

FWSA Tollakson Award for Outstanding Club Mountain High Snowsport Club 2013-2014

www.mthigh.org

Mountain High Snowsport Club, PO Box 2182, Portland, OR 97208

Editor: Kurt Krueger

Period: May 2013 – April 2014

Number of Members: 292

1. Affiliations and Involvement

Promoting awareness of the Council and FWSA

Our club has been one of the most active clubs in Oregon in disseminating information about everything related to snow. In addition to promoting our own club activities, we also put a lot of energy into promoting an awareness among our members that we are all part of a larger body (the NW Ski Club Council) and also part of the Far West Ski Association. We promote not only club events, but also Council and FWSA trips and events. This is done via:

- Frequent email updates, emails from FWSA and NWSCC leaders.
- Monthly newsletter ("Lift Lines"), distributed both in print and via email (a PDF file), and posted on the club's web site.
- The club's web site www.mthigh.org generates hundreds of visits per month. The site contains up-to-date news on NWSCC and FWSA events as well as photos of past events.



Our web site.

NW Ski Club Council

Several Mountain High members (such as Linda McGavin, Debbi Kor, Linda and Steve Coxen, Emilio Trampuz, Gordon Lusk) are among the most active members in the Council and/or the PACRAT racing league.

Our club always has a booth at the annual Ski Fair, organized every November by the Northwest Ski Club Council. Also, our members always help staff the NW Council's booth at the larger Portland Ski Show, in November, at the Portland Expo Center.



Emilio Trampuz and Mary Olhausen, NWSCC booth at Ski Fever show.

Mt. High joined the NWSCC in promoting the Northwest Ski Challenge to encourage people to visit 7 or more ski areas within the northwest, including Alaska, British Columbia, Wyoming, and Mammoth Mountain in the same season.

Member Linda McGavin publishes the NWSCC's news letter. She also edits and produces the annual Northwest Skiers' Directory, covering all local ski clubs and ski areas, the Council's activities, and PACRAT racing. In the last couple of years, member Emilio Trampuz has contributed many of the photos illustrating the Directory.

Far West Ski Association

Several of our members are active in the Far West Ski Association (Randy Lew, Debbi Kor, Linda McGavin, Mary Olhausen, Linda and Steve Coxen, Emilio Trampuz). Mt. High is organizing the Pub Crawl for Convention 2014. A delegation from our club attends every FWSA Convention.



Mt. High Ski Fair booth promoting 2014 FWSA Convention



Linda McGavin at the FWSA Convention

Luggage tags distributed at FWSA 2008 Convention in Bellevue.



Mt. High members are major supporters of community and charitable fundraisers, both ski-related (Oregon Cancer Ski Out, Hope on the Slopes, Ski to Defeat ALS), and non-ski related events supporting various cancer associations, the American Lung Association, and the Leukemia and Lymphoma Society.

Original article appeared in August 2013 Liftlines

The first road built for cars to and around Mt. Hood was built in the early 1920s and completed by **1924**. In **1937**, president F. D. Roosevelt used this old road when he came to inaugurate Timberline Lodge.

This old road has both **historic** and **recreational** value, even though it has been neglected for the past 60 years. A portion of the old highway just west of Government Camp has been torn up by the Forest Service in the summer of **2012**. Only about 100 yards has been torn up.

UPDATE: Emilio Trampuz has recently met with two Forest Service representatives at the Zig Zag Ranger District. They both seemed very friendly and helpful and showed a willingness to improve the area for recreation.

If you write to them, don't focus on criticism of the up-turned roadway, though you can mention it. But focus on **positive alternatives**. They want to hear from you.

What would you like to see happen? What form of recreation are you seeking (hiking, biking, jogging, horse-riding)? Would you like to see the upturned asphalt cleared away? Would you like to see an interpretive trail with signs, especially since the old Barlow road follows the exact same route as the old paved highway west of Government Camp?



Pictures of destroyed roadway. This section was heavily used by hikers and mountain bikers. It's common to return abandoned roads to their natural state.

However due to input from Emilio and others, this section is going to be turned into a trail for recreation. Some work has already begun. In addition it was discovered that the Forest Service has plans in the works for two possible pedestrian bridges across busy US 26. Those bridges would help link this section to others and contribute to the safety of hikers and bikers.

