



Lift Lines

== No. 115-116, July/Aug. 2010 ==
Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



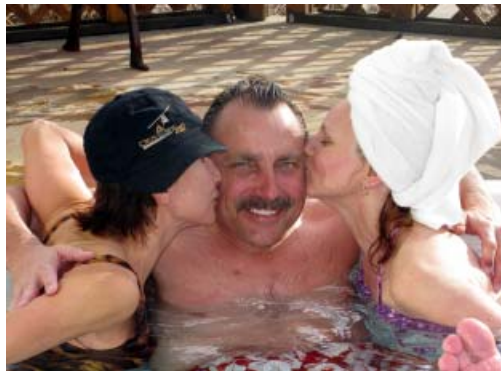
From the Editor

This is a double issue. There will be no Lift Lines in August. This is it. Save and print this issue and re-read it in August. Remember to sign up now for the rafting trip.

The first 4 pages are devoted to things that have recently happened, like our very successful highway cleanup, and a fun adventure on Mt. Hood. Also, a good-bye to Charlie of "Charlie's" in Government Camp.

Pages 5 - 10 are about upcoming events: hiking, golf, picnic, rafting, and bike rides. Also, note the date for the Seafood Party in September.

Whenever you plan something for the near future, remember to check the calendar on our web site's home page, www.mthigh.org to make sure you won't miss any of the club events. - Emilio



Patty & Diane plant a "stereo" Kiss on Wally, during the Fernie trip. Lucky dog!

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3. Good-bye to Charlie, p. 4.
4. Picnic & Club Reunion, Aug. 15
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*Note the color code.
Our club is blue.*

2010 CALENDAR

Blue: Mountain High events

Red: NWSCC / FWSA events

Black: General events

July 7 (Wed.): Golf at Gresham, 5 pm

July 17-18: World Cup Dreams
dinner at Multnomah Athletic
club + Ski Clinics at Timberline

July 18 (Sun.): Hike to Siouxon Creek

July 21 (Wed.): Golf at Ranch Hills
(Mulino), 4:30 pm

July 21 (Wed.): NWSCC Appreciation
Night,

July 25 (Sun.): NWSCC "Clubs 4 Play"
Golf Tournament at Lewis
River Golf Course

July 26 (Mon.): Mt. High Board meeting

July 31 (Sat.): Golf at Mountain View,
18 holes, 10 am

Aug. 13 (Fri.): Night Golf, Sah-hah-lee

Aug. 15 (Sun.): Mt. High Picnic &
Reunion at Sellwood Park

Aug. 20-22: Mt. High Rafting trip
on the Deschutes River

Aug. 29 (Sun.): Mt. High Hike: Opal Creek

Aug. 30 (Mon.): Mt. High Board meeting

Sept. 18 (Sat.): Mt. Hood Heritage
Day, at Mt. Hood Skibowl

Sept. 25 (Sat.): Mt. High Seafood
Party 6 pm Metzger Park, Tigard

Mt. High

Let's Have Some Fun



Hiking: July 18, Aug. 29 (page 5)



Golf: July 21, 25, 31. (page 6)



Picnic & Reunion: Aug. 15. (p. 7)



Rafting: Aug. 20-22. (pp. 9, 10)

Mt. High Highway Cleanup

June 19. Saturday, 10 am - noon.

Our club has adopted a 2-mile section of Highway 26, mileposts 51-53. This was our first clenaup effort. Fourteen of us met at the west end of Skibowl's parking lot, adorned ourselves with reflective orange vests, grabbed some plastic bags and picker clamps, and split up into several small groups.

Two hours later, we had filled up 33 large garbage bags with plastic bottles, cans, cigarette butts, empty plastic bags, rusted tire-chains, soaked car floor mats, etc.

After the cleanup, we cleaned ourselves up and stopped at the Mt. Hood Brew Pub for some delicious lunch. We compared notes about what people had found.

Among the more interesting finds:

- a) Violet found a \$20 bill, soggy but still valid.
- b) Chuck found a woman's purse, filled with ID cards.

Debbi Kor took the purse home and tried to locate its owner. The lady was not listed in the phone book. A dental appointment card in the purse gave Debbi the idea to call the dentist. The dental office would not give out any information, but they did have records of that appointment some 6 years ago, so they contacted the lady and gave her Debbi's phone number.

Later that same day, Debbi got a phone call from the mother of the young lady who lost her purse. It turns out that the young lady was 17 when she and several of her girlfriends had their purses stolen while they were snowboarding at Mt. Hood Meadows some 6 years ago. It is amazing the purse still looked as good as it did after 6 years, and that it finally made its way back to its owner.



We have committed to do this highway clenaup twice a year. So, we'll do it again in September or October. Now that we've removed years of accumulated trash, next time should be much easier.



14 participants: Lonny Schiller, Jim Karsten, Violet & Greg Anderson, Kurt Krueger, Chuck Westergren, Terry White, Debbi Kor, Gordon Lusk, Cal Eddy, Larry Bennett, Sandra Pointer, Sandi Dykstra, Emilio Trampuz

Something to Do on a Rainy Day

by Bruce Ellison

Photos by Bruce McGavin

The alarm clock rang at 5:30 am. It had been raining for weeks. I knew it wasn't going to be a good day, but my friend John Geller had rented randonee gear the day before so we were committed. It rained all the way to the access road ... and then the sun came out. Miracles do happen!



Bruce McGavin

Bruce Ellison

We decided to skin up* to Superbowl and Wy'East. We were surprised to happen upon Bruce McGavin and Mike Ferrell in the parking area. All but Bruce



Bruce Ellison

were equipped with Randonee climbing skis, but Bruce likes to carry his skis on his back so he can use his own Alpine equipment to ski down. We knew we were going to sweat on the climb, so we

took a big drink before we started and carried about two liters of water each. John and I brought our avalanche beacons, shovels, and probes.

The night had been cold, so the snow was hard and we made good progress up to the 7,000 foot level. John and I traversed to the White River Glacier while Bruce and Mike took the ridge. At the top of the dam on the glacier at 8,500 feet we ate lunch

and admired the view. How lucky we were to be able to spend a Saturday up here in the clouds.

