up our stretch of highway 26, just before Government Camp. See photos on page 4.

If you haven't done it already, **please renew your club membership**. If you don't renew by the end of December, this might be your last newsletter.

**How to renew?** Easy. Just send us your money! But, please remember to enclose a signed copy of the Membership signup form, which is also known as the "Dough Transmittal form". Find it on page 13, or on the "Forms & Docs" page on our web site. Also, see page 11 here.

Check out our "**Member Benefits**" web page. It includes instructions on how to renew your membership, plus a list of membership benefits.

See the pattern? All the answers you seek can be found on our web site. In addition to all the trips, social events, and contact info, check out our **Forum** and **Bulletin Board**, both helping us to communicate with each other.

The article on **waxing** on page 6 is not just for racers.

When is the best time to **sign up for a trip**? See answer on page 7.

Please pay particular attention to the last page (14). It contains some **Christmas gifts** for you, and an **urgent plea for your help!**

Now, let's go ski!

Our buses are filling up fast.



Sign up for a trip before it is full.

*Note the color code.  
Our club is blue.*

## 2010 CALENDAR

Blue: Mountain High events  
Red: NWSCC / FWSA events  
Black: General events

Dec. 9-15: Canada Ski Safari

Dec. 9-14: Cabernet club Aspen trip

Dec. 11 (Sat.): PACRAT training day

Dec. 15 (Wed): PACRAT team captains/bibs

Dec. 20 (Mon): Mt. High planning meeting

Jan. 2 (Sun.): NASTAR race

Jan. 7-9: Mt. Bachelor - with Altair

Jan. 9 (Sun.): PACRAT Race 1 Timber.

Jan. 22-29: Sun Valley FWSA Week

Jan. 23 (Sun.): PACRAT Race 2 Mead.

Jan. 27-30: Leavenworth bus trip

Feb. 6 (Sun.): PACRAT Race 3 Skibowl

Feb. 26-Mar. 7: FWSA International  
Ski Week Interlaken Switzerland

Feb. 27-Mar. 5: Bergfreunde Lake  
Tahoe Sampler trip

Feb. 27 (Sun.): PACRAT Race 4 Timber.

Mar. 6-7: Oregon Cancer Ski Out

Mar. 11-12: Hope on the Slopes

Mar. 13 (Sun.): PACRAT Race 5 Mead.

Mar. 25-27: Crystal Mt. trip

Apr. 1 - 3: Far West Championships  
Alpine Meadows, Lake Tahoe.

Apr. 8-10: Bachelor Blast (all clubs)

## Mt. High

## Let's Have Some Fun



Canada Ski Safari: Dec. 9-15



PACRAT / NASTAR Racing



Mt. Bachelor: Jan. 8-10 (p. 8)



Leavenworth trip: Jan. 27-30



## Warren Miller dinner + movie

**Nov. 5.** (Friday) 65 of us went to see "Wintervention", the latest ski film from Warren Miller Entertainment.. Before the movie, about 50 of us gathered for dinner at the Trees Restaurant, in the PacWest building, on the corner of Madison and 5th Avenue.

Everybody had a great time. Also, everybody who attended the movie received vouchers for 2-for-1 lift tickets at Mt. Bachelor, Big White, Silver Star, and Sun Peaks, plus a \$25 gift certificate valid at the Mountain Shop (628 NE Broadway) till December 31, 2010.

Remember to print those vouchers and use them!



## Ski Fair

**Nov. 8, 2010.** Monday. Our Mt. High booth was one of the most well attended booths, except for the Mt. Hood Meadows booth, which had an incredibly long line for the \$330 deal for a 10-time pass. Thanks to everyone who volunteered to staff our booth. See more on our Photos web page, [www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).



See more photos at [www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).



## Mt. High Kickoff Party

**Nov. 11, 2010. (Thursday)** Our biggest party of the year was attended by about 200 people. Thanks to **Debbi Kor** for organizing all the food and door prizes. This was an opportunity to meet other members, sign up for trips, join a racing team, or participate in a ski swap. More photos at [www.mthigh.org/Photos.htm](http://www.mthigh.org/Photos.htm).



**Registration:** Gordon Lusk, Cal Eddy, Elaine Bock, Julie Yang and Jeannie Nyquist.



**Information:** Emilio Trampuz at the info desk, trip flyers, NW Skiers' Directories, and more.



Gordon Lusk



**Ski swap:** Valerie Lyons tries on a ski jacket. There were also skis, one-piece suits, and more.



**Above:** Barb Pressentin and Gary Gunderson talk about PACRAT racing and the new timing system.

**Left:** Gordon Lusk (our Prez) addresses the crowd.





## Highway Cleanup



Mountain High's  
October crew.



