



Lift Lines

== No. 112, April 2010 ==

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



From your Broken Prez

It has been a while since you heard from me but there are so many exciting (non skiing) events your board has planed for you not to mention. I have been a skiing fool this winter and have a great season, thanks to my friends and Mt. High skiing buddies.

*The reason for "Broken Prez" is that after the March 14th Pac Rat race I took my 7-year-old grandson and 5 of his little ski buddies out into Heather Canyon and old grandpa had a bad landing at the bottom of the HRM chair and **fractured his pelvis**. I will be OK by summer but it is sure testing my patience right know. Spring skiing is the best and you all better be enjoying it for me. I have had so much support and love from my Mt. High friends it reassures me that I am so fortunate to have them. My friends are the best, thank you...*

The Pac Rat season was great; many ups and downs with the ElNinyo year but Mt. High more than carried the Pac Rat group. Congrats to all of you that participated and lets gather your friends and tell them what fun we had and get involved next year. Just let Bruce know and he will get you signed up for next season. We are planning earlier training days for next year to give Mt. High racers an edge. Keep tuned to your newsletter...

Your board has planed socials, golf, hiking, picnic, rafting, wine tasting, highway cleanup, a brunch cruse, etc. for you to join in, meet new people and have fun. Please let the trip Captains know ASAP so they can plan for you. Get involved, who knows, you could have my job someday and be THE PREZ...

Your Prez; Gordy Lusk



Mt. High

Come Ski With Us



Ski season isn't over yet. Join us on a day-outing to Mt. Hood. Best place to meet is at McDonald's in Sandy, around 7:15 - 7:30 am on specific dates. Best get in the habit of stopping there every time. See our web site [TRIPS](#) page for dates. Also, use the [Forum](#) to talk to other members.

Spring Skiing

Make use of your Spring Pass.

Mt. Hood Meadows will be open only on weekends till May 16 (planned closing day).

Timberline Spring Pass is only \$99, and is valid till May 31.

Of course, at Timberline, you can keep on skiing all Summer, but the lift ticket price will go up again once the Summer Camps start.

*Note the color code.
Our club is blue.*

2010 CALENDAR

Blue: Mountain High events
Red: NWSCC / FWSA events
Black: General events

Mar.31-Apr.5: Heavenly/Tahoe trip

Apr. 2 (Fri.): Rat Attack awards party

Apr. 9-11: Far West Championships

**Apr. 11 (Sun.): Hike Marshall Park
Canyon to Cemeteries Loop**

Apr.16-18: Bachelor Blast

Apr. 24 (Sat.): Golf, Oregon City

**May 2 (Sun.): Brunch Cruise on
Portland Spirit - Willamette River**

**May 16 (Sun.): Hike to Cape
Lookout**

**May 20 (Thur.): Social evening at
the Acapulco Restaurant**

May 22 (Sat): Mt. High Highway Cleanup

**June 10-13: FWSA Convention
Indian Wells, California.**

Aug. 22 (Sun): Mt. High Picnic



Note from the Editor:

My apologies to everyone for the delay in providing you up to date information this month. The problem is two-fold:

a) **Too many trips**, too much fun during the month of March. For me, this included the 24 hours of Hope on the Slopes at SkiBowl, followed immediately by 6 days of non-stop skiing on the Fernie trip.

b) **I got sick for over a week**, immediately after the Fernie trip. I was wiped out, and so was my liver, which decided to take a rest, making me feel very sluggish and exhausted.

As a consequence I now have a mountain of backed up projects, including this newsletter, plus processing all the photos and videos from all the following:

- a) Hope on the Slopes
- b) The Fernie trip
- c) the PACRAT Rat Attack party, ... and more.

At least some of this should be included in the newsletter and on the web site, and what doesn't fit there will be posted on Snapfish and YouTube.

I'll be working on all this as fast as I can, and I promise you WILL eventually get to see all this wonderful stuff. Only, please, be patient for a while.

For now, we'll publish just a short, skeleton account of recent trips and events. More info on this will gradually be posted on our web site. In the next issue of Lift Lines, we'll publish more info, including more trip photos, and hopefully more stories from all of you readers, club members and trip participants.

2nd annual Hope on the Slopes



March 19-20: (Fri.-Sat.)
at **Ski Bowl**. 1 pm - 1 pm.

