



Canada Ski Safari

Columbia River Valley

Kootenay Rockies & Columbia River



updated 12/06/2010

The Plan, and the Participants

After doing the classic 5-day safari to Canada for 4 years in a row, let's try something new:

Instead of driving up I-5 and returning down Hwy 97, let's go up Hwy 97, visiting **Silver Star** and **Big White**, and then move further east and come back down Hwy 95, visiting **Kicking Horse**, **Panorama**, **Kimberley**, **Fernie**, and **Schweitzer Mt.**

Totally informal road trip. No deposits and no reservations required. But, we need to coordinate the carpooling. Also, all the cars could drive together, in a caravan, and use 2-way radios to communicate.

Of course, feel free to drive up there on your own and just meet us on the slopes!

The planned trip had to be **modified** because Revelstoke is still under construction and will not open until Dec. 22, and Kicking Horse opening day is Dec. 14. So we had to stretch out the first few days, and then really compress the last few days. But, rest assured, we'll do it again next year, so we can ski Revelstoke and not have to skip Panorama or Schweitzer.

Wanna join the fun? Contact **Emilio** at 1-503-378-0171 or email: Emilio2000@earthlink.net.

Itinerary

Bring your passport & driver's license.

December 8 -16. It's a week, with both weekends on each end included. We'll follow Hwy.97 up, and Hwy. 95 down. See map.

Note: Each ski area has different opening and closing hours. See details.

Day 0: Dec. 12 (Fri) Leave Portland in the early afternoon Drive 5 hrs. to Wenatchee, WA. or to 9 hrs to Penticton, BC.

Day 1: Dec. 13 (Sat) Ski **Mission Ridge**, **Loup Loup**, or **Apex**; then drive to Kelowna or Big White.

Day 2: Dec.14 (Sun) Ski **Big White**. Drive 2 hrs to Silver Star.

Day 3: Dec.15 (Mon) Ski **Silver Star** Drive 2.5 hours to Revelstoke.

Day 4: Dec.16 (Tue) Ski **Revelstoke**. Drive 2 hrs to Golden.

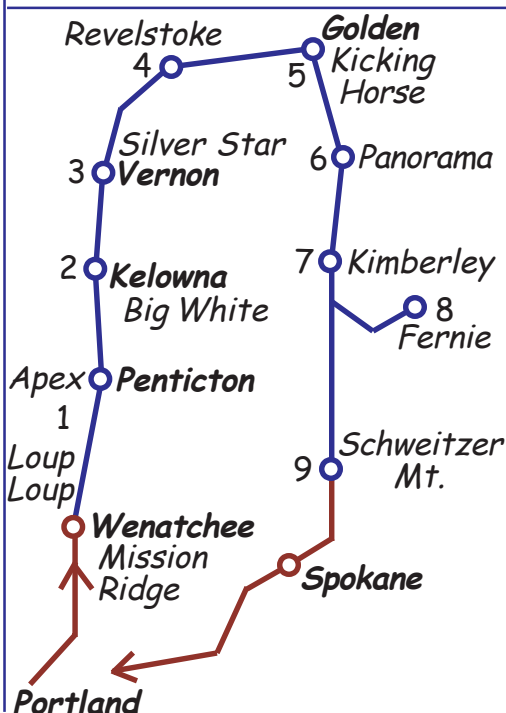
Day 5: Dec.17 (Wed) Ski **Kicking Horse**. Drive 1.5 h to hot springs

Day 6: Dec.18 (Thu) Ski **Fernie**. Drive 1.5 hrs. to Kimberley.

Day 7: Dec.19 (Fri.) Ski **Kimberley**. Drive 10.5 hrs. to Portland.

Day 8: Dec.20 (Sat) Ski **Siver Mt. or Bluewood**. Drive home.

The front and back end are flexible. You can leave earlier or later and catch up with us at Silver Star. At the end, the 9th day is totally optional, but would make the long drive home more fun. Just make sure that people with whom you carpool think likewise.



Money Matters

Use a **credit card** for most purchases. That way you get the best rate of exchange.

Use a **debit card** at ATMs to get Canadian cash directly from your checking account.

Carry some **cash** in small denominations, for small purchases (coffee, etc.)

Get some **Canadian cash** soon after crossing the border. It makes small purchases like lunch on the mountain much easier.

US \$1.00 = CAD \$1.01

CAD \$1.00 = US \$0.99

MOUNTAIN HIGH SNOWSPORT CLUB

Keeping us all together!

Everyone is free to travel whenever and however they want, and stay wherever they want, and ski wherever an however you like. This info is just for orientation.

Still, everyone is encouraged to **connect** with everyone else as much as possible. There's safety in numbers. If we drive separately, let's try to reconnect at the ski areas. If we stay at different places, let's try to connect for **breakfast**, or **lunch** on the mountain, or **dinner**.

During travel times, if we are far apart, use your cell phone to communicate with the others. Emilio's number is **1-503-510-1477**. If our cars are less than 2 miles apart, use the radio.

On the slopes, tune your **2-way radio** (if you have one) to **Channel: 6-19**.

Lodging

People who carpool together usually end up sharing the same type of lodging. So, make sure your car-mates agree with you where to stay.

Almost all ski areas in British Columbia offer the following 3 choices for lodging:

1. Hotels and condos in the on-mountain village, with ski-in ski out access. This is the most expensive option, but it is surprisingly affordable if shared between 2, or 3, or 4 people.

2. Motels and hotels in a nearby town. There is always a town within less than an hour from the ski area. This is a less expensive option. Especially good at places like Kicking Horse, where the on-mountain village is still small, but the town of Golden is only 15 minutes away.

3. Hostels. There's a hostel at many of the on-mountain villages, as well as in nearby towns. Only \$20 - \$30 per person, but bring your own bedding or sleeping bag.

Try a mix of lodgings. Treat yourself to a nice place at least once or twice.