We proceeded up Wy'East to the rocks until it got too solid to proceed without crampons, and stopped. It's a little tricky on Wy'East because it's quite steep and you definitely don't want to drop a ski or a pole. This day there was a breakable crust on top to boot. We dug a platform with our shovels. At that point we saw Bruce and Mike coming up the ridge. I knew Bruce was a skiing connoisseur so I watched carefully to see where he went. We worked our way down the breakable crust to the corn below where Bruce and Mike were headed.

It got better as we skied down ... a reward for our hard work.



"You can almost see the curvature of the Earth!!!"

Mike Ferrell (in front), Bruce McGavin, John Geller

Good untracked corn snow can be just as nice as powder ... and was! With 5,000 feet of vertical we had plenty of time to get into a rhythm. So many choices as to where to go. We favored the ridge on skier's right for awhile, and then crossed over to the left at the White River Glacier Dam. All agreed this was a spectacular day.

Sweaty and tired, we skied through the glue in the lower part of the ski area back to our cars.

Looking back at our route we all knew it was worth the extra effort to get up early that morning for this very special hike and ski day!



Bruce Ellison followed by and John Geller



Mike Ferrell, John Geller,
Bruce McGavin

* Skinning up means to put "skins" on the bottom of your skis, for uphill travel. They are not real skins; more like a thin rug, with an adhesive to stick to the ski, and bristles pointed toward the ski tails to prevent sliding backward.

A Legend Has Passed Away - by Gordon Lusk

Charlie sings Jada (aka The Boobies Song)



Charlie Sperr died in his sleep, June 19, 2010, at age 86.

The photo is from a video recorded during one of our rafting trips in Maupin, a couple of years ago. He sings "Jada" (aka "the boobies song"). The video is posted on YouTube at: www.youtube.com/watch?v=xbpJ4XkUbpw

For all of you that hung around Government Camp I am sure you new and loved **Charlie Sperr**, owner/operator of CHARLIES BAR AND GRILL. My dear friend for the last 30+ years is gone. I have so many memories of Charlie I can't begin to tell them all.

Charlie lived for winter/skiing, going to Hawaii in the spring and Munich Germany for October Fest in the fall. Most of you know our Raft Trip in August; well it goes back a lot farther than that. With SVSC Charlie and I rafted together every year for over 18+ years. He loved the interaction with all of the people especially the ladies. He may have been old but not blind. For these of you that were lucky enough to hear Charlie sing his mountain songs it was like sitting in a live museum. In the old days all water fighting was done with buckets, Charlie was the first one to show up with water guns to fight. He was the best and defended me a lot while I rowed the raft.

I am sure his legend will live on in Charlie's and the many events that go on there all year long. Pray-For-Snow, King-Winter, Etc. In all the years and elbow bending Charlie and I have done I never heard a cross or negative word from him. He loved life and everyone in it. His "go-for-it" attitude and drive was prevalent right up to the end. Charlie will be missed sitting there at the end of the bar in his original Timberline Mile chair.

Good by Charlie; from your dear friend Gordy Lusk

Safety: Be Strong; Ski better; Live Long

*Many of us tend to get sluggish during the summer. We lose our "ski legs", we gain a few pounds. Here's a simple way to counter that, suggested by **Colleen Walter**, who has recently managed to shed quite a few pounds and became one of our fastest PACRAT racers. She says:*



Now is the time to get into shape for next year's ski season! Come on...you are feeling it...thighs burn a little earlier in the day, more rest stops on each run...come on! Just start out with a **15 minute walk**. Walk right up your street for 15 minutes, turn around and walk back. Hey, that's a 1/2 hour walk...easy!

Do that for a couple weeks, then do it faster or go a little farther! Now it's in your daily routine...easy! You'll be ready in no time at all. You **WILL** ski faster, last longer and look damn good too! Get moving!

Mt. Hood Museum & Cultural Center

The Mt. Hood Museum in Government Camp, open 9 am - 5 pm, organizes a number of annual events, including:

Aug. 14: Steiner Log Cabins Tour. 10 am - 3 pm. Annual tour of handcrafted, 1920-40's vintage log cabins. Drive on a self-guide tour to cabins in Rhododendron, Zigzag and Brightwood.

Aug. 21: New Mountain Lodges Tour. 10 am - 3 pm. A sampling of new luxury family lodges on Mount Hood, in the village of Government Camp.

Tour tickets: \$15 for Mt. Hood Museum members, or \$18 for non-members. Purchase will call tickets by calling the museum at 503-272-3301. Pickup tickets and tour map at Mt. Hood Foods, in Rhododendron, on the day of the tour.

Sept. 18: Mt. Hood Heritage Day. Celebration of Mount Hood's outdoor recreation heritage. Mt. Hood Ski Bowl will host the event at the Ski Bowl this year. A full afternoon and evening of activities. The day will culminate with a silent and oral auction gala.

Mt. High Hike to Siouxon Creek JULY

July 18, 2010. Sunday. 8:30 am.

Distance 7-8 miles round trip Fantastic hike with numerous loop or longer extension options. The trail closely follows Siouxon Creek, full of great water features and excellent swimming holes. 700 feet elevation gain.

We'll meet at 8:30 AM at the Barbur Blvd. Transit Center. For people coming from the Vancouver area we can make special arrangements.

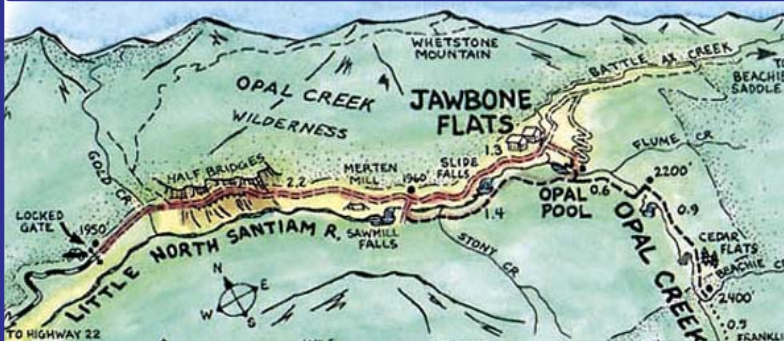
Please bring: Water, lunch, sunscreen, chair for happy hour.

