SNOWSPORT CLUB



No. 185-186, May/June 2016

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208



Next Winter's Trips



This past El Niño winter brought us more snow than we expected. Next winter will be a La Niña year, which should be cold and snowy.

Thanks to the efforts of Linda McGavin, who brought together trip leaders from several local ski clubs to coordinate our trip dates, we man-

aged to set our trip destinations and dates earlier than ever before. See page 10 for a list of all upcoming winter trips.

These are all **multi-club** trips, and our members are welcome to all of them. The thee trips organized by our own club have a yellow title bar. All 3 of those are bus trips. Start planning your winter!

More info will soon be published on our web site and the July newsletter.

Ready for Summer?



We are switching to summer mode. We'll be doing a some biking, some rafting, hiking, we'll have a picnic, and some highway cleanup!

Join us for a fun bike trip to Idaho, June 15-22, where we will ride our bikes on the Trail of the Coeur d'Alenes and the Hiawatha trail. A flexible trip. Stay for a week, or just come for a few days. See page 4.

We'll also have a few **shorter bike rides**, just for a day.

We'll have our **annual picnic** in August, preceded by a short bike ride.

We'll go camping and rafting in August too. Just a long weekend, starting on Thursday, with two days of rafting (Friday and Saturday).

Stay tuned for more summer events we might announce later.

Have a great Summer!

Photos / Videos



Got any photos of club events? Send a few of the best to Emilio, for

inclusion in the newsletter and/or the web site, or ...

Post your photos in any online photo album such as Photobucket, Snapfish, Picasa, etc., and give us the web address (the link). We will then post the link to your photos in the next newsletter and/or on the web site.

> Note the color code. Our club is blue.

2016 CALENDAR

Blue: **Mountain High events NWSCC / FWSA / Multi-club** Red:

Black: General events

MAY

May 7 and 14: Timberline adventures May 25 (Wed.): Mt. High Social & Elections

JUNE

June 8 - 12: FWSA Convention - Scottsdale

June 15 (Wed): NWSCC/PACRAT elections

June 15-22: Idaho bike trip

June 25 (Sat.): Mt. High Highway Cleanup

June 25 (Sat): Portland Naked Bike Ride

June 27 (Mon): Mt. High Board meeting

JULY

July 9 (Sat.): Neighborhood Greenway bike ride July 10 (Sun): Bike to the Dike

AUGUST

Aug. 6 (Sat.): History bike ride - Barlow Pass Aug. 11- 14: Rafting - Deschutes River Aug. 20 (Sat.): Mt. High Picnic & bike ride

2017

JANUARY

Jan. 28 - Feb. 4: FWSA Ski Week - Breckenridge

Timberline Adventures

We skied a lot at Timberline this Spring. Almost every Saturday in April and May, plus a Sunday, a Tuesday, etc. The weather got unusually warm in early April, but then it got colder again. So, interestingly, the snow got better later in Spring. In March and early April, we skied all the way to Government Camp, including following a new route deep into Little Zig Zag canyon, crossing into Sand canyon and connecting with the Glade trail.

In April and May, we skied west of the Magic Mile and west of the Palmer chair. On at least one occasion, we found perfect corn snow. The scenery changed from week to week as the snow melted fast, revealing some of the rocky ridges in between the canyons. Each experience was somewhat different from the others. The ungroomed snow was sometimes a bit windblown with ripples and waves, while at other times it was as smooth as silk. If the snow was a bit hard in the morning, just wait an hour and it turns into bliss.

Each time, a different group of people showed up, usually no more than 2 to 8 people. Each time was fun. It's a pity that more of our members didn't try it. Skiing out of bounds gives you a whole new sense of freedom!





The scenery itself is worth the trip. Mike Barmache at Zig Zag canyon.

Back to the lifts, aim for Mt. Jefferson



Little Zig Zag canyon: George, Karen, Kay (behind Karen), Linda, Emilio, Kurt W., Marie, Sylvia See many more adventure photos at www.mthigh.org/Photos.htm.

Mt. High

Quarterly Social & Club elections

DATE: Wednesday, May 25. TIME: 6:30 pm - 9:00 pm PLACE: Famous Dave's 7121 SW Nyberg St.

Tualatin, OR 97062

ELECTIONS: We held our annual elections at our May Social on May 25.

We met at Famous Dave's again, in Tualatin. Karen Michels reserved a space for us.



The food was excellent, and the people were fun. Several door prizes were given away. Also, a complete list of **upcoming winter trips** was distributed to all attendees. Normally, we don't have this list ready until our annual picnic in August or September. This is the first time that we are so early in putting all our trips together. See page **9**.