DON'T FORGET THE MAIN THINGS:

1. **Passport** This is required now. You cannot cross the border without a passport. NOTE: If you have a DUI on your record, it is most likely they will not allow you to enter into Canada!
2. **Driver's License** - Not just for driving, but also if you used it as your primary ID when registering for the Warren Miller coupons. You will need to present this same ID when exchanging your coupon for a lift ticket.
3. **Warren Milller coupons for lift tickets**. Print two sets of copies, and keep them in separate places, just in case you lose one. If anyone doesn't have them, contact Emilio, who might have one for you.
4. **Skis / boards, boots and poles**
5. **Clothing** (jacket, pants, hat, goggles, gloves)
6. **Swim suit** (You might not want to sit in the hot tub nude!!!)
7. **Sleeping bag** - might come in handy if we stay at a hostel, or if we just share a hotel room with more people than beds.
6. **A credit card** (preferrable **Visa** or **MasterCard**. Very few places in Canada take the Discover card.)
7. **A debit card**. Your bank-card (linked to your checking account) is the easiest way to get some Canadian cash, by simply using it in an ATM. You will be charged an ATM fee (probably abt. \$2).
8. **Some cash** for small things, like lunch on the mountain, a drink, etc.
9. **Jot down any relevant information:**
 - Reservation numbers
 - Other people's cell phone numbers. Mine is: 1-503-510-1477.
 - Print out and bring these trip instructions (the whole PDF file).
10. Set your **2-way radio** (walkie-talkie) to **Channel 6-19**.

Have fun skiing Canada!

Emilio: 1-503-378-0171, newsletter@mthigh.org

MOUNTAIN HIGH SNOWSPORT CLUB**Day 0 (evening): Drive half way up and ski; or start the next morning & drive all day**

1. DEPARTURE: As much as we try to bring people together and drive out as a group, a caravan, in practice, people always seem to end up leaving Portland at different times. Maybe it is simpler that way, as it gets complicated trying to coordinate a large group of people.

The drivers can pick up their carpoolers at their homes, or we could all meet some place where people could leave their car parked for a week.

Feel free to drive up on your own, at your own pace. If you are at all unsure about the road and directions, please hook up with Emilio, who knows the road well.

2. DRIVING OPTIONS: You have two options:

a) **Drive all day.** You don't even need to start on Day 0. You can get a good night's sleep, and leave Portland on the morning of Day 1. Drive for about 11 hours to Kelowna. Or another hour to Big White, and you can meet with us there that night, ready to ski the next day.

PROs: The advantage of this method is that you travel mostly during the daytime, so you get to see more of the scenery.

CONs: You waste a whole day just driving. No skiing!

b) **Drive half a day and ski.** Split the long drive into two half-days. Leave Portland in the afternoon of Day 0 and drive only about half way (like to Wenatchee). If you start the trip too late in the evening, consider stopping for the night at Ellensburg (WA), an hour before Wenatchee. Or, if you plan to get closer to Canada that first day, start the trip earlier in the day on Day 0 and drive up to Okanogan or Omak (WA), or even up to Penticton (BC).

PROs: Less driving at one time. Plus, you get to ski on Day 1! Then complete the second half of the drive, up to Kelowna (or Big White), at the end of the day.

CONs: Most of the driving is done in the dark (on two consecutive evenings), so you see less of the scenery.

3. SKIING OPTIONS FOR DAY 1:

You can spend Saturday skiing somewhere. It depends on personal preference, and how early you can get started on Friday. It also depends on snow conditions. Here are some possibilities:

a) **Mission Ridge.** Just 12 miles from Wenatchee. Perfect place, exactly half way to Kelowna. Great skiing. But, unfortunately, this ski area doesn't usually open this early in the season.

b) **Stevens Pass.** Between Everett and Wenatchee. It is usually open, even if Mission Ridge isn't. But, you are about 1.5 hours before Wenatchee, meaning that much longer to drive on Saturday.

c) **Loup Loup.** This is a small ski area, a few miles east of Omak, WA. Only one fixed quad chairlift covering 1,240 vertical feet. Since you are in the neighborhood, might as well take a look! But, it would have to be an exceptionally good season for the ski area to open early. If Mission Ridge is close, chances are Loup Loup will be closed too.

d) **Apex.** This is in Canada, about 45 minutes drive into the mountains east of Penticton. There is tons of advanced skiing here. They tend to open reasonably early in the season, but some of the trails might still be closed. We'll have a voucher for a free day of skiing here. The only downside is that it is so far north that we would have to get going quite early on Friday to get as far north as Penticton (BC) before bed time.

e) **Grouse Mountain (BC).** This is near Vancouver, BC. This would require following a different route, up I-5 on Friday, and then Hwy. 97C from Merritt to Kelowna on Saturday night.

Either way, we should all be at our first Canadian destination by the end of Day 1.

MOUNTAIN HIGH SNOWSPORT CLUB

Optional: Day 1 (Saturday): Mission Ridge (WA)

LOCATION: Just 12 miles west of the town of Wenatchee, WA. Approx. 4 hours from Apex. This is a convenient stop about half way from Canada to Portland.

LODGING: Lots of motels in Wenatchee. Here are just some.

1. **Cedars Inn**, 80 Ninth Street N.E. East Wenatchee, Washington 98802. Indoor and outdoor hot tubs. Complimentary continental breakfast. 800-359-2047, or (509) 886-8000. www.cedarshotels.com. Rooms from US \$57.

2. **Best Western - Chieftain Inn**. 1017 N Wenatchee Avenue, Wenatchee, Washington, 98801. Heated pool and hot tub. Free continental breakfast. Phone: (877) 203-8585 or (509) 665-8585. www.bestwestern.com. Rooms start at \$132.

MISSION RIDGE:

Vertical: 2200'
Base elevation: 4,570'
Lifts: 4 lifts,
(1 quad, 3 double)
Lift tickets: \$42
Lifts open: 9:00 am - 4:00 pm.

SNOW REPORT : 1-509-663-3200.

TERRAIN: Interesting and imposing **Bomber cliffs** offer several skiable paths. Remains of a **World War II bomber plane** that crashed on the mountain are on display, next to an intermediate trail. Lots of ungroomed powder lines from the ridges on both sides of the main chairlift (a high-speed quad).



Skiing through an opening in the Bomber ridge



Bomber ridge

MOUNTAIN HIGH SNOWSPORT CLUB**Optional: Day 1: Loup Loup (WA)**

LOCATION: From Hwy 97 North, turn west on Hwy 153 at Pateros, go up to Twisp, and then turn east on Hwy 20. It's just 12 miles from Twisp.

Alternatively, drive up a little further north on Hwy 97, and then turn west on Hwy 20 at Okanogan. The ski area is 18 miles west of Okanogan. (or 25 miles from Omak).

LODGING: Lots of motels in Wenatchee. Here are just some.

1. **Ponderosa Motor Lodge**, 1034 S 2nd Ave., Okanogan, WA 98840. Phone: 509-422-0400. Reservations: 800-732-6702. www.ponderosamotorlodge.com. Located On Hwy. 20, 1/2 mile south of downtown Okanogan. 1/2 mile west of Hwy 97. Rooms from US \$50 - \$57.