**How to get there:**

- * Interstate 5 North,
- * Battleground Exit
- * Amboy/Lewisville Hwy
- * Mt.St.Helens National Headquarters
- * And another 14 miles to the trail head.

More info on our [EVENTS](#) page.

Info and **RSVP:** **Elisabeth Fontaine**, 503-524-5774 or 971-226-4545, or lise518@msn.com.

Mt. High Hike to Opal Creek AUGUST

August 29, 2010. Sunday. 9 am.

The hike to Jawbone Flats (a Depression era mining camp) and Opal Pool is 7 miles round trip; moderately challenging with small hills and a well maintained dirt road. Gigantic old-growth trees tower along the river.

After the 2-mile mark, there is rusting machinery of Merten Mill, which operated briefly during the Depression, using winches from the battleship USS Oregon.

Getting there: - Interstate 5 exit 253 Salem.
- East on Santiam Hwy (abt. 45 miles)

We'll meet at **9:00 AM** at the **Park and Ride in Tualatin** between Bridgeport village and I-5 (72nd Ave. And SW Bridgeport Rd.) If anyone joins the hike from the Salem area we will make arrangements to meet in Salem.

A Trail Park permit needs to be purchased at a ranger station, an outdoor store, or at the trail head fee box.



Bring; water, lunch, and chair for happy hour.

More info on our [EVENTS](#) page.

Info and **RSVP:** **Elisabeth Fontaine**, 503-524-5774 or 971-226-4545, or lise518@msn.com.



MOUNTAIN HIGH

Golf

SNOWSPORT CLUB

Mt. High

Mt. High Golf

**July 21 (Wednesday) 4:30 pm.**

We will play 9 holes at **Ranch Hills Golf Course**, 26710 S. Ranch Hills Road Mulino, OR 97042. Phone: (503) 829-5666. Tee times start at 4:30 pm.

Cost: \$15 (for 9 holes), Carts: \$14

We need conformation before July 14, either by email or by phone. Please contact Terry or Cal.

July 31 (Saturday) 10 am.

We will play 18 holes at **Mountain View Golf Course**, 27195 SE Kelso Rd Boring, Oregon 97009. Phone: (503) 663-4869. Tee times start at 10 am.

Cost: \$33 (for 18 holes)

We need conformation before July 24, either by email or by phone. Please contact Terry or Cal:

Terry Swan: 503-729-3435 or e-mail at swans761@juno.com.

Cal Eddy: 503-805-8606 or e-mail at baebaw@ccwebster.net.

More info on our web site, www.mthigh.org.

August 13 (Friday) 8:30 pm: Night Golf + Dinner

Under a full moon, with glow-in-the-dark balls!

Location: Sah-Hah-Lee, 17104 S.E. 130th Ave., Clackamas, OR 97015, 503-655-9249.

Cost: \$50 per player and includes 14 holes of Golf, Glow balls, and a fabulous **BBQ dinner** in the pavilion.

Players need to logon to the Sah-hah-lee website, at: www.sah-hah-lee.com, and sign



NWSCC

Clubs 4 Play



July 25 (Sunday) 10 am.

The NW Ski Club Council organizes this annual golf event for all local ski clubs to participate in a friendly competition. Each club is encouraged to form one or two teams. Location:

Lewis River Golf Course located in Woodland, WA. Here are the details:

- * Tournament is a scramble format. Rules will be available on day of tournament.
- * Pick your team of 4 and register with Sandi Shaub by Monday, July 12. Payments due by July 12. Send checks for **\$89** per person, payable to NWSCC, PO Box 1915, Portland 97207.
- * Tournament will be held rain or shine.
- * Club Trophy will be awarded to Team with lowest score whose members are all from the same Club.
- * Deli Sandwich Bar after round, prizes, goodie bag, favor and FUN!

If you've never played the Lewis River course, you are in for a treat. Mark your calendars now, tell the significant other that you have a business retreat, do what you need to do, but get on out and enjoy the great links. You deserve it.

To find out more:

- * Click on the [poster](#) for directions, dates, fees, etc.
- * Fill out the [registration form](#), then email it to Sandi Shaub, sandi.shaub@gmail.com.
- * When you have your 4 players, give Sandi Shaub a call to register at 503-669-8599 or email her at sandi.shaub@gmail.com.

More info at www.nwskiers.org.

up on the "Tournament / Upcoming events" page. Ask Sah Hah Lee to group us together. Tell them you want to be with the Mount High group. You can write that in the "Notes to the Tournament Director" at the bottom of the registration form.

Then let us know, so we can get a head count. I've never done this, but I've heard it's great fun. Even if we only get our usual small group of golfers, we'll have fun. -- Terry Swan.

Mt. High Picnic & Club Reunion

August 15 (Sunday). Our annual picnic and bike ride at Sellwood Park.

We are celebrating multiple anniversaries:

- * Almost 40 years of the **EdgeSet** club (one of our former halves),
- * 35 years of the **Plaza** ski club (our other half), and
- * 10 years of the combined **Plaza/Edgeset** (aka. **Mountain High**) club.

Let's invite all our current and former club member to a reunion. Can you still get in touch with some of our earlier members? Please invite them to come.

Location: Sellwood park, picnic area A.

There will be a bicycle ride just before the picnic. Start at parking lot by the river (by Sellwood bridge)

9 am -- Bike ride

11 am -- Picnic starts

The picnic is a potluck. We'll have hot dogs. Bring something else to share.

See a map of the area at: <http://www.mthigh.org/Events/Sellwood-Park-map.jpg>

Directions for bike ride (at 9 am): From the Sellwood bridge (or Tacoma St.), turn north onto 6th Avenue, then left on SE Spokane St. Go over the railroad tracks and immediately turn right onto Oaks Park Way. The parking lot will be on your left.

