



Lift Lines

== No. 117, September 2010 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From the Editor

Winter is at our doorstep again.. No snow yet, but we are already gearing up for some serious action. Deadlines are fast approaching. If you wish to start the season with a ski film, two new ones are coming, and they are both bringing some fun freebies too. Deadline to sign up for a discounted group purchase of theater tickets is Sept. 25 (at our Seafood Party). But, better mail your check in now, in case you miss the party. See page 7.

Before we hang up our summer clothes, let's have one last round of golf, one last bike ride (a uniquely historic one - see page 6).

Do something for the community!

Help us maintain our adopted section of Hwy 26, on Oct. 9. Check our web site www.mthigh.org for events, trips, racing, and other updates. - Emilio



Don't miss our Seafood Social, Sept. 25. See page 5. We'll see you there!

In this Issue

1. Fall social events pp. 4 - 7
2. Winter trips, pp. 8 - 12.
3. FWSA Club Awards, p. 12.

Note the color code.
Our club is blue.

2010 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA events
Black: General events

- Sept. 10 (Fri):** Golf at Glendoveer, 9 holes, at 5pm.
- Sept. 18 (Sat.):** Mt. Hood Heritage Day & Mt. High bike ride
- Sept. 25 (Sat.):** Mt. High Seafood Party, 6 pm Metzger Park
- Sept. 27 (Mon):** Mt. High planning meeting
- Oct. 8-9 (Fri-Sat.):** Mt. Hood Snosports Swap, West Linn High School.
- Oct. 9 (Sat.):** Mt. High Highway Cleanup, Skibowl, 10 am
- Oct. 23 (Sat.):** Teton Gravity Research ski film: "Light The Wick", at the Bagdad Theater
- Nov. 5 (Fri.):** Warren Miller's "Wintervention", dinner & a movie. Dinner 4:30 pm.
- Nov. 5 - 7 (Fri-Sun):** Portland Ski Fever & Snowboard Show, Expo Ctr.
- Nov. 8 (Mon.):** Ski Fair, Holiday Inn, near PDX airport. 6:00 - 9:30 pm.
- Nov. 11 (Thur.):** Mt. High Kickoff Party & Swap, at Gray Gables in Milwaukie, 6:30 pm.
- Dec. 9-15:** Canada Ski Safari
- Dec. 9-14:** Cabernet club Aspen trip
- Jan. 22-29:** Sun Valley FWSA Week
- Jan. 27-30:** Leavenworth bus trip
- Feb. 27-Mar.5:** Bergies' Lake Tahoe trip
- Mar. 25-27:** Crystal Mt. trip

Mt. High

Let's Have Some Fun



Golf: Sept. 10 (page 5)



Bike: Sept. 18. (page 6)



Seafood Social: Sept. 25 (p. 5)



Hwy cleanup: Oct. 9 (p. 5)

Reach the Beach - by Brenda Becerra

May 15, 2010. Saturday.

This was a bicycle ride fund-raiser for the **American Lung Association (ALAO)**. Did you know that lung disease is the third leading cause of death in America?

Brenda and Terry Becerra, and their friend **Debbie**, participated in this year's event, an 81 mile ride from Newberg to Pacific City, through beautiful rolling hills. The last 25 miles, the route winds its way along the Nestucca River through the lush Coastal Range, and ultimately descends to the wetlands that lead to the Pacific Ocean.

Over 3,000 participants raised more than \$500,000. This was the 20th anniversary of this event.

The next event will be on May 21, 2011, with 4 different starting points: Portland (100 mi), Newberg (80 mi), Amity (55 mi) or Grand Ronde (28 mi). Superb organization, beautiful routes, medical and mechanical support on course, 8 lunch and snack stops, and a beach party with a delicious, hearty feast. More info at: http://action.lungusa.org/site/TR?fr_id=1630&pg=entry



Bike Ride and Picnic

August 15, 2010. Sunday. This is an annual event. We started the day by cycling along the western bank of the Willamette River, from Sellwood bridge to the Steel bridge and back along the eastern bank.

The picnic was attended by over 50 people. The club provided a variety of sausages (plain, spicy, smoked, etc.), and people brought stuff for a potluck. There were delicious salads, beans, fruits and deserts.

The next winter season trips were announced for the first time, and some flyers distributed.

Thanks to **Bruce Kuper** for the photos. See more on our Photos web page, www.mthigh.org/Photos.htm.



Rafting on the Deschutes River

August 19022, 2010. (Thursday-Sunday).

About 66 people participated, camping in Maupin City Park, and rafting most of Friday and all of Saturday. Our guide was **Louis Kovacs**. Saturday night, we had a delicious BBQ prepared by **Lou Bailey** and his lovely wife **Kathy**. But they also had helpers, as you can see on that photo of Cal Eddy and Gordon Lusk chopping up those ribs. The weather was perfect for being on the water, and everybody had a good time.

Thanks to **Elaine Bock** for the photo of her raft flipping over. That was the "photo of the day".

Thanks to **Bruce Kuper** for most of the other rafting photos, as well as some video clips posted in the new Mountain High [Photobucket Albums](#).