Mountain High can be contacted via our Web page at mtHigh.org. The Club ranks very high in Google and Yahoo searches, making the Club easy to find by searching ski clubs in the Portland, OR area.

The Club is easily located via resources such as the Skier's Directory and our presence at many events. Most of our members join or renew at either the NWSCC Ski Fair or our annual fall Kickoff Party, which is open to all current or potential members.

Our annual membership Kick-Off party in November is our biggest event of the year with close to 200 in attendance.



Partial screen shot from the *Contacts* page of MtHigh.org. Our leaders are readily available via e-mail or the telephone.

An online form can be filled out to get more info about the club along with a few copies of our newsletter to help decide if one wants to join.

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"The club that really skis!"

Mountain High Snowsport Club

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Board Members / Activity Directors / Contacts

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 Newsletter & Web Emilio Trampuz Ph: 1-503-378-0171 Newsletter@mthigh.org	 Racing Director Bruce Kuper H: 503-975-8039 Racing@mthigh.org	 Membership Terry Swan H: 503-729-3435 Membership@mthigh.org	 Trips & Social Activities Debbi Kor H: (503) 314-7078 Trips2@mthigh.org Activities@mthigh.org
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 PACRAT Racing



Club documents are available via the **Forms & Docs** tab on the home page. Included are items such as ByLaws, Dough Transmittal Sheet (for membership dues, trip payments, etc.), and Trip Cancellation Policy.

A copy of this very document is posted on our web site as well.

This section also contains the forms that are mainly used by the club leaders. Such as Trip Planning and cost reimbursement.

Mission Statement and Bylaws



As stated in our Bylaws, the purpose of our club is to promote skiing, snow sports and other recreational and social activities to increase the enjoyment of our members.

This is also reflected in our club's motto: "The club that really skis". The main focus in our club is on skiing, and skiing is also our focus on our trips – where most of the participants spend practically all day and every day on the slopes.

It is also stated that the club is a nonprofit organization and relies upon the volunteered assistance of its members. No compensation is paid to officers, directors, committee members, or trip captains for serving in these (or any other) volunteered offices.

In addition to this, it is also our unstated, but very much present mission to make our club members the most well informed skiers in the Northwest. This mission is accomplished through our newsletter and web site, as well as via emails. If something is of interest to local skiers, it has a place in our newsletter and web site. Thus, we not only promote our own club trips and events, but also any other developments and news that might be of interest to our skiers.

While our Club is first a skiing club, activities are planned throughout the year. Examples are a very popular river rafting trip, summer picnic, and bike rides.

As required by our Bylaws, a yearly audit is performed. At least one person on the audit committee does not have check signing privileges. In addition large checks are vetted via online notification from our bank.

Club events are advertised in Lift Lines, via e-mail and our Web page. In addition flyers are made available at several events (such as Ski Fair) during the season.

Presentation style is maintained throughout all articles and flyers.



It gets wet on our annual Raft trip on the Deschutes River. This is on a very calm section. Things get rough later.

Mountain High does several activities that are both fun and help with off season fitness. The annual Raft trip is very popular. In addition several bike rides are scheduled (one very interesting one is documented on p. 9), along with several hikes.

One very popular hike is to Tunnel Falls, a 6 mile hike each way. While the destination is the tunnel, one passes about a dozen waterfalls along the way. One of those is Punchbowl falls, possibly the most photographed and published falls in Oregon.

Mt. High

Mt. Bachelor Bus trip ==>



Feb. 21 - 23, 2014.
2 nights / 2 days skiing.
Our bus will leave Friday evening around 5:30 pm or so, and will return to Portland Sunday evening.

Lodging at the Bend Riverside Inn & Suites.

Price: Bus, lodging, lift tix: \$250, (\$135 without lift tickets.)
Seniors 65-69 : \$230
Super-seniors 70+ : \$205

Deposit: \$100. Details on our web site. Contact: **Debbi Kor**, 503-314-7078, ijustwannarun1@comcast.net



Does anyone think Bruce Kuper is having fun? Didn't think so.