Directions for picnic (at 11 am): From the Sellwood bridge (Tacoma St.), turn north onto 6th Ave. Then left on Spokane St. and right onto Grand Avenue. Enter the park from Grand Avenue (which continues as a pedestrian path into the park). Our picnic area (Area A) will be on the left side of that path (downhill, toward the river).



Bike ride before the picnic

Mt. High Web Site Improved

Our web site, www.mthigh.org, has been re-organized and improved. The changes announced last month have been implemented.

1. **Web page width increased** from 800 to 1000 pixels, so we can fit in more information and use larger photos.
2. **Increased photos size** on the Photos page from 300 pixels wide to 400 pixels wide. Scroll down to the bottom of the PHOTOS page to see where the switch occurred. The Ski Fair 2009 was the last of the smaller pictures.
3. **Consolidating pages for a simpler look** with fewer menu buttons. Some examples:
 - a) The previous EVENTS page has now become our home page.
 - b) The current static home page has been combined with the currently static Photos pages into a new "About Us" page.
 - c) The "Recent Photos" page has been renamed simply "Photos".

Mt. High**Seafood Party**

Sept. 25 (Saturday) at 6:00 pm.

Our annual end-of-summer seafood party has become so popular that it would be hard to find a big enough home to host it.

So, this year, we rented a space in Metzger Park, Tigard. To cover the cost of rental, please bring \$5 per person. You get a whole dinner in return!

Our club will provide the seafood (salmon, shellfish, etc.) and the sodas and water. BYOB and bring a side dish or dessert.

If your last name begins with:

A - L, bring a salad or side dish;

M - Z: bring dessert.

Metzger Park is easy to get to, just a few blocks east of Washington Square Mall. It has plenty of free parking, has a nice, large room for eating, PLUS a deck for outside seating. We'll have a BBQ to cook on, and there is a nice big fully equipped kitchen.

Location: **Metzger County Park**, 8400 SW Hemlock Street (corner of Hall & Hemlock), Tigard, OR 97223. Click here for a [Google map](#).

Please RSVP to Debbi Kor for a headcount: ijustwannarun1@comcast.net or (503) 314-7078.

Mt. High

Club Reunion Picnic & Bike ride

Mt. High



August 15, (Sunday). Click here for [map](#) on our website.

Place: **Sellwood Park**, Picnic area A

9 am -- Bike ride, from lower parking lot, near the river.

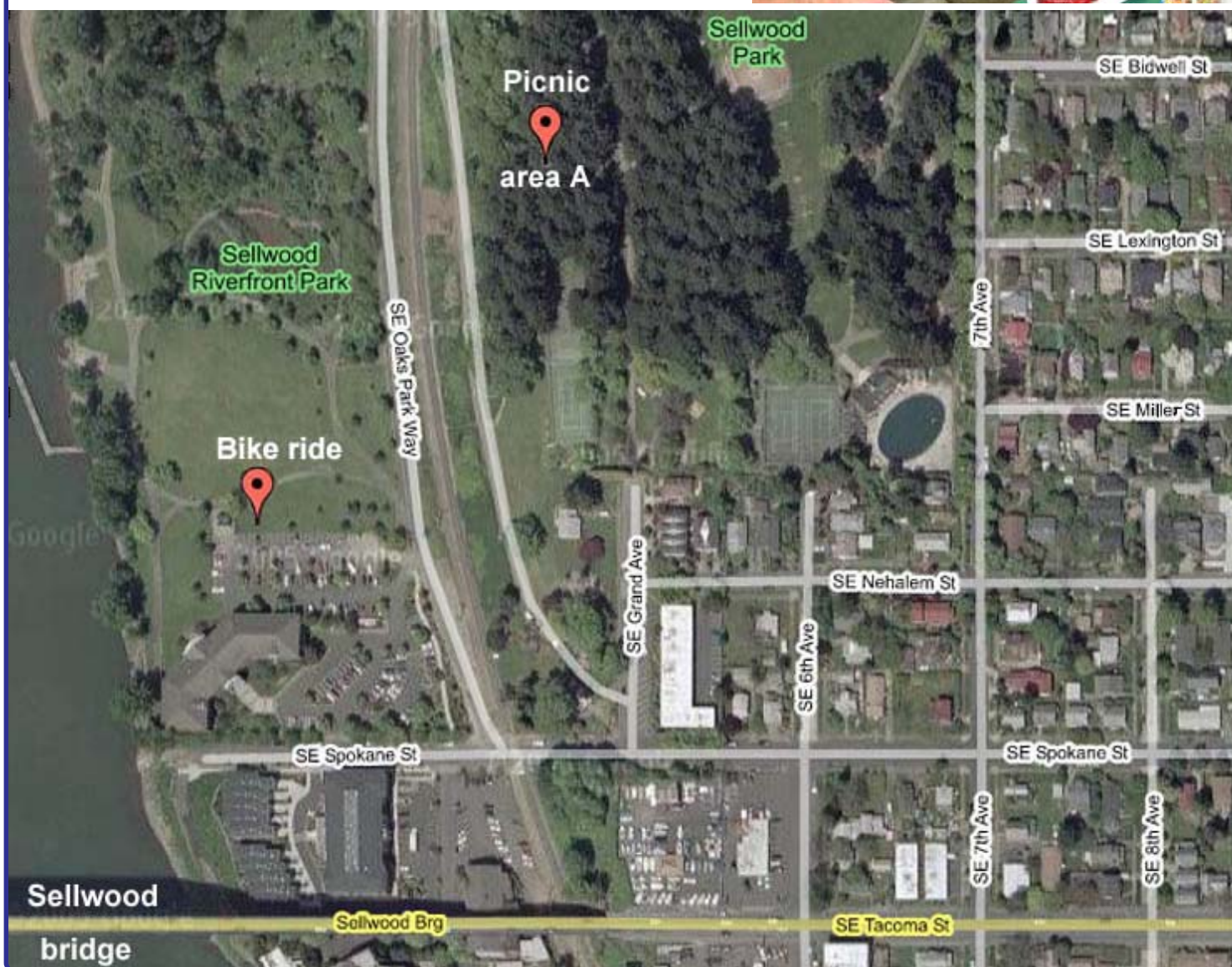
11 am -- Picnic starts

All current and former members of the club known as Plaza, Edgeset, and Mountain High are invited!