**Oct. 9.** Saturday, 10 am. Our 2nd cleanup this year of a 2-mile section of Highway 26, mileposts 51-53. We met at the Skibowl parking lot, and earned some good karma cleaning the highway for about 2 hours. Then we had lunch at the Mt. Hood Brewery. **Debbi Kor** organized this event.

Does this fur coat make  
me look fat?



Time to strengthen those  
leg and tummy muscles!  
Time to go skiing!

## Mountain High Sponsors Young Racer



**Haley Hanseler** was the recipient of a donation our club made to the FWSA Scholarship fund for young racers. At our annual Kickoff party, **Randy Lew** (FWSA President) and **Gordon Lusk** (Mt. High club president) introduced us to Haley.

The daughter of Jamie and Linda Hanseler, Haley Hanseler is a junior at Mark Morris High School in Longview, WA. During the winter months, she is enrolled at the Mt. Hood Academy to facilitate her race training while maintaining her 4.0 GPA.

A member of the **Mt. Hood Ski Team**, Haley is nationally ranked in her year group (1994) in all four disciplines: 3rd in downhill; 2nd in super G; 17th in GS; and 22nd in SL. She is ranked in the top 10 in downhill and top 5 in super G for the J-2 women's class. Last year, Haley scored 9th in the J-2 women's super G national championships in Sugar Loaf, Maine, and 9th in the Western Region's Spring Series super G. Her consistent performance in ski racing won her the Mt. Hood Academy Outstanding Female Competitor Award for the 2009-2010 season.

Haley's coach, **Roger Taggart**, lauds her as a "great person, athlete, scholar, and contributor". Her high school soccer coach noted that Haley's hard work and dedication earned her a starting varsity position as a sophomore. Both coaches commend Haley as a team player, who works hard, learns from her mistakes, encourages others, and helps out in every way.

## PACRAT News

## Pacific NW Area Clubs Recreational Alpine Teams



**Bruce Ellison**  
Mt. High Racing Director

It's time for all our PACRAT team captains to send in their Team signup forms, along with all the liability release paperwork to the club's Racing Director: **Bruce Ellison**, 147 SW Del Prado St, Lake Oswego, OR 97035.

Also, all racers should remember to pay their club membership dues (\$25) and their racing fee (\$95). Please make check payable to **Mountain High**, and enclose and sign the [Membership signup form](#), and mail it to the Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

Only the PACRAT & NASTAR forms should be sent first to your team captain, and then the team captain should send it to the club's Racing Director.

The payments should be mailed separately to the club, where our treasurer will process all the checks and then submit just one large check for all our racers to the PACRAT league.

For more info, see [www.mthigh.org/Racing.htm](http://www.mthigh.org/Racing.htm).

If you haven't been assigned to a team yet, contact us. Most teams end up with an opening or two, and we can always start a new team! If you want to race, contact Bruce at [Yuffiet@comcast.net](mailto:Yuffiet@comcast.net) or: 503-697-7892.

## Deadlines

**1. By Nov. 29** (Monday, our monthly Board meeting). All team captains should send their PACRAT forms to our Racing Director, Bruce Ellison, as we need some time to cross-check all racing dues with our Treasurer.

**2. Dec. 15** (Wednesday) -- Mandatory team captains' meeting, to pick up the racing bibs for their teams. Location: the **Shanghai Noble House**, in the John's Landing, 5331 SW Macadam, starting at 6:00 pm.

3. Some teams gather socially for a "bib decorating party". Feel free to color your bibs if you like (optional). Otherwise, your team captain will distribute the bibs on the morning of our first race.



## 2011 PACRAT Race Dates

Date	Location
Nov. 29 (Mon)	Mt. High teams signup deadline.
Dec. 1	Deadline to send all forms to Pacrats
Dec. 15 (Wed)	Team captains meeting / bib pickup
<b>January 9</b>	<b>Race 1: Timberline</b>
<b>January 23</b>	<b>Race 2: Mt. Hood Meadows</b>
<b>February 6</b>	<b>Race 3: Mt. Hood Skibowl</b>
<b>February 27</b>	<b>Race 4: Timberline</b>
<b>March 13</b>	<b>Race 5: Mt. Hood Meadows</b>
March 20	Make up race; only if a race is canceled
April 1-3	FWRA Championships, Alpine Meadows
April 15 (Fri.)	Rat Attack Awards Party (TENTATIVE)



## Additional Training days

In addition to the regular PACRAT races, this season we will also have 2 optional training days. These two events are not included in our regular racing fee, so there will be an additional small charge for them.