The tunnel at Tunnel Falls in the Columbia gorge. What isn't seen is the 175' waterfall the tunnel goes under.

Safety is important to the Club. Participation is to the point that we have had two members win Safety Person of the year. Last year's winner was our Past President Gordon Lusk. Emilio provides safety awareness through several videos he has collected. Many are humorous with a serious message. Humor helps to hold interest. These are shown on the bus before we arrive at our skiing destinations

Several social events are held throughout the year. A party is scheduled quarterly. Additionally, specialty parties are held throughout the year. Notable is the Chocolate party (which has its origins over 40 years as a Chocolate Mousse contest), a Seafood Party and a Summer Picnic. All are publicized via newsletter and e-mail. All events are open to guests and many are open to folks who just want to check us out.

Social

Around Valentine's Day our club puts on a **Chocolate Party** (March 8, 2014). Everyone loves chocolate and we have some inspired bakers in the club. Club members really "pull out the stops" when it comes to bringing something chocolaty for this competition. A club member volunteers their house and everyone comes with a chocolate dish to enter in the competition. Each dish is numbered and then club members taste each chocolate concoction and vote on the one they think is the best in 3 different categories. This year the winner for the most chocolaty was "Spoon Candy" which was a family recipe of one of our members. It's a thick chocolate "candy" that never gets hard. We all dipped a spoon in and then licked it off the spoon. The category for most creative or artistic was won with a Hazelnut Fudge Toffee Torte that took 4 days to prepare. This torte was out of this world! We had a close runner-up in this category and an extra prize that was given for Gingerbread Cookies that were drizzled with white and brown chocolate and then topped with berries. The most light or healthy category was won with Chocolate covered Strawberries. A great – and sweet – time was had by all.



Lana wins Most Creative

Barbara and Bill win Most Chocolaty



Discounts and special good deals are publicized in both our newsletter and via e-mail. One important source are the discounts available via the Northwest Ski Club Council and the Far West Ski Association. All are available via links on our Web page.

In addition, special sales events that are of interest to our members are publicized. One in particular is Race Night at a local ski shop that offers large discounts to PACRAT racers on racing equipment.

Recognition

The club recognizes a Man and Woman of the year. NWSCC winners include Linda McGavin, Debbi Kor, and Mary Olhausen. Steve Coxen, Emilio Trampuz and Gary Gunderson have gone on to win FWSA man of the year.

Racing

Mountain High is a huge supporter of PACRAT racing. Thirteen 10 person teams race under the Mt. High name this year. Many of these teams have been in existence for many years, fostering long term camaraderie. In addition several of our club members take an active role serving on the PACRAT board.

Hillcrest Sports Race Night

11th Annual Race Night
Thursday Oct. 3rd
 Junior Racers 5:00-9:00 Masters Racers 6:30-9:00
Factory Reps will be here to answer your questions



VACUUM FIT
Vacuums use the exclusive Parker Vacuum Seal System to the Pacific Crest. Our exclusive system with Parker's custom seal system makes for superior control and performance.

Best prices of the year from all the top companies
and products are in stock and ready to ship to ensure the best possible prices

See you there, and PRAY FOR SNOW!
Have questions? 762-888-4444 Don't forget to check out our Early Season Sale! 822-448-7444
www.hillcrestsports.com

Oct. 3 (Thur) 6:30 pm.
 The annual Hillcrest Race Night will be on Thursday evening, starting around 6:30pm. Best prices of the year from all the top companies! Factory reps will be present to answer your questions.

Location: Hillcrest Sports, 2506 SE Burnside Rd., Gresham, OR 97080.

Junior Racers: 5:00 pm - 9:00 pm.
Masters Racers: 6:30 pm - 9:00 pm.



PACRATers Doug Pilcher, Gary Olsen, Emilio Trampuz, John Yoo

4. Charities and Programs

Annual Scholarship

Each year our club funds a \$1,000 scholarship through FWSA for a promising high school racer. This year the recipient is Cai Yamamoto. Cai has been doing exceptionally well, placing 3rd in the Super G at Panorama Mountain in January, and taking the overall Hampton Cup at Wenatchee in February. We are proud of this deserving young athlete, and wish him well with his future ski racing.