A variety of specialty gourmet

sausages will be provided by the club, but it's mostly a **potluck**. So, bring some food, some drinks, and maybe a chair.

Directions: Immediately after crossing the Sellwood bridge (if coming from the west), turn left onto **6th Ave.**, and immediately start looking for parking spot. Enter the park on foot by following **SE Grand Avenue** (from the south), and follow the path for abt. 100 yards. Our picnic area is on the left side of the path. See map. "Not being able to find us" is not a valid excuse!!!



Mt. High

Deschutes River Raft Weekend



Aug 20-22, 2010. This has become an annual tradition for our club. A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact Gordy: 503-804-8363, GordyLusk@hotmail.com

Reservation & payment must be received by August 1st. (or don't show up). Cancellation Date is August 1st.

Trip includes:

Camping: Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an additional \$20.00 a night.

Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts.

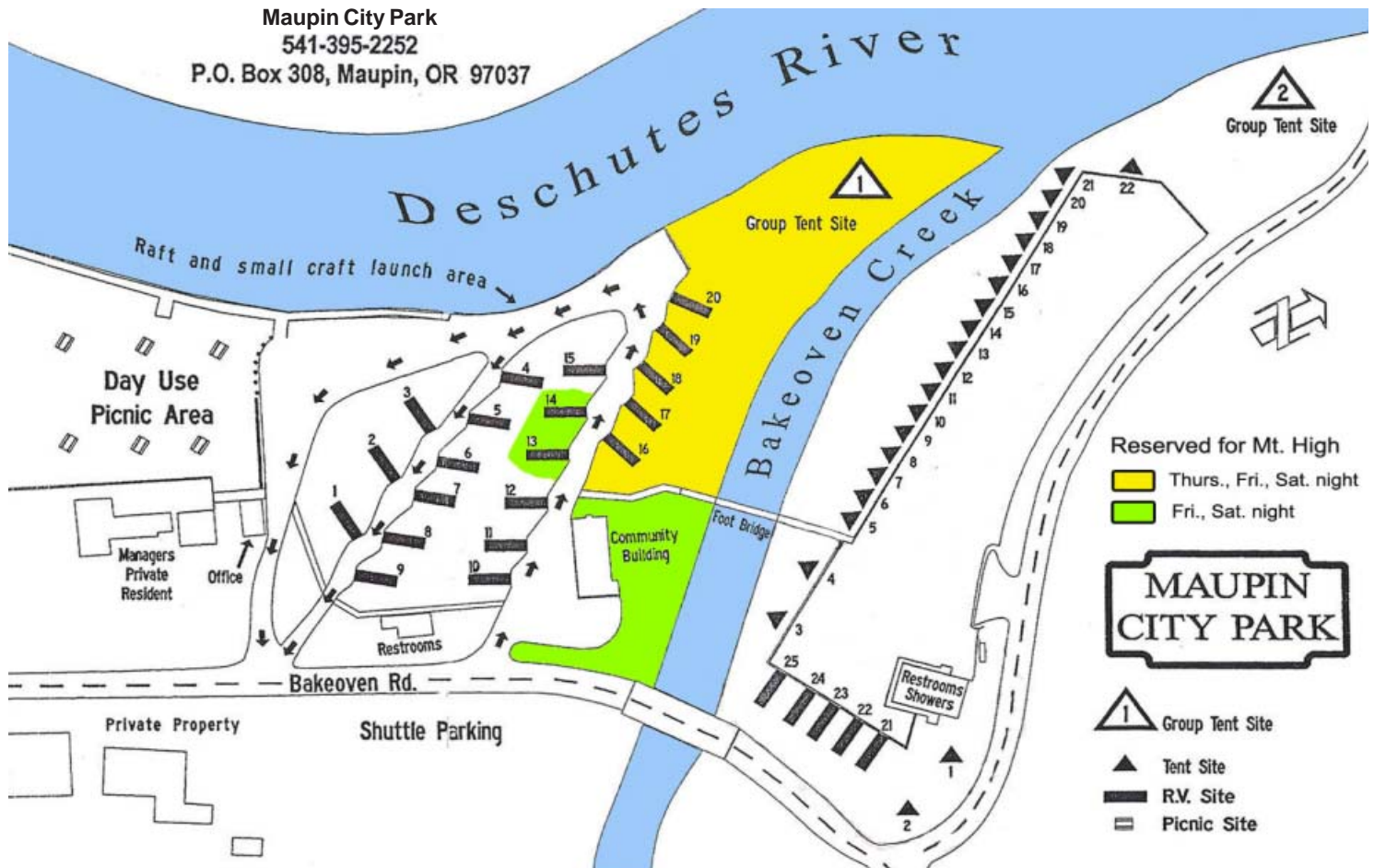
Saturday night dinner: Lou's- Q will cook chicken, pork ribs and BBQ beans on Saturday only, but bring a salad, dessert or HDO for Sat. dinner. For other times, bring your own food and drinks. Also, bring quarters for the showers!