2. **Omak Inn**, 912 Koala Dr., Omak, WA 98841, www.omakinnwa.com, Phone: 509-826-3822 or 800-204-4800. Indoor pool, hot tub, and free continental breakfast. Rooms from US \$70 - \$85.

LOUP LOUP:

Vertical: 1,240'
Base elevation: 4,040'
Lifts: 1 fixed quad and 1 platter (Poma) lift.
Lift tickets: \$38
Lifts open: 9:30 am - 4:00 pm.
Open Friday - Sunday.

SNOW REPORT : 1-509-557-3405.

TERRAIN: Total of 10 runs that are longer and steeper than you might expect. The snow tends to be dry and fluffy. See web site at: www.skitheloup.com/index.shtml.



At the base, looking up.



View from near the top of Loup Loup

MOUNTAIN HIGH SNOWSPORT CLUB

Optional: Day 1 (Saturday): Apex



LOCATION: About 21 miles west of the town of Penticton. Approx. 2.5 hours from Big White.

LODGING: Central Reservations 1-800-663-2772. or (250) 765-8888. Recommended places :



1. **Apex Mountain Inn**, the obvious choice for convenience and comfort, the closest one to the slopes, and the one with own restaurant and hot tub! Rooms: CAD \$125. Phone: 1-800-387-2739 or (250) 292-8126 .

www.apexmountaininn.com.

2. **Double Diamond Hostel**, inexpensive, right next to the ticket office and the slopes. Phone toll free: 1-866-273-9737, or see: <http://www.doublediamondhostel.com/>.

3. **Sandman Inn - Penticton**. 939 Burnaby Ave. W, Penticton BC V2A 1J7, Tel: (250) 493-7151. Nice place with indoor pool & hot tub, Denny's 24 hour restaurant, and reasonable rates.



APEX: 1112 acres of skiable terrain
Vertical: 2000' (Base elevation is at 5,200').
Lifts: 4 lifts, (1 detachable quads, 1 triple, 1 T-bar, 1 platter)
Lifts open: 9:00 am - 3:30 pm.
SNOW REPORT : 1-250-487-4848.

TERRAIN: An enormous amount of advanced terrain is served by the one high speed quad. For intermediate skiers, there's a whole separate part of the mountain, served by the triple chair.

Drive times: Driving straight from Portland to Apex is 10 hours plus breaks. From **Wenatchee** (Mission Ridge), it's 4.0 (4.5) hours to Apex. If you ski at **Loup Loup**, near **Omak**, WA, the drive to Apex is 3.0 (2.5). hours See map on last page. The drive time from Apex to Penticton (the nearest town) is about 45 minutes. Apex to Big White: is 2.5 hours.

MOUNTAIN HIGH SNOWSPORT CLUB**Day 2 : Big White**

LOCATION: About 35 miles (1 hour) south-east of Kelowna. Approx. 2 hours from Silver Star.

LODGING: Central Reservations 1-800-663-2772 or (250) 765-8888. Website: www.bigwhite.com.



They handle reservations for all of the following recommended places :

1. **Inn at Big White**, "A" on map, has a good outdoor heated pool and hot tub, Phone: 1-800-663-2772, local: (250) 765-8888. Price per room: CAD:\$189.
2. **White Crystal Inn**, "B" on map, has very spacious rooms, excellent access to the village and the slopes, but a small hot tub, too close to restaurant. \$199.
3. **Blackbear II condos**. Just below Inn at Big White. Cheaper than hotels.
4. **Whitefoot lodge** has "no frills" rooms for \$57 a night. Code "NF".

5. There is a **hostel** at Big White, but not very nice. You will enjoy the one in Kelowna better. **SameSun hostel**, 245 Harvey Ave., Kelowna, 1-250-763-9814.

If you stay in **Kelowna**, drive to the parking lot in Happy Valley. After you spot the first lifts, turn right, park the car, and then take the gondola up to the center of the village.

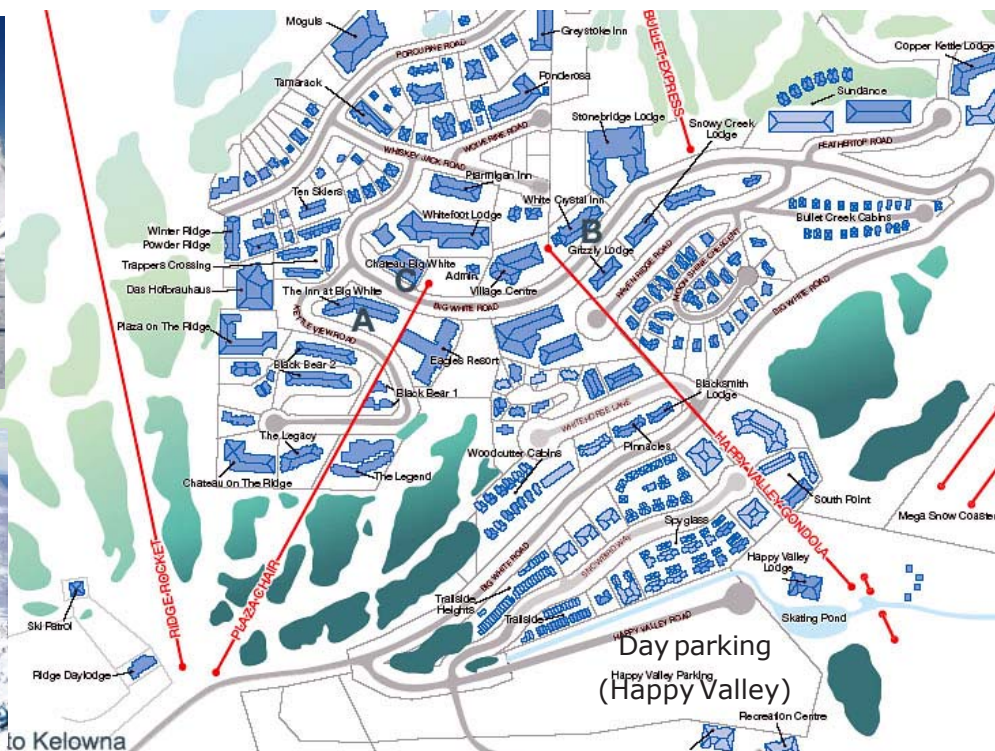
BREAKFAST: Breakfast is served at the bottom of the Snow Ghost and Ridge Rocket lifts, or ski through the village, and stop for breakfast at the central day lodge. Tickets can be purchased at both locations, either at the top of the gondola, or at the bottom of the Ridge Rocket Express lift.



Top of Black Forest lift.