Cai at Hampton Cup



Highway Cleanup

Twice a year our club cleans the litter from a section of Highway 26, which is the highway we all drive to ski on Mt Hood. The club cleans a 2-mile stretch of the highway, just west of Government Camp, from milepost 51 to 53. We did this on June 22, 2013 and October 26, 2013. Both times we had about 14 club members show up to pick up trash and collected about 25 bags of garbage each time. It only takes the volunteers about 2 hours to have this stretch of highway clean of litter and looking good. The club members are rewarded for their hard work with lunch before heading back home.



Other

Mt. High fields teams for Oregon Cancer Ski Out and the past 3 years in Ski to Defeat ALS. In addition several members participate in Hope On the Slopes. The torchlight parade has always been led by a Mt. High member, this year by Colin Brandt.

Several members participate in other skiing related activities. Our President, Kurt Krueger sets up the computer system each year for the Mount Hood Ski Patrol's annual Ski Swap. Emilio Trampuz was instrumental in getting Hope On The Slopes cancer charity established at Ski Bowl.

History bike ride Barlow Pass to Rhododendron

This ride has been done for three years. Each year Emilio Trampuz adds to his research on the rich history of the Westward movement and the role played by the Oregon Trail. One of the most difficult portions occurred in the last several miles of the journey, where the wagons had to negotiate the passes over Mt. Hood. A lot of the original trail is gone now, but a succession of roads were built following the Trail or close to it. This ride follows current and abandoned roads and Emilio provides the history behind the route. The following information was originally printed in the August issue of Lift Lines

July 13, 2013 (Saturday) - 20 people participated. ***Rest of text follows photos***



Three periods in Oregon's history intertwine through the three main roads around the south end of Mount Hood:

1. **Barlow Road**, which was the last part of the Oregon trail and was always more of a rough trail than a real road. (1845 - 1924). This was the original wagon trail used by early Oregon pioneers.
2. **Mt. Hood Loop Highway** - a serpentine road that is now mostly abandoned or destroyed, but a few segments remain, such as the 2.5 miles of paved road between Barlow Pass and the Pioneer Woman's Grave, and also the 3 miles that is now known as Kiwanis' Camp Road. This highway was in use from 1924 - 1958. This was the road used by President Roosevelt when he came to inaugurate Timberline Lodge in 1937. In fact, it was the road used to transport all the building materials for Timberline Lodge.
3. **Modern day Highways 26 and 35** replaced the old Mt. Hood Loop highway in the late 1950s. Since then, it has developed its own history and lore, with places like the famous Map Turn and the Silent Rock. The legends and the local lore of these places were explained on this tour.

On this guided bicycle tour, we rode on all 3 of these highways, stopping at historic places, such as Barlow Pass, the Pioneer Woman's Grave, Summit Meadow and the Pioneer Cemetery there, Government Camp and the Mt. Hood Museum, the old highway west of Government Camp, Laurel Hill and the third of 5 steep chutes used by the original Oregon settlers, Pioneer Bridle Trail, Kiwanis Camp Road, and the tollgate replica near Rhododendron -- which was the fifth and last location of the toll gate during the 70 years that a toll was being collected on the Barlow Road.

We re-lived a bit of Oregon's early history and everyone learned something new about the roads and trails that weave their way among our favorite ski areas on Mt. Hood. We ended the tour with a great lunch at the Still Creek Inn in the small town of Rhododendron.

Eleven short videos of various parts of this tour have been posted on YouTube and on our club's web site, on the history page at: <http://www.mthigh.org/History.htm>

John and Jewel

LiftLines has been following John and Jewel Andrew as they fulfill their retirement goal of skiing all the areas in North America.

It all began with a chance meeting between John and Kurt at Beaver Creek a few years ago. Our newsletter editor (Emilio) contacted John and over the past ski season has written a series of articles chronicling John and Jewel's quest.

John and Jewel have since joined Mt. High and will join us on a trip while they check Mission Ridge and Stevens Pass off their list. 519 skied, only 165 to go. To read about John and Jewel: mthigh.org/Newsletter.htm starting with issue 154.



John & Jewel at Sky Valley Georgia