This 24-hour vertical challenge went very smoothly this year. The weather was good, and despite some bare patches at the bottom of the lower bowl, there was plenty of snow for a ton of fun.

Just some of the highlights:

* 180 participants in 16 teams raised more than \$50,000 for the American Cancer Society.

* Among the participants were teams from our Mountain High Club, the Cascade Ski Club, Hillcrest Sports, Mt. Hood SkiBowl employees, Mt. Hood Ski Patrol, OHSU, and many other sources.

* Participants skied a total of more than 3 million vertical feet in 24 hours!



Aaron

* Our club member and PACRAT racer, **Aaron Anderson** won 3rd place in the most vertical feet skied, despite the fact that his skiing was interrupted by an accidental fall in which he broke his thumb. After getting his thumb fixed, he kept skiing!

Wait till you see the photos and the videos! In the mean-

time, check out some of the results and some of the photos already posted at:

www.oregonhopeontheslopes.org.



Elaine Bock and Brigi



Rich Horner (the masked man) and Colin Brandt

Hike 1: Sellwood - Johnson Creek

March 7, 2010 (Sunday) Sellwood Riverfront to Johnson Creek Loop. This was a pleasant walk that 13 of us enjoyed. We admired the the Share-it Sqaers Community structures for passerby in the parking strips @ the intersection of SE 9th Ave and Sherrett St. We had lunch in Johnson Creek Park.



Hike 2: Marshall Park to Cemeteries loop

April 11, 2010 (Sunday) This hike was well attended. 17 people, great group, great weather, great hike! Thanks to Elisabeth for the photos.

If you would like to be either on or off Elisabeth's Hiking list please let her know. Email **Elisabeth Fontaine** at: lise518@msn.com



Hike 3: May 16. Cape Lookout - See page 6

May 16, 2010 (Sunday). Details TBA later.

Whitefish (MT) train trip

February 17 - 21, 2010. After a long train ride, we arrived in Whitefish to a beautiful clear morning. Checked in, ate breakfast and headed for the mountain. No fresh snow, but clear conditions. (The preceding week, the mountain was socked in most of the time.) Several new members joined this group and other members reconnected. Overall, a very pleasant trip with great company! Photos from Debbi Kor, Jan Siverts-Smith, and Lana Rulien.



Hellroaring Saloon



Fernie (BC) bus trip

March 21 - 27, 2010. Twenty-four people went on this 6-day trip. Four nights spent at Fernie, one day at Kimberley, and one day at Silver Mt. (Idaho) on the way up, and one day at Bluewood (WA) on the way back. We had Spring conditions, with all 6 days mostly sunny. Fernie was awesome. Lots of vertical! Lots of acreage. At Bluewood, we had almost a foot of new snow that fell the day before, but we skied in the sun. Photos by Bruce McGavin, Stevie Viaene, Emilio Trampuz.



Lynn Norbury



Fernie panorama

The winning teams



April 2 (Fri.) At the end of the racing season, the top team was the **Racy Brats** (an all-women Skiyente club team). In 2nd place were the **Ruttin' Rats** (a Schnee Vogeli club all-male team).

The best placed Mountain High team, **Rattitudes**, was in third place. Their team captain, **Chris Wiley**, is among the top handful of elite racers. Also on that team are some of our fastest racers, such as Violet



Anderson, Aaron Anderson, Beth Paraskeva, Farzin Ghezeli, Zeina Do (Farzin's daughter), Gordon Lusk, Frank Hadella, Armin Dahms, and Matt Thompson.

This year's Rat Queen and Rat King (the two individuals who improved the most during the season) were **Elsebeth Frank** (Rat Racers, Mt. High, improved by 62%) and **Frank Hadella** (Rattitudes team, Mt. High, improved by 31%).

More detailed results on the Race Results web page. Also, see more photos on the Recent Photos page.