Thanks to **Gordon Lusk** for the photo of Louis's raft here plus 100 photos posted in our [Snapfish Albums](#). See our Photos page, www.mthigh.org/Photos.htm.



Ginny Santorufo, Jack Clifton, Elaine Bock, Beth & Alan Paraskeva, Colleen Hankins, and Pat Savage, all ended up under the overturned raft for a few seconds.



Louis Kovacs steers expertly.



SEPTEMBER 2010



Sept. 18, (Sat). Mt. Hood Heritage Day bike ride, Timberline to Govt. Camp & more.

Sept. 25 (Sat.). Seafood Party at Metzger Park, Tigard.

OCTOBER



Oct. 23, (Sat.): Light the Wick, a ski film by Teton Gravity Research, at Bagdad Theater.

Nov. 5, (Fri.) Dinner +Movie Warren Miller's new movie Wintervention.

NOVEMBER



Nov. 8, (Mon.) Ski Fair at the Holiday Inn, near airport.

Nov. 11, (Thur.) Mt. High Kickoff Bash & Ski Swap at Gray Gables in Milwaukie.

DECEMBER



Big White

Dec. 9 - 15. Canada Ski Safari 5-day carpooling trip, Big White, Sliver Star, Sun Peaks...

Dec. 9-14. Aspen/Snowmass Cabeernet ski club 5-night trip.

JANUARY 2011



Mission Ridge

Jan. 27-30 (Thur.-Sun.) 3-day Leavenworth trip: Snoqualmie, Mission Ridge, Stevens Pass.

Jan. 22-29: FWSA Sun Valley.

Jan. 23-30: Whistler cabin trip.

FEBRUARY 2011



Feb. 26- Mar. 7 FWSA International Ski Week in Engelberg and Interlaken, Switzerland.

Feb. 27 - Mar. 5: Lake Tahoe Sampler trip (Bergfreunde club)

MARCH 2011



Crystal Mt.

Mar. 6-7, (Sun.-Mon.) Oregon Cancer Ski Out, at Meadows.

Mar 18-19 (Fri.-Sat.) Hope on the Slopes at Mt. Hood Skibowl

Mar 25-27 (Fri.-Sun) Crystal Mt. bus trip - 2-days/2-nights.

APRIL 2011



Mt. Bachelor

Apr. 1 - 3, Far West Championships at Alpine Meadows.

Apr. 8-10: Bachelor Blast (NWSCC trip)

MAY 2011



Timberline

March-April-May: Timberline Spring Pass. 3 months for \$100.

June 9-12, 2011. FWSA Convention, Industry Hills, CA.

Mt. High Golf at Glendoveer**Sept. 10 (Friday) 5 pm.**

This may be our last round of golf for this season. We'll play 9 holes at **Glendoveer Golf Course**, 14015 NE

Glisan Street, Portland, OR 97230. Pro Shop: 503-253-7507.

Tee times start at 5:00 pm so please be there by 4:30. Cost: \$20. Cart: \$13 (for 2)

Cal is out of town. Contact Terry by Sept. 6.

Terry Swan: 503-729-3435, swans761@juno.com.

Mt. High Night Golf + Dinner**Sept. 24 (Friday) 8:30 pm.**

Sah-Hah-Lee Golf Course is planning another Night Golf on the 24th of September and would like us to participate.

Under a full moon, with glow-in-the-dark balls!

Location: Sah-Hah-Lee, 17104 S.E. 130th Ave., Clackamas, OR 97015, 503-655-9249.

Cost: \$50 per player and includes 14 holes of Golf, Glow balls, and a great **BBQ dinner** in the pavilion.

Players need to logon to the Sah-hah-lee website, at: www.sah-hah-lee.com, and sign up on the "Tournament / Upcoming events" page. Ask Sah Hah Lee to group us together, the Mount High group. Write that in the "Notes to the Tournament Director" at the bottom of the registration form.

Then let us know, so we can get a head count.

Terry Swan: 503-729-3435, swans761@juno.com.

Sept. 18: Mt. Hood Heritage Day.

Celebration of Mount Hood's outdoor recreation heritage. Mt. Hood Ski Bowl will host the event this year. A full afternoon and evening of activities, including: vintage cars, a display of old photos, a huckleberry cooking contest, Wy'east Artisans show and sale, special food booths. The day will culminate with a silent and oral auction gala.

Mt. High**Seafood Party****Sept. 25 (Saturday) at 6:00 pm.**

Our annual end-of-summer seafood party has become so popular that it would be hard to find a big enough home to host it.

So, this year, we rented a space in Metzger Park, Tigard. To cover the cost of rental, please bring \$5 per person. You get a whole dinner in return!

Our club will provide the seafood (salmon, halibut, clams, mussels) and the sodas and water. BYOB and bring a side dish or dessert.

If your last name begins with:

A - L, bring a salad or side dish;

M - Z: bring dessert.

Metzger Park is easy to get to, just a few blocks east of Washington Square Mall. It has plenty of free parking, has a nice, large room for eating, PLUS a deck for outside seating. We'll have a BBQ to cook on, and there is a nice big fully equipped kitchen.