**1. December 11 (Saturday):** PACRAT Training day at Mt. Hood Meadows. This will be a first test of our new wireless timing system. Everyone will be able to take an unlimited number of runs and get pointers from our more experienced racers. The fee for this day might be around \$20 - \$25. Price depends on the number of participants. Let **Barb Pressentin** know if you are coming. [BP2Ski@Gmail.com](mailto:BP2Ski@Gmail.com) or 503-267-9522.

**2. January 2 (Sunday):** NASTAR training day at Meadows. This will actually be a proper NASTAR race organized by PACRATS. This race will be open to the public, so bring a friend! It will also be the last opportunity to sign up for PACRAT racing. On this NASTAR day, everyone will get 2 runs for approximately \$10. Let **Barb Pressentin** know if you are coming.



## NASTAR + New Wireless Timing

After almost 30 years of PACRAT Racing there will be two new elements added to our racing:

**NASTAR scoring system.** NASTAR is a nationwide system of recreational ski races.

This winter, for the first time ever, our PACRAT races will double as NASTAR races. Each racer will receive the usual PACRAT points and classification. In addition, each racer will also earn a NASTAR placement. By the end of the season, each racer will receive a NASTAR medal, which will be either Bronze, Silver, or Gold, depending on the racer's best result.

Each racer may also qualify for the NASTAR Nationals at the end of the season.

A new "**Phoenix Microgate**" **Wireless Timing system** has also been purchased. This should eliminate the frequent delays we have experienced with the wired connections used at ski areas.

The whole PACRAT Board voted in favor of both changes, but we mostly have to thank **Gary Gunderson**, the current PACRAT Vice-president, who worked hard to make both of these innovations a reality.



Note the antenna on top of the finish line sensor. There are no wires. The whole system fits into two suitcases.



## Wax Your Own Skis

**Q:** How can I wax my own skis without spending a fortune or ruining my ski bases?

**A:** You need just 4 items to do your own waxing:

a) **A hot iron.** Ski shops sell special irons for this. But you can use any old iron. Just set it on low, just warm enough to melt wax. Press the wax to the iron and let it drip onto the ski base. Then iron it in.

b) **A steel scraper.** Just a rectangular piece of thin steel. Use this to scrape OLD wax from the ski, before applying new wax. This steel scraper might also shave off and smooth out small irregularities on the ski base. You also need a steel scraper to shave off excess p-tex, if you ever use it to repair gouges.

c) **A plastic scraper.** Just a rectangular piece of plastic. Use this to scrape the NEW wax after you have applied it with the iron and then allowed it a few minutes to cool down.

d) **A brush.** Not a stiff metal brush, but a medium-stiff brush. Some brushes even have a mix of bristles with different stiffnesses. Use this at the very end, after scraping off the wax, to polish and buff the remaining surface of your bases, which will still be waxy. It seems that no amount of scraping ever removes ALL the wax. So, buff it up with the brush. The usual recommendation is to brush in one direction only, from tip to tail, and that's how most people usually finish it. But, at a recent workshop given by John Hanson at the Ski Chalet in Portland, he said he advises us to brush in all directions at first, with a circular motion, and then finish it off with several strokes from tip to tail.

An old iron purchased at a garage sale is good enough. But the other 3 items are best bought at a ski shop. Oh, yes, you will also need a pair of **ski vises** to hold the skis in place,

Best source of info on waxing is: [www.tognar.com](http://www.tognar.com).



## Trip signups

**Q:** What is the best time for me to sign up for a trip? And how should I do it?

**A:** Now is the best time. The earlier the better. At least put down a deposit, to reserve a spot.

Many people think that our Kick-off Party in November is the first opportunity to sign up for a trip, and that there will be more opportunities later. But, in reality, the Kickoff Party is the **last** opportunity, because some trips fill up very soon after that.

We prepare our winter trips in July. We start advertising them in Lift Lines and on the web site as early as July or August. There are only 5 opportunities for us to display trip flyers at club functions, and they are:

- 1) Picnic in August.
- 2) Seafood Party in September
- 3) Warren Miller dinner, October
- 4) Ski Fair in November.
- 5) Kickoff Party in November.

After that, we start skiing, and there aren't any more social events to display trip flyers.