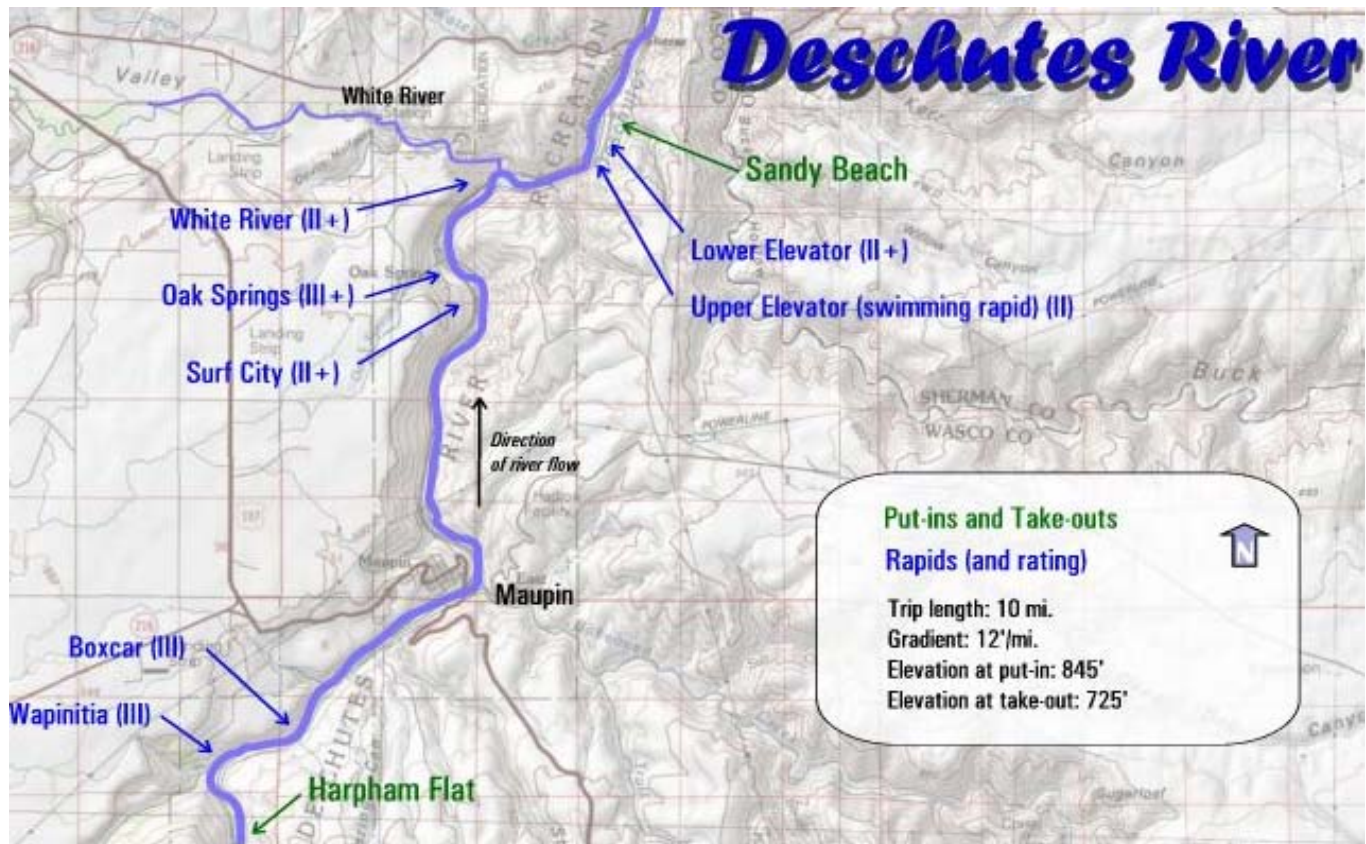
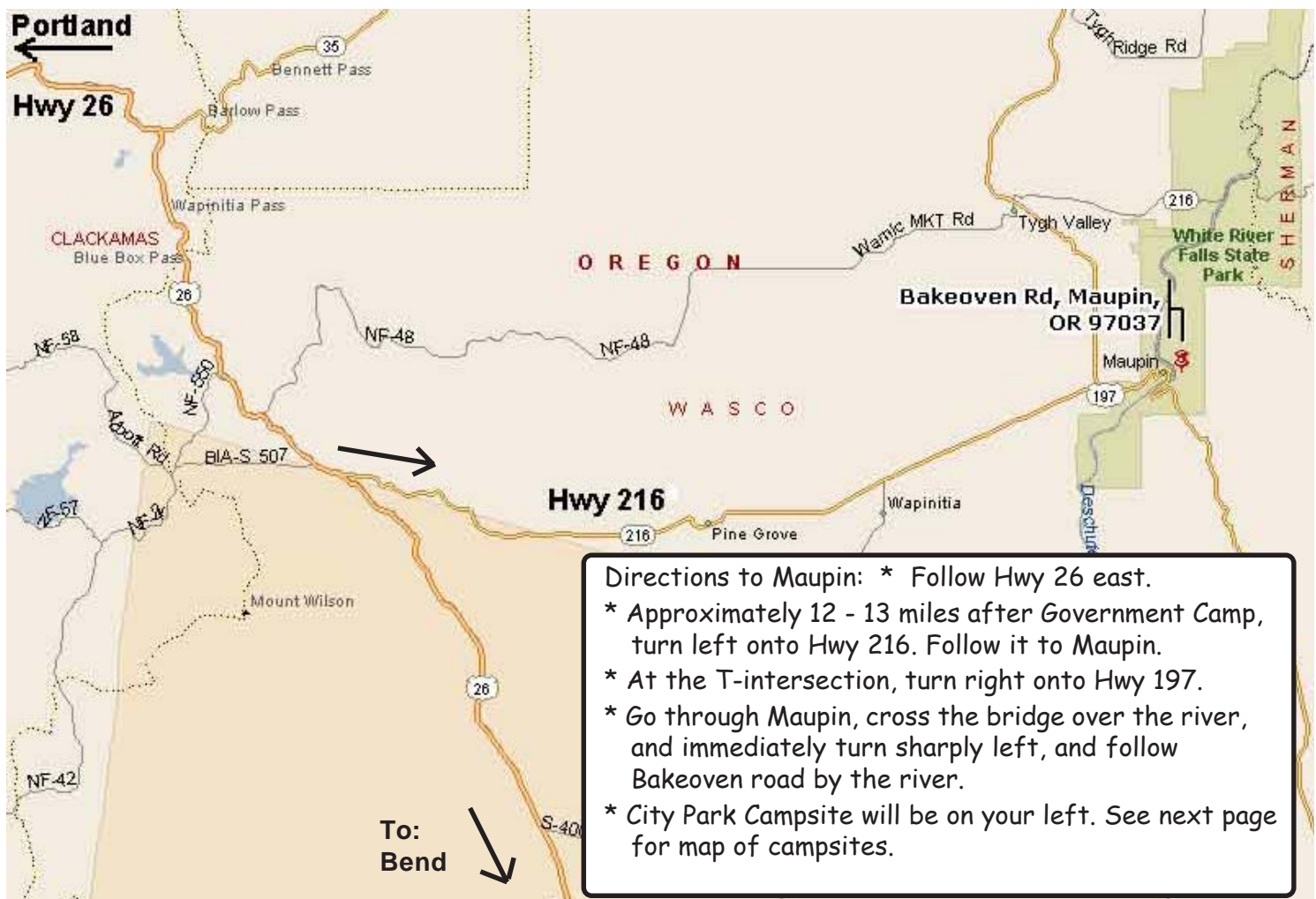
Camp, raft, dinner = \$90.00 pp. (Non-members \$100.00)

Camp, permit, dinner (no raft): \$50. Dinner only = \$20.