Location: **Metzger County Park**, 8400 SW Hemlock Street (corner of Hall & Hemlock), Tigard, OR 97223. Click here for a [Google map](#).

Please RSVP to Debbi Kor for a headcount: ijustwannarun1@comcast.net or (503) 314-7078.

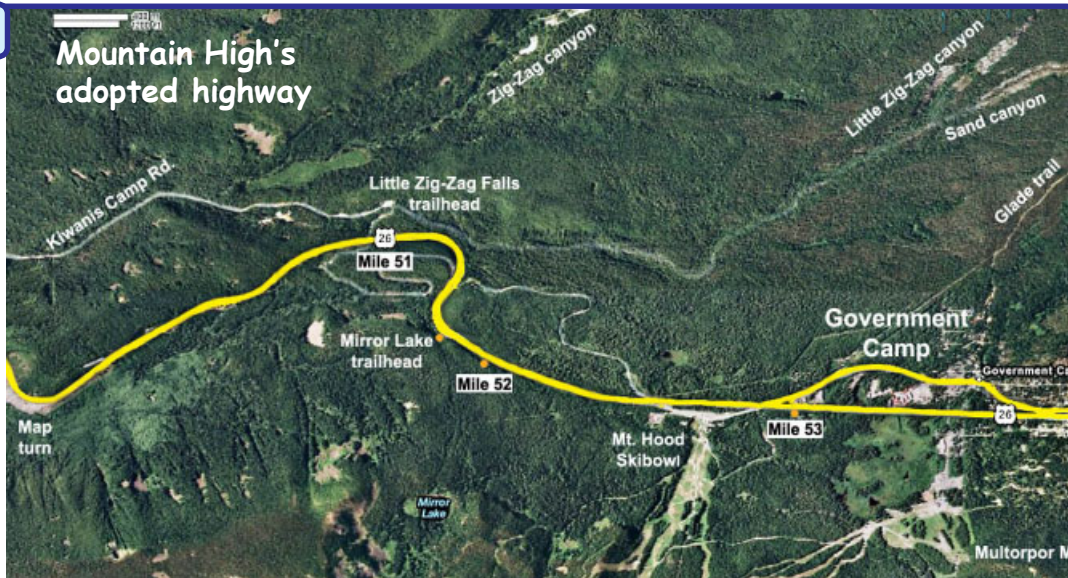
Highway Cleanup**Oct. 9. Saturday, 10 am.**

Our 2nd cleanup this year of a 2-mile section of Highway 26, mileposts 51-53. We'll meet at the Skibowl parking lot, and earn some good karma cleaning the highway (abt. 2 hrs.).

Lunch & beverages will be provided to those who RSVP.

RSVP to Debbi Kor at:

ijustwannarun1@comcast.net or 503-314-7078.

Mountain High's adopted highway



Timberline to Rhododendron - along ancient paths and old, abandoned roads



Saturday, September 18. 10 am. Get your ski legs in shape with an easy bike ride into history. We'll ride mainly on old, abandoned roads you never knew existed. But they are paved. It's all downhill from Timberline to Rhododendron, probably around 15 miles. Make sure your brakes are good.

We'll all assemble at 10 am in Rhododendron. Everyone should stop there. Half of us will leave our cars in Rhody, while the other half will give us all a ride up to Timberline. Those leaving their cars will carpool with those who are driving on. For the bikes (at least the half of them), we will have a special truck, graciously provided by Chas Westergren. Thanks, Chas!

Then the fun begins!

- * First, a downhill run down **West Leg Road**, the same road you usually ski on. The road is paved and open to traffic in the summer, but few people even know about it. The road invites fast riding. But, please note: This is NOT a race. The road is full of curves, which can be dangerous at high speed. So, let's stick together, stop to pick some huckleberries, and generally stay with the group.
- * You'll see part of the **Summit Ski area**, and part of the old **Glade Trail**, where an upside-down bus, called the SkiWay, used to transport skiers while travelling along fixed cables suspended above ground.
- * We'll ride through **Government Camp** and **Mt. Hood Skibowl**, which will be celebrating the history of Mt. Hood on this annual Heritage Day. There will be old vintage cars, a display of old photos, a huckleberry cooking contest, Wy'east Artisans show and sale, special food booths, live and silent auctions, and more. Consider this **just a "teaser"**. We won't stop. We'll continue the bike ride, but we can come back here later.
- * We'll ride through remote parts of **the old, abandoned highway 26**, the one that **President Roosevelt** used when he came to inaugurate Timberline Lodge.
- * We'll cross part of the new highway 26 that our club has recently **adopted** for cleanup. (We'll be back here for another highway cleanup on Saturday, October 9th.) You should at least know where it is.
- * See **Laurel Hill**, the steepest part of the old **Barlow Trail**, where the pioneers had to lower their wagons with ropes, and also drag a tree behind the wagon, to act as a brake.
- * Then comes a short portion of an unpaved path, leading through a **"bat cave"**, a narrow and tall tunnel, designed to accommodate one **horse** at a time. This was built when horses were important to the US Cavalry.
- * We'll visit the **Little Zig Zag Falls**. Beautiful, relaxing area, shaded by tall trees.
- * We'll cycle down a paved but little used **Kiwanis Camp Road**. Remember this road. It will be mentioned again in future articles about skiing the back-country on Mt. Hood. Several hiking trails begin from this road.
- * **Road 31**. More **hidden back roads** that nobody ever uses. It's like a bicycle ride through a **hidden park**.