2010 PACRAT Race Results

Pl	Team Name (bib #)	Club Name	Pts
1	Racy Brats (120-129)	Skiyente	247
2	Ruttin' Rats (60-69)	Schnee Vogeli	244
3	Rattitudes (80-89)	Mt. High	229
3	Avalanche Express (140-149)	Mt. High	215
5	Rat Racers (30-39)	Mt. High	212
6	Psycothermia (150-159)	Mt. High	208
7	Infrarats (200-209)	Mt. High	201
8	Kiss My Wax (170-179)	Skiyente	194
9	Vertical Chaos (20-29)	PDX Ski Club	186
10	Drooling Moose Rats (100-109)	Mt. High	184
11	Mixed Nuts (40-49)	Mt. High	180
12	Labrats (110-119)	Mt. High	176
13	Drunken Losers (160-169)	Free Riders	171
14	Mt. Hoodlums (90-99)	Mt. High	170
15	Tasmanian Ski Devils (10-19)	Bergfreunde	160
16	Schussing Shysters (50-59)	Mt. High	158
17	Frosted Flakes (180-189)	Mt. High	148
18	Chilled Brewskis (70-79)	Mt. High	127
19	Veritigo Madness (220-229)	Mt. High	103
20	Flying Ferret (63)	Mt. High	3

Overall, **Colleen Walter**, **Violet Anderson**, and **Lynn Norbury** were the fastest female racers. **Aaron Anderson**, **Dale Parshall**, and **Bruce Parshall** were the fastest male racers.

Read more about PACRAT racing on our web site: www.mthigh.org/Racing.htm.

For any questions, contact our Racing Director, Bruce Ellison: Yuffiet@comcast.net or phone: 503-697-7892.



Mt. High Sunday Brunch Cruise Party

May 2, 2010. (Sunday)
Time: 2:00 - 4:00 pm.
Price: \$49 (gratuity included)

Put a BIG red X on your calendar for Sunday, May 2nd. Mt. Higher's will be hitting the mighty Willamette for a 2-hour afternoon Brunch Cruise on the **Portland Spirit**.

Join your fellow club members for a wonderful Sunday Brunch, filled with tasty seafood & lots of other yummy treats. We'll board the Spirit at **1:30 p.m.**, and cruise the Willamette from 2 to 4 p.m., taking in the sights and sounds of the Portland river front.

The cost for this trip is just \$49 p/p, (including gratuity) for groups of 15 or more.

RSVP no later than April 15th, to **Debbi Kor** at: ijustwannarun1@comcast.net or call 503-314-7078.

This is a Sunday Brunch Cruise. It includes champagne, and a rich brunch buffet, including fresh veggies and cheese, fresh fruit, pasta salad, Mediterranean salad, French toast, eggs Benedict, link sausages, bacon, country style potatoes, spinach manicotti with marinara sauce, salmon lox with bay shrimp, assorted desserts, unlimited coffee refills, hot tea, orange juice, sparkling cider and champagne.

More info about the ship, the cruises and the menu at: www.portlandspirit.com/spirtech.php

To join the group reservation, send your \$49 per person check to:

Mountain High Snowsport Club
PO Box 2182
Portland, OR 97208

Please use the **Dough Transmittal Form** with your check. Click here to get a **PDF file**, or use the form on page 11 of "Lift Lines".

**Mt. High****Hiking****Hike to Cape Lookout**

May 16, 2010.
Sunday.

Distance 5 miles round trip.

Easy hike, 400 feet elevation gain. More details to be announced.

For more info and **RSVP** contact **Elisabeth Fontaine**, lise518@msn.com
503-524-5774 or 971-226-4545

Mt. High**Quarterly Social Evening**

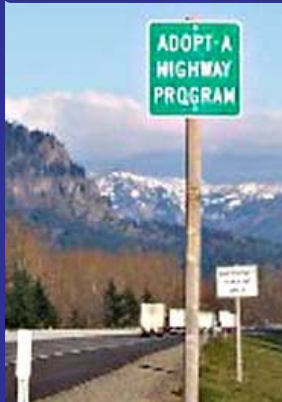
May 20, 2010.
Thursday **6:30 pm.**

Food provided by the club! Just buy your own drink.

Meet other club members, and see what's new.

Location: **Acapulco Restaurant**
10566 S. E. Washington Street
Portland, Oregon.
(105th and SE Washington)

Note: This is an adults only function.

Mt. High**Highway Cleanup**

May 22. Saturday, 10 am.

Our club has adopted a 2-mile section of Highway 26, mile-posts 50-52. We'll meet at mile-post 52, and earn some good karma cleaning up the highway. Let's give back something to the community!