To sign up, please use the Dough Transmittal form, page 13 or print the form from our web site. See the [Forms](#) page.

Here's a map of our reserved campsites in Maupin:





At the annual **Far West Ski Association Convention**, held in Indian Wells, California (not far from Palm Springs), held June 10-13, 2010, the following awards were given to Northwest people and ski clubs. More info about these and other FWSA winners at: <http://www.acatmeowz.com/farwest/winners/winners2010Others.htm>



Richard Rizk

Safety Person of the Year award

Richard is past president of the Cascade Ski Club, vice-president of the NWSCC, and also a member of Mountain High.

He developed a winter safety awareness series of talks, which addressed winter driving, terrain park safety, ski risks and the law, ski patrol advice. Richard also contributed significantly to the development the NWSCC PIE. (Prepared Informed Ecological) campaign which addresses safety issues. He spearheaded an influenza awareness initiative for Cascade Ski Club & NWSCC.

Richard recently completed a 17 session backcountry ski safety course which included avalanche training. He also has first aid and CPR training.

The Safety award is sponsored by the **Aspen Ski Company**, and consists of an all-inclusive week-long vacation for two at Aspen/Snowmass.

Mountain High Snowsport Club

Our club won the following 3 awards, in our AAA category (representing clubs with over 250 members):

1st Place: Outstanding Club.

The judging for this award is based on a presentation (essay) about our club, which was prepared by **Kurt Krueger** this year. The complete 10-page essay is posted on our web site, on the Forms & Documents page, or you can go directly to: <http://www.mthigh.org/Documents/Mt-High-Outstanding-Club-2010.pdf>

1st Place: Outstanding Newsletter (Wentworth Award).

We first entered the newsletter competition in 2004, and won a 3rd place at that time. Since then, our newsletter has won either 1st or 2nd place almost every time. Keep in mind that the judges change from year to year, recruited among volunteers from different clubs.

3rd Place: Outstanding Web Site.

Well, we can't be number one every time! Other clubs have good web sites too! This year, 1st and 2nd places went to the "[Apres Ski club](http://www.apres.org/v08/home.htm)" - San Jose, CA, www.apres.org/v08/home.htm, and the "[Up the Creek](http://www.upthecreek.org)" ski club - Denver, Colorado, www.upthecreek.org.

Northwest Ski Club Council

Our NW Council won the following 2 awards, in the Councils category:

1st Place: Outstanding Newsletter.

This is the NWSCC Newsletter edited by **Linda McGavin** and emailed to you every month.

1st Place: Outstanding Web Site.

This is the NWSCC web site, www.nwskiers.org, and the webmaster is our Mountain High club member **John Jessen**.

Skiyente Ski Club

The Skiyente club won the **Charity Recognition Award** for their charitable activities. They won a \$100 FWSA donation to a charity of their choice.

Bike Rides this Summer

1. **Aug. 8** (Sun.). Providence Bridge Pedal event. If we sign up as a group of 4, we get \$5 off. Contact **Jan Siverts-Smith**, 503-667-9594, or email: sevengal@comcast.net
2. **Aug. 15**. Mt. High pre-picnic bike ride along Willamette River. 9 am.
3. **Sept. 18** (Sat.): Mt. Hood Heritage Day. Let's do a downhill ride from Timberline Lodge to Rhododendron, with a stop at Government Camp and Skibowl to check out the Heritage Day.



NWSCC Meetings will be quarterly

After July, NWSCC meetings will be held only once every three months, on the 3rd Wednesdays in September, December, March, and June. Locations are:
June 16, Shanghai Noble House, John's Landing,
July 21, Appreciation Night at Sheri & Dale Parshall's
Sept. 15 - Season kickoff, Shanghai Noble House
Dec. 15 - PACRAT Night, Shanghai Noble House.

FWSA

Far West Trips

Click on the underlined blue links for more info.

"Hot Fun Under the Utah Sun!" FWSA and Wolf Creek Resort invite you to five days of fun **July 21-25, 2010** at Wolf Creek Resort near Ogden, Utah. Hotel and Condo pricing includes lodging, welcome party, and farewell BBQ; concert with fireworks! Camping is available.

* **FWSA Cozumel Scuba Dive Trip** Sept 4-11, 2010. \$899 Dive Package 5 days two tanks/day. Contact Randy Lew at 530-304-0802 or fwsa13randy@telis.org.

* **Canada/New England Cruise** with the "Carnival Glory" and the Cruise Company from September 26—October 2. Optional New York City pre-trip. Go to **FWSA Travel** web site for more information.

* FWSA is joining **Holidaze Ski Tours** for an **Antarctica Adventure & Celebration of New Years Eve** in Buenos Aires. You will leave Dec 29, 2010—January 12, 2011 for a 15 day cruise with three nights in Buenos Aires for New Years Eve. We will be joining other ski clubs & councils across the U.S. for this trip. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

* **2011 FWSA Ski Week** will be in **Sun Valley, Idaho** January 22—29, 2011. \$875-\$1325. Contact Barbara Bousum, or FWSA Gloria Raminha, VP North American Travel, fwsa.natravel@sbcglobal.net

* **FWSA International Ski Week Engleberg/Interlaken** Feb 26—Mar 7, 2011; \$1725/person for 8 nights; Extensions to Bulgaria Mar 7-12 and Bucharest and Romania Mar 12—16, 2011. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

WIN a spot on the FWSA Sun Valley trip

Valued at \$950 - 1050.