At the end of the day, we can stop for food and refreshments either in Rhododendron or in Government Camp, or go back to Skibowl for some fun, a zip-line ride through trees, the alpine slide, or some 30 other attractions.

So, get into that pioneer spirit, imagine what it was like before all these new highways were built, and explore some of the old and abandoned paths and roads. This is a very unique bike ride.

To participate, just show up in the supermarket parking lot in Rhododendron, at 10 am, on Saturday, September 18. But, it might help to know how many people to expect. So, let us know if you are coming. Contact Emilio, Emilio2000@earthlink.net, or call 503-378-0171.

More details and updates at: www.mthigh.org/index.htm#Mt. Hood Heritage Day

A big thanks to **Henry Bendinelli**, the **President of the Mt. Hood Ski Kats club**, who has shown us some of these hidden trails and explained their historical significance.

TGR's: "Light the Wick"



**October 23, 2010. Saturday.
5:30 pm or 8:30 pm.**

Getting a bit tired of the Warren Miller movies? Want to try something different? Come see *Light the Wick*, a new ski film by Teton

Gravity Research, at the **Bagdad Theater** (which is also a McMenamins Pub).

The inspiration for the film's title came from the moment of decision, when you are at the top of a super-steep slope, and you decide to go for it, to make it happen. When the decision was made, it's like a fuse was lit. The explosion of action is about to happen. But you don't run away from it, you run toward it!

A segment of the movie was filmed in 3D, and it was done at Stevens Pass, Washington.

At the show, there will be some freebies and/or prizes, ... among them some lift tickets to Stevens Pass.

The Mountain High club is organizing a group outing to see this new film. We will purchase a block of tickets and reserve an area just for us.

Debbi Kor will purchase tickets only for those who pay in advance. Our group price will be **\$14**.

TO SIGN UP:

1. Send a check for **\$14** payable to Mountain High Snowsport Club, and for this film, and mail it to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97302.

2. Email Debbi Kor, ijustwannarun1@comcast.net to let her know you are coming. We need a headcount, so we can make the appropriate number of reservations.

The deadline to send in your payment is Saturday, September 25, the day of our Seafood Social. So, you can bring your payment there in person, or just mail it in.

See more details on our web site at:

[www.mthigh.org/index.htm#TGR Ski Film](http://www.mthigh.org/index.htm#TGR_Ski_Film)

Warren Miller's "Wintervention" - dinner & movie



Nov. 5, 2010. Friday. 6:30 pm

Are you craving snow? Do you need a Wintervention? Let's have dinner, and then

see the movie at the Arlene Schnitzer Concert Hall.

Everyone attending the movie will receive the following:

- * **2-for-1 lift tickets** to 3 Canadian ski areas (Big White, Silver Star, and Sun Peaks) valid either before December 17, 2010, or after March 28, 2011.
- * **Lift ticket to Mt. Bachelor**, valid Monday - Friday, either before Dec. 17 or after April 1st. Or use it as a 2-for-1 coupon valid Monday - Friday from Jan. 3 - March 31, except for Jan. 17-21, and Feb. 21-26, 2011.
- * **\$25 off** at **The Mountain Shop**, 628 NE Broadway. Portland, for a purchase of \$100+ by Dec. 31, 2010.

Theater tickets will cost around \$25 or \$26 when purchased through Ticketmaster. But, we will purchase tickets at a group discount, for only \$20 per ticket. It may be an expensive ticket, but it will pay off even if you just use your Mt. Bachelor lift ticket.

DINNER. We will have a group dinner at the Trees Restaurant, downtown Portland, only 2 and a half blocks from the theater. It's in the PacWest building, on the corner of 5th Avenue and Madison St. We'll gather there for dinner and/or drinks starting around 4:30 pm.

Dinner is optional. Order what you will, and pay separately, on your own. But, do let us know if you are coming, so we can reserve a section just for our club.

See more info at: [www.mthigh.org/index.htm#Warren Miller movie](http://www.mthigh.org/index.htm#Warren_Miller_movie)

CANADA SKI SAFARI (Maybe the last one)

In addition to seeing a ski film and enjoying some good company over dinner, a major reason for coming to the Warren Miller latest film release is as a first step toward the Canada Ski Safari.

The trip will happen December 9 -15, 2010. This is a very informal 5 or 6-day carpooling and caravanning trip, visiting 5 or 6 separate ski areas in as many days. More info at: [www.mthigh.org/Trips.htm#Canada Ski Safari](http://www.mthigh.org/Trips.htm#Canada_Ski_Safari)

Deadline for signups is Sat., Sept. 25.