Lunch and beverages will be provided to those who RSVP.

RSVP to **Debbi Kor** at:
ijustwannarun1@comcast.net or 503-314-7078.

Mt. Hood Meadows Pond Skim



Saturday, April 24, at Meadows, you can enjoy a great day on the slopes and also watch the annual pond-skimming competition. And, yes, our very own **Bruce Kuper** will participate again! Watch for King Kamehameha II.

There will be live music, giveaways, Kona beer sampling, and more.

Judging will be based on: best skimming style, best costume, best showmanship, and best crowd reaction while skimming the pond. First prize is a trip to Hawaii for two, but there will be numerous other prizes. To compete, registration is \$25 at the Mt. Hood Meadows web site: www.skihood.com.

But, it doesn't cost anything to come and watch!

PACRAT Racing videos



Bruce Kuper

Bruce Kuper has set up a special Channel on YouTube. He called it the Black Diamond Thunder Channel. This is where he will be posting all

of his videos in the future.

BlackDiamondThunder:

<http://www.youtube.com/user/BlackDiamondThunder#p/u>

You can find a link to it on the Mountain High RACING page, at: www.mthigh.org/Racing.htm. Just click on the "Bruce's Videos" image.



Mt. St. Helens Climb/Ski

May 8, 2010

Mothers' Day climb/ski



In honor of Mothers' Day, some people will wear a woman's dress over their regular clothing as they climb and/

or ski Mt. St. Helens on this day.

Thanks to **John A. Davis** for alerting us to this event.

See more info at:

<http://www.fitclimb.com/events/mt-st-helens-mothers-day>

Also, see photos at:

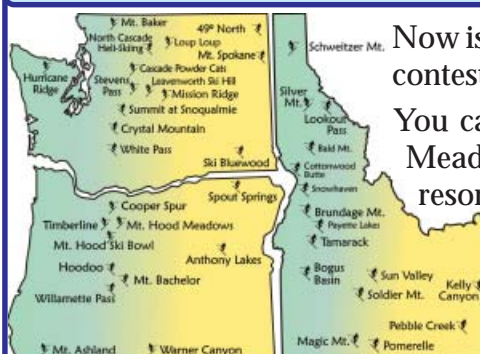
<http://www.flickr.com/groups/mothersdaysthelens/>

Note: This is a long climb. It takes most people 5 - 8 hours of climbing. You have to start early.



Dress up for Mother's Day

NWSCC Northwest Ski Challenge - by David Schor



Now is the time to submit your entry for this contest! The deadline is June 15th, 2010.

You can win a ten-time pass to Mt. Hood Meadows. Just Ski or ride any 7 or more resorts in Oregon, Washington and/or Idaho during the 2009-2010 ski season to be eligible to win a prize. The more ski areas you visit, the greater your chance of winning.

Just save your lift tickets! If you've been on the Mystery trip, you already have 2 tickets. If you have been on the Fernie trip, you have 2 more (Silver Mt. and Bluewood). Add to it the 3 Mt. Hood areas and you have 7.

To qualify for a prize, submit your lift tickets (or receipts) to: NWSCC, PO Box 1915, Portland OR 97207.

Please use the **entry form** posted at the Council's web site: NWskiers.org.

Mt. High

Mt. High Golf



April 24 (Saturday). We still need more people to join us for golf. Some of our members feel they are not good enough to play with us. That is why we are playing a **scramble** - it is great fun for the novice as well as the seasoned golfer. For those who do not know how a scramble works:

All four golfers tee off, they then proceed to the best of the four balls and all play their next ball from there. You repeat - even on the green.

After the Scramble there will be a Picnic at Brad and Terry Swan's. We will put the teams together to make it as fair as possible. If you really want to be on someone's team, we can make it happen.

Saturday, April 24th
Oregon City Golf Course
First tee time 9 AM
18 holes - \$36
power carts - \$25 a cart

Also, throughout the summer, we will meet several times a month, 9 holes on mid-week evenings, and 18 holes on weekends. Dates will be announced by email and also on our web site, on the EVENTS page, www.mthigh.org/Events.htm.

Contact **Terry** at 503-729-3435 or e-mail at swans761@juno.com.

NWSCC

Clubs 4 Play



July 25 (Sunday) 10 am.