The big news was that Terry White has withdrawn from the position of Vice-President, which he has held for a couple of decades (or more). Bill King was elected in his place. The current Mt. High Board was elected unanimously and consists of:

> President: Debbi Kor **Vice-President:** Bill King **Secretary:** Steve Rovce Nancy Pratt Treasurer:

If you wish to get more involved with the club, please start by simply attending our monthly Board meetings on the first Monday of each month.

CONTACT: Debbi Kor, 503-314-7078, <u>ijustwannarun1@comcast.net</u>

Mt.High

Mt. High Cookbook



We are putting together a Mountain High cookbook!

Please contribute a recipe. Any recipe from our club members is welcome.

Even more welcome if it has some connection to the club, such as if you have ever prepared it for our Chocolate party, our

Picnic, Seafood party, brought it on a ski trip bus, or any other club event.

Desserts, main dishes, hors d'oeuvres, drinks, whatever!

Please send your contributions to Debbi Kor, ijustwannarun1@comcast.net

NWSCC Ski & Ride Challenge

The NW Ski Club Council wants to encourage you to see and ski more places, and don't forget the small ones! Mail in your lift tickets / receipts now!

If you have skied or ridden any 7 or more Northwest resorts during the 2015-2016 ski season, you are eligible to win a prize. Just mail your lift tickets and/ or receipts to the NWSCC.

Ski areas that count are all those in Oregon, Washington, Hawaii, as well as our commercial member resorts in British Columbia (Big White, Sun Peaks, Whitewater, Kicking Horse, Fernie, Kimberley and Nakiska), one in Colorado (Aspen/Snowmass), 3 in Idaho (Brundage, Schweitzer, and Sun Valley), 1 in Montana (Whitefish Mt.) and 2 in Wyoming (Grand Targhee, Jackson Hole).

Mail your lift tickets or receipts to the Northwest Ski Club Council, Ski Challenge, 5331 SW Macadam Avenue, Suite 258, Box 438, Portland, OR 97239.

Winners will be announced in December.

Upcoming Events

SNOWSPORT CLUB

NWSCC & PACRAT Combined meeting & Elections

June. 15 (Wednesday) - 6:00 pm.

A multi-club meeting, attended by representatives of several local ski clubs.. Annual elections will be held for both the NW Ski Club Council and for the PACRAT Racing Board.

Location: Buffalo Gap Saloon & Eatery (upstairs), 6835 SW Macadam Ave., Portland, OR 97219.

Starting with a Happy Half Hour from 6:00-6:30 pm, followed by the meeting. Food and beverages on your own. The focus of this meeting is ELECTIONS; both for NWSCC and PACRAT. Come learn the latest about what NWSCC is doing!

NWSCC Elections

Join the leadership of the NW Ski Club Council. This is a great way to get involved in club, council and Far West Ski Association activities. The board is made up of members from different clubs. All officer positions are open for one-year terms. The following officers will be voted upon at the June 15, 2016 meeting:

President: Head of the Council Executive Board; represents NWSCC at Far West Ski Association board meetings and at National Ski Council Federation meetings.

Vice President: Assumes duties of the president when needed and handles other duties as assigned.

Treasurer: Responsibility for Council financials. Experience with book keeping software and GAAP necessary.

Secretary: Records Council minutes and correspondence as needed; keeps corporate records.

At-Large Director (two positions): Duties as assigned by the President. [Other directors will be appointed by the elected Board to fill the slate.]

Time involved: Quarterly Council meetings; a monthly board meeting; other duties as assigned or as you volunteer to work on.

If interested, please contact **Colleen Stroeder** at **Colleen.Stroeder@odot.state.or.us** for more information or to put your name on the ballot. We need your input and support, and want YOU to consider serving on the Board!

Current candidates who have announced they are running for election are:

President: Sylvia Kearns, **Vice President**: Sue Rimkeit, **Secretary:** Dan Lane, **Treasurer:** Bill King; **At-large director positions** (2 will be elected): Barbara Bousum, Rod Robinson, and John Orefice.

PACRAT Elections

PACRAT elections will also be held at the June 15 m eeting; the following are elected positions for the PACRAT Board:

* Chair

* Vice Chair

* Secretary

* Communications

* Treasurer

* Results / Timing * Race Director

* Sponsorship / Awards * Party Director

* Membership Director

Also on the Board, but NOT elected, is the Immediate Past President. Appointed Positions are Director at Large-Chief Rat Patrol and Director at Large-General.

If you are interested in running for a PACRAT Board position for 2016, please contact **Andy Hobart** at **president@pacrats.org**. Please provide information on what position you would like to run for and why you are interested in doing so. He will be assembling the ballot. You will need to be at the meeting to say a few words about why you'd like to run and what you plan to do, or have someone else show up and speak on your behalf.