NEW LIFT

**BIG WHITE:**

7355 acres of skiable terrain (but only 2,765 acres patrolled)
 Vertical: 2550' (Village center is at 5,760' elevation.)
 Lifts: 15 lifts, (a gondola, 4 detachable quads, 1 fixed quad, 1 triple, 3 doubles...)
 Lifts open: 8:45 am - 3:30 pm.
 Apres ski: 17 restaurants & cafes, 8 bars and lounges, 4 hotels, 25 condo complexes.
SNOW REPORT : 1-250-765-SNOW (7669) .

TERRAIN: In bad weather or poor visibility, seek shelter in the **Black Forest**, on the far right (when looking up at the mountain). The longest runs are served by the **Gem Lake** lift, on the far left of the ski area. Some of the steepest terrain is under the **Falcon** chair, and the new **Cliff lift** (serving the back bowl). You can also ski right through the center of the village.

MOUNTAIN HIGH SNOWSPORT CLUB

Silver Star



LOCATION: From Hwy 97, at Vernon, take 48th Ave north-east, and follow it for just 12 miles.



BW Vernon Inn

LODGING IN VERNON: Many motels in town, only 30 minutes from the ski area.

1. **Best Western Inn Vernon**, 3914 32nd Street, Vernon, BC. Phone: 800-663-4422 or 250-545-3385. On main road through Vernon, heading south. Has covered indoor courtyard with a simulated jungle, a swimming pool and hot tub, and an Italian restaurant, and a bar and grill. Rooms: Canadian \$110.

LODGING AT THE SKI AREA: Central Reservations 1-800-663-4431



Bulldog Lodge

At the last fork before the parking lot, go left, then right on Silver Lode Lane.

1. **Vance Creek hotel** (#3 on map) or **Chilcoot Lodge** (#4). Just steps from the slopes. A rooftop hot tub. www.silverstarclubresort.com. Phone: 1-800-610-0805, local: (250) 549-5191. Rooms: Canadian \$129 in early December.

2. **Bulldog**, #13 on map, closest to the parking lot, and in the heart of the village. Cafe, hot tub, free Wi-Fi. Phone: 1-800-663-4431, local: (250) 558-6083. Website: www.skisilverstar.com. They only have 20 rooms, and they fill up fast.

3. Lots of **condos** (#18, 19). From \$106 for 4 people. Call Central Reservations.

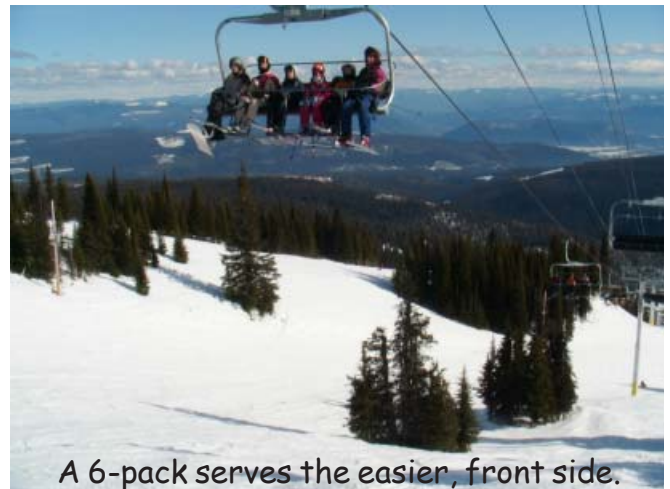
4. **SameSun hostel**. #6 on map on Pinnacles Rd.. Toll free: 1-877-562-2783, local: (250) 545-8933, www.samesun.com/destinations/silverstar/. Hot-tub. Bunk beds \$20.



BREAKFAST: Cheapest breakfast is at the day lodge, #1 on the map, last building on your right, as you head toward the slopes at the far end of the village. Quick cafeteria on the ground level, but also a nicer place downstairs.

SILVER STAR: 3,065 acres of skiable terrain
 Vertical: 2500' (Village elevation is 5,280')
 Lifts: 9 lifts, including one 6-pack, 2 detachable quads, 21 fixed quads, 1 double, 1 T-bar.
 Hours: 8:30 am - 3:30 pm
 SNOW REPORT : (250) 542-1745.

TERRAIN: Long cruising terrain on the front side. More challenging back side. Don't miss *El Dorado*, a very long blue trail from the top of the front side to the bottom of the back side. You can only do it once, because the back chairlift doesn't take you back high enough to do it again.



A 6-pack serves the easier, front side.

MOUNTAIN HIGH SNOWSPORT CLUB**Sun Peaks**

LOCATION: 12 miles north of Kamloops (along Hwy. 5), turn right on Sun Peaks Rd. for 20 miles.

LODGING: Drive up Sun Peaks Rd. Day parking is P2 and P3. The underground garage P4 belongs to the Delta Resort. Central reservations phone: 1-800-807-3257.

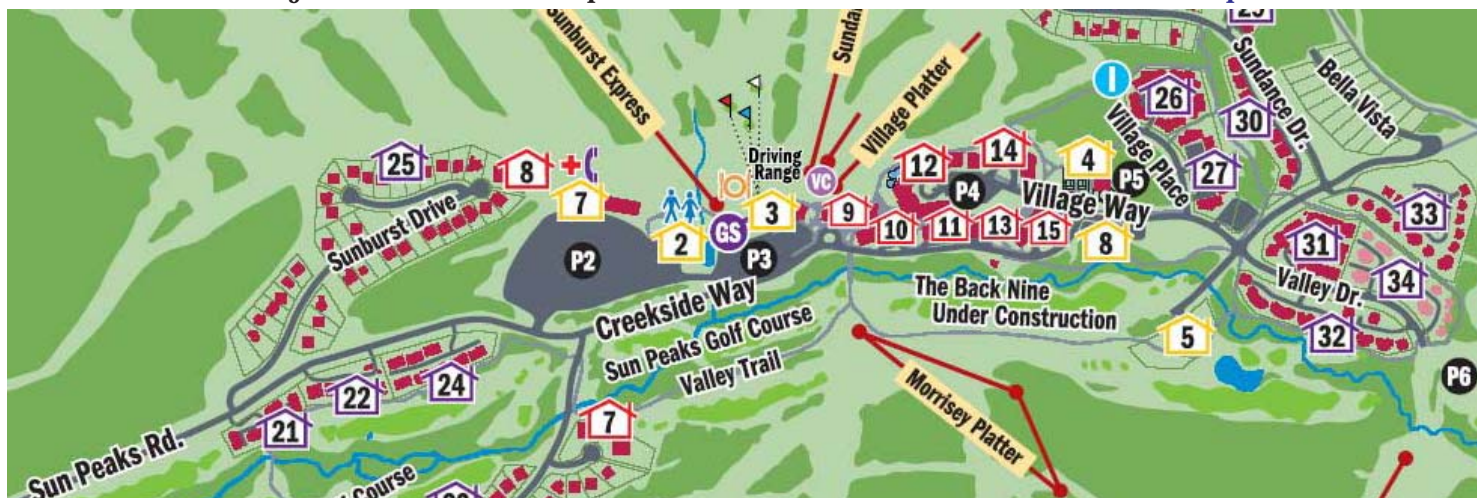
1. **"Sun Peaks" lodge** (#11 on map). Least expensive. Ph: 250-578-7878, Toll Free: 800-333-9112, www.sunpeakslodge.com. Rooms (early Dec.): CAD \$99