The NW Ski Club Council organizes this annual golf event for all local ski clubs to participate in a friendly competition. Each club is encouraged to form at least one or two teams.

This year's location is:

Lewis River Golf Course located in Woodland, WA. Here are the details:

- * Tournament is a scramble format. Rules will be available on day of tournament.
- * Pick your team of 4 and register with Sandi Shaub by Monday, July 12. Payments due by July 12. Send checks for **\$89** per person, payable to NWSCC, PO Box 1915, Portland 97207.
- * Tournament will be held rain or shine.
- * Club Trophy will be awarded to Team with lowest score whose members are all from the same Club.
- * Deli Sandwich Bar after round, prizes, goodie bag, favor and FUN!

If you've never played the Lewis River course, you are in for a treat. Mark your calendars now, tell the significant other that you have a business retreat, do what you need to do, but get on out and enjoy the great links. You deserve it.

To find out more:

- * Click on the Poster for directions, dates, fees and more
- * Fill out the [registration form](#), then email it to Sandi Shaub, sandi.shaub@gmail.com.
- * When you have your 4 players, give Sandi Shaub a call to register at 503-669-8599 or email her at sandi.shaub@gmail.com.

More info at www.nwskiers.org.

Click here for a [poster](#) of the event.





All our Mountain High club members are also automatically members of the Northwest Ski Club Council (NWSCC). It says so on your membership card. The NWSCC represents dozens of ski clubs in the Northwest (Oregon, Washington, Idaho)

So, these are all your events, and your trips.
Make use of them.

NWSCC Leaders

The current NWSCC President is **Sheri Parshall** (Skiyente Ski Club), and the Membership Director is **Colleen Walter** (Skiyente Ski Club). But, did you know that several Mountain High club members are on the NWSC Board? Here are just some of them:

Linda McGavin - NWSCC Communications Director

David Schor - NWSCC Treasurer

John Jessen - Webmaster & Educational Outreach Director

Barbara Bousum - NWSCC Travel Director

Barbara Parshall - NWSCC Racing Director

Mary Olhausen - NWSCC Past President

NWSCC Meetings will be quarterly

For years, the NW Ski Club Council has held monthly meetings on every 3rd Wednesday of the month. But, this will change after this summer. The meetings will be held only once every three months, on the 3rd Wednesdays in September, December, March, and June.

But, before this change happens, there will still be monthly meetings in May and June. The meetings will be at the following locations:

May 18 at the Shanghai Noble House, John's Landing,

June 16, at the Shanghai Noble House, John's Landing,

July 21, "Appreciation Night" at Sheri & Dale Parshall's

September 15 - Season kickoff, Shanghai Noble House

December 15 - PACRAT Night, Shanghai Noble House

NWSCC Man & Woman of the Year

Congratulations to the winners of NWSCC's Man and Woman of the Year competition: **Colleen Walter** and **Dave Rasmussen**.

Colleen is no stranger to this honor, having been selected several times due to her many contributions to her club and to NWSCC. **Dave Rasmussen** has been president of Schnee Vogeli Ski Club and was a huge help during the 2008 FWSA convention in Bellevue, both with the golf tournament, and as a shuttle driver.



Colleen Walter



Dave Rasmussen

They have each won a 2-day trip for two to Big White/Silver Star. Also, they will now represent the Northwest in the final stage of the competition for Man and Woman of the Year at the Far West Convention.

NWSCC Web site & Newsletter



Check out the new look and content of the NWSCC web site. You can click on the NWSCC button, or the NWSCC logo on our Mountain High web site, or go directly to www.nwskiers.org.

The NWSCC webmaster is **John Jessen**, and the new and improved web site is his work.



Also, remember that **Linda McGavin** is the editor of the NWSCC Newsletter, which is sent to you every month, and is also available on the NWSCC web site.

Please pay attention to the NWSCC Newsletter, which contains a lot of information that never makes it into Lift Lines (for lack of space).



All our Mountain High club members are also automatically members of the Far West Ski Association. It says so on your membership card. The FWSA represents hundreds of ski clubs throughout the Western United States.

So, these are all your events, and your trips. Make use of them.

FWSA

Far West Convention



June 10-13, 2010.