Who votes in PACRAT Elections? The clubs must decide on who gets to vote for the club. Usually it is the Team Captains, but in cases where there are more teams than votes available, only the number of votes designated for that club may be cast. ALL team captains CAN be there to caucus, but your club can only cast the proper number of votes:

- * Mountain High = 4 votes
- * Cascade = 2 votes
- * Skiyente = 2 votes
- * Schnee Vogeli = 2 votes
- * Bergfreunde = 1 vote

Mt. High Summer Biking Trip

CDA Trail: 72 mile paved trail across the Idaho panhandle, plus the **Hiawatha trail:** 15 miles of dirt road

See trail map at: http://www.mthigh.org/Maps/CDA-Trail-Map.jpg
See elevation map: http://www.mthigh.org/Maps/CDA-Trail-elevation-map.gif

June 15 - 22, 2016. (Wednesday - Wednesday)

Come join us June 15th thru the 22nd for an exciting bike trip to Idaho. The trip will be a casual car pool trip, so you can do as little or as much of it as you like.

It is planned around two locations on the Trail of the Coeur d'Alenes, Kellogg, Idaho and Harrison, Idaho. The 72 mile long paved CDA trail is part of the rails to trails system (any type of bike will work on this). The trail has an elevation gain of about 800 feet. Most of that elevation gain is on the western and eastern edges of the trail, so those can be skipped if desired. There will be options for shuttling and riding one way if attendees want to do that, or to ride out and back from the motel locations.

We also plan to do the 15 mile long family friendly Trail of the Hiawatha while in the area (not paved and not for road bikes). We have this planned for Friday the 17th to get discounted group rates. I highly recommend bringing additional flash-lights and a jacket for this ride in particular. It is cold and dark in the tunnels!!

We have reserved rooms at a group rate and they are being held until mid April under Mountain High. Both hotels are right on the CDA trail for easy access. The Harrison location is also right on Lake Coeur d'Alene, which is a fantastic area for boating and water activities. Lodging is limited and time sensitive, so reserve now.

Hotel pricing at **Guest House Inn** in **Kellogg** (first 3 night)

June 15th and 16th = \$74 plus tax per night

June 17th = \$129 plus tax

Contact manager Alex at 208-783-1234 to book in our group block.

Hotel pricing at **Lakeview Lodge** in **Harrison** (remaining nights) \$125 to \$300 per night depending on type and size of room. Contact Suzanne at 208-689-789.

NOTE: pricing is per room, so add a roommate and cut the cost in half.

We are planning to have a **pre-trip get together** to find out when people want

to come and what type of riding they want to do on the trip (i.e. shuttle or out-and-back, how many miles, etc.).

For more details contact: Karen Michels, skiklynn@gmail.com







Upcoming Events

SNOWSPORT CLUB

Highway Cleanup Mt.High

June 25 (Sat.). It's time for our Spring Cleaning of the 2 miles of Highway 26 we've adopted.

We'll meet at 10 am in Skibowl's parking lot, and spend about 2 hours removing stuff people throw out along the highway. Let's see who will find the most interesting object! Bring some gloves. We will provide garbage bags and garbage pickers.

At noon, lunch will be provided for all who participate in the cleanup. Most likely at the Ice Axe brew pub or at The Taco Shoppe in Government Camp.

Please RSVP by contacting **Debbi Kor**, 503-314-7078 or ijustwannarun1@comcast.net



World Naked Bike Ride



June 25 (Saturday). Cost: Free.

Meet: Location yet to be announced

Start: Location yet to be announced at 9 pm



Description: This is an annual event that attracted over 8.000 people last year. Join the Mt High group of bikers that will participate in this. We

will meet some place not far from the starting point for some dinner between 7 and 8:30pm. We will then ride our bikes over to the start line.

Swimsuits are required attire for our group and should be worn under clothes until we get to the start of the ride. Leader John A Davis.

More details at: http://pdxwnbr.org/

Also see: http://wiki.worldnakedbikeride.org/

index.php?title=Portland#Next ride

Mt. High Neighborhood Greenway Ride



July 9 (Saturday). 9 or 10 am start. Cost: Free.

Two starts: Option 1: Start at 9 am, leaving from Main City Park, Gresham to PDX & back, 30 miles, Level B.



Option 2: Start 10-10:15 at Sellwood Riverfront Park, when Gresham people arrive. Level A-B, 24 miles.

We'll regroup at Rockwood Central Park around 175th for

those who bring a snack or lunch; bathrooms available here.

Helmet & liability release required. Maps provided. If you arrive late, find maps on back of a green safari van.

Detailed directions at www.mthigh.org/Events/ Neighborhood-Greenway-(Bikeway).pdf

This is a "No Drop" ride where Dick Bonillo will be with the fast group and Jackie will sweep so no one gets left alone behind.