1. Send a check for **\$20** per ticket, made out to **Emilio Trampuz**. Mail it to: Emilio Trampuz, 4742 Liberty Rd. S., #296, Salem, OR 97302.
2. Add a note if you plan to come to dinner. We'll need to make a group reservation.
3. Tell us if you are interested in going on the Canada Ski Safari in December.

*Mt. High***Big White, Silver Star, Sun Peaks, Revelstoke, ... and more!**

December 9-15, 2010 - A 5 or 6 day trip.

This might be our last Canada Ski Safari (at least for a while). We have been doing this annual trip for the past 7 years (since Dec. 2003). During this time, some of us enjoyed a total of about 20 days of free skiing at some amazing resorts in British Columbia. Unfortunately, we were not able to entice many people to join us. Two years, we had about 12 people each time, but most years it was only between 2 and 6 people.

Lift tickets used to be totally free. This year, everyone who attends the Warren Miller film show receives 2-for-1 lift tickets to 3 Canadian resorts (Big White, Silver Star, and Sun Peaks). See: [www.mthigh.org/index.htm#Warren Miller movie](http://www.mthigh.org/index.htm#Warren_Miller_movie).



Let's use those 2-for-1 vouchers explore several Canadian ski resorts, Big White, Silver Star, and Sun Peaks. We'll also stop at Mt. Baker and Mission Ridge (in Washington) on the way there and back.

Our usual 5 -day trip can be extended to 6 days, to include a side-trip to Revelstoke Mt. Resort, the newest ski area in North America, and the one with the biggest vertical: 5,620 feet from top to bottom!

This is a road trip, and a great adventure, skiing a different ski area each day! The exact dates depend on the snow conditions and people's preferences. We are totally free to change our minds at a moment's notice and to follow where the best snow is. There are no reservations, no deposits, ... just pure fun of our own choosing.

See how people describe a previous ski safari, at: www.mthigh.org/Articles/Canada-Ski-Safari-2006.pdf
Note that once we are in Canada, the ski areas are all about 2 - 2.5 hours drive from each other.

Here's the plan for this year's Safari. Click here to see a map.

DAY 0: Not counting this as a real day, because people can still work this day, and drive out of Portland after work. Just drive for about 4 or 5 hours, and spend the next day skiing at either Mission Ridge or Mt. Baker.

DAY 1: Most likely: [Mt. Baker](#) or [Mission Ridge](#) or [Stevens Pass](#). Or maybe even [Apex](#) (B.C.)

DAY 2: Ski [Big White](#), then 2 hrs. drive to Silver Star.

DAY 3: Ski [Silver Star](#). After this, anyone who wants the shorter 5-day trip can drive to Sun Peaks, while those who prefer the 6-day option can go to Revelstoke. Either way is about 2.5 hours of driving.

DAY 4: Ski [Revelstoke Mt.](#), a brand new ski resort, which has a total of 5,620 vertical feet, by far the largest vertical in North America. (Whistler/Blackcomb is 5,000'). Meanwhile, the shorter trip skis [Sun Peaks](#).

DAY 5: The longer trip skis [Sun Peaks](#). Meanwhile, the shorter trip group skis [Mt. Baker](#), then drives home to Portland. End of the shorter trip.

DAY 6: The group on the longer trip skis [Mt. Baker](#), then drives home to Portland. End of the longer trip.

This is a very informal trip. Just drive up, preferably carpool, and let's ski! If we share lodging and gas expenses, the trip can be quite affordable. In the past, we have spent anywhere between \$200 - \$350 per person for a 5 - 6 day trip. Of course, that was when ALL the lift tickets were free. Expect to spend a bit more this year. But, it will still be less expensive than most other ski trips.

No deposits or down-payments required. It's all pay as you go. No reservations are needed, or even possible, because Big White and Silver Star have a 2-night minimum requirement, but they will not turn us down if we just show up. This has never been a problem. The only thing you need for this trip is a **passport!**

For details about this road trip, and for help coordinating the carpooling, contact **Emilio Trampuz** Emilio2000@earthlink.net.



January 27-30, 2011

3 days/ 3 nights. The bus trips are usually our club's best and most fun events. We will leave Thursday around 5 pm, and return Sunday night. We'll visit:

1. The Summit at Snoqualmie. For this trip, we are taking one extra "work" day off in order to ski Snoqualmie, which is the closest area to Seattle and gets slammed on weekends. The club has never had a trip to this area before. There are 4 separate base areas, Snoqualmie East, West, Central, plus Alpentel - which is for advanced skiers. A total of 33 lifts, including 2 that are new for this year. There is something for everyone, and we might want to plan a full weekend trip here in the future. Be among the first in our club to ski here!



2. Mission Ridge. 2,250' vertical. 1 Express Quad, 3 Doubles. You can ski by a World War II bomber that crashed on the mountain!