The 78th Annual **Far West Ski Association Convention** will be held at the fabulous Renaissance Esmeralda Resort and

Spa in Indian Wells (Palm Springs), CA, hosted by the San Diego Council of Ski Clubs.

Rooms (double occupancy) are only \$139 per night—use Group Code FWSA. The resort fees of \$25 /Day have been waived and there will be complimentary parking. Call 1-877-804-4070 for reservations.

The theme is "Thanks for the Memories". Many fun and educational events are planned.

If you are planning to go, contact **Debbi Kor**, ijustwannarun1@comcast.net, 503-314-7078.

FWSA

Ski Week at Sun Valley



Sun Valley

Jan. 22-29, 2011.

This is the biggest trip of the season, attended by dozens of ski clubs.

Price: \$875-\$1325, depending of the type of lodging you select. This includes lodging, lift tickets, banquet, council party, apres ski parties, races, and more.

A deposit of \$100 per person is being accepted now, to reserve your spot.

Mail check to: NWSCC P.O. Box 1915 Portland, OR 97207-1915. Mark the envelope: "Sun Valley"

Contact **Barbara Bousum** at:

BBousum@gmail.com

FWSA

Far West Trips

Click on the underlined blue links for more info.

"Hot Fun Under the Utah Sun!" FWSA and Wolf Creek Resort invite you to five days of fun **July 21-25, 2010** at Wolf Creek Resort near Ogden, Utah. Hotel and Condo pricing includes lodging, welcome party, and farewell BBQ; concert with fireworks! Camping is available.

* **FWSA Cozumel Scuba Dive Trip** Sept 4-11, 2010. \$899 Dive Package 5 days two tanks/day. Contact Randy Lew at 530-304-0802 or fwsa13randy@telis.org.

* **Canada/New England Cruise** with the "Carnival Glory" and the Cruise Company from September 26—October 2. Optional New York City pre-trip. Go to **FWSA Travel** web site for more information.

* FWSA is joining **Holidaze Ski Tours** for an **Antarctica Adventure & Celebration of New Years Eve** in Buenos Aires. You will leave Dec 29, 2010—January 12, 2011 for a 15 day cruise with three nights in Buenos Aires for New Years Eve. We will be joining other ski clubs & councils across the U.S. for this trip. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

* **2011 FWSA Ski Week** will be in **Sun Valley, Idaho** January 22—29, 2011. \$875-\$1325. Contact Gloria Raminha, VP North American Travel, fwsa.natravel@sbcglobal.net

* **FWSA International Ski Week Engleberg/Interlaken** Feb 26—Mar 7, 2011; \$1725/person for 8 nights; Extensions to Bulgaria Mar 7-12 and Bucharest and Romania Mar 12—16, 2011. Contact Norm Azevedo at fwsaitravel@sbcglobal.net for more information.

WIN a spot on the FWSA Sun Valley trip

Valued at \$950 - 1050.

The NWSCC will be selling tickets, with the drawing to be held at NWSCC's annual Appreciation Night, July 21, 2010.

The cost is \$20 for one ticket or \$50 for three tickets. The winner will receive one fully paid trip with condominium lodging (transportation not included; an upgrade to hotel lodging would be at the winner's cost). If you have already paid a deposit at that time, your deposit will be refunded. Tickets are available through Sheri Parshall or other NWSCC officers. Only 250 tickets will be sold, so your chances are far better than the lottery!

Mt. High Man & Woman of the Year

In case you are puzzled, the NWSCC has selected people from other clubs as their Man & Woman of the Year, but our own club still honors Kurt Krueger and Diane Zhitlovsky as our own Man and Woman of the Year.



Kurt Krueger



Diane Zhitlovsky

Mountain High Meeting

Usually the last Monday of the month.

April 26 (Mon.): Open to all who want to get more involved with the club, or just want to see what's going on. Gather at **6:00 pm**. Start at **6:30 pm**.

Location: **Round Table Pizza**, 10070 SW Barbur Blvd., (near Capitol Hwy).