Contact: Jackie Bonillo, jbon1960@comcast.net or 503-706-9668.

Bike to the Dike Mt.High



July 10 (Sunday). 9 am start. Cost: Free.

Meet at: Linnemann Station, Gresham, OR. 3804 W Powell Loop (1 block south of Powell)



Description: 2 lakes, 1 park, 1 dike, 1 historic Indian site (photo opportunity). 26 miles, A+ level.

We'll ride on Fairview Trail and a wide street bike lane with only a short distance without a bike lane; then on the dike that few people know about.

Helmet & liability release required. Maps & release form provided. If you arrive late you will find maps on the back of a green safari van. This is a "No Drop" ride. Nobody left behind.

Lunch afterwards will be at the Cedarville Tavern. Contact: Jackie Bonillo, jbon1960@comcast.net or 503-706-9668.

Mt.High

Deschutes River Raft Weekend





Aug 11-14, 2016. Our annual tradition is back for your fun and enjoyment! A weekend of rafting and frolicking in the sun on the Deschutes River at Maupin, Oregon.

Contact: Allan and Beth Paraskeva at 503-201-1243

or alnbeth@gmail.com

Reservation & payment deadline: August 1st.

<u>Camping:</u> Thursday, Friday and Saturday night in Maupin City Park. Camp sites at new location (see next page). RV space available for an additional \$25 a night. Kids (8-20) are welcome and are the respon-

sibility of the parent at a cost of \$50.

Rafting: (Row, Paddle or just ride) Friday and Saturday. We'll provide the rafts. On Friday, we'll assemble at Maupin City Park and then raft 11 miles from Harpham Flat to Sandy Beach. On Saturday, we'll start from the mid-point and raft downstream in the morning, and then do the upper half in the afternoon (to avoid the crowd).

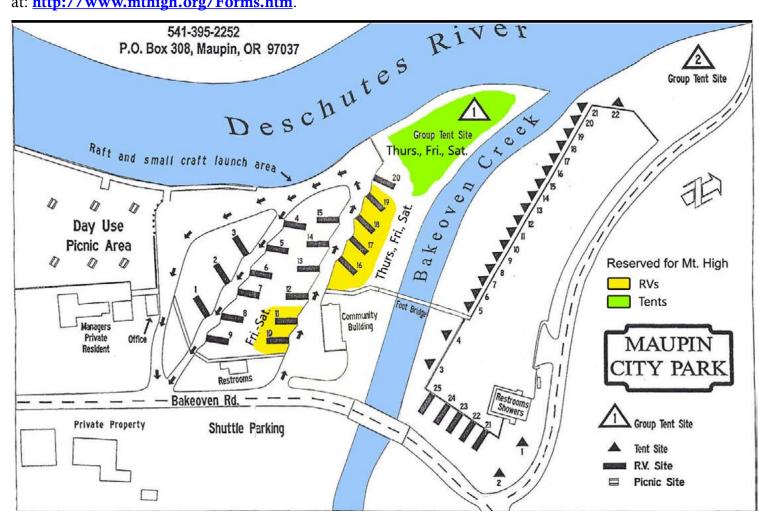
Food: Saturday night dinner will be potluck. For other meals (breakfasts, lunches, Friday dinner), bring your own food and drinks, or plan to dine in any of Maupin's fine dining establishments. Also, bring quarters for the showers!

<u>Camping & rafting = \$75.00 pp.</u> (Non-members \$90.00)

RV space is available for an additional \$25 per day. or \$75 total.

NOTE: The Deschutes River is dam controlled, so water levels are not an issue.

To sign up, use the Dough Transmittal form, page 13, or print the form from our web site. See the **Forms** page at: http://www.mthigh.org/Forms.htm.



MOUNTAIN HIGH

SNOWSPORT CLUB



Speed Racers Corner

Edited by Alan Bean Mountain High Racing Director 503-849-8009 or Racing@mthigh.org



PACRAT News

Pacific NW Area Clubs Recreational Alpine Teams



Alan Bean
Mt. High Racing Director

A big thanks to all that endured the wild race day climate year, the worst I can recall; nonetheless the race participation numbers and morale where high throughout the year due in part to a well-run season by the PacRat board.

Mt. High placed seven teams in the top eleven, with **Schussing Shysters** battling off the inevitable late surge of the **Rutting Rats** to take the trophy. Newcomers the **Ocho Plus** held on for third place overall, and **Mixed Nuts** takes home the third best Mt. High team spot.