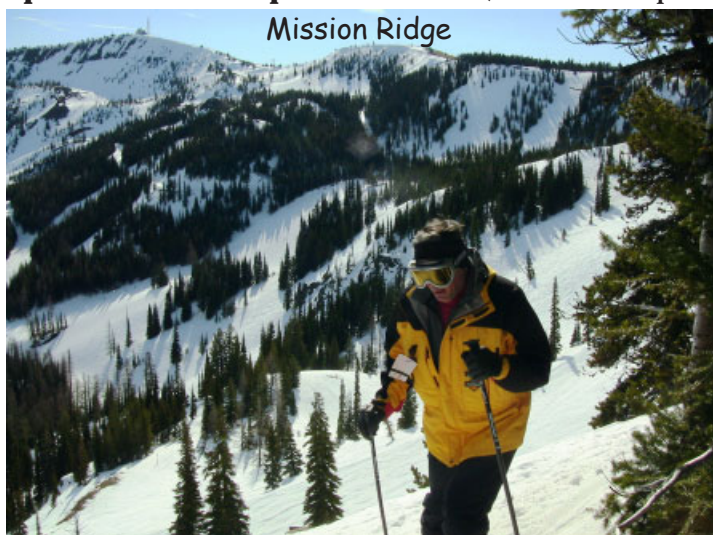
3. Stevens Pass, lots of tree skiing, front and back + lots of cruisers! 1,800' vertical on 3 sides of 2 different mountains, served by 3 Quads, 4 Triples, 3 Doubles.

Lodging: The first night we will cut our driving time short and stay at the I-90 Inn in Ellensburg, only 45 minutes from Snoqualmie. The next 2 nights we'll stay in the charming town of Leavenworth. We have booked almost the entire Obertal Inn, right in the middle of Leavenworth, just for us! Most rooms have 2 queen beds, some have 1 king bed. There are also 2 Fireplace Suites and 2 Jacuzzi Suites. If a couple wants to book one of those suites, each **person** would pay an extra \$25 for a Fireplace Suite or \$45 for a Jacuzzi Suite. First come, first served. Reserve yours soon! An "expanded continental breakfast" is included.

Price: \$375 for transportation, 3 nights' lodging, continental breakfasts, and 3 days lift tickets. Senior discounts will be announced later.

Contact: [Linda McGavin](#) (trip leader) or [Emilio Trampuz](#) (co-captain). Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send \$100 deposit, due by November 11. Full payment due by December 31. No refunds after December 31 unless you can fill your spot. Remember to specify if you want one of the special rooms.

NOTE: Only 44 spots available at the standard rate. After those 44 spots get filled, you'll only be able to sign up for the more expensive rooms (double occupancy only).



Mt. High

Crystal Mountain, WA



March 25-27, 2011

A weekend bus trip, 2 nights/2 days. We leave Friday around 5:00 pm. Lots of fun on the bus – this is the best way to get to know other club members! We'll return Sunday by 8 pm.

Crystal Mountain is the largest ski area in Washington with 3,100 vertical feet of skiing, with over 50 named runs. There's everything from gentle groomed cruising runs for beginners to challenging steeps - backcountry, glades, chutes and unbelievable black runs for the more adventurous. This is why SKIING Magazine voted Crystal Mountain the #7 top mountain in North America.



There are 2 six-pack hi-speed lifts, 2 hi-speed quads, 2 triples, and 4 doubles. Also, NEW since our last trip to Crystal Mountain in 2009 is the Mt. Rainier Gondola. With travel time of less than 10 minutes (half the time of the current two chairlifts) and a vertical rise of nearly 2,500 feet, the gondola will provide year-round lift access to Crystal Mountain's summit. In addition to providing warm, dry uphill transport, the gondola also serves as backup when the Rainier Express is not able to serve the summit elevations due to high winds.

There are now 2,300 acres of lift served terrain, plus 500 acres of backcountry.

We'll stay at the Park Center Hotel in downtown Enumclaw, 45 minutes from the mountain, with easy access to a variety of restaurants and bars. Breakfast is provided for hotel guests, and there is an indoor hot tub.

The price is only **\$199** for the bus trip, 2 nights' lodging, 2 breakfasts, and one lift ticket.

The reason for only one lift ticket is that on Sunday, March 27, Crystal Mountain is allowing all NWSCC club members to buy tickets at half price, but you have to go to the ticket window yourself and show your NWSCC card (i.e. your club membership card; you'll get it when you renew your club membership for 2010-2011).

Use the [Dough Transmittal form](#) on page 13 (or on our FORMS web page) to send **\$100 deposit**, due by November 30. Full payment due by February 25, 2011. No refunds after February 25 unless you can fill your spot.

Contact **Linda McGavin** at (503)652-2840 or e-mail Trips@mthigh.org.

You can also contact [Emilio Trampuz](#) (co-captain), 503-378-0171, Emilio2000@earthlink.net.



Linda McGavin
at Crystal Mt.



Mt. Rainier and
Crystal Mt.



NWSCC Meetings will be quarterly

NWSCC meetings are now held only once every three months, on the 3rd Wednesdays in September, December, March, and June. Locations are:

Sept. 15 - Season kickoff, Shanghai Noble House

Dec. 15 - PACRAT Night, Shanghai Noble House.