Mountain High snowsport club contacts:

President: Gordon Lusk, H: 503-804-8363,
Vice-President: Kurt Krueger, H: 503-625-1492,
Secretary: Diane Zhitlovsky, H: 503-666-0389,
Treasurer: Sandi Dykstra, H: 503-629-0177,
Membership Director: Elaine Bock, H: 503-245-7009
Race Director: Bruce Ellison, H: 503-697-7892,
Newsletter Editor: Emilio Trampuz, H: 1-503-378-0171,
Social Activities: Debbi Kor, H: 503-314-7078,
Golf: Cal Eddy, H: 503-631-3115,
Mid-week skiing: George Yun, H: 503-697-3055,
NWSCC Rep: Debbi Kor, H: 503-314-7078,
Trip Directors: Linda McGavin, H: 503-652-2840,
 Janice Jessen, H: 503-515-6230,

GordyLusk@hotmail.com

telek2@verizon.net

Dianezhi@gmail.com

sandid@aol.com

SeawitchPdx@aol.com

Yuffiet@comcast.net

info@mthigh.org

ijustwannarun1@comcast.net

W: 503-805-8606, baebaw@ccwebster.net

boar2m@msn.com

ijustwannarun1@comcast.net

Trips@mthigh.org

jessen9011@comcast.net

General info:

info@mthigh.org

Web site:

www.mthigh.org

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

PLEASE PRINT CLEARLY: ☐ New membership ☐ Renewal

Name(s): _____

Address: _____

Phone (Hm): _____ Phone (Wk): _____

Email (Hm): _____ Email (Wk): _____

Email Preferences: - Newsletter (once a month): ☐ yes, link only ☐ yes, complete file ☐ no
☐ No changes - Club news & events (between newsletters): ☐ yes ☐ no
 (same as last year) - Other ski news (NWSCC, FWSA, ski areas, trips...): ☐ yes ☐ no
 - Is it OK to share your email address with other club members? ☐ Yes ☐ No

Please take my money, and apply it toward the following Ski Club fun stuff:

Deposit? Paid in full?

☐ **Annual Membership** (Oct. 1, 2009 - Sept. 2010): Single (\$25); couple (\$40) \$ _____

☐ **PACRAT Racing (2010)** \$85 or \$90 Ask before you send. Team: _____ \$ _____

☐ **Portland Spirit Brunch Cruise** (May 2, 2010) Total \$49. (Pay by April 18) \$ _____

☐ **Other:** _____ \$ _____

Comments (For whom you are paying. Roommate requests,...): _____

Signature(s): _____ Date: _____

Signature(s): _____ Date: _____

See our Trips cancellation policy on our web site: <http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf>

Club membership = 292 Newsletter Distribution

The April 2010 issue is posted on our web site, and also:
282 copies sent via email (as PDF files)
25 paper printed copies sent via US Mail.
 Copies are sent to potential members, other clubs, etc..
Please help us minimize the cost of mailing paper copies.
Send your email address to: info@mthigh.org.

Man Dies From Chairlift Fall



A man died earlier this year after falling off a chairlift at Heavenly Mountain Resort, when an errant rope from a zip line tangled with his chair. Even worse: He was riding the chair with his new wife; they were on their honeymoon. Mark Alan Dickson was 51. Sheriff's officials say

Dickson's wife, Rebecca Gonzaga, did not fall but suffered a leg injury.

People play dice with their life when they ride a chairlift unprotected, without lowering the safety bar. Even a helmet won't protect you from a broken neck or broken bones if you fall off the chair.

New lifts at Washington Ski Areas

Thanks to **Scott Kaden**, Executive Director of the Pacific Northwest Ski Areas Association, and to **Maureen Richards** of S'no Joke Ski Club, for alerting us to the following information.

There will be FIVE lifts under construction at ski areas in the state of Washington this summer:

White Pass: Two quads (one detachable) ,

Summit at Snoqualmie Pass: the East Peak Triple and Hidden Valley double chairlifts,

Crystal Mountain: Base-to-summit gondola .

Scott suggests that some of the Oregon-based clubs consider putting together trips to Washington state ski areas to sample some of these improvements! Maybe a "road trip" to a couple of different Washington ski areas!

Mountain High already has plans in the works for this type of trip!

Stevens Pass has just received approval for construction of lift-served mountain biking trails this summer! See the front page of the NWSCC website for up to the minute information!

NWSCC wrote letters to the **Forest Service** in support of three of these local Washington ski areas.

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Please check our web site,
www.mthigh.org
 for updates.