Next up is the PACRAT and NWSCC board elections taking place at the NWSCC Meeting - **Wednesday**,

June 15, upstairs at the **Buffalo Gap Saloon**, 6835 SW Macadam Avenue, Portland, OR 97219, starting with a Happy Half Hour from 6:00-6:30 pm, followed by the meeting. Food and beverages on your own.

Anyone interested in running for a PACRAT board spot please contact me and Sylvia Kearns. All racers and members are welcome of course, and we will caucus Mt. High's 40% of the total ballots. Looking forward to next year, when we will have a few improvements to modernize the signup process for the Mt. High PACRAT gang and hopefully take the fax, stamps, and copier out of the process.

And check out the photo shoots of the races at Timberline on March 20th and April 3: http://www.iwasphotographed.com/Snow/Timberline-lodge-Resort/PACRAT-Race-Sun-20160320/

Final Team Standings <u>Team name</u>, <u>points</u>, <u>participation</u>, <u>club</u>

1 Schussing Shysters 240, 78% Mt. High 2 Ruttin' Rats 236, 92% Schnee Vogeli 3 The Ocho Plus 221,80% Mt. High

3 The Ocho Plus 221,80% Mt. Hig

4 Oui Ski 214, 86% Skiyente

5 Ragnar's Two 200, 82% Cascade

6 Mixed Nuts 190, 98%Mt. High

7 Awesome tAles 186, 80% Mt. High

8 Moose on the ? 182, 86%Mt. High

8 Ragnar's Rangers 182, 90% Cascade

10 Rattitudes 161, 92% Mt. High

11 Avalanche Express 160, 82% Mt. High

12 Tasmanian Ski Devils 151, 80% Bergfreunde

13 Racy Brats 150, 80% Skiyente

13 Chix & Dix 136, 54% Schneyente

15 Mt. Hoodlums 129, 74% Mt. High

16 Chilled Brewskis 104, 72% Mt. High

17 Vertigo Madness 66, 44% Mt. High

18 Frosted Flakes 56, 60% Mt. High

19 Force One 25, 47% PACRAT



SNOWSPORT CLUB





Mt. High Mt. Hood History tour bike ride



August 6 (Sat.) - 9 am. Explore Mt. Hood's history. We'll find parts of the original Oregon trail and explore abandoned sections of the original Mt. Hood



Loop highway that preceded modern Hwy 26. See it before it is destroyed. We'll explore local lore and trivia about Mt. Hood, its

ski areas, its roads, its people. There will be stories, ghosts, cemeteries, local heros, and more.

This is more than a bike ride. It's more like time travel, visiting 3 or 4 different eras.

Do you need a mountain bike? No. Almost any bike will do, except racing bikes with skinny tires. Part of the ride will be on unpaved but smooth roads or paths, and there is always a paved alternative nearby. The total distance is 16 miles, most of it downhill, but about a mile and a half is uphill.

Meet at the **Still Creek Inn** in **Rhododendron** at 10 am. We'll have lunch there. at the end Contact Emilio: Emilio2000@earthlink.net or 503-378-0171.

Mt. High Picnic Mt.High

August 20, 2016. (Sat.)

Our annual picnic in **Sellwood Park** is a great place to celebrate summer, meet other club members, and find out what else is going on in the club.

The picnic will be preceded by an easy bike ride.

9:30 am Bike ride (meet at the lower parking lot); 11:30 am Picnic starts. 12:00 noon Food served.

See more at: www.mthigh.org/index.htm#Picnic Contact Debbi Kor, ijustwannarun1@comcast.net



2017 Multi-club Winter Trips

SkiKats

Skiyente Brundage Mt



Jan. 12 - 16, 2017

The **Skiyente club** organizes this 5-day trip to McCall, Idaho, with skiing at Brundage Mt.

Mt.High Mystery trip



Jan. 19 - 22, 2017

A fun 3-day weekend (by bus) to somewhere fun and mysterious.

Lodging in one hotel only, but 2 ski areas to be visited. Led by **Emilio.**

FWSA Ski Week



Jan. 28 - Feb. 4, 2017

The **Far West ski week** will be in Breckenridge, CO.

This is a multi-club trip involving ski clubs from all over the West.

Bergf. Sun Valley + Brundage



Jan. 29 - Feb. 4, 2017

A week-long trip with 3 days at Sun Valley and 4 at Brundage. ORganized by **Jean Yates**, Bergfreunde club.

Prime Timers Sun Valley



Jan. 29 - Feb. 4, 2017

The **Cascade Prime Timers** are organizing this trip to Sun Valley for the duration of the week.

Bergfreunde Utah trip Mt.High



Feb. 12 - 18, 2017

Bob Burns will lead this trip to Salt Lake City, with free shuttles to the big 4: Alta, Snowbird, Brighton and Solitude.