2. **"Delta Sun Peaks Resort"**, (#12 on the map), easiest access from the garage, and also closest to the lifts. The garage has a door straight into this hotel. Rooms (early Dec.) CAD \$135 to \$155. Ph: 250-578-6000, Toll Free: 866-552-5516, www.deltahotels.com/hotels/hotels.php?hotelId=38.

3. **Nancy Green's Cahility Lodge** (#14 on the map), run by Olympic medalist Nancy green. This lodge has a great place for breakfast! Halway decorated with photos of Olympic skiers. Phone: 250-578-7454, Toll Free: 800-244-8424, www.cahilitylodge.com. Rooms: CAD \$139 - \$339.

4. **Heffley Boutique Inn** (#13 on map), a short walk from the slopes. Phone: 250-578-8343, Toll free: 866-812-8333, www.heffleyinn.com. Rooms (before Dec. 20): CAD \$129.

5. **Sun Peaks International Hostel**. Bunk beds. Only CAD \$20. Located opposite the bottom of the Burfield chair, just outside the map, to the left. Ph: 250-578-0057, www.sunpeakshostel.com



BREAKFAST/TIX: Wherever you stay, let's meet for breakfast at **"Macker's"** in Nancy Green's Cahility Lodge, about 7:00 am. Lifts open at 8:30 am. For tickets, go to **"Guest Services"** (GS #3) on the ticket building's left corner (looking upward the mountain).

SUN PEAKS: The second largest ski area in B.C.
 Acres: 3678 acres of skiable terrain, on 3 mountains.
 Vertical: 2891' (greatest vertical in B.C.'s interior)
 Lifts: 11 lifts, including 4 quads.

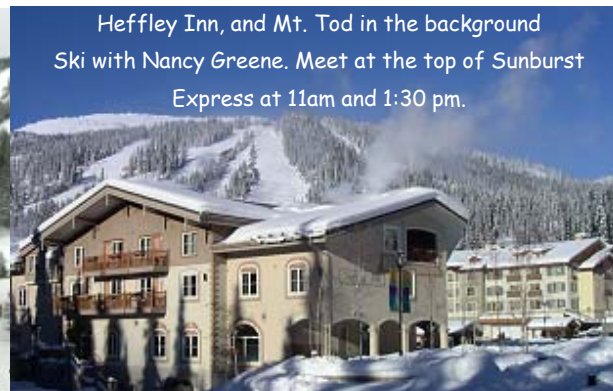
Lifts open:
 8:30 am - 3:30 pm.
SNOW REPORT:
 250-578-7232.



*Delta Sun Peaks Resort and village clock tower.
 The village has a "European" feel.*



11/26/04



*Heffley Inn, and Mt. Tod in the background
 Ski with Nancy Greene. Meet at the top of Sunburst
 Express at 11am and 1:30 pm.*

MOUNTAIN HIGH SNOWSPORT CLUB

Revelstoke Mountain Resort (B.C.)



This is a new resort, opened in 2007/2008, with 2 high-speed quads covering 4,700' vertical. For 2008/09, the resort added one more lift and more vertical, for a total of 5,620 feet, the greatest vertical in North America.

LOCATION: Just 3.5 miles south-east of Revelstoke (on Canada's Hwy 1). From Vernon, follow Hwy 97A north to Sicamous, then turn right (east) on Hwy 1. See web site: www.revelstokemountainresort.com or www.discoverrevelstoke.com.

LODGING: Nelsen Lodge, at the resort base. All king size beds. E-mail: reservations@thenelsenlodge.com, or call through the Sandman: 1-800-726-3626,

For hotel/motel-style accommodations in town, only 4 miles away, check out the following:

1. **Sandman Inn**. 1901 Laforme Blvd , Revelstoke BC, Phone: 1-250-837-5271. Toll free: 1-800-726-3626. Ski & stay packages. Next to Denny's restaurant. Indoor hot tub & swimming pool. Starting at \$109 per person (value season). Web: www.sandman.ca/en/hotel/bc/revelstoke.

2. **Monashee Lodge**, 1601 Third Street West, Box 3059 Revelstoke BC, Canada V0E 2S0. Phone: 1(250) 837-6778, or : 1(800) 668-3139. Email: info@monasheelodge.com. Price: \$79 for one person. Add \$10 for each additional person. Family rooms with 3 beds are available. Continental breakfast included.

REVELSTOKE MOUNTAIN RESORT:

It was named after the town, but the mountain is actually Mt. Mackenzie.

Vertical:	5,620'
Skiable terrain:	1,500 acres
Base elevation:	1,680'
Lifts:	4 lifts,
Glades:	13 areas,
Longest run:	9.5 miles
Lift tick. (early):	\$59 (Canadian)
Lift tick. (regular):	\$74 (Canadian)
Lifts open:	9 am - 3 pm.

SNOW REPORT : 1-800-???

Phone: 1-866-373-4754



Revelstoke



Revelstoke Mt. Resort: view of Mt. Mackenzie

MOUNTAIN HIGH SNOWSPORT CLUB**Kicking Horse**

LOCATION: Just 15-20 minutes up the hill from the town of Golden, 1.5 hours east of Revelstoke, or 1 hr. west of Lake Louise.

LODGING: Golden is quite near the ski area, and has more dining and lodging options. The mountain village is still relatively small, with lots of condos, and only one hotel (Glacier Lodge).

1. **Glacier Lodge.** At the base of the gondola. Great views. Hot tub, sauna, fitness room, steam room. Parking garage. Ski-in/ski-out. Rooms: \$155-\$210. Phone: 1-866-754-5425.