Cabernet Aspen/Snowmass trip

Aspen



December 9-14, 2010

5 nights lodging, 3 days lift tickets, parties, more. Trip sponsored by Cabernet Ski & Sail Club, a member of NWSCC and

the San Diego Council of Ski Clubs. Click on flyer for more info. Included in the package:

- * Round trip air, and airport transfers with group.
- * 5 nights' hotel accommodation at the Gant Luxury Condos, with fireplace, kitchen, balcony, daily maid service, hot tubs, pool, and ski-in/ski-out access.
- * 3 days' lift tickets
- * parties, ... and more.

Cost per person, double occupancy, is \$960 per person, including air.

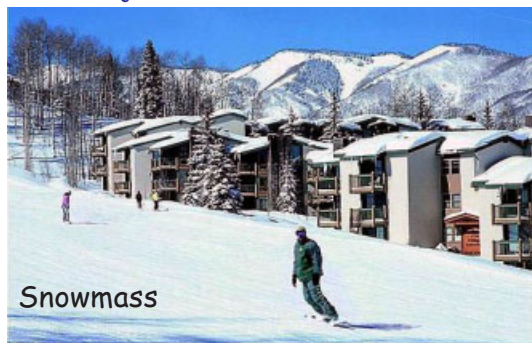
Deposit of \$200 due now to reserve your spot.

The remaining **\$760** are due by October 1,

Make your check payable to **Cabernet Ski Club**, and mail it to:

Steve Coxen
19510 Suncrest Dr.
West Linn, OR 97068.

For info, contact: **Steve Coxen**, 503-679-9022, stevecoxen@yahoo.com.



Snowmass

FWSA**Far West Trips**

Click on the underlined blue links for more info.

* [Canada/New England Cruise](#) with the "Carnival Glory" and the Cruise Company from September 26—October 2. Optional New York City pre-trip. Go to [FWSA Travel](#) web site for more information.

* FWSA is joining [Holidaze Ski Tours](#) for an [Antarctica Adventure & Celebration of New Years Eve](#) in Buenos Aires. You will leave Dec 29, 2010—January 12, 2011 for a 15 day cruise with three nights in Buenos Aires for New Years Eve. We will be joining other ski clubs & councils across the U.S. for this trip. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

* [2011 FWSA Ski Week](#) will be in **Sun Valley, Idaho** January 22—29, 2011. \$875-\$1325. Contact Gloria Raminha, VP North American Travel, fwsa.natravel@sbcglobal.net

* [FWSA International Ski Week Engleberg/Interlaken](#) Feb 26—Mar 7, 2011; \$1725/person for 8 nights; Extensions to Bulgaria Mar 7-12 and Bucharest and Romania Mar 12—16, 2011. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

FWSA**Ski Week at Sun Valley**

Sun Valley

Jan. 22-29, 2011.

This is the biggest trip of the season, attended by dozens of ski clubs.

Price: \$875-\$1325, depending of the type of lodging you select. This includes lodging, lift tickets, banquet, council party, apres ski parties, races, and more.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: **NWSCC**, P.O. Box 1915 Portland, OR 97207-1915. Mark the envelope: "Sun Valley".

Please use the official Signup sheet at: [www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011 Sun Valley Sign up sheet.pdf](http://www.nwskiers.org/Trips/FWSA/2010-2011/Sun%20Valley/2011%20Sun%20Valley%20Sign%20up%20sheet.pdf).

Contact **Barbara Bousum**, travel@nwskiers.org

See more info at: www.nwskiers.org/#SunValley

At the annual **Far West Ski Association Convention**, held in Indian Wells, California (not far from Palm Springs), held June 10-13, 2010, the following awards were given to Northwest people and ski clubs. More info about these and other FWSA winners at: <http://www.acatmeowz.com/farwest/winners/winners2010Others.htm>



Richard Rizk

Safety Person of the Year
Richard is past president of the Cascade Ski Club, VP of the NWSCC, and Mountain High member.



Gordon Lusk



Kurt Krueger



Diane Zhitlovsky



Sandi Dykstra



Debbi Kor

1st Place: Outstanding Club in AAA category: Mountain High.

The judging for this award is based on a presentation (essay) about our club, which was prepared by **Kurt Krueger** this year. The complete 10-page essay is posted on our web site, on the Forms & Documents page, or you can go directly to: <http://www.mthigh.org/Documents/Mt-High-Outstanding-Club-2010.pdf>



Linda McGavin

1st Place Outstanding Council Newsletter: NWSCC

This is the NWSCC Newsletter edited by **Linda McGavin** and emailed to you every month.



John Jessen

1st Place Outstanding Council Web Site: NWSCC

The www.nwskiers.org webmaster is our Mountain High club member **John Jessen**.



Emilio Trampuz

1st Place Outstanding Club Newsletter (Wentworth Award).
Mt. High Club: "Lift Lines"

3rd Place: Outstanding Web Site: www.mthigh.org

Bergfreunde Lake Tahoe Sampler Trip



February 27 (Sun.) – March 5 (Sat.), 2011

Cost: \$298 (ppdo) (\$150 down, balance by January)
Single room: add \$143.20. Guests: \$358.
More bang for your buck! \$66 less than last year's trip!

Contacts: Bob Burns (Trip Captain) 503-524-5261 (phone/fax), bob@inkjetman.com, and **Tom Hiller** (Co-Captain) (H) 503-643-0659 (W) 503-620-666. Both Bob and Tom are Mt. High members, and we are all invited to join them on this trip, which has been their "baby" for 20 years.