Mt. High Powder Alliance SkiKats



Feb. 25 - March 4, 2017

Karen Michels (Mt. High) with Ski Kats & Bergies, will lead this trip to Whitewater (Canada) + Schweitzer Mt (ID). 3 days of skiing at each is free with Fusion Pass.

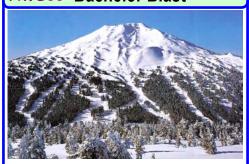
Mt.High Leavenworth



March 17-19, 2017

Linda McGavin (Mt. High) will lead this weekend trip to Leavenworth with one day at Mission Ridge and one day at Steven Pass (free with Fusion Pass).

NWSCC Bachelor Blast



March 30 - April 3, 2017

Linda McGavin will lead this 4-day trip to Bend with skiing at Mt. Bachelor.

Far West Convention



June 9 - 12, 2016. The annual Far West Ski Association Convention is coming up at the DoubleTree Resort by Hilton Hotels, Paradise Valley, 5401 N. Scottsdale Rd., Scottsdale, Arizona 85250-7090. Phone: 800-498-7396 Web: http://doubletree. hilton.com/ It is hosted by the Arizona Ski Club Council. Members of all ski clubs in the West are invited to come and participate.

What Happens at a Far West Convention?

Events include a silent auction on Friday Night, and the **Travel Expo** (where delegates meet one-on-one with resort personnel to plan future trips) on Saturday morning. Attend **educational leadership panel sessions** such as Improving Social Media savvy and the latest equipment, meet and greet with **ski personalities** like Billy Kidd and Jordan Romero (youngest person to climb Mt. Everest), and attend the **awards banquet and dance** on Saturday night. There will be a business meeting on Sunday,

at which time officers are elected, and other Association business takes place, as well as a sponsored Brunch, and LOTS of door prizes to be given away. All of these events (and meals!) are included in your registration fee.

Also available (for an additional fee) are optional events such as the Michael German Memorial Golf Tournament, Western Journey – Museum of the West & Fiesta Lunch, Discover Old Town Scottsdale via Segway, Scottsdale's Entertainment District Pub Crawl, Music Instrument Museum - World Music Experience & Kona Grill Lunch, or a Spa Lamar Day.

How do I Register?

It's so easy! You can (1) sign up with your club president/delegate chairperson (Debbi Kor), (2) complete the forms, write a check, and mail to the FWSA Convention Registrar (Karen James), or (3) sign up online at http://www.fwsa.org/Conventions/FW-2016Conv-Registration.html and pay with PayPal. The registration form on the FWSA web site is at: http://www.fwsa.org/Conventions/FW-2016Conv/Registration/pdfs/4-2016-Conv-Del%20Registration-Form.pdf. That's all there is to it! You're in!

Now make your <u>hotel reservations</u>, at \$99 per day per room, and you'll be golden! **Be sure to tell your club delegate chairperson** if you sign up directly

"The Voice of the Western Skier"



FOUNDED 1930

so that you'll be included on the Credentials Form as a Voting Delegate! Mountain High club members should contact **Debbi Kor** at: 503-314-7078, **ijustwannarun1@comcast.net**. She will coordinate all our delegates.

How do WE and our CLUB benefit?

Mountain High Board of Directors has voted to reimburse club members who attend the convention as full voting delegates up to \$600 to be divided among the registered attendees. In addition, there are other incentives that will come directly back to Mountain High. These include:

Far West is offering the 6-pack incentive again this year. This offer provides 1 free registration (\$159) with every 6 paid. The reimbursement comes AFTER the convention. So, if we send 6, we'd get back \$159. If we send 12, we'd get back \$308. If we get enough delegates from our club, the club would receive this reimbursement, and the Board would decide how best to use it: split it up among the delegates, or use for a future club event.

More questions? Contact: Debbi Kor, Delegate Chairperson, 503-314-7078, <u>ijustwannarun1@comcast.net</u>

NOTE: The Far West Convention is hosted by a different ski club council each year. In 2014, it was held in Oregon, and it will come back to Oregon in 5 or 6 years. In 2015, it was held in San Diego, CA. Other typical locations are: Los Angeles (CA), Reno (NV), Phoenix (AZ), and the San Francisco Bay Area.

FWSA Ski Week 2017

SNOWSPORT CLUB

FWSA

FWSA Ski Week 2017 - Breckenridge, CO



January 28 – February 4, 2017 Annual ski week organized by the Far West Ski Association.

Breckenridge or "Breck" (as Summit County locals call it) is a destination ski resort with the perfect blend of everything you could want on a ski vacation: world-class skiing for all levels, a fun nightlife scene, great restaurants, and a historic downtown. Breckenridge is a former mining town with Victorian architecture. It will be the combination of the exhilarating on-mountain skiing, the historic town activities and the organized group experiences that will make this an exciting and memorable trip.