2. **Ponderosa Motor Inn**, 1206 Trans Canada Hwy. 1, At the entrance to Golden, next to A&W. Hot tub, restaurant, some large rooms with 3-4 beds. Rooms: \$60-\$92. Phone: 1-250-344-2205. 1-800-881-4233. www.ponderosamotorinn.bc.ca

3. **Sportsman Lodge**, 1200 - 12th Street N, Golden, off Trans Canada Hwy. 1, behind Smitty's. Hot tub, indoor pool with water-slide, next to restaurants. Continental breakfast. \$74 - \$108. 1-250-344-2915. www.sportsmanlodge.ca.

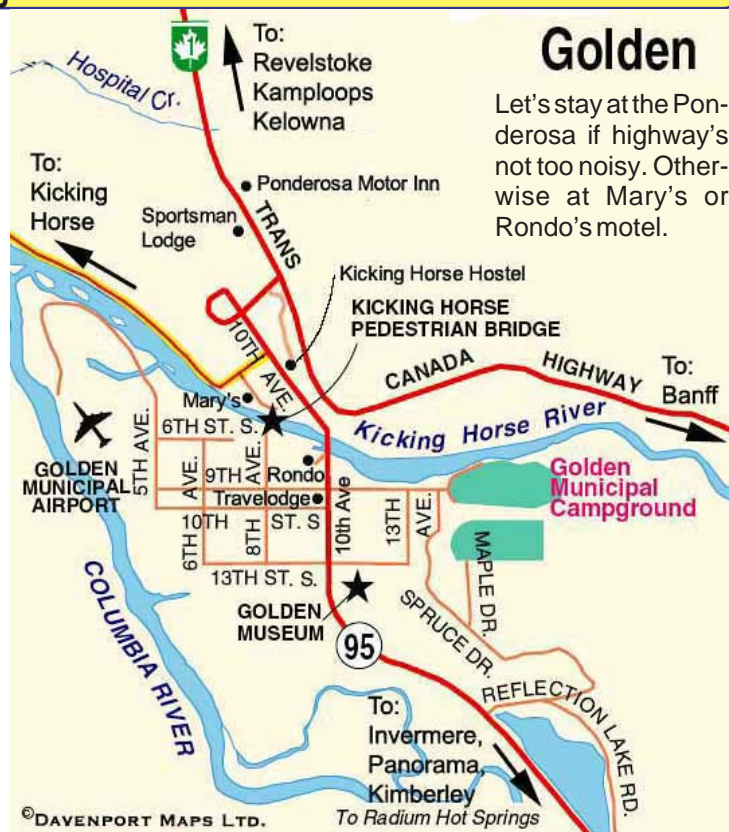
4. **Travelodge Golden**, 915 10th Ave S., downtown Golden, near bridge, near restaurants. Rooms: \$78 - \$159. Phone: 1-250-344-2291, Toll-free 1-800-578-7878. www.Travelodge.ca.

5. **Rondo Motel**, 824 Park Dr, downtown, near bridge, restaurants, quiet. \$60-\$80. 250-344-5295.

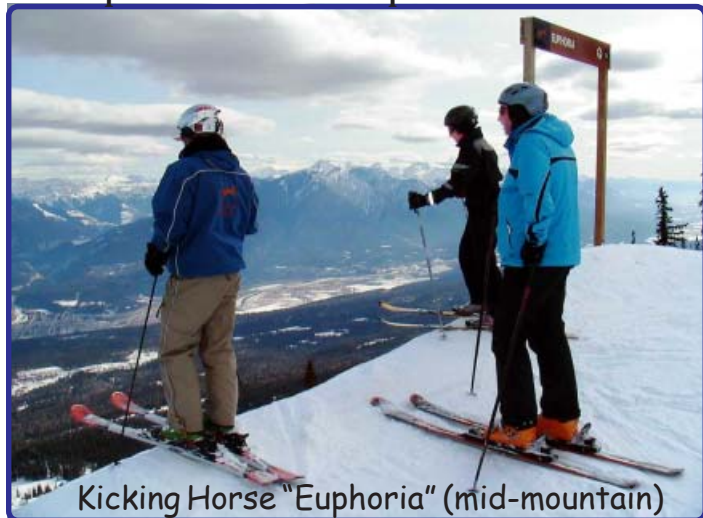
6. **Mary's Motel**, 603 8th Ave. N., downtown, nr. bridge, 2 hot tubs, \$69-\$104. 250-344-7111.

7. **Kicking Horse Hostel**, 518 Station Avenue, Golden (on dead-end road between the freeway and railway tracks. Turn left onto Station Ave. almost immediately after getting off the main Hwy (at the Golden exit. Only 12 beds total. Price per bed: \$29 (includes towels and sheets). Phone: 1-250-344-5071. Web: www.kickinghorsehostel.com/KickingHorseHostel/Home.html

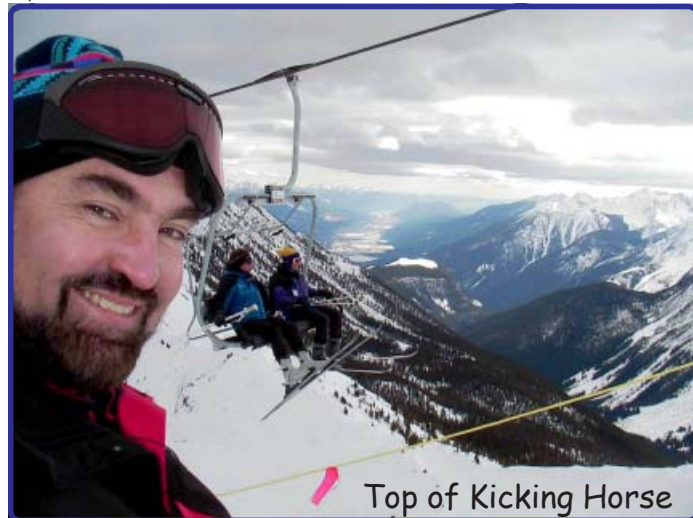
KICKING HORSE: Vertical: 4,133' Skiable terrain: 2,750 acres. Base elevation: 3,900'
Lifts: 1 gondola, 2 fixed quads, 1 double SNOW PHONE: 1-509-935-6649
Lifts open: 9 am - 3:30 pm. Lift tickets: \$58 - \$64. Phone: 1-866-376-4949

**Golden**

Let's stay at the Ponderosa if highway's not too noisy. Otherwise at Mary's or Rondo's motel.



Kicking Horse "Euphoria" (mid-mountain)



Top of Kicking Horse

MOUNTAIN HIGH SNOWSPORT CLUB

Hot Springs

LOCATION: Near the town of Invermere, just an hour south of Golden, we could stop for a dip in some hot springs. In fact, we could even spend the night somewhere in the vicinity, and then complete the rest of the drive to the next ski area early the next morning (when we can see more of the scenery).