At the same time, some trips, like the Far West Ski Week, are usually mostly booked up by then. Also, for any early trips in December or January, we need to release any unfilled rooms about 30 days before the trip.

For any Mountain High trip, please use our "Dough Transmittal Form to indicate what you are paying for, and mail your check to the club's PO Box on the form.

For NWSCC or FWSA trips, please send your check to the address indicated in the trip announcement.

## Mt. High

## Canada Ski Safari



**December 9-15, 2010** - 6 days/ 6 nights/ 6 ski areas!

10 people have signed up for this informal road trip through British Columbia, visiting 6 ski areas in 6 days! Some will leave a day early to make it a 7 day trip.

See how people describe a previous ski safari, at:

[www.mthigh.org/Articles/Canada-Ski-Safari-2006.pdf](http://www.mthigh.org/Articles/Canada-Ski-Safari-2006.pdf)

Note that once we are in Canada, the ski areas are all about 2 - 2.5 hours drive from each other.

We'll visit **Mission Ridge** or **Stevens Pass**. The longer group will also add **Apex**. Then, we'll all get together at: **Big White**, **Silver Star**, **Revelstoke Mt.**, **Sun Peaks**, and **Mt. Baker**.

This is a very informal trip. Just drive up, preferably carpool, and let's ski! If we share lodging and gas expenses, the trip can be quite affordable. In the past, we have spent anywhere between \$200 - \$350 per person for a 5 - 6 day trip. No deposits or down-payments required. It's all pay as you go. The only thing you need for this trip is a **passport!** For details, contact **Emilio Trampuz** [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).

Silver Star



## Cabernet

## Aspen/Snowmass trip



Aspen



**December 9-14, 2010**

5 nights lodging, 3 days lift tickets, parties, more. Trip sponsored by Cabernet Ski & Sail Club, a member of NWSCC and the San Diego Council of Ski Clubs. Click on flyer for more info. Included:

- \* Round trip air, and airport transfers with group.
- \* 5 nights' lodging at the Gant Luxury Condos, ski-in/ski-out, with fireplace, kitchen, balcony, daily maid service, hot tubs, and pool.
- \* 3 days' lift tickets, parties, ... and more.

Cost per person, double occupancy, is **\$960** per person, including air.

Make your check payable to **Cabernet Ski Club**, and mail it to:

Steve Coxen  
19510 Suncrest Dr.  
West Linn, OR 97068.

Contact: **Steve Coxen**, 503-679-9022,  
[stevecoxen@yahoo.com](mailto:stevecoxen@yahoo.com).



Snowmass



## Altair

## Mt. Bachelor trip



**Jan. 7 - 9.** This is a joint trip with the Altair Ski Club in Eugene. Only **\$140**, which includes lodging at the Fairfield Inn (same place we stayed on the Mystery trip), with breakfasts and 2 dinners. Transportation is not included, which means, we'll drive or carpool there on our own.

Arrival is late afternoon or evening on Friday, Jan. 7th, with checkout on Sunday, Jan. 9th by noon.

20 spots are allocated to the Mt. High Ski Club.

Altair and Mt High members price is \$140 per person, double occupancy. The non-member (guest) price is \$160. The price includes:

- \* Two nights lodging at the Fairfield Inn
- \* Breakfast both mornings, at the Fairfield Inn
- \* Light dinner Friday night
- \* Gourmet pizza dinner Saturday night at the Inn
- \* Dessert
- \* Entertainment by Jeff and Mary Saturday night.

Not provided are beverages and transportation to Bend or to the mountain.

Lift tickets are not included either, but you can use the Mt. Bachelor "Club Card", which will give you lift tickets for just **\$50**. See our "MEMBER BENEFITS" page, and even more details in this issue of "Lift Lines" - on page 12.

Contact: **Gordon Lusk**, 503-804-8363,  
[GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com)

Every participant needs to print, fill out, and mail in this [Liability Waiver](#).

Please mail to the club along with your [Dough Transmittal form](#) (form on page 13).

Use Dough Transmittal form to send **\$140**, due by November 30.

No refunds after December 8th unless a replacement person is found that will take the same room arrangements previously made. Optional price of \$238 for member and \$258 for non-member if you want a room to yourself (no roommate).

Click here for [trip flyer and liability waiver](#), or see our **Trips** web page, [www.mthigh.org/Trips.htm](http://www.mthigh.org/Trips.htm).