Send payments to: Bob Burns, 9980 SW Citation Place, Beaverton, OR 97008.

Lodging: at the Bluelake Inn again this year, within a

few blocks of the casinos and the Heavenly gondola. Each room has a refrigerator and microwave.

Downhill: We'll be playing it by ear and taking advantage of any lift ticket deals that are offered by the 16 different ski areas. We'll discuss it at the pre-trip meeting and perhaps collect money to pre-buy tickets.

Cross country: Seven areas: Royal Gorge; Tahoe Donner; Northstar; Diamond Peak; Spooner Lake, etc.

Transportation: On this trip, air is not included. We carpool down. However, flying to Reno and grabbing a shuttle to South Lake Tahoe is another easy option.

The trip package includes: 6 nights lodging, Group dinner on Tuesday and Thursday, Hospitality room on Sunday, Monday and Friday; Wed. night dinner dance cruise on the M.S. Dixie II paddle wheeler.

Mt. High Man & Woman of the Year

Kurt Krueger and Diane Zhitlovsky are our club's Man and Woman of the Year for 2010.



Kurt Krueger



Diane Zhitlovsky

Mountain High Meeting

Usually the last Monday of the month.

Sept. 27 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

President: Gordon Lusk H: 503-804-8363,
Vice-President: Kurt Krueger H: 503-625-1492,
Secretary: Diane Zhitlovsky H: 503-666-0389,
Treasurer: Sandi Dykstra H: 503-629-0177,
Membership Director: Elaine Bock H: 503-245-7009
Race Director: Bruce Ellison H: 503-697-7892,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-631-3115,
Hiking: Elisabeth Fontaine H: 503-524-5774,
Mid-week skiing: George Yun H: 503-697-3055,
Trip Directors: Linda McGavin H: 503-652-2840,
 Janice Jessen H: 503-515-6230,

GordyLusk@hotmail.com

telek2@frontier.com

Dianezhi@gmail.com

sandid@aol.com

SeawitchPdx@aol.com

Yuffiet@comcast.net

newsletter@mthigh.org

ijustwannarun1@comcast.net

W: 503-805-8606, baebaw@ccwebster.net

Lise518@msn.com

boar2m@msn.com

Trips@mthigh.org

jessen9011@comcast.net

General info:

info@mthigh.org

Web site:

www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1, 2010 - Sept. 2011): Single (\$25); couple (\$40) \$ _____

☐ **PACRAT Racing** (2011) \$90 or \$95 Don't send yet. Team: _____ \$ _____

☐ **TGR's film "Light the Wick"** Oct. 23, 2010. Bgdad Theater. Total \$14. \$ _____

☐ **Leavenworth** Jan. 27-30, 2011. Total \$375. Deposit: \$100 (Pay by Nov. 15) \$ _____

☐ **Crystal Mt.** March 25-27, 2011. Total \$199. Deposit: \$100 (Full Pay by Feb. 25) \$ _____

☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 302 Newsletter Distribution

The Sept. 2010 issue is posted on our web site. Also:
298 copies sent via email (as PDF files)
27 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Mt. Hood Snosports Swap

Oct. 8 & 9, 2010. The largest swap in the Portland area., benefiting the Mt. Hood Ski Patrol and West Linn High Snowboard Team. At West Linn High:

Friday, Oct. 8: 5 pm -9 pm

Saturday, Oct. 9: 9 am -9 pm

Enter to win a Season Pass for Timberline, Meadows, or Skibowl. Register for the drawing online at www.mhss.com and get \$1 off swap admission. See www.mthigh.org/index.htm#Mt_Hood_Snowsport_Swap

PACRAT Race Dates

PACRAT Race dates have been established. Check out our club's Racing page, or the official PACRAT web site. More info next month.	1. Jan. 9 Timberline 2. Jan. 23 Meadows 3. Feb. 6 Skibowl 4. Feb. 27 Timberline 5. Mar. 13 Meadows
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Mt. High Kickoff Party & Swap

Nov. 11 (Thursday). Our club's biggest party of the year. It will be at Gray Gables in Milwaukie. This is the time to renew your membership.

Also, we will have our own little ski swap. Bring your skis, jackets, goggles. We'll set aside a corner for this.

More info next time, or on our web site:
www.mthigh.org/index.htm#Kickoff_Party

NW Ski Challenge Results

The results of last season's NW Ski Challenge were unveiled at the last NWSCC meeting (the Appreciation Night) on July 21. Here are the people who visited the greatest number of ski areas in the Northwest last season:

1. David Schor (Mountain High): 13 ski areas
2. Emilio Trampuz (Mt. High): 10 ski areas
3. Jay Hart (Sno Joke Ski Club): 8 ski areas
4. Dorothy Hart (Sno Joke Club): 8 ski areas
5. Shawn Storey (Bergfreunde Club): 7 ski areas
6. Nick Harlson (Sno Joke Ski Club): 7 ski areas

David Schor won the Mt. Hood Meadows **10 time pass**.

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.