LODGING:

Staying the night at the Hot Springs resorts may be expensive, but there are numerous hotels and motels around Radium, Invermere, and Windermere.

RADIUM HOT SPRINGS:

Canada's largest mineral hot springs pool in a spectacular mountain setting, with a sheer rock wall that rises above the 103°F pool. There is also a cooler 83°F swimming pool.

Open daily: Noon - 10:00 pm.

Public pools admission: \$6.40. Group rate for 10 or more: \$4.45.

Phone: 1-800-767-1611. Web: www.hot springs.ca.

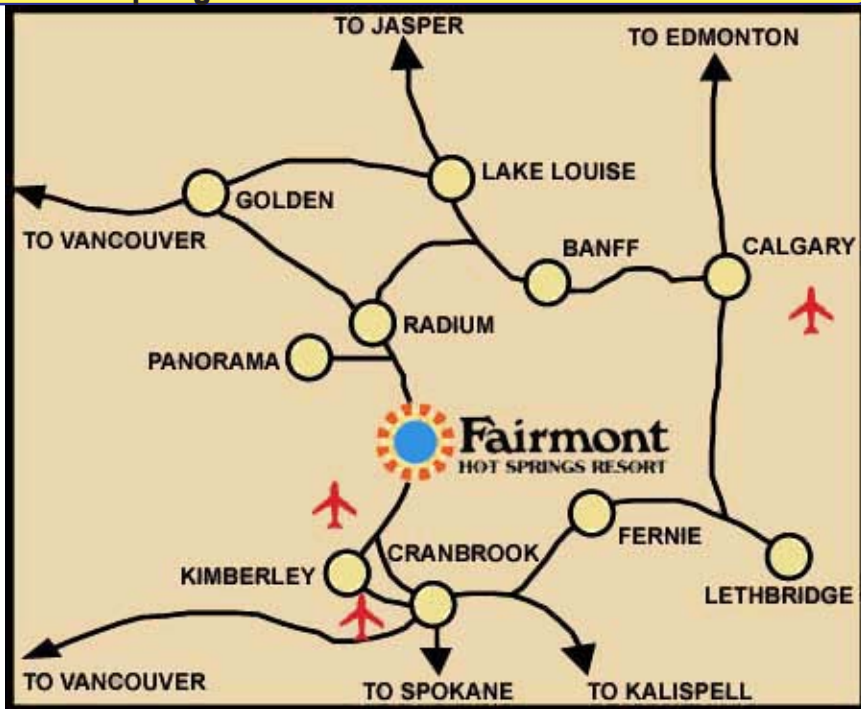
FAIRMONT HOT SPRINGS:

Renowned for their therapeutic qualities, Fairmont's pools are almost certainly the cleanest in North America. At night the pools are drained, scrubbed, and refilled by morning with fresh, mineral-rich natural hot springs water. Also, over 1.5 million gallons of mineral-rich hot spring waters flow through the pools daily.

Open daily: 8:00 am - 10:00 pm.

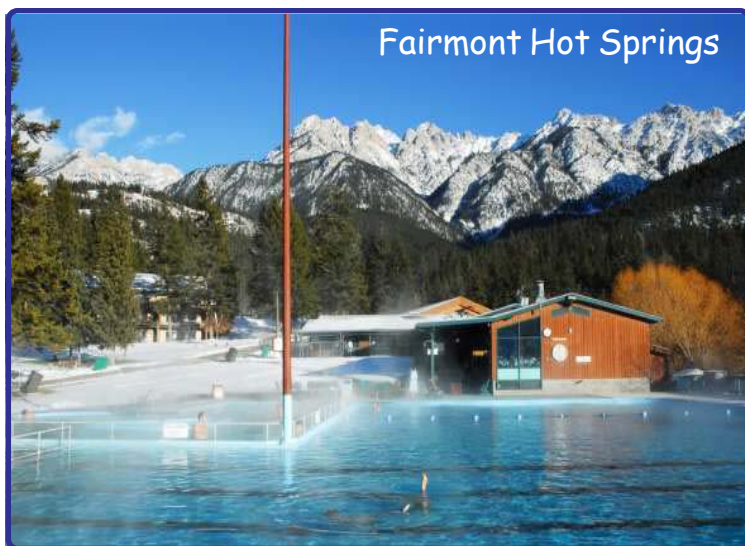
Public pools admission: \$9.00.

Lodging at the resort is \$124 per room, and it includes free access to the pools. Phone: 1-800-663-4979 or 1-250-345-6311. Web site: www.fairmonthot springs.com.



Fernie

Radium Hot Springs



Fairmont Hot Springs

MOUNTAIN HIGH SNOWSPORT CLUB**Panorama**

LOCATION: About 20 minutes west of Invermere, which is an hour south of Golden, along Hwy 95.

Day visitors park in the lower parking lot and take an open gondola-train up to the heart of the village.

LODGING:

1. **The Pine Inn** is the least expensive lodging in the mountain village. A special during the first week of operations in mid-December, offers \$20 lodging per person, mid-week and with a 2 nights minimum. Normally priced: \$85-\$179. 1-866-601-7385.

2. **Panorama Central Reserv.** : 1-800-663-2929 or 1-250-342-6941, paninfo@intrawest.com