The NWSCC will be selling tickets, with the drawing to be held at NWSCC's annual Appreciation Night, July 21, 2010.

The cost is \$20 for one ticket or \$50 for three tickets. The winner will receive one fully paid trip with condominium lodging (transportation not included; an upgrade to hotel lodging would be at the winner's cost). If you have already paid a deposit at that time, your deposit will be refunded. Tickets are available through Sheri Parshall or other NWSCC officers. Only 250 tickets will be sold, so your chances are far better than the lottery!

FWSA

Far West Convention



June 10-13, 2010.

The 78th Annual **Far West Ski Association Convention** was held at the fabulous Renaissance Esmeralda Resort and Spa in Indian Wells (Palm Springs), CA, hosted by the San Diego Council of Ski Clubs.

The theme was "Thanks for the Memories". Many fun and educational events were included, as well as a Travel Expo (an opportunity to meet with ski area representatives), a silent auction, etc.

Our Northwest delegation came away with numerous awards. See page 11 for more details.

Next year, the Far West Convention will be held **June 9-12, 2011**, at the Pacific Palms Resort in Industry Hills, California (near Los Angeles).

FWSA

Ski Week at Sun Valley



Sun Valley

Jan. 22-29, 2011.

This is the biggest trip of the season, attended by dozens of ski clubs.

Price: \$875-\$1325, depending of the type of lodging you select. This includes lodging, lift tickets, banquet, council party, apres ski parties, races, and more.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915. Mark the envelope: "Sun Valley"

Contact **Barbara Bousum** at:

BBousum@gmail.com

MOUNTAIN HIGH**Contacts / Club info****SNOWSPORT CLUB****Mt. High Man & Woman of the Year**

In case you are puzzled, the NWSCC has selected people from other clubs as their Man & Woman of the Year, but our own club still honors Kurt Krueger and Diane Zhitlovsky as our own Man and Woman of the Year.

**Kurt Krueger****Diane Zhitlovsky****Mountain High Meeting**

Usually the last Monday of the month.

July 26 (Mon.) and Aug. 30 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm.** Start at **6:30 pm.**

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

President: Gordon Lusk H: 503-804-8363,
Vice-President: Kurt Krueger H: 503-625-1492,
Secretary: Diane Zhitlovsky H: 503-666-0389,
Treasurer: Sandi Dykstra H: 503-629-0177,
Membership Director: Elaine Bock H: 503-245-7009
Race Director: Bruce Ellison H: 503-697-7892,
Newsletter Editor: Emilio Trampuz H: 1-503-378-0171,
Social Activities: Debbi Kor H: 503-314-7078,
Golf: Cal Eddy H: 503-631-3115,
Hiking: Elisabeth Fontaine H: 503-524-5774,
Mid-week skiing: George Yun H: 503-697-3055,
Trip Directors: Linda McGavin H: 503-652-2840,
 Janice Jessen H: 503-515-6230,

GordyLusk@hotmail.com

telek2@verizon.net

Dianezhi@gmail.com

sandid@aol.com

SeawitchPdx@aol.com

Yuffiet@comcast.net

newsletter@mthigh.org

ijustwannarun1@comcast.net

W: 503-805-8606, baebaw@ccwebster.net

Lise518@msn.com

boar2m@msn.com

Trips@mthigh.org

jessen9011@comcast.net

General info:

info@mthigh.org

Web site:

www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Whereas the Mountain High Snowsport Club ("Club") is an organization of fun loving ADULTS whose events are organized by members who volunteer their efforts for the enjoyment of their fellow members and friends, please remember when I participate in Club events I do so at my own risk. Sporting activities, indeed, any activity, includes inherent risks. I will evaluate my own abilities and responsibilities and join in the Club fun as a responsible and considerate adult. I will not hold the Club or any Club officer liable for the consequences of my decisions and my behavior. The bottom line is, stuff just happens sometimes and the club volunteers are not to be blamed for helping us have fun. Besides, the Club has no assets anyway.

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1, 2010 - Sept. 2011): Single (\$25); couple (\$40) \$ _____

☐ **PACRAT Racing (2011)** \$85 or \$90 Ask before you send. Team: _____ \$ _____

☐ **Rafting** (Aug. 20-22, 2010) Total \$90. Non-members: \$100 (Pay by Aug. 1) \$ _____

☐ **Rafting extras** RV space \$20. Camp+dinner (no raft): \$50. Dinner only: \$20. \$ _____

☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 302 Newsletter Distribution

The July/Aug 2010 issue is posted on our web site. Also:
296 copies sent via email (as PDF files)
26 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

A trip to Australia. Interested?

Oct./Nov., 2011. Robert Burns would like to gauge the interest in a group trip to Australia (open to all the clubs). It would be:



4 nights Sydney,
 4 nights Melbourne,
 4 nights Cairns (Great Barrier Reef).

Price would be about \$3000, which includes air, lodging, transfers, taxes and fees.

He's thinking October or November of 2011. Anyone interested should email him at bob@inkjetman.com with "Australia" as the subject. If there's enough interest, he'll set it up.

Emilio Trampuz
 Mountain High Newsletter editor
 4742 Liberty Rd. S., #296
 Salem, OR 97302

Please check our web site,
www.mthigh.org
 for updates.

NWSCC Leaders

The current NWSCC President is **Sheri Parshall** (Skiyente Ski Club), and the Membership Director is **Colleen Walter** (Skiyente Ski Club). But, did you know that several Mountain High club members are on the NWSC Board? Here are just some of them:

Linda McGavin - NWSCC Communications Director. She puts together the Council's Newsletter.

David Schor - NWSCC Treasurer

John Jessen - Webmaster & Educational Outreach Director

Barbara Bousum - NWSCC Travel Director

Barbara Parshall - NWSCC Racing Director

Mary Olhausen - NWSCC Past President

Our club -- NWSCC -- FWSA

There are about 30 clubs in the Pacific Northwest. Most of them cooperate under the umbrella of the **NWSCC**, the **Northwest Ski Club Council**.

There are about a dozen similar Ski Councils throughout the West, all part of the **FWSA - Far West Ski Association**. We are members of both organizations.