## FWSA

## Far West Trips

*Click on the underlined blue links for more info.*

\* FWSA is joining [Holidaze Ski Tours](#) for an [Antarctica Adventure & Celebration of New Years Eve](#) in Buenos Aires. You will leave Dec 29, 2010—January 12, 2011 for a 15 day cruise with three nights in Buenos Aires for New Years Eve. We will be joining other ski clubs & councils across the U.S. for this trip. Contact Norm Azevedo at [fwsaitravel@sbcglobal.net](mailto:fwsaitravel@sbcglobal.net) for more information.

\* [2011 FWSA Ski Week](#) will be in **Sun Valley, Idaho** January 22—29, 2011. \$875-\$1325. See article below.

\* [FWSA International Ski Week Engleberg/Interlaken](#) Feb 26—Mar 7, 2011; \$1725/person for 8 nights; Extensions to Bulgaria Mar 7-12 and Bucharest and Romania Mar 12—16, 2011. Contact Norm Azevedo at [fwsaitravel@sbcglobal.net](mailto:fwsaitravel@sbcglobal.net) for more information.

## FWSA

## Ski Week at Sun Valley



## Sun Valley



**Jan. 22-29, 2011.**

This is the biggest trip of the season, attended by dozens of ski clubs.

Price: \$875-\$1325, depending of the type of lodging you select. This includes lodging, lift tickets, banquet, council party, apres ski parties, races, and more.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: **NWSCC**, P.O. Box 1915 Portland, OR 97207-1915. Mark the envelope: "Sun Valley".

Please use the official Signup sheet at: [www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011 Sun Valley Sign up sheet.pdf](http://www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011%20Sun%20Valley%20Sign%20up%20sheet.pdf).

Contact **Barbara Bousum**, [travel@nwskiers.org](mailto:travel@nwskiers.org)

See more info at: [www.nwskiers.org/#SunValley](http://www.nwskiers.org/#SunValley)





**January 27-30, 2011** (42 signed up already! Maximum 50.)

3 days/ 3 nights. The bus trips are usually our club's best and most fun events. We will leave Thursday around 5 pm, and return Sunday night. We'll visit:

**1. The Summit at Snoqualmie.** For this trip, we are taking one extra "work" day off in order to ski Snoqualmie, which is the closest area to Seattle and gets slammed on weekends. The club has never had a trip to this area before. There are 4 separate base areas, Snoqualmie East, West, Central, plus Alpentel - which is for advanced skiers. A total of 33 lifts, including 2 that are new for this year. There is something for everyone, and we might want to plan a full weekend trip here in the future. Be among the first in our club to ski here!



**2. Mission Ridge.** 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain!

**3. Stevens Pass,** lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

**Lodging:** The first night we will cut our driving time short and stay at the I-90 Inn in Ellensburg, only 45 minutes from Snoqualmie. The next 2 nights we'll stay in the charming town of Leavenworth. We have booked almost the entire Obertal Inn, right in the middle of Leavenworth, just for us! Most rooms have 2 queen beds, some have 1 king bed. There are also 2 Fireplace Suites and 2 Jacuzzi Suites. If a couple wants to book one of those suites, each **person** would pay an extra \$25 for a Fireplace Suite or \$45 for a Jacuzzi Suite. First come, first served. Reserve yours soon! An "expanded continental breakfast" is included.

**Price:** \$375 for transportation, 3 nights' lodging, continental breakfasts, and 3 days lift tickets. **Seniors (ages 62 - 69)** pay \$345 (a savings of \$30). **Super-duper seniors (ages 70+)** pay \$300 (a savings of \$75).

Contact: [Linda McGavin](#) (trip leader) or [Emilio Trampuz](#) (co-captain). Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send \$100 deposit, due now. Full payment due by December 31. No refunds after December 31 unless you can fill your spot. Remember to specify if you want one of the special rooms. NOTE: After November 11, the trip will be opened to members of another club.

**NOTE: Only 44 spots available at the standard rate. After those 44 spots get filled, you'll only be able to sign up for the more expensive rooms (double occupancy only).**





Mt. High

## Crystal Mountain, WA



**March 25-27, 2011** (22 people signed up already!)

A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.



There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles. Also, NEW since our last trip to Crystal Mountain in 2009 is the Mt. Rainier Gondola. With travel time of less than 10 minutes (half the time of the current two chairlifts) and a vertical rise of nearly 2,500 feet, the gondola will provide year-round lift access to Crystal Mountain's summit. In addition to providing warm, dry uphill transport, the gondola also serves as backup when the Rainier Express is not able to serve the summit elevations due to high winds.