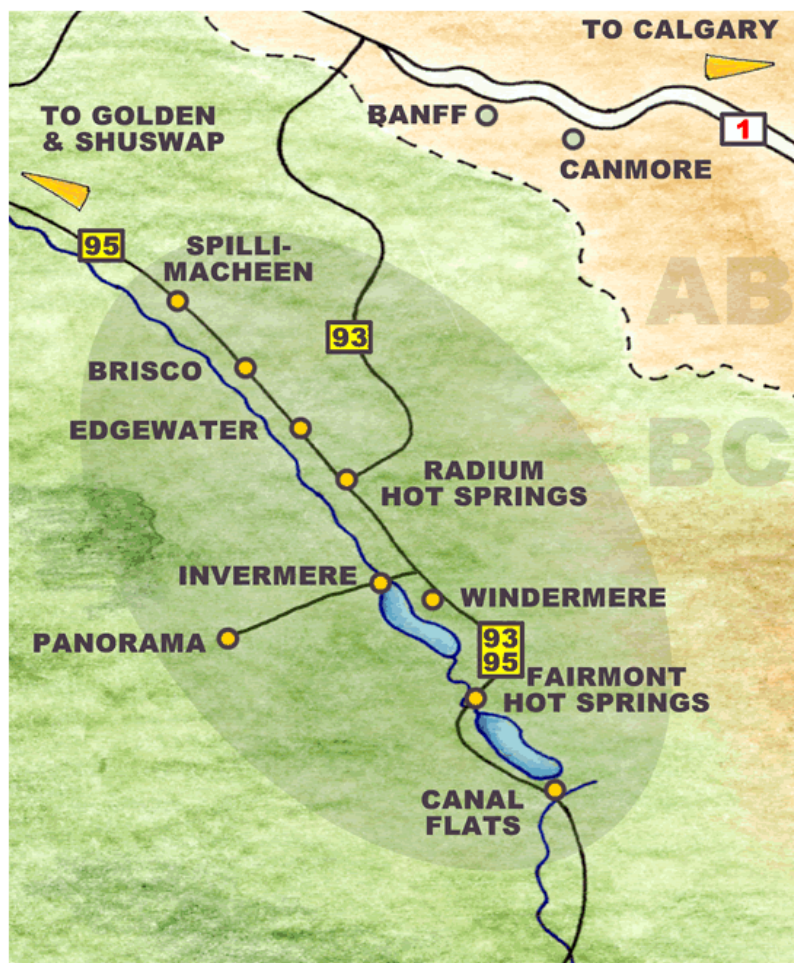
3. **Best Western Invermere Inn**

1310 Seventh Avenue, Invermere, Rooms \$107 - \$120. 250-342-9246

or 800-780-7234.

4. **Super 8 Motel**, 8888 Arrow Road

Invermere. Rooms: \$82 - \$108. Phone: 250-342-8888 or 800-408-7388.



Panorama Ski Area: Long runs, but it takes 3 lifts to get to the top.

Vertical: 4,000' Base elevation: 3,800', Skiable terrain: 2,847 acres

Lifts: 2 express quads, 1 quad, 1 triple, 1 double, 1 platter Lift tickets: \$72

Lifts open: 9 am - 4:00 pm. Night skiing on some nights: 5:30-9 pm

Phone (info): 1-250-341 3043



MOUNTAIN HIGH SNOWSPORT CLUB

Kimberley

LOCATION: An hour south of Invermere, or 20 minutes north of Cranbrook. The ski resort is just 2 or 3 miles from the quaint Bavarian style town of Kimberley, connected with it via a narrow-gauge train that runs only in summer.

LODGING:

1. **Trickle Creek Residence Inn by Marriott** (the big one) & **Polaris Lodge** (the round one with the clock tower). At the resort. Ski-in/ski-out. Large suites. Access to hot tub and swimming pool. Complimentary hot breakfast. Hi-speed internet. Lift ticket included: \$101- \$186 per person. 1-877-282-1200, or 1-250-427-5175.

2. **Purcell - Rocky Mountain Condo Hotel**, above the resort base, 1151 Gerry Sorenson Way, condo & hotel units, ski-in/ski-out, outdoor hot tub, sauna, with lift ticket: \$99-\$118 per person. or \$75 per room. 800-434-3936 www.purcellrocky.com.

3. **InnWest Kirkwood Inn**, above the resort, 880 North Star Dr, hot tub, ski-in/ski-out, hotel room: \$77, 2-bedroom condo: \$157-\$185. 1-800-663-4755. <http://www.innwestkirkwood.com/>

4. **Mark Creek Lodge**, 300 Wallinger Ave., downtown, near Bavarian Platzl (pedestrian shopping area), cable TV, internet, Mountain Grill dining room, lounge, pub. \$79-\$99. 1-800-661-7559.

5. **North Star Motel**, 8826 Hwy 95, north of town, \$55-\$80. 800-663-5508.

6. **Travellaire Motel**, 2660 Warren Ave (Hwy. 95A), south of downtown. \$48-\$72. 800-477-4499.

Kimberley Ski Area: Lots of well-spaced trees, on both front & back side.
 Vertical: 2,465' Base elevation: 4,035', Skiable terrain: 1,800 acres
 Lifts: 1 express quad, 1 triple, 1 double, 1 T-bar Lift tickets: \$55
 Lifts open: 9 am - 4:00 pm. Night skiing: Thu.-Sat. : 5:30-9 pm
 Phone: 1-250-427-4881



Kimberley - trees



Kimberley - village

MOUNTAIN HIGH SNOWSPORT CLUB**Fernie**

LOCATION: An hour east of Cranbrook, along Hwy 3. Watch for big horn sheep on the road! The ski area turnoff will come first. The town is another 10 minutes further on. For reference, please print the following two maps:

1) Resort village: www.fernieworld.com/maps/images/village_w2005.pdf

2) City map: www.fernieworld.com/maps/images/fernieworld_city_map_w2007.pdf.

**LODGING:**

1. **Griz Inn**, 5369 Ski Hill Rd., at the Alpine Resort village. Own restaurant, indoor pool, outdoor hot-tub, ski-in/ski-out. Rooms: \$84-\$459, 1-800-661-0118, 1-250-423-9221, web: www.grizinn.com.

2. **The Wolf's Den**, 5339 Ski Hill Rd., in the heart of the Alpine Resort plaza. Hotel rooms & condos, indoor hot tubs, ski lockers, laundry. Rooms: \$75-\$175. 1-800-258-7669, 1-250-423-4655.

3. **East Kootenay Motel**, 1302, Hwy 3, Fernie. Located between A&W and 7-11, beautiful views, own Chinese restaurant. \$69 - \$149. 1-888-737-2777, 1-250-423-9266.

4. **Cedar Lodge**, 1101- 7th Ave. On Hwy. 3, Some rooms w/ kitchenettes, or jacuzzi. Sauna, whirlpool, indoor pool, restaurant. \$68-\$85. 1-800-977-2977. 250-423-4622. www.cedarlodge.bc.ca

5. **Travelodge Three Sisters**, 401 Hwy. 3, by the West Fernie Bridge. Indoor pool, hot tub, sauna, on-site Subway, HBO, microwave, fridge. \$50 - \$115. 1-877-326-8888. 1-250-423-4438. www.travelodgethreesisters.com.

FERNIE RESORT:

Fernie is famous for powder. It gets an average of 29 feet of snow in a year.

Vertical: 2,816'

Skiable terrain: 2,504 acres

Base elevation: 3,500'

Lifts: 2 express quads, 2 quads, 2 triples, 4 surface lifts

Lift tickets: \$69

Lifts open: 9 am - 4:00 pm.

Phone: 1-250-423-4655 Snow report: 1-800-258-7669



Fernie

photo by: Henry Georgi



Fernie

MOUNTAIN HIGH SNOWSPORT CLUB