Breck has five interconnected peaks, which offer an amazing variety of skiing for all skill levels. Peak 10 offers steep runs and challenging moguls. Peak 9 is best for beginners. Situated in the heart of the resort, Peak 8 is packed with trails for all levels. The upper part of Peak 8 is composed of advanced and expert terrain, and is served by the highest lift in North America. Intermediate skiers will feel at home on Peak 7's blue runs. Peak 6 is also geared primarily to intermediate skiers, but also includes a large amount of advanced terrain and chutes.

We will be staying at the Mountain Thunder Lodge, an elegant stone-and-timber condominium lodge situated in a beautiful wooded area along a ski run. The lodging is ski-in, with only a short walk to the base gondola in town that goes to Peaks 7 & 8. See pictures of the lodging at: http://www.breckresorts.com/lodging/mountain-thunder-lodge/overview.aspx?cmpid=PPC303950342

Lodging and Amenities Package per person, double occupancy = \$1025.** This price does not include discount lift tickets or transportation. What is included is:

- 7 nights lodging (double occupancy per bedroom)
- Portage for luggage
- Registration
- Welcome Party
- Pub Crawl
- Northwest Ski Club Council Night Dinner
- Mountain Picnic
- Après Ski Party
- Activity Fee Racing and Scavenger Hunt
- Banquet with Dancing

** For private bedroom add single supplement: \$675.



Anyone who chooses to purchase an Epic Pass (various Epic Passes are available) through Sports America Tours will receive a \$50 discount on the Basic Package price. Here's the link to view the pass options: https://www.sportsamerica.com/epic-fwsa Please contact the trip leader if you are interested in this option.

For most of us, significantly discounted group lift tickets are the best option for this trip and cost as follows:

5 of 6 day adult \$375, with the option of a 6th day for an additional \$35.

5 of 6 day senior (65 and over) \$332, with the option of a 6th day for an additional \$25.

Your multiple day lift ticket is good at all Vail Resorts (Breck, Keystone, Vail, and Beaver Creek) and at Arapahoe Basin. There is free Summit County bus service to Keystone and Arapahoe Basin. Up to 2 days of the 5 day lift ticket may be used at Vail or Beaver Creek during the week. We are planning an optional mid-week chartered bus trip to Vail.

See details in the trip flyer. http://www.mthigh.org/Trips/2017-FWSA-Ski-Week-Breckenridge-Flyer-01.pdf

Questions? Contact **Rod Robinson** at rdrobinson@aol.com or 541-344-7170.

To sign up: Send a \$100, deposit. Make your checks payable to: **Northwest Ski Club Council**. Mail should be addressed to: NWSCC | Breckenridge Trip,

Rod Robinson, 5230 Overbrook Ln., Eugene, OR 97405

More ski trips info at: www.mthigh.org/Trips.htm.

Contacts / Club info

SNOWSPORT CLUB

Man & Woman of the Year



Karen Michels, our Membership director, has led a number of bike rides last summer and organized one of our best ski trips to Canada so far.



Steve Royce, our Secretary, has attended all Board meetings, kept accurate meeting Minutes, and participated in the club's decision making.

Mountain High Meeting

Usually last Monday.

June 27 (Mon.): Open to all who want to get involved with the club. Gather at

6 pm. Start at 6:30 pm.

Location: Round Table Pizza, 10070 SW Barbur Blvd. (near Capitol Hwy.)

Web site:

Mountain High snowsport club contacts:

President: Debbi Kor H: 503-314-7078, President@mthigh.org General info: Vice-President: Terry White TWhite223@msn.com H: 503-781-4558 info@mthigh.org Steve Royce wsroyce49@frontier.com Secretary: H: 503-413-0493, Treasurer: Nancy Pratt H: 503-593-9427, Treasurer@mthigh.org President@mthigh.org Past President: Kurt Krueger H: 503-625-1492. www.mthigh.org *Membership Director:* Karen Michels H: 503-984-9210, skiklynn@gmail.com Racing@mthigh.org Racing Director: Alan Bean H: 503-849-8009, Newsletter Editor: Emilio Trampuz H: 1-503-378-0171, newsletter@mthigh.org Social Activities: Debbi Kor H: 503-314-7078, ijustwannarun1@comcast.net baebaw@ccgmail.net Golf: Cal Eddy H: 503-805-8606, Hiking: jruffman@aol.com Chris Brooks H: 503-764-5323, Bike rides: Jackie Bonillo H: 503-663-3359, jbon1960@comcast.net skiklynn@gmail.com Bike rides: Karen Michels H: 503-984-9210, Chashisk@Yahoo.com Biking/Hiking: Chas Westergren H: 971-506-7699, KenBrundidge@comcast.net Mid-week skiing: Ken Brundidge H: 503-720-0620, Trip Director: Linda McGavin H: 503-652-2840, Trips@mthigh.org Sandra Smith sandra@pacifier.com Trip Leader: H: 503-646-4591,

DOUGH TRANSMITTAL FORM

Mail check payable to: Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208.