There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$199** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

**Seniors (65 and over)** can deduct \$30, for a total cost of: **\$169**.

The reason for only one lift ticket is that on Sunday, March 27, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for 2010-2011).

Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 25, 2011. No refunds after February 25 unless you can fill your spot. Contact **Linda McGavin** at (503)652-2840 or e-mail [Trips@mthigh.org](mailto:Trips@mthigh.org).

You can also contact [Emilio Trampuz](#) (co-captain), 503-378-0171, [Emilio2000@earthlink.net](mailto:Emilio2000@earthlink.net).





**Mt. High Membership renewal**

Whenever you send in any money to the club, please use our **Dough Trammittal Form** a.k.a. the **Membership Signup Form**. You can find a compact version of it on the last page of Lift Lines, or on our web site, on the [Forms](#) and [Member Benefits](#) page.

Simply mail the form to the club's PO Box 2182, Portland, OR 97208.

For questions about the club, contact: [info@mthigh.org](mailto:info@mthigh.org).

Remember, all Mt. High members are automatically members of the **NW Ski Club Council (NWSCC)** and the **Far West Ski Assoc.**

**NOTE**

**If you do not renew your membership by the end of December, you will be removed from our mail and email list. This might be your last newsletter! Don't let that happen!**

**Membership Cards**

You need this card to claim several of our membership benefits, especially the Mt. Bachelor Club Card (See page 12).

Please try to renew your membership in person, at one of the following events, or if you renew by mail, please pick up your membership card there:

Nov. 8 (Mon.): **Ski Fair**, at Holiday Inn.

Nov. 11 (Thur.): **Mt. High Kickoff Party**, at Gray Gables, in Milwaukie.

If you need your card mailed to you, contact **Elaine Bock** 503-245-7009, [SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com)

**Mt. High Membership Benefits NWSCC**

*Just show your membership card.*

**Next Adventure**

Receive a 10% discount on top of already low prices.

**Mt. Bachelor lift tickets**

Get dialy lift tickets for just \$50, with a free Mt. Bachelor Club Card. Details on page 14.

**Cascade Lodge lodging** (Govt. Camp)

Just \$18 per night midweek, \$22 on weekends.

**Subaru fleet pricing** (and Chevy, GMC, Buick, Cadillac)

Get special wholesale fleet pricing on any new vehicle at Carr Subaru. Ask for **Kalei Mau**.

**For other benefits, as well as for instructions on how to renew your membership, or how to join the club, see our web site: [www.mthigh.org/Membership.htm](http://www.mthigh.org/Membership.htm)**

**Bergfreunde Lake Tahoe Sampler Trip**

**February 27 (Sun.) – March 5 (Sat.), 2011**

**Cost: \$297** (ppdo) (\$150 down, balance by January) Single room: add \$143.20. Guests (non-mem- bers) pay: \$356.

More bang for your buck! \$67 less than last year's trip!

**Contacts: Bob Burns** (Trip Captain) 503-524-5261 (phone/fax), [bob@inkjetman.com](mailto:bob@inkjetman.com), and **Tom Hiller** (Co-Captain) (H) 503-643-0659 (W) 503-620-666. Both Bob and Tom are Mt. High members, and they've been doing this trip for 20 years.

**Send payments to:** Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008.

**Lodging:** at the Bluelake Inn again this year, within a

few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

**Downhill:** We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss it at the pre-trip meeting and perhaps collect money to pre-buy tickets.

**Cross country:** Seven areas: Royal Gorge; Tahoe Donner; Northstar; Diamond Peak; Spooner Lake, etc.

**Transportation:** On this trip, air is not included. We carpool down. However, flying to Reno and grabbing a shuttle to South Lake Tahoe is another easy option.

**The trip package includes:** 6 nights lodging, Group dinner on Tuesday and Thursday, Hospitality room on Sunday, Monday and Friday; Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler.



## Free Mt. Bachelor Club Card



Thanks to **Linda McGavin**, who is currently working on the next **NW Skiers' Directory**, we found the great deal from **Mt. Bachelor** offered to all NW ski clubs, through the NW Ski

Club Council will continue. It's a free "**Club Card**".

1. **For the general public:** Up until the lifts open for the year Mt. Bachelor offers a "club card" picture pass for \$29 to the public that will let them buy \$50 non-holiday lift tickets.

2. **For NWSCC club members** (That's all of us!) - We can go to the Sports Desk at Bachelor up through January 31 and get that same card for FREE by showing our NWSCC membership card and picture ID. (Note: Your club membership card doubles as an NWSCC card. Just flip it over.)

3. **On the day we pick up the Club Card**, we can "load" it with our credit card with multiples of \$50. In the future we can load it up any time **online**, before arriving at the mountain. When we get to the mountain, we can go directly to the lifts and, as we pass through, \$50 will be deducted from our balance on the Club Card, which is a Radio Frequency ID. It's all automatic and very high tech.

Note that we can load the card in person at the Sports Desk **only the first time**. After that, we'll need to do it **online**, using a credit card.

Here's a recommendation for which pass to purchase, depending on how much you will ski at Mt. Bachelor:

- a) **2 - 10 days or 13 - 20 days: Get the Club Card.**
- b) **11 - 12 days : Get a 12-times pass.** for \$550.
- c) **More than 20 times: Get a Season Pass.** for \$999.

### Other Prices, just for comparison

**Season passes** for juniors & seniors at Mt. Bachelor:

Youth (6-12)	\$189	Seniors (65-69)	\$539
Teens (13-18)	\$319	Seniors (70+)	\$319
Young adults (19-21)	\$439		

**Single Day Adult Ticket Rates** will be \$70, \$60 or \$50 depending on the amount of lift serviced terrain and daily weather factors.

## Schweitzer Mt. discount

Schweitzer Mt.



**Schweitzer Mt.**, Idaho, has offered our club members a group discount, even if we purchase the tickets individually, one at a time.

On daily tickets, you'll save \$10 on each ticket. Instead of \$65, you will pay **\$55**.

On a 3-day pass, you save \$39. Instead of \$195, you pay only **\$156**. The 3 day pass is valid on any 3 days in a season. They don't have to be consecutive days.

To get this discount, you must purchase and print the tickets through a **Schweitzer Mt. web page** that has been specifically customized for our **Mt. High club**. Click here: <https://tickets.schweitzer.com/affiliate.asp?ID=17D3854F-9D13-4D87-9805-3837BA537DE5>.

You will need the following password: **MtHigh-tix**

You must enter the password exactly like that, with the two capital letters, and a dash. Check it out!



## Q & A about Mt. Bachelor

**Q:** Can I loan my Club Card to my friend?

**A:** No, the Club Card will have your photo on it.

**Q:** Can I use my Club Card at the ticket window?

**A:** No. Club Card savings are for advance online ticket purchases. They ensure the lowest daily rate. \$50 non-holiday.

**Q:** Can I buy a Club Card for someone as a gift?

**A:** Yes. You will enter their customer info, and then just pay for it with your credit card.

**Q:** Will I need to go to the ticket window to use my Club Card?

**A:** No. You can go straight to the lift. Club Card must be pre-loaded with the lift ticket in advance via [www.mtbachelor.com](http://www.mtbachelor.com).

**Q:** Should I be concerned with the **daily** pricing plan if I am going to have a Season Pass, 12-Day Pass, Club Card or Multi-day ticket?

**A:** No. It is irrelevant to you.



## Our Forum



Use our two online Forums to communicate with other club members. We have an All-club forum, and one for Mid-week skiers. feel free to chat, ask questions, provide answers, etc.

But, first, you need to join the Forum (which is actually a Google Group). Go to [www.mthigh.org](http://www.mthigh.org), click on one of the Forums, and then click on "Join this Group" in the upper right corner. Then you can join the discussion.

## Mountain High Meeting

Usually the last Monday of the month.

Dec. 20 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

## Mountain High snowsport club contacts:

**President:** Gordon Lusk H: 503-804-8363,  
**Vice-President:** Kurt Krueger H: 503-625-1492,  
**Secretary:** Diane Zhitlovsky H: 503-666-0389,  
**Treasurer:** Sandi Dykstra H: 503-629-0177,  
**Membership Director:** Elaine Bock H: 503-245-7009  
**Race Director:** Bruce Ellison H: 503-697-7892,  
**Newsletter Editor:** Emilio Trampuz H: 1-503-378-0171,  
**Social Activities:** Debbi Kor H: 503-314-7078,  
**Golf:** Cal Eddy H: 503-631-3115,  
**Hiking:** Elisabeth Fontaine H: 503-524-5774,  
**Mid-week skiing:** George Yun H: 503-697-3055,  
**Trip Directors:** Linda McGavin H: 503-652-2840,  
 Janice Jessen H: 503-515-6230,

[GordyLusk@hotmail.com](mailto:GordyLusk@hotmail.com)

[telek2@frontier.com](mailto:telek2@frontier.com)