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| PLEASE PRINT CLEARLY: | [] New membership or [] Renewal | I certify that I am 21 years of age or more. I acknowledge that I am responsible for my own safety and conduct. I hereby agree to be bound by all Mountain High Snowsport Club bylaws and regulations, | |
| Name(s): | Birthday (MM/DD) | including the Trip Cancellation Policy. I hereby release Mountain High Snowsport Club, and any of their agents (officers, directors, trip cap- | |
| Address: | | tains, and any other Club representatives) from liability for personal injury, property damage, or any other liability of any kind connected | |
| Phone (Hm): | Phone (Wk): | with my participation in any club-related activity. Furthermore, I agree to indemnify and hold the Club and any of their agents harmless from any and all liabilities of any kind which may be incurred or asserted against the Club or any of their agents in any way relating to my negligence or willful misconduct connected with my participation in the club's activities. | |
| Email (Hm): | Email (Wk): | | |
| Email Preferences: [] No changes (same as last year) | - Club news & events (between newsletters): [] yes [] no | | |
| Please take my money, and apply it toward the following Ski Club fun stuff: <u>Deposit? Paid in full?</u> | | | |
| ☐ Annual Membership (Oct. 1, 2014 - Sept. 2015): Single (\$25); couple (\$40) \$ | | | |
| PACRAT Racing (2016) \$99 for the whole season. Team: | | \$ | |
| ☐ Rafting weekend (Aug. 11-14). Members= \$75. Non-members=\$90. No rafting=\$25 \$ | | | |
| Rafting optional add-ons. RV space=\$25 per day. | | \$ | |
| ្វី 🖵 Other: | | \$ | |
| Comments (For whom | n you are paying. Roommate requests,): | | |
| Signature(s): | | Date: | |
| Signature(s): | | Date: | |
| See our Trips cancellation policy on our web site: http://www.mthigh.org/Documents/Trip-Cancellation-Policy.pdf | | | |

Club membership = 245 Newsletter Distribution

The May/June issue is posted on our web site. Also:
277 copies sent via email (as PDF files)
15 paper printed copies sent via US Mail.
Copies are also sent to potential members, other clubs, the National Ski Club Newsletter, etc.

Count Your Ski Areas

Set up your own counter of ski areas visited. Use a modified form of John and Jewel's spreadsheet with 3 added columns, for up to 3 more people. Make one of these your own. Enter a "1" for every ski area visited. See: http://www.mthigh.org/Documents/North-American-Ski-Areas-2014-5-25.xls

FWSA Diving Trip to Fiji ★

Sept. 24 - Oct. 8, 2016

Beqa Lagoon Resort: September 24 – October 1, 2016 Diver Package: \$1,916. Non-Diver Package: \$1,383. Single Supp. Add - \$308.

Paradise Taveuni Resort: October 1 – 8, 2016 Diver Package: \$2,171. Non-Diver Package: \$1,220. Single Supp. Add - \$747.

You can do Beqa (week 1), Paradise (week 2) or both.

Each week, the price includes:

- 7 nights based on 2 per room. All meals daily
- Use of paddle boards, kayaks & catamarans
- 5 days (12 boat dives at Beqa, 16 at Paradise)

Contact: Randy Lew, FWSA Dive Trip Leader, 7007 SW Iron Horse St., Wilsonville, OR 97070.

Cell: 530/304-0802 e-mail: FWSA13Randy@telis.org Info: http://www.fwsa.org/Travel/Dive/2016-FWSA-Fiji/Fiji-Index.html

Shred Hood



Shred Hood, a very informative online magazine, published by **Ben Jacklet**, covers everything related to Mt. Hood, including:

- * 8 Key Facts About Our Active Volcano
- * Racing it Up and Ripping it Down
- *38 Years of Coaching on Mt. Hood's Summer Snow
- * When the Snow Melts, Start Climbing
- * U.S. Olympic Coach Coming To Mt. Hood
- * All This Could Melt Away Snow at Ski Areas

This is just a very small sample of the wealth of information available on the Shred Hood site.

Subscribe to it for free. Just enter your email address in the blue box on the right side of the page at Shred-Hood.org

Please check our web site, www.mthigh.org

Emilio Trampuz Mountain High Newsletter editor 4742 Liberty Rd. S., #296 Salem, OR 97302