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[SeawitchPdx@aol.com](mailto:SeawitchPdx@aol.com)

[Yuffiet@comcast.net](mailto:Yuffiet@comcast.net)

[newsletter@mthigh.org](mailto:newsletter@mthigh.org)

[ijustwannarun1@comcast.net](mailto:ijustwannarun1@comcast.net)

W: 503-805-8606, [baebaw@ccwebster.net](mailto:baebaw@ccwebster.net)

[Lise518@msn.com](mailto:Lise518@msn.com)

[boar2m@msn.com](mailto:boar2m@msn.com)

[Trips@mthigh.org](mailto:Trips@mthigh.org)

[jessen9011@comcast.net](mailto:jessen9011@comcast.net)

General info:

[info@mthigh.org](mailto:info@mthigh.org)

Web site:

[www.mthigh.org](http://www.mthigh.org)

## DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Hm): \_\_\_\_\_ Phone (Wk): \_\_\_\_\_

Email (Hm): \_\_\_\_\_ Email (Wk): \_\_\_\_\_

**Email Preferences:** - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no  
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no  
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no  
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1, 2010 - Sept. 2011): Single (\$25); couple (\$40) \$ \_\_\_\_\_

☐ **PACRAT Racing (2011)** \$95 for the whole season. Team: \_\_\_\_\_ \$ \_\_\_\_\_

☐ **Bachelor Blowout** Mt. High + Altair. Jan. 7-9, 2011. Total \$140, due by Nov. 30. \$ \_\_\_\_\_

☐ **Leavenworth** Jan. 27-30, 2011. Total \$375. Deposit: \$100 (Pay by Nov. 15) \$ \_\_\_\_\_

☐ **Crystal Mt.** March 25-27, 2011. Total \$199. Deposit: \$100 (Full Pay by Feb. 25) \$ \_\_\_\_\_

☐ **Other:** \_\_\_\_\_ \$ \_\_\_\_\_

Comments (For whom you are paying. Roommate requests,...): \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

Signature(s): \_\_\_\_\_ Date: \_\_\_\_\_

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>



**Club membership = 302      Newsletter Distribution**

The Nov/Dec. 2010 issue is posted on our web site. Also:  
**298** copies sent via email (as PDF files)  
**27** paper printed copies sent via US Mail.  
 Copies are sent to potential members, other clubs, etc..  
**Please help us minimize the cost of mailing paper copies.**  
**Send your email address to: [newsletter@mthigh.org](mailto:newsletter@mthigh.org).**

**Mt. High      Merry Chirstmas!**

For Christmas, Mountain High brings you several gifts, thanks to your fellow Mt. High members:

**50% off at the Adidas store**

Receive employee pricing (50% off).  
 Valid only till December 12. Thanks  
 to **Elsebeth Frank** for setting this up.

**Cut your own Christmas tree**

Get \$5 off any Douglas, Noble or Grand Fir.  
 Douglas, Noble or Grand Fir at Damascus U/We Cut, near Hwy. 212,  
 less than a mile from Damascus  
 Safeway. Thanks to **Eric Sorensen** for this offer.

See our online **Bulletin Board** for **coupons** you need  
 to print for both of these offers. Each coupon in-  
 cludes a map to the location. [www.mthigh.org/  
 BulletinBoard.htm](http://www.mthigh.org/BulletinBoard.htm)

Emilio Trampuz  
 Mountain High Newsletter editor  
 4742 Liberty Rd. S., #296  
 Salem, OR 97302

Please check our web site,  
[www.mthigh.org](http://www.mthigh.org)  
 for updates.

**Mt. High****Help! Parking needed!****Urgent! The club needs your help!**

**Do you know of a good, secure  
 place where we could leave our cars  
 (usually about a dozen cars), when**

**we go on our weekend bus trips?**

We used to leave our cars at AMCO Distributing,  
 thanks to Chuck Westergren, but Chuck just informed  
 us that AMCO has been sold, so no more parking there.

**NWSCC****Bachelor Blast**

Mt. Bachelor

**April. 7-11, 2011.**

Join all local ski clubs  
 in a celebration of  
 Spring skiing at Mt.  
 Bachelor.

Price is TBA, but it will  
 be way less than \$100

per day! More days can be added at either end of the  
 weekend for an additional cost .

Send deposits to: NWSCC P.O. Box 1915 Portland,  
 OR 97207-1915.

For info, contact **Linda McGavin**, [Trips@mthigh.org](mailto:Trips@mthigh.org)